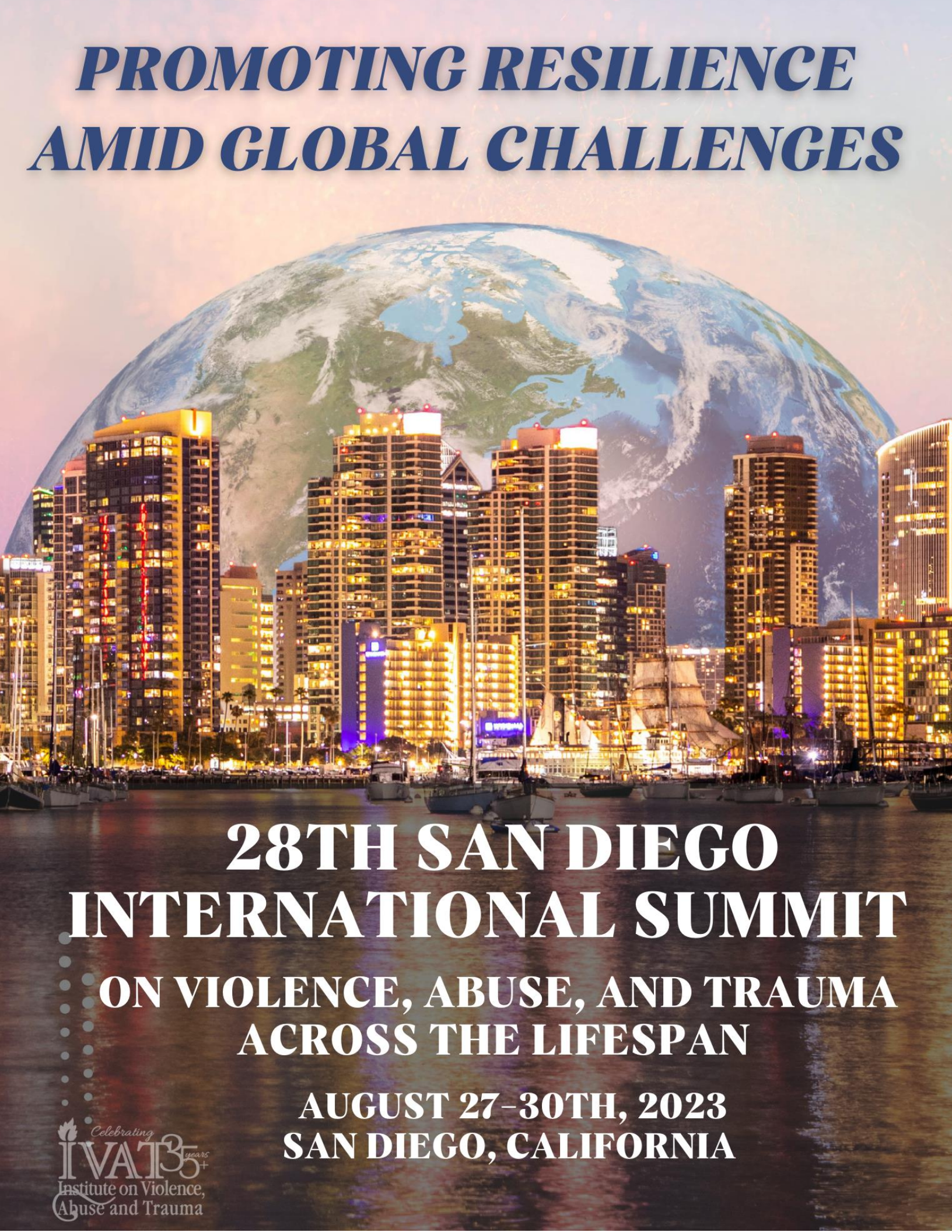


# ***PROMOTING RESILIENCE AMID GLOBAL CHALLENGES***



## **28TH SAN DIEGO INTERNATIONAL SUMMIT ON VIOLENCE, ABUSE, AND TRAUMA ACROSS THE LIFESPAN**

**AUGUST 27-30TH, 2023  
SAN DIEGO, CALIFORNIA**



# Table of Contents

Schedule at a Glance.....	3
About IVAT.....	4
Welcome Letter	
IVAT.....	5
Navigating the Summit.....	6
What to Expect.....	7
IVAT Services & Staff.....	8
About the Summit.....	9
Continuing Education.....	11
Specialty Certifications.....	12
Sponsors & Special Thanks.....	14
Exhibitors.....	15
Art Displays.....	18
Awards.....	19
Historical Award Record.....	23
Bookstore.....	26
Self-Care Sessions.....	26
Acknowledgements.....	28
Collaborators.....	28
Planning Committee.....	30
Submission Review Committee.....	30
Poster Submission Reviewers.....	30
Program Breakdown.....	31
Opening Plenary & Ceremonies.....	40
Poster Sessions.....	70
Networking & Awards Reception.....	72
Closing Plenary & Ceremonies.....	94
Speaker Biographies.....	95
Speaker Index.....	123
Hyatt Map.....	127

**#IVATCENTERS**

**#IVATSUMMITS**

**#IVATHELPS**

## Summit Highlights

### Promoting Resilience Amid Global Challenges

#### OPENING PLENARY AND CEREMONIES

August 27 | 10:30 am – 12:15 pm

Sandi Capuano Morrison, MA  
Native American Blessing: Erica Pinto  
Speakers: Alissa Ackerman, PhD, and Nicole Hockley

#### KEYNOTE PANELS

August 27 | 1:30 pm – 3:30 pm

#### ROUNDTABLE PLENARY

August 28 | 10:30 am – 12:00 pm

#### POSTER SESSION PRESENTATIONS

August 28 | 3:30 pm – 4:45 pm

#### AWARDS AND NETWORKING RECEPTION

August 28 | 5:00 pm – 6:30 pm

#### PARALLEL PLENARIES

August 29 | 10:30 am – 12:00 pm

#### CLOSING PLENARY AND CEREMONIES

August 29 | 10:30 am – 12:30 pm

Sandi Capuano Morrison, MA  
Native American Blessing: Elder Kenneth Meza  
Speaker: Lynn Rosenthal

# Schedule at a Glance

SATURDAY, August 26 <sup>th</sup> , 2023   Affiliated Training	
Multiplex Empirically Guided Inventory of Ecological Aggregates (MEGA) <sup>2</sup> Specialized Risk Assessment Training <i>(Separate Registration Required)</i>	8:30 am – 5:00 pm PST
Spousal Assault Risk Assessment (SARA) v3 Training <i>(Separate Registration Required)</i>	8:30 am – 5:00 pm PST
SUNDAY, August 27 <sup>th</sup> , 2023   Summit Program	
Self-Care Sessions	6:30 am – 7:30 am & 7:45 am – 8:15 am PST
Summit Registration Open	7:30 am – 5:00 pm PST
IVAT Bookstore/Exhibitors	7:30 am – 5:00 pm PST
Continental Breakfast	7:30 am – 8:30 am PST
Summit Morning Workshops (Session A)	8:30 am – 10:00 am PST
AM Refreshment Break	10:00 am – 10:30 am PST
Opening Plenary & Ceremonies	10:30 am – 12:15 pm PST
Lunch (On Your Own)	12:15 pm – 1:30 pm PST
Self-Care Sessions	12:30 pm – 1:15 pm PST
Keynote Panels (Session B)	1:30 pm – 3:30 pm PST
PM Refreshment Break	3:30 pm – 4:00 pm PST
Summit Afternoon Workshops (Session C)	4:00 pm – 5:30 pm PST
Self-Care Sessions	5:45 pm – 6:15 pm PST
MONDAY, August 28 <sup>th</sup> , 2023	
Self-Care Sessions	6:30 am – 7:30 am & 7:45 am – 8:15 am PST
Summit Registration	7:30 am – 5:00 pm PST
IVAT Bookstore/Exhibitors	7:30 am – 5:00 pm PST
Continental Breakfast	7:30 am – 8:30 am PST
Summit Morning Workshops (Session D)	8:30 am – 10:00 am PST
AM Refreshment Break	10:00 am – 10:30 am PST
Roundtable Plenary (Session E)	10:30 am – 12:00 pm PST
Lunch (On Your Own)	12:00 pm – 1:30 pm PST
Self-Care Sessions	12:15 pm – 1:15 pm PST
Summit Afternoon Workshops (Session F)	1:30 pm – 3:00 pm PST
PM Refreshment Break	3:00 pm – 3:30 pm PST
Poster Sessions	3:30 pm – 4:45 pm PST
Awards and Networking Reception (Includes Appetizers and Entertainment)	5:00 pm – 6:30 pm PST
TUESDAY, August 29 <sup>th</sup> , 2023	
Self-Care Sessions	6:30 am – 7:30 am & 7:45 am – 8:15 am PST
Summit Registration	7:30 am – 5:00 pm PST
IVAT Bookstore/Exhibitors	7:30 am – 5:00 pm PST
Continental Breakfast	7:30 am – 8:30 am PST
Summit Morning Workshops (Session G)	8:30 am – 10:00 am PST
AM Refreshment Break	10:00 am – 10:30 am PST
Parallel Plenaries (Session H)	10:30 am – 12:00 pm PST
Lunch (On Your Own)	12:00 pm – 1:00 pm PST
Self-Care Sessions	12:15 pm – 12:50 pm PST
Summit Afternoon Workshops (Session I)	1:00 pm – 4:30 pm PST
PM Refreshment Break	2:30 pm – 3:00 pm PST
Self-Care Sessions	4:45 pm – 5:15 pm PST
WEDNESDAY, August 30 <sup>th</sup> , 2023	
Self-Care Sessions	6:30 am – 8:15 am PST
Summit Registration	7:30 am – 9:30 am PST
IVAT Bookstore/Exhibitors	7:30 am – 10:30 am PST
Continental Breakfast	7:30 am – 8:30 am PST
Summit Morning Workshops (Session J)	8:30 am – 10:00 am PST
Refreshment Break	10:00 am – 10:30 am PST
Closing Plenary & Ceremonies	10:30 am – 12:15 pm PST
Summit Adjourns	12:30 pm PST

## About IVAT

THE INSTITUTE ON VIOLENCE, ABUSE, & TRAUMA (IVAT) is a comprehensive resource, training, and professional services center.

**OUR MISSION** is to improve the quality of life for individuals on local, national, and international levels by sharing and disseminating vital information, improving collaborations and networking, conducting research and trainings, assisting with direct professional services, program evaluation, and consulting to promote violence-free living.

### IVAT HISTORY

In July 2006, the Family Violence and Sexual Assault Institute (FVSAI) joined with Alliant International University to form the Institute on Violence, Abuse, and Trauma (IVAT). FVSAI, founded in 1984, by Robert Geffner, PhD became a 501(c)(3) organization in 1991, and gradually expanded its scope to include child, teen, and elder maltreatment as well as sexual assault issues. IVAT is an international resource and training center that focuses directly and specifically on violence prevention, assessment, and intervention across a wide social spectrum. In 2015, IVAT separated from Alliant International University.

### PROFESSIONAL TRAINING

IVAT provides continuing education and training opportunities to professionals and frontline practitioners in the field of violence, abuse, and trauma. This includes annual International Summits as well as other workshops, held worldwide. A Speaker's Bureau is also available for professional training worldwide. IVAT is accredited to offer continuing education (CE) credits for a variety of professions. IVAT also offers certification programs for mental health and other professions in Domestic Violence Offender Treatment, Child Custody Evaluations, Trauma Care, Child, and Adult Maltreatment (Formerly known as Child and Adult Advocacy Studies Training (CAAST)), MEGA<sup>2</sup> Specialized Risk Assessment Training, Post-Graduate Certification in Child Trauma and Protection, and Litigation and Evaluation of Abuse Allegations in Family Court Specialty Certification.

### PUBLICATIONS AND JOURNALS

IVAT publishes and disseminates an array of professional materials, specialized books, games, and videos through its own press, and with esteemed publishers. The materials are available through our website and peer-reviewed journals published by Taylor & Francis and Springer, edited by IVAT. These include The Journal of Child Sexual Abuse, The Journal of Aggression, Maltreatment & Trauma, and The Journal of Family Trauma, Child Custody, and Child Development.

### PROFESSIONAL CLINICAL AND FORENSIC SERVICES

IVAT provides clinical, forensic and consulting services, program evaluation to individuals, families, agencies, attorneys, and courts. The Professional Clinical and Forensic Services team provides consultation, psychological assessment, forensic evaluations, counseling, and other treatment as well as expert witness and related services.

### IVAT SUMMIT POLICIES

#### Inclusive and Harassment Free Environment

As part of IVAT's larger mission of promoting violence free homes, communities, and societies, IVAT is also dedicated to providing a harassment-free Summit experience for everyone regardless of gender, gender identity and expression, sexual orientation, disability, physical appearance, body size, race, age, or religion. We do not tolerate harassment of Summit participants in any form. Summit participants violating these rules may be sanctioned or expelled from the Summit (without a refund) at the discretion of the Summit organizers. If someone says or does something that makes you feel uncomfortable, please report it to one of our Summit staff members, and we will work to make sure that there is not a recurrence. A copy of our dispute resolution policies can be found at [www.ivatcenters.org](http://www.ivatcenters.org)

#### American with Disabilities Act

IVAT strives to make the Summit, along with all the activities and workshops, accessible to all individuals. If there is a specific need or requirement for access or accommodation at the Summit, please notify the Summit Registration Staff and we will do everything possible to achieve accommodation and make the Summit accessible. If any attendee has a problem with accommodation or accessibility and needs to file a complaint, please contact Chelsea Hill, Summit Manager onsite, or at 971-205-0042 immediately for resolution. A copy of our dispute resolution possible can be found at [www.ivatcenters.org](http://www.ivatcenters.org)

Dear Colleagues and Friends,

Welcome to San Diego and to our Summit where this year's theme is **"Promoting Resilience Amid Global Challenges!"** We are looking forward to the time we have together this year to learn, network, exchange information and inspiration! Thank you to the various sponsors, donors, collaborating organizations and agencies who have partnered with us to present the **28<sup>th</sup> International Summit on Violence, Abuse, and Trauma Across the Lifespan.**

Throughout this week's events we intentionally engaged and pay particular focus on our goal of *"Linking Research, Practice, Advocate, and Policy"*. We are energized to disseminate the best ways to move the world forward by providing better training, networking, and collaboration opportunities around interpersonal violence prevention and intervention, emphasizing the importance of moving from dialogue to action. In many ways over the past few years, we have seen efforts to restrict rights, laws that are eliminating freedoms and endangering members of our communities in frightening and regressive ways. We strive to bring about peaceful change through converting public awareness into action and creating opportunities for peaceful practices to be taught and utilized. One of our goals is to provide opportunities for education and implementation of violence intervention and reduction strategies. As always, our work is based in hope, healing, and the belief that together we are stronger in creating lasting and meaningful change worldwide. Networking and collaboration are the keys to change!

All IVAT's efforts strive to make the prevention of interpersonal violence and abuse a national and global priority. We value your feedback and contributions, and our staff work year-round to incorporate your suggestions to improve our events. Please join us in celebration of these efforts on **Monday late afternoon for the Poster Sessions and immediately following, we will celebrate this year's tremendous awardees while enjoying music and appetizers during the Awards and Networking Reception** as we honor those receiving important recognition for their efforts toward achieving our mission. Additionally, we are offering a variety of **Self-Care and Wellness Sessions such as trauma-informed yoga, meditation and mindfulness, art therapy, among others in a dedicated room** during the Summit – all self-care and wellness offerings are available to you at no additional cost. **Look in the mobile app "Cvent Events" for the schedule of all the events, speaker bios, session descriptions, evaluations and much more!**

IVAT is grateful for our dedicated team who help us expand and improve the Summit. We appreciate the enthusiastic support, dedication, and energy that each of our presenters, attendees, volunteers, planning committee members and collaborators provide. Together we continue to emphasize safe and healthy homes, communities and societies focused on healing and recovery from trauma, and the promotion of peace and healing. This mission continues to be even more important in the current political atmosphere of divisiveness and hate and ongoing violence in many parts of the world.

We hope your involvement provides you with new knowledge, ideas, new friends, and time with old friends as we work towards a safer tomorrow. **"Working Together to End Violence and Abuse" is more than our motto.** If you are interested in helping us achieve this important mission, and to help us plan and celebrate our **29<sup>th</sup> Summit in 2024**, please give your contact information to our staff. **We look forward to working with you and hope to see you again next year! Thank you for all that you do to help end violence and abuse!**

Sincerely,  
**Sandi Capuano Morrison, MA**  
CEO, IVAT and Summit Co-Chair, San Diego, CA  
Board of Directors and Executive Committee  
Member, National Partnership to End  
Interpersonal Violence (NPEIV)

**Robert Geffner, PhD, ABPP, ABN**  
Founding President, FVSAI dba IVAT, San Diego, CA, Co-Chair,  
Summit, and Founding Co-Chair and Past President, NPEIV,  
Distinguished Research Professor of Psychology, Alliant  
International University, San Diego, CA

## Navigating the Summit

There are 11 tracks with separate sessions each day. The key below details the session codes and descriptions that are shown in the Summit program next to each presentation. The number designates the track.

1. **Adult Survivors of Abuse and Trauma**
2. **Child and Adolescent Maltreatment/Adverse Childhood Experiences (ACEs)**
3. **Criminal and Civil Justice Systems**
4. **Historical Trauma, Systemic Trauma, and Marginalized Populations**
5. **Intimate Partner Violence: Offenders**
6. **Intimate Partner Violence: Victims/Survivors**
7. **Labor and Sex Trafficking**
8. **Primary Prevention/Early Intervention**
9. **Sexual Victimization**
10. **Trauma Among Military Personnel, Veterans, First Responders, and their Families**
11. **Trauma in General**

**Key: Some of our sessions have a clinical or research focus. Look for these symbols next to session titles.**



Clinical



Research



Substance Abuse



Homelessness



Self-Care



LGBTQIA2S+

**Breakouts** involve 90-minute sessions that may include 2 or more presentations with multiple presenters.

**Sunday Morning Breakouts = A + Track Number**

A 1 = Sunday AM Breakout (8:30 am – 10:00 am) Track 1 = Adult Survivors of Abuse and Trauma

**Sunday Afternoon Breakouts = C + Track Number**

C 8 = Sunday PM Breakout (4:00 pm – 5:30 pm) Track 8 = Primary Prevention/Early Intervention

**Keynote Panels** are 2-hour sessions. Each presenter has 30 minutes to speak, leaving 30 minutes for Q&A and discussion.

**Sunday Keynote Panel = B + Track Number**

For example, **B9** = Sunday Keynote Panel (1:30 pm – 3:30 pm) Track 9 = Sexual Victimization

**Sunday, August 27**

**Opening Plenary & Ceremonies (10:30 am – 12:15 pm)**

**Monday, August 28**

**Roundtable Plenary (10:30 am – 12:00 pm)** involves 4-6 invited panelists to address controversial issues.

Panelists will respond to screened questions by the attendees as well.

**Poster Session Presentations, Awards and Networking Reception (3:30 pm – 6:30 pm)** provides attendees an opportunity to discuss new research, programs, and other current issues with presenters who have created large, visual poster board displays. They will also be able to meet the IVAT Staff, Planning Committee members, and IVAT Awardees.

**Tuesday, August 29**

**Parallel Plenaries (PP) (10:30 am – 12:00 pm)** involves 4-6 invited presenters engaging in difficult dialogues in roundtable discussions. We are taking questions from the audience for the panelists to address in each other the 5 plenary topic areas.

**Wednesday, August 30**

**Closing Plenary & Ceremonies (10:30 am – 12:30 pm) – Summit Adjourns at 12:30 pm**

The Summit is an intense mixture of both difficult and uplifting material and information. Please practice good self-care during your time here with us! Ask anyone wearing a staff or Planning Committee Member badge for assistance.

# What to Expect

## ***“Promoting Resilience Amid Global Challenges”***

This Summit is a unique forum for people from all disciplines and philosophies to gather for in-depth exchange of current information on all facets of violence, abuse, and trauma prevention, intervention, and research. We host one of the very few events that include researchers, practitioners, advocates, survivors, and front-line workers from all disciplines to share information, discuss controversial issues, and engage in difficult dialogues. Topic tracks span intimate partner violence, child maltreatment/adverse childhood experiences, campus assault, legal and criminal justice issues, human and labor trafficking, primary prevention, trauma in military personnel, veterans, families and first responders, at risk youth, substance abuse, and more. We strive to infuse our theme of ***Promoting Resilience Amid Global Challenges*** into the presentations as well as into the thoughtfulness and professionalism reflected in the Summit content.

The vision of the Summit organizers, co-sponsors, collaborating organizations, exhibitors, and participants is to make a significant positive impact on eliminating all forms of violence and abuse everywhere. Additionally, we try to put forth an understanding of trauma, and how it severely impacts the lives of victims. At the 28<sup>th</sup> International Summit we expect 1,000 attendees from all over the globe to come together for an appreciation of multi-ethnic, multicultural, and multidisciplinary perspectives. Opportunities for networking are scheduled into the program to enhance informal discussions of cutting-edge research, prevention and intervention strategies, policy changes, innovative methods, healthcare approaches, advanced clinical concepts, and skill-building essentials. Everyone will gain something from this unique Summit – laying the groundwork for realizing our universal vision for peace.

**SUMMIT ATTENDEES INCLUDE:** Advocates, Researchers, Psychologists, Social Workers, Nurses, Judges, Attorneys, Clergy, Counselors, Military, Marriage and Family Therapists, Volunteers, Physicians, Policy Makers, Educators, Law Enforcement, Probation and Parole, Psychiatrists, Shelter and Crisis Center Workers, Survivors, and Others.

**SUMMIT CO-CHAIR & IVAT PRESIDENT:** Robert Geffner, PhD, ABN, ABPP, Founding President, Institute on Violence, Abuse, and Trauma (IVAT, Clinical Research Professor of Psychology, California School of Professional Psychology, Alliant International University at San Diego; Founding Co-Chair, National partnership to End Interpersonal violence Across the Lifespan (NPEIV).

**SUMMIT CO-CHAIR & CHIEF EXECUTIVE OFFICER:** Sandi Capuano Morrison, MA, Chief Executive Officer, Institute on Violence, Abuse, and Trauma (IVAT), Board of Directors Member, National Partnership to End Interpersonal Violence Across the Lifespan (NPEIV)



# IVAT Services & Staff

## OUR MISSION

To promote violence-free living by improving the quality of life for individuals on local, national, and international levels by sharing and disseminating vital information, improving cross-discipline collaborations, conducting research and multi-disciplinary trainings, and providing direct professional services, program evaluation, and consulting.

## OUR VISION

A world free from violence, abuse, and trauma.

### **SERVICES AND PRODUCTS:**

IVAT offers a wide range of services, including professional training, continuing education, publications, a bookstore, professional clinical and forensic services, research, program evaluation, annual international summits, regional mini-conferences, public policy, think tanks, and outreach.

### **PROFESSIONAL SERVICES:**

IVAT provides clinical, forensic, and consulting services, and program evaluation to individuals, families and agencies, attorneys, and courts. The Professional Services team provides consultation, psychological assessment, forensic evaluations, counseling, and other treatment, as well as expert witness and related services.

### **PROFESSIONAL TRAINING:**

IVAT provides continuing education and training opportunities to professionals and front-line practitioners. This includes annual International Summits as well as regional conferences and workshops, held worldwide. A Speaker's Bureau is also available for professional training worldwide. IVAT is accredited to offer continuing education (CE) credits for a variety of professions. IVAT also offers certification programs for mental health and other professions in Domestic Violence Offender Treatment, Child Custody, Family Violence, Trauma Providers, Child and Adult Maltreatment (CAM) Certification (formerly known as CSAT/CAAST), MEGA<sup>2</sup> Specialized Risk Assessment Training, Post-Graduate Certification in Child Trauma and Protection, and Litigation and Evaluation of Abuse Allegations in Family Court Specialty Certification.

### **PUBLICATIONS AND JOURNALS:**

IVAT publishes and disseminates an array of professional materials, specialized books, games, and videos through our own press, and with esteemed publishers. Materials are available through our website [www.ivatcenters.org](http://www.ivatcenters.org). We edit 3 peer-reviewed journals. Published by Taylor & Francis: *Journal of Child Sexual Abuse*, *Journal of Aggression, Maltreatment, and Trauma*; and *Journal of Family Trauma, Child Custody, and Child Development*.

## IVAT Staff

**President:** Robert Geffner, PhD, ABN, ABPP

**CEO:** Sandi Capuano Morrison, MA

**Assistant Director:** Patricia Frosio, MPA

### Marketing

**Director of Community & Public Relations:** Carla Valenzuela

**Community Relations & Marketing Coordinator:** Sonora Eribez, MS

### Summits, Training, & CEs

**Training & CE Manager:** Chelsea Hill, MSW

**Meeting & Events Manager:** Mark Yunker

**Registration, Training & CE Coordinator:** Arianna Yunker

**Summit Coordinator:** Alex Waddell

**Training & Administrative Assistant:** Madison Goodmiller

**Summit Assistant:** Steve Nakanishi

### Ho'omaluhia (Hawai'i Branch)

**Outreach & Administrative Coordinator:** Krystal Baba, MPA

**Practicum Students:** Irina Kobzar, MS; Nicole Keller; & Welmon Walker III

### Stop the Silence®

**Director:** Pamela Pine, PhD, MPH, MAIA, CHES

### Professional Clinical & Forensic Services

**Director of Clinical Training:** Jessica Silsby, PsyD

**Forensic Psychologist:** Glenn Lipson, PsyD

**Pre-Licensed Clinicians:** Lei Zervoulakos, MA; Mitch Sanabria, PsyD;

Lauren Miranda; & Cinthya Hernandez, MA

### Publications & Dissemination

**Research, Publications, & Special Projects Manager:** Nanette Burton, MS

**Special Projects & Research Assistants:** Alex Flores & Maria Moreno, MS

**Assistant Editors:** Marina Bassili, PsyD; Brittany Dickerson, PsyD; Jessica Mueller-Coyne, PsyD; & Sarah Robinson, PsyD

**Senior Editorial Assistant:** Teresa Love, PhD

**Editorial Assistants:** Chloe Alkadri, MS; Caroline Ault; Carly Batrick;

Jessica Cardinalli, MA; Esther Lapite, MA; Delly Loro; Olivia Ratcliff-Totty;

& Gabrielle Pero, MA

**Student/Research Assistants:** Amber Gray, DBH; Jessica Stoltenberg,

MA; & Gabriela Tirapolski



# About the 28<sup>th</sup> San Diego International Summit

## **Guiding Principles for the International Summit on Violence, Abuse, and Trauma**

These Guiding Principles define how the Institute on Violence, Abuse, and Trauma (IVAT) and the International Summit approaches and responds to topics and presenters. To inform these Guiding Principles, we look to the IVAT Mission and Vision Statements.

## **Goals of the Summit**

A primary means whereby IVAT seeks to accomplish their mission and realize their vision is through the annual International Summit. The Summit seeks to achieve the following:

- To inspire a worldwide movement to end violence and abuse.
- To assemble qualified presentations and speakers generating a rich exchange of information about research, assessment, treatment, and prevention of violence, abuse, and trauma across multiple disciplines for professional development and growth of our audience.
- To present a broad spectrum of information examining the causes and complicating factors underlying and maintaining violence, abuse, and trauma in our lives and in our society.
- To facilitate an extensive and comprehensive study of the history, issues, knowledge, and experience of responding to violence, abuse, and trauma.
- To provide a platform for rich dialogue and interaction on challenging topics and controversial issues in the field of abuse and trauma with a focus on researching, treating, reducing, and preventing interpersonal violence.
- To provide a forum to hear the voices of survivors to inform the work done in the field.

## **The Planning Committee**

IVAT annually assembles the Planning Committee comprised of people from multiple disciplines, agencies, and ideologies working together to develop the theme of the summit, then selecting the speakers and presentations to fulfill that goal. The Planning Committee does so by:

- Ensuring divergent perspectives, theoretical models, and sociological and philosophical ideologies are heard and examined while encouraging tolerance and respect of the potential differences.
- Evaluating all presentations for academic rigor, clinical relevance, and ethical integrity through careful peer review. Presentations will be evaluated without prejudice to academic degree or position.
- Ensuring diversity is infused in all topic areas presented.
- Ensuring all participants have the opportunity to be exposed to and access training for the broadest range of research findings, assessment tools, treatment skills, program models, and prevention protocols available.

This Summit, addressing the broad field of interpersonal violence, will encounter numerous controversial topics and proactive presenters. In doing so, there will be those who ask us to censor, reject, or otherwise restrict such controversial presenters and/or presentations. We hold that to do so is antithetical to the mission and vision of IVAT and to the nature of this summit. We hold that censorship is inherently abusive and discriminatory.

## **Pragmatic Procedures**

To translate our philosophical ideals into practical conventions that can be understood and employed as we endeavor to create a healthy learning environment, we suggest the following code of behavior:

- Be open to hearing and exploring ideas regardless of the ideological perspective, academic degree, or absence of one, or professional discipline of the presenter.
- Maintain a positive atmosphere of mutual respect and consideration while at the summit.
- Strive to share helpful ideas, suggestions, or improvements.
- Avoid negative, unhealthy, or unproductive criticism.

- Be intolerant of gossip and rumor spreading about any participants, author/exhibitors, event organizers or anything associated with the summit.
- Be intolerant of inappropriate sexualized talk, contact, and predatory behavior.

We further suggest that IVAT reaffirm the following disclaimer several times throughout the summit.

*In the realm of interpersonal violence and abuse, there are many differing approaches. The material, techniques, and beliefs presented in the papers, workshops, slides, audiotapes, videos, or other demonstrations at this summit are those of the authors and presenters and do not necessarily reflect or represent the opinions or suggestions of IVAT. The material presented here is for the purpose of information exchange only.*

Sharing our knowledge, working together, we can end interpersonal violence.



# Continuing Education

The Summit is approved to offer up to **20 hours (28 hours for Summit and Affiliated Trainings combined)** of continuing education for Psychologists, Counselors, Marriage and Family Therapists, Social Workers, Nurses, Attorneys, Domestic Violence Offender Treatment Providers, Substance Abuse Counselors, Victim Advocates, and Traumatic Stress Specialists. CE credits approved by California agencies are accepted in most states. Different sessions meet many licensure requirements for continuing education credits for child abuse, domestic violence, ethics, aging, substance abuse, child custody, domestic violence offender treatment, and child sexual abuse.

IVAT is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. IVAT maintains responsibility for this continuing education program and its content. The California Board of Behavioral Sciences (BBS) now accepts APA continuing education credit for license renewal for LCSWs, LMFTs, LPCCs, and LEPs. The Institute on Violence, Abuse, and Trauma is approved by the California Board of Registered Nurses to offer continuing education for nurses (CEP #13737). IVAT is approved by the State Bar of California to offer Minimum Continuing Legal Education for attorneys (#11600). IVAT is approved by the California Consortium of Addiction Programs and Professionals (CCAPP) to sponsor continuing education for certified alcohol and drug abuse counselors (Provider #IS-03-499-0223). Institute on Violence, Abuse, and Trauma, #1857, is approved as an ACE provider to offer social work continuing education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 7/18/2023-7/18/2024. Institute on Violence, Abuse, and Trauma has been approved by NBCC credit are clearly identified. Institute on Violence, Abuse, and Trauma is solely responsible for all aspects of the programs. This program is approved by the National Association of Social Workers – Hawai'i Chapter (Approval HI62792023-73) for up to 20 Social Work continuing education contact hour(s).

The Summit presentations that meet the licensure requirements for:

- **Aging and Long-Term Care:** B8, J8
- **Child Abuse:** MEGA Training, A2, A7, B1, B2, B8, B9, B11, C8, D1, D2, D8, D9, F2, G2, G11, H3, H4, I2, I9, J9, J11
- **Cultural and Diversity Issues:** A1, A3, A4, A10, B4, B11, C1, C2, C4, C6, Roundtable Plenary, F4, G4, H1, I1, J4
- **Domestic Violence:** SARA v3 Training, A2, A5, A7, A8, B4, B5, B6, B7, B8, B11, C1, C3, C5, C6, C7, C8, C9, D5, D6, D7, D8, F1, F5, F6, F9, G3, G5, G6, G7, G9, H3, H5, I2, I5, I6, I9, J5, J6, J10
- **Ethical and Professional Practice:** A3, B3, B9, F5, I11, J1, J6, J9
- **Substance Abuse:** B5, C5, C8, D4
- **Suicide Prevention:** B10, C8, G6, I3, I4
- 

The Institute on Violence, Abuse, and Trauma is co-sponsoring up to 8 hours of continuing education credit for the Affiliated Trainings.

IVAT is approved by the American Psychological Association (APA) to co-sponsor continuing education for psychologists. IVAT maintains responsibility for this continuing education program and its content. The California Board of Behavioral Sciences (BBS) now accepts APA continuing education credit for licenses renewal for LCSWs, LMFTs, LPCCs, and LEPs. The Institute on Violence, Abuse, and Trauma is approved by the California Board of Registered Nurses to offer co-sponsored continuing education for nurses (CEP #13737). IVAT is approved by the State Bar of California to offer co-sponsored Minimum Continuing Legal Education for attorneys (#11600). IVAT is approved by the California Consortium of Addiction Programs and Professionals (CCAPP) to co-sponsor continuing education for certified alcohol and drug abuse counselors (Provider #IS-03-499-0223). This program is approved by the National Association of Social Workers – Hawai'i Chapter (Approval HI62792023-73) for up to 8 Social Work continuing education contact hour(s).

Please note that IVAT is not accredited to offer co-sponsored continuing education credits for the Affiliated Trainings through Association of Social Worker Boards (ASWB).

CE credits for each session will be available on the IVAT website.



# Specialty Certification Programs

Affiliated Training and Summit sessions meet many of the training requirements for IVAT Specialty Certification Programs. Specialty certification assures the consumer that specialists have successfully completed the educational, training, and experience requirements for the specialty area, and that their expertise has been objectively reviewed and documented.

## **Specialty Certification in Domestic Violence Offender Treatment**

Includes training and experience in working with both male and female intimate partner violence offenders to understand the dynamics and start issues involved in intimate partner violence and typologies of domestic violence offenders.

## **Specialty Certification in Child Custody Evaluations**

Includes an understanding of the issues of child development, parenting abilities and issues, best interests of children, and assessment techniques in general and specifically regarding child custody cases. The dynamics of legal, forensic, and mental health issues are included.

## **Specialty Certification in Trauma Care**

Includes an understanding of the various forms of trauma, short and long-term effects of trauma, and assessing and treating adults and/or children who have experienced both simple and complex trauma. The dynamics of post-traumatic stress disorder are included.

## **Child and Adult Maltreatment (CAM) (Formerly known as CAST/CAAST)**

Focuses on experiential, interdisciplinary, ethical, and culturally sensitive content that provides professionals with a common knowledge base for responding to child and adult maltreatment. This certification focuses on development and understanding of the numerous factors that lead to child and adult maltreatment and the existing responses to child and adult maltreatment.

Interested professionals will need to apply to the chosen specialty certifications here:

<https://www.ivatcenters.org/certifications>

## **PARTNER CERTIFICATION:**

### **MEGA<sup>+</sup> Specialized Risk Assessment Training (Assessing Sexually Abusive Youth, Ages 4-19 Years)**

MEGA<sup>+</sup> is a tool for assessing risk for coarse sexual improprieties, and/or sexually abusive behaviors in youth ages 4-19 years. MEGA<sup>+</sup> is applicable for adjudicated and non-adjudicated males and females, including youth with low intellectual functioning. Tested on over 3,901 youth internationally (largest validation studies in its field) – MEGA<sup>+</sup> is state of the art and unique. It provides a comprehensive individualized risk assessment report according to age and gender. MEGA<sup>+</sup> can follow changes in the youth's risk level over time (is an outcome measure). The one-day specialized training includes dynamics of risk assessment in general, administering, scoring (data is confidential and secured), and interpreting the MEGA<sup>+</sup> findings.

