Recognizing and Responding to Suicide Risk (RRSR): Essential Skills for Clinicians

The RRSR is a skills-based interactive training workshop that includes: two full days of face-to-face training that provides time to gain knowledge and practice skills, using multiple case application exercises, of importance to everyday clinical practice.

The overall purpose of this training is to reduce suicidal behaviors and completed suicides in the at-risk population of individuals who interact with mental health professionals. This training is skills-based and will include significant time for role-playing, video analysis, and discussion.

RRSR was designed to meet the needs of:

- Professional Counselors
- Psychologists
- Psychiatrists
- Psychiatric Nurses
- Substance Abuse Counselors
- Social Workers
- Marriage & Family Therapists
- Pastoral Counselors
- Other Counselors

The curriculum is based on a set of 24 core competencies derived from empirical evidence and best practices based on the perspectives and knowledge of a task force comprised of the world’s leading clinical and research experts.

Professional training programs rarely systematically teach how to adequately recognize when a client is at risk for suicide, nor do they teach standard of care interventions tied to a clinician’s formulation of a client’s risk. Moreover, few clinicians are up to date with the latest research literature on suicide risk assessment and treatment models.

The RRSR training is designed to increase your competence and confidence. With 90% of suicide deaths linked to an untreated or under-treated mental health disorder, it is imperative that every clinician be able to accurately identify empirically-based chronic and acute risk factors, reasonably formulate a client’s risk, and develop and implement a treatment plan tied to that formulation of risk.

*Please note, amid the COVID-19 disruptions, we do not have training dates on the calendar at this time, but please contact jtinch@suicidology.org for updated information.*