The Start Here St. Louis Area Resource Directory and its corresponding website gather into one place many of the resources and services that are available throughout the metropolitan area.

DISTRIBUTION:
Up to 50 free copies may be ordered from CRIMINAL JUSTICE MINISTRY
1100 S. Jefferson Ave., St. Louis, MO 63104
Office: 314-652-8062
info@cjmstlouis.org
Call or send an email to arrange a time to pick up the directories from their office.

www.startherestl.org
Visit the Start Here website for more information, as well as additional listings.

If you are aware of any changes, updates or closings send an e-mail to info@cjmstlouis.org
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Services provided in this directory can change at any time.
HOW TO USE THIS DIRECTORY
1. Make a list of your needs, and seek help for the ones that are most important. Prioritize!
2. Locate providers who can provide services that fit your needs.
3. Try to provide all of the information that’s being requested when you visit an agency or talk with a caseworker. Making their job easier will reflect back to you.

HOW TO GET RESULTS WHEN YOU CONTACT AGENCIES
1. Take notes. Have paper and pencil ready when you make a call. Be ready to give a brief but complete account of what you need. Eliminate unrelated information.
2. Be ready to provide your full name and contact information, such as how or where you can be reached or receive messages.
3. If your inquiry involves an agency that uses an identifying case or file number, have that available.
4. Be sure to record the names and titles of people you talk to and confirm their phone numbers in your notes.
5. Keep your notes together on all of your contacts to each agency so that you can supply information when you make follow-up calls.
6. Take the time to say THANK YOU to those who assist you!

BEFORE YOU START
Many of the organizations listed here receive grants and federal funds. They are mandated to provide services and assistance, so take your time going through the book, read the requirements, and make use of what they have to offer.

TEXT: 741741
www.crisistextline.org
Connect with a Crisis Counselor in real time.
Visit their website for more information.

YOUTH IN NEED / YOUTH CONNECTION
Text: 4HL to 31658
www.youthinneed.org  636-946-5600
24-hour Crisis Hotline: 636-946-3771
St. Louis City, County and St. Charles. Emergency housing. Teen parent program, classes, outreach. Also counseling, early learning, crisis intervention.
CLOTHING & HOUSEHOLD

BRIDGE OF HOPE MINISTRIES
4001 Cottage Avenue  63113
www.bridgeofhopestl.org  314-405-0253
Clothing Room. Call for hours.

CENTRAL REFORM CONGREGATION
5020 Waterman  63108
314-361-3919

CONNECTIONS TO SUCCESS and DRESS FOR SUCCESS
2125 Bissell  63107  (In the Grace Hill building near Grand and Florissant)
www.connectionstosuccess.org  314-584-6887
3000 Little Hills Expressway St. Charles  63301  636-940-8027
Both organizations provide clothing for job interviews and outfits for starting work.

CRAIGSLIST FREE FURNITURE AND MORE
www.stlouis.craigslist.org

DIAPER BANK
6141 Etzel Avenue  63133
www.stldiaperbank.org  314-624-0888
Call or visit the website for information on their referral process, including locations for emergency diapers.

DREAM CENTER
4324 Margaretta Ave.  63115
www.stldreamcenter.org  314-381-0700
New and gently used clothing and accessories. Call for times.

FOCUS GATEWAY CITY
1901 Ann Avenue  63104  314-776-4205
Food pantry and clothing open the 2nd and 4th Wednesdays from 9:00am-11:00am.

FRIEND OF MOMS BABY BOUTIQUE
Chapel of the Cross - Lutheran  11645 Benham Rd.  63136
www.chapelofthecross.org/friend-of-moms  314-741-3737
Provides new and gently-used clothing and other resources. Food pantry.

GUARDIAN ANGEL SETTLEMENT ASSOCIATION - ANGEL BOUTIQUE
3300 S. Jefferson  63118
www.gasastl.org  314-773-9027
Child Development Center & Administration
1127 N. Vandeventer  63113  314-231-3188
They are open every day but an appointment is needed. Also food pantry.

HABITAT FOR HUMANITY RESTORES
3830 South Grand Blvd  63118
www.habitat.org/restores  314-531-4155
Home improvement items to the public at a fraction of the retail price. They sell building materials, appliances and furniture. More locations throughout the state.

HELPING HAND ME DOWNS
8673 Olive Blvd., University City  63132
www.helpinghandmedowns.org  314-514-5987
Referral required. Clothing, toys, books and two large baby items (stroller, etc).
HOME SWEET HOME  
290 Hanley Industrial Court  
Brentwood, MO 63144  
www.homesweethomestl.org  314-448-9838  
Serves clients who are referred from partner non-profits. Furniture and household.

ISAIAH 58 MINISTRIES  
2149 S Grand Blvd. 63104  
www.i58ministries.org  314-776-1410  
Clothing Monday-Friday, 10:00am-noon. Pantry is open Tuesday, Wednesday, Thursday 10:00am-1:00pm. Jefferson to Kingshighway, Chouteau to Chippewa.

LIFEWISE STL (Formerly Kingdom House)  
1321 S. 11th St. 63104  
www.lifewisestl.org  314-421-0400  
The Bodega offers discounted high-quality essentials and clothing.

NATIONAL COUNCIL OF JEWISH WOMEN  
295 N. Lindbergh Blvd. 63141  
Vouchers available through referrals for men and women’s clothing.

NEW LIFE EVANGELISTIC CENTER (NLEC)  
2428 Woodson Road Overland, MO 63114  
www.newlifeevangelisticcenter.org  314-421-3020 or 800-334-3276  
Free store, with clothing and small housewares. Call for times.

OASIS INTERNATIONAL  
5035 Gravois Ave. 63116  
www.oasisinternational.info  314-353-3800  
English classes, clothing, furniture, social events for primarily refugee families.

PAKT COMMUNITY RESOURCE CENTER  
500 Airport Rd Ferguson 63135  
www.paktcenter.org  314-524-2710  
Rent and utility assistance, food pantry, clothing, after-school program and more for North County residents. Call the number above for details.

ST. AUGUSTINE’S CATHOLIC CHURCH (FATHER BOB’S)  
1371 Hamilton Ave. 63112  
www.st-augustine-stl.org  314-385-1934  
Food pantry, clothing, and utility assistance

ST. AUGUSTINE WELLSTON CENTER  
1705 Kienlen 63133  
www.wellstoncenter.org  314-382-7158  
Thrift Store with furniture open Friday 9am-1pm and Saturday 9am - noon. Other services including prescription and utility assistance.

ST. JOHN’S COMMUNITY SERVICE MINISTRY  
2240 St. Louis Ave. 63106 314-533-8668  
Clothing and food pantry. Call first.

URBAN LEAGUE CLOTHING ASSISTANCE  
LOCATIONS: www.ulstl.com/locations.html  
Agency Headquarters: 1408 N. Kingshighway Blvd. 63113  
www.ulstl.com  314-615-3600  
Many locations. Call main number above or check website.
for DADS

BETTER FAMILY LIFE
5415 Page Blvd.  63112
www.betterfamilylife.org   314-367-3440
Workforce development and many other programs. Social, cultural, artistic, youth, economic, housing and educational programs. Numerous programs and initiatives.

CHILD SUPPORT HOTLINE
800-859-7999
Supportive services and information, including genetic testing and updates on cases.

CONNECTIONS TO SUCCESS
See page 5 for info about this outreach program for job success.

EMPLOYMENT CONNECTION
2838 Market Street  63103
www.employmentsstl.org   314-333-JOBS (5627)
Includes parenting, economic stability and legal services. See page 12 for more information about Employment Connection.

FATHERS AND FAMILIES SUPPORT CENTER
1601 Olive St.  63103   Other locations. Call or check website.
www.fatherssupportcenter.org   314-333-4170
Now working with women and families. Areas of focus include job readiness and retention skills, job placement, mentoring, legal clinic, youth leadership.

HISET HIGH SCHOOL EQUIVALENCE TEST (GED)
www.hiset.ets.org   1-855-MyHiSET   1-855-694-4738
The website offers support throughout the process, lists testing sites, preparation and more. The test is only given online so set up an account to start the process.

JUSTINE PETERSEN
1023 North Grand Blvd  63106
www.justinepetersen.org   314-533-2411
Homeowner and small business loans, first time homebuyer options and more.

NATIONAL FATHERHOOD INITIATIVE
www.fatherhood.org
To develop strong relationships between fathers who have been incarcerated, in the military and other situations, and their children. Check the website for resources.

PARENTS’ FAIR SHARE
www.ded.mo.gov/jobseeker   1-800-859-7999
www.missouricareersource.com
If you have an active child support case, this program offers GED and vocational classes, job search skills, transportation, and more to improve child-parent relations.

PARENT LINK
www.parentlink.missouri.edu   800-552-8522 En Español: 888-460-0008
Options regarding parenting concerns. Support for incarcerated parents.

UNLEASHING POTENTIAL (Formerly Neighborhood Houses)
1000 N. Vandeventer Avenue  63113
www.upstl.org/   314-383-1733
Educational and empowering experiences through early childhood education, after school programs, youth development and enrichment camps.
**DISABILITY SERVICES**

ARC/St. Louis Arc  
1177 N. Warson Rd. 63132  
www.slarc.org 314-569-2211  
In-home residential support program, ARCH (Assistance with Residential Care in the Home), reimburses primary caregivers for short-term care. Support groups.

**ARTISTS FIRST**  
7190 Manchester Rd., Maplewood 63143  
www.artistsfirststl.org 314-781-4440  
Artists First offers art-based programs serving aspiring artists of all ages with developmental disabilities, pervasive mental illness, and/or traumatic brain injury.

**BI-LINGUAL INTERNATIONAL ASSISTANCE SERVICES**  
1329 Macklind Ave., Suite 200 63110  
www.bilingualstl.org 314-645-7800  
Mental health and social services to the elderly and disabled foreign born.

**BRIDGES COMMUNITY SUPPORT SERVICES**  
3155 Sutton Blvd. Maplewood 63143  
www.bridgescss.com 314-781-7900  
Individually tailored 24 hour support in a shared or individual home or apartment. Community Support, counseling and behavior therapy.

**CITY OF ST. LOUIS**  
Human Services Disabled Resources in the St. Louis Community  
www.stlouis-mo.gov

**CENTER FOR HEARING AND SPEECH**  
9835 Manchester Rd. 63119  
www.hearing-speechstlouis.org 314-968-4710  
Audiology and speech disorder facility treating hearing and speech disorders.

**CHALLENGE UNLIMITED**  
4 Emmie L. Kaus Lane Alton, IL 62002  
www.cuinc.org 618-465-0044  
Off-site employment opportunities throughout the Metro area. Recruitment and intake services, job training, residential programs, supported employment and more.

**COMMUNITY LIVING INC**  
1040 St. Peters Howell Road St. Peters, MO 63376  
www.communitylivingmo.org 636-970-2800  
Programs and services for children and adults with developmental disabilities.

**DEAF/BLIND PROJECT/MoSPIN**  
3815 Magnolia 63110 314-633-1582 or 314-776-4320  
www.msb.dese.mo.gov/outreach-services/assistance-project.html  
www.msb.dese.mo.gov/outreach-services/mospin.html  
Provides technical assistance, professional development, specialized materials and resources, including those with deaf-blindness and multiple disabilities.

**DEAF INC. Deaf Empowerment Awareness Foundation, Inc.**  
25 East Frisco Avenue Webster Groves, MO 63119  
www.deafinc.org Voice/Videophone: 314 714-6400 Fax: 314 266-7427  
Interpreting Services Voice: 314 968-8868 Toll Free: 888 898-DEAF 3323  
Interpreting, advocacy, support groups and more. Some services are free.
EASTERSEALS MIDWEST
11933 Westline Industrial Drive   63146
www.easterseals.com/midwest/   314-394-7100
Range of services for children and adults, including autism, community living, more.

INDEPENDENCE CENTER
4245 Forest Park Ave.  63108
www.independencecenter.org   314-533-4245
A community based rehabilitation program for adults with severe and persistent mental illnesses built on the Clubhouse model of psychosocial rehabilitation.

PARAQUAD
5240 Oakland Ave.  63110
www.paraquad.org   314-289-4200
Hands-on, practical assistance for people with disabilities. Independent living, deaf services, health and wellness center, resources and DEAFWAY interpreting.

RAINBOW VILLAGE
1240 Dautel Ln.  63146 www.rbvstl.org  314-567-1522
Neighborhood homes for people with developmental disabilities.

REHABILITATION SERVICES FOR THE BLIND   800-592-6004
SOCIAL SECURITY WEBSITE   www.ssa.gov

ST. LOUIS OFFICE FOR DEVELOPMENTAL DISABILITY RESOURCES
2334 Olive Street  63103
www.stldd.org   314-421-0090
Office for Developmental Disability Resources

ST. LOUIS HELP
www.sthelp.org   636-933-9393
Medical and health equipment lending/recycle program, including wheel chairs,

ST. LOUIS SOCIETY FOR THE BLIND and VISUALLY IMPAIRED
8770 Manchester Rd.  63143
www.slsbvk.org  314-968-9000
Programs, technical aids, therapy, transportation assistance, education, resources.

STARKLOFF DISABILITY INSTITUTE
133 S. 11th Street, Suite 500   63102
www.starkloff.org/   314-762-6309
Resources through employment, education, and universal access. Also support for corporations seeking to become more disability welcoming.

STATE OF MISSOURI DISABILITY PORTAL
www.disability.mo.gov

VOCATIONAL REHABILITATION
220 S Jefferson St., Room 110   63103
www.dese.mo.gov/adult-learning-rehabilitation-services   314-877-2940
Many more. Wide range of job training, educational and employment services. 1-877-222-8963 (voice) 573-751-0881 (TDD). Many locations.

WILLOWS WAY
800 Friedens Road, Suite 100, St. Charles, Missouri 63303
www.willowsway.org   636-947-6591
Adult Individualized Supported Living (ISL) program provides customized, in-home services 24 hours a day. Recreational, social, medical, transportation, and more.
DOMESTIC VIOLENCE RESOURCES
National Hotline: 1-800-799-SAFE (7233) or (TTY) 1-800-787-3224
SEXUAL ASSAULT HOTLINE 800-656-4673

ALIVE Alternatives to Living in Violent Environments
St. Louis area  www.alivestl.org  314-993-2777
Franklin County  636-583-5700 or 800-941-9144
Counseling, emergency sanctuary, for adults and children.

BRIDGEWAY
www.bridgewaybh.com
St. Charles County - The Women’s Center in St. Charles
24-Hour Toll-Free Crisis Line: 877-946-6854
Lincoln County - The Terry L. Robertson Center in Troy
24-Hour Toll-Free Crisis Line: 877-462-1758

HUMAN TRAFFICKING
National Human Trafficking Resource Center
www.traffickingresourcecenter.org  888-373-7888 Text BeFree (233733)

(LAAW) Legal Advocates for Abused Women

SAFE AT HOME
www.MoSafeAtHome.com  866-509-1409
Provides survivors with a substitute address for IDs, driver licenses, court documents, etc.

SAFE CONNECTIONS
24-hour Crisis Helpline, text line and main number 314-531-2003
2165 Hampton Avenue  63139  www.safeconnections.org
Free services for adults who have experienced domestic violence, assault and abuse.

SEXUAL ASSAULT HOTLINE
800-656-(HOPE) 4673  RAINN: www.rainn.org/
Chat online with a trained staff member for confidential crisis support and more resources.