For information on MEGA<sup>+</sup> contact Arianna Yunker at [ariannay@ivatcenters.org](mailto:ariannay@ivatcenters.org)

**\*NEW\* Post-Graduate Certification in Child Trauma and Protection: Stop the Silence®** - A Department of IVAT, in partnership with The University of Applied Research and Development (UARD), accredited in the United Kingdom (UK), now offers a Post Graduate Certificate in Child Protection as a stand-alone program, or the credits can be used toward achieving a Master's in the field. CE s are also offered. The Program is a unique opportunity to get important, fundamental information at one's own pace provided by experts in the field of adverse childhood experiences (ACEs), for a fraction of

the cost of other programs, and in as little as three months for the certificate and 12-24 months for the Master's. The focus includes prevention, treatment, mitigation, and policy considerations regarding child sexual abuse, physical abuse, psychological abuse, and other traumatic events.

To express interest, visit: <https://lp.constantcontactpages.com/su/3XAKPxx>

**\*NEW\* Litigation and Evaluation of Abuse Allegations in Family Court Specialty Certification:** Introducing an innovative specialized training for family lawyers and mental health professionals on increasing expertise and skills in the intersection of child abuse and domestic violence in child custody cases. This grant subsidized training will provide professionals with the necessary tools to ensure family safety, reduce risk, and prevent further traumatization. Learn how to analyze and respond to cases involving child abuse, domestic violence, and their intersection. Improve your understanding of challenges that arise in these cases and gain experience to develop effective legal strategies, expert testimony, and custody evaluations. This is an advanced training that requires some previous training and experience in the areas of domestic violence, child maltreatment and family law. Registrants must attest to 6 hours of education on domestic violence and/or child maltreatment in the last five years. The training will be offered in Washinton state, New Jersey, and Florida in 2023 with additional locations in 2024 and 2025. CLEs and CE credits available. The certification program includes 20 hours of in-person training, 10 hours of online training, and acceptance of one pro bono case (which includes consultation and technical assistance by the faculty). The in-person training includes 2 ½ days of instruction. Day 1 is foundational and offers 8 hours of continuing education, which is also available for attendees who are not seeking certification. Days 2 and 3 offer an additional 12 hours of continuing education focusing on skill-building and techniques. Limited enrollment. Sponsored by the Professional Consortium on Abuse Allegations in Family Court: The Institute on Violence, Abuse, and Trauma, Battered Women's Justice Project, Leadership Council on Child Abuse and Interpersonal Violence, and the National Violence Law Center.

Interested professionals will need to apply to the chosen specialty certifications here:

<https://www.ivatcenters.org/certifications>

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# Exhibitors

**'Ai Pono** At 'Ai Pono, Maui's residential eating disorder treatment center for women, we provide comprehensive eating disorder treatment to address medical, nutritional, and therapeutic needs. Individuals' psychotherapy sessions will be three times per week and will be included as needed. Our highly trained staff will be available 24/7 to provide individual support. Nutrition therapy will be provided daily and will include supervised meals and snacks, as part of our eating disorder treatment program. Individual sessions with our registered dietitian are provided once a week. Nutrition education groups are also provided on a weekly basis. Meals are prepared by our chef who will be working in conjunction with our dietitian to meet the nutritional needs of individual clients. Opportunities will be given for clients to practice self-portioning and independent eating as they increase independence while moving through the eating disorder treatment program.

**Amazing Mini Miracles Therapy Horses** are a 501(c)(3) charity non-profit. We rely solely on support from fees and donations to accomplish our mission. We do not take a salary. Amazing Mini Miracles works with veterans, military families, disabled, severely ill children, hospice, and our elderly with a direction toward wellness and quality of life. We have created programs for children directed at antibullying, kindness, teambuilding, and the value of community through equine-assisted activities. We also take our minis to foster support for other non-profits, such as the Walk for Animals, supporting the San Diego Humane Society, The Mitchell Thorp Foundation, which supports families and children who suffer from life-threatening illnesses, diseases, and disorders, Relay for Life for the American Cancer Society, San Diego Magazine's Art Festival, raising funds for Disabled Athletes and Disabled San Diegans, and also supporting our youth in ways that we are able to.

**Anchor Counseling and Education Solutions** provides mental health and behavioral health interventions in order to treat (reduce/resolve) the social emotional issues that interfere with the student's ability to successfully access their academic curriculum. We provide these services in a way that is modern and innovative. Anchor Counseling & Education Solutions, LLC was founded upon the belief that students, whether at-risk or at-advantage, are being bombarded with a social emotional landscape that is more intense and decisively harder to navigate. Our role as a full-service Related Service Providers is to bolster this level of preparation through an active oriented and corrective therapeutic experience.

**An Infinite Mind** - we are a 501(c)(3) international grass-roots non-profit organization that provides direct education, advocacy, and support services to people living with dissociative disorders. We additionally offer support and resources to loved ones, community supporters, educational entities, mental health clinicians, and other general healthcare providers.

**Association of Family and Conciliation Courts (AFCC)** is the premier interdisciplinary and international association of professionals dedicated to the resolution of family conflict. AFCC members are the leading practitioners, researchers, teachers, and policymakers in the family court arena.

**Groundswell** is a 501(c)(3) non-profit that holds safe and brave space for intersectional communities of women and their families to reclaim their healing, power, and belonging in the waves of life and sea together. Our research-based surf therapy curriculum and programs are rooted in somatic, trauma-informed, nature, and community therapy models to best support the holistic healing of women and their communities overcoming various forms of trauma and its mental health effects with our home roots in San Diego, California, and branches that extend across the globe. We strive to break down the barriers and build up communities that celebrate mental health, women's health, and ocean health. We are the first to provide CAMFT accredited CEU's through our trauma-informed surf therapy trainings and provides clinical supervision for interns and associates in Surf Therapy.

**Helen Woodward Animal Center** is a unique, private non-profit organization in San Diego County that has been committed to the philosophy of people helping animals and animals helping people for over 50 years. Located on 12-acres in Rancho

Santa Fe, California, our nationally recognized Center provides a variety of services that benefit the community through educational and therapeutic programs for people, and humane care and adoption for animals.

**HT-RADAR** is a collaborative research environment for data analysts, researchers, and other stakeholders who have skills and interests related to human trafficking related research and is coordinated by Point Loma Nazarene University/Center for Justice and Reconciliation (PLNU/CJR).

**Made for Freedom** - human trafficking is a global problem that often goes unseen. It's estimated that 40-million people are currently trapped in some form of modern slavery, whether it's forced labor, sexual exploitation, or marriage. This hidden industry generates 150-billion dollars in profit each year, making it the second most profitable criminal enterprise in the world behind drug trafficking. Made for Freedom is working to fight human trafficking with style. We partner with survivors of exploitation and those coming out of marginalized situations to create finely crafted goods and ethical fashion. Our best sellers include the Seek Justice Necklace, Hannah Tri-Tone Bracelet, Committed Heart Necklace, and Tooth Fairy Pillows. Each piece is the result of dignified employment for those who desperately need it. When you purchase from Made for Freedom, you're not only getting a stylish unique item – you're also helping to end modern slavery. Thank you for supporting our cause!

**Mimbleball, Inc.** What if you could have a communication tool that created instant joy and comfort? Bonus features include laughter-inducer, immediate energy-shifter, connection-maker, friendship-encourager, endorphin-releaser, fidgety hands-occupier, and de-stressor. What if this tool also had all of the soothing comfort of a child's favorite stuffed animal, but was cool enough for all ages? With one simple motion, Mimbleballs surprise people with joy, creating immediate comfort, connection, and unexpected laughter. They help create simple shifts in energy which can open the heart and mind to hope, sheer silliness, and healing connection. Mimbleballs are round, plush, therapy toys, with super-soft, kinetic, zany, sculpt-able hair that can stand straight up with a tap or a shake: wear an endless array of ridiculous hairstyles that will stay in place (spikes, mohawk, Dwight from The Office...): and provide the same soothing comfort as petting your favorite pet, without the mess. It is also a ball that you can toss, which is fun. Mimbleballs are ice-breaking, easily-amusing insta-friends that inspire moments of shared delight when the Mimbleball hair stands straight up, unexpectedly when "bopped" (tapped on the underside or gently shaken) – a kind and playful gesture intended to bridge connection between people or soothe someone in a moment alone. The resulting laughter and wonder open pathways for comfort, open, friendly, loving presence (the essential superpower of any stuffed animal), yet the benefits and appeal of Mimbleballs extend to any age and are effective tools during and beyond childhood. Connection and comfort are why Mimbleballs exist. They are highly relatable (everyone looks like a Mimbleball in the morning), with kind, wide set, listening eyes, soothing softness, and the ability to make people laugh and comfort themselves and others. An ideal talking stick, friend to spend long hours within a hospital bed or infusion clinic, emotional upset soother, silent patient engager (laughing => talking), smile instigator – imagine the possibilities.

**National Center for Victims of Crime (NCVC)** is a nonprofit organization that advocates for victims' rights, trains professionals who work with victims, and serves as a trusted source of information on victims' issues. After more than 35 years, we remain the most comprehensive national resource committed to advancing victims' rights and helping victims of crime rebuild their lives. The National Center is, at its core, an advocacy organization committed to – and working on behalf of – crime victims and their families. Rather than focus the entire organization's work on one type of crime or victim, the National Center addresses all types of crime.

**National Safe Haven Alliance (NSHA)** is a 501(c)(3) nonprofit organization working to end infant abandonment. NSHA equips Safe Haven providers and parents facing unplanned pregnancies with safe alternatives that prevent infant abandonment while providing holistic care for both parents and babies. To achieve its mission of promoting safe haven laws and to support state efforts to prevent abandonment and infanticide, the National Safe Haven Alliance has created the following: a crisis counseling hotline; customizable brochures, posters, and educational materials; a speakers' bureau;

expert training on building Safe Haven programs; an up-to-date compilation of statistics, state laws, and Safe Haven organizations and programs; media outreach; websites for state organizations.

**Navajo Jewelry** - Our story starts in 1972, my parents learned to make Navajo Style Jewelry while working full-time and taking night classes. After a year of instruction, they took to it and started their small side business. This side venture was a God send and helped my parents buy their first home and for them to become financially stable. Growing up I learned how to make jewelry and be a salesperson. My brother and I finished school and joined the family business. We travel to trade shows and conventions and my mother, who is now 82, still travels and sells at the Four Corner Monument on the Navajo Reservation. I make some of the jewelry but mostly travel to the shows and conventions all over the country. This is our 47<sup>th</sup> year in the Native American Jewelry business. We now have 24 other artisans that we collaborate with to have a variety of different styles of jewelry and crafts like Navajo, Zuni, and Santo Domingo Pueblo Style. Some are well renowned to some that are beginners. Our jewelry is handcrafted from start to finish and made with natural stones and shells set in Sterling Silver, Copper, and a few on aluminum. Thank you for learning about us and supporting our artisans and enjoying our beautiful jewelry.

**Optum** provides customized administrative services to meet the specific needs of County of San Diego Behavioral Health and the clients/providers they serve since 1997. Originally awarded the Administrative Service Organization (ASO) contract in 1997, County of San Diego reprocure the contract in 2001, 2008, and 2016. As the needs of the County, State, San Diego MediCal beneficiaries and residents, providers and other stakeholders changed, Optum Health evolved to support the changes to become a cornerstone in behavioral health services.

**PSA Worldwide** specializes in providing products to make your job easier to promote your cause, program, or company. They are a small business with the heart of serving others. PSA not only has a robust selection of promotional products, but they have proven expertise in developing educational products for awareness and prevention programs and campaigns, they have been partnering with prevention, outreach, and military programs for over 19 years by producing product to help meet your program objectives.

**Piel Canela Peru** - Fair trade is a movement whose goal is to help producers in developing countries get a fair price for their product, so as to reduce poverty, provide for the ethical treatment of workers/farmers, and promote environmentally sustainable practices. *We at Piel Canela Peru value the lives that work hard, day in and day out, to create beautiful, handcrafted goods that we can wear and use. That is why we believe it is our duty to only deal in fair trade, making sure no stitch goes under appreciated.* We ensure that we only deal directly with the artisans themselves, making sure that they are provided fair compensation for their countless hours of handcrafting. 100% handmade. Every item seen on this site has been entirely handcrafted, most in various regions of Peru. Done mostly by mothers in order to help support their families, the use of natural dyes and natural fibers dates back thousands of years in the cultural history of the country.

**Provo Canyon School (PCS)** is recognized by multiple federal and state organizations as an intensive, psychiatric youth residential treatment center in Utah because of the depth of our professional clinical staff, medical staff, and our focus on evidence-based, clinical “best practices”. PCS utilizes an “Acuity Based Care” (ABC) model that identifies and reassesses the strengths and needs of individual students. This model re-assesses individual needs continually in order to assign specific resources, support, and interventions for insuring the student’s greatest potential for personal success. In essence, we evaluate the individual needs of each of our students and support their success by ensuring that they receive an effective array of services based on their individual level of need.

**San Marcos Treatment Center / Steven A. Cohen Clinic** - The San Marcos Treatment Center are premier providers of intensive psychiatric residential evaluation and treatment, offering services to a unique population of children and adolescents from across the United States and overseas. San Marcos provides structured treatment that can be understood by borrowing from ancient Native American culture. Steven A. Cohen Clinic provides confidential, high-quality behavioral healthcare services and case management resources at low to no-cost and without long wait times to veterans, their



families, and the families of Active Duty, National Guard, and Reserves, including spouse or partners, children, parents, siblings, caregivers, and others.

**Southern Indian Health Council** is a Native American organization committed to protecting and improving the physical, mental, and spiritual health of our American Indian community. We provide a comprehensive range of wellness, professional health care, dental, and social services. We are also open to the public.

**Sutter Health Kahi Mohala** provides specialized treatment for children, adolescents, and adults. Founded in 1983 and fully accredited by The Joint Commission, it is Hawaii's only free standing, not-for-profit psychiatric hospital. Entrusted with delivering the highest standards of care, the center embraces an interdisciplinary perspective to patient services, offering the leading approaches in emotional and physical care.

**The Last Drop** is a short sci-fi film about relationship abuse inspired by the memories of real survivors. This revolutionary new film illustrates the lesser-known forms of abuse that tend to occur BEFORE a relationship turns violent – like emotional abuse, isolation tactics, digital abuse, and more. Our Executive Producers at the One Love Foundation and the Safe & Together Institute each designed a custom Discussion Guide to accompany the film as a training tool – one for young people and one for professionals. **CHAT WITH US AT OUR BOOTH!** If you're an educator, advocate, health worker, community leader, or expert, come learn how this new abuse prevention/healing tool could support your work and help the communities you serve. **WATCH THE FILM AT THE IVAT CONFERENCE:** Aug. 27<sup>th</sup> @ 8:30 am. **LEARN MORE:** <https://www.thelastdropfilm.com/host> **CONTACT US:** [lastdropfilm@gmail.com](mailto:lastdropfilm@gmail.com) \*Production Company: Aggressively Compassionate LLC.

## Art Displays

### Out of the Shadows – Jan Goff-LaFontaine

Jan Goff-LaFontaine's photography exhibit, "**Out of the Shadows**", offers an intimate glimpse of forty women – ages nineteen to ninety-five – who found the courage to triumph over trauma. Photographs combine with text to portray the essence of each woman's transformative journey from mental, physical, and/or sexual abuse to healing. Each woman helped create her own portrait as a personal symbol of healing; often focusing on one aspect of her body she felt was most affected in the healing process. Goff-LaFontaine says, "The women in this exhibit offered me a precious gift: the opportunity to be a part of their healing. Each of these women has moved far beyond the role of victim to see in herself the strength and beauty that was always there. They are recreating themselves, and they implore society to take a closer look, to see what the meaning of beauty truly is." "**Out of the Shadows**" is about reclaiming joy, not dwelling in the role of the victim.

### The 4 R's – Alex Waddell

These paintings were created to represent IVAT's 27<sup>th</sup> San Diego Summit Theme of *Amplifying Voices for Recovery, Resilience, Reconciliation, and Reformation*. The colors on each canvas were chosen to symbolize the meanings behind each word. Purple was used to represent the healing achieved while one works to recover, red for the courage it takes to reform systems, communities, and ourselves, blue for the freedom felt by all as we reconcile our pasts, and gold for the power of resilience. The artwork is dedicated to those who have experienced violence, abuse, and trauma, and hopes to acknowledge the parts of us all who are working to heal.

# Awards

**28<sup>th</sup> International Summit: Award Presentations will take place during the Networking and Awards Reception.**

## **2023 Distinguished Service Award for Excellence in Media**

Sponsored by the Leadership Council on Child Abuse and Interpersonal Violence (LC) and the Institute on Violence, Abuse, and Trauma (IVAT)

### **Leadership Council on Child Abuse and Interpersonal Violence (LC)**

The Leadership Council is a non-profit independent scientific organization composed of respected scientists, clinicians, educators, legal scholars, and public policy analysts. As part of their mission, they are committed to providing professionals and laypersons with the latest scientific information on issues that may affect the public health and the safety of society's most vulnerable members, especially children. They also seek to correct the misuse of psychological science to serve vested interests or justify victimizing vulnerable populations.

### **Institute on Violence, Abuse, and Trauma (IVAT)**

IVAT is a comprehensive resource, training, and professional services center dedicated to promoting violence-free homes, communities, and societies.

### **Criteria for Nominations:**

The media award is presented to the individual(s) or organization(s) whose use of media has helped nationally to: (1) increase public awareness of the impact of interpersonal violence on the health status of individuals, communities, or the general population' and/or (2) alert the public to the social, political, and institutional pressures that often serve to inhibit disclosure of abuse by children or adults, and impede appropriate prosecution and treatment of child abuse or family violence once disclosure is made. Examples of media considered for the LC and IVAT Media Awards include, but are not limited to, magazine or newspaper articles, books, documentaries, television shows, films, radio programs, and public service announcements.

## **Distinguished Service and Excellence in Film**

**This year's award is presented to: Scout Master and Director Josh Rushing and the Al Jazeera English Fault Lines Team.**

They have been awarded the Distinguished Service Award for Excellence in the Media for the film's stunning and insightful look into the small town of Lonoke, Arkansas that was shaken by the news of a local family's murder with their son, Heath Stocks, being the prime suspect. 25 years later, Al Jazeera's Emmy-Award winning documentary team, Fault Lines, travels to Lonoke to reexamine the case and its connection to one of the largest sex abuse scandals in American history.

## **Linda Saltzman Memorial Intimate Partner Violence Researcher Award**

*This award was first given at the 2007 IVAT Conference. It is a joint award by IVAT and the Centers for Disease Control and Prevention (CDC). This award is dedicated to the memory of Linda Saltzman, PhD, who dedicated her life to ending intimate partner violence through research. She was instrumental in promoting and initiating an intimate partner violence research program at the CDC decades ago, which opened the door for many of the researchers today. This award encourages continued research in this field by recognizing either new or established researchers who have made substantial contributions to the field of intimate partner violence.*

**This year's award is presented to Elizabeth Gilchrist, PhD, an HCPC Registered Forensic Psychologist and a Chartered Psychologist, of over 20 years, having been Chartered since May 1998. She is a Professor of Psychological Therapies at the**

University of Edinburgh, Chair of the Scottish Advisory Panel for Offender Rehabilitation, Past-Chair of the Division of Forensic Psychology-Scotland (DFP-S) and a member of the Community Justice Scotland Academic Advisory Committee. She is the Intervention Lead for a large NIHR funded study (ADVANCE) exploring the feasibility of delivering an integrated intimate partner abuse and substance use intervention in health settings in the UK and has researched and published in the area of intimate partner abuse, substance use, parenting risk, and justice. She is also Associate Fellow of the British Psychological Society and Fellow of the Higher Education Academy and holds an MA (Psychology) (Edin.) M.Phil. (Criminology) (Cantab.) and a PhD (Criminology) (Cantab.). She has served for 13 years on parole boards.

#### **Lifetime Achievement in Family Violence and Child Abuse Advocacy Award**

*This award is given to the individual who exemplifies compassion, wisdom, and tirelessness as they serve those who most need an ally during the most painful of times. This award honors and encourages the qualities of an advocate by recognizing outstanding lifetime achievement on behalf of victims of family violence and child abuse.*

**This year's award is presented to Joyce Thomas, RN, MPH PNP, FAAN**, a pediatric nurse practitioner with over five decades of experience in child maltreatment. She is an expert in cultural competency, child welfare, prevention, and children exposed to violence. She provides consultation on policy issues, training curriculum development, community engagement, and program development. Since 1987, she serves as President/CEO of the Center for Child Protection and Family Support. She has a BS in Nursing from Holy Names University, Oakland, CA, a master's degree from University of CA, School of Public Health, Berkeley, and a Pediatric Nurse Practitioner Certificate from Temple University School of Medicine, in Philadelphia, PA. She is a former President of APSAC and currently serves on the Commission to End Systemic Racism and Implicit Bias in Child Maltreatment. She is an Advisor to NPEIV and has Chaired the Public Policy Action Team. She has published numerous peer review articles and has received awards from many national organizations.

#### **Lifetime Achievement in Child Maltreatment Prevention and Treatment**

*This award is given to the individual whose efforts have made substantial contributions to the field. This award honors this individual by recognizing outstanding achievement on behalf of victims of child physical, sexual, emotional abuse and neglect. The person receiving this award has dedicated their life and career in helping maltreated children heal, recover, and be safe.*

**This year's award is presented to Roland Summit, MD**, a pioneer in the anti-rape movement when it came to protecting children, along with adult survivors of child abuse. He is highly respected for speaking out for both child and adult survivors when no one else was willing to put their reputations out on the line. Dr. Summit was the medical director of the Community Consultation Service, Clinical Assistant Professor of Psychiatry, Harbor UCLA Medical Center, Torrance, CA; along with being the author of the historic document "The Child Sexual Abuse Accommodation Syndrome", and numerous articles and books on the topic of child abuse. Dr. Summit was a founding member of the boards of directors of Parents Anonymous and the American Professional Society on the Abuse of Children. Dr. Summit founded the Los Angeles County Child Sexual Abuse Project and the UCLA Family Support Program.

#### **William Friedrich Memorial Child Sexual Abuse Research, Assessment and/or Treatment Award**

*This award is to honor the memory of William Friedrich, PhD, who dedicated his life to ending child sexual abuse through research, assessment, and clinical treatment. This award encourages these qualities by recognizing either new or established researchers or practitioners who have made substantial contributions to the field of child sexual abuse.*

**This year's award is presented to Mary Jo Barrett, MSW**, the Founder of The Center for Contextual Change. She holds a master's in social work from the Jane Adams School of Social Work and has served on the adjunct faculties of The University of Chicago, The Chicago Center for Family Health, and the Family Institute of Northwestern University. Ms. Barrett was the Clinical Director of Midwest Family Resource and has been working in the field of family violence since 1974 beginning

with Parents Anonymous. Ms. Barrett's latest book, *Treating Complex Trauma: A Relational Blueprint for Collaboration and Change*, was co-authored by Linda Stone Fish. Ms. Barrett has also co-authored two books with Dr. Terry Trepper: *Incest: A Multiple Systems Perspective* and *The Systemic Treatment of Incest: A Therapeutic Handbook*. She created the Collaborative Change Model, a contextual model of therapy used to transform the lives of those impacted by abuse and/or traumatic events. Her trainings and published works focus on the teaching of the Collaborative Change Model, family therapy and interpersonal violence, adult survivors of abuse and trauma, complex developmental trauma, and compassion fatigue. Ms. Barrett founded the Family Dialogue Project, a mediation program which strives to redefine relationships within families that have been impacted by allegations of abuse or differences that appear irreconcilable.

#### **IVAT Community Volunteer of the Year Award**

*This award is given to the person who has performed volunteer work that is above and beyond what is normally expected in such a role. The efforts put forth by the honoree show commitment to the values and goals that IVAT represents, and demonstrate a strong commitment to ending violence, abuse, and trauma.*

**This year's award is presented to Arvis Jones, MT, MA**, who received a Bachelor of Arts Degree from California State Long Beach with a Music Therapy Certificate and Master of Arts Degree in Clinical Psychology from National University. Arvis was the first African American Music Therapist employed by Arts & Services for the Disabled and the first Music Therapist at the Los Angeles Child Guidance Clinic, working with children and youth of all ages who have emotional and environmental problems where she developed a program to address the needs of children and youth ages 2 ½ and 22 years. Arvis was the first Assistant Director of a Grief and Loss program for Children in Los Angeles, where she helped to provide a supportive environment for families who were experiencing grief and loss. Arvis, who developed a grief and loss program that was used in nine middle schools of LAUSD, is currently facilitating a Grief and Loss group for mothers. She collaborated with the Mayor's Crises Response Team and the Los Angeles Police Department. Arvis has received honors and awards from the Los Angeles City Council and California State Senate, also numerous news articles written about Arvis' work including two articles in the Los Angeles Times. Currently she is working on a book about her experiences with grief, loss, and music therapy. Arvis has gone above and beyond as a dedicated member of the IVAT Planning Committee for over 16 years, helping IVAT secure numerous musical and dance performances, connected IVAT to speakers for both Plenary and general sessions, and facilitated various self-care opportunities at the Summit.

#### **The Returning Veterans Resiliency in Response to Trauma Award**

*This award is given to a veteran who has experienced trauma in war and has chosen to work to alleviate the trauma experienced by others, and act as an advocate in helping others heal and recover from the trauma experienced as a veteran. This award will identify a veteran whose work has had a notably restorative impact on a traumatized population due to various effects.*

**This year's award is presented to Jason Frey, AMFT**, an Associate Marriage and Family Therapist who works with children, adolescents, adults, and families experiencing duress due to mental health disorders. In addition to being the President of the Immigration Diagnostic Evaluation Academy, he serves as the lead trainer teaching clinicians how to conduct diagnostic evaluations for refugees and immigrants seeking status with the United States Citizenship and Immigration Services. Jason recently retired as a detective from the San Bernadino County Sheriff's Department. He specialized in crimes against children and was the lead investigator for their Internet Crimes Against Children detail. As a Police Officer Standards in Training (POST) instructor, he was a subject matter expert who taught on the topics of investigating child abuse, sex crimes, mandated reporting, crisis intervention, and 72-hour involuntary holds. He served as a team leader for the Department's Peer Support Team and facilitated multiple critical incidents debriefs. He is a retired Major from the U.S. Army Reserve and served as Psychological Operations Officer with three combat deployments to Iraq and Afghanistan. He retired as the Battalion Commander for the 4<sup>th</sup> Battalion, 104<sup>th</sup> Regiment responsible for training Civil Affairs and Psychological Operations soldiers.



### **Donald R. Fridley Memorial Award for Excellence in Training and Mentoring**

*This award is dedicated to the memory of Donald R. Fridley, PhD, a Southern California based psychologist considered to be the “clinician’s clinician”. Dr. Fridley was a master at training and mentoring other therapists and helping them develop and hone their talents and skills. He was a past president of the International Society for the Study of Trauma & Dissociation, their newsletter editor, and a member of their professional training faculty. This award is given to an individual or organization that, through innovative activities, strategies, and methodologies, has contributed to the training, mentoring, and development of future generations of mental healthcare providers.*

**This year’s award is presented to Viola Vaughan-Eden, PhD, MJ, LCSW**, a Professor and the PhD Program Director with the Ethelyn R. Strong School of Social Work at Norfolk State University in Southeastern Virginia. She is also the President and CEO of UP For Champions, a non-profit in partnership with The UP Institute, a think tank for upstream child abuse solutions. As a clinical and forensic social worker, she serves as a consultant and expert witness in child maltreatment cases – principally sexual abuse. Dr. Vaughan-Eden is President Emerita of the American Professional Society on the Abuse of Children, President Emerita of the National Partnership to End Interpersonal Violence, and Past-President of the National Organization of Forensic Social Work. She lectures nationally and internationally on child and family welfare to multidisciplinary groups of professionals. Dr. Vaughan-Eden serves on the editorial board of several peer-reviewed journals and is one of the editors-in-chief of the six-volume 2022 NPEIV Handbook on Interpersonal Violence. She is the recipient of several honors including the 2020 NOFSW Sol Gothard Lifetime Achievement Award, a 2019 Council of Social Work Education Leadership Scholar, and the 2012 National Association of Social Workers-Virginia Chapter Lifetime Achievement Award.

### **B.B. Robbie Rossman Annual Memorial Child Maltreatment Research Poster Award**

*This award was established by the Institute on Violence, Abuse, and Trauma in remembrance of B.B. Robbie Rossman, PhD. Dr. Rossman was a valued colleague, field pioneer and a great friend, who died suddenly in 2002 from cerebral aneurysms. Her research interests focused on family violence, child maltreatment, and the impact of intimate partner violence on children. Robbie’s career exemplified a passionate integration of research, clinical practice, teaching, and community service both locally and nationally. Robbie was one of the original advisory board planners of the IVAT Summit years ago. She maintained a strong commitment to the pursuit of cooperation and peace at all levels of human interaction. To remind us of her work and efforts, we initiated the B.B. Robbie Rossman Annual Memorial Panel, and we have created the Annual B.B. Robbie Rossman Memorial Child Maltreatment Research Award.*

**This year’s award is presented to “Scoping Review of Online Child Sexual Exploitation and Abuse (OCSEA): Identifying Key Themes and Gaps” by Luz Robinson**

### **National Partnership to End Interpersonal Violence Across the Lifespan (NPEIV) Murray Strus Interpersonal Violence Original Research Poster Award**

*The NPEIV Research Award is given to an individual(s) who has made significant contributions to original research conducted on the integration of multiple forms of intimate partner violence, intimate partner violence prevention, or intervention efforts.*

**This year’s award is presented to “Lived Experiences and Perspectives of Adult Survivors of Incest-Related Childhood Sexual Abuse” by Varsha Puri**

### **National Partnership to End Interpersonal Violence Across the Lifespan (NPEIV) Founders Award**

*The NPEIV Founders Award acknowledges significant contributions to the prevention of interpersonal violence that exemplify the goals of NPEIV to be integrative in research, practice, policy, or advocacy.*

This year's award is presented to "Intergenerational Child Maltreatment: A Scoping Review of Social-Emotional Risk and Protective Factors" by Casey Burton

## **HISTORICAL INTERNATIONAL SUMMIT ANNUAL AWARD RECORD**

### **IVAT & Leadership Council on Child Abuse & Interpersonal Violence Media Print Award**

2002 Kristen Lombardi and the Boston Phoenix	2013 Emily Bazelon article <i>The Price of a Stolen Childhood</i> , January 2013
2004 Alison Arngim, honored for her testimony to the California State Legislature on child sexual abuse	2014 Ross Cheit book <i>The Witch-Hunt Narrative</i>
2005 Marilyn van Derbur book <i>Miss America by Day...</i>	2015 Laruen Book books <i>It's Okay to Tell: A Story of Hope &amp; Recovery</i> and <i>Laruen's Kingdom</i>
2006 Victor Rivers book <i>A Private Family Matter</i>	2016 No award presented
2007 Jan Goodwin article <i>Please Daddy, No</i>	2017 Cassandra Kin in honor of Pat Conroy
2008 Herschel Walk book <i>Breaking Free</i> ; Andrea Moore-Emmett article <i>Behind the Cloak of Polygamy</i>	2018 Wendy Murphy for her numerous op-eds on various forms of Interpersonal Violence
2009 Victoria Balfour – Journalism	2019 No award presented
2010 Martin Moran book <i>The Tricky Part</i>	2020 No award presented
2011 Peter Jamison article <i>California Family Courts Helping Pedophiles, Batterers Get Child Custody</i>	2021 No award presented
2012 Amos Kamil article <i>Prep School Predators: The Horace Mann School's Secret History of Sexual Abuse</i>	2022 No award presented

### **IVAT & Leadership Council on Child Abuse & Interpersonal Violence Media Broadcast/Film Award**

2002 Close to Home, Vanessa Roth & Alexandra Dickson; Through Mark McGwire Foundation for Children	2013 Robin Sax, Martin Burns & Gina Silva Feature Series: Lost in the System
2003 Todd Black – Antwone Fisher & Garland Waller – Small Justice: Little Justice in America's Family Courts	2015 Kirby Dick and Amy Ziering film <i>The Hunting Ground</i>
2005 Angela Shelton film <i>Searching for Angela Shelton</i>	2016 James Redford films <i>Paper Tigers</i> and <i>Resilience</i>
2006 Celesta Davis film <i>Awful Normal</i>	2017 No award presented
2007 Amy Berg, <i>Deliver us from Evil</i>	2018 No award presented
2009 Kit Gruelle film <i>Private Violence</i>	2019 Dr. Steven Ungerleider & David Ulich for film <i>At the Heart of Gold</i>
2010 Tyler Perry film <i>Precious</i>	2020 No award presented
2011 Garland Waller film <i>No Way Out by One: A Documentary on the Story of Holly Collins</i>	2021 No award presented
2012 Amy Ziering, Tanner King Barklow & Kirby Dick film <i>The Invisible War</i>	2022 Amy Herdy, Amy Ziering & Kirby Dick film <i>Allen V. Farrow</i>

### **Rosalie S. Wolf Memorial Elder Abuse Awards (National – NCPEA; International INPEA)**

2002 National: Charlee Lambert Int: The World Health Organization (WHO)	2014 Trudy Gregorie
2003 Aileen Kaye & Gerry Bennett (Posthumously)	2015 Susan Somers
2004 Lia Daichman & Marie0Therese Connolly	2016 Bonnie Brandl
2005 Georgia Anetzberger Int: Gloria Gutman	2017 James (Jim) Vanden Bosch
2006 Rebecca Morgan Int: Tawengwa M. Nhongo (Africa) and Jenny Andrade (Bolivia)	2018 Laura Mosqueda
2012 Bettye Mitchell	2019 Pearl Berman
2013 Paul Greenwood	2020 No award presented
	2021 Paul Needham
	2022 Mary Beth Morrissey

**Linda Saltzman Intimate Partner Violence Researcher Award**

2007 Debra Houry	2015 Christopher Murphy
2008 Walter S. DeKeserdey	2016 Jeffrey Edleson
2009 Casey Taft	2017 K Daniel O’Leary
2010 Alan Rosenbaum	2018 Allison Crowe
2011 L. Kevin Hamberger	2019 Emily Douglas
2012 Diane Follingstad	2020 No award presented
2013 Murray Straus	2021 Julia Babcock
2014 April Gerlock	2022 Alytia Levendosky

**The Returning Veterans Resiliency in Response to Trauma Award**

2010 Tia Christopher	2017 Shahista Kreuziger
2011 Charles O’Leary	2018 Manuel Martinez
2012 Colonel David W. Sutherland	2019 J.R. Martinez
2013 Hector Matascastillo	2020 No award presented
2014 Heidi Squier Kraft	2021 Tammy Duckworth
2015 Rick Kenworthy	2022 Sarah Skelton
2016 Kathy Platoni	

**William Friedrich Memorial Child Sexual Abuse Research, Assessment &/or Treatment Award**

2006 Constance Dalenberg	2015 Jennifer Freyd
2007 Toni Cavanagh Johnson	2016 Nahid Fadul
2008 Nora Baladerian; Ming-Zhu Kao	2017 Barbara Bonner
2009 Sandy Wurtele	2018 Richard Gartner
2010 Joyanna Silberg	2019 Frances Waters
2011 Ian Lambie	2020 No award presenter
2012 Kathleen Coulborn Faller	2021 Mark Everson
2013 David Finkelhor	2022 Thomas Lyon
2014 David Corwin	

**National Partnership to End Interpersonal Violence Across the Lifespan (NPEIV) Paul Fink Interpersonal Violence Prevention Award**

2012 Center for Child Protection & Family Support, Inc.	2017 Amber Guthrie
2014 Award renamed in honor of the late Paul Fink, MD and presented jointly by IVAT and the Leadership Council on Child Abuse & Interpersonal Violence – Futures Without Violence	2018 Sujata Warriar
2015 Oliver Williams	2019 Vincent Felitti
2016 James Garbarino	2020 No award presented
	2021 Bettye Mitchell
	2022 Sherry Hamby

**National Partnership to End Interpersonal Violence Across the Lifespan (NPEIV) Heritage Service Award**

2016 Joyce Thomas	2020 No award presented
2017 Victor Vieth	2021 Alan Rosenbaum
2018 Oliver Williams	2022 Pearl Berman
2019 Kevin Hamberger	

### **Special Achievement and Recognition Awards**

2004 Wendy Titelman – Advocacy in Action Award  
2006 Justin Berry – Courage  
2007 James Ellis – Dedication & Commitment  
2008 Joyce Braak – International Efforts on Violence Against Women  
2009 Paul Jay Fink – Lifetime Advocacy for Victims of Child Abuse

2015 Lynn Rosenthal – Lifetime Advocacy for Victims of Family Violence  
2018 Mary Koss – Lifetime Achievement in Preventing Violence Against Women  
2022 Victor Vieth – Lifetime Achievement in Family Violence and Child Abuse Advocacy Award

### **Lifetime Achievement in Family Violence and Advocacy**

2005 Jacquelyn Campbell  
2006 Jacki McKinney  
2007 David Clohessy  
2008 Mary Walton  
2009 Vivian Clecak  
2010 David Chadwick  
2014 Sylvie de Toledo

2015 Rita Smith  
2016 Paula Lucas  
2017 Pamela Pine  
2018 No award presented  
2019 Glenna Tinney  
2020 No award presented  
2021 David Matthews

### **Donald R. Fridley Memorial Award for Excellence in Training & Mentoring**

2014 Priscilla Dass-Brailsford  
2015 Suzanna Tiapula  
2016 Ruth Gillis  
2017 Andrey Makhanko  
2018 Thema Bryant-Davis

2019 Cindy Miller-Perrin  
2020 No award presented  
2021 Patricia Kerig  
2022 Dorothy Espelage

### **IVAT Community Volunteer of the Year**

2004 David Miller  
2005 Michael Hertica  
2006 CiCi Porter  
2007 Kevin Connors  
2008 Linda Brown & Marge Michaelson  
2009 Beatriz Cruz  
2010 Alan-Michael Graves  
2011 Colanda Cato  
2012 J. Thomas Bellows  
2013 Glenna Tinney

2014 Christi Smith  
2015 Monica Ulibarri  
2016 Sally Lokey  
2017 Loren Hill  
2018 Jacquelyn White  
2019 Lucinda Rasmussen  
2020 No award presented  
2021 L.C. Miccio-Fonseca  
2022 Raquel Buchanan

### **National Partnership to End Interpersonal Violence Across the Lifespan (NPEIV) Murray Straus Interpersonal Violence Research Award**

2013 Leslie Ross, Jennifer Chang & Kathryn G. Wolf  
2014 Kristin Perry & Omar Chavez  
2015 Jennifer Livingston  
2016 Megan Hawker  
2017 Melissa Barnes  
2018 Sophia Holmqvist & Amy Lansing  
2019 Julianna Nemeth & Rachel Ramirez

2020 Isabella DiLauro, Dacey D=Bashaw, Valerie Vessels, Alicia Castro, Sydney Carpentier, William C. Pedersen, Lorelei Acuna, Steven Alba, Joanne Kim, Allyn Ojeda, Shane Toyohara, & Samuel Valle  
2021 Brittne Bloom, Renee Joseph, Monica Ulibarri, Elizabeth Reed, Jennifer Wagman & Emilio Ulloa  
2022 Olivia Backley, Taryn Thrasher, Diana Than, & Courtney Ahrens



## National Partnership to End Interpersonal Violence Across the Lifespan (NPEIV) Founders Award

2011 Maria M. Galano, Crosby A. Modrowski & Sandra A. Graham-Bermann  
2012 Marie Crandall, MD & Bennet Butler  
2013 Natasha Ludwig & Jamila Stockman  
2014 Nancy Stuebner, Linda Krajewski & Geraldine Stahly  
2015 Neilou Heidari, Natassia Mattoon, Alexandra Gomez; Co-Author: Courtney Ahrens

2016 Winnie Fong  
2017 Nola Butler-Byrd  
2018 Jack Shroeder  
2019 Katherine Satizabl-Parra Teefey, Martha Gomez, Virginia Gree & Rosaura Orengo-Aguayo  
2020 Julie L. Williams  
2021 Kanai Gandhi, Yaochong Huang & Erika Lawrence  
2022 Daniela Sarmiento Hernandez & Emily Smith

## Bookstore

Our bookstore offers the latest research and information on violence, abuse, and trauma, including books written and published by our own summit speakers. The IVAT bookstore will be available onsite, in the exhibit hall. To purchase books online, please visit: <https://www.ivatcenters.org/bookstore>

## Self-Care Sessions

### Dedicated Self-Care Room: Encinitas

Participate in a variety of offerings intended to help you balance the intensity of the Summit with the chance to join others in Self-Care and Wellness sessions available throughout the week. *These sessions are not eligible for continuing education credits.*

#### **Hatha Yoga** – Glenna Tinney

**August 27<sup>th</sup>, 28<sup>th</sup>, 29<sup>th</sup> from 6:30 am – 7:30 am**

Hatha yoga is practiced at a slower pace, with focus on the breath, controlled slow movements through static postures, alignment, and stretching. The class is designed to increase range of motion and mobility while focusing on strength, alignment, flexibility, and balance. Through movement and breath, Glenna helps those seeking to increase their strength, stamina, flexibility, and balance while also increasing self-awareness, decreasing stress, overcoming trauma, and becoming their best compassionate and gentle selves.

