



# Sex and Gender HEALTH EDUCATION SUMMIT

*Innovative and Sustainable Curriculum Integration*



September 11 - 13, 2020 | Thomas Jefferson University | Virtual Meeting



American Medical Women's Association  
The National Voice of Women in Medicine since 1915



INSTITUTE for WOMEN'S HEALTH  
TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER



Thomas Jefferson University  
SCHOOL OF NURSING, MEDICAL EDUCATION

# XXYY Sex and Gender

HEALTH EDUCATION SUMMIT  
Innovative and Sustainable Curriculum Integration



September 11 - 13, 2020 | Thomas Jefferson University | Virtual Meeting

**Please be sure to watch Module 1: Adopting Core Educational Tenets for Sex and Gender Specific Health Education before the start of the Summit (30 minutes).**

## SPONSORS



## CHAIRS' STATEMENT

Dear Colleagues,

Welcome to the 2020 Sex and Gender Health Education Summit.

Building on the work of the 2018 Summit, this meeting convenes faculty and students from around the world, representing medicine, nursing, dentistry, pharmacy, physical therapy, occupational therapy, emergency medical services, and other health professions. We are excited to present core educational tenets for sex and gender specific health as well as innovative ways to integrate these concepts into established curricula. Our hope is to train the next generation of healthcare providers to approach patient care through a sex/gender lens.

We would like to thank our 2020 Summit lead sponsors – the American Medical Women's Association, Laura W. Bush Institute for Women's Health, Mayo Clinic, and Thomas Jefferson University, our supporting sponsors – University of Utah Health, National Association of Nurse Practitioners in Women's Health, Brown University Division of Sex and Gender in Emergency Medicine, Florida State University College of Medicine, HealthyWomen, Drexel University College of Medicine, and Philadelphia College of Osteopathic Medicine as well as our distinguished speakers and planning teams, without whom this Summit would not have been possible.

Sincerely,

Juliana (Jewel) M. Kling, MD, MPH, NCMP, FACP  
Ana Maria Lopez, MD, MPH, MACP

Rebecca B. Sleeper, PharmD, FCCP, FASCP, BCPS  
Eliza Lo Chin, MD, MPH, FACP, FAMWA

## EXECUTIVE PLANNING COMMITTEE

**Juliana (Jewel) M. Kling, MD, MPH, NCMP, FACP (SCIENTIFIC PROGRAM CO-CHAIR)**  
Associate Professor of Medicine, Division of Women's Health Internal Medicine, Mayo Clinic Arizona

**Rebecca B. Sleeper, PharmD, FCCP, FASCP, BCPS (SCIENTIFIC PROGRAM CO-CHAIR)**  
Senior Associate Dean of Curricular Affairs  
Professor of Pharmacy Practice, Geriatrics  
Texas Tech University Health Sciences Center, School of Pharmacy

**Ana Maria Lopez, MD, MPH, MACP (HOST CO-CHAIR)**  
Professor and Vice Chair  
Sidney Kimmel Cancer Center Thomas Jefferson University

**Karen Novielli, MD (HOST CO-CHAIR)**  
Vice Provost for Faculty Affairs  
Vice Dean for Faculty Affairs and Professional Development  
Thomas Jefferson University

**Eliza Lo Chin, MD, MPH, FACP, FAMWA (PROGRAM DIRECTOR)**  
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Graduate Student, Texas Tech University

**Lauren Walter, MD (OUTREACH CHAIR)**  
Associate Professor, Emergency Medicine  
University of Alabama at Birmingham

**Janice Werbinski, MD (POSTER CO-CHAIR)**  
Clinical Associate Professor Emerita, Western Michigan University  
Homer R. Stryker M.D. School of Medicine  
Executive Director, AMWA Sex and Gender Health Collaborative  
President-elect, American Medical Women's Association

**Marjorie R. Jenkins, MD, MedHP, FACP (SENIOR ADVISOR)**  
Dean, University of South Carolina School of Medicine, Greenville  
Chief Academic Officer, Prisma Health Upstate

**Alyon J. McGregor, MD, MA, FACEP (SENIOR ADVISOR)**  
Associate Professor of Emergency Medicine  
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Thomas Jefferson University