ST. MARTHA’S HALL
PO Box 4950  63108  314-533-1313 (available 24/7)
12 week stay, crisis intervention, support groups, advocacy, follow up.

TURNING POINT
888-873-7233  www.turningpointdvs.com
Emergency Shelter and Supportive Services for Warren, Montgomery, St. Charles, Franklin, and Gasconade Counties and surrounding counties in east central Missouri.

VIOLENCE PREVENTION CENTER, SOUTHWESTERN ILLINOIS
P.O. Box 831  Belleville, IL 62222
www.vpcswi.org  800-924-0096 OR 618-236-2531 ext. 140
24 Hour Hotline 618-235-0892
Crisis hotline, emergency shelter, individual and group counseling more.

WOMEN’S SAFE HOUSE
www.twsh.org  314-772-4535 (24-hour crisis hotline)
A shelter and services for battered women and their children.

YWCA WOMEN’S RESOURCE CENTERS
3820 West Pine Blvd.  63108
www.ywcastl.org  314-531-1115
1770 Beltway Drive  St. Louis, MO 63114  314-427-4940
YWCA St. Charles Domestic Violence Support Center
4116 McClay  St. Charles, MO 63304  636-373-7911
DROP-IN CENTERS

BRIDGE OF HOPE MINISTRIES
4001 Cottage Avenue  63113
www.bridgeofhopestl.org   314-405-0253
Showers, clothing, and laundry. Lunch. HiSet classes, reading, computer access.)

CENTER FOR YOUTH ON THE RISE
12075 Bellefontaine Rd. Spanish Lake  63138   314-355-2348
Ages 12 to 19. A variety of activities and services. Life skills workshops, counseling services, educational support, employment preparation, legal assistance.

COVENANT HOUSE
2727 North Kingshighway  63113
www.covenanthousemo.org   314-533-2241
For Youth. Every afternoon. Access to shelter, food, clothing, showers, laundry

EPWORTH’S YOUTH DROP-IN CENTER/STREET OUTREACH
7520 Natural Bridge Rd. Normandy  63121
Laundry and shower; safer sex kit, clothing and hygiene items; ID assistance; healthcare, legal aid, support for LGBTQ youth and allies, housing assistance.

PLACES FOR PEOPLE WELCOME CENTER
1001 Lynch Street  63118
www.placesforpeople.org  314-535-5600   314-993-1000
Walk-In Center: Weekday mornings and 1-3;m. To schedule an appointment for initial screening, call 314-615-9105, ext. 295.

WILLIAMS AND ASSOCIATES
3737 N. Kingshighway  63115
www.minorityhealthstl.org/  314-553-9506
Medical safe haven, free wi-fi, washers and dryers. STD/ST testing, social activities, health education, free pregnancy testing.
SAFE: a Rustin’s Place
3533 Dunn Rd. Suite 228  Florissant 63033   314-695-5188

ST. MARTHA’S HALL DROP-IN CENTER
4733 Mattis Road St. Louis MO 63128
www.saintmarthas.org.   314-487-2062
Open Monday - Friday 10am-4pm for individuals impacted by domestic violence.

THE SPOT/Project ARK for ages 13-24
4169 Laclede  63108
www.thespot.wustl.edu   314-535-0413
A drop-in center with computers, medical care, showers, laundry, testing, more.

ST. LOUIS EMPOWERMENT CENTER
Depression Bipolar Support Alliance (DBSA)
907 Dock Street   63147   www.dbsaempowerment.org  314-652-6100

YWCA WOMEN’S RESOURCE CENTERS
1155 Olivette Executive Parkway.  63132
www.ywcastl.org   314-531-1115 Main Number
24 Hour Crisis Line: 314 531-7273/ Domestic Violence Services: (314) 645-4848
EMPLEO Y FORMACIÓN

A RED CIRCLE
6439 Plymouth Ave., Suite #W130, 63133
www.aredcircle.org  314-328-2286
Located in Wellston at the Stl Partnership Business Center to address employment, education, holistic living, policy, and the arts.

AMERICORPS/VISTA
1315 Ann Ave. 63104
www.americorpsstl.org  314-772-9002
Year-round recruitment for people to work in disaster relief and other projects.

BETTER FAMILY LIFE
Cultural, Educational and Business Center (Headquarters)
5415 Page Blvd  63112
www.betterfamilylife.org  314-367-3440
Missouri work assistance. Other Programs offered through the MET Center. Many resources and several locations.

BUILDING FUTURES
Building Futures Design & Build Workshops
2720 N. 13th St.  63106
Educational hands-on workshops and programs for youth in grades 4 - 12. Free Saturday workshops, in-school curriculum, afterschool projects and summer camps.

CHALLENGE UNLIMITED
4 Emmie L. Kaus Lane  Alton, IL 62002
www.cuinc.org  618-465-0044
Off-site employment opportunities throughout the Metro area. Recruitment and intake services, job training, residential programs, supported employment and more.

COMMUNITY ACTION AGENCY OF ST LOUIS COUNTY (CAASTL)
2709 Woodson Rd  63114
www.caastlc.org  314-863-0015
Assists residents of St Louis County meet the terms of their probation and parole, including GED, money management, counseling, job readiness and placement.

COMMUNITY COLLEGES
www.stlcc.edu/workforce 314-539-5722
Free accelerated training programs: CDL, Logistics, STEM Portal, Medical, more.

COMPUTER VILLAGE
Union Memorial Enrichment Center
5436 Bartmer Ave, St. Louis, MO 63112
www.computervillage.org  314-533-1900
Learning Center that works in collaboration with other non-profits in several locations.

COLLEGE BOUND
110 North Jefferson  63103
www.collegeboundstl.org  314-361-4441
Information and resources on how to plan, prepare, pay for a college education.

COMMUNITY COLLEGES
www.stlcc.edu/workforce  314-539-5722
Free accelerated training programs: CDL, Logistics, STEM Portal, Medical, more.
CONNECTIONS TO SUCCESS and DRESS FOR SUCCESS
2125 Bissell 63107  (In Grace Hill building)
www.connectionstosuccess.org  314-584-6865
Provide clothing for job interviews and outfits for starting work before the first paycheck. Also, counseling and job readiness. **Several other locations.**

EMPLOYMENT CONNECTION
2838 Market Street  63103
www.employmentstl.org  314-333-JOBS (5827)
Free employment services to ex-offenders and persons who have a barrier to finding employment, and to St. Louis area businesses who are seeking job applicants.

GOODWILL EXCEL CENTERS HIGH SCHOOLS FOR ADULTS
www.excel.mersgoodwill.org  314-982-8802
Free high schools for adults over the age of 21. Classes run year round during extended day and evening hours. Free on-site daycare. Several locations.

GOODWILL EMPLOYMENT SERVICES
www.mersgoodwill.org  314-241-3464
Many job programs and locations, including services for veterans.

HARAMBEE YOUTH TRAINING
1142 Hodiamont Ave.  63112
www.restorestlouis.org/  314-726-2302
Job training and skill development in construction trades with a concentration on tuckpointing. For ages 12 - 18. After school and summer programs available.

HISSET HIGH SCHOOL EQUIVALENCY TEST (GED)
www.hiset.ets.org  855-MyHiSET  1-855-694-4738
The website offers support throughout the process, lists testing sites, preparation and more. The test is only given on line so set up an account to start of the process.

INDUSTRIAL AID
4417 Oleatha Ave.  63116
www.industrialaid.com  314-773-3200
Extended employment sheltered workshop employing individuals with disabilities

JOBS AND MORE STL: Focus on Ferguson
www.jobsandmorestl.org  314-922-5059
Interviewing, networking, application and resume writing, decision making, and conflict resolution. Workshops and classroom learning. Workforce training.

JOBS.MO.GOV  www.jobs.mo.gov
The workforce resource website for the State of Missouri. (Formerly Great Hires)

JOB CORPS CENTER
4333 Goodfellow Blvd.  63120
www.stlouis.jobcorps.gov  314-679-6200
No-cost education and career technical training program administered by the U.S. Department of Labor. Career technical and academic training for ages 16-24.

LAUNCHCODE
www.launchcode.org  314-254-0107
Learn coding and programming. Non-profit organization that provides free classes, mentoring, ‘codergirl’ for women, job placement in computer technology.
LIFEWISE STL (FORMERLY KINGDOM HOUSE)
1321 S. 11th St. 63104
www.lifewisestl.org 314-421-0400
Many programs and classes offered in English and Spanish, including Financial Stability, English, Maternal Mental Health, Social Capital Building, Health & Wellness.

METROPOLITAN EDUCATION & TRAINING CENTER (METCENTER)
6347 Plymouth Ave. 63133  314-746-0788 and 12721 W. Watson Rd. 63127
www.metcenterstl.com 314-989-7570
Job training, placement, assessment, career development services and more.

MISSION ST. LOUIS
3108 N Grand Blvd 63107
www.missionstl.org 314-534-1188
Works with at-risk men ages 22-35 through skills training, internships, more. Includes stipend and bonus upon completion, if eligible.

MOKAN, CCAC (Construction Contractors Assistance Center)
4666 Natural Bridge 63115
www.mokanccac.org 314-454-WORK (9675)
Pre-apprentice programs, training services, business development, loans and more.

MORE THAN CARPENTRY
1259 Stephen Jones Ave. 63133
www.morethancarpentry.org 314-862-0515
Learn cabinet making, including furniture and millwork through carpentry education and apprenticeship training. Call or visit website for additional information.

MOWIT
www.mowit.org
An organization for women in the construction trades or interested in training.

NEAR SOUTHSIDE EMPLOYMENT COALITION
2649 Pestalozzi St. 63118
www.nsecworks.org 314-865-4453
Training, computer and job placement services. Skills Screening and job referrals.

NEW LIFE EVANGELISTIC CENTER (NLEC)
2428 Woodson Road. Overland, MO 63114
www.newlifeevangelisticcenter.org 314-421-3020 or 800-334-3276
Residential Training Programs. Call for information.

PARAQUAD
5240 Oakland Ave. 63110
www.paraquad.org 314-289-4200
Several employment programs for people with disabilities, including professional mentoring and Ticket to Work.

PROJECT CONNECT CITY OF ST. LOUIS
www.stlouis-mo.gov/project-connect/
Website with information about the new National Geospatial-Intelligence Agency NGA development, including job opportunities.

REDEVELOPMENT OPPORTUNITIES FOR WOMEN (ROW)
3309 S. Kingshighway 63139  www.row-stl.org 314-534-9350
Free supportive programs and services A Division of Family Forward.
SLATE/MISSOURI JOB CENTERS  
www.stlworks.com  
SLATE Main Office  
1520 Market St, 3 Floor, St. Louis, MO 63103  
314-589-8000  
Ballpark Village  601 Clark Ave, St. Louis, MO 63102  
Clinton Peabody  1401 LaSalle Lane, 2 Floor, St. Louis, MO 63104 314-588-7854  

SOUL FISHER MINISTRIES  
7267 Natural Bridge Road  63121  
www.thesoulfishersministries.com  314-381-0401  
Programs for formerly incarcerated women and after school classes for children with incarcerated parents. Also transitional housing.  

UNEMPLOYMENT INSURANCE BENEFITS  
www.mo.gov/work/unemployment  314-340-4950  
It is no longer an option to apply by phone but this number will provide information. Applications are now submitted on line or visit a Missouri Job Center. Locations may be found here:  www.jobs.mo.gov/career-centers  1-866-506-0251  
And here is a website to apply:  www.uinteract.labor.mo.gov/benefits/home.do  

THOMAS DUNN LEARNING CENTER  
3113 Gasconade Street  63118  
www.tdunn.org  314-353-3050  
Community learning center. Computer and art labs, HiSet, a training kitchen and more.  

URBAN LEAGUE  
3701 Grandel Square  63108  
www.ulstl.org  314-615-3600  
Job search assistance, career counseling, job readiness training, job referrals, more.  
St. Louis City Division, several more locations  
935 N. Vandeventer  63108  314-615-3600 Ext. 684  

VOCATIONAL REHABILITATION  
220 S Jefferson St., Room 110  63103  
dese.mo.gov/adult-learning-rehabilitation-services  314-877-2940  
In addition to this downtown location, there are many more. Wide range of job training, educational and employment services.  

www.careeronestop.org  
Information on training and jobs. Sponsored by the U.S. Department of Labor.  

WOMEN IN CHARGE  
6934 Olive Blvd.  63130 (New location)  
www.womenincharge.org  314-432-7300  
Many programs, including HiSet classes (formerly GED), mentoring, counseling,  

THE WORKFORCE SOLUTIONS GROUP (Accelerated Job Training)  
St. Louis Community College’s Corporate College  
3221 McKelvey Road  Bridgeton  63044  
www.stlcc.edu/workforce-solutions  314-539-5302  
Develops industry-specific training in partnership with the college’s campuses.  

YOUTHBUILD ST. LOUIS  Operation Excel YouthBuild  
93 North Oaks Plaza  63121  
www.youthbuild.org  314-261-0202  
Alternative education, construction training, employment, and leadership. 18-24.
FOOD PROGRAMS & PANTRIES

You can apply for emergency or regular food stamps at the locations below or and any Division of Family Services office in the City or County of St. Louis. For information about the Food Stamp program (SNAP) and free application screening, visit: www.dss.mo.gov/fsd/fstamp.

EMERGENCY FOOD STAMPS/SNAP PROGRAM
EBT Customer Service Line: 800-997-7777
3101 Chouteau 63103 314-256-7000
4411 N Newstead Ave., 3rd Floor 63115 314-877-2000
Income Maintenance: 314-877-2400

HUNGER HOTLINE
Operation Food Search 314-726-5355 EXT. 3
Automated list of food pantries by zip code. You’ll be directed to put in your zip code, and they’ll give a list of all of the pantries in your area.

For Parish Church Pantry Locations call United Way 2-1-1.

**Food Pantry hours often change. Call first if possible**

MEALS ON WHEELS
www.mowstl.org 314-374-9549
Must be over 60 or disabled. All volunteer program. County locations.

ST. LOUIS AGENCY ON AGING
www.health.mo.gov/seniors/aaa/ -- City Programs 314-612-5918

WIC (Women Infant and Child)
www.wicprograms.org
Locations and other information. Many locations Most clinics provide WIC—a supplemental nutrition program for women, infants and children. Other services.

PEOPLE’S HEALTH CENTERS www.pcacstl.org
Health care, social services All ages. Emergency food at every location as well as opportunities for clothing and free computer lab services for clients.
4055 Lindell Blvd. 63108 314-535-7701
5868 West Florissant 63120 314-383-7771
1401 LaSalle Street 63104 314-241-8319
4236 Lindell, Suite 300 63108 314 862-6270
6827 Broadway 63111 314-353-1457
5701 Delmar Blvd. 63112 314-367-7848

EMERGENCY FOOD
St. Louis offers a variety of places to go for emergency food. We’ve listed some of them by zip code. Times can change so, if possible, call first.

FOOD OUTREACH
3117 Olive St. 63103
www.foodoutreach.org/ 314-652-3663
Providing nutritional support for men, women, and children living with HIV/AIDS or cancer in the St. Louis Metro area.
For Parish Church Pantry Locations call United Way 2-1-1.

SHAMROCK CLUB AT ST. PATRICK CENTER
800 N. Tucker   314-802-0700
Lunch: 7 days a week    12:00pm-12:30pm

CHAPEL FOR THE EXCEPTIONAL
3436 Winnebago (at Tennessee) 63118  
314-776-7172
Lunch/soup kitchen: Monday-Friday 12:00pm-12:30pm.
Food pantry: Monday and Thursday when available 12:30pm-1:00pm.
Call first if possible. Clothing every day. Furniture when available at no cost.