#### **Mindfulness Meditation** – Mariana Dorian

**August 27<sup>th</sup> from 7:45 am – 8:15 am**

Participants will practice mindfulness of the breath.

#### **Cultivating Calm and Centered States of Being** – Harry Stefanakis

**August 27<sup>th</sup> from 12:30 pm – 1:15 pm**

Participants will be guided through a practice of cultivating and anchoring a calm state as well as centering the three aspects of mind (cognitive mind, body mind, and relational mind).

#### **Self-Exploration and Practice: A Two-Part Meditation Session** – Bruce Liese

**August 27<sup>th</sup> from 6:00 pm – 6:45 pm**

This will be a two-part session. During part one of this session, participants will review and practice box breathing meditation. In part two of this session, Dr. Liese will guide participants through meditation focused on the question “who do I want to be?” Time will also be spent discussing the underlying processes that make meditation so helpful.

**Build a Better Day** – Mary Jo Barrett

**August 28<sup>th</sup> from 7:45 am – 8:15 am**

Together we will participate in a morning self-care ritual that will enable us all to use our entire brain and body to build a better day. Through meditation, guided imagery, and journaling, we will create a practice that you can use each and every day to build a better day, a better year, and a better healthier energized you. Please bring paper and a pen.

**Self-Care with Art Therapy and Collage** – Rocío Evans

**August 29<sup>th</sup> from 12:15 pm – 12:50 pm and 4:45 pm – 5:15 pm**

This session will allow attendees to create self-care collages. Attendees will be encouraged to focus on the theme: How can you best engage in self-care? Participants are welcome to engage in creating collages with whatever theme they choose. Poster board, scissors, glue, markers, postcards, glitter, scraps of fabric, and other materials will be provided.

**Reiki Session** – Gail Soffer

**August 28<sup>th</sup> from 12:15 pm – 1:15 pm**

Reiki is an energy healing technique in which a practitioner who has undergone formal training in this healing art places their hands gently on or just above your body to guide a flow of healthy energy through your body to reduce stress and promote wellbeing. No clothing is removed, and you are sitting in a chair not doing anything but receiving a short one-on-one “treatment”.

**Emotional Freedom Technique (AKA Tapping)** – Gail Soffer

**August 29<sup>th</sup> from 7:45 am – 8:15 am**

Participants will be guided through using EFT/Emotional Freedom Technique/Tapping to address stress, to stabilize, and to rebalance by gently tapping on acupuncture/acupressure points in a specific sequence through the top part of their bodies. No clothing is removed, and you are sitting in a chair, working on your own body, within a group.

**Mindfulness** – Gail Soffer

**August 30<sup>th</sup> from 7:30 am – 8:15 am**

participants will be guided through a mindfulness practice to foster awareness of present moment experiences, bring clarity, and empower wise responses. This is not meditation or visualization and does not involve any posture, prior experience, thought or breath control. You are sitting in a chair, bringing your attention to what is actually happening under the facilitator’s guidance.

**children's institute** IN PARTNERSHIP WITH **UCLA Pritzker Center** For Strengthening Children and Families

**FEATURING**  
Diana Ramos, MD | CA Surgeon General  
Eraka Bath, MD | UCLA Professor of Psychiatry

**KEYNOTE**  
Bessel van der Kolk, MD  
Psychiatrist & Author

**TRAUMA-INFORMED CARE CONFERENCE**

CREATING A **CULTURE OF WELLNESS & PREVENTION** FOR CHILDREN, FAMILIES & COMMUNITIES

**SEPTEMBER 26**  
[childrensinstitute.org/TIC23](http://childrensinstitute.org/TIC23)

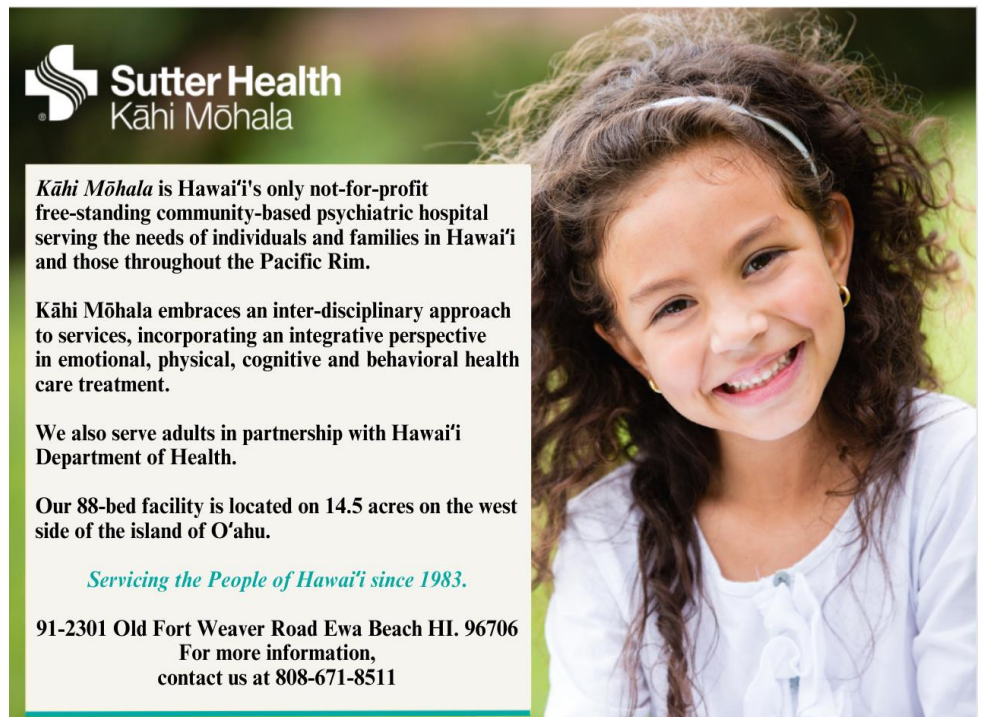
# Acknowledgements

## A Special Thank You to our 28<sup>th</sup> Summit Collaborators

3 Strands Global Foundation  
L'Associazione Italiana di Psicologia e Criminologia  
(A.I.P.C.)  
A Thousand Joys  
Academy on Violence and Abuse  
African American Domestic Peace Project  
AHA Foundation  
Alliance of Relative Caregivers  
American Health Services of San Diego  
American Humane Society  
American Professional Society on the Abuse of Children  
(APSAC)  
American Psychological Association-Public Interest  
Directories  
American Psychological Association  
Anchor Counseling and Educational Solutions  
Association of Batterers' Intervention Program (ABIP)  
Association of Traumatic Stress Specialists (ATSS)  
Aurrera Health Group/ Pathways to Resilience  
Battered Women's Justice Project  
Battering Intervention Services Coalition of Michigan  
(BISC-MI)  
Beautiful Dying  
Beau Biden Foundation  
Bellows Consulting  
Bilateral Safety Corridor Coalition (BSCC)  
Bluewater Mission – Justice Ministry  
Break the Cycle  
Break the Silence Against Domestic Violence (BTSADV)  
California American Professional Society on Abuse of  
Children (CAPSAC)  
California Association of Marriage and Family Therapists  
(CAMFT)- San Diego  
California Protective Parents Association (CPPA)  
Catholic Charities, Hawai'i  
Center for Contextual Change  
Center for Justice and Reconciliation, Point Loma  
Nazarene University  
Chaminade University  
Child and Family Service  
Children's Alliance of Hawai'i  
Children's Institute, Inc. (CII)  
Christie's Place  
Community Resource Center  
Consuelo Foundation  
County of San Diego: Aging & Independence Services  
(AIS)  
Crafty Counseling and Yoga Collective  
Critical Therapy Center  
Damon's Center for Grief, Loss & Trauma  
DBT Center of San Diego  
Department of the Prosecuting Attorney, County of  
Maui  
Domestic Violence Action Center  
Early Trauma Prevention Center  
End Rape on Campus  
Family Programs Hawai'i  
Fear 2 Freedom  
FLW Living Well Services  
Free the Girls  
FREE to THRIVE: A Fresh Start for Human Trafficking  
Survivors  
Generate Hope  
Groundswell Community Project  
Hands On San Diego  
Harmonium  
Hawai'i Children's Action Network (HCAAN)  
Hawai'i Children's Trust Fund  
Hawai'i Executive Office on Aging  
Hawai'i Medical Service Association  
Hawai'i Pacific University  
Hawai'i Psychological Association  
Hawai'i State Coalition Against Domestic Violence  
Hawai'i Youth Services Network  
HEAL Trafficking, Inc.  
Hecht Trauma Institute  
Hiding Spot  
Ho'oiikaika Partnership  
Ho'ōla Nā Pua  
HT-RADAR  
Institute for Counseling (RESPECT Parenting Class)  
Institute for Counseling of Escondido  
The Institute on Domestic Violence in the African  
American Community (IDVAAC)  
Institute for Human Services  
Interactive Advocacy  
International Society for the Study of Trauma and  
Dissociation (ISSTD)  
International Society for Traumatic Stress Studies (ISTSS)  
Kairos Digital Commerce Consulting

Leadership Council on Child Abuse & Interpersonal  
Violence  
Legacy Productions  
Lili 'uokalani Trust  
LIVE WELL San Diego – North Region  
MaleSurvivor  
Maui Family Support Services, INC.  
Mental Health America Hawai'i  
Mindful Veteran Project  
Moms Fight Back  
My Safety Tech  
National Association of Social Workers – California  
(NASW)  
National Association of Social Workers - (NASW) –  
Hawai'i  
National Center for Prosecution of Child Abuse  
National Center for Victims of Crime (NCVC)  
National Child Traumatic Stress Network (NCTSN)  
National Conflict Resolution Center  
National Immigrant Women's Advocacy Project,  
American University, Washington College of Law  
National Initiative to End Corporal Punishment  
National Link Coalition  
National No Hit Zones Committee  
National Association for Victim Assistance (NOVA)  
National Organization of Forensic Social Workers  
(NOFSW)  
National Partnership to End Interpersonal Violence  
Across the Lifespan (NPEIV)  
National Prevention Science Coalition  
to Improve Lives (NPSC)  
National Sexual Violence Resource  
Center  
Our Wave  
Pacific Regional Behavioral Health  
Alliance  
Pacific Southwest Mental Health  
Technology Transfer Center  
Parents and Children Together (PACT)  
P.A.R.E.N.T.S. Inc.  
Pōpolo Project  
Promoting Awareness Victim  
Empowerment (PAVE)  
Rancho Coastal Human Society  
SAFE Counseling Services  
San Diego City Prosecutors Office  
San Diego, East County Domestic  
Violence Council (SDDVC)  
San Diego Youth Services (SDYS)  
Sex Abuse Treatment Center Hawai'i (SATC)

Shared Hope International  
Sonshine Community Services  
Southern Indian Health Council, Inc. (SIHC)  
STM Learning  
Stop it Now! Inc.  
Strand<sup>2</sup> Squared Solution - A Paradigm Shift  
Street Positive  
Sutter Health, Kahi Mōhala  
T.E.A.M. Transforming the Experience of Anger in Men  
and Women  
The MEND Project  
Tariq Khamisa Foundation  
Taylor and Francis  
Texas Advocacy Project  
The Kapi'olani Child Protection Center  
The UP Institute/ UP For Champions  
The Voices and Faces Project  
U.S. Army Regional Health Command- Pacific  
United Nations Association – Women's Equity Council  
University of Hawai'i at Manoa, Myron B. Thompson  
School of Social Work  
Urban Surf 4 Kids  
Women Crowned in Glory, Inc./ Safe Passage  
Whistleblowers of America  
Women with Hope Ministry  
YMCA Youth and Family Services  
Zalkin Law Firm, P.C.  
Zero Abuse Project (ZAP)



**Sutter Health**  
Kāhi Mōhala

*Kāhi Mōhala is Hawai'i's only not-for-profit free-standing community-based psychiatric hospital serving the needs of individuals and families in Hawai'i and those throughout the Pacific Rim.*

*Kāhi Mōhala embraces an inter-disciplinary approach to services, incorporating an integrative perspective in emotional, physical, cognitive and behavioral health care treatment.*

*We also serve adults in partnership with Hawai'i Department of Health.*

*Our 88-bed facility is located on 14.5 acres on the west side of the island of O'ahu.*

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## Planning Committee Members

*Thank you to our dedicated Planning Committee members for devoting their time, energy, and expertise to this year's Summit. We couldn't do this without you!!*

*If you are interested in being involved in the planning of the 29<sup>th</sup> International Summit in 2024, please contact Alex Waddell at [alexandraw@ivatcenters.org](mailto:alexandraw@ivatcenters.org)*

Alicia Nichols	Jason Frey	Linda Brown	Michelle Alexander	Ricka White-Soso
Arvis Jones	Joy Johnson-Green	Lindsay Rogers	Monica Ulibarri	Sally Lokey
Beatriz Cruz	Karen Rich	Lucinda Rasmussen	Nada Yorke	Sameha Martini
Dawna Komorosky	Kassandra Mason	Luz Aramburo	Nikoo Sadatrafiei	Shahista Kreuziger
Gail Soffer	Kathleen Gorman	Lynne Stewart	Olivia Rosillo	Sujata Warriar
Glenna Tinney	Kevin Connors	Marge Michaelson	Pamelia Pine	Susan Omilian
Ingrid Murrele	L.C. Miccio-Fonseca	Michaelson	Pearl Berman	Tom Bellows
Jane Bussey		Melinda Oakley	Raquel Buchanan	Yusef Miller

## Submission Review Committee

Tom Bellows	Kathleen Gorman	Victor Kersey	L.C. Miccio-Fonseca	Glenna Tinney
Linda Brown	Michael Hertica	Dawna Komorosky	Ingrid Murrele	Gabriela Tiraspolski
Nanette Burton	Chelsea Hill	Shahista Kreuziger	Melinda Oakley	Sujata Warriar
Jessica Cardinali	Joy Johnson-Green	Teresa Love	Lucinda Rasmussen	Nada Yorke
Kevin Connors	Richard Kenworthy	Kassandra Mason	Olivia Rosillo	

## Poster Submission Reviewers

Tom Bellows  
 Kevin Connors  
 Jason Frey  
 Kathleen Gorman  
 Chelsea Hill  
 Joy Johnson-Green  
 Shahista Kreuziger  
 Glenna Tinney  
 Sujata Warriar  
 Nada Yorke

**Immigration Diagnostic Evaluations Academy**  
 OUR IMMIGRATION EVALUATIONS TRAINING PRODUCES EXPERT CLINICAL EVALUATORS

**About Our Training**

Become an Expert Clinical Evaluator of Immigration Diagnostic Evaluations  
 Our training will prepare you to become an expert clinical evaluator to write professional immigration evaluations.

If you are a Licensed MFT, LCSW, LPCC or Psychologist You can write a Diagnostic Report for Immigration Cases.

We Prepare you to be an Expert Witness for Immigration Federal Court  
 After our training you will be confident to appear as an expert witness if you are ever subpoenaed to immigration court.

Immigration Agencies are ready to refer clients to our graduates!

Our training is thorough, and we connect our clinicians with agencies that are referral ready.

Mentorship and Peer Support Teams Throughout your Evaluations  
 You will be part of our TEAM in monthly peer support ZOOM meetings to stay updated with USCIS and other immigration issues that come up. You will also have a mentor to guide you through your evaluations.

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[www.immigration-diagnostic-evaluations-academy.com](http://www.immigration-diagnostic-evaluations-academy.com)

# Affiliated Trainings

**AT1. MEGA<sup>†</sup> Specialized Risk Assessment Training: Assessing Sexually Abusive Youth, Ages 4-19 Years** – *L.C. Miccio-Fonseca, PhD, National Partnership to End Interpersonal Violence (NPEIV)*

**Room:** Del Mar 2

**Audience Level:** Intermediate: Appropriate for attendees who have been in the field 5-10 years and have basic information on a topic.

MEGA<sup>†</sup> is a tool for assessing risk for coarse sexual improprieties, and/or sexually abusive behaviors in youth ages 4-19 years. MEGA<sup>†</sup> is applicable for adjudicated or non-adjudicated males, females, and transgender individuals, including youth with low intellectual functioning. Robustly anchored in scientific methods and tested on over 4,000 youth internationally (largest validation studies in its field), MEGA<sup>†</sup> is state of the art and unique. It provides a comprehensive individualized risk assessment report according to age and gender. MEGA<sup>†</sup> can also follow changes in the youth's risk level over time (an outcome measure). This training provides certification on how to administer the assessment, as well as how to interpret and apply the MEGA<sup>†</sup> findings.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify three (3) risk factors of youth demonstrating sexually abusive behaviors.
2. Identify three (3) protective factors of youth demonstrating sexually abusive behaviors.
3. Evaluate the research and validity of the MEGA<sup>†</sup> instrument.

**Areas of Emphasis:** Child Abuse

**Continuing Education:** This session has been approved for 8 CE credits for: Psychologists, Social Workers, Victim Advocates, Traumatic Stress Specialists, and Attorneys

**IVAT Specialty Certifications:** Child & Adult Maltreatment

**AT2. Spousal Assault Risk Assessment (SARA) v3 Training** – *Elizabeth Gilchrist, PhD, University of Edinburgh*

**Room:** Del Mar 1

**Audience Level:** Intermediate: Appropriate for attendees who have been in the field 5-10 years and have basic information on a topic.

This workshop will provide an opportunity to learn new skills and build on existing skills in assessing and managing risk for intimate partner violence. Intimate partner violence is one of the most common forms of violence and is potentially lethal. Considering the pervasive and serious nature of this problem, it is critical that professionals engage in best practices when assessing and managing risk for intimate partner violence to prevent future tragedies. This training focuses on the Spousal Assault Risk Assessment Version 3 (SARAv3; Kropp et al., 2015), designed for professionals with some background training and knowledge of risk courses. The SARA v3 is an evidence-based decision support tool for assessing and managing risk for intimate partner violence. The third version of the SARA, released in 2015, incorporates all the recent advances in SPJ risk assessment. The SARA has been subjected to scientific evaluation, translated into numerous languages, and used in dozens of countries. The primary aim of the workshop is to ensure that delegates feel confident when assessing clients using the SARA v3 and to develop awareness of how risk management plans can be formulated. A certificate will be provided for evidence of attendance at this workshop, which may contribute to continuing professional development (CPD).

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify three (3) ways in assessing risk in Intimate Partner Violence (IPV) cases.
2. Identify three (3) skills in management risk in Intimate Partner Violence (IPV) cases.
3. Describe and have ability to implement Best Practices in assessing risk in Intimate Partner Violence (IPV) cases.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 8 CE credits for: Psychologists, Social Workers, Victim Advocates, Traumatic Stress Specialists, and Attorneys

**IVAT Specialty Certifications:** Domestic Violence Offender Treatment

# Summit Program

## A SESSIONS: Sunday, August 27<sup>th</sup>, 2023 | 8:30 am – 10:00 am (1.5 CE Credits)

**A1. “What’s in a Name?”: Critical Global Challenges in Terminology** – *Sujata Warriar, PhD, Battered Women’s Justice Project & Amy Sanchez, Battered Women’s Justice Project*

**Room:** Mission Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

Although universally recognized as a serious global issue, there is no universal consensus on the use of terminology in the field of what is now known as gender-based violence (GBV). Often this causes serious challenges in the collection of data, analysis, scaling up strategies, services, legislation, policy, clinical work as well as grassroots advocacy and community change. It is not only critical to understand terms but to use them with care in diverse contexts to avoid concept creep but to ensure historical accuracy and truth without undermining the need for expansions. The workshop will trace the historical antecedents of not only the terms used but the social and cultural context that guide terms. Using an intersectional and transnational lens, the presenters will combine their experience both in the US and in many different parts of the world to challenge participants to question the “term tree” of GBV. The highly interactive sessions will provide attendees with a world cultural tour of resistance, advocacy and survivor led change where even the UN recognizes the importance of Violence against Women and girls (VAWG) and GBV. The presenters will also connect GBV to not only patriarchal forces but lay bare its connections to other structural oppressions. Participants will formulate Venn diagrams that will convey the overlaps which can be used for future action.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Develop seven (7) existing terminologies around gender-based violence and develop a term tree.
2. Develop two (2) cultural, two (2) social and two (2) historical contexts that drive the use of specific terms in specific global contexts.
3. Utilize a transnational intersectional lens to develop three (3) strategies for making critical and informed choices on the usage of terms.

**Areas of Emphasis:** Cultural

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Nurses, and Substance Abuse Counselors

**IVAT Specialty Certifications:** Domestic Violence Offender Treatment

## **A2. Understanding and Changing Attitudes on Corporal Punishment**

**Room:** Pacific Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

**Part I. Training Professionals to Change Attitudes About Spanking Among Conservative Christians: How to Talk with People of Faith** – *Cindy Miller-Perrin, PhD, Pepperdine University & Robin Perrin, PhD, Pepperdine University*

Numerous interventions designed to challenge positive attitudes toward spanking and prevent future parental spanking have proved successful. However, these interventions have typically failed to address conservative Christian beliefs which research demonstrates are strongly correlated with positive attitudes toward spanking, as well as frequent use of spanking. Professionals who work with parents need specific strategies and appropriate language to engage parents of faith in discussions about alternatives to spanking. This presentation will provide information about Bible verses used to justify spanking and alternative interpretations of these passages. We will provide strategies and specific language that mental health, social work, medical, and education professionals can use to engage parents in a dialogue about physical punishment and its alternatives. Answers to frequently asked questions about spanking in the context of religious beliefs will be provided (e.g., Why do some Christians believe in spanking? Does the Bible mandate that parents spank their children? What is effective biblical discipline?) This presentation is important because physical punishment persists in the

United States in part because many Christians believe they should spank. Efforts to dissuade parents of this belief have the potential to produce significant social change.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify three (3) Biblical passages relevant in debates about physical punishment, and how these three (3) passages are interpreted by conservative Christians.
2. Describe three (3) alternative Christian understandings of these passages, preparing participants to effectively advocate within the conservative Christian community.
3. Discuss three (3) methods and a language for talking with people of faith about using alternatives to spanking.

**Part II. Corporal Punishment in Schools: The Harmful Inequities Still Prevalent in the American South – Ellen M. Chiocca, PhD, CPNP-PC, Sinclair School of Nursing, University of Missouri**

School corporal punishment results in many negative outcomes affecting a child's learning and safety. This presentation will help attendees learn about its prevalence, negative effects, and goals for change.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe three (3) associations between school corporal punishment and three (3) negative physical and three (3) psychosocial health outcomes.
2. Explore three (3) disparities in the administering of corporal punishment in schools.
3. Discuss three (3) potential effective interventions to prevent school corporal punishment.

**Areas of Emphasis:** Domestic Violence, Child Abuse

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Attorneys

**IVAT Specialty Certifications:** Child & Adult Maltreatment

**A3. Male Aggression and Police Brutality – Michael Levittan, PhD, T.E.A.M. & Oliver Williams, PhD, MPH, MSW, School of Social Work at University of Minnesota**

**Room:** Solana Beach

**Audience Level: Beginning:** Appropriate for all attendees as an introduction to a topic.

The ongoing violence perpetrated by police forces throughout the country, primarily focused on people of black and brown color, demands police reform legislation, as well as public education. It must be acknowledged that the majority of police officers conduct their assignments competently and ethically. This workshop attempts an in-depth exploration of causes and motivations of this pattern of violent behavior by those entrusted to "protect and serve." Possible solutions to end what have become a public health epidemic are presented. Specifically, the issues of male aggression, male privilege, men in power, implements of power, motivations to join the police force, groupthink, and racist aspects are expounded upon. Lastly, various ideas are provided to facilitate reasonable and expedient solutions to this crisis.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe three (3) primary roots of male aggression.
2. List three (3) possible motivations for young men to enter the police force.
3. Identify three (3) proposed solutions to the recent wave of police brutality.

**Areas of Emphasis:** Ethics and Professional Development and Cultural Issues

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Attorneys

**IVAT Specialty Certifications:** Trauma Care



#### **A4. Historic Resiliency of the African American Community** – Willie Cobb, MDiv, D.Min, Community First Medical Center

**Room:** Ocean Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

The systemic racism surrounding the criminal justice system in the United States has caused a tremendous impact on the Black community. There is a misunderstanding of the historic impact of the criminal and civil justice systems on the African American family and how the Black community has built resilience in overcoming racism. This misunderstanding has caused stereotypes and self-hatred, violence, and crime within the community. It has also caused grief and trauma. This presentation will debunk the stereotypes and myths and demonstrate how both the historic and current impact of the criminal justice system has not crushed the Black family. Research shows that despite the racial disparities in prison populations and the impact of violence that leads to the phenomenon of missing Black men, statistically, Black fathers are not absent from the lives of their children. Educating practitioners on this research and presenting the ways Black families have survived these oppressions will lead to a greater understanding and enable practitioners to support Black families as they build a more resilient community.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify three (3) of the lasting impacts the 13<sup>th</sup> Amendment has on the Black community.
2. Identify three (3) forms of trauma of systemic racism in the prison population and on the Black community.
3. Identify three (3) forms of resilience of the Black community in overcoming the impact of the prison industrial complex on Black families.

**Areas of Emphasis:** Cultural Issues

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Attorneys, Nurses, and Substance Abuse Counselors

**IVAT Specialty Certifications:** Trauma Care

#### **A5. Intervention Strategies for Women Who Use Force in Interpersonal Relationships** – Nada Yorke, LCSW, Yorke Consulting

**Room:** Imperial Beach

**Audience Levels:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

Research continues to support that women's violence differs from men's in regard to motivation, intent, and impact, yet most programs providing services for women who use force in interpersonal relationships continue to rely on program material designed for heterosexual male offenders. This workshop will discuss gender-responsive interventions and a program design which will assist attendees recognize the evidence-informed strategies available to address women's violence. It is important to recognize the value of trauma recovery and the need for emotional regulation and cognitive restructuring to help the female participants learn to identify and employ more nonviolent options available to them. Consistent with Relational-Cultural Theory (RTC), participants benefit from a program designed to allow for deeper connection and opportunities to develop healthy interdependence in their relationships. Evaluations tools used to determine if their thinking and beliefs about violence toward their partners is changing toward more positive, non-abusive conflict resolution will be discussed and evaluated. This workshop will address facilitator approaches for understanding and handling these differences which can impact the retention, engagement, and recidivism levels of the program participants.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Review two (2) evaluation instruments to assess cognitive change in beliefs about violence toward intimate partners and assess growth in emotional intelligence.
2. Analyze three (3) facilitation approaches to increase retention/engagement for females in a mandated program.
3. Evaluate two (2) gender-responsive lessons for female participants.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, and Counselors

**IVAT Specialty Certifications:** Domestic Violence Offender Treatment

## **A6. The Shadow Pandemic: Domestic Violence and COVID-19** – \*A portion of this session is a film screening.

**Room:** Regency F

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

### **Part I. The Last Drop: A Sci-Fi Film Screening About Relationship Abuse- Adam Joel, *The Last Drop***

The urgency of disrupting cycles of abuses through education, policy changes, and expansion of resources has never been greater. According to the UN, worldwide reported cases of domestic abuse have risen by 20% since the start of the pandemic, leading the UN to declare the rise in domestic abuse as a concurrent “shadow pandemic”. The Last Drop film, Executive produced by The One Love Foundation and The Safe & Together Institute, is a valuable tool developed by survivors for survivors, to help them discover, believe, and express their stories. Since many survivors have trouble facing their most challenging memories, this film is also a helpful tool to help social workers and therapists understand the type of private challenges their clients may face behind closed doors. For all viewers, the movie ends with a message of strength, support, and hope. To improve the accuracy of this film and maximize the surrounding impact campaign, we consulted a variety of experts with experience at leading organizations in the fields of abuse prevention, advocacy, and education, including Leslie Morgan Steiner, and individuals from the NCADV, NNEDV, Apna Ghar, The Network, and more.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Spot three (3) early signs of abuse: digital abuse, emotional abuse, and isolation tactics.
2. Demonstrate two (2) forms of survivor’s perspective: difficulty labeling their partner’s behavior and the dangers of leaving.
3. Use a supportive partnership to survivors in three (3) ways: respecting their timeline, validating their concerns, and empowering them as a decision-maker.

### **Part II. Patterns of Physical Intimate Partner Violence and Coercive Control During the COVID-19 Pandemic - Chloë Eidlitz, MA, University of Windsor**

Coercive control (CC) is a pervasive, systematic pattern of behaviors used by intimate partners to exert power over, control, and trap victims in abusive relationships. Abusive relationships marked by CC are linked to more long-lasting psychological consequences and an increased risk for more severe physical injuries, including domestic homicide, than those involving only physical violence. Dutton and Goodman (2005) created a theoretical model outlining distinct and interrelated components involved in coercively controlling relationships. In this qualitative study, we investigate whether this model reflects survivors’ lived experiences of CC, the sequence in which CC and physical intimate partner violence (IPV) occurs, and the impact of the COVID-19 pandemic on survivors’ experiences of both forms of IPV. Trauma-informed interviews were completed individually with 12 Canadian women accessing women’s shelters. Transcripts are currently being analyzed using Braun and Clarke’s (2021) reflexive thematic analysis. Based on preliminary analyses, emergent themes center on components of Dutton and Goodman’s (2005) model of CC including various methods used to prime victims for coercion, and coercion tactics such as demands, threats, and surveillance. Themes also include the use of pandemic restrictions to facilitate tactics of CC such as isolation. Implications of these findings will be discussed in relation to current IPV literature and prevention strategies aimed at reducing IPV.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Distinguish three (3) central components of Dutton & Goodman’s (2005) theory of coercive control.
2. Identify and predict three (3) utilizable tactics that exert control over female survivors of IPV.
3. Identify three (3) forms of violence and three (3) aspects of coercive control that were present in shelter-seeking Canadian women’s abusive romantic relationships during the COVID-19 pandemic.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session is not approved for continuing education credits.

## **A7. Research and Recommendations on the Sexual Exploitation of Children and College Aged Persons**

**Room:** Windansea Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

**Part I. The Human Trafficking/Sexual Exploitation Study of College Students in San Diego and Imperial Valley: Can We Build a More Resilient Community?** – *Lianne A. Urada, PhD, San Diego State University School of Social Work & Ashley Weitensteiner, MSW, San Diego State University*

Sex trafficking occurs in every neighborhood in San Diego County (e.g., at every high school), and is more prevalent than ever with the changes in our global society (e.g., social media recruitment during the pandemic). Factors such as housing and food insecurity in California further exacerbate financial constraints of college students. However, until now, we have not collected data on the nature and extent that college students, particularly freshmen and new students at colleges/universities in the U.S. (i.e., San Diego or Imperial Counties), are targeted for human trafficking (labor and sex trafficking). Funded by the Nemeth Foundation, this study collected data from 1,000 college students across 12+ campuses in 8+ university systems or districts in San Diego County and Imperial Valley, including public and private universities and community colleges. Results show that every university/college campus in this San Diego/Imperial Valley study has students targeted and recruited into the commercial sex trade, particularly freshmen females. Qualitative interview data from select students (n=20) who have come forward with stories/case studies will be shared as well as survey findings from the survey (n=1,000). These findings directly inform strategies for universities/colleges to collectively prevent human trafficking/sexual exploitation (e.g., sharing the case studies at new student orientations, training staff and faculty).

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe three (3) case studies of human trafficking/sexual exploitation of college students.
2. Identify three (3) characteristics associated with vulnerable college students who are exploited.
3. Explain three (3) potential ways to prevent human trafficking of college students or three (3) forms of protecting them against recruitment into the commercial sex trade.

