



**taziki's**  
MEDITERRANEAN CAFE

# BIRMINGHAM MENU DINE-IN & TO-GO

## DAILY SPECIALS

Served with chips (150 cal) & choice of a homemade side (except Taziki's Signature Pasta)



### MONDAY

**Chicken Portobello Sandwich • 9.50** (800 – 1,040 cal)

Grilled chicken, roasted red peppers, Swiss cheese, and mushroom butter on a kaiser bun

### TUESDAY

**Roasted Pork Loin Sandwich • 9.50** (920 – 1,160 cal)

With Tomato Chutney Aioli, tomato, and lettuce on a kaiser bun

### WEDNESDAY

**Spanakopita Roll-Up • 9.25** (720 – 960 cal)

Grilled chicken, blanched spinach, and feta in a griddled flour tortilla, served with fresh salsa

### THURSDAY

**Taziki's Shrimp Taco • 9.50** (710 – 970 cal)

Grilled shrimp with crunchy slaw, Spicy Herb Sauce, and diced tomatoes in a flour tortilla, topped with a lime

### FRIDAY-SUNDAY

 **Taziki's Signature Pasta • 9.50** (1,350 cal)

A bed of mixed lettuces with penne pasta and grilled chicken, tossed in Balsamic Vinaigrette, topped with tomatoes, feta, and fresh basil

## APPETIZERS



### Hummus

with Pita **5.50** (690 / 830 cal)  

with Veggies **6.25** (350 cal)   

### Taziki Dip

with Pita **5.50** (500 / 620 cal) 

with Veggies **6.25** (160 cal)  

### Spicy Pimento Cheese

with Pita **5.75** (1,050 / 1,160 cal) 

with Veggies **6.50** (700 cal)  

### Whipped Feta

with Pita **6.50** (980 / 1,120 cal) 

with Veggies **7.25** (640 cal)  

# SOUP & SALADS

## Greek Lemon Chicken Soup

Served with soft pita 4.75 (300 cal) **G**

**Soup & Salad 9.00** (580 - 690 cal) **G**

**Greek Salad** Fresh mixed lettuces, tomatoes, cucumbers, roasted red peppers, red onions, feta, pepperoncini, kalamata olives, and Greek dressing

Served with a baked pita chip 7.75 (410 cal) **G** **V** **V**

**Mediterranean Salad\*** Fresh mixed lettuces with garbanzo beans, roasted red peppers, red onions, diced tomatoes, candied pecans, feta, and balsamic vinaigrette

Served with a baked pita chip 7.75 (630 cal) **G** **V** **V** **GF**

**Caesar Salad** Fresh mixed lettuces with grated parmesan cheese, croutons, and Caesar dressing 7.75 (330 cal) **G** **V** **V**

## Chicken Salad & Company

Scratch-made Chicken Salad paired with your choice of any two: Spicy Pimento Cheese, Pasta Salad, Tomato-Cucumber Salad or Fresh-Cut Fruit

Served with 3 baked pita chips 10.75 (480 / 1,050 cal) **G**



## ADD TO ANY SALAD

**Grilled Chicken**  
+3.75 (+110 cal) **G**

**Herb-Roasted Pork**  
+3.75 (+560 cal) **G**

**Grilled Beef\*\***  
+4.25 (+210 cal) **G**

**Chicken Kebobs (2)**  
+3.75 (+220 cal) **G**

**Grilled Shrimp\*\***  
+5.00 (+140 cal) **G**

**Grilled Salmon\*\***  
+5.75 (+530 cal) **G** **GF**

**Grilled Turkey**  
+3.75 (+120 cal) **G**

**Grilled Lamb\*\***  
+4.75 (+280 cal) **G**

**Chicken Salad**  
+3.75 (+300 cal) **G**

**Grilled Tilapia\*\***  
+3.75 (+300 cal) **G**

# FEASTS

Served with Greek salad, a baked pita chip & your choice of roasted red potatoes or basmati rice

## Grilled Chicken Breast

11.25 (660 / 770 cal) **G**

## Grilled Chicken Kebobs

11.25 (880 / 980 cal) **G** **GF**

## Chargrilled Lamb\*\*

13.50 (900 / 1,020 cal) **G**

## Grilled Salmon\*\*

14.25 (1,060 / 1,170 cal) **G**

## Grilled Shrimp\*\*

13.25 (670 / 790 cal) **G** **GF**

## Grilled Beef\*\*

13.00 (980 / 1,090 cal) **G**

## Herb-Roasted Pork Loin\*\*

11.75 (900 / 1,020 cal) **G**

## Grilled Veggies

Grilled zucchini, squash, onion, red peppers, and asparagus served with Taziki sauce

10.50 (700 / 820 cal) **G** **V** **V**

## Grilled Tilapia\*\*


11.75 (850 / 960 cal) **G**



# HAND-CRAFTED GYROS

Served with chips (150 cal) & choice of a homemade side

**Grilled Chicken** Taziki sauce, tomatoes, mixed lettuce, and grilled onions

9.25 (580 - 820 cal) 

**Grilled Chicken Basil-Pesto\***


Basil-pesto sauce, tomatoes, and feta

9.25 (720 - 960 cal)

**Grilled Beef\*\*** Taziki sauce, tomatoes, mixed lettuce, and grilled onions


10.00 (670 - 910 cal)

**Grilled Lamb\*\*** Taziki sauce, tomatoes, mixed lettuce, and grilled onions


10.00 (710 - 950 cal) 