CITY HARVEST MARKET (Formerly Kingdom House)
1321 S. 11th St. 63104
www.lifewisestl.org   314-421-0400
Discounted fresh and healthy food. Open to the community on Wednesdays from 9am - 12pm and Thursdays from 10am - 12pm and 4 - 7pm. Cash or SNAP.

FOCUS GATEWAY CITY
1901 Ann Avenue
www.focusgatewaycity.com 314-776-4205
Call for times.

GUARDIAN ANGEL SETTLEMENT ASSOCIATION
Social Services and Food Pantry
3300 S. Jefferson   63118
www.gasastl.org 314-773-9027
Zip codes 63104 and 63118 only. Open M-F, 8:30am to 4:30pm but an appointment is needed. Rental, utility, and food assistance; senior services, more. Call first.

ISAIAH 58 MINISTRIES
2149 South Grand 63104  314-776-1410
Serves area between Chouteau and Chippewa, and between Jefferson and Kingshighway.

SOUP ALLEY/TRINITY LUTHERAN CHURCH
812 Soulard Ave. 63104  314-231-4092
Monday-Friday. Call for hours.

SAINTS PETER AND PAUL CATHOLIC CHURCH
816 Allen St. 63104
www.ppcsinc.org   314-231-9923
Lunch: 2nd-21st of each month on Saturday and Sunday, Noon-12:45pm. Dinner: 2nd -21st of each month. Monday-Friday 5:00pm-5:45pm.

ST. VINCENT DE PAUL CATHOLIC CHURCH
1408 S. 10th Street 63104  314-231-9328
Lunch: Monday-Saturday 11:00am-1:00pm. Coffee and sandwiches: Sundays 10:15am-11:15 am. Dinner the 22nd to the 1st of the month: 5:00pm-6:00pm.

GATEWAY 180
1000 North 19th St.
www.gateway180.org   314-314-489-9689
Brown bag lunches seven days a week, 8:00am - 4:00pm.
TRINITY EPISCOPAL CHURCH
600 North Euclid Ave.  314-361-4655
Hot meal every Sunday 2:00pm. Food pantry every Tues.-Thurs. 1:30pm-3:00pm.

HAVEN STREET
6701 Virginia
www.theconnectionstlouis.com/haven-street  314-256-0545
Sundays at Noon (Doors open at 11:00)  Mondays at 6:00pm (Doors open at 5:00)

CARONDELET ST. JOSEPH OUTREACH FOOD PANTRY
6408 Michigan Ave.  63111

ST. TRINITY LUTHERAN CHURCH
517 Koeln Ave.  601-228-2732
Must call the above number for Food Pantry information.

CENTENNIAL CHRISTIAN CHURCH
4950 Fountain Ave.  63113
www.cccstl.org/  314-367-1818
Zip Codes:  63112, 63113, 63115, 63108
Lunch: Wednesday and Friday 11:00 am-1:00 pm.
Food Pantry every 2nd and 4th Saturday 8:00 am-11:30 am.

GRACE AND PEACE FELLOWSHIP
622 Clara Ave. at Delmar
www.graceandpeacefellowship.org  314-367-8959

ST. AUGUSTINE CATHOLIC CHURCH (FATHER BOB’S)
1371 Hamilton Ave.
www.fatherbobsoutreach.com  314-385-1934
Food pantry and clothing: Monday-Friday 9:30am-11:00am. Utility assistance starts 6:00am. Dinner: last five working days of the month 4:00pm-5:00pm.

WEST SIDE MISSIONARY BAPTIST CHURCH
4675 Page Boulevard
314-535-9002
Dinner: Monday, Wednesday, Friday 5:30pm-6:30pm. Food pantry: Tuesday, Wednesday, Thursday 11:00am-1:00 pm.

RITENOUR CO-CARE FOOD PANTRY
9303 Midland Overland, MO 63114
www.ritenourcocare.org  314-493-6028
Groceries Monday, Tuesday, Wednesday Friday 9:00am - 1:00pm. Closed Thursdays. Must live in the Ritenour School District and show ID.

ALL SAINTS EPISCOPAL CHURCH
5010 Terry Ave.  314-367-2314
Call the church for information on meals, food, and other assistance.
KOSSUTH CHURCH OF GOD IN CHRIST
3225 North Taylor Ave. 63115  314-652-4163
Food Pantry Thursday 8:30am-10:00am.

ST. LOUIS DREAM CENTER
4324 Margarettta Ave.
www.stldreamcenter.org  314-381-0700  Food pantry. Call for times.

GUARDIAN ANGEL SETTLEMENT ASSOCIATION
Social Services and Food Pantry
3300 S. Jefferson  63118
www.gasastl.org  314-773-9027  For emergency utility or food assistance
Zip codes 63104 and 63118 only. Rental, utility, and food assistance; senior services; a food pantry; and a resale shop. Call to schedule.

ST. ANTHONY of PADUA CHURCH
3140 Meramec St.  314-352-1460
Call for other activities, such as utility, legal, medical information.

GUARDIAN ANGEL SETTLEMENT ASSOCIATION
Social Services and Food Pantry
3300 S. Jefferson  63118
www.gasastl.org  314-773-9027  For emergency utility or food assistance
Zip codes 63104 and 63118 only. Rental, utility, and food assistance; senior services; a food pantry; and a resale shop. Call to schedule.

ST. ANTHONY of PADUA CHURCH
3140 Meramec St.  314-352-1460
Call for other activities, such as utility, legal, medical information.

WEBSTER-ROCK HILL MINISTRIES
111 Waymire Ave.  314-961-5082
Monday-Friday 8:30am-11:30am.Second Saturday 9:00-noon.

63120 and several more zip codes
PEOPLE’S NORTH CITY AND WELLSTON FOOD PANTRY (PCAC)
5868 West Florissant (at Riverview) 314-862-6270
Church Phone: 314-383-7771  www.pcacstl.org
Open Monday, Wednesday and Thursday from 9:00am -2:00pm. More locations.

SOUTH COUNTY
SALVATION ARMY GATEWAY CITADEL
824 Union Rd
www.usc.salvationarmy.org.  314-631-1133
Food Pantry Serving zip codes 63123,63125,63126,63127,63128, 63129, and 63026

FEED MY PEOPLE
171 Kingston Dr.  314-631-4900
Monday-Friday 10:00am-3:00pm. Saturday 9:00am-1:00pm.

HARVEY KORNBLUM JEWISH FOOD PANTRY
10601 Baur Blvd.
www.jfcs-stl.org  314-993-1000
Call and ask to be transferred to the food pantry for hours.

ST. AUGUSTINE’S WELLSTON CENTER
1705 Kienlen  63133
www.wellstoncenter.org  314-382-7158
Food Pantry Tuesday and Wednesday 7:30am to 10:30am
63136
PROJECT DOWNTOWN SAINT LOUIS  West Florissant Masjid
6809 W Florissant Ave.
Every Saturday. Full meals and pantry. Set up at 10. Serving starts at 11:30 am

FIT AND FOOD CONNECTION
Believers Temple.  2115 Chambers Rd.  63136
www.fitandfoodconnection.org  314-312-2746
Food Assistance Hotline.  314-649-7367
Healthy food pantry delivery and more to those in need throughout St. Louis.

63138
HELPING HANDS FOOD PANTRY  St. Peter’s Lutheran Church
1120 Trampe Ave.  Spanish Lake  314-741-5667
1st, 2nd, 3rd and 4th Thursdays each month:
9:00 a.m.: Open 10:00 a.m.: Pass out food.  1:00 p.m..

URBAN LEAGUE ST. LOUIS COUNTY
8960 Jennings Station Rd.
314-388-9840
Tuesday-Thursday 9:00am-12:00pm and 2:00on-4:00pm.

63147, 63136, 63137, 63138
GRACE NEW COVENANT FOOD PANTRY
1060 Chambers RD.  Belleville, MO.  63147
www.gracenewcovenantchurch.org  314-867-2782
3rd & 4th Saturdays 9-11:30 am, Wednesdays 10:30-12:30 pm.

63031
TEAM FOOD PANTRY
265 St. Catherine  Florissant
Food and non-food items to needy families in the Florissant/Hazelwood areas
on a once a month basis. Call for times and appointment.

63043
LOAVES AND FISHES
2750 McKelvey Rd.  Maryland Heights
www.loavesandfishes-stl.org  314-291-3857
Registration required. Call for times and requirements.

63049
FEED MY PEOPLE
3295 Ottomeyer Rd.  636-677-9885  High Ridge

63088
CIRCLE OF CONCERN
112 St. Louis Ave.  Valley Park
www.circleofconcern.org  636-861-2623
West County. Food pantry, meals and many other services

**Food Pantry hours often change. Call first if possible**
HOUSING: SHELTERS FOR MEN

A Housing Helpline referral is required by most (but not all) of the shelters and transitional housing providers in this book. Call 314-802-5444 or 2-1-1 to start the process.

BIDDLE HOUSE OPPORTUNITIES CENTER
1212 N 13th St.  63101.
314-802-0700 or 314-802-5444
Overnight shelter for men only. Daytime services and meals for residents only.

CITY HOPE ST. LOUIS
2010 South 8th Street  63104
www.cityhopestl.org  314-904-4673
City Hope St. Louis provides immediate shelter and resources for individuals in the Saint Louis Metropolitan Region experiencing homelessness or are at risk of becoming homeless. Several locations. Contact 2-1-1 or the Homeless Helpline 314-802-5444 to start the intake process.

COVENANT HOUSE
2727 North Kingshighway  63113
www.covenanthousemo.org  314-533-2241
For Youth. Access to shelter, food, clothing, blankets, showers, laundry facilities, information, referrals, and crisis intervention

PETER & PAUL COMMUNITY SERVICES
Shelter Address:  711 Allen Ave. 63104  (314-621-5520)
Administrative Offices:  2612 Wyoming  63118  (314-588-7111)
www.ppcsinc.org
Assists homeless and near-homeless single men. 60-bed year-round emergency shelter, a 20-bed year-round transitional program, meals, showers, lockers, medical referrals, living skills classes, and case management.

SALVATION ARMY ADULT REHAB CENTER
3949 Forest Park Ave. 63108  314-678-5500
Residential treatment and work in addition to group and individual therapy.

SALVATION ARMY HARBOR LIGHT
(No longer operating as a shelter.)
2900 Washington Blvd. 63103
314-652-3310
Short term detox/rehab center and drug and alcohol treatment programs.

STEPPING INTO THE LIGHT MINISTRY
1402 Hebert St.  63107
www.sitlm.org  314-231-5175
90-day residential faith-based treatment program for drug and alcohol abuse. Can be walk-in or referral. Call first if possible.

SUNSHINE MINISTRIES
1315 Howard St.  63106
www.sunshineministries.org  314-231-8209
Admission is on a first-come, first-served basis. Emergency and longer term.
HOUSING: SHELTERS FOR WOMEN

A Housing Helpline referral is required by most (but not all) of the shelters and transitional housing providers in this book. Call 314-802-5444 or 2-1-1 to start the process.

ALIVE (Alternatives to Living in a Violent Environment)
PO Box 11201 63105
www.alivestl.org 314-993-7080  24-hour Crisis Hotline 314-993-2777
Temporary emergency sanctuary and transportation to victims of domestic violence, 24 hours a day, 365 days a year. Counseling, interventions, advocacy.

ALMOST HOME
3200 St. Vincent 63104
www.almosthomestl.org 314-771-4663
Almost Home is a transitional residence for teenage mothers with up to two children. The program is nine months long and may be extended.

BRIDGEWAY BEHAVIORAL HEALTH
www.bridgewaybh.com
Two emergency safe shelters and outreach centers in St. Charles and Lincoln Counties for women and children. Many other services and more locations.

St. Charles County: The Women’s Center in St. Charles
24-Hour Toll-Free Crisis Line 877-946-6854
Lincoln County  24-Hour Toll-Free Crisis Line 877-462-1758

CITY HOPE ST. LOUIS
2010 South 8th Street 63104
www.cityhopestl.org 314-904-4673
Shelter and resources. Several locations.

GATEWAY 180: HOMELESSNESS REVERSED
1000 North 19th St. 63106
www.gateway180.org 314-231-1515
Emergency shelter services, transitional housing and programs.

HAVEN OF GRACE
1225 Warren 63106
www.havenofgracestl.org 314-621-6507
Residential facility that assists homeless, pregnant women with shelter, goal-setting, education, employment, parenting, and permanent residence.

KATHY WEINMAN CENTER
314-423-1117
Temporary, emergency shelter, court advocacy, professional therapy for women and children, support groups. St. Louis County operates this shelter.

LOAVES AND FISHES SHELTER PROGRAM
750 McKelvey Rd, Maryland Heights, MO 63043
www.loavesandfishes-stl.org 314-291-3857
Comprehensive program for families with children. Works with homeless veterans.

LYDIA’S HOUSE
www.lydiashouse.org 314-771-4411
Community and faith-based domestic violence education, transitional housing, etc.
MISSIONARIES OF CHARITY
3629 Cottage Ave. 63113
314-533-2777 or 314-533-9070
Emergency shelter for women and small children.

MISSOURI BAPTIST CHILDREN'S HOME
11300 St. Charles Rock Road Bridgeton 63044
www.mbch.org 800-264-6224 or 314-739-6811
Residential program for pregnant women and girls. Family services.

OPAL'S HOUSE
PO Box 2316 East St. Louis, IL 62202-2316
www.opalshouse.org/ 877-OPAL-4-U-2 877-672-5482
Provides emergency shelter for abused women and their children.

OUR LADY'S INN
St. Louis: 4223 South Compton 63111 314-351-4590
St. Charles: 3607 Highway D, Defiance 63341 636-398-5375
www.ourladysinn.org
Emergency maternity shelter for pregnant women 18 and older and children.

QUEEN OF PEACE CATHEDRAL TOWER
325 N. Newstead 63108
www.qopcstl.org 314-531-0511
Supportive and permanent housing is provided at five locations and at scattered community sites. Part of the Shelter Care Plus program. Walk-In Clinic Hours.

ROOM AT THE INN -- PROVIDENCE CENTER
3415 Bridgeland Dr. 63044
www.roomstl.org 314-209-9198, 211 or 314-802-5444 or 866-802-7155
St. Louis County immediate, temporary, emergency shelter system for women and families, regardless of age or gender of the children. Churches provide locations.

SALVATION ARMY FAMILY HAVEN
10740 West Page Ave. 63132
www.stlsalvationarmy.org 314-423-7770
Will take families, but no single men except during winter months under special county program. Emergency shelter and resources.

* ST. MARTHA'S HALL
www.saintmarthas.org 314-533-1313
Confidential shelter for female victims of domestic violence. Individual and group counseling, legal advocacy, information, referral, and follow up.

ST. PATRICK PARTNERSHIP CENTER
800 North Tucker 63101
www.stpatrickcenter.org 314-802-0700
St. Patrick Center offers a limited number of beds for mentally ill women.

ST. PHILLIPINE HOME
1015 Goodfellow 63112
www.qopcstl.org 314-454-1012
A long-term residential program for pregnant and postpartum women and children. For people who have gone through a program for drug rehab through Queen of Peace.