**Part II. R.I.S.E. Court: A Multidisciplinary Approach to Addressing the Needs of Juvenile Justice-Involved Youth Who Have Experienced Commercial Sexual Exploitation** – *Danica Law, JD, San Diego County District Attorney's Office*

Over 3,000 reports involving minor sex trafficking victims were made to the National Human Trafficking Hotline in 2021 alone. Further, over 4,700 victims contacted through the Trafficking Hotline in 2021 had engaged in commercial sex for the first time as a minor. Many youths who entered the juvenile justice system have experienced commercial sexual exploitation (CSEC) or are considered high-risk for future involvement. As Safe Harbor laws have been implemented to provide legal protection to victims of sex trafficking and CSEC, and community stakeholders have become more aware of the realities surrounding the sexual exploitation of children, CSEC-related courts have been created throughout the country in an attempt to better serve the needs of youth who have experienced this specific trauma. R.I.S.E. (Resiliency is Strength and Empowerment) Court, a collaborative, engaged, trauma-informed court for juvenile justice-involved youth in San Diego County, was established to address the unique needs of this population. The multidisciplinary team is critical to the holistic rehabilitation of the program's participants. R.I.S.E. Court's multidisciplinary team is critical to the holistic rehabilitation of the program's participants. R.I.S.E. Court's multidisciplinary approach engages and supports youth and their families to achieve their full potential through strengthening their competence, confidence, character, connection, and contribution.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify the warning signs of youth who have experienced CSEC.
2. Identify community partners who can aid in the rehabilitation of youth who have experienced CSEC.
3. Explain benefits of a multidisciplinary approach when addressing rehabilitative needs of youth who've experienced CSEC.

**Areas of Emphasis:** Domestic Violence and Child Abuse

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Attorneys, and Nurses

**IVAT Specialty Certifications:** Trauma Care

**A8. Veterans Administration Healthcare Systems Comprehensive Intimate Partner Violence Screening Model** – LeAnn E. Bruce, PhD, LCSW, Department of Veterans Affairs, Intimate Partner Violence Assistance Program; Abby Krout, LCSW, Department of Veterans Affairs, Intimate Partner Violence Assistance Program & Natalie Peterson, DSW, LCSW, Department of Veterans Affairs, Intimate Partner Violence Assistance Program

**Room:** Regency E

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

The VA Healthcare Administration (VHA) recognizes intimate partner violence (IPV) as a serious public health epidemic that has far-reaching effects on Veterans and their intimate partners. IPV knows no age, race, gender or sexual identity, or socioeconomic status. Since 2014 the VHA has committed to ensuring that specialized and evidence-based services are integrated throughout the enterprise under the Intimate Partner Violence Assistance Program (IPVAP). This presentation will focus on delving into the revised Relationship Health and Safety model for screening and assessment. This model illustrates how trauma-informed care approaches can be applied at every step of the implementation process from staff training to documentation. Tools, training materials, and documentation guidance will be demonstrated. The presentation will provide an overview of outcomes, discussion the role of universal education and provide a synopsis of innovations and interventions available.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify three (3) unique risk factors and needs of Veterans.
2. Describe the three (3) levels of screening offered to identify IPV risk.
3. Discuss the pros and cons between Universal Education and Routine Screening.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Trauma Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Trauma Care

**A9. Building Victim Resiliency Through Improved Rape Reports**

**Room:** Torrey Pines Beach

**Audience Level:** Intermediated: Appropriate for attendees with some experience in the topic area (about 2-5 years).

**Part I. The Sexual Assault Forensic Evaluation and Treatment (SAFE-T) Academic Hospital Collaboration** – Elise Lopez, DrPH, MPH, University of Arizona Consortium on Gender-Based Violence; Cynthia Chapman, University of Arizona Consortium on Gender-Based Violence; Melissa Zukowski, MD, MPH, FACEP, FAAP, Emergency Department Banner University Medical Center – Tucson & Katlyn Monje, LMSW, BHP, Southern Arizona Center Against Sexual Assault (SACASA)

In this presentation, we will discuss the successes, challenges, and lessons learned from creating a campus-based, dual SANE-SART program. This project is a collaboration between the University of Arizona, Southern Arizona Center Against Sexual Assault, and Banner University Hospital. We identified a critical need to expand University of Arizona students' access to forensic exams, which were not available on or near campus. Central to the project is the Sexual Assault Forensic Evaluation and Treatment (SAFE-T) medical forensic exam program. Since opening the doors in August 2021, the SAFE-T program has served over 100 survivors. The campus SART has grown to include members from more than 20 on-campus departments, including student EMS, athletics, Greek life, Title IX, law enforcement, and disability services. This panel presentation will include presentations by project partners from all three sectors. We will discuss our experiences with:

- Laying the groundwork for several years before receiving DOJ funding to officially launch
- Developing, implementing, promoting, and training medical staff in a new emergency department service
- Increasing advocate and SANE capacity to respond to survivors at multiple hospitals
- Navigating campus politics and engaging a variety of stakeholders, including those who are not typically 'at the table', to create a campus SART

**Objectives:** At the conclusion of this session, participants will be able to:

1. Understand the roles of hospital, community agency, and university partners in creating a dual SANE-SART.
2. Identify three (3) challenges that could come up in building a campus SANE-SART program.
3. Identify three (3) strategies for engaging campus stakeholders in sexual assault response.

## **Part II. Police Interviews of Rape Victims in the South Sea Islands – Karen Rich, PhD, LCSW, Marywood University**

Trauma informed policing is a new buzzword, but it is not clear how well the principles of trauma informed care have been applied to policing; there is even less knowledge about how citizens making rape reports are treated as a result of an interest in trauma informed policing. Victim advocates, especially those who attend victim interviews, may be instrumental in making these experiences more victim-centered; however, their services are not always welcomed by police officers in the field. Approximately 800 police officers in the South Sea Islands completed a survey on how they interview citizens making rape reports; about 400 were from a metropolitan police department, and the other 400 were from rural islands. Subjects were asked about their involvement with victim advocates, their attitudes about rape, and their previous experiences with rape cases. Findings reveal some similarities and some differences between the two groups. In all groups, there was wide variability in interviewing skill and willingness to utilize the services of victim advocates. Implications of the results for building resilience among rape victims in rural communities will be discussed.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify three (3) characteristics of trauma informed interviews for rape survivors.
2. Identify two (2) specific issues that complicate rape reporting among victims from rural Asian and Pacific island communities.
3. Identify three (3) ways in which the police response to rape in the Pacific Islands can be made more trauma informed.

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Attorneys

**IVAT Specialty Certifications:** Trauma Care

## **A10. Safety for Service Providers as First Responders from a Native American Perspective – Gayle Thom, FBI (Retired), FAST Tribal Sexual Assault Initiative & Tanya Grassel Kreitlow, Lower Brule Tribal Nation, FAST Tribal Sexual Assault Initiative**

**Room:** Del Mar

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

Planning for victims' and survivors' freedom from violence is a critical component of victim services. Advocates' safety is also a vital part of overall safety planning. Yet advocating safety can be a complex matter. Training, research, and evaluation often focus solely on the safety of victims and survivors we are privileged to serve. Without addressing advocate safety, are we missing the true impact of striving to build a deeper and more comprehensively resilient perspective of safety for all involved in the victim assistance realm? Simple steps will be presented that Victim Service Providers can use in our everyday lives. These are not meant to be all-encompassing; simply thought-provoking, to help promote conversation and understanding of what additional training might be helpful. Our goal is to provide hope and inspiration by offering these simple steps that Victim Service Providers can use in your everyday lives.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify organizational or structural components that may contribute to aggressive client behavior.
2. Implement ways one can prevent violence and keep themselves safe.
3. Define components of an effective debriefing if a violent attack were to occur.

**Areas of Emphasis:** Cultural Issues

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, and Traumatic Stress Specialists

**IVAT Specialty Certifications:** Trauma Care



## **A11. Treating Trauma with Mindfulness Tools**

**Room:** Regency D

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

### **Part I. Understanding Medical Trauma and Recovery Through Mindfulness – Marina Dorian, PhD, Naropa University**

The past few years since the beginning of the COVID-19 pandemic have seen a rise in medical trauma. The psychological effects of medical trauma are often overlooked and overshadowed by actual illness or injury. While the vast public focus has been on the COVID-19 illness, there are many different experiences related to illness, injury or medical treatment that can be difficult, uncomfortable, or frightening, such as traumatic brain injuries, stroke, and aneurysm. Medical trauma refers to a patient's psychological and physiological response to a negative or traumatic experience in a medical setting. Medical trauma can manifest as both emotional and physical responses to pain, injury, serious illness, intensive medical procedures, and frightening treatment experiences. It is estimated that among adults, approximately one-third of traumatically injured patients experience Post Traumatic Stress Disorder (PTSD), or depression symptoms post-injury and approximately 20-30% of ICU patients experience PTSD symptoms. In this presentation, I will discuss the symptoms of PTSD resulting from medical trauma and how medical trauma can be treated by integrating mindfulness with cognitive-behavioral approaches. I will share both a case study and personal experience of surviving a brain aneurysm rupture and recovery through mindfulness practice. The nature of medical trauma provides a unique opportunity for implementation of prevention and early-intervention programs including mindfulness.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe three (3) aspects of medical events that may be psychologically distressing and cause trauma.
2. Define what is medical trauma and identify three (3) symptoms of PTSD resulting from medical trauma.
3. Describe how mindfulness can help cope with medical trauma in three (3) ways.

### **Part II. EPIC Moments: Implementation of a Mindfulness Tool – David Mathews, PsyD, LCSW, People Incorporated and One T., Inc & Raquel Buchanan, LMFT**

This workshop will focus on The EPIC Moments strategy for working with those who have been affected by trauma. It is a tool based on the cognitive-behavioral approach and built from understanding and best practices for how to provide trauma-informed care. It can be used in providing direct services to children, youth, and adults as well as used by staff in multiple professional fields who are regularly exposed to trauma-experienced people with whom they work. The presenters will assist the attendees in developing their own EPIC Moments tool for their personal and professional use. In addition, attendees will be able to have the opportunity to be a part of the EPIC Voices and Conversations (EVAC) Podcast with sharing their chosen EPIC Moments

**Objectives:** At the conclusion of this session, participants will be able to:

1. Increase understanding of the EPIC Moments mindfulness strategy.
2. Better understand how to apply and integrate the use of Epic Moments with clients or program participants.
3. Increase understanding of how to use EPIC Moments for reducing secondary trauma or professional compassion fatigue.

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Nurses, and Substance Abuse Counselors

**IVAT Specialty Certifications:** Trauma Care

# OPENING PLENARY AND CEREMONY

10:30 am – 12:15 pm | Located in the Regency Ballroom

## Native American Blessing

Erica Pinto, Chairwoman of the Jamul Indian Village of California



## Welcoming Comments



*Sandi Capuano Morrison, MA, CEO, IVAT, NPEIV  
&  
Mara Elliott, City Attorney of San Diego*



## Special Performance

*Mariachi Juvenil Herencia Michoacana*



Mariachi Juvenil Herencia Michoacana was founded in August 2016, in the city of Costa Mesa. They have competed in many competitions in different categories. Their last competition was at the Mariachi Nationals on August 4<sup>th</sup>, 2023, where they placed 1<sup>st</sup>. They have worked with several Hispanic artists like Ana Barbara, Steven Sandoval, and a few professional mariachis like Mariachi Sol de Mexico. They were part of a halftime show for the LA Chargers along with Mariachi Sol de Mexico and Mariachi Reina de Los Angeles. They are committed to teaching people about their culture through their music.

## OPENING PLENARY SPEAKERS



**Alissa Ackerman, PhD, California State University, Fullerton/Ampersands  
Restorative Justice**

*“Survivor to Survivor Scholar: A Pracademic’s Guide to Healing, Justice, and Connection”*

In 2014, after 15 years of silence, Dr. Alissa Ackerman disclosed her 1999 rape for the first time. She had spent the first decade of her career studying sexual violence and victimization but was certain that sharing her lived experience would taint her reputation as an objective sex crimes researcher. The decision to disclose changed the course of her career and taught her many lessons about herself, the needs of people who experienced sexual trauma, and what true accountability looks like for people who have perpetrated sex crimes. In this 30-minute plenary, Alissa discusses what she has learned in the second decade of her career about resilience, overall wellness, and the importance of connection for healing, justice, accountability, and the prevention of sexual harm.

**Nicole Hockley, Co-Founder and CEO of Sandy Hook Promise**

*“Know the Signs: Creating Culture Change That Leads to Safer Schools”*

Sandy Hook Promise (SHP) is the only organization of its kind taking a holistic approach to ending gun violence and creating safer schools through a unique combination of no-cost K-12 educational programs, robust research, and nonpartisan policies. University of Michigan research proves that through SHP’s “Know the Signs” violence prevention programming, youth have an increased willingness to speak up about warning signs, better attitudes about school, significantly fewer aggressive behaviors, and stronger relationships between students and teachers. The “Know the Signs” programs teach students and educators how to recognize at-risk behaviors and intervene to get help, empowering everyone to keep school and communities safe.



### 1 Continuing Education Credit

## KEYNOTE PANELS: B SESSIONS: Sunday, August 27<sup>th</sup>, 2023 | 1:30 pm – 3:30 pm (2 CE Credits)

**B1. Treating Dissociation in Adult Survivors of Abuse and Trauma** – *Panelists: Kevin J. Connors, MS, LMFT; Frances S. Waters, DCSW, LMSW, LMFT, Waters Counseling and Training & Shir Daphna-Tekoa, PhD, MSW, MA, Ashkelon Academic College; Moderator: Karen Rich, PhD, LCSW, Marywood University*

**Room:** Regency F

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

The first presenter will focus on the fundamental issues in treating dissociation. These issues include the ties to complex PTSD, the three-stage phasic model for treatment with the need to consistently support safety and stability throughout the three stages, and the centrality of the therapeutic relationship in treatment. The second presenter will focus on the diagnosis of childhood dissociation, as well as the Checklist of Indicators of Trauma and Dissociation in Youth (CIT-DY). The third presenter will discuss the Medical Somatic Dissociation Questionnaire (MSDQ). They will demonstrate how the validated MSDQ can distinguish between children, youth, and adults, who have been sexually abused and those who have not been, and how the MSDQ can be used to evaluate somatic symptoms in childhood sexual abuse survivors by recognizing sexual abuse as the root cause.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Define Complex PTSD.
2. Describe all three (3) stages of Complex PTSD.
3. Identify at least two (2) indicators of childhood dissociation.

**Areas of Emphasis:** Child Abuse

**Continuing Education:** This session has been approved for 2 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, and Traumatic Stress Specialists

**B2. B.B. Rossman Memorial Panel: Current Challenges in Child Sexual Abuse Prevention** – *Panelists: Lauren Book, MS, Lauren's Kids, Florida State Senator, Senate Minority Leader; Viola Vaughan-Eden, PhD, MJ, LCSW, Norfolk State University & The UP Institute & Mary Jo Barrett, MSW, Center for Contextual Change; Moderator: Nikoo Sadatrafiei, PsyD, LMFT, A Balanced Communication*

**Room:** Regency E

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

The first presenter will discuss how the first stage of child abuse is most often a series of subtle behaviors known as “grooming” used to build trust and test boundaries before committing the ultimate violation. Unfortunately, this predatory practice is now being conflated and co-opted in political culture wars – confusing the public to the detriment of prevention. AS a survivor of grooming, prevention education, and Florida lawmaker, Senator Lauren Book will break down the dangers of politicizing the word “grooming” and how we must do all we can to continue educating the community, children, and parents through public awareness and school-based education curriculum. The second presenter will discuss how harsh physical punishment is associated with increased child abuse, including child sexual abuse. Educating adults about the harms of physical discipline reduces child abuse. Additionally, educating adults on how to prevent, recognize, and react responsibly on ways of protecting children from sexual abuse has a greater chance of reducing child sexual abuse than expecting children to be responsible for their own safety. The last presenter will discuss one of the greatest challenges in working with child abuse and neglect, which is in the area of incest. Whether it is adult child incest or sibling incest, or child or adult treatment, it’s important to understand the unique nuances of the treatment of incest. They will explore the impact on the clinician and the clinical frames necessary for successful treatment.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Gain an understanding of early trauma to the long-term functioning of children, adolescents, and adults.
2. Identify three (3) forms of generational trauma, causes, affects, and solutions.
3. Identify and practice solutions and outcomes of trauma and resilience.

**Areas of Emphasis:** Child Abuse

**Continuing Education:** This session has been approved for 2 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, and Traumatic Stress Specialists

**B3. Family Courts and Reunification Programs** – *Richard Ducote, JD, Ducote Law; Jennifer Hault, JD & Diana Avalle, PsyD, IVAT; Moderator: Robert Geffner, PhD, ABN, ABPP, IVAT, NPEIV*

**Room:** Mission Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

The first presenter will discuss litigation strategies for challenging problematic custody evaluations, guardian's ad litem, and reunification programs. The second presenter will focus on how Family Codes and reunification therapy orders violate children's constitutional rights and strategies for raising them in custody/violation proceedings. The third presenter will address the various concerns of Parental Alienation in the courts, as well as specific Parental Alienation treatment programs, such as Building Family Bridges that are based on "junk science", and more importantly, how they are detrimental to the physical and emotional well-being of families that experience abuse and are misattributed to be suffering from Parental Alienation. Ethical issues inherent in the research and treatment practices of such programs will be discussed.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Explain in three (3) ways, to lawyers, mental health professionals, and litigants how U.S. Family Codes and reunification therapy orders systemically deprive children of their 1<sup>st</sup> and 14<sup>th</sup> Amendment rights.
2. Describe three (3) strategies to combat and seek redress for those violations.
3. Identify at least one (1) ethical consideration and one (1) methodological concern regarding the research and practice of common Parental Alienation treatment programs.

**Areas of Emphasis:** Ethics and Professional Development

**Continuing Education:** This session has been approved for 2 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Attorneys

**B4. Violence, Trauma, and Migration** – *Panelists: Maria Jose Fletcher, JD, Battered, Women's Justice Project; Dilkhwaz Ahmed, MS, License to Freedom & Mahshid Hager, MFT, SEP, Somatic Experiencing International Faculty; Moderator: Jane Bussey, MA, NPEIV*

**Room:** Torrey Pines Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

The first presenter will discuss how women, girls, and other vulnerable individuals leave their homes and communities escaping gender-based violence, especially sexual violence, in the hope that once in the United States they'll lead a life free from abuse. During their journey, many are confronted with further violence. Of those who succeed in entering the United States a great number will be exposed to other abuses. As practitioners, we are tasked with ensuring that immigrant survivors encounter responsive, compassionate, trauma-informed, culturally appropriate services. The second presenter will discuss how the decades of war in the Middle East and Afghanistan compounded with the trauma of having refugee status, language inaccessibility, cultural incompetence, and the pain of loss of family, friendships, and lifestyle affect the relationships and individuals within them. As a former refugee, Dilkhwaz will draw from lived experiences to comment on the implicit bias affecting the safety of women experiencing domestic violence, the impact of the Muslim ban implemented by the Trump presidency and the aftershock of racism that continue to create instability and violence within the Middle Eastern and Afghanistan community in San Diego. The third presenter will highlight the challenges faced by refugees, including forced displacement, loss of home and loved ones, and exposure to violence and persecution. The speaker delves into the concept of trauma and its multifaceted consequences on individuals, families, and communities. We will discuss the specific challenges refugees encounter in adapting to new environments, navigating cultural differences, and rebuilding their lives amidst ongoing stressors. Attendees of this talk will gain insights into practical strategies that nurture healing and resilience among refugees. By understanding the deep-seeded impacted of trauma and recognizing the transformative



potential of creating a sense of belonging and treating individuals with dignity, we inspire collective action towards building a more compassionate and inclusive society.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Discuss three (3) ways the experiences of immigrants coming to the United States play out regarding seeking freedom from gender-based violence.
2. Demonstrate three (3) strategies about ways to effectively respond to their needs for counseling and support.
3. Discuss three (3) effects prolonged war violence and trauma has on the refugee community, amplified by racism, prejudice, and bias within community and national governments.

**Areas of Emphasis:** Domestic Violence and Cultural Issues

**Continuing Education:** This session has been approved for 2 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, and Traumatic Stress Specialists

**B5. Achieving Violence Free and Substance Abuse Sobriety in Abusive Men** – *Panelists: Oliver Williams, PhD, MPH, MSW, School of Social Work at University of Minnesota; Dominique Waltower; Skip Waltower & Dante Waltower; Moderator: Nada Yorke, LCSW, Yorke Consulting*

**Room:** Ocean Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

In the field of interpersonal violence, few studies have examined the process of change among men that batter. Perhaps this is because there is low confidence that men with such a history will change or sustain the change. Yet, either through research or lived experience, the presenters will attest to the fact that there are some men that have ended their violence and abuse. This presentation is for offenders and the process and stages of change as well as important questions within it. It will also include interviews with former female partners and adult children exposed to their fathers' violence and abuse and focus on engaging men in the process of change rather than family reunification. For years the field has used the same model to work with men that batter. This presentation will offer recommendations to enhance the current model of batterer intervention programs.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Modify an interview, by discussing three (3) exemplified approaches, with partners or ex-partners about their experiences.
2. Express three (3) approaches to interviewing an adult and children about their exposure to violence.
3. Illustrate three (3) programs that could include in their current models about the stages of change.

**Areas of Emphasis:** Domestic Violence and Substance Abuse

**Continuing Education:** This session has been approved for 2 CE Credits for: Psychologists, Social Workers, Counselors, and Substance Abuse Counselors

**B6. Integrating Research, Practice, Policy, and Advocacy with Intimate Partner Violence Survivors** – *Panelists: Elizabeth Gilchrist, PhD, University of Edinburgh; Julia Babcock, PhD, University of Houston & Mildred Muhammed, Multi-Award-Winning Global Keynote Speaker, Author, Trainer, and Consultant; Moderator: Melinda Oakley, MS, DPO II, LA County Probation*

**Room:** Del Mar

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

This panel will focus on the different approaches to integrating research, practice, policy, and advocacy with intimate partner violence survivors. Each panelist will discuss how their different areas of expertise and professional fields approach these topics, and how that informs the individual panelists research, practice, and advocacy when working with survivors of intimate partner violence. Time will be allotted for questions and further discussion.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Define the philosophy of trauma-informed care.
2. Identify three (3) to five (5) ways that programs can deliver improved trauma-informed care services.
3. Describe the importance of cross-sector collaboration to improve prevention and intervention efforts with IPV victims and offenders.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 2 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Attorneys, and Nurses

**B7. Addressing System Challenges when Working with Survivors of Human Trafficking** – *Panelists: Nicole McAmis, MD, Stanford Health Care; Wendy Patrick, JD, MDiv, PhD, Black Swan Verdicts & Danica Law, JD, San Diego County District Attorney's Office; Moderator: Glenna Tinney, MSW, ACSW, DCSW, Captain, U.S. Navy (Ret.), National Partnership to End Interpersonal Violence (NPEIV)*

**Room:** Windansea Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

The first presenter will discuss how human trafficking is profound violation of human rights and is local, national, and global health problem. Victims are reduced to objects for commerce, leading to a \$150 billion-dollar industry representing the second largest source of income for organized crime. While human trafficking is kept clandestine, a recent report showed that over 40.3 million people worldwide are victims with over 70% being women and girls and one in four victims being children under the age of 18. While once assumed to be a mostly international problem with 5.4 victims of modern slavery for every thousand people, the US has an estimated 1.3 victims per every thousand people. Healthcare providers are one of the few professionals who are likely to interact with victims of human trafficking. Multiple studies have found that up to 88% of victims had come into contact with the healthcare system while being trafficked. For healthcare providers to fully assist victims of human trafficking, further awareness, knowledge, and training is needed to help identify and assess vulnerable patients. Healthcare providers are becoming increasingly aware of human trafficking victims in healthcare settings; however, they continue to state that they have insufficient training in order to recognize these individuals. The second presenter will equip providers with a strategy to understand the. Unique relational dynamics between traffickers and their victims which often masquerade as consensual relationships of love and affection, and how to speak to the “invisible” chains. They will discuss trauma informed best practices approach to overcoming the procedural and emotional hurdles involved in working with victims of exploitation, and how to build cooperative relationships of trust. The third presenter will discuss the vulnerabilities and challenges of juvenile sex trafficking survivors. The factors that lead juveniles into sex trafficking and commercial sexual exploitation are multilayered and must be identified, understood, and addressed in order to effectively serve survivors.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Discuss three (3) complex needs of juvenile sex trafficking survivors.
2. Develop three (3) approaches to foster trust and rapport tailored to the unique experience of trafficking victims, considering the exploitive, manipulative tactics traffickers use to keep victims in the “lifestyle”.
3. Discuss three (3) challenges surrounding identifying victims of human trafficking in the healthcare setting.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 2 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**B8. Prevention of Maltreatment Across the Lifespan** – Panelists: Joyce Thomas, RN, MPH, PNP, FAAN, Center for Child Protection and Family Support; Heather Littleton, PhD, University of Colorado, Colorado Springs & Maureen DuMouchel, Riverside County Deputy District Attorney; Moderator: Patricia Frosio, MPA, IVAT

**Room:** Pacific Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

The first presenter will focus on skill building strategies for offenders who are on probation following incarceration for intimate partner violence. The intent is to reduce the risk of child abuse and neglect when these individuals return to the community. The second presenter will discuss how LGBTQ+ youth face elevated risk of multiple forms of violence relative to their heterosexual peers. Concerningly, existing violence prevention programs developed to meet the needs of heterosexual youth are less effective in preventing violence among LGBTQ+ youth. This presentation will highlight the value of integrating a strengths perspective and a focus on positive identity development into violence prevention programming for LGBTQ+ youth via discussion of two prevention programs, one for youth alone and one for caregivers and youth.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Delineate three (3) values of a focus on positive identity development in implementing effective violence prevention programs for LGBTQ+ youth.
2. Identify three (3) skill building strategies to reduce the risks of child maltreatment when ex-offenders prepare to reunite with their children.

**Areas of Emphasis:** Domestic Violence, Child Abuse, and Aging/Long Term Care

**Continuing Education:** This session has been approved for 2 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**B9. Ethics and Standards for Providers Treating Juveniles who are Sexually Abusive** – Panelists: Lea Chankin, PsyD, State Authorized Tools for Sex Offenders (SARATSO), California Sex Offender Management Board (CASOMB); L.C. Miccio-Fonseca, PhD, Clinic for the Sexualities, NPEIV & Apryl Alexander, PsyD, ATSAF, UNC Charlotte; Moderator: Lucinda Rasmussen, PhD, LCSW, San Diego State University School of Social Work

**Room:** Imperial Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

This panel will discuss the recent changes to state law that have impacted juveniles who have committed a sexual offense. It will cover the impact of SB823 on registration of juveniles and placement of juveniles in the community, as well as the CASOMB's recommendations for this population. Panelists will also discuss the fact that while it is important to hold youth accountable for their actions, research on the sex offense registry reveals that the registry is ineffective. Additionally, the panel will discuss laws surrounding sex offense registration, community notification, residency restrictions, and the collateral consequences of placing youth on the registry and needs for policy reform. Lastly, there will be focus on how the field of assessing youth who engage in coarse sexual improprieties and/or sexually abusive behaviors has continually imposed an adult centered convicted male sex offender paradigm onto youth, even those children and adolescents who have never been arrested or reported to law enforcement. The panelists will challenge this dubious practice, advocating that developmental and gender issues, along with adjudication status be considered when assessing youth and planning and implementing interventions (which may include treatment). Emphasis is placed on the need for professionals working with youth to demand unequivocally strict adherence to the basic evidence-based standards of professional practice in research design and clinical practice.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Explain the collateral consequences of the sex offense registry on youth.
2. Identify at least one (1) change to state laws that have impacted juveniles who have committed a sexual offense.
3. Identify at least one (1) evidence-based standard of professional practice in research design and clinical practice.

**Areas of Emphasis:** Child Abuse and Ethics and Professional Development

**Continuing Education:** This session has been approved for 2 CE Credits for: Psychologists, Social Workers, and Counselors

**B10. Suicide Prevention and Mental Health Issues in the Military and First Responders** – *Dan Willis, Captain (Retired), First Responder Wellness, National Command and Staff College, International Academy of Public Safety; Jorge Duran, MA, Bureau of Investigations, San Diego District Attorney's Office & Alfonso Villegas, San Marcos Treatment Center; Moderator: LeAnn E. Bruce, PhD, LCSW, Department of Veterans Affairs, Intimate Partner Violence Assistance Program*

**Room:** Regency D

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

The first presenter will focus on the nature of trauma, how it can injure the brain, and ways to recover and heal from trauma. The second presenter will discuss their specific military experience, deployment history, and lived experience of dealing with the symptoms of, and how to cope with PTSD. The third presenter will discuss law enforcement leaders' role in de-stigmatizing mental health in policing, setting the organizational tone for wellness programs, and seeking opportunities to incorporate wellness and resiliency into the departments' culture.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify three (3) community-wide initiatives focused on veteran suicide prevention.
2. Identify three (3) strategies to enhance military culturally competent care.
3. Identify three (3) resources for help working with the military community.

**Areas of Emphasis:** Suicide Assessment and Prevention

**Continuing Education:** This session has been approved for 2 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Nurses, and Substance Abuse Counselors

**B11. Violence and Discrimination Against LGBTQIA+ Youth and Their Families** – *Panelists: K Thomas, MA, LPCC, The Commons, LGBTQ+ & Allies, University of San Diego; Dorothy Espelage, PhD, University of North Carolina at Chapel Hill & Will Abshier, MA, LPCC, The San Diego LGBT Community Center; Moderator: Jessica Silsby, PsyD, IVAT*

**Room:** Solana Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

The first presenter will discuss how when we think about supporting LGBTQIA2S+ youth, we often think about the stress a child might experience in coming out to their family and support systems, but what about the family? For youth in supportive families, the coming out process is a collective experience. Parents, siblings, and family members may need to reimagine their hopes for their loved one's future, "reintroduce" their loved one with a new name or pronoun or stand in solidarity with this family member over others. Research shows us that the impact of positive family support can decrease risk for mental health challenges and increase resiliency and self-esteem. By reframing the coming out process to be collective, we also reframe the process as strengths-based within community resiliency. The last presenter will discuss how LGBTQ+ youth and their families are frequently stereotyped as urban, liberal, and affluent. Demographic data from a 2019 study by the Movement Advancement Project dispels this notion with the finding that up to 3.8 million LGBTQ+ individuals or 20% of the LGBTQ+ population in the United States lives in rural areas. Recent politicized national pushes to effectively ban empirically based gender affirming care interventions, remove public access literature containing LGBTQ+ themes, and prevent educators from engaging with youth on topics of gender and sexuality, have brought forth many newsworthy anecdotes of queer youth and their families fleeing southern states. The lived realities of rural LGBTQ+ youth and their families are far more complex than either demographic or anecdotal data could paint alone. Themes of lacking access to resources, social isolation, antagonism & bullying cross state lines even when anti-LGBTQ+ policy does not. Rural areas, national news headlines and federal policy exist in every state. Experiences of societal marginalization of race, class, ability, and religious affiliation further inform the lived reality of LGBTQ+ youth and family. With expanded access to mental health resources via telehealth, mental health clinicians are more likely than ever to encounter LGBTQ+ youth living in rural or suburban environments. This presentation will cover some basic demographic and sociological information, as well as insights from a therapist providing care to LGBTQ+ individuals in both urban and rural San Diego County, to increase clinicians' awareness of quality-of-life determinants in the lives of LGBTQ+ youth and their families.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify two (2) strategies to support parents of LGBTQIA2S+ youth in navigating the coming out process.
2. Describe three (3) common ways LGBTQIA2S+ Youth are discriminated against in healthcare settings.
3. Identify two (2) culturally-trauma responsive strategies to support queer and trans IPV student survivors.

**Areas of Emphasis:** Domestic Violence, Child Abuse, and Cultural Issues

**Continuing Education:** This session has been approved for 2 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

## **C SESSIONS: Sunday, August 27<sup>th</sup>, 2023 | 4:00 pm – 5:30 pm (1.5 CE Credits)**

**C1. Restorative Justice and Sexual Harm: An Interactive Workshop** – *Alissa R. Ackerman, PhD, California State University, Fullerton/Ampersands Restorative Justice*

**Room:** Mission Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years). Healing from intimate harm requires connection. Restorative justice offers connection via unique pathways for addressing the needs expressed by those impacted by sexual harm. It offers opportunities for those who have sexually harmed others to fully own and accept responsibility for their acts while offering creative accountability measures. Restorative justice offers safe and sacred processes that are created by facilitators who are trained in active listening skills and restorative justice. This 90-minute interactive workshop will explore the roots and fundamentals of restorative justice and vicarious restorative justice cases of sexual harm. Participants will learn about the evidence for restorative justice, including research on outcomes for people who participate in such processes. We will discuss a process for taking participants through both a restorative and vicarious restorative justice process.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Discuss three (3) literatures on the effectiveness of restorative justice.
2. Describe three (3) restorative justice processes that can be utilized in cases of sexual harm.
3. List three (3) accountability measures that can be applied in restorative justice processes.

**Areas of Emphasis:** Domestic Violence and Cultural Issues

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Attorneys, and Nurses

**IVAT Specialty Certifications:** Trauma Care

**C2. Black Older Youth in Foster Care: Impact of Systemic Racism** – *Joyce Thomas, RN, MPH, PNP, FAAN, Center for Child Protection and Family Support*

**Room:** Ocean Beach

**Audience Level:** Advanced: Appropriate for those in the field for 7+ years and presents practical applications to utilize. Systemic racism exists in public child welfare, and this causes inequalities for Black foster care youth. Data on racial disparities such as, school suspension, suicide, exposure to violence, and juvenile arrest demonstrate the need to improve older Black foster youth's experiences and outcomes. The purpose of this presentation is to discuss systemic racism on older Black youth in foster care, and to identify strategies to improve outcomes. This session is based on special projects of the DC Citizen Review Panel (CRP) in which Panel members examined services for foster youth aged 15 to 21 years known to DC Child and Family Service Agencies. The focus was on educational/vocational achievements such as did youth receive a diploma, GED, or trade certification, and were they financially ready. A community forum was held to engage residents and obtain their input about the challenges of foster youth. Through external evaluation process, Panel members reviewed agency policies, practice guidelines, and special reports. Older youth often exit foster care needing resources such as housing, finances, education, and other services to prepare them for independent living (Casey Foundation Report, 2023). In conclusion, we found that Black youth in DC child welfare did not get needed services to insure successful



transition to independence. It was further determined that CRPs are in a unique position to provide recommendations to public child welfare agencies to improve foster youth outcomes.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Name four (4) challenges that confront older youth leaving the foster care system.
2. Define System Racism in Child Welfare as it pertains to older foster care youth exiting the system.
3. Identify three (3) reasons for engaging Citizen Review Panels to reduce the potentials of systemic racism in order to improve outcomes for Black Youth leaving the foster care system.

**Areas of Emphasis:** Cultural Issues

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Attorneys, and Nurses

**IVAT Specialty Certifications:** Child Custody Evaluators and Trauma Care

### **C3. Working to Better Protect Victims: Protection Orders and Firearms in Domestic Violence Courts**

**Room:** Imperial Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

**Part I. Child-Centered Considerations in Orders of Protection for Litigants with Children in Common** – *Yasmeen Khayr, Loyola University Chicago & Casey Callahan, Loyola University Chicago*

The Family Court Enhancement Project (FCEP), a federally funded program at a domestic violence court, sought to improve civil OP proceedings for litigant parents with children in common. FCEP initiatives included training for court personnel, new court positions, and informational materials to assist litigant parents with shared children. The Center for Urban Research and Learning at Loyola University Chicago partnered with the court to evaluate the various FCEP initiatives. Included in the study were in-depth qualitative interviews and focus groups with litigant parents, judges, attorneys, and advocates. These interviews assessed the impact of FCEP on the safety outcomes of litigants and their experiences with obtaining an order of protection. The litigants and court personnel interviewed all reflected on their experiences with the newly added Child Relief Expediter (CRE). The CRE role was created to facilitate and assist litigant parents to mutually create safe parenting arrangements. It was clear from the interviews that the CRE was pivotal for facilitating safer parenting options for litigants with shared children and for providing court personnel with case information that led to safer judicial outcomes for litigant parents. Despite the impact of the CRE, there remain challenges for litigants after they receive their OPs. Further research and programming are needed to center legal, financial, and social-emotional options for litigants beyond the OP.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Apply an innovative program at a domestic violence court centered on litigants who have children in common seeking an order of protection.
2. Express three (3) ways of domestic violence court can increase safety options and a sense of fairness for litigant parents with shared children.
3. Design discussions around improving safety outcomes of litigants after they have received an Order of Protection.

