



Transparency Guide

Jun-24

allergy information

traditional chicken

allergy information

g-chicken

allergy information

ribs

allergy information

pot pie

allergy information

pot pie

ingredients	allergy									
	milk	fish	shellfish	egg	peanut	tree nut	soy	sesame	wheat	mustard
fennel seed										
jalapeno										
peppercorn										
garlic										
thyme										
bay leaf										
thyme										
chicken bones										
salt										
peppercorn										
salt										
peppercorn										
prep: pot pie top									x	
flour										
vegan butter (flax)							x			
salt										
water										
egg				x						

allergy information

chicken noodle soup

allergy information

bone broth elixir

allery information

house salad

allery information

farmer's salad

allergy information

roasted peach salad

allergy information

thai noodle salad

allergy information

hummus salad

allergy information

harvest bowl

allergy information

steak + avocado bowl

allergy information

teriyaki chicken bowl

allergy information

noble club

allergy information

noble club

allergy information

chicken salad sandwich

allergy information

g- sandwich

allergy information

chicken + bacon wrap

allergy information

steak wrap

allergy information

garlic rosemary potatoes

allergy information

charred green beans

allergy information

tamarind carrots

allergy information

curry cauliflower

allergy information

street corn

allergy information

brussels + bacon

allergy information

jasmine rice

allergy information

pasta salad

allergy information

potato salad

allergy information

chickpea butter + jelly

allergy information

kids chicken plate

allergy information

kids teriyaki bowl

allergy information

kids rib plate

allergy information

chocolate chunk cookie

allergy information

olive oil cake

allergy information

g- sauce

allergy information

breakfast burrito

allergy information

breakfast club

allergy information

breakfast club

allergy information

chicken + waffles

allergy information

french toast

ingredients

blueberry bread
prep: anglaise

egg
oat milk
vanilla paste

nutmeg
cinnamon
sugar

prep: mixed berries

strawberry
blueberry
blackberry

non-stick spray
powdered sugar
maple syrup

	milk	fish	shellfish	egg	peanut	tree nut	soy	sesame	wheat	mustard
blueberry bread									x	
prep: anglaise				x						
egg										
oat milk										
vanilla paste										
nutmeg										
cinnamon										
sugar										
prep: mixed berries										
strawberry										
blueberry										
blackberry										
non-stick spray							x			
powdered sugar										
maple syrup								x		

*coconut

allergy information

fried rice

ingredient	milk	fish	shellfish	egg	peanut	tree nut	soy	sesame	wheat	mustard
egg				x						
rice										
mirin										
rice vinegar										
red cabbage										
carrot										
mushroom										
napa cabbage										
scallions										
radish										
fresno chili										
blended oil										
sesame oil							x			
soy sauce (gluten free)							x			

allergy information

avocado toast

allergy information

steak + eggs

allergy information

birdie breakfast

allergy information

kids breakfast plate

allergy information

waffle + berries

allergy information

lemonades

watermelon + mint

i n g r e d i e n t s

prep: lemonade
lemon juice

water

mint

water
prop: simple syrup

prep. simple
sugar
water

Lemonade

Common ingredients

Prep: lemonade

lemon juice
water

water
prep: simple syrup

sugar
water

arnold palmer

ingredients

-
tea

prep: lemonade

lemon juice

water

prep: simple syrup
sugar

water

allergy information

speciality alcoholic beverages - frose and white peach sangria

f r o s e
i n g r e d i e n t s
rose

prep: simple syrup
sugar
strawberry
water

allergy									
milk	fish	shellfish	egg	peanut	tree nut	soy	sesame	wheat	mustard

white peach sangria

ingre di ents
spanish white wine
honey
lemon
peach
grapes