WOMEN'S SAFE HOUSE
www.twsh.org 314-772-4535 (24-hour crisis hotline)
A shelter for battered women and their children. Legal advocacy, more.
A Housing Helpline referral is required by most (but not all) of the shelters and transitional housing providers in this book. Call 314-802-5444 or 2-1-1 to start the process.

3010 APARTMENTS
3010 Washington Ave.  63103
www.3010-apartments  314-833-4040
58 one-bedroom apartments operated by Salvation Army. as low-income housing for residents with a source of income.

ALMOST HOME
3200 St. Vincent 63104
www.almosthomestl.org  314-771-4663
Almost Home is a transitional residence for teenage mothers with up to two children. The program is nine months long and may be extended.

BETTER FAMILY LIFE
5415 Page Blvd.  63112
www.betterfamilylife.org/housing-asset-development-  314-367-3440
Assistance for first-time home buyers, foreclosure intervention and more.

BEYOND HOUSING
6506 Wright Way   Pine Lawn, MO 63121
www.BeyondHousing.org  314-533-0600
Programs to prevent foreclosure, first-time home buyer programs and rentals.

CALL FOR HELP, INC
9400 Lebanon Rd. East St. Louis, IL  62203
www.callforhelpinc.org  618-397-0968
Intensive two-year transitional residential program helps homeless young women.

CARDINAL RITTER SENIOR SERVICES
www.cardinalritterseniorservices.org  314-961-8000
Social service programs, affordable housing, independent living, assisted living, dementia care, nursing facilities. Check the website for locations, program, etc.

CENTER FOR WOMEN IN TRANSITION
7529 South Broadway   63111
www.cwitstl.org   314-771-5207
The Center works with women who are re-entering the area after incarceration. CWIT is a comprehensive program to help women move from crisis to stability and self-sufficiency. Two transitional housing facilities in South St. Louis.

COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY (CAASLC)
2709 Woodson Rd. Overland  63114
www.caastlc.org  314-863-0015
CAASTLC has comprehensive housing assistance programs which include home ownership, housing counseling, and rent or mortgage assistance.

COMMUNITY WOMEN AGAINST HARDSHIP
3963 West Belle Place  63112
www.cwah.org  314-289-7523
Transitional housing location and many other family based programs.
CRIMINAL JUSTICE MINISTRY
1104 South Jefferson  63104
www.cjmstlouis.org   314-652-8062
Release to Rent for Veterans
Scattered supportive housing for veterans who are homeless with a criminal record.
CJM Release to Rent
Up to a year of supportive housing for men completing long-term sentences.
IMPORTANT: The best chance of being accepted to the rental programs is to contact them at least six months before release date. Parole officers can refer.
Next Steps Home-Ex Offender Re-entry Housing Program for men and women who are working.

DOORWAYS (COOPER HOUSE)
4385 Maryland Ave.  63108
www.doorwayshousing.org  314-535-1919
Provides housing and related supportive services to improve quality of life and health outcomes for people affected by HIV/AIDS.

FATHER DEMPSEY’S HOME
3427 Washington Blvd.  63103
www.archstl.org/fatherdempseyscharities  314-535-7221
Partially furnished apartments from $325 per month for older men. Some meals are provided. Call for availability.

GATEWAY 180 HOMELESS SERVICES
1000 North 19th Street 63106
www.gateway180.org  314-231-1515
Largest 24-hour emergency shelter for single women and families in the state of Missouri. 110 beds and three meals a day to residents. Some transitional housing.

GATEWAY HOUSING FIRST
1425 S. 18th St.  63104
www.gatewayhousingfirst.org  314-771-5335
Develops properties for hard to house individuals and families. Provides housing placement services, emergency assistance and limited case management to households needing Permanent Supportive Housing. Several locations.

HABITAT FOR HUMANITY
3830 South Grand Blvd .  63118
www.habitatstl.org   314-371-0400
First-time homebuyer’s program that helps qualified families build their own home from the ground up, through a combination of volunteer and sweat equity labor.

HARRIS HOUSE
8327 S. Broadway  63111
www.harrishouse.org  314-671-0551
Alcohol and drug rehab services to men and women including a transitional housing.

HAVEN RECOVERY HOMES
www.havenrecoveryhomes.com  314-930-9384
Furnished houses with live-in housing managers, resource assistance for treatment and employment connections in supportive alcohol-and drug-free environment.

HILLJACK HOUSE
5417 S. Grand Blvd.  63111
www.hilljackhouse.org  314-255-3964
Supportive sober apartment living in south city buildings for men and women.
HOMESLELESS VETERANS PROGRAMS
515 N Jefferson Ave. 63103
www.va.gov/homeless  314-652-4100 Ext. 55460
Provides intake, assessment, referral, counseling, consultation for rehabilitative services, and residential placement. Call for more information.

HOPE HOUSE
1611 Hodiamont Ave. 63112
www.hopehousestl.org  314-382-3801
Transitional housing apartments for homeless families, comprehensive social services, family development, vocational and educational counseling, more.

HUMANITRI
1447 East Grand Ave. 63107
www.humanitri.org  314-772-7720
Scattered site transitional and permanent housing and assistance in finding housing.

JUSTINE PETERSEN
1023 North Grand Blvd. 63106
www.justinepetersen.org  314-533-2411
Homeowner and small business loans, credit counseling, supportive services.

LYDIA’S HOUSE
PO Box 2722 63116
www.lydiashouse.org 314-771-4411
Safe, confidential apartments and services for abused women and children.

MARYGROVE
2705 Mullanphy Lane Florissant 63031
www.marygrovechildren.org  314-830-6201
Transitional housing and crisis care for children who are in need of emergency care due to homelessness, potential abuse/neglect, parental stress, etc.

MARY RYDER HOME
4361 Olive St 63108
www.maryryderhome.org 314-531-2981
A nonprofit residential care facility for low-income senior women.

MOVE: MISSOURI VETERANS ENDEAVOR
8410 Engler Park Ct. St. John 63114
www.move-stl.org  314-778-9497
Provides long-term supportive housing and services to veterans, family members.

OXFORD HOUSE
2715 Osage St. 63118
www.oxfordhouse.org 14-772-6771
National, self run, self supported, addiction recovery houses.

PETER & PAUL COMMUNITY SERVICE
2612 Wyoming St. 63118
www.ppcsinc.org 314-588-7111 or 314-621-5520
Shelter and transitional housing for men. Two locations.

QUEEN OF PEACE CATHEDRAL TOWER
325 N. Newstead 63108
www.qopcstl.org 314-531-0511
Supportive and permanent housing is provided at five locations and at scattered community sites. Part of the Shelter Care Plus program. Walk-In Clinic Hours.
RAINBOW VILLAGE
1240 Dautel Ln. 63146
www.rbvstl.org  314-567-1522
Neighborhood homes for people with developmental disabilities.

SAINTS JOACHIM & ANN CARE SERVICE
4116 McClay Road  St. Charles, MO 63304
www.jacares.org   636-441-1302
Housing Assistance, Children and Family Development, Food Pantry, Adopt-A-Family,

SAVATION ARMY ADULT REHAB CENTER
3949 Forest Park Ave. 63108  314-678-5500
Provides residential treatment and work in addition to group and individual therapy.

SAVATION ARMY FAMILY HAVEN
10740 West Page Ave. 63132  314-423-7770
A transitional housing resource for women and children with various programs focused
on family stability.

STEPPING INTO THE LIGHT MINISTRY
1402 Hebert  63107
www.sitlm.org/  314-231-5175
90-day residential treatment program for drug and alcohol abuse. Can be walk-in or
referral. Call first if possible.

ST. LOUIS COMMUNITY RE-ENTRY PROGRAM
1809 S.8th Street  63104  314-951-4048
Rooms for rent for men in transition. Substance abuse meetings, job training.

ST. LOUIS CITY AND COUNTY HOUSING AUTHORITY AND
EAST ST. LOUIS HOUSING AUTHORITY
St. Louis City:  3520 Page Blvd.  63106
www.slha.org 314-531-4770
Section 8 Waiting List: 314-286-4361

St. Louis County Housing Authority:
8865 Natural Bridge Rd  63121
www.haslc.com  314-428-3200

East St. Louis Housing Authority
700 N 20th St, East St Louis, IL 62205
www.eslha.org  618-215-6759

SUNSHINE MISSION
1520 N. 13th St. 63106
www.sunshineministries.org  314-231-8209
Offers a men’s emergency shelter, men’s long term rehabilitation program.

WOMEN’S SAFE HOUSE
PO Box 63010  63163
www.twsh.org  24 Hour Crisis Hotline 314-772-4535
Multi-service shelter for battered women and their children.

YWCA WOMEN’S RESOURCE CENTERS
3820 West Pine Blvd.  63108
www.ywcastl.org  314-531-1115
Apartments for single women for up to two years. Personal and career development
services. Case management services, job readiness training.
IMMIGRANT SERVICES

AMERICAN RED CROSS - ST. LOUIS CHAPTER
10195 Corporate Square Dr.  63132
www.redcrossstl.org  314-516-2843
International Services provides tracing and messaging.

BI-LINGUAL INTERNATIONAL ASSISTANCE SERVICES
1329 Macklind Ave., Suite 200  63110
www.bilingualstl.org  314-645-7800
Provides mental health and social services to the elderly and disabled foreign born.

CG IMMIGRATION LAW, LLC
2316 Cherokee St.  63118
www.cgimmigrationlaw.info  314-514-4248
Variety of services from green cards, work permits, family visas, DACA, more.

CASAS DE SALUD
3200 Chouteau Ave.  63103
www.casadesaludstl.org  314-977-1250
Comprehensive medical services and referral services, primarily for adults.

CATHOLIC LEGAL IMMIGRATION NETWORK, INC.
www.cliniclegal.org for text assistance in many languages.
CATHOLIC LEGAL ASSISTANCE MINISTRY (CLAM)
100 N. Tucker Blvd., Suite 726  63101 (No Walk-Ins, call for appointment)
www.sfcsstl.org/locations/clam/  314-977-3993

CENTER FOR SURVIVORS OF TORTURE & WAR TRAUMA
has joined Bilingual Assistance Services
Counseling and therapy, extensive youth program, asylum documentation, etc.

ENGLISH TO SPEAKERS OF OTHER LANGUAGES (ESOL)
1530 S. Grand Blvd.  63104
www.slps.org  314-664-1066
Bi-lingual Program-St. Louis Public Schools. Many locations and school sites.

HISPANIC CHAMBER OF COMMERCE
3611 South Grand Blvd., Suite 105  63118
www.hccstl.com  314-664-4432
Promotes and supports Hispanic small businesses through programs & services.

HOUSE OF GOODS BAITULMAL
5911 Southwest Ave, St. Louis, MO 63139
www.islamstl.org/baitulmal/  314-833-3300
Household items, clothing, services.

IMMIGRANT & REFUGEE WOMEN’S PROGRAM
5021 Adkins Ave., Rooms 114 & 214, 63116
www.irwpstl.org  314-771-1104
Teaches women basic English and practical living skills in their own homes.

IMMIGRANT COMMUNITY ACTION PROJECT (M.I.C.A. PROJECT)
1600 S. Kingshighway Blvd. Suite 2N  63110
www.mica-project.org  314-995-6995  Toll Free: 855-995-6995
Sliding scale fees for individual legal services for removal defense, family-based
INTERNATIONAL INSTITUTE
3401 Arsenal St.  63118   www.iistl.org   314-773-9090
This organization offers many services for new arrivals to the St. Louis area.

LANGUAGE ACCESS METRO PROJECT (LAMP)
8050 Watson Rd., Suite 340  63119
www.lampinterpreters.org   314-842-0062   866-948-7133
Translation services. Specialists in medical interpreting.

LEGAL AID/ Legal Services of Eastern Missouri
4232 Forest Park Ave.  63108
www.lem.org   314-534-4200 or 800-444-0514
Immigration Law Project offers many resources and services.

MISSOURI IMMIGRANT AND REFUGEE ADVOCATES (MIRA)
2725 Clifton Ave.  63139
www.mira-mo.org   314-669-1288
Organizes and advocates for the basic rights of immigrants and refugees.

NAHED CHAPMAN NEW AMERICAN ACADEMY (NCNAA)
1616 S. Grand Blvd.  63104
www.slps.org/NCNAA   314-776-1066 or 314-776-3285
Accelerated English training, and more through the St. Louis Public Schools.

NEW AMERICAN ALLIANCE
3401 Arsenal St.  63118  (International Institute)
www.newamericanalliance.org   314-655-0889
Connects foreign-born individuals to services in the St. Louis area. Website provides links to many resources, including legal and immigration services.

OASIS INTERNATIONAL
5035 Gravois Ave.  63116
www.oasis4refugees.org   314-353-3800
English classes, clothing, furniture, more for primarily refugee families.

REFUGEE CENTER ONLINE (RCO)
www.therefugeecenter.org
Education and resources for refugees and immigrants. Offers online language and GED courses, resume and employment information, legal, and more.

SAINT FRANCIS COMMUNITY SERVICES SOUTHSIDE CENTER
4222 Delor St.  63116
www.sfcsstl.org   314-773-6100
Case management, mental health counseling, and youth programming, legal serv.

(USCIS) US Citizenship and Immigration Service
www.uscis.gov
Service and Office Locator to check status, change of address, and much more.

VITENDO 4 AFRICA (V4A)
7220 N. Lindbergh Blvd., Suite 270  Hazelwood  63042
www.vitendo4africa.org   314-252-0488
Programs and support. Health and home ownership programs and more.

WELCOME NEIGHBOR STL
3672 Arsenal St.,  63116
www.welcomeneighborstl.org
Various programs to assist refugees, including cooking and sales.
LEGAL SERVICES

AMERICAN CIVIL LIBERTIES UNION (ACLU)
906 Olive St. #1130   63101   www.aclu-mo.org   314-652-3111

ARCH CITY DEFENDERS   Civil Rights Attorneys
440 N. 4th Street, Suite 390   63102
www.archcitydefenders.org   855-724-2489   Local Number: 314-361-8834
Free or low cost legal representation from minor criminal offenses, to landlord-tenant law, to family law issues. Call for information about their BAIL advocacy.

CATHOLIC LEGAL ASSISTANCE MINISTRY (CLAM)
100 N. Tucker Blvd., Suite 726   63101
www.sfcsstl.org/locations/clam/   314-977-3993
Domestic issues, cases involving paternity, orders of protection, immigration.

CATHOLIC LEGAL IMMIGRATION NETWORK
www.cliniclegal.org/
Immigration attorneys who specialize in advocacy, worker immigration law, more.

CIRCUIT ATTORNEY’S OFFICES
St. Louis City: 314-622-4373
St. Louis County: 314-615-4872
St. Charles County: 636-949-7370
Orders of protection, victims services.

CREA: City of St. Louis Civil Rights Enforcement Agency.
1114 Market Street   #626   314-622-3301
Equal opportunity enforcement.

CRIME VICTIMS ADVOCACY CENTER
539 North Grand Blvd., Suite 400   63103
www.supportvictims.org/   Hotline: 314-652-3623
Legal Assistance: 800-527-1460
Aid to Victims of Crime

EHOC Metropolitan St. Louis Equal Housing and Opportunity Council
1027 S. Vandeventer Ave., 6th Floor   63110
www.ehocstl.org   314-534-5800

FATHERS and FAMILIES SUPPORT CENTER
1601 Olive St.   63103   and more locations
www.fatherssupportcenter.org   314-333-4170
Legal services in areas of child support, visitation, child custody and more.