**Part II. Women's Intersectionality: Justice and the Prison System** – *Diana Avalle, PsyD., IVAT*

Using a feminist perspective, this presentation will focus on how the issues of intersectionality (how one's gender, race, class, sexuality, etc. combine to form unique perspectives and life circumstances) influence women's experiences in the criminal justice and prison systems. Themes will include an introduction to the criminal justice system with emphasis on feminist criminal justice, a history of the prison system, women's experiences in prisons, battered women's justice, and possible solutions to our criminal justice system. Understanding how intersectionality works is crucial in comprehending the roots and complexities of female deviance and criminality. Finally, this presentation will explore the complexities of female offending and how society responds to the crimes women commit, and their experiences prior to incarceration.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Explain two (2) ways the interrelated effects of race, gender, class, and sexuality function in the construction of identity and oppression, especially women navigating the legal and prison systems.
2. Explain two (2) feminist theories and how they apply to women's experiences in prisons.
3. Identify two (2) significant feminist and cultural themes and issues within Feminist Criminal Justice literature.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Attorneys

**IVAT Specialty Certifications:** Child Custody Evaluators

**C4. I Can't Breathe: Gasping for Air While Living at the Intersection of Trauma, Black Grief, and White Supremacy – Jamie Eddy, DMin, Thanatologist, Death Doula, CEO Thoughtful Transitions**

**Room:** Pacific Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

Grief, loss, death, and dying are a part of life – for all of us. Influenced by many factors, including but not limited to culture, religion/spirituality, personal history, and circumstances surrounding the death, those experiences will vary from person to person. Are there unique factors that influence how people of African descent grieve? How does the parasitism of whiteness impact the grieving of Black People? Anticipatory grief, the loss of a loved one- particularly from malicious acts of violence, disenfranchised grief, generational trauma, and the lack of social support place people of African descent at risk for continuous chronic grief reactions. Furthermore, we have such a high cultural tolerance for Black pain that we often fail to decolonize our staff, programming organizational mission and care to meet the needs of people of African descent. In this workshop, you will identify how whiteness impacts Black trauma and grief. From identifying our own biases to understanding and recognizing institutional biases, we will reimagine how to cultivate space for personal and communal healing after trauma and grief and learn how to disrupt institutional harm for people of African descent.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Develop three (3) foundational classifications of loss.
2. Describe how historical trauma impacts grief for people of African Decent in three (3) ways.
3. Identify at least two (2) ways to decolonize programming and/or practice to provide more equitable, compassionate care.

**Areas of Emphasis:** Cultural Issues

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Attorneys, Nurses, and Substance Abuse Counselors

**IVAT Specialty Certifications:** Trauma Care

**C5. How COVID-19 Facilitated Innovation: The Adaptation of ADVANCE Groupwork Intervention to Address Intimate Partner Abuse for Men in Substance Use – Elizabeth Gilchrist, PhD, University of Edinburgh**

**Room:** Windansea Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

Covid-19 restrictions created barriers to 'business as usual' in justice and healthcare settings. However, it also opened the door to innovation driven by necessity. This manuscript describes how the ADVANCE in-person group intervention to reduce intimate partner abuse (IPA) by men in community substance misuse services was adapted for digitally supported delivery consistent with public health restrictions on delivery of services under lockdown. Restrictions in the UK meant that many substance misuse services were unable to continue to deliver in-person services. In addition, reduced monitoring of risk and need created barriers to offering support for vulnerable IPA victim-survivors. This was acute where concerns about the potential for an increase in IPA by men who use substances, locked in at their domestic address with limited access to substances, was key. One response was to adapt the ADVANCE intervention to (a) a blend of video groups; web-based, avatar-led, self-directed learning; and staff led 'coaching' phone calls to enable the ongoing delivery of

ADVANCE for the men and (b) a blend of direct phone calls and personalized support for current and ex-partners. The adaptation of ADVANCE was undertaken similarly to the initial development of the ADVANCE model, drawing from professional, clinical, and academic knowledge, including reviews of telehealth, computerized CBT, online therapies, health websites and e-platforms.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Dispel common myths about the intersection of domestic violence, mental health, and substance abuse.
2. Describe how mental health and substance abuse issues intersect with perpetrators' behaviors and tactics.
3. Explore how these intersections impact children.

**Areas of Emphasis:** Domestic Violence and Substance Abuse

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Nurses, and Substance Abuse Counselors

**IVAT Specialty Certifications:** Domestic Violence Offender Treatment

## **C6. Structural Determinants of Mental Health and Unintentional Harm When Responding to Abuse**

**Room:** Torrey Pines Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

**Part I. How Those Responding to Abuse Inadvertently or Intentionally Cause Harm – Annette Oltmans, *The MEND Project* & David Hawkins, *MBA, MSW, MA, PhD, The Marriage Recovery Center***

Victims/Survivors often live in an emotional state where they cannot identify the cause of their complicated and destructive relationship. They either don't see themselves as victims or they don't use the word "abuse" when earnestly trying to describe the confusing patterns of abusive behaviors they experience from their partner daily. Their ability to set healthy boundaries and protect themselves against recurring abuse as well as obtain help and resources is enhanced when they gain much-needed clarity about their situation. Well-meaning first responders, therapists, faith leaders, and other responders attempt to help but their words and actions often inadvertently exacerbate the victim's trauma and embolden the abuser; this phenomenon of Double Abuse® is an epidemic. When people of perceived or actual authority or knowledge are ill-informed or miss the mark, PTSD can transition into Complex PTSD, a more complicated form of trauma to heal. This workshop explores the cultures that propagate Double Abuse, or iatrogenic trauma induced by the perceived helper, its impact on victims/survivors, and how to prevent it. We will also instill best practices for meeting the requirements of compassion victims need to heal. We will explore these forms of Double Abuse: Pastoral, Spiritual, Professional, and Lay Counseling, Family and Friends.

**Objectives:** At the conclusion of this session, participants will be able to:

1. In simple language, explain one (1) confusing tactic, two (2) manipulative tactics, and three (3) patterns of abusive and narcissistic behaviors, providing clients with essential clarity and validation.
2. Apply three (3) specific forms of compassion, which are essential to a victim's healing and prevent the cause of further harm.
3. Utilize three (3) tools provided to equip victims to advocate for themselves against narcissists and enlighten victims to the help of church leaders, law enforcement, attorneys, and other responders.

**Part II. The Psychosocial and Structural Determinants of Mental Health and Their Impact on Migrant Mothers in Tijuana – Emma Stirling-Cameron, *University of British Columbia***

The purpose of this analysis was to understand the psychosocial and structural determinants of migrant women's mental health in Tijuana, Mexico. This qualitative research study was conducted in partnership with Al Otro Lado, a community-based non-profit organization. Participants were recruited from their Mother-Baby assistance program. 30 semi-structured, in-depth interviews were completed. Women were eligible to participate if they were between the ages of 18-54, were actively seeking or planning to seek asylum to the U.S. and had been pregnant or were postpartum after March 2020. Title 42 has left many families living along the U.S.-Mexico border in deleterious conditions. Lack of affordable, trustworthy childcare, restrictions on meaningful employment, food insecurity, and safe housing/shelter were critical structural

determinants of women's mental health. The indefinite waiting period for U.S. asylum claim processing left women feeling trapped. Participants were comfortable using terms such as 'trauma' and 'mental health' and desired access to free counselling services, of which few were available. Migrant women in Tijuana are being exposed to a multitude of structural and psychosocial determinants of mental health. Policy changes and affordable, appropriate counselling services are needed.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Express the impacts of US immigration policy on migrant women's mental health at the US-Mexico border.
2. Identify three (3) key policies and service solutions/interventions needed to address structural determinants of migrant women's mental health at the US-Mexico border.
3. Describe three (3) critical and structural determinants of mental health in a humanitarian crisis.

**Areas of Emphasis:** Domestic Violence and Cultural Issues

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Victim Advocates, and Traumatic Stress Specialists

**IVAT Specialty Certifications:** Trauma Care

### **C7. Understanding and Overcoming the Criminalization of Human Trafficking Survivors** – *Jamie Beck, JD, Free to Thrive*

**Room:** Del Mar

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

According to the National Survivor Network, 90% of sex trafficking survivors have a criminal record. Having a criminal record traps victims into a life of exploitation and creates barriers to employment, housing, education, and financial stability. States around the country recognized this injustice and passed vacatur laws that allow survivors to clear their criminal records. These laws vary drastically between states. Therefore, the level of justice a survivor can attain depends on where they were trafficked and criminalized. There is also a lack of access to legal services creating an additional barrier to freedom. This presentation will provide an overview of the ways in which victims and survivors are criminalized, the impact of their criminal records, the laws throughout the United States, how these laws can be used to help survivors, the process to clear a survivor's record (in California), and the impact of criminal record clearing on the lives of survivors. This training will also discuss the disparate criminalization of survivors from marginalized groups, barriers in access to legal services and legislative efforts to improve and expand vacatur laws around the United States with a focus on the various amendments to California's vacatur law. Lastly, the session will discuss opportunities for attendees to engage in legislative advocacy to improve the vacatur laws in their state.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe three (3) ways in which human trafficking survivors are criminalized and three (3) impacts of criminalization.
2. Illustrate the evolution of vacatur laws around the United States.
3. Explain the process to clear a survivor's criminal record.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Trauma Care

**C8. Paradigm Shift from Response to Prevention: The Army's Approach to Integrated Primary Prevention** – Sarah Sullivan, MS, Headquarters Department of the Army; Katherine Schaughency, PhD, MHS, Headquarters Department of the Army & Michele Barber, LCSW, Office of the Assistant Secretary of the Army (Manpower and Reserve Affairs)

**Room:** Regency D

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

Preventing harmful behaviors before they happen promotes not just every individual's well-being but also inclusion and safety throughout the Army. Integrated primary prevention addresses shared risk and protective factors across multiple harmful behaviors through integrated solutions, while maintaining prevention activities that may be unique to a specific harmful behavior. The panel will discuss the Army Integrated Prevention Advisory Group's (I-PAG) latest approach to address multiple harmful behaviors at individual, interpersonal, community and organizational levels, outside of a clinical setting (i.e., policies, programs, practices) and discuss how the approach might apply to your community.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe three (3) shared risks and protective factors across multiple harmful behaviors (e.g., sexual assault, harassment, retaliation, suicide, domestic abuse, child abuse, and substance use/misuse).
2. Describe three (3) integrated prevention approaches that could simultaneously reduce multiple harmful behaviors (e.g., sexual assault, harassment, retaliation, suicide, domestic abuse, child abuse, and substance use/misuse).
3. Describe three (3) data informed, evaluation approaches, to assess integrated primary prevention efforts.

**Areas of Emphasis:** Domestic Violence, Child Abuse, Substance Abuse, and Suicide Assessment and Prevention

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, and Traumatic Stress Specialists

**IVAT Specialty Certifications:** Trauma Care

**C9. Beyond the Victim: Understanding the Total Impact of Sexual Assault** – Amanda Briggs, MPA, Briggs & Blair Consulting & Allen Blair, MEd, Briggs & Blair Consulting

**Room:** Regency E

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

The purpose of this workshop is to educate, inform, and motivate individuals and organizations to implement research-based, trauma-informed interventions for the forgotten casualties of sex crimes: those who know and/or love the perpetrator. Its main points include the ripple effect that becomes the total impact of sexual assault, the lack of awareness and resources for this forgotten demographic impacted by the crime, and specific actions that can be taken to meet this demographic's need for trauma-informed care. The findings presented include the four forgotten categories of casualties of sex crimes, the lack of resources for those who know the perpetrator, the long-term consequences of not providing adequate resources to this demographic, and research-based interventions needed by this demographic. Only when appropriate help and resources are offered to those who know the perpetrator can the total impact of sexual assault be addressed and healed.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Demonstrate the full impact of sexual assault by recognizing the four (4) forgotten categories of casualties in every sex crime.
2. Describe three (3) primary types of trauma-informed care needed by this group.
3. Identify three (3) specific actions your organization can take to provide trauma-informed care for the forgotten categories of casualties.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Trauma Care



**C10. Moving from Resilience to Sustainability: Rethinking Our Working Lives in Challenging Times** – *Joanna Pashdag, PhD, Hawaii Pacific University; Wendy Morgan, MSc, Priority Group, UK & Esther Murray, PsyD, Queen Mary University of London, Barts and the London School of Medicine and Dentistry*

**Room:** Solana Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

Mental health and social care workers have long been on the front lines of communities' strivings for health, safety, and welfare, but recent years have seen an unsustainable increase in the challenges they face. Across the country and much of the world, we are constantly being asked to do more with less. How can practitioners help build resilient communities when we ourselves are faced with the increasing pressures of our jobs, in an era of short rations and increased demand? In this hands-on, interactive workshop, three psychologists who deal with these pressures on a regular basis will help attendees look beyond ideas such as burnout and compassion fatigue, which put the burden of change on the individual, and show how tools from decision-making science, trauma-informed care, and the field of moral injury can facilitate true self-care and lasting systemic change.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe at least six (6) systemic and individual challenges in providing human services.
2. Apply a decision-making process that balances client and community care with personal and organizational sustainability.
3. Describe at least three (3) actions that they can immediately apply to their individual practice situation to support their personal resilience and the long-term stewardship of their practice.

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, and Counselors

**IVAT Specialty Certifications:** Trauma Care

**C11. Neurobiologically Recovering from Trauma: Poetry, Hypnosis, and Cognitive Science**

**Room:** Regency F

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

**Part I. Language in the Fractures: The Use of Poetry and Clinical Hypnosis in the Treatment of Violence and Trauma** – *Harilaos (Harry) Stefanakis, PhD, Registered Psychologist*

Poetry and clinical hypnosis activate neurobiologically rooted abilities that allow humans to change perception and integrate conscious and subconscious processing. Both pay careful attention to the use of language in capturing and directing attention, activating emotion, and building connections. Both look to move the receiver's focus towards awareness, insight and/or life affirming change. Poetry can also reach the masses and influence political and social awareness while inviting social change. This seminar sketches the ways in which poetry and clinical hypnosis overlap, provides examples demonstrating the therapeutic utility of these modalities and reviews supporting research supporting.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Compare and contrast the difference between hypnotic states and clinical hypnosis.
2. Describe the key communication features that poetry and hypnosis share.
3. Identify the five (5) clinical functions of poetry and hypnosis in promoting awareness and change.

**Part II. Understanding and Facilitating Recovery from Trauma with Insights from Cognitive Science** – *Bruce S. Liese, PhD, ABPP, University of Family Medical Center*

Trauma, regardless of the type, duration, and severity has the potential to cause substantial emotional and physical suffering, resulting in a wide range of mental health problems (e.g., depression, anxiety, aggression, disassociation, addictive behaviors, social impairment, and potentially suicide). Alternatively, trauma may result in post-traumatic growth. The purpose of this clinical workshop is to present important cognitive science processes and relate these to trauma treatment and recovery. For example, we explain how trauma can impact attention, working memory, inhibitory control, and cognitive flexibility. We focus on defining problems, goals, and change strategies with these cognitive processes in mind. We relate therapeutic change to cognitive effort and deliberate, intentional cognitive processing. We discuss the

value of teaching clients about relevant cognitive processes (e.g., by explaining how changes in their thoughts, feelings, and behaviors demand inhibitory control and cognitive flexibility for developing and maintaining more adaptive cognitive and behavioral patterns). We emphasize that clinicians' automatic cognitive and emotional reactions to clients (e.g., heuristics and biases) can lead to clinical ruptures, especially when clinicians work with diverse populations. And we strongly encourage participants to reflect on their own cognitive processes and constructs when engaged in helping people who struggle with traumatic experiences.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Explain how knowledge of cognitive constructs and processes may enhance the assessment and treatment of people who have experienced trauma.
2. Describe how three (3) core executive functions (inhibitory control, working memory, and cognitive flexibility) may be impacted by traumatic experiences.
3. Define system 1 and system 2 thinking, heuristics, and biases – and discuss the relevance of these constructs to post-trauma psychological functioning and psychological treatment.

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Nurses, and Substance Abuse Counselors

## **D SESSIONS: Monday, August 28<sup>th</sup>, 2023 | 8:30 am – 10:00 am (1.5 CE Credits)**

**D1. Bulimia and Child Abuse: Best Trauma-Focused Practices for Assessment and Therapeutic Healing** – *Suzanne Kramer-Brenna, MA, MSW, LMSW, CAWS North Dakota*

**Room:** Mission Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

Eating disorders such as bulimia nervosa are complicated conditions impacting numerous young women. According to the University of Rochester Medical Center Child and Adolescent Eating Disorders Program (2020), an estimated 1--4% of adolescent and young adult females in the US are living with bulimia, making it the third most common chronic illness among this population. Many experts in the field of eating disorders agree that bulimia nervosa symptomology is often associated with the complex traumatic effects of childhood physical and sexual abuse. Examination of this multifaceted relationship needs to be a significant focus for professionals working with female bulimic clients. This presentation will share valuable information regarding the associations between child abuse and bulimic disordered eating and will offer empirically sound trauma-focused and feminist/woman centered best practices for assessing and treating young women with this eating disorder psychopathology.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe three (3) of the emotional, psychological, and behavioral connections between childhood sexual and physical abuse (CSA, CPA) trauma and bulimic (BN) eating pathology in young adult women.
2. Identify two (2) trauma-focused best practices for assessing and treating female clients impacted by comorbid CSA/CPA trauma and BN symptomology.
3. Explain how to better empower young women impacted by CSA/CPA trauma and bulimia and engage them in a therapeutic healing relationship.

**Areas of Emphasis:** Child Abuse

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, and Nurses

**IVAT Specialty Certifications:** Trauma Care

**D2. Language Matters: The Critical Importance of Language in Media Reporting about Child Sexual Abuse** – Lauren Book, MS, CEO, Lauren’s Kids, Florida State Senator, Senate Minority Leader & Claire VanSusteren, Lauren’s Kids Foundation

**Room:** Del Mar

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

Many, thankfully, do not have experience or understanding of the complex issue of childhood sexual abuse or the psychological manipulation and grooming victims suffer. This is why accuracy and correct verbiage are paramount in media reporting on abuse occurrences. Yet alarming reporting by credible local, national, and international print and broadcast media outlets has revealed a critical need for increased education and better understanding by the news media so that more accurate and appropriate reporting can be done on this serious crime. The media must understand that the manipulation and grooming of a minor child is not the same as a consensual relationship, and reporting must reflect this truth to help mitigate victim shaming and maintain journalistic accuracy. In 2023, the Lauren’s Kids organization created an at-a-glance Media Reporting Language Guide to help educated journalists, journalism students, and the community about the impact language choice can have on the public’s collective understanding of these crimes, and the impact language can have on victims of abuse. This presentation will further discuss the topic of accurate language in media reporting, highlighting dos and don’ts, using real-life examples, and the impact reporting language has on public perception and understanding of abuse.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Express the impact language in media reporting can have on the public’s understanding about child sexual abuse.
2. Express the impact language in media reporting can have on the victims/survivors of childhood sexual abuse.
3. Decide the best-practices in accurate verbiage surrounding the crimes of childhood sexual abuse.

**Areas of Emphasis:** Child Abuse

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, and Traumatic Stress Specialists

**IVAT Specialty Certifications:** Trauma Care

**D3. Preventing a Hostile Work Environment: Workplace Bullying and Whistleblower Retaliation**

**Room:** Regency D

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

**Part I. Workplace Bullying: Hidden Abuse and Trauma in the Modern Workplace** – Nanette Cowardin-Lee, PhD, California Healthy Workplace Advocates

This presentation will discuss workplace bullying and will focus on four points: 1. Providing an overview of workplace bullying; 2. The prevalence, patterns, and outcomes; 3. Legislative status, and 4. Current best practices by organizations dealing with workplace bullying. Resources will be provided as handouts. If possible, time will be made at the end of the presentation for individuals to share their workplace experience.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Classify the prevalence, costs, and outcomes of workplace bullying in public and private organizations.
2. Identify the nine characteristics of bullying behaviors.
3. Explain the main types of bullying behaviors.

**Part II. The Psychological Impacts of Whistleblower Retaliation: Shattering Employee Resilience and the Workplace Promise** – Jacqueline Garrick, MSW, LCSW-C, Whistleblowers of America & Martina Buck, PhD (co-author)

Focus will be on the definition of a whistleblower and the psychosocial impacts of suffering retaliation in the workplace. Discussion will include how whistleblowers find themselves in an ethical dilemma between their organizations and protecting individuals or the public that ultimately results in their own identity disruption. It will share evaluation criteria for toxic tactics and the associated psychosocial impacts that alter a survivors’ world views, which can lead to PTSD, depression, and suicide. The Whistleblower Retaliation Checklist has been researched and validated as a tool so that the impacts of retaliation can be identified, treated and damages compensated. The problem is that the DSM-5 TR does not

clearly define retaliation. There are myths and negative stereotypes about whistleblowers that will be addressed, especially the military and first responder community. The stigma surrounding whistleblowing results in many employees who do not seek assistance while suffering through retaliation and hostile work environments. They have also suffered through physical ailments that can be co-morbidly attributed to the stress of being a whistleblower. These risks to the resilience of the whistleblower are explored through the financial, legal, emotional, social, and physical impacts that they have on the whistleblower and his or her family and support community. These impacts are significant because they can lead to further distress, isolation, and dysfunction.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe a whistleblower perspective and two (2) forms of legal protection.
2. Explain identity disruption as a serious injury for PTSD diagnosis in three (3) ways in contrast to the Whistleblower Retaliation Checklist.
3. Identify three (3) toxic tactics of retaliation that cause emotional distress and three (3) ways to treat distress.

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Attorneys, Nurses, and Substance Abuse Counselors

**D4. Transgenerational Trauma and Substance Use Disorder** – *Nicole Gutierrez, PsyD, LMFT, Alliant International University, Irvine; Sandra Espinoza, PsyD, LMFT, Alliant International University, Los Angeles & Ida Farzaneh, MA, Alliant International University, Irvine*

**Room:** Torrey Pines Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years). Recent social justice movements have illuminated the ongoing transgenerational trauma in BIPOC and other marginalized communities. People with PTSD are at higher risk for developing substance use disorders (SUDs; National Institute on Drug Abuse, 2022). It is imperative to address the pervasive influence of racism, mass incarceration, and other systemic inequities on substance misuse in the US. Systemic oppression contributes significantly to transgenerational trauma (Carter, 2007; Hardy, 2013). It is essential for clinicians to be aware of their role in perpetuating systemic racism and cis-hetero-centrism, as research shows that implicit biases are associated with misdiagnosis and over-pathologizing of BIPOC (Baglivio et al., 2016) and LGBTQIA+ clients (Foglia & Fredriksen, 2014). To provide ethical care, clinicians must continually work to integrate an anti-racist, social justice framework into their practice, particularly when working with transgenerational trauma and substance misuse. This workshop will discuss how substance misuse is a symptom of systemic inequity rather than a symptom of individual pathology. The impact of clinician bias on ethics of care will be outlined, and attendees will be given strategies to assess their own implicit biases. Finally, this workshop will identify ways that clinicians and multidisciplinary professionals that intervene with SUDs can engage in client-centered advocacy for marginalized clients at the micro, meso, & macro levels.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe the intersection between transgenerational trauma, systemic inequity, and substance use disorders (SUDs).
2. Identify at least three (3) ways that clinicians' implicit biases can perpetuate systemic inequity and/or retraumatize marginalized clients (BIPOC, LGBTQIA+, Immigrants, etc.).
3. Identify at least two (2) ways each at the micro, meso, and macro levels that clinicians can use their positionality to advocate for marginalized clients experiencing SUDs.

**Areas of Emphasis:** Substance Abuse

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Nurses, and Substance Abuse Counselors

**IVAT Specialty Certifications:** Trauma Care

## **D5. Which Battering Intervention Works? – Julia Babcock, PhD, University of Houston**

**Room:** Regency F

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

This meta-analytic review is an update to the first meta-analysis of battering interventions (Babcock, Green & Robie, 2004), examining 58 studies evaluating treatment efficacy for domestically violent men and women. The outcome literature of controlled quasi-experimental and experimental studies was reviewed to test the relative impact of Duluth Model, cognitive-behavioral therapy (CBT), and novel types of treatment on subsequent recidivism of violence. The first model examines studies comparing interventions to no treatment control conditions. The second model compares novel interventions to treatment as usual (i.e., the Duluth Model). Study design and type of treatment were tested as moderators in both models. Consistent with previous meta-analyses, effect sizes were in the small range, smaller in true experiments as compared to quasi-experimental designs. However, new experiments comparing novel treatments to the Duluth Model reveal effect sizes comparable to when comparing novel interventions to an untreated comparison group. Novel interventions, including Acceptance and Commitment Therapy and Circles of Peace and have the largest effect sizes when put head-to-head with Duluth Model control groups. Implications for evidence-based practice in criminal justice include wide-scale implementation of novel interventions with demonstrated efficacy. Future research directions include testing mechanisms of change of battering interventions that work.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Understand the history of the theory and research on battering interventions.
2. Explain what battering interventions have been shown to have large effects on stopping IPV recidivism.
3. Identify some of the possible mechanisms of change of interventions that work.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Domestic Violence Offender Treatment

## **D6. The Trauma of Domestic Violence: Developmental, Psychological, and Neurobiological Impacts – Michael Levittan, PhD, T.E.A.M.**

**Room:** Regency E

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

This seminar presents an integration of domestic violence and trauma with the goal of detailing the reasons that domestic violence is considered traumatic for the survivors, perpetrators, and the children involved. The presentation delves into the aspects of domestic violence, including abuse, physical violence, and controlling behaviors, and describes their traumatic impact. The dynamics of psychological trauma are explored, such as definitions, the thresholds of trauma and PTSD, meanings of complex trauma, as well as neurobiological effects. Specifically, the areas of traumatic impact that are explored include developmental arrests in children, cognitive deficits, emotional swings, relational models, and diminished connectivity in the brain. Lastly, various ideas are presented that may serve as remedies for the epidemic of domestic violence.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Provide three (3) primary aspects of domestic violence.
2. List three (3) factors that allow for trauma to result in the diagnosis of PTSD.
3. Describe two significant ways that trauma affects the brain.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, and Victim Advocates

**IVAT Specialty Certifications:** Trauma Care

## **D7. Understanding the Resources and Training Needed to Better Support Victims of Trafficking**

**Room:** Imperial Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

### **Part I. Modern Slavery: Human Trafficking** – *Nicole McAmis, MD, Stanford Health Care*

Human trafficking is a profound violation of human rights and is a local, national, and global health problem. Victims are reduced to objects for commerce, leading to a \$150 billion-dollar industry representing the second largest source of income for organized crime. While human trafficking is kept clandestine, a recent report showed that over 40.3 million people worldwide are victims with over 70% being women and girls and one in four victims being children under the age of 18. While once assumed to be a mostly international problem with 5.4 victims of modern slavery for every thousand people, the US has an estimated 1.3 victims per every thousand people. Healthcare providers are one of the few professionals who are likely to interact with victims of human trafficking. Multiple studies have found that up to 88% of victims had come into contact with the healthcare system while being trafficked. For healthcare providers to fully assist victims of human trafficking, further awareness, knowledge, and training is needed to help identify and assess vulnerable patients. Healthcare providers are becoming increasingly aware of human trafficking victims in healthcare settings; however, they continue to state that they have insufficient training in order to recognize these individuals.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Provide three (3) ways to identify victims of human trafficking.
2. Describe three (3) red flags and how to screen potential victims.
3. List the next steps once you identify a victim.

### **Part II. ID Theft: Secondary Victimization** – *Randy Lawrence, Identity Theft Resource Center*

The presentation discusses what ID Theft is, the common types, scams, and what you can do to protect yourself. We then discuss the secondary victimization seen with DV and human trafficking victims. The Identity Theft Resource Center has received a Federal Grant to promote our resources available to DV and human trafficking victims as well as foster youth who were also victims of ID Theft.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Define ID Theft.
2. Explain three (3) ways in which someone can protect themselves from ID Theft.
3. Describe three (3) ways ID Theft affects DV and human trafficking victims.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Trauma Care

## **D8. Straight Talk About Corporal Punishment and The No Hit Zone Perspective** – *Viola Vaughan-Eden, PhD, MJ, LCSW, Norfolk State University & The UP Institute*

**Room:** Windansea Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

Corporal punishment is a key risk factor for child abuse. It is a common form of discipline yet is associated with numerous negative health outcomes for children. Parents' attitudes toward and the use of spanking are influenced by trusted religious, medical, mental health, and education professionals, as well as family and friends. When the harms of spanking can communicate in a non-judgmental way, they can shift parents' attitudes and behaviors, which leads to healthier outcomes for children. This workshop addresses the myths and harms associated with corporal punishment and introduces No Hit Zones as a means for changing social norms related to the physical discipline of children.



**Objectives:** At the conclusion of this session, participants will be able to:

1. Distinguish three (3) myths of spanking.
2. Describe the latest research regarding the harms of corporal punishment.
3. Identify three (3) safe and effective parenting skills including the use of No Hit Zones.

**Areas of Emphasis:** Domestic Violence and Child Abuse

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, and Traumatic Stress Specialists

**IVAT Specialty Certifications:** Child & Adult Maltreatment

**D9. Trauma, Neuropsychological Functioning and Polyvagal Approaches to Working with Youth with Sexually Abusive Behavior** – *Meghan Fagundes, PhD, Alliant International University*

**Room:** Pacific Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

Research shows that youth with sexually abusive behavior experience trauma at higher rates than the general population; however, there is currently no uniform consensus about how to incorporate trauma-informed approaches with youth who have engaged in sexually abusive behavior. How might our existing approaches to working with this population be overlooking, or worse, exacerbating symptoms related to trauma? In this workshop, we will explore a basic understanding of the neurobiology of trauma and polyvagal theory, obtain hands-on practice with polyvagal techniques, and learn how to incorporate this knowledge and experience into treatment for youth with sexually abusive behavior.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify two (2) ways trauma affects neurobiology and two (2) ways trauma affects neuropsychological functioning, in accordance to youth with sexually abusive behavior.
2. Summarize three (3) basic principles of polyvagal theory and three (3) basic principles of trauma informed care.
3. Integrate polyvagal theory and three (3) techniques into treatment with youth with sexually abusive behavior.

**Areas of Emphasis:** Child Abuse

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Trauma Care

**D10. The Power of Mindfulness to Build Resilience, to Help Us Move with Wisdom, Strength, and Dignity Through Challenges and Dramatic Change** – *Gail Soffer, Mindful Veteran Project*

**Room:** Solana Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

With the world's current distressing level of change and uncertainty, we need to strengthen our ability to be clear and present, empowered to make wise choices, victims neither of past trauma nor wild anxieties about the future. Differentiating it from various tools frequently mis-labelled as mindfulness, this workshop will reveal – both via lecture and experiential practices – the power “pure mindfulness” has to create resilient and resourceful individuals and communities. We will engage in a number of practices that have consistently provided healing, opened new doors, and brought about breakthroughs for participants in Mindful Veteran Project's work, important in supporting both attendees/professionals and those they serve, whether in military or non-military-connected populations.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe how “pure mindfulness” is different from three (3) practices/tools commonly mis-labelled as mindfulness.
2. Describe three (3) ways that “pure mindfulness” provides clarity, empowerment, and other qualities/strengths necessary for resilience.
3. Describe three (3) “pure mindfulness” practices/tools that they have learned, appreciated, and “owned” enough to use personally and to share in their work or daily life with others.

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, and Traumatic Stress Specialists

**IVAT Specialty Certifications:** Trauma Care

**D11. Sandplay Therapy and Expressive Arts Therapy with Disadvantaged Children** – *Rocio Evans, LMFT, San Francisco Sheriff's Department*

**Room:** Ocean Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

This presentation focuses on the experiences of children from economically disadvantaged backgrounds, who used art and sandplay therapy to heal from separation of family members due to immigration, as well as to heal from abuse and trauma. Giovanni, a Mexican child who immigrated to the United States with his parents and younger brother at 6 years old, participated in his sandplay therapy process, at Sherman Elementary School in Barrio Logan, San Diego. He created a sandplay scene of his grandfathers' ranch in Mexico. This presentation focuses on Giovanni's sandplay therapy process, as regards his relationship with his grandfather, at his grandfather's ranch, as well as his difficulties suffering physical abuse from his babysitter's older children. Sandplay scenes created by a child, Giovanni, who participated in his own sandplay therapy process, will be shown. The difference between using sandplay therapy with children, versus adults, will also be explored. Interpretations of what certain sandplay miniatures represent or the symbolism of these miniatures will also be explored. The presentation will explore the value of sandplay therapy as a healing arts modality for children, as well as how to begin to utilize sandplay therapy, with children from economically disadvantaged populations. The presentation also focuses on other disadvantaged children, such as Whitney, who participated in a group for children who had witnessed domestic violence.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe three (3) therapeutic values of sandplay therapy with children.
2. Interpret three (3) sandplay miniatures or symbols.
3. Identify how to apply culturally sensitive interventions with economically disadvantaged children in three (3) ways.

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, and Traumatic Stress Specialists

**IVAT Specialty Certifications:** Trauma Care

**ROUNDTABLE PLENARY: Monday, August 28<sup>th</sup>, 2023 | 10:30 am – 12:00 pm (1.5 CE Credits)**

**Transcending Disconnections toward Global Healing** – *Panelists: Sujata Warriar, PhD, Battered Women's Justice Project; Joyce Thomas, RN, MPH, PNP, FAAN, Center for Child Protection and Family Support; Kiana Maillet, EdD, MPA, LCSW, Southern Indian Health Council; & Ben Barlow, Deputy District Attorney, San Diego County District Attorney's Office; Moderators: Robert Geffner, PhD, ABN, ABPP, Institute on Violence, Abuse, and Trauma (IVAT), National Partnership to End Interpersonal Violence Across the Lifespan (NPEIV) & Sandi Capuano Morrison, MA, Institute on Violence, Abuse, and Trauma (IVAT), National Partnership to End Interpersonal Violence Across the Lifespan (NPEIV)*

**Room:** Regency Ballroom

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

Global movements to end violence against women and girls (VAWG) and gender-based violence (GBV) have reshaped the ways in which the world views and responds to not only "women's issues" but to violence in general. These movements have not only focused on the issue of interpersonal and familial violence but have expanded to draw interconnections between violence, poverty, reproductive rights, and environmental issues. But like other movements on social justice, it is increasingly divided along various lines and various other contentious areas. Addressing these differences is critical to working across nations and boundaries. At the global level, this does not mean that we need to promote universalism but recognize both commonalities as well as differences in the social context.

The transnational movement to end GBV has been able to mobilize people across differences of race, class, language, national contexts, development levels, and sexuality. How has this been achieved? How have they transcended and clarified terms and processes? How have they worked together?

This roundtable will consider these issues not just from the vantage point of the US but transnationally. The world, the changing conditions, and survivors demand that we formulate ways to transcend differences to address violence, create strategic issues forming partnerships and figure out ways to move toward global healing. Various panelists will offer specific viewpoints, debate contentious areas, and create a space for modeling working through disagreement.

**Opening Questions:** How have transnational organizations begun the work of collaboration? How have they transcended and clarified terms and processes?

**Closing Questions:** What actions can people take to continue to enhance or expand the work?

**Objectives:** At the conclusion of this session, participants will be able to:

1. Define the term transnational.
2. Identify at least two (2) issues related to violence across the globe.
3. Identify at least one (1) action that can be taken to expand the work of violence prevention in a transnational context.