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University of Washington School of Dentistry

**Virginia Miller, PhD**  
Professor of Surgery and Physiology  
Director, Women's Health Research Center  
Mayo Clinic

**Connie Newman, MD, FACP, FAMWA**  
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Past President, American Medical Women's Association

**Susan Rawlins, RN, MS, WHNP-BC**  
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**Lorie Richards, PhD, OTR/L**  
Chair and Associate Professor  
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Associate Professor of Pharmacy Practice  
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## FACULTY

**Anthony Betteridge, BS**  
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**Margaret Burnett, PhD**  
Distinguished Professor of Computer Science  
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**Craig Cox, PharmD**  
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**Chyren Hunter, PhD**  
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National Institutes of Health

**Marjorie R. Jenkins, MD, MedHP, FACP**  
Dean, University of South Carolina School of Medicine,  
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**Juliana (Jewel) M. Kling, MD, MPH, NCMP, FACP**  
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## WORKSHOP FACILITATORS

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## HOST COMMITTEE

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## CONTINUING PROFESSIONAL DEVELOPMENT

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**Ariel Levine**  
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**Marie Destin**  
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Thomas Jefferson University

## OUTREACH COMMITTEE

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Director of Undergraduate and Professional Programs  
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**Lorie Richards, PhD, OTR/L, FAHA**  
Chair, Occupational and Recreational Therapies Department  
Editor-in-Chief, American Journal of Occupational Therapy  
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**Kelly Reiger, MSN PNP**  
Chief Operating Officer, Show Me Your Stethoscope

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**Sineha Chaturvedi, BA**  
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Media Specialist and Student Co-Chair  
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### OUTREACH INTERNS

Seema Azim	Sahara Rahman
Emmanuella Alawode	Rebecca Samuels
Brianna Fitzpatrick	Liah Seluk
Sarah Gajasinghe	Sameera Shaik
Benita Gollamudi	Maryam Siddiqui
Lori Horhor, BA	Keerthana Swathasan
Rhea Jacob	Sophia Velasco
Sally Kwon Kim	Catherine Villaverde
Kristine Lalic, BA	Falisha Verma
Roshni Patel	Kathleen Walsh
Brittne Phan	Megha Wojara

## EXHIBITORS

American Medical Women's Association  
Drexel University College of Medicine  
Jefferson University  
Laura W. Bush Institute for Women's Health  
Mayo Clinic  
Philadelphia College of Osteopathic Medicine

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## SUMMIT LOGISTICS

The conference will be held virtually by Zoom webinar. All attendees will be emailed an attendee specific link to attend, which will remain constant each day.

**Jefferson University Meeting Webpage:** <https://cpdevents.jefferson.edu/sghe-landing>

All Summit registrants will be given the passcode to enter the webpage. Please do not share this password. Check your email for a message from [jeffersoncpd@jefferson.edu](mailto:jeffersoncpd@jefferson.edu) with the subject line -- Important: Sex and Gender Health Education Summit Conference Information.

**SGHE Summit Webpage:** [sghesummit.com](https://sghesummit.com)

Follow the link to the Virtual Summit Webpage. All Summit registrants will be given the passcode to enter the webpage. Please do not share this password. Check your email for a message from [jeffersoncpd@jefferson.edu](mailto:jeffersoncpd@jefferson.edu) with the subject line -- Important: Sex and Gender Health Education Summit Conference Information. This webpage will host all materials and session recordings for one year after the Summit.

### Whova Meeting App

The SGHE Summit is thrilled to be using the Whova Meeting App. Please download the app as we will use Whova throughout the Summit for activities and networking. Whova allows quick and easy access to conference program information, speaker bios, session presentations, and other resources. You can network and connect with attendees through the Whova Summit Community.

Instructions: (1) Go to the App Store on your mobile device. (2) Download Whova (free). (3) Search for SGHE within Whova (enter access code: SGHE).