FEDERAL BONDING PROGRAM
Department of Economic Development
421 East Dunklin St., Po Box 1087 Jefferson City   65102
www.Fidelity bonding insurance coverage to individuals with criminal histories.

JAIL DIVERSION PROGRAM
St. Louis City 314-621-5848 Ext. 1023

LAMDA LEGAL
www.lambdalegal.org
National Headquarters New York City 212-809-8585
National legal organization representing numerous issues in courts and advocacy.
LAWYER REFERRAL SERVICE
www.bamsl.org  314-621-6681
Bar Association referral service maintains a listing of attorneys who practice in the metropolitan St. Louis, Missouri-Illinois area.

LEGAL AID (Legal Services of Eastern Missouri)
4232 Forest Park  63108
www.lsem.org  314-534-4200 or 800-444-0514
Legal services in the areas of housing, domestic issues, financial, health, immigration, elderly and many others, including some social services.

LEGAL ADVOCATES FOR ABUSED WOMEN
www.laawstl.org  314-664-6699
Free legal representation at Adult and Child Order of Protection in seven counties.

LEGAL ASSISTANCE WEBSITES
www.courts.mo.gov
www.stlcin.missouri.org
Attorney General’s Office: www.ago.mo.gov
Victims of Crime: www.okbemad.org

MacARTHUR JUSTICE CENTER
3115 South Grand Blvd. Suite 300  63118
www.macarthurjustice.org/  314-254-8540
A civil rights law firm with a focus on jails and prisons, as well as court reform sentencing and parole practices, death penalty and policing.

MISSOURI BAR LAWYER REFERRAL SERVICE
www.missourilawyershelp.org \\n573-635-4128 (Legal Services Line)

NEW COVENANT LEGAL SERVICES
4236 Lindell Blvd, Suite 201  63108
www.newcovenantlegalservices.org  314-726-6489
Provides legal services to individuals and groups, including refugees and immigrants on a sliding scale basis. Call for appointment and to provide information by phone.

PUBLIC DEFENDER, CITY
1114 Market St. 63101  314-340-7625
PUBLIC DEFENDER, COUNTY
100 S Central Ave. Clayton  63105  314-615-4778

ST. LOUIS CITY JUSTICE CENTER
314-621-5848
Website gives information about procedures, property, inmate visits, etc.

SAINT LOUIS UNIVERSITY SCHOOL OF LAW-LEGAL CLINICS
100 N. Tucker Blvd.  63101
Litigation, transactional work, advocacy, criminal defense, human rights.

ST. FRANCIS COMMUNITY SERVICES
Southside Center
4222 Delor St. 63116
www.sfcsstl.org  314-773-6100
Family law, immigration law, veterans advocacy, Housing Opportunity Project more.
EPWORTH’S YOUTH DROP-IN CENTER/Street Outreach
7520 Natural Bridge Rd. Normandy  63121
24/7 Helpline  314-727-6294  800-899-KIDS (5437)

GROWING AMERICAN YOUTH
Trinity Church 600 N. Euclid  63108 and other metro locations.
www.growingamericanyouth.org  314-669-5428 (LGBT)

IT GETS BETTER PROJECT  www.itgetsbetter.org

LAMDA LEGAL
www.lambdalegal.org National Headquarters New York City 212-809-8585
National legal organization representing numerous issues and advocacy.

LGBT National Youth Talk  800-246-7743  Help Center:  www.lgbthotline.org

METRO TRANS UMBRELLA GROUP (MTUG)
3133 Oregon Ave  63118
314-349-1402  www.stlmetrotrans.com
Resources, programs, events website lists testing sites, medical resources.

METROPOLITAN COMMUNITY CHURCH OF GREATER ST. LOUIS
7423 Michigan Ave.  63111
www.mccgsl.org.  314361-3221
An LGBTQIA+ congregation that provides a variety of resources,and programs.

PLANNED PARENTHOOD
4251 Forest Park Ave.  63108 Main location
www.plannedparenthood.org  314-531-7526 800-230-PLAN (7526)
General health care, HIV Testing, LGBT Services, treatment & vaccines.

PRIDE ST. LOUIS
3738 Chouteau  63110
314-480-6898  www.pridestl.org
Resources, events, advocacy. Call for hours.

RUSTIN’S PLACE and WILLIAMS & ASSOCIATES
www.minorityhealthstl.org/  314-553-9506 OR 314-695-5188

STEPS ALANO CLUB
3974 Humphrey St.  63116  www.stepsalanoclub.org
Non-profit meeting space for 12 step recovery fellowships.

ST. LOUIS GENDER FOUNDATION: LGBT COMMUNITY RESOURCES
www.stlouisgenderfoundation.org

THE SPOT (for ages 13-24)
4169 Laclede 63108
www.thespot.wustl.edu  314-535-0413
A drop-in center open M-F afternoons. Computers, laundry, showers,testing, more.

THE TREvor PROJECT
866-488-7386 (24/7)  www.thetrevorproject.org
TrevorText is a phone service. Text “START” to 678678.
MEAL PROVIDERS

Below is a list of places that serve MEALS AND SANDWICHES. It’s not complete, and programs change. See page 15 for pantries. Area code 314 on all numbers.

63101
ST PATRICK CENTER-Shamrock
800 N. Tucker  802-0700
Lunch 7 days a week 12:00pm-12:30pm

63103
CENTRAL BAPTIST CHURCH
2843 Washington Ave.
Lunch Tuesdays, 12:00 noon.

63104
FOCUS GATEWAY CITY
1901 Ann Ave.  776-4205
Supper is 4:30-5:30 every Sunday that falls on the 2nd through the 21st of every month.

PETER AND PAUL SERVICES
816 Allen Ave.  231-9923
Lunch Monday-Friday: 2nd-21st of each month. Saturday and Sunday 12:00pm-12:45pm. Dinner Monday-Friday: 2nd-21st 5:00pm-5:45pm.

ST. VINCENT CHURCH
1408 S 10th St. (Soulard)  231-9328
Enter 9th Street side.
Lunch: Monday-Saturday 11:00am-1:00pm. Coffee, sandwiches: Sunday 10:15am-11:00am. Dinner: 22nd to 1st of the month, 5:00pm-6:00 pm.

SOUP ALLEY/TRINITY CHURCH
812 Soulard Ave.  231-4092
Monday-Friday 9:00am-10:30am.
Saturday 10:00am-11:am.

63108
TRINITY EPISCOPAL CHURCH
600 North Euclid Ave. 63108
314-361-4655 (message only)
Hot meal every Sunday 2:00 pm.

63112
CENTENNIAL CHRISTIAN CHURCH
4950 Fountain Ave.  63113
www.cccstl.org/  314-367-1818
Zip Codes: 63112, 63113, 63115, 63108
Lunch: Wed and Fri. 11:00 am-1:00 pm.

UNION MEMORIAL CHURCH
1141 Belt Ave.  367-8314
Lunch: Monday-Friday 12:00pm-12:30pm.
Breakfast: Sunday 9:00am-10:30am.

63113
WEST SIDE MB CHURCH
4675 Page Blvd.  535-9002
Dinner: Monday, Wednesday, Friday 5:30pm-6:30pm

MISSIONARIES OF CHARITY
2500 Spring Ave.  533-9070
Every day except Thursday 10 - 11am.

63115
ST. LOUIS DREAM CENTER
4324 Margaretta Ave.  381-0700
Call for times.

ST. JOHN’S CHURCH
3672 Arsenal St.  772-3970
Dinner every Saturday 4:00pm-6:00pm.

63118
CHAPEL FOR THE EXCEPTIONAL
3436 Winnebago St.  776-7172
Lunch/soup kitchen: Monday-Friday 12:00pm-12:30pm

PROJECT DOWNTOWN STL
6809 W Florissant Ave. . 63136 www.pdstl.org 314-556-0938
Every Saturday. Preparation is at 10am. Serving starts at 11:30am. Clothing, groceries, and school supplies.

Call first to confirm times.
AFFINIA HEALTH CARE
www.affiniahealthcare.org
314-814-8700 for appointment  314-898-1700 for information
Many locations throughout the area. Sliding fee scale to uninsured patients.

AFFORDABLE CARE ACT/COVER MISSOURI
www.covermissouri.org 800-318-2596 INFORMATION LINE: 1-855-373-9994

ASTHMA AND ALLERGY FOUNDATION Medical Assistance Program
5501 Delmar Blvd., Suite A450  63112
www.aafastl.org  314-645-2422
Provides asthma and allergy medications, equipment, and resources for children.

BEHAVIORAL HEALTH RESPONSE (BHR)
www.bhrstl.org
24-hour Mental Health Crisis Line: 314-469-6644 or 800-811-4760

CALL FOR HELP, INC
9400 Lebanon Rd. East St. Louis, IL  62203
www.callforhelplinc.org  618-397-0968
Comprehensive intervention services for homelessness, sexual assault, poverty.

CASA de SALUD
3200 Chouteau  63103
www.casadesaludstl.org  314-977-1250
Low cost health clinic for uninsured patients, providing on site health care.

CHIPS Health and Wellness Center
2431 N. Grand Blvd.  63106
www.chipsstlouis.org  314-652-9231 Ext. 10 for appointment
Sliding scale or no fee for wide range of clinic services and programs.

COMMUNICABLE DISEASES/STD DEPARTMENT OF HEALTH
1520 Market St., Suite 4027  63103  314-872-1431

CONTRACEPTIVE CHOICE CENTER
4533 Clayton Ave.  63110 Entrance at back of building
c3.wustl.edu  314-747-0800
A full-service women’s health clinic and testing. Same day appointments available.

FAMILY CARE HEALTH CENTERS
Carondelet: 401 Holly Hills Avenue  63111  314-353-5190
Forest Park Southeast:  4352 Manchester Avenue  63110  314-531-5444
www.familycarehealthcenters.org
Affordable and accessible primary care and dental care. Sliding scale.

HOPE CLINIC FOR WOMEN
1602 21st Street, Granite City, IL 62040
Emergency/After Hours: 618-346-3040  www.hopeclinic.com  618-451-5722

JAMAA BIRTH VILLAGE
40 N Florissant Rd., Ferguson  63135
www.jamaabirthvillage.org  314-643-7703
Doula care, midwifery support services, nutrition education, and more.
JOHN C MURPHY HEALTH CENTER
6121 North Hanley Road Berkeley, MO 63134
314 615-0500
Adult medical services including dental, OB/GYN, lead screening, immunizations.

MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES
www.health.mo.gov/seniors/homecomservices/  866-835-3505
Home based services available, including payment for personal care by family.

MYRTLE HILLIARD DAVIS COMPREHENSIVE HEALTH CENTERS/
CARESTLHEALTH www.carestlhealth.org Several locations.
Comprehensive: 5471 Dr. Martin Luther King Dr. 63112 314-367-5820

PEOPLE’S HEALTH CENTERS
5701 Delmar Blvd. 63112
www.phcenters.org 314-367-7848
Provides a wide range of health care and social services. Many locations.

PLANNED PARENTHOOD
4251 Forest Park Ave. 63108
www.plannedparenthood.org 314-531-7526
Main location. 800-230-PLAN (7526). Many health services and testing.

SLU HEALTH RESOURCE CENTER, PRIMARY CARE CLINIC
1408 N Kingshighway Blvd., Suite 213 63113
www.medschool.slu.edu/hrc 314-389-0008
Call for various times and specialties. Free clinics/SLU doctors.

ST. LOUIS DENTAL EDUCATION AND ORAL HEALTH CENTER
A partnership of A.T. Still University and Affinia Healthcare
1500 Park Ave 63104 www.stldentalcenter.org/ 314-833-2700
Affordable oral health care services for patients of all ages.

THE ST. LOUIS INTEGRATED HEALTH NETWORK
1520 Market St., Suite 4034 63103
www.stlouisihn.org 314-657-1566
A network of community health centers. Services include primary care, dental, eye care. Many locations listed on website.

STLHELP (FREE Home Medical Equipment)
www.sthelp.org 636-933-9393
Provides access to free home medical equipment through recycle and reuse.

VIVENT HEALTH (Formerly St. Louis Effort for Aids)
2653 Locust Street . 63103
www.viventhealth.org/. 314-645-6451 or 800-359-9272
education on prevention support services to those affected by HIV/AIDS.

WILLIAMS AND ASSOCIATES
3737 North Kingshighway Blvd., Suite 204-206 63115-1736
www.minorityhealthstl.org 314-385-1935
Provides preventive health education, disease prevention, health promotion and care services that address health disparities of minorities in the region.

WISH CENTER SSM Health St. Mary’s Hospital
1035 Bellevue Ave., Suite 205 Richmond Heights 63117
www.ssmhealth.com/locations/location-details/wish-center 314-768-8230
Women and Infants Substance Help for high risk maternity patients.
MENTAL HEALTH

800-SUICIDE (800-784-2433) or 800-273-TALK (800-273-8255)
National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
www.suicidepreventionlifeline.org/
24-Hour Local Help Line: 636-946-3771
TEXT: 741741 Quick response for mental health issues or crisis.

ADAPT OF MISSOURI
4030 Chouteau Ave. 63110  2301 Hampton Ave. 63139
www.adaptusa.com   888-657-3201
Provides individual therapy, community support for adults with mental illness

ADVENT BEHAVIORAL CARE
255 Spencer Road, Suite 201
Saint Peters, MO 63376  636-939-2550
www.adventmedicalgroup-mo.com
Behavioral health care services for children, adolescents, adults and older adults and their families. Several other locations.

ANNIE MALONE CHILDREN & FAMILY CENTER
2612 Annie Malone Dr.  63113
www.anniemalone.com  314-531-0120 or 314-531-2612
Parenting education, self-help, respite, counseling and more.

BEHAVIORAL HEALTH RESPONSE (BHR)
www.bhrstl.org   24 hour Crisis Lines: 314-469-6644 or 800-811-4760
Many locations, services, trainings, including help for youth.

BJC BEHAVIORAL HEALTH
Administrative Offices, Referrals and Call Center
1430 Olive St., Suite 400  63103
After hours: 314-469-6644 or toll-free 800-811-4760
Mental health services and supportive services. Several locations.

BRIDGEWAY BEHAVIORAL HEALTH (Several Locations)
www.bridgewaybh.com   Main number: 866-758-1152
St. Louis City Center 314-535-5246   St. Charles Center 636-757-2300

CASA DE SALUD: FAMILY MENTAL HEALTH COLLABORATIVE
1015 S. Compton   63104
www.casadesaludstl.org   314-977-1240

CATHOLIC FAMILY SERVICES
www.cfsstl.org   800-652-8055
Various locations for psychiatric and mental health services.

CENTREPOINTE HOSPITAL AND OUTPATIENT CLINICS
St. Charles: 4801 Weldon Spring Parkway   63304
St. Louis City: 1430 Olive St.  63103
www.centerpointehospital.com 800-345-5407

CHAD’S COALITION (for Mental Health)
4121 Union Road #224   63129
www.chadscoalition.org   314-952-2046
A variety of suicide and bullying prevention education programs & support.
CHESTNUT HEALTH SYSTEMS  
www.chestnut.org  
Provides a variety of comprehensives behavioral health and human services including mental health, substance use, housing and employment resources.  
Belleville – 618-397-0900  Bloomington – 309-827-6026  
Granite City – 618-877-4420  Maryville – 618-288-3100

COMPREHENSIVE BEHAVIORAL HEALTH CENTER  
505 South 8th St. East St. Louis, IL 62201  618-482-7330 (Office)  
Mental health and substance abuse treatment, rehabilitative and social support on a 24-hour basis. Works with Alton Mental Health Center.