**Areas of Emphasis:** Cultural Issues

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Attorneys, Nurses, and Substance Abuse Counselors

**IVAT Specialty Certifications:** Trauma Care

## **F SESSIONS: Monday, August 28<sup>th</sup>, 2023 | 1:30 pm – 3:00 pm (1.5 CE Credits)**

### **F1. Meeting the Person Where They're At: Understanding the Impact of Trauma and Dissociation on People Victimized by Interpersonal Violence – Kevin J. Connors, MS, LMFT**

**Room:** Regency D

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

Victims of interpersonal violence experience a range of emotional, cognitive, and relational problems from multiple traumas endured. Complex Post-Traumatic Stress Disorder is a frequent condition, differing in etiology, symptomology, and treatment from single incident trauma. Dissociation is a common defensive response. These hidden, overlooked factors complicate advocacy and treatment, compromising outcomes. Recognizing a substantial percentage of clients use dissociation to defend against painful material, and the content and context of treatment for emotional and mental health issues is itself highly stressful; this presentation suggests therapists and adjunctive support staff must learn to recognize and respond to dissociative defenses within their client populations to be effective. Failure to account for neurobiological, cognitive, affective, and relational impairments resulting from the intersection of multiple traumas, c-PTSD, and dissociation will trap clients in a repetitive cycle of abuse and re-victimization. Without understanding the impact on a neurobiological level, survivors won't receive the services and treatment needed for recovery. This presentation explores the biopsychosocial impact of complex trauma, how chronically traumatized clients utilize dissociative defenses, and how trauma-savvy advocates, first responders, and treatment providers can better facilitate growth and recovery.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Discuss the biopsychosocial impact of chronic and complex trauma.
2. Identify three (3) complex PTSD symptoms and dissociative defenses.
3. Design and implement interventions and treatment plans responsive to clients' needs and communicate effectively with colleagues across multiple settings to work collaboratively with chronically traumatized clients.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, and Traumatic Stress Specialists

**IVAT Specialty Certifications:** Trauma Care

**F2. My Body Protests: Childhood Sexual Abuse and the Body** – *Shir Daphna-Tekoa, PhD, MSW, MA, Ashkelon Academic College*

**Room:** Torrey Pines Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

The lecture examines the links between trauma and its physical manifestations among CSA women from a rarely applied perspective. Through the integration of psychology, music, and poetry, the Listening Guide method is demonstrated to be useful. In this study, additional information and knowledge about CSA and women's perceptions of their bodies are discovered using this method. CSA women with chronic pain or fibromyalgia and experiencing CSA were interviewed semi structured. The results indicate that the Listening Guide helps explore the voices of the self and the body that are created during abuse and the direct connection to emotional and physical pain. This study contributes to the ongoing debate on CSA by exploring how CSA affects women's bodies and emphasizing women's experiences, dissociation, body and emotional voices, and silences.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify at least one (1) way in which CSA and women's perceptions of their bodies are discovered.
2. Identify one (1) way that guided meditation helps CSA women survivors.
3. Identify one (1) way in which abuse has a direct connection to emotional and physical pain.

**Areas of Emphasis:** Child Abuse

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, and Counselors

**IVAT Specialty Certifications:** Trauma Care

**F3. Safe Haven in the United States: Studying Infant Relinquishment**

**Room:** Windansea Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

**Part I. Safe Haven Laws in the United States: An Introduction to a Safety System in a Post-Roe World** – *Emily Douglas, PhD, Montclair State University & Heather Burner, RN, National Safe Haven Alliance*

Infant abandonment is an important social and public health issue. For the past 20 years, state-level safe haven laws have provided options for new parents to relinquish infants at designated locations, including hospitals and police and fire stations. This presentation will be in two sections. Part 1 will include an overview of the history of infant abandonment, a clarification regarding abandonment vs. relinquishment, an examination of safe haven laws, relinquishment trends, and who relinquishes infants. Part 2 will include a detailed presentation about the National Safe Haven Alliance, which is an organization that provides support to new parents and technical assistance to safe haven receivers; this part of the presentation will also stress best practices for agencies who are implementing infant safe haven relinquishment policies and procedures. The information presented in this session focuses on state and local structures to support vulnerable infants and families in extreme duress. Safe haven laws are an especially important resource for new parents after the overturning of *Roe v. Wade*.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe the history of infant abandonment.
2. Describe safe haven laws in the United States.
3. Critique best practices for organizations that are safe haven receivers.

**Part II. "I Want to Give Up My Baby": A Study of Safe Haven Infant Relinquishments** – *Emily Douglas, PhD, Montclair State University*

Infant abandonment is an important social and public health issue. For the past 20 years, state-level safe haven laws have provided the option for new parents who are unable to parent, to relinquish their infants at designated locations, without fear of criminal charges. To date, there has been no research which examines the experiences of new parents who seek to relinquish an infant. This presentation will address a new study which examines the call logs of a hotline that supports

parents seeking to use the safe haven option. Between 2018-2022, about 50 new parents sought support in relinquishing an infant from the hotline of the National Safe Haven Alliance. Using the case notes from hotline staff, the results address the common reasons that new parents gave for needing to relinquish, the personal barriers they experience to relinquishing an infant, the barriers they face at the relinquishment site, the support and services provided by the hotline staff, and the gaps in the laws that are revealed as part of the relinquishment process.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe three (3) safe haven laws in the United States.
2. Comment on three (3) motivations for why new parents relinquish infants.
3. Summarize three (3) problems that new parents encounter when they attempt to relinquish an infant.

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Specialists, Attorneys, and Nurses

**IVAT Specialty Certifications:** Child & Adult Maltreatment

#### **F4. Addressing Racial Violence and Trauma and Creating Paths Towards Healing**

**Room:** Imperial Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

**Part I. We are Worth Defending: Black Women, Reconciliation, and Envisioning Feminist Futures of Safety – Venica Miller, IMPACT Safety & Sharonda Crome, IMPACT Safety**

According to the Institute for Women’s Policy Research, more than 20% of Black women are raped during their lifetimes – a higher percentage than women overall. Additionally, they are 2.5x more likely to be murdered by men than their white counterparts. From enslavement until today, self-defense is a complex topic that contains much to unpack. Because of complex laws, oppressive institutions, systemic racism, family dynamics, historical trauma, and intersections of oppression. Black women have a complicated relationship with the choice and ability to protect themselves. IMPACT seeks to better understand the obstacles Black women face in considering empowerment self-defense (ESD) programming. “We Are Worth Defending” is committed to continuing to remove barriers of time, location, money, transportation, accessibility, language, and other systemic barriers identified in this research that close doors - rather than open them -via ESD. Initial findings show this disrupts hegemonic systems of oppression by centering those who have historically experienced the least access to sociopolitical power and agency. This is done via embodied practices, such as role-playing activities, including verbal, non-verbal, & physical safety skills. This funded research allows 15 diverse trainees to continue on their journey toward ESD certification as self-defense instructors, as well as facilitates training for 20 classes of students to receive ESD training.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Explain the impact of historical oppression as it relates to interpersonal safety.
2. Describe Empowerment Self Defense (ESD)
3. Illustrate how ESD is a trauma intervention.

**Part II. Bayanihan: Navigating the Filipino American Experience and Healing through Intentional Gathering – Chelsea Hill, MSW, Institute on Violence, Abuse, and Trauma**

According to the 2023 STAATUS Index, nearly 80% of Asian Americans reported that they don’t feel they belong or are accepted in the United States. The top reasons cited by the report were racial discrimination followed by a lack of representation of Asian American leaders. When families migrate to the United States, the experience of assimilation can often be traumatic. In the process of forced assimilation, many aspects related to cultural identity are lost and this trauma is passed on generationally. This can lead to feelings of loneliness, poor mental health, and other negative long-term health outcomes. Filipinos make up the third largest group of Asian American in the United States but are often excluded from the larger conversation about Asian Americans. This presentation examines how the cultural ideology of “Bayanihan” informs the way that Filipino Americans gather and connect to their identities. When people gather with intention, they can build connections toward healing, and this doesn’t only apply to Filipino Americans. Gathering with intention can be

useful in many different group settings. In this session, the presenter will discuss her experience as a Filipino American seeking identity through gathering and as a group facilitator for survivors of domestic violence. Methods of intentional gathering will be highlighted, and traits of a proficient group facilitator will be discussed.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Define Bayanihan as a cultural ideology.
2. Describe three (3) tools that can be used to make gatherings intentionally healing.
3. Describe two (2) traits of a proficient group facilitator.

**Areas of Emphasis:** Cultural Issues

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Attorneys, and Nurses

**IVAT Specialty Certifications:** Trauma Care

### **F5. How Domestic Violence Perpetrators Manipulate Systems** – Leah Vejzovic, LMSW, Safe & Together Institute

**Room:** Regency E

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

Domestic violence perpetrator manipulation of systems is a critical problem that undermines responses to family violence and deeply impacts adult and child survivors in many ways. Perpetrators manipulate systems to bolster their own power and abuse and to control adult and child survivors further. Sadly, the perpetrators' use of these systems is often successful: Adult survivors can lose their freedom, their children, and their physical and mental health. Harassment via repeated reporting and/or litigation can also deplete survivors' finances in addition to wasting public resources. As a result, adult and child survivors often lose trust in the systems that are supposed to protect them. In this workshop, we will explore the two different types (Tier 1 and Tier 2) of systems that perpetrators target and how they interact: the patterns of behaviors that perpetrators use to manipulate systems and professionals: the specific tactics used against Tier 1 systems and their unique vulnerabilities: weaponization of addiction and mental health allegations against survivors: and 5 steps systems and professionals can use to protect themselves against these behaviors.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe three (3) problems of system abuse by domestic violence perpetrators.
2. Explain how perpetrators manipulate Tier 1 and Tier 2 systems.
3. Describe five (5) strategies for mitigating perpetrator manipulations of systems.

**Areas of Emphasis:** Domestic Violence and Ethics and Professional Development

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, and Attorneys

**IVAT Specialty Certifications:** Child Custody Evaluators and Child & Adult Maltreatment

### **F6. Survivor-Centered Domestic Violence Treatment and Safety Planning**

**Room:** Regency F

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

**Part I. Trauma-Informed Safety Planning: Centering Survivor's Safety in Real-Time** – Rebekah Moses, Resource Sharing Project & Alexis Champion, National Network to End Domestic Violence

Safety planning with survivors of domestic violence is often tied to an agency "Safety Plan" form and can look and feel very awkward for both the advocate and the survivor. Making sure that safety planning interactions with survivors are rooted in the basic tenants of Trauma-Informed Care, Housing First, and the Voluntary Service Model can help foster open lines of communication between staff and survivors, destigmatize the inaccurate beliefs around victimization and homelessness, and begin to build a better support network for survivors impacted by abuser and life generated dangers.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe three (3) planning strategies for trauma-informed safety.
2. Identify two (2) useful practices that can be used as intervention when safety planning with survivors.

3. Construct the practice of safety planning with survivors.

**Part II. Multidisciplinary Approach to Treating Survivors of Domestic Violence: Findings from a Trauma-Informed Parent-Child Art Therapy Group** – *Melissa Ulloa, MA, LCAT, ATR-BC, New York Presbyterian Hospital; Amanda Shafran, MA, RYT-500, RPP, New York University, New York Presbyterian Hospital & Katherine Tineo-Komatsu, RYT-200, LCSW, New York Presbyterian Hospital*

There is growing evidence that young children exposed to family violence show increased challenges in self-regulation, and in emotional, social, and cognitive functioning. Young children are at higher risk of developing trauma reactions when the violence involves their primary caregiver or mother, therefore, testing the efficacy of treatment approaches that alleviate symptoms, restore safety, and healthy developmental milestones is of paramount importance. A trauma-informed art therapy group can effectively intervene to support and empower the parent-child relationship through non-threatening artistic expression as a mechanism for change. The Family PEACE Trauma Treatment Center (FPTTC) is dedicated to improving the safety and wellbeing of young children and caregivers who have been exposed to traumatic violence and abuse. Our workshop will describe the outcomes of a 10-week trauma-informed parent-child art therapy group provided at FPTTC, that aims to align interventions with the cultural beliefs and values of families that we serve. Our goal is to create a healing narrative through various art therapy directives. Group participants were recruited by clinicians. ACSE, parent-child relationship, parent symptoms (PCL-5, BDI), child symptoms (YCPC, SWYC) a participant survey will be collected at baseline and post group. This workshop will also discuss a multidisciplinary holistic approach, and the impact of vicarious trauma, response art, and art-based supervision.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Create a trauma-informed plan for assessing five (5) groups: historical trauma, somatic symptoms, parent-child relationship, and creative arts modality pre and post the parent-child art therapy group.
2. Incorporate three (3) strategies for anti-oppressive principles and multicultural perspectives in selecting art therapy directives, materials, and interventions.
3. Address vicarious trauma and burnout for art therapist and other service providers in three (3) ways.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, and Victim Advocates

**IVAT Specialty Certifications:** Trauma Care

**F7. A Healthcare Model for Identifying and Responding to the Mental Health Needs of Human Trafficking Survivors** – *Mollie Gordon, MD, Baylor College of Medicine & Phuong Nguyen, PhD, Baylor College of Medicine*

**Room:** Mission Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years). Human Trafficking is an egregious human rights violation and public health crisis. Global numbers of trafficking continue to rise at a markedly fervent rate. International labor organization data indicates an increase from 40.1 to 50.3 million trafficked people between 2017 and 2022. There are well known physical and psychiatric sequelae to human trafficking. Barriers to disclosure limit the utility of a prosecution model. A public health model offers the opportunity to provide patient-centered, trauma-informed care services that identifies labor and sex trafficked persons, connects them to psycho-social-legal resources, and reduces harm incurred by exploitation. Healthcare providers can learn to define trafficking, differentiating it from sex work and smuggling. A socio-ecological model for framing vulnerabilities to trafficking can provide an individual to systems understanding of risk. Bio-psycho-social clinical red flags of trafficking can guide providers across medical specialties in recognizing trafficked persons when they seek health services. With up to 88% of trafficked persons seeking healthcare in emergency rooms, adolescent health clinics, obstetrics and gynecology, and mental health clinics, direct service providers are in a unique position to improve outcomes of trafficked persons. Trauma-informed principles can guide providers in developing a therapeutic alliance and addressing the psychological needs of trafficked persons while providing interdisciplinary care.



**Objectives:** At the conclusion of this session, participants will be able to:

1. Define human trafficking and discuss three (3) ways prevalence is increasing globally.
2. Differentiate why healthcare systems are in a unique position to identify and respond to trafficked persons and learn by case examples.
3. Evaluate patients for bio-psycho-social vulnerabilities and understand three (3) common clinical red flags patients are presented with when seeking care for victimization of labor or sex trafficked.

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Nurses, and Substance Abuse Counselors

**IVAT Specialty Certifications:** Trauma Care

## **F8. Education, Advocacy, and Reducing Inequality: Examining Social Media and Evidence-Based Practices**

**Room:** Solana Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

**Part I. Using Social-Media to Build Resilient Communities Through Increasing Violence Education and Advocacy – Pearl Berman, PhD, National Partnership to End Interpersonal Violence Across the Lifespan**

This research project investigated whether social media (Facebook, Google, YouTube, Instagram, TikTok) could be used to build resilient communities through increasing awareness of the complex causes of violence as well as strategies for building resilience. How each social media platform was used varied as they each had their own preferred style of content and review process for what could be posted on their sites. However, the same research data base was used to provide the foundation for the materials whether they only used words without any visual accompaniment (Google), brief stories with a targeted image (Facebook), videos (YouTube), and brief videos (YouTube Shorts, Instagram, TikTok). Effectiveness of each social media campaign was evaluated using qualitative data including number of initial impressions, number of views, number of views of specific pages of [www.npeiv.org](http://www.npeiv.org), number of subscribers to social media channels and so forth. Data was analyzed using descriptive statistics, MANOVA, and an interrupted time series design. Social media was highly effective in gaining viewers of violence education material. What must be clarified is whether it can lead to changes in actions that support building resilient societies. Ongoing research is investigating whether social media can lead viewers to take a variety of action steps related to violence prevention and advocacy for building resilient societies.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe at least two (2) common risk factors for violence and two (2) common factors supporting resilience.
2. Describe three (3) key strategies for developing social media advertising.
3. Understand major differences between social media audiences and student or professional audiences.

**Part II. Reducing Inequality: College Student Success Through Innovative Evidence-Based Psychoeducation Programs - Ashley Logsdon, Center for Family and Community Well-Being University of Louisville; Becky Antle, PhD, MSSW, LMFT, Center for Family and Community Well-Being, University of Louisville; Amanda Minogue, MSW, Center for Family and Community Well-Being, Kent School of Social Work and Family Science & Sara Williams, PhD, MSSW, Center for Family and Community Well-Being**

Mental health issues have been identified as a key risk factor for post-secondary success, particularly for vulnerable student groups such as minority groups and those students who have been identified as living in poverty. Causes of inequality in academic outcomes for minority and low-income post-secondary students include the following: 1) racial climate; 2) lack of college preparation; 3) lack of college support/engagement; 4) financial risk factors; 5) mental health. This longitudinal study evaluates the comprehensive evaluation of processes and outcomes across multiple domains, including psychological symptoms, childhood trauma, mental health, perceived vulnerability to disease, coping skills, involvement in studies and academic success, and general well-being. The sample size for the study is 150 students across the university enrolled in different schools and academic programs. The students attend evidence-based psychoeducation workshops that provide the students with skills for anxiety, depression, trauma, relationships, and COVID-related symptoms. Data is

collected using eight different standardized scales. When comparing pre- to post-intervention, all sub-scores improve. While this and other psychoeducation programs have demonstrated a positive impact on mental health, this evaluation adds to understanding the role of trauma, personal coping, and academic success in these processes. Policy and practice implications of the evaluation will be discussed.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe evidence-based curriculum in regard to mental health issues and apply three (3) assessment tools to their relevant organization.
2. Learn available tools and research methodologies associated with successful data collection across multiple sites and identify three (3) tools that are relevant to their organizations.
3. Recognize three (3) implications for research and practice through effective and evidence-based programming for students.

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, and Traumatic Stress Specialists

**IVAT Specialty Certifications:** Trauma Care

**F9. Amplifying the Voices of Survivors: The Role of Community-Based Intervention in Improving Outcomes for Survivors of Sexual Revictimization** – Joy Bonelli, MA, *The Florida School of Professional Psychology at National Louis University in Tampa* & Christina D. Brown, PsyD, *The Florida School of Professional Psychology at National Louis University in Tampa*

**Room:** Ocean Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

Survivors of sexual abuse and assault are more likely to experience subsequent incidents of violence across their lifespan than the overall population. Numerous research studies have highlighted the prevalence rates of sexual revictimization and the potential long-term consequences for survivors. Direct victim service providers in our communities possess a unique and intricate role in reducing the harmful effects for survivors, such as developing substance use or other mental health disorders. Disclosing sexual trauma to law enforcement, victim services specialists, or other professionals can produce various responses based on the quality of education on trauma-informed approaches they have received. A number of agencies nationwide have implemented programs that provide a small percentage of professionals with enhanced skill sets; however, their availability is limited. A review of the literature exposed issues related to provider responses, such as bias and efficacy of training across multi-disciplinary organizations. These elements were investigated to explore the link between improving sexual revictimization education for community service providers and increasing desired intervention outcomes for survivors.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe and analyze the likelihood of a sexual abuse survivor to undergo revictimization.
2. Identify three (3) potential barriers for survivors of sexual revictimization.
3. Identify three (3) sexual assault survivor mental health needs such as recovery, counseling, and community support.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, and Traumatic Stress Specialists

**IVAT Specialty Certifications:** Trauma Care

**F10. Peer Support as a Key Component in the Wellness of Children Welfare Staff** – Shelley Townley, *Children and Family Services: Ventura County, CA* & Betsy Watson, MSW, *Children and Family Services: Ventura County, CA*

**Room:** Del Mar

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

Peer Support helps to enhance self-care practices within child welfare. Research affirms that high turnover rates are correlated to secondary trauma. Learning to cope and having a strong support system is crucial to managing the effects of the traumatic stress affiliated with child welfare work. Peer Support has been found to help workers sustain empathy and

compassion, to reframe events objectively and reduce isolation. Peer support is rooted in trusting relationships between persons who are currently struggling and/or striving to find understanding/assistance and the peer supporter, whose history allows them to understand, support because they have recovered from similar experiences. Peer support provides unique emotional and practical support for staff. There is not a lot of data regarding peer support in Child Welfare, but there is data about attrition rates and impacts of secondary trauma. Ventura County decided to adopt a wellness approach as a strategy for retention and adopted a model primary used by Law Enforcement and Fire Departments. We created and developed a program unique to Child Welfare. Our program logged over 1200 hours of support last year; including support for critical incidents and Resiliency Support Groups. Ventura County CFS was also instrumental in the development of the Ventura County Peer Support Coalition, which involves all Ventura County Peer Support programs to meet regularly and initiate joint responses for major county events.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify the need of wellness in child welfare in three (3) ways and describe in three (3) ways the impact of secondary trauma on the profession.
2. Implement a Peer Support Program as part of a retention and wellness strategy in three (3) ways.
3. Describe three (3) ways there was an impact of the Peer Support Program after five years of implementation at Ventura County Children and Family Services.

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, and Traumatic Stress Specialists

**IVAT Specialty Certifications:** Trauma Care

**F11. The Cycle of Harm: Do No (or at Least Less) Harm to Ourselves, Others, Animals, and the Planet** – *Glenna Tinney, MSW, ACSW, DCSW, Captain, U.S. Navy (Ret.), National Partnership to End Interpersonal Violence (NPEIV)*

**Room:** Pacific Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

We are all required to make decisions every minute of every day about our relationships with ourselves, others, animals, and the planet. Many of these decisions are made automatically without stopping to consider whether our thoughts, words, and actions will bring harm to ourselves, another living being, or the planet. The world is in a downward spiral full of hatred, discrimination, oppression, violence, and too many traumas to name. If we continue as we are going, the world as we know it will very likely cease to exist, perhaps even in our lifetime. Too many of us are caught up in this downward spiral which negatively affects how we view ourselves, others, and the world in general. There is a sense of overwhelm, helplessness, and powerlessness. We feel out of control as if there is nothing we can do to intervene in this downward spiral. This session will focus on identifying what every person can do to do no (or at least less) harm in all relationships, including the one with themselves. The session will be divided into sections addressing strategies for nonviolence and compassion toward ourselves, others, animals, and the planet.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Articulate three (3) ways reverence for life or lack thereof affects our relationships with all living beings and the planet and how it relates to violence in general, and interpersonal violence specifically.
2. Discuss three (3) ways choices we make in our lives contribute to either a violent or nonviolent approach to life.
3. Explain potential of transformative and healing justice approaches for systems change.

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, and Traumatic Stress Specialists

**IVAT Specialty Certifications:** Trauma Care

## POSTER SESSIONS: Monday, August 28<sup>th</sup>, 2023 | 3:30 pm – 4:45 pm (1 CE Credit)

Poster Sessions provide attendees an opportunity to discuss new research, programs, and other current issues with presenters who have created visual poster displays. Poster presenters will participate on-site in an interactive session where they can share their knowledge and ideas with a diverse group of professionals in the fields of violence, abuse, and trauma.

### Poster Session 1: Adolescent and Youth Trauma | Room: Regency D

<b>#3: Rethinking Student Safety by Preempting Public Health Policies to Prevent Youth Violence</b> – <i>Gia Barboza-Salerno</i>
<b>#4: Associations Between Non-Suicidal Self-Harm and Adverse Child Experiences Among Gender Conforming and Non-conforming Adults</b> – <i>Gia Barboza-Salerno</i>
<b>#17: From Surviving to Thriving: Collaborating WITH Youth to Promote Health</b> – <i>Joni Holifield; Lamar Hill; Jima Chester &amp; Emma Jagasia</i>
<b>#21: An Exploration of Risk Factors Associated with Early Drop Out of a Program Supporting Transition Aged Foster Youth+ -</b> <i>Kavya Juwadi</i>
<b>#23: Ethnic Differences in Post Traumatic Cognition and Resilience Levels Among College Students</b> – <i>Valentia Marr</i>
<b>#38: A Systemic Literature Review of Risk and Protective Factors of Mental Health Outcomes Among LGBTQ Youth of Color: 2000-2022</b> – <i>Alberto Valido</i>
<b>#41: Understanding Resilience Factors for Chinese Youth Who Have Left-Behind Experience: An Integrative Bilingual Systemic Review</b> – <i>Jingyi Zhu; Susan Hall &amp; Yuen Wu</i>

### Poster Session 2: Child Development and Child Maltreatment | Room: Regency E

<b>#2: Predictors of Post-Traumatic Growth and the Role of Self-Compassion and Resiliency</b> – <i>Jasmine Arora</i>
<b>#6: Finding the Words: Collaborative Care Between Speech-Language Pathologists and Mental Health Providers Serving Children Exposed to Trauma</b> – <i>Judy Blackburn</i>
<b>#8: Intergenerational Child Maltreatment: A Scoping Review of Social-Emotional Risk and Protective Factors</b> – <i>Casey Burton</i>
<b>#14: The Impact of Father Characteristics on the Completion of a Father-Focused Parenting Program and Subsequent Outcomes</b> – <i>Taylor Garcia</i>
<b>#15: Children Exposed to Violence: Impact of Exposure Type on Symptoms in Children Who Have Experienced an Incident</b> – <i>Alexander Gonzalez</i>
<b>#20: The Brave Journey: Exploring the Impact of Immigration within Latinx Youth</b> – <i>Alexandra Johnson</i>
<b>#35: Assessing the Cultural Validity of a Child Maltreatment Risk Assessment Within a Hispanic-Dominant Population</b> – <i>Andrea Ruiz-Velediaz</i>

### Poster Session 3: Cultural Factors and Community Violence | Room: Regency F

<b>#1: Implementing a Restorative Justice Program Using a Health Equity Approach: Lessons Learned from COVID-19</b> – <i>Layla Al Neyadi</i>
<b>#9: Promoting Resilience and Positive Interpersonal Interactions with Refugees: Identifying and Accessing Integration Services</b> – <i>Elena Castellanos</i>
<b>#16: The Role of Collective Efficacy as a Mediator in the Link Between Civic Engagement and Safety: Explorations Across Historically Marginalized Chicago Neighborhoods</b> – <i>Amy Governale</i>
<b>#27: Maternal Mental Health and Role of Culture in Prevention and Advocacy</b> – <i>Amber O'Neill Smith</i>
<b>#32: Mass Shootings: Strategies for Following Up with Survivors</b> – <i>Alishia Qadri</i>
<b>#36: Supporting Immigrant Women Survivors of Cumulative Trauma: A Pilot Randomized Controlled Trial of the Digital BSHAPE Intervention</b> – <i>Bushra Sabri &amp; Sharon O'Brien</i>
<b>#40: Approaching the Financial Aid Process Through an Ethic of Love</b> – <i>Edwina Williams</i>

**Poster Session 4: Clinical Treatment and Intervention | Room: Del Mar**

#22: I'm on a First Name Basis with Everybody at the EPA: The Biopsychosocial Effects of Air Exposure from a Hemp Processing Plant – Ashley Logsdon
#25: Substance Use Disorder Continuum: New Era of Recovery Oriented Systems of Care – Pete Nielsen
#26: Being “SMART” About Treatment Approaches to Harm Reduction – Pete Nielsen
#28: Why Do I Feel So Broken and Lost? Navigating Grief and Loss with Our Clients – Kristina Padilla
#29: Clinical Consideration for Working with the Queer, Gay, Nonbinary, and LGBTQIA2+ Population – Kristina Padilla
#37: Exploring Outcome Differences between Virtual and In-person Treatment in CalWORKs Programming – Sara Tamadon
#39: Engaging Families with Abusive Head Trauma Prevention through Clinical and Community Partnerships – Shantel Wakley & Danielle Vazquez

**Poster Session 5: Intimate Partner Violence | Room: Mission Beach**

#5: Intimate Partner Violence Screening and Danger Assessment in a Virtual PTSD Program – Jodi Bell
#7: Recovering from IPV through Strengths and Empowerment (RISE): Implementation of an intervention for Patients who experience IPV within the Veterans Health Administration – Tara Brunswick & Erin Hanrahan
#10: IPV Knowledge, Attitudes, and Practices of Medical Students - Margarita Cruz-Sanchez; Lindsay Orchowski & Prachi Bhuptani
#12: How Women Are Asked about Domestic Violence: An Exploratory Case Study of Medical Practitioners in Ghana – Sarah Duncan
#18: A Grounded Theory Study into Coping and Wellbeing Among Heterosexual Male Victims of Intimate Partner Violence – Stanley Isangha
#19: Protective Factors Mitigating Intimate Partner Violence Exposure on Early Childhood Health Outcomes – Emma Jagasia
#30: Latinas Lived Experience of Intimate Partner Violence Amidst the COVID-19 Pandemic – Lorena Perez

**Poster Session 6: Sexual Victimization | Room: Imperial Beach**

#11: Correlates of #MeToo Disclosure: A Cross-Sectional Examination – Margarita Cruz-Sanchez; Lindsay Orchowski & Prachi Bhuptani
#13: Knowledge Synthesis of Intervention Practices Targeting Sexual Intimate Partner Violence – Mylene Fernet
#24: Transnational Marriage Abandonment: The Magnitude of Abuse and Consequences in Wisconsin – Kelsey Mullins
#31: Lived Experiences and Perspectives of Adult Survivors of Incest-Related Childhood Sexual Abuse – Varsha Puri
#33: Survivors of Commercial Sexual Exploitation Involved in the Justice System: Mental Health Outcomes, HIV/STI Risks, and Perceived Needs to Exit Exploitation and Facilitate Recovery – Arduizur Carli Richie-Zavelta & Luz Aramburo
#34: Scoping Review of Online Child Sexual Exploitation and Abuse (OCSEA): Identifying Key Themes and Gaps – Luz Robinson

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## **G SESSIONS: Tuesday, August 29<sup>th</sup>, 2023 | 8:30 am – 10:00 am (1.5 CE Credits)**

### **G1. Unconventional Trauma Treatments: Cannabis and the Flash Technique**

**Room:** Pacific Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

**Part I. Research on Low-Intensity Flash Technique Trauma Intervention by Pre-licensed Student-Clinicians – Kristen Gustavson, PhD, LCSW, California State University, East Bay & Sik-Lam Wong, MA, PhD**

There are not enough psychotherapists to offer individual trauma intervention to the tens of millions of people traumatized around the world. One solution may be low-intensity intervention with the Flash Technique (FT), offered one-on-one online and based on highly scripted instructions in which participants can work on their distressing memories independently. The Flash Technique is a protocol that was originally developed for the preparation phase of EMDR and only requires a few hours of training. In this study, we aim to explore whether a scripted FT protocol used by inexperienced student clinicians might be effective. Nine master-level social work students, trained in FT and under licensed supervision, offered individual Flash Technique online, using a scripted protocol. Participants were admitted to the study with an IES-R score of >24. Pre- and post-treatment surveys were collected from 30 participants who each received six sessions of individual therapy. No follow-up study data was collected. The IES-R data drop from a pre-treatment mean of 45.97 (SD=14.5, 95% CI=45.97+5.19) to post-treatment of 25.33 (SD=14.92, 95% CI=25.33+5.34), with a p-value of <0.00001 and a Cohen's d=1.4, showed a large effect size. The data suggested that the scripted FT protocol might be useable even by inexperienced student-clinicians, paving the way for its use as a low-intensity trauma intervention.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe the two (2) key features of low-intensity intervention.
2. Describe the six (6) steps of a scripted Flash Technique (FT) protocol.
3. Describe the efficacy of the scripted FT protocol practiced by student-clinicians for individual clients, based on pre- and post IES-R surveys.

**Part II. Thinking Outside the Box: The Use of Cannabis in Treating Trauma in Women – Gregory Canillas, PhD, The Chicago School of Professional Psychology, Soul 2 Soul Global**

A growing body of literature supports the use of cannabis in the treatment of mental health disorders such as post-traumatic stress disorder (Abizaid, Merali & Anisman, 2019; Rehman, Saini, et. al., 2021), depression (Johnson, 2022; Sarris, Sinclair, Karamacoska, et. al., 2020), anxiety (Stack, Wheate & Schubert, 2022) and pain management (Joy, 2000; Nye, 2022). Additionally, recent studies also support the use of cannabis in the treatment of menstrual discomfort (Carver, Smith & Gray, 2019). Much of the current literature on treatment of mental health issues encourages clinicians to use a holistic perspective, focusing on the client's psychological, biological and adjunctive needs (e.g., employment services, housing). The workshop will explore the use of cannabis as part of a holistic treatment strategy to treat mental health disorders in women of color. The presenter will use a vignette to highlight ways in which cannabis may be incorporated into a holistic treatment framework. The presenter will also highlight organizations (e.g., This Is Jane Project) that connect female and non-binary trauma survivors with no/low-cost cannabis as a source of treatment. Finally, the presenter will share resources for clinicians, health professional and lay persons working with women of color who may be considering the use of cannabis in treatment mental health concerns.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify three (3) ways to increase awareness of the history of cannabis in the United States.
2. Increase awareness of the emerging body of literature on the use of plant-based medicine in treating trauma.
3. Explore three (3) mechanisms to integrate traditional psychotherapeutic approaches with alternative/adjunctive treatment.



**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Trauma Care

**G2. Why is this Young Child Behaving Erratically? Identifying Dissociation in Preschool Children** – *Frances S. Waters, DCSW, LMSW, LMFT, Waters Counseling and Training*

**Room:** Torrey Pines Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years). Traumatized preschool children can demonstrate erratic behavior with extreme mood and behavior switches. They can deny aggressive behaviors and are consequently viewed as manipulators and liars. This convoluted presentation gives rise to many different diagnoses, medications, and various treatment modalities with inconsistent or failed treatment outcomes. While such presentations are signs of dissociation, it is often not even thought of or considered a viable diagnosis, regardless how florid such signs are. It is erroneously thought that a traumatized preschooler is “too young” to have dissociation or separate states of consciousness. However, research demonstrates that the young child is actually more vulnerable to separate from himself because there is no other escape route from the terror of the traumatic moment. This workshop will examine research, signs, and symptoms of early childhood dissociation, how to differentiate from other more commonly known disorders and implications for treatment. Case examples and artwork will illustrate how young dissociative children present.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify research on preschool dissociation.
2. Identify signs and symptoms of dissociation in young children.
3. Describe treatment implications for young dissociative children.

**Areas of Emphasis:** Child Abuse

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**G3. Stalking: State of the Science** – *Reid Meloy, PhD, Forensic Psychologist*

**Room:** Mission Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years). This presentation will provide an overview of the science of stalking and its investigation. Drawing on the just published definition of stalking in the Encyclopedia of Forensic Sciences authored by Drs. Meloy and McEwan, the nature and motivations of stalkers will be delineated, as well as the most effective management strategies.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Define stalking and the motivations of most stalkers.
2. State one effective strategy for management of stalking.
3. Contrast definitions for psychotic vs. nonpsychotic stalking.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Attorneys, and Nurses

**IVAT Specialty Certifications:** Trauma Care

**G4. The Impact of COVID-19 on the Experience of and Vulnerability to Gender-Based Violence for Migrant Women Seeking Asylum at the Mexico-US Border** – *Kaylee Ramage, PhD, San Diego State University; Emma Stirling-Cameron, University of British Columbia (co-author); Arianna Spata (co-author); Isela Martinez Sanroman (co-author) & Shira Goldenberg (co-author)*

**Room:** Windansea Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

Although Title 42 was enacted as a COVID-19 mitigation measure, it has resulted in significant harm to asylum-seekers at the Mexico-U.S. border and continues to allow U.S. border officials to expel arriving migrants without screening. Title 42 has led to women and their families being trapped at the border indefinitely, with exposure to gender-based violence (GBV) such as unsafe conditions; physical and sexual violence; and human trafficking. As part of an ongoing study, the current analysis examined the impact of COVID-19 on GBV experienced by migrant women at the Mexico-U.S. border. Alongside community partners, we conducted qualitative, one-on-one interviews with women (aged 18-49) in Tijuana, Mexico intending to seek asylum at the Mexico-U.S. border who had experienced a pregnancy since March 2020. Interviews were analyzed using a thematic analysis. In the 30 interviews, we found that GBV was experienced at every stage of the migration journey, including pre-migration, during migration, and at the border. COVID-19 and related border restrictions impacted women's access to support, services, and reporting. Finally, COVID-19 and its impact through Title 42 exacerbated women's vulnerability to GBV, including exploitative labor, unsafe working and living conditions, and lack of access to care. There is an urgent need for changes to U.S. border policy. Until this is achieved, there is a need for aid to support these women and to address GBV in this context.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Summarize the impact of Title 42 on women's migration experiences at the Mexico-US border.
2. Define gender-based violence and to assess its impact on asylum-seeking women in Tijuana.
3. Give three (3) examples of structural violence within US border policy.

