Better life quality with Integrative GIS BIG

Funded by:

In collaboration with:

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BIG aims to create knowledge for urban solutions that simultaneously promote individual, social, and ecological health.
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“engage [...] humans, other biotic systems, earth systems, and the consciousness that connects them [to build] the capability of people and the ‘more than human’ participants to engage in continuous and healthy relationship through co-evolution.”

Reed (2007)
500 participants
MYGÄVLE
APP
- Track participants' GPS locations (1Hz)
- Receive weekly experiences
- Display surveys on health, wellbeing, social cohesion, and connection to nature
- Number of steps
- Sleep quality
- Heart Rate
- Heart Rate Variability
Thanks

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HÖGSKOLAN I GÄVLE
future position
60°40' 17" North
17°06' 29" East
VINNOVA

GARMIN
SMHI
NATURA