COMMUNITY PSYCHOLOGICAL SERVICES (at UMSL)  
232 Stadler Hall, One University Blvd. 63121  
314-516-5824  www.umsl.edu/services/cps  
Outpatient mental health center established by the University of Missouri-St. Louis.

COMTREA  
www.comtre.org  636-931-2700  
Several Jefferson County and South County locations. Substance abuse treatment services, psychiatric services, individual and group therapy, and more.

COMPASS HEALTH NETWORK (Formerly Crider Health Centers)  
www.compasshealthnetwork.org/  636-332-6000 or 844-853-8937  
A variety of behavioral health programs and services.  
St. Charles: 546 First Capital Dr., Suite 1  63301  636-946-4000  
Union: 1780 Old Highway 50 East  63084  636-582-8100  
Warrenton: 19515 Brune Parkway  63383  636-456-1500  
Wentzville: 1032 Crosswinds Ct.  63385  636-332-6000

CRISIS TEXT LINE: Text “GO” to 741741  
www.crisistextline.org  
Access to free, 24/7, emotional support and information.

DEPARTMENT OF MENTAL HEALTH  www.dmh.mo.gov  
The Department of Mental Health website includes numerous resources on crisis intervention, drug and alcohol abuse, developmental disabilities, and more.

EPWORTH CHILDREN AND FAMILY SERVICES  
Main Campus: 110 N Elm Ave. Webster Groves, MO 63119  
www.epworth.org  314-918-3301  
Comprehensive treatment programs, including residential, outreach, foster care case management, independent living options.

HAWTHORN CHILDREN’S PSYCHIATRIC HOSPITAL  
1901 Pennsylvania Ave.  63133  
A children’s psychiatric hospital operated by the MO Dept. of Mental Health.

HOPEWELL MENTAL HEALTH SERVICES  
909 North 14th Street  63106  
Mental health and psychiatric services. No walk-ins. Must make appointment.

HYLAND BEHAVIORAL HEALTH CENTER  
St. Anthony’s Medical Center  
10010 Kennerly Rd.  63128  
In-patient and out-patient psychiatric and chemical dependency services.
INDEPENDENCE CENTER
Clubhouse: 4245 Forest Park Ave. 63108  314-533-4245
www.independencecenter.org
Assists adults with serious, persistent mental illnesses to live and work in the community.

JEWWISH FAMILY AND CHILDRENS SERVICES
10950 Schuetz Rd  63146
www.jfcs-stl.org  314-993-1000
Counseling for adults and children. Family conflict, depression, transitions, more.

LIFEWISE (Formerly Kingdom House)
1321 S. 11th St. 63104  www.lifewisestl.org  314-421-0400
Wrap-around Maternal Mental Health Program for new or pregnant Latina mothers.

MENTAL HEALTH FIRST AID
www.mentalhealthfirstaid.org  314-877-6458
Courses that help the public identify and respond to signs of mental illnesses.

METROPOLITAN PSYCHIATRIC CENTER
5351 Delmar Blvd.  63112
www.dmh.mo.gov/mpc  314-877-0501
Diagnostic and treatment psychiatric care services including forensic.

MISSOURI INSTITUTE OF MENTAL HEALTH (State Hospital)
5400 Arsenal St.  63139   www.mimh.edu  314-877-6401

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)
www.nami.org
CIT: Crisis intervention Team programs, many resources.

NAMI-ST. LOUIS BRANCH   www.namistl.org   314-962-4670
Community support, Mental health First Aid classes.

PLACES FOR PEOPLE
1001 Lynch Street  63118
Services for behavioral health rehabilitation Services, outpatient therapy, outpatient services for substance use concerns, and youth and family programs.

PROVIDENT COUNSELING
www.providentstl.org  314-533-8200 for appointments
Provident provides counseling services at five locations throughout St. Louis.

SHAMROCK CLUB DAY TREATMENT PROGRAM AT ST. PATRICK CENTER
800 N. Tucker  63101
www.stpatrickcenter.org  314-802-0700
Mental health and substance abuse treatment.

ST. LOUIS EMPOWERMENT CENTER Depression Bipolar Support Alliance
907 Dock St.  63147
A drop-in center for mental health and substance abuse recovery self-help meetings.

WALTER’S WALK
737 Dunn Road Hazelwood, MO  63042
www.walterswalk.com  314-731-2433
Mental health services to children and adults regardless of ability to pay.
MONEY MATTERS

ALL AMONG US
107 Carson Rd. Ferguson 63135
www.allamong.us/ 314-560-4895
Reverse intergenerational poverty through financial literacy and assistance.

EXCEL CENTERS/PROSPERITY CONNECTION
www.prosperityconnection.org
Provides financial education, affordable financial services, resources.
Old North Excel Center 2707 N. 14th Street 63106 314-768-5954
24:1 Community Excel Center 6724 Page Ave Pagedale, 63133 314-256-3995
St. John Excel Center 2808 Endicott 63114 314-256-3995
Administrative Office 3651 Forest Park Ave. 63108 314-385-1586

GATEWAY EITC COMMUNITY COALITION
910 North 11th Street 63101 www.gatewayeitc.org 314-539-4062
Free tax preparation for low income households.

JUSTINE PETERSEN
1023 N Grand 63106
www.justinepetersen.org 314-533-2411
Home ownership and business loans, including Micro-Enterprise Services and more

LIFEWISESTL (Formerly Kingdom House)
1321 S. 11th St. 63104
Financial Stability Services provide one-on-one coaching, financial education, more.

OFFICE OF FINANCIAL EMPOWERMENT City of St. Louis Treasurer
1200 Market Street City Hall Room 220 63103
www.stlofe.org/ 314-622-4700
Free financial education and counseling resources to help raise credit scores, get out of debt, start a business, assist students efforts to attend college, more.

RED DOUGH LOANS
6724 Page Avenue 63133
www.reddough.com 314-726-2678
Combats predatory lending through Helping Hand Loan™, an installment loan that helps break the payday loan cycle. Works with Prosperity Connection.

ROW (REDEVELOPMENT OPPORTUNITIES FOR WOMEN)
Family Resource Center 3309 S. Kingshighway Blvd 63139
www.frcomo.org/services/row/ 314-534-9350
Focus on financial security for women impacted by poverty and trauma.

STATE ID AND OTHER RESOURCES
Visit RE-ENTRY starting on Page 40 for information about walk-in assistance at the College Church at Grand and Lindell. Also through City Hall.

WOMEN IN CHARGE
6934 Olive Blvd 63130
www.womenincharge.org 314-432-7300
Financial literacy, mentoring, counseling, career development, education, nutrition.
RE-ENTRY

***NOTE: Two forms of ID are usually needed for employment, so try to take care of this as soon as possible. If still incarcerated, a caseworker can get this process started before release.***

COLLEGE CHURCH OUTREACH PROGRAM
St. Francis Xavier College Church
SFX Ballroom at 3620 Lindell (just west of Grand, entrance on Grand) 63108
www.sfxstl.org/outreach  314-266-9557
For both birth certificates and Missouri State IDs. Arrive by 8:45am on Tuesdays.

CALL FOR HELP, INC.
9400 Lebanon Rd. East St. Louis, IL 62203
www.callforhelpinc.org  618-397-0968
Multi-service agency responding to crisis situations in the Metro East area.

CENTER FOR WOMEN IN TRANSITION (CWIT)
7529 South Broadway  63111
www.cwitstl.org  314-771-5207
There are two transitional housing facilities in St. Louis city for women reentering the St. Louis area from a correctional facility.

COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY (CAASTL)
2709 Woodson Rd.  63114
www.caastlc.org  314-863-0015
Assists residents of St. Louis County meet the terms of their probation and parole, including GED, money management, drug and alcohol, counseling, family development, job readiness and placement.

CONCORDANCE ACADEMY
www.concordanceacademy.com  314-396-6001
Re-entry support program that starts before release. Currently operating in three eastern Missouri prisons. Call or check the website for more information.

CONNECTIONS TO SUCCESS and DRESS FOR SUCCESS
www.connectionstosuccess.org
2125 Bissell  63107  314-584-6887
(In the Grace Hill building near Grand and Florissant)
3000 Little Hills Expressway St. Charles 63301  636-940-8027
1701 N 2nd St. St Charles 63301  636-940-8027
Both organizations provide clothing for job interviews and outfits for starting work before the first paycheck. Also, counseling and job readiness. They work with men and women who have been incarcerated as well as other job seekers. Grace Hill address is for women only. Call to make an appointment.

CRIMINAL JUSTICE MINISTRY
1104 South Jefferson 63104 www.cjmstlouis.org  314-652-8062
Works with prison inmates and their families to provide various services. Ask your parole officer to send a referral to CJM Direct Services Criminal Justice Ministry for short-term assistance, including Welcome Backpacks
Release to Rent for Veterans
Limited openings in scattered supportive housing for qualified veterans who are homeless and have a criminal record.
Release to Rent
Up to one year of supportive housing for men completing long-term sentences who can work full time. Contact CJM by letter at least six months before release date.
EDUCATIONAL OPPORTUNITY CENTERS
4495 Forest Park Ave.  63108
314-535-6670
The Educational Opportunity Centers (EOC) are part of the federally-funded TRIO program and provides free educational counseling to assist individuals in furthering their education beyond high school. Call for an appointment.

Educational Opportunity Center
1408 N Kingshighway Blvd., #107  314-367-8100
4644 Gravois Ave.  314-352-4113
13 N Oaks Plaza  314-385-4005

East St. Louis, Illinois EOC
601 James R Thompson Blvd. Building B, Suite 2079  East St. Louis, IL.
62201 618-482-6931

EMPLOYMENT CONNECTION
2838 Market St.  63103
www.employmentstl.org  314-333-JOBS (5627)
Free employment services to ex-offenders and persons who have a barrier to finding and maintaining employment, and to St. Louis area businesses who are seeking qualified job applicants. Services include: GED classes, on-site job fairs, placement services, homeless veterans program, disabled veterans program. Bring ID.

FATHERS AND FAMILIES SUPPORT CENTER
1601 Olive St.  63103 and several other locations
www.fatherssupportcenter.org  314-333-4170
The Fathers’ Support Center Legal Clinic offers legal advocacy and legal services in the areas of child support payment modifications, legal visitation, etc. Also offers employment services. FSC has received grant funding for training and job placement for ex-offenders. Call for details.

FEDERAL BONDING PROGRAM (Dept. of Economic Development)
421 East Dunklin St., PO Box 1087 Jefferson City  65102
573-526-8217
Provides fidelity bonding insurance coverage to individuals with criminal histories and other high-risk job applicants.

FORTUNE SOCIETY
www.fortunesociety.org/coming-home/
Located in the New York City area but website contains an assortment of useful information.

GATEWAY FOUNDATION DRUG AND ALCOHOL TREATMENT CENTERS
www.gatewaycorrections.org/locations/missouri/
877-505-4673,  816-559-8079
1430 Olive Street #300 63103  314-421-6188 and other locations
Gateway operates programs for the Missouri Department of Corrections in various institutions across the state and in other states. Outpatient treatment at 1430 Olive.

GOODWILL
Career Center of Downtown St. Louis and Many locations.
1727 Locust St  63103
www.mersgoodwill.org/about/jobs  314-436-3540
High school diploma program, training and jobs.

HEARTLAND CENTER FOR BEHAVIORAL CHANGE
www.heartlandcbc.org/  Toll-free number: 866-242-6670
Several locations in the KC areas and southwest MO areas.
HELP FOR FELONS
www.HelpForFelons.org
A website with information about jobs, loans, tips for getting hired, housing, etc.

HUMANITRI
1447 East Grand Ave. 63107
www.humanitri.org  314-772-7720
Humanitri provides support for prisoner families.

ISAIAH 58 MINISTRIES
2149 South Grand Blvd. 63104  314-776-1410
Computers, and other services available between 10:00am-1:00pm.

KAIROS PRISON MINISTRY - MISSOURI
PO Box 191214 63119
www.koeastmo.org  636-577-4733  www.missourikairos.org/
Support for the families of persons who are or have been incarcerated in the county’s correctional facilities, and county jails and youth offender program

JUSTINE PETERSEN
1023 North Grand Blvd. 63106
www.justinepetersen.org  314-533-2411
Homeowner and small business loans, credit counseling, first time homebuyer options, and more. Loans for formerly incarcerated individuals.

LAUGHING BEAR BAKERY
4001 Utah St 63116
www.laughingbearbakery.org/  314-201-3175
A work-skills training program for ex-offenders.

LEGAL AID/Legal Services of Eastern Missouri
4232 Forest Park Blvd. 63108
314-534-4200  Legal Aid: 800-444-0514
www.lsem.org/
Free legal services for those who cannot afford an attorney for civil matters, services for those who qualify under income guidelines, preventive legal education programs.

LUTHERAN SOCIAL SERVICES OF ILLINOIS
1405 State St. East St. Louis, IL 62205
www.lssi.org  618-601-3459
Services include employment, school and resources for clothing, housing, identification, medical, mental health and employment. program.

MISSOURI CURE
PO Box 28931 63132
www.missouricure.org and www.curenational.org  877-525-CURE (2873)
Advocacy for offenders, their families, and others. No direct services.

MISSION GATE PRISON MINISTRY
PO Box 6644 Chesterfield 63006
www.missiongateministry.org 636-391-8560
Christian-based residential program. Men and women. Several locations.

MISSION ST. LOUIS
3108 N Grand Blvd 63107
www.missionstl.org  314-534-1188
Job & Leadership Training for at-risk men, recruiting adult males for skill building.
MISSOURI DEPT. OF CORRECTIONS
www.doc.mo.gov.
Information about re-entry programs and other information and family of incarcerated

NORTH COUNTY COMMUNITY DEVELOPMENT CORP.
2483 Alexandria Place Pkwy  63136
www.northcountycdc.org  314-867-9160
Shelter and transitional housing programs, including a prison re-entry program.

BOONE COUNTY OFFENDER TRANSITION NETWORK
www.bcotn.org
This organization provides a comprehensive directory of services for ex-offenders and others in Central Missouri. In PDF format.

PARENT LINK
www.parentlink.missouri.edu  800-552-8522   Espanol 888-460-0008
Resources about parenting issues. Support for incarcerated parents.

SOUL FISHER MINISTRIES
7267 Natural Bridge Road  63121
www.soulfishersministries.com  314-381-0401
Programs for formerly incarcerated women and after school classes for children with incarcerated parents. Also transitional housing.

ST. LOUIS ALLIANCE FOR RE-ENTRY (STAR)
www.stlreentry.org
A coalition working to make the re-entry process more successful.

ST. LOUIS COMMUNITY COLLEGE(S)
www.stlcc.edu  Forest Park location: 314-644-9100

ST LOUIS COMMUNITY RE-ENTRY PROGRAM FOR EX-OFFENDERS
1809 S. 8th St.  63104     314-951-4048
Substance abuse meetings, transitional housing, job training

TEEN (AND ADULT) CHALLENGE OF ST. LOUIS
PO Box 213 High Ridge  63049
www.teenchallengestl.com/  636-677-1776
A faith-based 14-month residential recovery program for men of all ages that works with the Hillsboro probation office when needed. Minimal entry fee; the program is free to participants and includes GED instruction, job training, housing, counseling, and more.