**Areas of Emphasis:** Cultural Issues

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Attorneys, and Nurses

**IVAT Specialty Certifications:** Trauma Care

#### **G5. Aggressor or Defender? What Most Miss About Reactive Abuse: Learn to Identify, Assess, and Bring Healing – Anette Oltmans, The MEND Project**

**Room:** Regency D

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

This presentation challenges the term "reactive abuse" by explaining dynamics found in covert abusive relationships and understanding its impact on a victim's brain and body, compelling volatile reactions. It explains why an abused person's response is not abusive, rather it is an act of self-defense that requires a different response protocol than abusive aggression. This presentation will describe the difference between relationship abuse dynamics, situational violence, mutual abuse, and violent defenses, as well as take a look at the motivation behind each. The speaker will describe the brain's response to recurring abuse of any kind (physical, sexual, psychological, emotional, or financial, etc.), which causes it to issue directives to the victim to defend itself against any attack, including violence. The presenter will equip responders by delineating the signs of trauma, and indicators of relational violence versus situational or mutual violent scenarios. She will address tactics for discerning the truth and responding in trauma-informed ways. Participants will learn about common signs and symptoms of abuse and trauma, PTSD, and complex PTSD to help responders assess whether there is an abusive relational dynamic involved. She will discuss helpful ways to respond without causing further harm through Double Abuse.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Assess when violent or abusive acts are in self-defense/involuntary fight, flight, freeze, or appease response by an abusive victim vs. violent acts by an abuser.
2. List relational abuse and trauma symptoms which might affect a person's ability to control their responses.
3. Apply trauma-informed and practical ways to prevent violent responses to abuse and promote healthy self-defense.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Domestic Violence Offender Treatment

**G6. Elevating our Trauma-Responsive and Healing Centered Practices with Survivors of Interpersonal Violence** – *Sandi Capuano Morrison, MA, IVAT & NPEIV*

**Room:** Regency F

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years). Interpersonal Violence (IPV) is a significant public health problem in the United States and around the world. Over the course of nearly 30 years of work with victims/survivors, perpetrators and professionals in various disciplines addressing IPV, I have learned many important lessons about how we can improve our work in this important area using trauma-informed, social justice and human rights perspectives. This presentation will share recommendations for how we can enhance our efforts to be more trauma-informed and responsive, prioritize all efforts to be survivor-centered and elevate our effectiveness in creating change at the individual, organizational, and system levels. The importance of applying principles of intersectionality, human rights, cultural humility, knowledge of poly-victimization as well as protective factors and resilience will be discussed. The necessity of linking research, practice, policy, and advocacy in our work to prevent, assess and treat the short and long-term impacts of trauma for IPV survivors, perpetrators, family members and society at large will also be discussed. Given the prevalence of IPV in the United States, with an estimated 25-35.6% of adult women and 7.6-28.5% of adult men experiencing IPV in their lifetime, the urgency to reimagine and improved our trauma-informed responses is extremely high. We can do better together to engage all community members in understanding trauma and trauma responses and to improve our work in this important space to respond to IPV in more comprehensive ways.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Define the philosophy of trauma-informed care.
2. Identify three (3) to five (5) ways that programs can deliver improved trauma-informed care services.
3. Describe the importance of cross-sector collaboration to improve prevention and intervention efforts with victims and offenders.

**Areas of Emphasis:** Domestic Violence, Trauma

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Child & Adult Maltreatment

**G7. Intersection of Gender-Based Violence and Human Trafficking: Practical Tools to Identify and Support Trafficking Victims** – *Maria Jose Fletcher, JD, Battered, Women's Justice Project*

**Room:** Ocean Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

This workshop will address the intersection between gender-based violence and human trafficking and provide practical tools for clinicians and practitioners to identify and support survivors in their search for justice.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Discuss and evaluate the power and control tactics exerted within the context of gender-based violence and human trafficking.
2. Consider similarities and differences while assisting survivors of gender-based violence and human trafficking to develop effective strategies for their identification, safety planning, and support.
3. Explore multidisciplinary trauma-informed, supportive responses to ensure that survivors of human trafficking receive quality services during their path to recovery.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Trauma Care

**G8. Violent Extremism in Schools: Trauma, the Emotional Sequence of Hate, and Vulnerability to Recruitment** – *Kristen Devitt, MEd, CTM, Regional Director of Security, Kaiser Permanente & Melissa Reeves, PhD, LPC, Safe and Sound Schools, SIGMA Threat Management*

**Room:** Imperial Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

This presentation will discuss how children in the K-12 environment become vulnerable to recruitment by hate based organizations. We will begin by discussing the psychological risk factors for radicalization and trauma's role in vulnerability to recruitment. We will explain how the psychological risk factors, understanding the emotional sequence of hate, and belief in conspiracy theories can help us determine if a student is on the pathway to radicalization. Finally, we will discuss evidence-based interventions that have been used to successfully deradicalize individuals that had previously been violent extremists.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify three (3) complexities and three (3) cautions to identifying violent extremism.
2. Recognize two (2) characteristics, two (2) risk factors, and two (2) warning behaviors that lead to engagement in violent extremism.
3. Determine three (3) multi-tiered intervention strategies to address risk factors.

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Trauma Care

**G9. Research Focused on Youth Who are Sexually Abusive**

**Room:** Del Mar

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

**Part I. What to Know About Youth Who Are Sexually Abusive** – *L.C. Miccio-Fonseca, PhD, Clinic for the Sexualities, NPEIV*

The presenter contends that youth who engage in persistent coarse sexual improprieties and/or, sexually abusive behaviors are too often viewed primarily through a criminological lens (regardless of their age, gender, and judicial status). Presented are empirical findings on sizeable samples (N=3,901) of male, female, and transgender youth (adjudicated and non-adjudicated), including youth of low intellectual functioning. These are the largest studies to date in the field on youth ages 4 to 19 who are sexually abusive and involved in a risk assessment study. Extracted from this research are important variables for the practicing clinician to consider for risk assessment, treatment, supervision, and/or mentoring, when working with you. The presenter asserts that assessment methods and interventions must be empirically anchored on research on youth (NOT intermixed with adult sex offender paradigm). They must be holistic and idiosyncratic according to age and gender, considering numerous multiplex developmental variables (i.e., overall human sexual development, gender identity, sexual identity, sexual orientation, erotic development, intimacy deficits, adverse childhood experiences/trauma), as well as sociological and anthropological fundamentals.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe why assessment methods for youth who engage in sexual improprieties and/or sexually abusive behaviors must be anchored on empirical studies on youth, not adults.
2. Describe the harmful impact of intermixing adult sex offender language or literature, or assessment and or treatment methods when working with youth.
3. Describe why the treatment approach and interventions for these youth must be holistic and idiosyncratic according to age and gender.
4. Delineate multiplex developmental variables that should be considered when providing interventions, including treatment, as well as sociological and anthropological fundamentals.

## **Part II. Longitudinal Study of Adolescents Adjudicated for Sex Offenses Followed to Adulthood: Examining Recidivism**

### **Using a State Sex Offender Registry – Lucinda Rasmussen, PhD, LCSW, San Diego State University School of Social Work**

Youth adjudicated for sex crimes as adolescents are difficult to follow longitudinally once discharged from residential facilities, particularly when they transition to adulthood. This research presentation will present descriptive findings of a longitudinal study of 145 youth who were adjudicated for sex offenses, placed in a secure custody residential facility, and followed after discharge for 15.76 years (mean follow-up = 12.68 years, SD = 1.71). The age of the sample at end of the study ranged from 24.03 to 34.26 years. Subjects were assessed when admitted to the residential program by two state-of-the-art peer reviewed published risk assessment tools: JSORRAT-II (Epperson et al., 2006; Epperson & Ralston, 2015), and actuarial tool, and the risk level tool, MEGA<sup>2</sup> (Miccio-Fonseca, 2009, 2010, 2013). Sexual recidivism was 6.2%, defined as the subject being located on the California Megan's Law Sex Offender Registry Website, indicating they had committed a sex crime as an adult that required registration. Descriptive findings will be presented related to risk level; protective factors; history of abuse, neglect, and/or exposure to domestic violence; and completion of the residential program. Commonalities and differences between recidivists and non-recidivists will be described, as well as intervention considerations for this transition-age population of sexually abusive individuals. The value of sex offender registries in examining recidivism will be highlighted.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe empirically supported contemporary descriptors of the emerging adult population who have engaged in sexually abusive behaviors.
2. Describe state of the art, scientifically anchored risk assessment and risk management that are age-specific and appropriate for emerging adults who are sexually abusive.
3. Describe the use of state sex offender registries as a method for assessing recidivism.
4. Describe commonalities and differences in recidivism and non-recidivists related to risk and protective factors.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Child Custody Evaluators and Domestic Violence Offender Treatment

### **G10. Providing Psychotherapy for Sexual Assault Survivors: Best Practices in Working with Emerging Adult Survivors of Military Sexual Assault – Lindsay M. Orchowski, PhD, Alpert Medical School of Brown University; Heather Littleton, PhD, University of Colorado, Colorado Springs & Prachi H. Bhuptani, PhD, Rhode Island Hospital, Brown University**

**Room:** Regency E

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

In this workshop geared for practitioners, Drs. Orchowski, Littleton, and Bhuptani will discuss important considerations for clinicians when providing care for sexual assault survivors. In addition to briefly delineating key overall clinical considerations and best practices, the presentation will focus on critical clinical issues that clinicians are likely to encounter when working with emerging adult survivors and with survivors of military sexual trauma. Dr. Orchowski will provide an overview of the scope of military sexual violence, as well as a review of evidence-based treatments for adult survivors of sexual violence. Dr. Littleton will then discuss several issues that clinicians working with emerging adult survivors should be mindful of, including issues related to re-victimization risk and body image concerns, as well as the impact of the social contexts in which sexual assault among emerging adults frequently occur on recovery. To close the presentation, Dr. Bhuptani will provide the audience with a deep understanding of the role of shame and stigma in healing from sexual trauma, as well as strategies that are helpful in reducing the impact of shame and stigma in the healing process.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe three (3) frequent clinical issues when working with emerging adult survivors of sexual violence.
2. Delineate three (3) evidence-based practices for sexual assault survivors.
3. Identify three (3) clinical strategies to address shame and stigma in sexual assault survivors.

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Trauma Care

**G11. Preventing Bullying and Cyberbullying Among Children and Adolescents** – *Dorothy Espelage, PhD, University of North Carolina at Chapel Hill*

**Room:** Solana Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

This presentation will discuss two decades of research and practice on bullying and cyberbullying, including definitional issues, prevalence, risk, and protective factors associated with victimization, perpetration, and witnessing both forms of bullying. School and home-based efforts found to prevent these behaviors and innovative efforts to address bullying and cyberbullying will be highlighted. These efforts involve developing apps for students to communicate both emotional and physical safety concerns, youth-led student campaigns to address mental health issues associated with involvement in bullying and cyberbullying as well as parent interventions and teacher trainings.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Define bullying and cyberbullying.
2. Compare and contrast the prevalence of both forms of bullying, and risk and protective factors associated with both forms.
3. Understand the emotional, mental health, and academic impacts of involvement in bullying and cyberbullying involvement.

**Areas of Emphasis:** Child Abuse

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**PARALLEL PLENARIES: H SESSIONS: Tuesday, August 29<sup>th</sup>, 2023 | 10:30 am – 12:00 pm (1.5 CE Credits)**

**H1. Racial Trauma and Cultural Healing (Addressing Lateral Violence)** – *Panelists: Olivia Rosillo, LMFT, CCTP, CCATP; Sujata Warrior, PhD, Battered Women's Justice Project; Kiana Maillet, EdD, MPA, LCSW, Southern Indian Health Council & Pamela Pine, PhD, MPH, MAIA, CHES, Stop the Silence®, IVAT; Moderator: Monica Ulibarri, PhD, Alliant International University*

**Room:** Regency D

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

The impacts of colonialism, imperialism, and cultural genocide continue to result in both intergenerational and contemporary trauma for many Black, Indigenous, People of Color and other marginalized groups. Lateral violence is also referred to as lateral oppression or horizontal violence. The concept of lateral violence has its origins in literature primarily from Africa and Latin America. In more recent times, Indigenous Peoples in Canada have been leading the way to identify, acknowledge and address lateral violence in Indigenous communities and see this as an integral step forward for individual, family, and community healing. Lateral violence occurs when members of an oppressed community have 'internalized the oppressor' and engage in acts of oppression within their own communities even though the true adversaries are historical and ongoing colonialism, internalized racism, and oppression in other forms. These areas of oppression include physical violence and intra-racial abuse such as bullying, gossiping, backstabbing, and social isolation. Lateral violence is complex. It has both historical and contemporary influences that are challenging to navigate. This presentation will explore ways lateral violence can be present in communities as well as share strategies to counter lateral violence and support community healing.

**Opening Question:** What does lateral violence look like in communities?

**Closing Question:** What are ways we can respond to lateral violence and specific examples for how to combat it?

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe three (3) ways lateral violence originates in marginalized communities.
2. Design three (3) ways to combat violence and three (3) ways to promote healing from lateral violence.
3. Explain three (3) ways to address violence in marginalized communities.

**Areas of Emphasis:** Cultural Issues

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**H2. Multidisciplinary Approaches to Preventing Targeted Violence** – *Panelists: Reid Meloy, PhD, Forensic Psychologist; Kristen Devitt, MEd, CTM, Regional Director of Security, Kaiser Permanente; Lauritz Austensen, FBI San Diego Campus Security, San Diego Joint Terrorism Task Force & Victor Nyguen, Joint Terrorism Task Force; Moderator: Glenn Lipson, PhD, ABPP, Making Right Choices Squared (MRC, Squared) & Institute on Violence, Abuse, and Trauma*

**Room:** Torrey Pines Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

Targeted Violence refers to violence that is premeditated and directed at specific individuals, groups, or locations. This type of violence continues to be an urgent issue in the United States. This multidisciplinary panel features experts in the fields of threat assessment, forensic psychology, and overall violence prevention. This panel seeks to address ways that practitioners and community members can help move towards prevention.

**Opening Question:** Is targeted violence increasing? If so, why?

**Closing Question:** What can we do better to reduce and prevent targeted violence?

**Objectives:** At the conclusion of this session, participants will be able to:

1. Recognize three (3) ways practitioners and members of the community can help prevent Targeted Violence.
2. Infer three (3) common forms practitioners can conduct threat assessments.
3. Express three (3) slow-moving forms of racism associated with premeditated violence.

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Attorneys, and Nurses

**H3. Grief, Loss, and Healing with Adult Survivors** – *Panelists: Arvis Jones, MT, MA, Damon's Center for Grief, Loss, and Trauma; Mary Jo Barrett, MSW, The Center for Contextual Change; Frances S. Waters, DCSW, LMSW, LMFT, Waters Counseling and Training & Pearl Berman, PhD, National Partnership to End Interpersonal Violence Across the Lifespan; Moderator: Sandi Capuano Morrison, MA, IVAT, NPEIV*

**Room:** Regency Ballroom

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

Death, loss, and grief are natural parts of life, but the overlap of traumatic experiences and the grief of the loss can be overwhelming. In some cases, people get stuck in their grief and can't seem to find a way forward. Everyone grieves differently and it can be difficult to identify traumatic grief. This panel will explore what grief can look like and discuss strategies to promote healing in adult survivors.

**Opening Question:** How do we deal with the idea of "Just get over it"?

**Closing Question:** How do we help people recover from grief and get the help they need?

**Objectives:** At the conclusion of this session, participants will be able to:

1. Discriminate three (3) signs that an adult is grieving and predict three (3) ways an adult can be approached.
2. Discuss three (3) strategies to promote healing in adult survivors that have been confronted.
3. Explain in three (3) reasons the overlap with traumatic grief causing an overwhelming experience in adult's lives.

**Areas of Emphasis:** Domestic Violence and Child Abuse

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses



**H4. Child Victimization and Healing** – *Panelists: Roland Summit, MD, Retired; Michael Johnson, Detective (Retired), Detective Mike, LLC; & Kevin J. Connors, MS, LMFT; Moderator: Michael Hertica, MS, Retired Lieutenant from the Torrance Police Department*

**Room:** Solana Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

Survivors of child abuse experience many short-term and long-term effects throughout their lifetime. Significant barriers to healing for survivors include gaps in victim support. Having timely, trauma-informed support can be formative for a child and it's essential that communities are aware of the support available. This panel will examine our current systems of care and discuss ways that care can be improved.

**Opening Question:** Have our systems of care become more trauma informed?

**Closing Question:** What can people do now to improve the healing of children who have been victimized?

**Objectives:** At the conclusion of this session, participants will be able to:

1. Express three (3) ways in which we can improve the systems of care in relation to child abuse.
2. Determine three (3) ways our community can become more aware of the support that is available to children who have experienced abuse.
3. Determine two (2) short-term and two (2) long-term effects that children, who have undergone abuse, experience in their lifetime in relevance to being more informed or how to support them.

**Areas of Emphasis:** Child Abuse

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**H5. System Failure in Family Courts when there are Allegations of Abuse** – *Panelists: Maralee McLean, Moms Fight Back; Richard Ducote, JD, Ducote Law; Jennifer Hault, JD & Viola Vaughan-Eden, PhD, MJ, LCSW, Norfolk State University & The UP Institute; Moderator: Robert Geffner, PhD, ABN, ABPP, IVAT, NPEIV*

**Room:** Regency F

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

Officials who work in the judicial system can lack sufficient training on child abuse and trauma-informed care. As a result, the legal systems failure to protect survivors of abuse can stem from family court. A national research study published in 2019 showed that courts generally believed abuse claims a little over one-third of the time, 36 percent across the board. More specifically, they believed child abuse claims 20 percent or less of the time. When the mother alleged abuse by the father and the father cross-claimed alienation as a defense, courts' rejection of such claims increased significantly. This panel will identify areas of the court system that are most in need of change and explore ways to make changes within the system.

**Opening Question:** What aspects of the court system are most in need of change?

**Closing Question:** What can be done now with policy and other approaches to change the system?

**Objectives:** At the conclusion of this session, participants will be able to:

1. Criticize three (3) areas of the judicial system that need the most improvement.
2. Plan three (3) ways in which there can be an offered change within the system.
3. Decide three (3) trainings that officials can receive regarding child abuse and being more trauma-informed.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Attorneys

## **I SESSIONS: Tuesday, August 29<sup>th</sup>, 2023 | 1:00 pm – 4:30 pm (3 CE Credits)**

### **11. Braiding at the Border: Intersectionality, Gender-Based Violence, and the Global Connections** – *Sujata Warrier, PhD, Battered Women's Justice Project*

**Room:** Pacific Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

Violence is gendered, structured, embodied, and institutionalized. It is well recognized that violence is constructed along different dimensions of inequalities such as poverty, lack of access to health care, education, basic needs, gender norms that together create vulnerabilities for diverse populations both in the US and globally. Over the last three decades, survivors, activists, advocates have done much to legislate, change, provide services and trauma informed critical work to level responses. Using work done and examples from Iraq, Jordan, Egypt, South Asia, Russia, Taiwan, Ireland, US and England, the workshop will challenge participants to examine the commonalities and differences among all of these cultural contexts in their expression and response to GBV. Participants will use case examples to develop specific advocacy and response strategies that can not only be used to work with survivors but build a beloved community to bring about organizational, systemic, legislative, and cultural change. Transnational analysis will be the guiding force that will enable participants to step out of and into creating global changes that can defy narrow national boundaries.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Engage in a lively debate on terminologies and identify three (3) discontents in the global response to Gender Based Violence.
2. Utilize a transnational intersectional lens to promote change in three (3) ways and to work with survivors, advocates, and professionals in a beloved global community.
3. Augment knowledge on the global post pandemic of three (3) engagements in responses to GBV and diverse local and culturally specific responses.

**Areas of Emphasis:** Cultural Issues

**Continuing Education:** This session has been approved for 3 CE Credits for: Psychologists, Social Workers, Counselors, Traumatic Stress Specialists, Attorneys, and Nurses

This Session has been approved for 1.5 CE Credits for: Victim Advocates

**IVAT Specialty Certifications:** Trauma Care

### **12. Institutional Failure: The Sexual Abuse of the Boy Scouts of America** \**Excellence in Media Awardee* \**This session is only approved for 1.5 CE Credits.*

**Room:** Mission Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

#### **Part I. Screening of Scout Master Documentary**

Scout Master: One of the largest sex abuse scandals in U.S. history. Fault Lines investigates how sexual abuse by a Boy Scouts of America scoutmaster was a factor in an unthinkable family tragedy. In 1997, the small town of Lonoke, Arkansas, in the United States was shaken by the news that a local family had been killed and son Heath Stocks was the prime suspect. Twenty-five years later, Fault Lines travel to Lonoke to re-examine the case and its connection to one of the largest sex abuse scandals in American history.

#### **Part II. Institutional Failure: The Sexual Abuse of Over 83,000 Boy in the Boys Scouts of America** – *Michael Johnson, Detective (Retired), Detective Mike, LLC*

In July 2010, after losing a massive \$18.5 million punitive damages civil suit involving multiple victims of sexual abuse in a Portland, Oregon, Boy Scouts LDS troop, the Boy Scouts of America hired Detective Mike Johnson as the organization's first Director of Youth Protection. The following year, the Oregon Supreme Court ordered the release of thousands of "P" or "Perversion" files to the public, leading to an avalanche of male survivors contacting the organization and a flood of civil litigation across the organization. In the summer of 2021, the Boy Scouts of America, facing nationwide legislative changes

to the civil statute of limitations and mounting child sexual abuse litigation, filed for bankruptcy protection. Approximately 83,000 men and women joined in the lawsuit. As part of a strategic crisis marketing messaging campaign, “Detective Mike” was asked by the Boy Scouts of America to state that the Boy Scouts of America was safe. He refused and was subsequently fired. In November 2021 at the National Press Club in Washington, D.C., Johnson held a press conference asserting that the Boy Scouts of America is still not safe for America’s youth and called for a congressional investigation and additional protections be put in place. Johnson stated that, while advances were made during his tenure, BSA still does not adequately address the level of sexual abuse prevention needed for a “high risk” organization for sexual abuse of its program youth. In this presentation “Detective Mike” will share some of the preventable institutional challenges that contributed to the sexual abuse of tens of thousands of children and youth over decades in one of America’s most prestigious organizations. He will give his thoughts on what needs to be done in the future to protect children and what parents need to know to keep their children safe in youth-serving programs.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify three (3) organizational leadership failures leading to the sexual abuse of youth.
2. List three (3) screening areas leading to the sexual abuse of youth.
3. Identify three (3) sexual abuse prevention strategies to protect program youth from sexual abuse.

**Areas of Emphasis:** Domestic Violence and Child Abuse

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**13. Lessons from Other Disciplines to Increase Safety in Fearful Moments** – *Glenn Lipson, PhD, ABPP, Making Right Choices Squared (MRC, Squared) & Institute on Violence, Abuse, and Trauma; Wes Albers, Community Liaison, Psychiatric Emergency Response Team (PERT) & Wayne Spees (Retired Detective)*

**Room:** Imperial Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

This workshop includes a retired law enforcement hostage negotiator, a retired law enforcement officer currently serving on Psychiatric Emergency Response Teams (PERT), and a forensic clinical psychologist. These speakers have worked together in threat assessment, de-escalation, and both suicide and homicide prevention. Most clinicians and victim advocates can benefit from the experience of these retired officers who now nationally train others. For example, hostage negotiators have spoken with individuals ready to jump off buildings or bridges or who may be holding and threatening family members with firearms. Most advocates and treatment providers have never found themselves in these situations. The San Diego PERT has provided de-escalation training to local laws enforcement officers, and supportive service and treatment providers may be these skills in these times of dysregulation, extremism, and conflict. The workshop will demonstrate the value of multidisciplinary teams with the psychologist addressing behavioral threat assessment and key concepts to apply when addressing these troubling situations. These approaches focus on the prevention of harm, connections that help others choose life, and finally, successfully helping those who are hurting to find strands of resilience when life is fraying and untethered.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Learn how to apply the “suspended disbelief” approach for connection and de-escalation with delusional individuals making threats.
2. Learn how active listening is applied when engaging someone who is suicidal.
3. Learn three (3) in-the-field approaches that may assist in resolving difficult incidents.

**Areas of Emphasis:** Suicide Assessment and Prevention

**Continuing Education:** This session has been approved for 3 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Attorneys, and Nurses

**IVAT Specialty Certifications:** Trauma Care

**14. Suicide Prevention, Intervention and Postvention Programs for High School Students** – *Cynthia Pancer, EdD, Alliant International University*

**Room:** Solana Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

Stresses on teens have been mounting, but so have the resources at school and online to support them. As the risk of suicide grows, several emotional wellness and suicide prevention programs have been developed targeting whole school districts, separate school campuses, and individual students. In addition, apps are being developed that support adolescents via the media they prefer – their cell phones. A parallel concern to suicide prevention is the rising prevalence of guns on school campuses, corresponding to the rising prevalence of guns in communities. Finally, in the wake of suicide or any violence involving a student, teachers will be not only traumatized by supporting traumatized students. This workshop covers the school as a protective factor, and all types of teacher-led programs (face-to-face, web-based, phone apps, firearms control, and therapeutic) that address suicide and school-ground violence prevention and postvention. The workshop leader will share their experiences of her teacher candidates with suicide and violence prevention programs and participants will be encouraged to contribute their own experiences with violence prevention and postvention programs and products.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe three (3) suicide prevention programs used in middle and high schools.
2. Categorize prevention and postvention programs by their purpose and scope.
3. Evaluate suitability of the programs to specific schools.

**Areas of Emphasis:** Suicide Assessment and Prevention

**Continuing Education:** This session has been approved for 3 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Nurses, and Substance Abuse Counselors

**IVAT Specialty Certifications:** Trauma Care

**15. Ice Cream Making: Implications for Intimate Partner Violence and Program Development** - *David Mathews, PsyD, LCSW, People Incorporated and One T., Inc.*

**Room:** Ocean Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

This presentation will challenge the ideologies that have been the sole basis of “Batterer Intervention Programs” for more than 40 years. It will propose that a new foundation for developing, running programs, and creating curriculums is necessary. It starts with “Following the Science” as one of the multi-intersectional factors necessary to understand violent behavior, actually any behavior for that matter. It is important to look outside the “traditional field” of batterer intervention that includes the scientific research around the neural-physiological processes that are the basis for all behavior as human beings. This presentation then integrates the factors of trauma experience and its effects on behavior. To not use this information today as the basis for intervening with those who are hurtful towards their intimate partners may be, at best, “science ignorance,” or at worst, “science-denying/refusing.” There will also be suggestions, methods, and strategies for integrating this information along with other multi-intersectional factors as a way to work with those who are hurtful toward their intimate partners for understanding how to provide trauma-informed care.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Increase understanding of the use of science as the basis for doing batterer intervention programming.
2. Increase understanding of the need to understand the physiology and neural influencers of violence behavior.
3. Increase understanding of some strategies and methods using physiology as a basis for bringing about reducing and preventing violent behavior.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 3 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Domestic Violence Offender Treatment

**16. Firearms and Family Violence: Connecting the Pathways to Prevent Violence** – Amanda Elkanick Oder, Texas Advocacy Project & Shelli Egger, Texas Legal Services Center

**Room:** Torrey Pines Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

A critical look into the criminology of perpetrators of mass shootings is needed to prevent these crimes from happening. In this workshop, presenters will take a deep dive into a case study of recent mass shootings, identify red flags, and discuss current laws. Attendees will examine federal and state laws that may provide loopholes for these offenders to slip through the cracks and will learn how our communities can collaborate effectively to identify high-risk offenders, create firearm surrender protocols, and secure protections for survivors.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Recognize red flags relating to mass shooters.
2. Examine federal and state laws that may provide loopholes for these offenders.
3. Learn how communities can collaborate to effectively identify high-risk offenders and create firearm surrender protocols.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 3 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Trauma Care

**17. Understanding Human Trafficking and its Complexities** – Evelyn A. Gonzalez, Fresno EOC Central Valley Against Human Trafficking & Enly Solis, The Open-Door Network

**Room:** Regency D

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

There are many faces of human trafficking. Historically, researchers and service providers have surrounded much of their understanding of human trafficking around sex trafficking, specifically prostitution-related acts; it's a scenario that is in plain sight. Due to this focus, society, media, and even law enforcement have struggled to understand the dynamics of labor trafficking. Many labor trafficking victims are not identified and therefore are not connected to vital resources. Furthermore, due to the lack of education to law enforcement, labor trafficking victims are often not identified and dismissed, with little opportunities for prosecution. This presentation will provide a deeper understanding of the AMP model and its application to labor trafficking scenarios.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe three (3) case studies of labor trafficking and identify the application of the AMP model.
2. Discuss the complexities identifying a labor trafficking situation based on the means of coercion.

**Continuing Education:** This session has been approved for 3 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Trauma Care

**18. Breaking the Chains, Empowering Lives, Re-Imagining Systems: Unlocking Post-Traumatic Growth for Financial Abuse Survivors**

**Room:** Del Mar

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

**Part I. Re-Imagining Services and Systems to Address Financial Abuse** – Susan Omilian, JD, Thriver Zone & Janine Kasper, MBA, President, Kairos Digital Commerce Consulting

Victims of domestic violence often find themselves trapped in abusive situations due to financial constraints and a lack of hope for a better future. However, there are innovative approaches to helping victims break free and create a new life for themselves and their children. A key aspect of this transformation is to empower abuse survivors with a strengths-based motivation model to achieve post-trauma growth and opportunity, adding a "third step" in the service delivery model from

victim to survivor to “thrivers”. Another is to recalibrate products and technology used in the banking industry to better provide victims with the financial resources and support necessary to leave abusive relationships and never return.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify one (1) strength-based approach to helping empower survivors to achieve post-trauma growth.
2. Identify one (1) product/technology used in the banking industry that provides survivors with financial resources and support.
3. Describe how survivors can gain financial freedom and leave abusive relationships.

**Part II. Unlocking Financial Systems to Collaborate for Change. What’s Next?** – *Tyana Ingram, ASW, CFSW, Center for Financial Social Work Ambassador Board; Cindy Lee Morita, DSW, LCSW, AFC, Hawaii Building Financial Capability Project; & Connie Davis, Founder, CEO, Kairos Digital Commerce Consulting*

An evolving process of broad systemic changes will be required not only to create post-trauma growth for survivors but also to fashion the banking industry products and technology to support customers and survivors in need. Current approaches that focus on financial literacy of domestic violence victims have shown merit, but survivors of financial abuse also must examine their relationship with money in order to foster long-term financial change and future financial wellness. In addition, survivors may need specialized financial services and a collaboration between victim advocates and financial counselors to increase survivors’ access to financial services.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe current approaches that focus on financial literacy of domestic violence survivors.
2. Describe how survivors of domestic violence can examine their relationship with money.
3. Describe specialized services that survivors might need in order to increase their access to financial services.

**Continuing Education:** This session has been approved for 3 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, and Traumatic Stress Specialists

**IVAT Specialty Certifications:** Domestic Violence Offender Treatment

**19. Walking the Delicate Balance: The Clinical Treatment of Incest** – *Mary Jo Barrett, MSW, The Center for Contextual Change*

**Room:** Windansea Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

Through the years as the treatment of Complex Developmental Trauma has become more protocol driven, there has become a lens in which we look through, which is that all traumas can be treated in the same fashion. Also, our awareness, that there has been no decrease in the rate of incest occurring in the families of our communities. We cannot lump incest into the category of “family violations”. Of course, there are commonalities, yet there is uniqueness in the treatment of incest whether clients are adults or children. This workshop will explore the nuances of the treatment of incest. Through case exploration, video tape example, and didactic information, we will examine the application of The Collaborative Change Model to incestuous families, both childhood treatment and adult treatment. We will understand the vulnerabilities and the resources that are common in families where incest occurs, sibling as well as adult child.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Learn a working clinical definition of incest.
2. Learn an assessment of vulnerabilities and resilience for incest.
3. Learn specific interventions for working with families where sibling incest has occurred.

**Areas of Emphasis:** Domestic Violence and Child Abuse

**Continuing Education:** This session has been approved for 3 CE Credits for: Psychologists, Social Workers, Counselors, and Victim Advocates

**IVAT Specialty Certifications:** Child & Adult Maltreatment

## **110. Treating and Preventing Vicarious Trauma in Clinicians and Human Service Professionals**

**Room:** Regency Ballroom

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

**Part I. Creating a Culture of Care to Prevent and Support Frontline Human Service Professionals Around Issues of Traumatic Stress** – *Ashley R. Logsdon, MSSW, Center for Family and Community Well-Being, University of Louisville; Becky Antle, PhD, MSSW, Center for Family and Community Well-Being, University of Louisville; Andraea Nsilulu, MSSW, Center for Family and Community Well-Being, University of Louisville & Anita Barbee, PhD, MSSW, Kent School of Social Work and Family Science*

Workers exposed to individual or community trauma through their clients' experiences often show signs of secondary traumatic stress (STS) through cognitive responses. The essential workers are impacted on multiple levels, and their self-perception and worldview are altered. The workforce receives trauma, STS, anti-racism, and organizational health training. Workers exposed to individual or community trauma through their clients' experiences often show signs of STS through cognitive responses. Results from the organization training found that 52% of the frontline workers showed STS symptoms and that discrimination and burnout are the strongest predictors of STS. This model found that supervision and leadership is the strongest predictor of organizational stress. Psychoeducation is an evidence-based approach that increases knowledge, skill, and personal application related to key topics. There are evidence-based or evidence-supported programs to promote trauma-informed practice at each level of the organization. Turnover rates decreased from 83% to 67%, and attitudes of intent to stay within the workforce increased after the training. Participants who completed the training showed improved ratings in stress/burnout and various dimensions of organizational culture. This model supports an innovative trauma-informed organization training framework to support healthy workforces and workers to combat STS, and burnout and build resiliency.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify the practical applications for trauma in the frontline workforce.
2. Identify relevant trauma-informed interventions for the frontline workforce.
3. Recognize implications for research and practice for preventing burnout and secondary traumatic stress.

**Part II. The Use of Trauma Specific Treatment Training to Prevent Vicarious Trauma in Early Clinicians** – *Erin Roberts, PhD, LMFT, East Carolina University, ECU Family Therapy Clinic & Frandrea Lee, MS, LMFTA, East Carolina University, ECUHMB Inpatient Rehab Program*

Graduate level psychotherapy training programs provide students with a broad range of opportunities to prepare students for working with clients experiencing a broad range of emotional, mental, and relational health challenges. Aside from a few exceptions, focused clinical training in trauma-specific treatment is rare. However, research on the prevalence of trauma demonstrates that a large part of the population has experienced at least 1 traumatic event in their lifetimes. This gap between clinical need and treatment providers skillset highlights the need for more psychotherapists who are trained in evidenced-based trauma models that provide the clinical competence and confidence to meet the needs of clients. EMDR (Eye Movement Desensitization and Reprocessing), is highly effective in preventing secondary trauma in providers. This presentation will discuss how the Family Therapy Clinic at East Carolina University, in response to recent traumatic events demand for new skills from students, utilized EMDR as an essential piece in addressing this need. It will also show how EMDR was incorporated into an accredited program and university training clinic to prevent vicarious trauma of therapist. Presenters will demonstrate how a trauma treatment that is specific, such as EMDR, could be used in an academic or training setting to decrease therapist risk for vicarious trauma and increase longevity in the field.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Explain the link between more training in a treatment specific to trauma in reducing clinician burn-out.
2. Identify the difference between utilizing trauma-informed practices and trauma treatment-specific practices in clinical work and the impact on clinicians burn-out.
3. Describe the process of disseminating trauma training for clinicians within a rural area, specifically in relationship to EMDR.