**Questions?** Please e-mail [JeffersonCPD@jefferson.edu](mailto:JeffersonCPD@jefferson.edu).

**Follow us on twitter @SGHealthEd #SGHESummit**

### Pre-Conference Module "Adopting Core Educational Tenets for Sex and Gender Specific Health Education" (Interdisciplinary Session)

Rebecca B. Sleeper, PharmD, FCCP, FASCP, BCPS  
Professor of Pharmacy Practice, Geriatrics  
Senior Associate Dean of Curriculum, Assessment, and Accreditation  
TTUHSC School of Pharmacy

Access the Pre-Conference Module on the SGHE Summit webpage [sghesummit.com](https://sghesummit.com).

Sex and Gender Health Education Summit  
Friday-Sunday, September 11-13, 2020

AGENDA

DAY 1: Friday, September 11, 2020	
5:00PM - 5:30PM EDT	Log On & Exhibits*
5:30PM - 5:45PM EDT	<p><b>Welcoming Remarks and Logistics*</b> Speakers: <i>Ana Maria Lopez, MD, MPH, MACP &amp; Eliza Chin, MD, MPH, FACP, FAMWA</i></p>
5:45PM - 6:15PM EDT	<p><b>Winning Poster Presentations*</b> Speaker/Moderator: <i>Janice Werbinski, MD</i></p> <p>Winning Presentations (listed in no particular order)</p> <ul style="list-style-type: none"> <li>"Medical Students Take Lead to Educate Faculty on the Use of Sex and Gender Terminology in Pre-Clinical Courses." <i>Hallie Tolo, Rachael Conger, Victor Magana, Jessica Smoko, Sean La Bodda, Samuel Polhemus, Sandra Pfister, PhD</i></li> <li>"Sex and Gender Based Women's Health: A Practical Guide for Primary Care." <i>Sarah Tilstra, MD, MS, Bridgid Dolan, MD, MEd, Julie Mitchell, MD, Michael P. Carson, MD, Deborah Kwolok, MD</i></li> <li>"Sex and Gender Topics in Medical Student Learners: Follow Up." <i>Ann Rydberg, Virginia M. Miller, PhD, Matthew Buras, Jaxon K. Quillen, Juliana M. Kling, MD, MPH</i></li> </ul>
6:15PM - 6:20PM EDT	<p>Introduction of Dr. Legato Speaker: <i>Connie Newman, MD, FACP, FAMWA</i></p>
6:20PM - 7:30PM EDT	<p><b>Keynote Lecture: "Gender Specific Medicine in the Genomic Era"</b> <i>Marianne J. Legato, MD, PhD (Hon), FACP</i> Emerita Professor of Clinical Medicine, Columbia University Adjunct Professor of Medicine, Johns Hopkins</p>
7:30PM - 7:35PM EDT	<p>Discussion of Workshops Speaker: <i>Juliana (Jewel) Kling, MD, MPH, NCMP, FACP</i></p>
7:35PM - 7:45PM EDT	Break & Exhibits*
7:45PM - 8:45PM EDT	<p><b>Workshops</b></p> <p><b>Adopting Core Educational Tenets for Sex and Gender Education</b> Description: Inter-professional groups will meet to discuss what general tenets should be adopted to define Sex and Gender Health Education. Tenets are meant to be global, and could then be used in the future by each health profession to develop more specific competencies.</p> <p><b>Student Workshops</b> Description: Students from all health professions are welcome to join these workshops to discuss the discipline of Sex and Gender Health Education, as well as share ways how they can help promote curricula at their respective schools.</p>
8:45PM EDT	End of Day 1*