US APPRENTICESHIP PROGRAMS
www.doleta.gov/jobseekers

US DEPARTMENT OF LABOR
www.doleta.gov/jobseekers/career_options.cfm
A comprehensive website. Apprenticeships are available to ex-offenders.

THE WORKFORCE SOLUTIONS GROUP (Accelerated Job Training)
St. Louis Community College’s Corporate College.
3221 McKelvey Road  Bridgeton  63044
www.stlcc.edu/Workforce-Solutions  314-539-5302
Develops industry-specific training in partnership with the college’s campuses.
FOR EMERGENCY SHELTER HOMELESS HOTLINE - 314-802-5444 or 2-1-1

AFFINIA HEALTH CARE
www.affiniahealthcare.org
314-814-8700 to make an appointment  314-898-1782 for Affinia Urgent Care
Six locations. Sliding fee scale to uninsured patients.

BRIDGE OF HOPE MINISTRIES
4001 Cottage Avenue   63113
www.bridgeofhopesl.org   314-312-1383
Clothing Room, Laundry and Showers. Call for times.

for id: COLLEGE CHURCH OUTREACH PROGRAM
St. Francis Xavier College Church
SFX Ballroom at 3620 Lindell (just west of Grand, entrance on Grand)  63108
www.sfxstl.org/outreach   314-266-9557
For both birth certificates and Missouri State IDs. Arrive by 8:45am on Tuesdays.

DREAM CENTER
4324 Margareta   63115   314-381-0700
Food pantry, clothing, laundry, haircuts and showers. Call for times.

EMERGENCY FOOD STAMPS/SNAP PROGRAM
Info Line: 855-373-4636 Ext. 2
EBT Customer Service Line: 800-997-7777
3101 Chouteau Ave.  63103   314-256-7000
4411 N Newstead Ave., 3rd Floor  63115   314-877-2000
Income Maintenance: 314-877-2400
Post office boxes available where mail can be received.

MERS/MISSOURI GOODWILL INDUSTRIES
1727 Locust St.  63103
www.mersgoodwill.org   314-241-3464
Job opportunities and counseling. Many locations.

NATIONAL RUNAWAY CRISIS HOTLINE 24-HOUR
www.nrscrisisline.org  800-RUNAWAY/ 800-786-2929

www.dmv.org/mo-missouri/id-cards.php
This website will give information about getting a state ID from the Department of
Motor Vehicles. Birth certificates also at City Hall, 1200 Market St.. Rm 126 for $15.

ST. LOUIS DEPARTMENT OF PUBLIC HEALTH
1520 Market St., Room 4050   63103
www.stlouis-mo.gov   314-612-5100
Aids and STD Testing and Info: 888-291-AIDS (2437)

SHAMROCK CLUB DAY TREATMENT PROGRAM AT ST. PATRICK CENTER
800 N. Tucker Blvd.   63101
www.stpatrickcenter.org   314-802-0700
Membership privileges available. Also many other services at St. Patrick Center.
Lunch 7 days a week, from 12 - 12:30.

PUBLIC LIBRARIES provide computers and computer labs that give immediate
access to the internet. And you can sign up for an e-mail address there.
AFFINIA HEALTH CARE
1717 Biddle St. 63106
www.affiniahealthcare.org 314-814-8700
Comprehensive treatment options, including services for opioid dependence and alcohol abuse. Primarily at Biddle location or in collaboration with other agencies.

ALTERNATIVE BEHAVIORAL CARE
255 Spencer Rd., Suite 101 St. Peters 63376
www.alternativebehavioralcare.com 636-477-6111
Children, adolescent and adult mental health and substance abuse programs that include medication assisted therapy. Opiate recovery and Suboxone assessments.

ASSESSMENT AND COUNSELING SOLUTIONS
4400 S. Lindbergh Blvd. 63127
www.aandcsolutions.com 314-849-2800
Assessment and counseling solutions. Drug and alcohol addiction. Mix of mental wellness and substance abuse services.

ASSISTED RECOVERY CENTER OF AMERICA (ARCA)
6651 Chippewa St. Louis 63109
www.arcamidwest.com 314-645-6840
Detox. In-and out-patient and transitional living treatment programs, more locations

BEHAVIORAL HEALTH RESPONSE (BHR)
www.bhrstl.org
24-hour Mental Health Crisis Line: 314-469-6644 or 800-811-4760

BLACK ALC DRUG SERVICE INFORMATION CENTER (BASIC)
3654 South Grand. 63118
www.basicinc.org 314-621-9009
Drug and alcohol addiction. Substance abuse treatment services.

BRIDGEWAY BEHAVIORAL HEALTH (Several Locations)
St. Louis City Center 1027 S. Vandeventer 63110
St. Charles Center 1570 S. Main St. St. Charles 63303
www.bridgewaybh.com 866-758-1152
Medically-assisted detoxification. Assault, domestic violence, recovery, mental health, adolescent outpatient. SATOP. 12 locations. Some housing, residential.

CENTER FOR LIFE SOLUTIONS, INC.
9144 Pershall Rd. Hazelwood 63042
www.centerforlifesolutions.org 314-731-0100
Crisis Intervention Hotline: 314-302-6728
Medication-assisted and methadone treatment programs.

CENTERPOINTE HOSPITAL
4801 Weldon Spring Parkway St. Charles, MO 63304
www.centerpointehospital.com 636-441-7300 or 800-345-5407
Dual diagnostic treatment. Adolescent outpatient, behavioral health services including residential treatment programs. Several outpatient locations.
CENTREC CARE, INC.
1030 Woodcrest Terrace Dr.  63141
www.centreccare.com  314-205-8068
Drug and alcohol addiction, detox, buprenorphine treatment. Special Programs. Teenagers, persons with co-occurring mental and substance abuse disorders.

CLAYTON BEHAVIORAL
9890 Clayton Rd., Suite 100  63124
www.claytonbehavioral.com  314-222-5830
Drug and alcohol outpatient addiction programs. Medically-assisted detox (VIVITROL®, Antabuse, Acamprosate and SUBOXONE®).

COMMUNITY SERVICES OF MO
4456 S. Lindbergh Blvd.  63127
www.DWlproms.com  314-849-6855

COMPREHENSIVE BEHAVIORAL HEALTH CENTER
505 South 8th St. East St. Louis, IL  62201
www.cbhc1.org  618-482-7330 (Office)
Mental health and substance abuse treatment, rehabilitative and social support24/7. Works with Alton Mental Health Center. Emergency and Crisis Intervention. COMTREA
www.comtrea.org  636-931-2700
Several Jefferson County and South County locations. Substance abuse treatment services, psychiatric services, individual and group therapy, and special programs for domestic violence, as well as 24-hour crisis services.

CROSSROADS PROGRAM
626 Cepi Dr. Chesterfield  63005
www.thecrossroadsprogram.com  636-532-9991
A drug and alcohol rehab center for teens. St. Louis, Kansas City and Columbia.

DRUG COURT PORTAL: PREFERRED FAMILY HEALTHCARE
www.pfh.org/portal-drug-court
Virtual World Treatment for Drug Court Participants. Treatment is facilitated in a 3D virtual environment in conjunction with drug court provisions.

GIBSON RECOVERY CENTER
340 S. Broadview, Cape Girardeau, MO 63701
www.gibsonrecoverycenter.org  573-332-0416
In and outpatient drug and alcohol treatment, southeast Missouri communities.

HARRIS HOUSE
8315 S. Broadway  63111
www.harrishouse.org  314-631-4299

HAVEN RECOVERY HOMES
www.havenrecoverystl.com  314-930-9384
Residential treatment with live-in housing managers, support meetings and resource assistance in structured alcohol-and drug-free living environment.

HEARTLAND CENTER FOR BEHAVIORAL CHANGE
www.heartlandcbc.org/  Toll-free number: 866-242-6670
Several locations including Springfield and Branson. SATOP and PREA resources.
HILLJACK HOUSE  
www.hilljackhouse.org   314-255-3964  
Supportive sober apartment living in south city buildings for men and women trying to overcome substance addictions. Call or view their website for more information.

HOPEWELL MENTAL HEALTH SERVICES  
5701 Delmar Blvd 63112  
Provides mental health case management and psychiatric services. On site pharmacy for prescription medications. No walk-ins.

HYLAND BEHAVIORAL HEALTH CENTER (Mercy)  
St. Anthony’s Medical Center  10018 Kennerly Road  63128  
314-525-7275

METROPOLITAN PSYCHIATRIC CENTER OF ST. LOUIS  
5351 Delmar Blvd.  63112  
www.dmh.missouri.gov/mpc      314-877-0500  
Detox. Persons with co-occurring mental and substance abuse disorders. State or government financed insurance. Forensic programs.

MIDWEST INSTITUTE FOR ADDICTION  
711 Old Ballas Rd., Suite 203 63141  
www.midwestinstituteforaddiction.org 314-569-2253  
Inpatient and outpatient treatment programs. Medically assisted treatment and counseling to treat alcohol and drug addiction. Sliding scale and financing options.

MO NETWORK FOR OPIATE REFORM AND RECOVERY  
4022 South Broadway  63118  
www.monetwork.org  314-717-3472  24 hour help line at 1-844-REBEL-UP.  
Legislative reform, harm reduction, family support, resources for detox and treatment placement. Also legal services. Free 12 panel drug screen test and Narcan. Now offering a syringe exchange program.

MISSOURI OPIOID STATE TARGETED RESPONSE  
www.dss.mo.gov/opioid-crisis-response.htm

NOMODEATHS  
www.nomodeaths.org/  
The Missouri Opioid State Targeted Response (STR) and Missouri State Opioid Response (SOR) projects are expanding access to integrated prevention, treatment, recovery support, and harm reduction services for individuals with opioid use disorder (OUD) throughout the state. Syringe exchange.

NCADA National Council on Alcohol and Drug Abuse  
9355 Olive Boulevard  St. Louis, MO 63132  
www.ncada-stl.org  314-962-3456  
Substance use assessments. Naloxone (Narcan ) training.

ST LOUIS METRO TREATMENT CENTER/REHAB  
9733 St. Charles Rock Rd, Breckenridge Hills 63114  
www.sobernation.com/  314-423-7030  
Medication-assisted treatment including methadone. Supportive services and more

OXFORD HOUSE  
2715 Osage St.  63118  
www.oxfordhouse.org  314-772-6771  
National, self run, self supported, addiction recovery houses.
PLACES FOR PEOPLE
1001 Lynch St. 63118
www.placesforpeople.org 314-535-5600
Substance Abuse Intake: 314-615-2119
Outpatient services for substance use disorder or mental health disorders.

PREFERRED FAMILY HEALTHCARE, INC.
3800 S. Broadway 63118
www.pfh.org 314-772-2205
Behavioral health organization offering substance abuse treatment, prevention, and mental health services, including eight locations in St. Louis and the Metro area.

PROVIDENT, INC.
www.providentstl.org SEVERAL LOCATIONS.
Life Crisis Hotline 314-647-HELP (4357) or 1-800-273-TALK (8255)
For first appointment, call: 314-533-8200 or 800-782-1008 314-898-0101
Mix of mental wellness, counseling, and substance abuse services. Sliding scale.

QUEEN OF PEACE CENTER
325 N. Newstead St. 63108
www.qopcstl.org 314-531-0511 Ext. 1
Drug and alcohol addiction services, Supportive and permanent housing at five locations and at scattered community sites. Walk-In Clinic Hours For Women and Children: Monday – Friday, 9am – 3pm.

REFUGE RECOVERY
A Buddhist Path to Recovering from Addiction
www.refugerecovery.org
Mindfulness-based addiction recovery based on Buddhist philosophy. Website lists local and national locations and more. All are welcome.

SALVATION ARMY ADULT REHAB CENTER (ARC)
3949 Forest Park Blvd. 63108
www.satruck.org 314-535-0057
Men’s non-clinical residential rehab and work for chemical dependency.

SALVATION ARMY
2900 Washington Blvd. 63103
314-652-3310
Drug and alcohol addiction, detox and rehab programs up to 21 days. No residential. Now accepting women on out-patient basis, veterans.

SAMHSA: SUBSTANCE ABUSE SERVICES LOCATOR
www.samhsa.gov www.suicidepreventionlifeline.org
Suicide Prevention Lifeline 800-273-TALK (8255)
A comprehensive website that provides a treatment locator and many other resources.

SATOP Substance Abuse Traffic Offender Program
www.dwiprograms.com
Many locations, programs and phone numbers listed on this website.

SMART RECOVERY (Self-Management and Recovery Training)
www.smartrecovery.org
Participants learn tools for addiction recovery based on the latest scientific research and participate in a world-wide community which includes free mutual help groups.

SOUTHEAST MISSOURI BEHAVIORAL HEALTH
www.semocrtc.org 800-455-5749
Many locations listed on their website. Admissions accepted 24/7.

STEPPING INTO THE LIGHT MINISTRY
1402 Hebert 63107 www.sitlm.org 314-231-5175 or 314-213-4697
90-day residential treatment program for drug and alcohol abuse.

ST. LOUIS EMPOWERMENT CENTER (Depression Bipolar Support Alliance)
907 Dock Street 63147
A drop-in center for mental health and substance abuse recovery self-help meetings.

ST. LOUIS METRO TREATMENT CENTER
9733 St. Charles Rock Rd. Breckinridge Hills 63114
www.methadonetreatment.com 314-423-7030
Outpatient clinic specifically for opioid class of drugs, including prescription meds.

ST. LOUIS VALLEY HOPE
12777 Olive Blvd. 63141 314-514-9220 or 800-544-5101
Boonville: 1415 Ashley Rd. 65233 660-882-6547 www.valleyhope.org

ST. LOUIS VETERANS AFFAIRS MEDICAL CENTER
915 N. Grand St. 63106
www.va.gov 314-652-4100 Ext. 5
Jefferson Barracks Division #1 Jefferson Barracks Dr. 63125 314-894-6693
Drug and alcohol addiction, detox, methadone, detox, halfway house, more.

ST. PATRICK CENTER
800 N. Tucker Blvd. 63101
www.stpatrickcenter.org 314-802-0693
Drug and alcohol addiction services and Shamrock Club. Lunch every day.

ST. VINCENT HOME FOR CHILDREN
7401 Florissant Road 63121
www.saintvincenthome.org 314-261-6011
Residential and outpatient substance abuse treatment programs for youth.

SYRINGE EXCHANGE
MISSOURI SAFE PROJECT
www.mosafe.org 314-610-0999
A program to end new HIV/HEP C infections and promote harm reduction.

WEST END CLINIC, INC.
5736 W. Florissant Blvd. 63120
www.westendclinic.org 314-381-0560
Methadone services. Detoxification, halfway house, partial hospitalization/day treatment, intensive outpatient treatment.

WISH CENTER SSM Health St. Mary’s Hospital
1035 Bellevue, Suite 205 Richmond Heights 63117
www.ssmhealth.com/locations/location-details/wish-center 314-768-8230
*The Women and Infants Substance Help (WISH) provides comprehensive high risk maternity care to pregnant women who are dependent on opioid drugs.*
Call 2-1-1 or visit www.211helps.org/

CARDINAL RITTER SENIOR SERVICES
314-918-2258 Utilities only.
Clients must be 60 years of age and older. City residents in threat of disconnect.

COOL DOWN ST. LOUIS/HEAT UP ST. LOUIS
www.cooldownstlouis.org  www.heatuptstlouis.org  314-241-7668
Websites with information about utility assistance, tips, and much more.

