

Ridgefield's Independence 5k/10k

Hosted by Ridgefield Runners |
www.runridgefield.com

Please print legibly and complete the entire entry form. More than one entry may be mailed together with the appropriate fees. Please make all checks and money orders payable to **Ridgefield Runners**.

Food Vendors and Music to follow after the Race!

First & Last Name: _____

_____ Date of Birth: ____ / ____ / ____ Male Female

Address: _____

City: _____ State: ____ Zip Code: _____

Phone: _____ Email: _____

Choose T-Shirt Size: Please add additional 13.00 for shirt

Ladies: XS ____ S ____ M ____ L ____ XL ____ Men: S ____ M ____ L ____ XL ____ 2XL ____

5K	10K	Day of Race
\$35	\$40	Add \$5 to registration

Waiver and Release: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am physically fit, medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release Ridgefield Runners, all sponsors, advertisers, their representatives, and successors, their officers, directors, agents, and employees and volunteers from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature: _____ Date: _____
 (or parent, if under age 18)