DAY 2: Saturday, September 12, 2020	
11:15AM - 12:00PM EDT	Log On & Exhibits*
12:00PM - 12:10PM EDT	<p>Welcome from the Dean*</p> <p><i>Mark L. Tykocinski, MD</i> Provost and Executive Vice President for Academic Affairs Thomas Jefferson University</p>
12:10PM - 12:15PM EDT	<p>Introduction of Dr. Jenkins Speaker: <i>Ana Maria Lopez, MD, MPH, MACP</i></p>
12:15PM - 12:45PM EDT	<p>"High Value Care: Meeting the Quadruple Aim through a Sex and Gender Lens"</p> <p><i>Marjorie R. Jenkins, MD, MedHP, FACP</i> Dean, U of SC School of Medicine Greenville Chief Academic Officer, Prisma Health Upstate</p>
12:45PM - 2:00PM EDT	<p>"Integrating Sex and Gender Health Education into Postgraduate Training: A Multidisciplinary Panel"</p> <p><i>Postgraduate Medical Training/Residency</i> <i>Juliana (Jewel) M. Kling, MD, MPH, NCMP, FACP</i> Associate Professor of Medicine Division of Women's Health Internal Medicine, Mayo Clinic Arizona</p> <p><i>Graduate School</i> <i>Virginia Miller, PhD, MBA</i> Departments of Surgery and Physiology &amp; Biomedical Engineering, Mayo Clinic, Rochester, Minnesota, USA</p> <p><i>Nursing</i> <i>Sandi Tenfelde, PhD, RN, APRN, WHNP-BC</i> Associate Professor Loyola University Chicago, Niehoff School of Nursing</p>
2:00PM - 2:15PM EDT	Break & Exhibits*
2:15PM - 3:00PM EDT	<p>Lunch Panel Presentation: "Exploring the Relevance of Gendered Innovation in All Areas, Including COVID-19"</p> <p><i>Margaret Burnett, PhD</i> Distinguished Professor of Computer Science Oregon State University, Corvallis, Oregon</p> <p><i>Saralyn Mark, MD</i> President, IGIANT®</p>

3:00PM - 3:45PM EDT	<p><b>"Advocating for Sex and Gender Integration into Board and Licensing Exams: A Firsthand Experience"</b></p> <p><b>Kim Templeton, MD, FAOA, FAMWA</b> Professor, Orthopedic Surgery The University of Kansas</p> <p><b>Kelly Ragucci, PharmD, FCCP, BCPS</b> Vice President for Professional Development American Association of Colleges of Pharmacy (AACP)</p>
3:45PM - 3:50PM EDT	<p><b>Introduction to Workshops</b> Speakers: <b>Juliana (Jewel) Kling, MD, MPH, NCMP, FACP and Rebecca Sleeper, PharmD., FCCP, FASCP, BCPS</b></p>
3:50PM - 4:00PM EDT	<b>Break &amp; Exhibits*</b>
4:00PM - 5:30PM EDT	<p><b>Workshops</b></p> <p><b>Advocating for Sex and Gender in Licensing Exams by Discipline</b> Description: Health profession specific groups (pharmacy, nursing, medicine, dentistry, physical therapy, occupational therapy, etc.) will be convened to discuss an action plan to help influence their disciplines, licensing exam and publications.</p>
5:30PM EDT	<b>Coffee Hour / Informal Discussion*</b> End of Day 2*

**DAY 3: Sunday, September 13, 2020**

11:30AM - 12:00PM EDT	<b>Log On &amp; Exhibits*</b>
	<b>Welcome from Sponsors*</b>
12:00PM - 12:15PM EDT	<p><b>Nicole Sandhu, MD, PhD, FACP, FAMWA</b> President, American Medical Women's Association</p> <p><b>Cannie Tyne, MS</b> Executive Director, Laura W. Bush Institute for Women's Health Texas Tech University Health Sciences Center</p> <p><b>Melissa (Missy) M. Morrow, PhD</b> Associate Professor of Biomedical Engineering, Mayo Clinic</p> <p><b>Ana Maria Lopez, MD, MPH, MACP</b> Professor and Vice Chair, Sidney Kimmel Cancer Center, Thomas Jefferson University</p>