DOLLAR HELP/UTILITY ASSISTANCE
www.dollarhelp.org  Spire Assistance Number: :800-887-4173
Locations and phone numbers of agencies offering utility assistance.

ENERGY CARE
2758 Wyoming St. 63118
www.energycare.org  314-773-5900
Provides a variety of services for low-income seniors (60+), people living with chronic illnesses and disabilities, and families with children under five.

FATHER BOB’S ST. AUGUSTINE CATHOLIC CHURCH
1371 Hamilton Ave. 63112
www.fatherbobsoutreach.com  314-385-1934
Utility and rental assistance every Monday, Wednesday, Friday to the first 30 people in line by 6:00am. Must have ID, utility bill or rental agreement and $25 cash or money order which will be matched with up to $75 toward the bill. Food pantry and clothing:

FRANCISCAN CONNECTION
2903 Cherokee St. 63118
www.franciscanconnection.org  314-773-8485
Utility assistance, bus passes, school supplies, new shoes.

NEW LIFE EVANGELISTIC CENTER
2428 Woodson Road  Overland, MO 63114
www.newlifeevangelisticcenter.org  314-421-3020

PEOPLE’S COMMUNITY ACTION CORPORATION
People’s Community Action Corporation (North City and Wellston)
4236 Lindell Blvd, Suite 300  63108
www.pcacstl.org/  314-862-6270

SALVATION ARMY
314-646-3000
824 Union Rd St. 63123  314-631-1133
Salvation Army Gateway Corps
824 Union Rd St. 63123 314-631-1133
Referral to utility assistance throughout the area by zip code.

URBAN LEAGUE UTILITY ASSISTANCE
www.ulstl.com
LOCATIONS: www.ulstl.com/locations.html
Agency Headquarters: 1408 N. Kingshighway Blvd.  63113
314-615-3600
Many locations. Call main number above or check website.
CRISIS LINE
1-800-273-8255, press 1. (24/7)
Live Chat with the Veterans Crisis Line (24/7)

SUICIDE PREVENTION HOTLINE
800-273-TALK (8255) Press 1 for veterans

HOPE RECOVERY CENTER
515 North Jefferson Ave. 63103
314-652-4100 Ext. 55460
Transitional outpatient services including a Homeless Veterans Program.

FREEDOM PLACE APARTMENTS
4011 Delmar Blvd. 63108
www.freedomplaceapts.com 314-534-9226
Newly rehabbed building, furnished apartments, veterans services.

EMPLOYMENT CONNECTION
2838 Market St. 63103
www.employmentstl.org 314-333-JOBS (5627)
Homeless Veterans Reintegration Program Job placement services and housing.
Supportive services for families. Rental assistance, deposits, utilities, etc.

HELP FOR HOMELESS VETERANS: 877-424-3838

H.E.R.O.E.S. Care
1306 R West Lark Industrial Dr. Fenton 63026
www.heroescare.org 636 600-0096
Food, clothing, financial assistance more for veterans, active military, and families.

THE MISSION CONTINUES
1141 South 7th St. 63104
www.missioncontinues.org 314-588-8805
Veterans engage in community service in St. Louis and nationwide to continue their service in a meaningful way.

MISSOURI VETERANS COMMISSION
205 Jefferson Street, 12th floor Jefferson City, MO 65102
www.mvc.dps.mo.gov 573-751-3779
A portal for benefits, including assistance related to veterans homes, skilled nursing care, cemeteries, VA and state benefit claims, application assistance, more.

MOVE: MISSOURI VETERANS ENDEAVOR
8410 Engler Park Ct. St. John 63114
www.move-stl.org 314-778-9497
Non-profit organization that provides long-term supportive housing and services to veterans and family members. Near Highway 170.

MY NEXT MOVE FOR VETERANS
www.mynextmove.org

NATIONAL ARCHIVES FOR VETERANS SERVICE RECORDS
www.archives.gov/veterans/military-service-records
1-86-NARA-NARA or (1-866-272-6272)
PTSD TREATMENT INFORMATION AND SUPPORT GROUPS
National Center for PTSD
www.ptsd.va.gov/gethelp/index.asp

RELEASE TO RENT FOR VETERANS
Criminal Justice Ministry
1104 South Jefferson  63104
www.cjmstlouis.org  314-652-8062
Supportive housing for veterans who are homeless and have a criminal record.

STAND DOWN: National Coalition for Homeless Veterans
1730 M St. NW, Suite 705 Washington, DC  20036

ST. LOUIS COUNTY VETERANS PROGRAM
9666 Olive Blvd., Suite 510  63132
www.stlouisco.com  314-615-4516  TTY: 800-735-2966
Various services including case management, referral for benefits, legal, medical,
employment, housing and transportaion assistance.
North County: 21 Village Square, Hazelwood,  63042  314-625-4000
South County: 4548 Lemay Ferry Rd.  63129  314-615-4000
Community Outreach:  314-615-7433

ST PATRICK CENTER Supportive Services for Veterans Families (SSVF)
800 N. Tucker St. Louis MO. 63101  314-802-0700
For homeless veteran families in St. Louis area and rural counties. Rapid-re-housing,
short-term housing assistance, case management services, and more.

US DEPARTMENT OF VETERANS AFFAIRS
St. Louis Regional Benefit Office
400 S  18th St.  63103
www.va.gov/directory/guide  800-827-1000
Addresses, phone numbers, programs, benefits, job openings specifically for veterans.

VA MEDICAL CENTER
www.stlouis.va.gov
800-228-5459  314-652-4100 Ext. 53772
314-289-6418 (Methadone Clinic)
314-894-6693
John Cochran Division: 915 N Grand Blvd.  63106
Jefferson Barracks Division: #1 Jefferson Barracks Dr.  63125

VETERANS BENEFITS and other VA information: 800-827-1000
http://www.stlouis.va.gov
Addresses, phone numbers, programs, job openings specifically for veterans.

VETERANS CRISIS LINE
www.veteranscrisisline.net  800-273-8255  TTY: 800-799-4889
Connects veterans in crisis (and their families and friends) with Dept. of Veterans
Affairs responders through a confidential, toll-free hotline, online chat, or text.

VETERANS FOR PEACE
3407 S. Jefferson #219  63118
www.veteransforpeace.org  314-725-6005
International organization of military veterans, military family members, and allies
dedicated to building a culture of peace Over 120 chapters across the US and abroad.
YOUTH SERVICES

24/7 Youth Connection Helpline: 877-928-2929 or 314-628-2929
24-Hour Help Line: 636-946-3771
National Suicide Prevention Lifeline: 800-273-TALK (8255)
Or use the online services to chat, email, or post on the forum.
www.1800runaway.org
CRISIS TEXT: Text START or GO to 741741     www.crisistextline.org
National Runaway Safeline     www.1-800runaway.org   800-786-2929

ANNIE MALONE Children and Family Service Center
2612 Annie Malone Dr.  63113
www.anniemalone.com   314-531-0120
Crisis center, day care, services for teenagers through community programs.

B-WORKS
2414 Menard St.  63104
www.bworks.org   314-827-6640
Earn a computer, fix up a bike to keep, write a book. Programs for kids.

BIG BROTHERS BIG SISTERS
www.bbbsemo.org
501 N. Grand Blvd., Suite 100  63103  314-361-5900
28 Portwest Court  St. Charles, MO 63303  314-361-5900
Parenting education, self-help, counseling and more.

BJC BEHAVIORAL HEALTH
Administrative Offices, Referrals and Call Center
1430 Olive St., Suite 400  63103 314-206-3700
After hours: 314-469-6644 or toll-free 800-811-4760
Monday-Friday 8:00 am-5:00 pm. Call or check their website for other locations and more Behavioral Health services. Check website for locations throughout the metro area and Potosi, Farmington, and Ironton.

BOYS AND GIRLS CLUBS of GREATER ST. LOUIS
https://www.bgcsstl.org/  314-335-8000
2901 North Grand Blvd.   63107
Many programs, including summer camps and health.

BOYS HOPE GIRLS HOPE
8027 Elinor Avenue
Richmond Heights, Missouri 63117
www.boyshopegirlshopestl.org/   314-776-9406
Programs, including residential, to receive support on their journey to college and beyond. Academic resources, and mentor relationships.

BUILDING FUTURES: Design and Build Workshop
2720 N. 13th St. St. Louis, MO 63106
www.building-futures.org   314-241-7222
Free Saturday classes with professional instructors. Also, in schools & camp.

CAP4KIDS (Children’s Advocacy Project)   www.cap4kids.org
Many services listed, including employment, training health care and housing.
CENTER FOR YOUTH ON THE RISE
12075 Bellefontaine Rd.  Spanish Lake  63138
www.stlouisco.com  314-355-2348
Ages 12 to 19. A variety of activities and services. Life skills workshops, counseling services, educational support, employment preparation, legal assistance.

CHADS COALITION (for Mental Health)
421 Union Rd 63129  www.chadscoalition.org  314-952-2046
Suicide and bullying prevention programs including SOS/Signs of Suicide.

COLLEGE BOUND
110 North Jefferson  63103
www.collegeboundstl.org  314-361-4441
Information and resources on how to plan, pay for and pursue a college education.

COMMUNITY WOMEN AGAINST HARDSHIP
3963 West Belle Place 63112
www.cwah.org  314-289-7523
Many anti-poverty family and youth based programs.

COVENANT HOUSE
2727 North Kingshighway  63113
www.covenanthousemo.org  314-533-2241
Shelter, food, showers, laundry facilities, information, referrals, and crisis intervention.

EPWORTH’S YOUTH DROP-IN CENTER/STREET OUTREACH
7520 Natural Bridge Rd. Normandy  63121
Mon-Thu 12pm-5pm; Friday 1-5pm and some evenings. Laundry and shower; safer sex kit, legal aid, and birth certificate and ID assistance; support for LGBTQ youth.

FAITHWALK
www.faithwalkincorporated.org
314-885-1305 call or text
LOCKER PROGRAM: Storage space provided for youth ages 18-25 experiencing homelessness. Required to maintain regular contact with FaithWalk and be working toward self-identified goals.

FREEDOM ARTS ACADEMY
826 N. Union Blvd.  63108
www.faecstl.org/Over 50 Art and Academic Interactive Workshops for students of all ages and backgrounds.

Support for GAY, LESBIAN, BISEXUAL AND TRANSGENDER (GLBT) YOUTH
GLBT National Youth Talk  800-246-7743

GREAT CIRCLE
330 North Gore Avenue  63119
www.greatcircle.org  844-424-3577
Individual and family counseling, crisis support, mental health services, learning challenges, and more. Website shows locations throughout the state.

GUARDIAN ANGEL SETTLEMENT ASSOCIATION
Child Development Center & Administration
1127 N. Vandeventer Ave.  63113
www.gasastl.org  314-231-3188
Programs for children from birth to six years of age. Cost is based on a family’s ability to pay. Licensed and accredited, and a partner of Head Start and Early Head Start.
HARAMBEE YOUTH TRAINING
1142 Hodiamont Ave.  63112
www.restorestlouis.org  314-726-2302
Job training and skill development in construction trades with a concentration on tuckpointing. For ages 12 - 18. After school and summer programs available.

JEWISH FAMILY AND CHILDREN SERVICES
10950 Schuetz Rd.  63146
www.jfcs-stl.org  314-993-1000
Counseling and prevention programs. Assist the elderly, protect children at risk, provide food and services for the needy, resolve family problems. Services regardless of age, race, religion, ethnicity, gender or sexual orientation.

KIDS UNDER TWENTY ONE (KUTO)
2718 S. Brentwood Blvd.  63144
www.KUTO.ORG/
Crisis prevention, suicide intervention. Staffed by trained youth volunteers

LIFEWISE STL (Formerly Kingdom House)
1321 South 11th St.  63104
www.kingdomhouse.org  314-421-0400
Early Childhood Center, Literacy-focused After School and Summer Camp, and Kingdom Academy for teens. Call for eligibility & geographic areas served.

LUTHERAN FAMILY AND CHILDREN’S SERVICES OF MISSOURI
Several location, check website or call.
www.lfcsmo.org.  314-258-6169 or 314-787-5100
800-785-8546 24-hour support for women considering adoption
Pregnant and parenting teens, Nurturing Kids program, respite care services, individual, family and group counseling

MARYGROVE
2705 Mullanphy Ln.  Florissant  63031
www.marygrovechildren.org  314-830-6201
Transitional housing and crisis care for children who are in need of emergency care due to homelessness, abuse/neglect, parental stress, illness, incarceration of a parent.

MATHEWS-DICKEY BOYS’ AND GIRLS’ CLUB
4245 North Kingshighway Blvd.  63115
www.mathews-dickey.com  314-382-5952
Arts, education enrichment, gardening, leadership development, sports, summer camp.

MOTHERS WAY CAREER COUNSELING
4134 Seven Hills Dr, Florissant, MO 63033
www.motherswaycc.com  314-561-8507
Housing, child care and services for youth transitioning from foster care.

OUR LITTLE HAVEN
PO Box 23010,  63156
www.ourlittlehaven.org  314-533-2229 or 314-531-3183
Foster care, Keystone Mental Health, day treatment programs for very young children.

PARENT LINK WARM LINE
www.parentlink.missouri.edu 800-552-8522 or submit a question online.
To call locally: 573-882-7323.
A resource for Missouri families and professionals serving families
PIANOS FOR PEOPLE
3138 Cherokee Street  63118
and
First Baptist Church
333 North Florissant Rd
Ferguson MO 63135
www.pianosforpeople.org  314-285 5852
Free pianos, music lessons, music camps, performances. Income based.

ST LOUIS ARTWORKS
5959 Delmar Boulevard  63112
www.stlartworks.org  314-899-9734
In-depth art instruction, employment training, and life skills focused on personal health, fiscal literacy, and environmental stewardship. In all programs, teens earn a stipend, are required to have a bank account, and attend financial literacy training.

STL WORKS
7701 Forsyth Blvd.  63105
www.stl.works  314-615-7663
Employment and training initiative for high school students and beyond in the fields of tech, health care, manufacturing and the trades. High paying entry-level jobs without a college degree. Partnering with regional employers.

ST. LOUIS YOUTHBUILD
93 North Oaks Plaza  63121
www.youthbuild.org (national organization) 314-261-0202
YouthBuild St Louis Americorps is an alternative education, construction training, employment, pre-apprenticeship, and leadership development program serving low-income St Louis youth ages 18-24.

ST. LOUIS YOUTH JOBS
www.stlyouthjobs.org  314-499-8176
career assessment, financial literacy and job readiness training, employment experience. Works with partner corporations to provide training and future employment.

THE SPOT (for ages 13-24)
4169 Laclede Ave.  63108
www.thespot.wustl.edu/  314-535-0413
Drop-in center open weekday afternoons. Laundry, showers, medical, testing, more.

TREVOR PROJECT
www.trevorproject.org  866-488-7386
National organization providing crisis intervention, resources, to LGBTQ young people.

YOUTH AND FAMILY CENTER
818 Cass Ave.  63106  www.theyfc.org  314-231-1147
Youth programs, summer camp, and family support services, including Freedom School

YOUTH IN NEED /YOUTH CONNECTION
Text: 4HLP to 31658
www.youthinneed.org  636-946-5600  24-hour Crisis Hotline: 636-946-3771
St. Louis City, County and St. Charles. Emergency housing. Teen parent program, classes, outreach. Also counseling, early learning, crisis intervention.