THREE EGG SCRAMBLES
served with cheese grits or home fries and your choice of biscuit or toast

COLORADO SCRAMBLE
ham, cheddar cheese, green onions, bell pepper and tomato........13

VEGGIE SCRAMBLE
roasted red peppers, tomato, mushroom, green onion, spinach and drizzled with pesto.......12

SMOKEHOUSE SCRAMBLE
sausage, bacon, or smoked ham and cheddar cheese........13

HUNGRY GRIZZLY
bacon, ham, sausage, home fries, tomato, green onion, and cheddar......13.5

EGGS

THE GRIND HOUSE
two eggs, any style with your choice of home fries or grits, and toast or biscuit | choice of bacon, sausage, or ham........13

GRITS & GRIND Sandy
biscuit sandwich with scrambled eggs, american cheese, and bacon served with home fries.....8

PANCAKES AND FRENCH TOAST

FRENCH TOAST
brioche bread, chantilly cream, and berries......13

TWO PANCAKES
served with syrup.............8

EXTRAS
add blueberries or chocolate chips ............2

SOUTHERN STYLE EGGS BENEDICTS
all served with fresh fruit and your choice of cheese grits or home fries

The Grind BENEDICT
two eggs over medium on a biscuit with ham, topped with hollandaise sauce...12

Crabby BENEDICT
two all lump crab cakes, sliced tomato, fresh spinach, two eggs & hollandaise sauce . .15
**South of the Border**

CHILAQUILES STACK................................. 14
scrambled eggs, cheddar, chorizo tostadas topped
with salsa, avocado, and feta

CHORIZO SAUSAGE BREAKFAST BURRITO.... 14
eggs, black beans, cheddar cheese topped with
ranchero sauce, sour cream, tomato, and green onions
served with home fries

SOMBRERO OMELET.................................13.5
chorizo sausage, black beans, cheddar cheese, fresh salsa,
green onions, and sour cream served with home fries and
your choice of biscuit or toast

**Extra-ORDINARY**

AVOCADO TOAST........................................ 12
toasted multigrain country bread, smashed avocado,
oven roasted tomato, over medium egg, and lemon
parsley spring salad

**Sides**

HOME FRIES.............3
BACON, HAM OR
SAUSAGE.............3.5
CHEESE GRITS.........3

NUTELLA DONUT HOLES...5
LOADED CHEESE GRITS.....4
TURKEY SAUSAGE.........4.50
CHAI YOGURT PARFAIT......6

SIDE OF TOAST.......2
SIDE OF FRUIT.......4
BISCUIT & GRAVY...4

**BEVERAGES**

Orange Juice...........2.5
Hot Chocolate........... 2.5
Organic Coffee....... 3.5
Hot Tea................... 3
Iced Tea.................. 3
Soft Drinks.............. 3
Whole Milk............. 2.5

**FOR the KIDS • (12 AND UNDER)**

ONE PANCAKE OR FRENCH TOAST............... 7
choice of bacon or sausage patty

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness
especially if you have certain medical conditions. Please note that menu and prices are subject to change | 2020