**Turkey Club\*** Pesto aioli, tomatoes, mixed lettuce, hickory bacon, and melted Swiss cheese. 9.75 (1,140 - 1,380 cal)

**Grilled Veggie\*** Pesto aioli, tomatoes, grilled zucchini, squash, onion, roasted red peppers and feta

8.75 (790 - 1,030 cal) 

**Greek Salad** Tomatoes, cucumbers, roasted red peppers, red onions, mixed lettuce, feta, and Greek dressing

6.50 (770 - 1,010 cal) 

Add grilled chicken +3.50 (80 cal)




# SANDWICHES & MORE

Served with chips (150 cal) & choice of a homemade side


**Grilled Chicken Roll-Up**

With tomato and feta in a griddled flour tortilla, served with fresh salsa

8.75 (680 - 920 cal) 

**Spicy Pimento Cheese**

With mixed lettuce on toasted wheat bread

8.50 (1,010 - 1,250 cal) 

**Chicken Salad** Scratch-made chicken salad with mixed lettuce, and tomato on toasted wheat bread

8.75 (740 - 980 cal)


**Grilled Tilapia\*\*** Grilled and served with caper dill sauce, tomato, and mixed lettuce on a kaiser bun

9.50 (750 - 990 cal)

 **Grilled Beef\*\*** With grilled onions, melted Swiss, and horseradish sauce on a kaiser bun 9.75 (920 - 1,160 cal) 

**Grilled Chicken** With feta cheese and grilled onions on a kaiser bun

8.75 (590 - 830 cal)

**Tomato-Basil\*** Basil pesto sauce, feta, tomatoes, and fresh basil on toasted wheat bread 7.50 (720 - 960 cal) 

**Turkey And Egg\*\*** Mayo, melted Swiss, and mixed lettuce on toasted wheat bread

8.75 (990 - 1,230 cal)

Add bacon +50¢ (210 cal)



# HOMEMADE SIDES

**Fresh-Cut Fruit** (50 cal)   

**Tomato-Cucumber Salad** (60 cal)   

**Roasted Red Potatoes** (170 cal)   

**Pasta Salad** (280 cal) 

**Basmati Rice** (290 cal)  





## FAMILY FEASTS FOR 4 OR 6

ALL PROTEINS BELOW ALSO AVAILABLE AS INDIVIDUAL FEASTS

AVAILABLE FOR TO-GO ONLY - CALORIES LISTED BY PER PERSON SERVING

Served with Greek salad with dressing, roasted red potatoes or basmati rice, and choice of baked pita chips or soft pita (except Signature Pasta)

### Grilled Chicken Breast

Served with Taziki sauce

4 - **35.00** • 6 - **48.00**

(830 / 980 cal)

### Grilled Beef\*\*

Served with Horseradish sauce

4 - **43.00** • 6 - **63.00**

(970 / 1,120 cal)

### Grilled Chicken Kebobs

Served with Taziki sauce

4 - **35.00** • 6 - **48.00**

(830 / 980 cal)

### Herb-Roasted Pork Loin\*\*

Served with Tomato Chutney Aioli, and grilled asparagus

4 - **43.00** • 6 - **63.00**

(1,310 / 1,460 cal)

### Chargrilled Lamb\*\*

Served with Taziki sauce

4 - **43.00** • 6 - **63.00**

(930 / 1,080 cal)

### Taziki's Signature Pasta

*(Friday - Sunday only)*

A bed of mixed lettuces with penne pasta and grilled chicken, tossed in balsamic vinaigrette, topped with tomatoes, feta, and fresh basil

*Includes Hummus/pita for 6*

Feeds 4-6 **55.00**

(1,130 / 1,280 cal)

### Grilled Salmon\*\*

4 - **55.00** • 6 - **78.00**

(830 / 980 cal)

### Grilled Shrimp\*\*

4 - **38.00** • 6 - **55.00**

(800 / 950 cal)

### Add Fresh Grilled Vegetables

Grilled zucchini, squash, red peppers, red onions, and asparagus

4 - **10.00** • 6 - **14.00** (80 cal)

# FOR THE KIDS

All kid's (12 & Under) meals are served with a drink.  
Includes fresh-cut fruit OR chips (except Child's Feast)



## Sneaky Taziki

Chicken, choice of cheese in griddled flour tortilla

5.00 (300 - 410 cal)

## Turkey Melt


Seasoned grilled turkey, and cheddar on griddled pita 5.00 (490 - 590 cal)

## Grilled Cheese

American cheese on a kaiser bun

5.00 (450 / 550 cal) 


## Child's Feast

Grilled chicken, basmati rice, and fresh-cut fruit. 5.50 (400 cal)  

# DESSERTS



## Baklava

3.00 (0 - 350 cal) 

## Chocolate Chip Cookies

2.50 (400 cal)

## Dark Chocolate Cake

3.25 (420 cal) 

## Macadamia Nut Cookies

2.50 (420 cal)

# BEVERAGES

## Fountain Drinks & Tea

2.50 (0 - 270 cal) 20 oz

## Bottled Water

1.00 (0 cal)

[SEE STORE FOR BEER & WINE OPTIONS](#)

Indicates items that can be prepared gluten-free, vegetarian, or vegan, upon request.

 Gluten-Free

 Vegetarian

 Vegan

 Taziki's Favorites

\* Allergen WARNING: Our Mediterranean salad, pesto, macadamia nut cookies & baklava contain nuts.

\*\* Notice: Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, Especially if you have a medical condition.

A 2,000 calorie daily diet is used as the basis for general nutrition advice but calorie needs may vary. Additional nutrition information available upon request and at [tazikis.com/nutrition](http://tazikis.com/nutrition).