12:15PM - 1:00PM EDT	<p><b>Meet the Faculty: Interactive Panel Discussion</b> "Certification for Learners in Sex and Gender Specific Health: Current and Future State in US and Canadian Programs"</p> <p><b>Chyren Hunter, PhD</b> Associate Director, Basic and Translational Research Program  ORWH</p> <p><b>Simon Williams, PhD</b> Associate Dean for Academic Affairs, Texas Tech University Health Sciences Center Laura W. Bush Institute</p> <p><b>Anthony Betteridge, BS</b> Medical Student, Texas Tech University Health Sciences Center Laura W. Bush Institute</p>
1:00PM - 2:00PM EDT	<p><b>Meet the Faculty: Interactive Panel Discussion</b> "Examples of Successful Incorporation of SGSH into Curricula: Best Practice Panel"</p> <p><b>Alyson McGregor, MD, MA, FACEP</b> Director, Division of Sex and Gender in Emergency Medicine (SGEM) Director, Sex and Gender in Emergency Medicine (SGEM) Fellowship Associate Professor of Emergency Medicine The Warren Alpert Medical School of Brown University</p> <p><b>Craig Cox, PharmD</b> Vice Chair of Experiential Programs Texas Tech University Health Sciences Center, School of Pharmacy</p> <p><b>Joanne Rollis, MPAS, MEHP, PA-C</b> Associate Professor (Clinical) Division of Physician Assistant Studies Department of Family and Preventive Medicine University of Utah School of Medicine, Salt Lake City, Utah</p>
2:00PM - 2:10PM EDT	<b>Break &amp; Exhibits*</b>
2:10PM - 2:15PM EDT	<p><b>Introduction to Workshop Reports</b> Speakers: <b>Juliana (Jewel) Kling, MD, MPH, NCMP, FACP and Rebecca Sleeper, PharmD., FCCP, FASCP, BCPS</b></p>
2:15PM - 4:25PM EDT	<b>Workshop Reports</b>
4:25PM - 4:45PM EDT	<p>"Bringing It All Together"</p> <p>Speakers: <b>Juliana (Jewel) Kling, MD, MPH, NCMP, FACP and Rebecca Sleeper, PharmD, FCCP, FASCP, BCPS</b></p>
4:45PM EDT	<b>Closing Remarks and Adjourn*</b>

## POSTERS

Ankam NS, Mitchell AB, Bell KA, Lopez AM. Inclusion in Action: Interprofessional curricula integrates two step question for sex and gender identity.

Bharel S, Hannon M, Duffey K, Redfield R, Greidinger A, Diemer G. IM with Her: Fostering Career Advancement of Female Internal Medicine Resident.

Briskin CA, Kasoff MR, Mahabamunige J, Koestler J. Success of a Student Organized Gender and Sexuality Seminar Series.

Cheng Y, Khatchadourian N, Esguerra J, Seeley E, Abushukur Y, Feldman M, Cheah C. Bridging the Gap: Increasing Awareness of sex differences in opioid addiction. **(HONORABLE MENTION)**

Christopher LE, Rohr-Kirchgraber TM. The Great Gender Divide: Gender-related discrepancies of N95 mask protection.

Clark J, Chung P, Wolf A. Healthcare Professional Students' Attitudes, Beliefs, Knowledge Regarding Transgender Healthcare.

Danielewicz MH, Liantonio JJ, Collins E, Salzman BE, Hsiao T, Parks SM. Creating a Medical Home for Transgender Adults: Challenges, education, and best practices.

Fleischer JG, Pallay RA, Corwin DS. Comparison of Sex Specific Data Among Hospitalized Covid-19 Patients.

Filip A, Halpern E. Critical Content - A Topic Based Analysis of GSM Health Integration into a Novel GME Instructional Intervention.

Goss TN, Templeton KJ. Are State Policymakers Aware of Sex and Gender Impacts on Opioid Use Disorder? **(HONORABLE MENTION)**

Handman R. Effectiveness of an Educational Workshop on Dental Hygiene Students' Competence and Comfort in Treating Transgender Patients.

Hannon M, Duffey K, Bharel S, Redfield R, Greidinger A, Stewart E, Diemer G. Investigating Gender Disparities in Internal Medicine Residency Awards.

Ho AP, Sassi J, Werbinski JL. Finding a Home: Recognizing the need for sex and gender based medicine at WMed.

Jochym NE. Gender bias in diagnostic medicine: A novel preclinical selective proposal.

Jochym NE. Proposing the longitudinal inclusion of diagnostic test limitations in medical educational curriculum

Lindsay, NS, Rohr-Kirchgraber T. The impact of sex and gender in health and disease: an elective.

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