**Continuing Education:** This session has been approved for 3 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Trauma Care



**I11. Ethics and Board Complaints: Being Informed** – Jessica Silsby, PsyD, Institute on Violence, Abuse, and Trauma (IVAT)

**Room:** Regency F

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

This ethics workshop is intended for intermediate audiences who have a familiarity with the APA Ethical Principles. The scope will be primarily for California, and for psychologists, though many principles apply across license levels so do refer to specific state and board codes of conduct. This presentation will introduce participants to the flow chart of Board of Psychology complaints, in order to be more informed about the process. Strategies for responding to complaints and maintaining ethical boundaries will be discussed. Suggestions and resources in the midst of ethical dilemmas, and red flags to notice, will be addressed. Forensic as well as clinical professionals are invited to attend, as many of the examples will pertain to court-involved cases.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe the pathway that Board of Psychology complaints take.
2. Identify three (3) resources for assisting clinicians to maintain ethical limits.
3. Identify three (3) strategies for responding to complaints.

**Areas of Emphasis:** Ethics and Professional Development

**Continuing Education:** This session has been approved for 3 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Attorneys, Nurses, and Substance Abuse Counselors

**IVAT Specialty Certifications:** Child Custody Evaluators

**J SESSIONS: Wednesday, August 30<sup>th</sup>, 2023 | 8:30 am – 10:00 am (1.5 CE Credits)**

**J1. Helping Judges and Fact Finders Evaluate Expert Credibility Using Empirical Data** – Robert Geffner, PhD, ABN, ABPP, IVAT, NPEIV

**Room:** Torrey Pines Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

Expert witness testimony has become commonplace in American legal proceedings, requiring lawyers, judges, jurors, and experts to routinely assess expert witnesses' credibility. Presentation of empirical evidence regarding experts' scientific works, legal casework, and expert earnings can help fact finders distinguish credible from uncredible experts, insulating legal proceedings from unjust outcomes that rely on pseudoscience. Using a case study of the 166 unique peer-reviewed experimental findings articles, including studies on suggestibility, memory, and learning, published by experimental psychologist Elizabeth F. Loftus who was designated an expert between 1970 and 2020, this session will demonstrate simple approaches to gathering, analyzing, and presenting relevant and admissible empirical evidence to assist credibility evaluations by fact finders, and legal and mental health professionals. Attorneys can use this investigatory approach to assess potential expert witness hires, and to depose, examine, and cross-examine both their own, and opposing, experts. Mental health professionals who work as expert witnesses will learn what data relating to their expert witness and scientific work is relevant and admissible in legal proceedings, and approaches to evaluating the work of opposing experts.

**Objectives:** At the conclusion of this session, participants will be able to:

1. List the types of empirical evidence that are relevant and admissible to assess expert witnesses' credibility in US legal proceedings.
2. Gather and analyze relevant and admissible empirical data for expert witness credibility evaluations.
3. Present relevant and admissible empirical data for expert witness credibility evaluations to fact finders.

**Areas of Emphasis:** Ethics and Professional Development

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Attorneys

**\*Please note that this session is not eligible for CE credits for CA Psychologists\***

**IVAT Specialty Certifications:** Child Custody Evaluators

**J2. Restorative Parenting Practices: Introduction and Advanced Application and Program Integration** – *David Mathews, PsyD, LICSW, People Incorporated and One T., Inc.*

**Room:** Pacific Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

This workshop/ training will provide information, materials and activities used in providing RP services. Restorative Parenting Practices are considered best practices for addressing the relationship needs of trauma-experienced children and their parents. At this training, practical application of the materials for individual sessions and group settings will be presented. An outline including the curriculum and a discussion guide will also be presented for use with individual clients as well as in group settings with parents and children. Practical and easily integrated activities will be demonstrated. Attendees will be able to immediately use parts and pieces presented in this workshop in their respective clinical practices.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Define the Restorative Parenting process, philosophy, and curriculum.
2. Identify several of the significant activities and strategies of the Restorative Parenting process.
3. Apply strategies and curricula of the Restorative Parenting process within their respective organizations.

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Child & Adult Maltreatment

**J3. Victimization of the Working Poor** – *Carrie Paul, Former Victim Advocate of the Lane County District Attorney's Office, Eugene, OR*

**Room:** Del Mar

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

16.1 million households are living in poverty and another 34.7 million are living in Asset Limited, Income Constrained, (but) Employed (ALICE) homes. This means that many of our crime victims are living paycheck-to-paycheck; meaning, there is no room for an emergency such as a partner in custody due to domestic violence. This session will discuss how to assist victims who are on the verge of poverty and do not have their basic needs met. Strategies, suggestions, and case study will be presented.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify and define the acronym ALICE and provide three (3) significances.
2. List the three (3) ways ALICE effects clients you serve and assist.
3. Strategize three (3) ways to implement trauma informed policies and practices in order to support clients who do not have their basic needs met.

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Domestic Violence Offender Treatment

**J4. Trauma-Informed Care within Native American and Alaskan Native Populations** – *Kassandra Mason, LMFT, Southern Indian Health Council, Inc.*

**Room:** Mission Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

This presentation focuses on a basic introduction to trauma-informed care within the Native American and Alaska Native population. Information provided includes what trauma looks like, a brief overview of intergenerational trauma, research from SAMHSA regarding the prevalence of trauma within this population, and how to ensure that individuals and their workplaces are ensuring policies and practices are focused on being trauma informed. Trauma-informed care principles, which include safety, choice, collaboration, trustworthiness, empowerment, and cultural/historical/gender issues, are discussed in detail. These principles can be applied to a multitude of communities, but especially the Native American and

Alaska Native communities, to help build resiliency and trust both within the communities themselves and outside of the communities.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Define trauma and list two (2) ways in which trauma effects the Native American and Alaska Native population.
2. Define trauma-informed care.
3. Identify and assess three (3) intersections of trauma, male psychological development, patriarchy, and violence.

**Areas of Emphasis:** Cultural Issues

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Trauma Care

**J5. Office on Violence Against Women Listening Session and Funding Opportunities** – *Sylvia Pauling, MA, U.S. Department of Justice, Office on Violence Against Women & Vanessa Esposito, U.S. Department of Justice, Office on Violence Against Women*

**Room:** Regency E

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

The Office on Violence Against Women (OVW) invites organizations and communities working to end gender-based violence to apply for funding. All are welcome to attend, especially those who may not have considered applying or who are unsure about eligibility. The session will also allow OVW to learn about emerging trends with service providers and practitioners in addition to any application or reporting challenges with OVW grants. OVW is a component of the United States Department of Justice (DOJ). Created in 1995, OVW implements the Violence Against Women Act (VAWA) and subsequent legislation and provides national leadership on issues of sexual assault, domestic violence, dating violence, and stalking. Since its inception, OVW has supported a multifaceted approach to responding to these crimes through implementation of grant programs authorized by VAWA. By forging state, local, and tribal partnerships among police, prosecutors, judges, victim advocates, health care providers, faith leaders, organizations that serve culturally specific and underserved communities and others, OVW grants help provide victims across the life span with the protection and services they need to pursue safe and healthy lives, while improving communities' capacity to hold offenders accountable for their crimes. OVW currently administers 19 grant programs authorized by the VAWA and subsequent legislation. Four programs are "formula", meaning the enacting legislation specifies how the funds are to be distributed. The remaining programs are "discretionary" where OVW is responsible for creating program parameters, qualifications, eligibility, and deliverables in accordance with authorizing legislation. These grant programs are designed to develop the nation's capacity to reduce domestic violence, dating violence, sexual assault, and stalking by strengthening services to victims and holding offenders accountable.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Learn about programs offered by Office on Violence Against Women.
2. Learn about funding opportunities provided by Office of Violence Against Women.

**Continuing Education:** This session is not eligible for continuing education credits.

**J6. Introducing a National Protocol Guiding Intimate Partner Violence Medical Forensic Exams** – *Angelita Olowu, RN, SANE-A, SANE-P, International Association of Forensic Nurses*

**Room:** Ocean Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

It is well known that there is a need for national guidance in caring for patients experiencing intimate partner violence. Research has provided data that informs that often there is inadequate education and training provided to clinicians on who, when, and how to screen for and respond to intimate partner violence, leading to inconsistencies in the care being provided to this patient population. The Office on Violence Against Women has funded the International Association of Forensic Nurses to develop a national protocol that will provide healthcare clinicians with guidance on providing care to

patients that experience intimate partner violence. This session will highlight the significance of the national protocol and how it can be used to improve practice and improve patient experiences.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Define three (3) inconsistencies of care provided by healthcare to patients that experience IPV nationally.
2. Discuss three (3) developments of a national protocol that guides the practice of all clinicians conducting medical forensic exams on patients experiencing IPV.
3. Describe the overview of the protocol content, provide three (3) overviews.

**Areas of Emphasis:** Domestic Violence and Ethics and Professional Development

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, Attorneys, and Nurses

**IVAT Specialty Certifications:** Domestic Violence Offender Treatment

**J7. Human Trafficking and Modern Slavery** –*Silvina Tondini, JD, Tondini Law APC & Jason Frey, AMFT, Peraza Frey Counseling Services, Inc., Immigration Diagnostic Evaluations Academy*

**Room:** Imperial Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

Human trafficking is a global issue that affects millions of people each year. It is a modern-day form of slavery that involves the exploitation of individuals through force, fraud, or coercion for the purposes of labor, sex, or other forms of exploitation. The issue is complex and multifaceted, involving a range of social, economic, and political factors. In order to effectively combat human trafficking, it is important to have a comprehensive understanding of its root causes, the different forms it takes, and the strategies that can be employed to prevent it. This presentation aims to inform and explore the issue of human trafficking from the legal standpoint. The presenter will discuss the elements of trafficking and trends, identify victims, and share best practices for supporting survivors of trafficking. Key themes to be explored at the panel include the intersection of trafficking with other forms of violence, such as domestic violence and sexual assault, and the importance of survivor-led advocacy in shaping policy and practice. By fostering dialogue and collaboration among stakeholders from different sectors, this presentation seeks to generate new ideas and approaches for addressing this pressing global challenge.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify two (2) challenges facing anti-trafficking stakeholders.
2. Identify two (2) solutions to the anti-trafficking stakeholder challenge.
3. Understand how collected data can be used to better measure and track human trafficking.

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Trauma Care

**J8. Abuse of Older Persons: Challenges, Trends, and Innovations** – *Bettye Mitchell, MA, National Partnership to End Interpersonal Violence Across the Lifespan, Godly Response & Pearl Berman, PhD, National Partnership to End Interpersonal Violence Across the Lifespan*

**Room:** Windansea Beach

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

Abuse of older vulnerable adults is an egregious, underreported crime. The abuse may be physical, emotional, sexual, or financial. Victims are often vulnerable and unable to protect themselves. Abuse most often happens at the hands of a trusted loved one and or scams. Elder abuse is a public health and human rights problem. It is prevalent, predictable, costly, and sometimes fatal. It is common in community-dwellings and long-term care facilities. Abuse of older populations is prevalent in all facets of society and in minority populations. Issues include lack of knowledge, inconsistency in definition, lack of evidence-based research, and federal and state funding. The cost of the abuse to victims is detrimental to their health, deplete their finances, and often is the cause of premature death. This session will provide a historical review of

elder abuse preventions, and overview of milestones in the field of prevention, research to practice that has impacted the field, identifying, challenges, trends in practices and innovations that are enhancing practice. This session will include strategies to build resilience into treatment goals.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Identify three (3) types of abuse of older populations, the causes and have a better understanding of the concept of polyvictimization of older adults.
2. Have a better understanding of intervention strategies for building resiliency in treatment goals, exploring and connecting resources for the prevention of abuse.
3. Describe three (3) dynamic patterns within IPV in older adulthood.

**Areas of Emphasis:** Aging/Long Term Care

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Trauma Care

**J9. Use of Images During Forensic Interviews of Children Who Have Been Sexually Abused – Pete Singer, MSW, LICSW, GRACE & Rita Farrell, Zero Abuse Project**

**Room:** Solana Beach

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

The number of Child sexual abuse images on-line (CSAIO) has increased dramatically. Additionally, the content is more overtly assaultive and sadomasochistic. When child sexual abuse is discovered, a child forensic interview typically follows. Protocols provide structure and guidelines, and they are starting to address the use of images more directly from CSAIO when interviewing children. The images may be harmful to the child, but they provide corroborating evidence and supposed assistance in identifying other victims. In these situations, most protocols allow images to be shown to the child. The child's needs demand restraint. Pushing past resistance with a potentially retraumatizing image can cause great harm, altering how memories form and making PTSD more likely. No field has fully grasped the unique impact of CSAIO or adjusted to cyberspace as a new system in the ecology of children. The interviewer is directed to act in the child's best interest yet training and practice guidelines do not provide adequate evidence-based guidance for images. Beyond this, their effectiveness in increasing the amount or accuracy of information or identifying additional victims is uncertain. Finally, most protocols call for trauma-informed practices. These practices urge caution with the use of images during the interview. With effectiveness in doubt, many elements of uncertainty, and factors that indicate risk, the use of images during child forensic interviews must be greatly limited.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Recall the background of three (3) child sexual abuse images online.
2. Analyze three (3) child, system, and trauma-informed practice-related considerations for use of images during child forensic interviews.
3. Summarize the two (2) next steps in strengthening guidelines for the use of images during child forensic interviews.

**Areas of Emphasis:** Child Abuse and Ethics and Professional Development

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Attorneys, and Nurses

**IVAT Specialty Certifications:** Child Custody Evaluators

**J10. Supporting All Veterans Who Have Experienced Intimate Partner Violence and Sexual Assault: Lessons from the Megabus 5304 Pilot Project – Amy Ashcraft, LCSW, Megabus 5304 Pilot Program, Care Management and Social Work Services; Jennifer Knetig, PhD, Megabus 5304 Pilot Program, Care Management Social Work Services & Katie Papke, LMSW, CAADC, CCHTVSP, Department of Veteran Affairs (VA) National Social Work Program Office**

**Room:** Regency D

**Audience Level:** Beginning: Appropriate for all attendees as an introduction to a topic.

Interpersonal violence is a public health crisis that can offer unique challenges to care providers. Veterans are no exception, and the Department of Veterans Affairs (VA) continues to explore how to improve Veteran engagement with respect to the treatment of intimate partner violence (IPV) and sexual assault (SA). In response to the Johnny Isakson and David P. Roe, M.D. Veterans Health Care and Benefits Improvement Act of 2020, VA's National Intimate Partner Violence Assistance Program is examining the feasibility and advisability of providing services to Veterans experiencing IPV and SA, including connecting them with emergency housing, benefits, and treatment. Notably, this legislation is focusing upon how to improve care for Veterans in historically underserved areas and communities. Midway through the two-year pilot, we are learning that improving access for ALL Veterans requires collaboration with community partners. Communities contribute to the health of Veterans recovering from interpersonal violence.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Analyze recent literature regarding three (3) barriers to treatment of IPV and sexual assault treatment in Veteran populations.
2. Describe two (2) parameters of the Megabus 5304 two-year pilot project.
3. Outline two (2) preliminary themes from the Megabus 5304 pilot project.

**Areas of Emphasis:** Domestic Violence

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Domestic Violence Offender Treatment

**J11. HEALing the Harm: Strengthening Systems to Support Children and Families Impacted by Victimization** –*Karen Galbraith, MSW, Illinois Criminal Justice Information Authority; & Erinne Smith, MA, Illinois Criminal Justice Information Authority*

**Room:** Regency F

**Audience Level:** Intermediate: Appropriate for attendees with some experience in the topic area (about 2-5 years).

It is often said that healing happens in the community. A significant number of children and youth in Illinois are exposed to violence in their homes, schools, and communities every day. Given the summit's theme of "Building Resilient Communities Amid Global Change," this presentation focuses on the important role of programming that builds resilient communities by strengthening connections between systems and organizations in communities. This presentation incorporates evaluation findings and lessons learned from the Illinois HEALS (Helping Everyone Access Linked Systems) program, a multi-year initiative that sought to enhance the delivery of trauma-informed services for children, youth, and their families who have experienced victimization. Our preliminary findings indicate that building capacity to support survivors of victimization ultimately benefits individuals, as well as their families, communities, and the victim services-related workforce. In addition to presenting research evaluation findings, the presentation will also highlight results of two robust workforce development surveys as well as tools, resources, and promising practices identified during program implementation.

**Objectives:** At the conclusion of this session, participants will be able to:

1. Describe beneficial connections between cross-system collaborations, workforce development, and access to services.
2. Identify at least three (3) new resources or tools practitioners can use to inform capacity-building efforts.
3. Formulate the next steps necessary for linking systems in organizations and communities.

**Areas of Emphasis:** Child Abuse

**Continuing Education:** This session has been approved for 1.5 CE Credits for: Psychologists, Social Workers, Counselors, Victim Advocates, Traumatic Stress Specialists, and Nurses

**IVAT Specialty Certifications:** Trauma Care

# CLOSING PLENARY AND CEREMONY

10:30 am – 12:15 pm | Located in the Regency Ballroom

## Native American Blessing

Mr. Kenneth A. Meza, from Jamul Indian Village, Tribal Elder



## Closing Comments

Sandi Capuano Morrison, MA, CEO, IVAT, NPEIV



# PLENARY SPEAKER



**Lynn Rosenthal, US Department of Health and Human Services**

*“The National Plan to End Gender-based Violence: Strategies for Action.”*

On May 25, 2023, the White House released the first-ever national plan to intervene in and prevent gender-based violence. The plan focuses on public health strategies to address domestic violence, dating violence, sexual assault, stalking and related forms of gender-based violence. The strategy’s guiding principles include intersectionality and a rights-based approach to ending gender-based violence. The strategy prioritizes prevention, healing, and wellbeing, online safety, and research and data. This session will cover the shifts in prevention and response represented in the strategy, the role of the US government, and the importance of stakeholders in implementing the strategy.

*This presentation will be followed by a Q&A moderated by Robert Geffner, PhD, ABN, ABPP, IVAT*

1 Continuing Education Credit





## SPEAKER BIOGRAPHIES

**Abshier, Will, MA, LPCC**, (they/them) is a staff therapist at the San Diego LGBT Community Center. Will specializes in applying evidence-based behavioral therapy approaches to treating concerns of gender and sexuality including DBT, ACT and CFT. They are a licensed professional clinical counselor in the state of California and received their MA in Clinical Mental Health Counseling from the University of San Diego.

**Ackerman, Alissa, PhD**, is a pracademic and survivor scholar. She incorporates her academic training, practitioner, and personal experiences with sexual violence in her work. She is an Associate Professor of Criminal Justice at California State University, Fullerton, and Co-Founder/Director of Ampersands Restorative Justice. Alissa has dedicated her career to understanding sexual offending, the impacts of sexual victimization, and restorative options for those impacted by sexual harm. After participating in restorative justice as a survivor, she began building and facilitating processes for others. She writes extensively on topics related to sexual violence and victimization in academic journals, books, and Op-eds. Her most recent co-edited volume, *Survivor Criminology: A Radical Act of Hope*, was released in 2022. Dr. Ackerman is an internationally sought after speaker and trainer, having given over fifty national and international talks, including a TEDx Talk in 2018.

**Ahmed, Dilkhwaz, MS**, is from Kurdistan, Iraq. In Iraq, Dilkhwaz was revolutionary in the support of women experiencing domestic violence, creating, and founding the NAWA Center, the first shelter for abused women in the region. In 2001, Dilkhwaz Ahmed traveled to New York from Iraq as a guest speaker for an international conference on domestic violence. On the day she was scheduled to fly home to her family, the Twin Towers fell. Dilkhwaz received emergency refugee status seeking asylum but was forced to separate from her children and husband and was relocated to El Cajon, San Diego. Drawing from unparalleled strength and perseverance, Dilkhwaz used her new reality to continue pursuing her life's work - to support women experiencing domestic violence. She graduated with the outstanding student award and received her master's degree in Community Counseling Psychology from Springfield University in 2007. In 2002, License to Freedom was founded by Dilkhwaz to promote nonviolence through community education, self-sufficiency and advocacy for refugee and immigrant survivors of domestic violence and relationship abuse in East County San Diego. Since 2002, License to Freedom has provided no-cost domestic violence advocacy, legal services, and mental health counseling to tens of thousands of refugees in San Diego. She continues her work in Iraq by traveling every year to support the survivors of sexual

violence and war trauma inflicted by ISIS invaders and became certified to investigate crimes of interpersonal violence for the International Criminal Court by Justice Rapid Response in Finland. To date, Dilkhwaz continues to receive accolades, awards, and distinctions from the community. Dilkhwaz is honored with the Community hero award, Champion of Hope award, Woman Changing the World Award, Sorotimist Ruby award, the Women Leadership award, and in 2017 was inducted into the San Diego Women's Hall of Fame. Dilkhwaz Ahmed wants survivors to have power of choice and their own voice; her mission to empower them is rooted in the belief that if we don't stand for something, we fall for everything.

**Albers, Wes**, began his law enforcement career in the 1980's. his work draws on experiences from a variety of assignments within the San Diego Police Department, first as a patrolman, then as a sergeant and ultimately as a detective sergeant. He has served in a number of different communities throughout the city and has extensive field experience as a training officer, evidence technician, border team supervisor, and emergency negotiator. Wes presently serves as Director of the Southern California Writers' Conferences in San Diego, Los Angeles, and Palm Springs where he has spent many years in the writing community helping new and aspiring authors realize their dreams of publication. When not writing, Wes teaches at Alliant International University.

**Alexander, Apryl, PsyD**, is the Metrolina Distinguished Scholar in Health and Public Policy at UNC Charlotte. She received her doctorate in clinical psychology from the Florida Institute of Technology with concentrations in forensic psychology and child and family therapy. Dr. Alexander's research and clinical work focuses on violence, sexual offending, human sexuality, and trauma-informed and culturally informed practice. She is a Fellow of the Association for the Prevention and Treatment of Sexual Abuse (ATSA).

**Antle Becky, PhD, MSSW, LMFT**, is a Professor of Social Work and University Scholar at the UofL Kent School of Social Work and Family Science, Director of the CFCWB, and will serve as PI for this grant at 5% effort and additional effort covered by the 50% of her time in her role as CFCWB Director. Dr. Antle has led evaluation efforts on more than 20 federal grants for with a portfolio of over \$60 million in extramural funding. Dr. Antle is a licensed mental health professional and has current grants/contracts related to mental health/trauma programs and the target population of college students/young adults from PCORI, SAMSHA, and several foundations. For the past 25 years, she has conducted research on evidence-based practice and implementation of science issues for health/mental health,

violence prevention, psychoeducation, and training/evaluation issues. She has published over 75 peer-reviewed journal articles, 60 technical reports, and over 100 presentations.

**Ashcraft, Amy, LCSW**, is a Licensed Certified Social Worker (LCSW) and is currently on special assignment as the Intimate Partner Violence Assistance Program (IPVAP) National Program Coordinator, Megabus Program Coordinator and the Co-lead of the Human Trafficking Prevention and Awareness Committee. She established the local IPVAP program at the Central Arkansas Veterans Healthcare System where she has been working since 2012. She has over 20 years of experience in social work working in various roles including mental health, hospice/palliative care, oncology, primary care, and contracted work with the Department of Human Services conducting home studies for foster and kin care. She is a member of NPEIV where serves as the co-lead of Action Team 4. In addition, she is Vice President of the Association for VA Social Workers and is an adjunct professor at the University of Arkansas at Little Rock School of Social Work teaching both BSW and MSW classes.

**Austensen, Lauritz**, is a Special Agent with the U.S. Department of Homeland Security and serves as the FBI San Diego Campus Security Program Manager on the San Diego Joint Terrorism Task Force. Lauritz has led threat management investigations, both domestically and abroad, involving acts of terror, threats to governmental dignitaries and facilities, and threats of mass violence in schools over an 18-year career with the U.S. Diplomatic Security Service, the U.S. Marshals Service, Homeland Security Investigations, and the Federal Bureau of Investigation. A member of the Association of Threat Assessment Professionals, his primary investigative focus is the prevention of targeted violence within the education sector. Lauritz holds a bachelor's degree in theatre from Valparaiso University, which includes a skill set that he uses on a surprisingly regular basis. When not working on school violence prevention, he can usually be found surviving his favorite spots in North County, where he lives with his wife and two children.

**Avalle, Diana, PsyD**, is a licensed clinical and forensic psychologist. She completed her Pre-Doctoral Internship at the Institute on Violence, Abuse, and Trauma (IVAT) and worked as the Director of Forensic Training for IVAT providing trauma-focused therapy to the community and conducting forensic evaluations for family, civil, and criminal courts nationally. Her clients include survivors of intimate partner violence and child abuse in shelter and community settings. Additionally, she currently serves as an adjunct professor at Pepperdine University. Further, she also serves as a reviewer for the Journal of Aggression, Maltreatment and Trauma. Dr. Avalle has expertise working in a confidential emergency domestic

violence shelter where she gained experience working with survivors of domestic violence who were also struggling with substance abuse. She also has case management experience working with formerly homeless women on Skid Row in Los Angeles in a permanent supportive housing facility. Her areas of interest include forensic assessment, intimate partner violence, and women's/gender issues.

**Babcock, Julia, PhD**, is a Professor at the University of Houston in Texas and a licensed clinical psychologist. She has published over 80 papers, most of them on the topic of intimate partner violence. Her research focuses on laboratory studies of violent and non-violent couples and community-based evaluations of battering interventions. She is interested in identifying mechanisms of change that translate research into practice and developing and evaluating new techniques that stop intimate partner violence. She conducted the first meta-analysis of the efficacy of battering intervention programs and has recently updated these findings. The goal is to aid in the movement towards evidenced-based practice in criminal justice. She serves as an expert witness in cases involving domestic violence, specializing in criminal cases where battered women kill. She also has a private practice specializing in couples' therapy and individuals with relationship problems.

**Barbee, Anita, PhD, MSSW**, PhD Director and Distinguished University Scholar. As a student she volunteered at one of the first shelters for battered women in the nation and saw firsthand the devastating impact of intimate partner violence on women and children exposed to such violence in the family. She has worked with child welfare and adult protective services systems for the past 30 years to enhance the experience of the workforce to increase retention and improve practice with families. She also studies the formation and maintenance of close relationships, is Past-President of the International Association for Relationship Research, and for the past 15 years has been delivering and studying the impact of a healthy relationship curriculum. Most of this work has focused on 3,500 youth residing in West and South Louisville as well as youth involved in the foster care and juvenile justice systems, homeless and runaway youth, and refugee and immigrant youth.

**Barber, Michele, LCSW**, as the Senior Advisor Harmful Behavior Policy, Ms. Barber is responsible for oversight integrated prevention initiatives, and implementing evidence-supported practices in Army programs to prevent harmful behavior. As a subject matter expert for prevention and response to domestic abuse, child abuse, and neglect, sexual assault, harassment and suicide, Ms. Barber prepares and provides input for Congressional and Army Senior Leader products, including annual reports to Congress and the Department of Defense. She has accumulated over 20 years of federal civil service in

assignments with the Deputy Chief of Staff G-9, Installation management Command, Medical Command and the Department of Veterans Affairs, both in the continental U.S. and overseas. Previous assignments include serving as the Army's Deputy Family Advocacy Program Manager, Regional Health Command – Atlantic and Western Regional Medical Command where Ms. Barber served as the Social Work and Family Advocacy Program Clinical Consultant. Ms. Barber also served as a Family Advocacy Program Manager at USAG Baden-Wuerttemberg, USAG BENELUX and Fort Richardson. Ms. Barber earned a Bachelor of Social Work from Eastern Washington University, a master's in social work at Eastern Washington University, multiple clinical certifications and completed mentoring training through the Army Management Staff College. Ms. Barber completed 200 hours of yoga teacher training through Three Trees Yoga in Tacoma Washington and is a Registered Yoga Teacher, through Yoga Alliance. Ms. Barber is currently enrolled in Wilmington University's College of Social and Behavioral Sciences, pursuing a Doctor of Social Science in Prevention Science. Ms. Barber is the daughter of a Marine and her family members include veterans who served the Army, Air Force, Navy, and the Coast Guard.

**Barlow, Ben**, Deputy District Attorney Ben Barlow is a 12-year prosecutor with over 10 years of experience prosecuting domestic violence, child abuse, and sexual assault cases for the Family Protection and Sex Crimes/Human Trafficking Divisions in the San Diego County District Attorney's Office. DDA Barlow has been an instructor on domestic violence prosecution for various law enforcement agencies, including San Diego County Probation, Oceanside Police Department, Carlsbad Police Department

**Barrett, Mary Jo, MSW**, is the Founder of The Center for Contextual Change. She holds a master's in social work from the Jane Adams School of Social Work and has served on the adjunct faculties of The University of Chicago, The Chicago Center for Family Health, and the Family Institute of Northwestern University. Ms. Barrett was the Clinical Director of Midwest Family Resource and has been working in the field of family violence since 1974 beginning with Parents Anonymous. Ms. Barrett's latest book, *Treating Complex Trauma: A Relational Blueprint for Collaboration and Change*, was co-authored by Linda Stone Fish. Ms. Barrett has also co-authored two books with Dr. Terry Trepper: *Incest: A Multiple Systems Perspective* and *The Systemic Treatment of Incest: A Therapeutic Handbook*. She created the Collaborative Change Model, a contextual model of therapy used to transform the lives of those impacted by abuse and/or traumatic events. Her training and published works focus on the teaching of the Collaborative Change Model; Family Therapy and Interpersonal Violence Adult Survivors of Abuse and Trauma; Complex Developmental Trauma and Compassion Fatigue. Ms. Barrett

founded the Family Dialogue Project, a mediation program which strives to redefine relationships within families that have been impacted by allegations of abuse or differences that appear irreconcilable.

**Beck, Jamie, JD**, is the Founder, President, and Managing Attorney of Free to Thrive, a Southern California-based nonprofit organization that advances justice and transforms the legal system for human trafficking survivors through legal services, policy advocacy, community outreach and stakeholder education. Jamie is also an Adjunct Lecturer in Law at USC Gould School of Law teaching a course on "Trauma-Informed Legal Skills" and serves on the Dean's Board of Advisors for the University of San Diego Kroc School of Peace Studies. She has trained thousands of attorneys, students, stakeholders, and community members on human trafficking and trauma-informed practices. Prior to starting Free to Thrive, Jamie practiced civil litigation at the Procopio law firm. Before joining Procopio, Jamie served as a judicial law clerk to the Honorable Michael M. Anello, Federal District Court Judge for the Southern District of California. Jamie graduated from the University of San Diego School of Law.

**Berman, Pearl, PhD**, was a Full Professor of Psychology at Indiana University of PA. She is the immediate past President of the National Partnership to End Interpersonal Violence Across the Lifespan. A licensed clinical psychologist, she has provided treatment for the negative impact of child abuse, neglect, and family violence. Her research studies the impact of childhood adversity on adult experiences with violence. She is the second author of NPEIV's National Plan to End Interpersonal Violence in Three Generations. She is a member of the Academy on Violence and Abuse, the American Professional Society on the Abuse of Children, and the American Psychological Association. She served on the National Committee to Prevent Elder Abuse and received the 2019 Rosalie S. Wolf Memorial Elder Abuse Prevention Award. She collaborated with the Zero Abuse Project to create Child and Adult Advocacy Studies, which covers violence across the lifespan; she received the 2020 Child Advocacy Studies Award.

**Bhuptani, Prachi, PhD**, is a clinical psychologist and researcher at Rhode Island Hospital/Brown University. Her research focuses on the investigation of ecological factors and processes underlying experiences of shame following sexual victimization. Additionally, her work also involves examining the impact of shame on the psychological well-being of survivors.

**Blair, Allen, Med**, Amanda J. Briggs and Allen T. Blair have almost 40 years of combined experience in primary prevention, speaking, education and training, victim advocacy, and community engagement. They believe individuals, families, communities, and organizations can recover from trauma, heal,

and thrive. Their training has reached thousands through in-person talks, training events, seminars and workshops, online series, articles, and a book on healthy and helpful response to sexual assault, which was released in 2021. Allen and Amanda's audiences span members of Congress, military units and senior leaders, Sexual Assault Response Coordinators and Victim Advocates, universities, high school and middle schools, juvenile recovery programs, and members of the local community. They draw on their personal experience to advocate, educate, and connect with their audiences and clients. Currently, they are pioneering the topic of total impact of sexual assault - beyond the victim.

**Bonelli, Joy, MA**, is a first-year Clinical Psychology Psy.D. student at the Florida School of Professional Psychology at National Louis University. She holds a B.S. in Psychology and an M.A. in Forensic Psychology. Prior to starting a graduate program, Joy served in the United States Navy as a Law Enforcement Officer and also volunteered as a Victim Advocate for DOD survivors of Sexual and Domestic Violence. Since becoming a veteran, she has continued serving for social justice transformation as a Sexual Assault Advocate for Pinellas County, Florida's rape crisis center. Joy uses her ten years of crisis experience to champion the diverse needs of underserved individuals and provide connections to vital community resources. She is a supervisor of Sexual Assault Advocacy Core Training per the Florida Council Against Sexual Violence. Joy facilitates training on the dynamics of sexual violence for healthcare workers, law enforcement, crisis-line operators, and other direct service providers.

**Book, Lauren, MS**, Florida State Senator Lauren Book, MS, Ed, is an internationally respected and renowned child advocate, former classroom teacher, best-selling author, and one of 42 million survivors of child sexual abuse living in the US today. Book founded Lauren's kids, a 501(c)(3) nonprofit foundation, more than 15 years ago. Under Senator Book's leadership, the organization works to create a world where the exploitation of children is not tolerated. Over her years of service to victims of abuse, Lauren has successfully advocated for the passage of more than 2 dozen state and national laws to protect victims and keep predators at bay - including the nation's toughest mandatory reporting laws, child safety zones and ending the Statute of Limitations for prosecution of sexual crimes committed against children. She has walked more than 10,000 miles across the state of FL, trekking 1,500 miles from Key West to Tallahassee annually from 2000 to 2018, to raise awareness about sexual abuse and to allow survivors an outlet to speak out about their experiences. In addition to her advocacy work, Book is committed to empowering children to protect themselves against abuse. A former classroom teacher, Book developed the first of its kind Pre-K through Grade 12 abuse prevention and personal safety curriculum program, Safer,

Smarter Schools, to provide children with the necessary tools to recognize safe and unsafe situations, avoid traps set by predators, and speak up if they feel unsafe or are being victimized. The curriculum program is currently being used across the state of FL, the country, and the world to arm 5 million children with safety education each year.

**Briggs, Amanda, MPA**, Amanda J. Briggs and Allen T. Blair have almost 40 years of combined experience in primary prevention, speaking, education and training, victim advocacy, and community engagement. They believe individuals, families, communities, and organizations can recover from trauma, heal, and thrive. Their training has reached thousands through in-person talks, training events, seminars and workshops, online series, articles, and a book on healthy and helpful response to sexual assault, which was released in 2021. Allen and Amanda's audiences span members of Congress, military units and senior leaders, Sexual Assault Response Coordinators and Victim Advocates, universities, high school and middle schools, juvenile recovery programs, and members of the local community. They draw on their personal experience to advocate, educate, and connect with their audiences and clients. Currently, they are pioneering the topic of total impact of sexual assault - beyond the victim.

**Brown, Christina, PsyD**, is Associate Director of Training and Associate Professor at the Florida School of Professional Psychology at National Louis University in Tampa. She is a licensed psychologist with a private practice specializing in women's issues and interpersonal trauma, providing individual therapy and postdoctoral student supervision. Dr. Brown obtained M.S. and Psy.D. degrees in Clinical Psychology from Nova Southeastern University and completed both internship and postdoctoral fellowships at Yale University School of Medicine. She is chair of the Women's Division for FPA, and co-vice chair of the Women's Issues Committee of NCSPP (National Council of Schools and Programs of Professional Psychology). Dr. Brown is involved in leadership for the Florida Psychological Association (FPA), for which she was awarded the "What a Woman!" award in 2021. She is currently serving on the FPA board as a chapter representative and sits on the Diversity and Conference Planning committees.

**Bruce, LeAnn, PhD, LCSW**, serves as the National Program Manager for the Intimate Partner Violence Assistance Program (IPVAP) under the National Care Management and Social Work Services office, Department of Veterans Affairs. The IPVAP is a national program that provides a comprehensive array of services and programs for Veterans, their partners and VA staff who experience and/or use IPV and related issues. Working from a public health model, IPVAP offers education, prevention, and intervention to promote healthy relationships while mitigating risk for unhealthy or at-risk behaviors. For over 25

years, Dr. Bruce has been involved in the prevention and intervention of domestic violence and Intimate Partner Violence across a variety of settings serving active-duty military, Veterans, and their families. Dr. Bruce has served on several national committees and organizations dedicated to social work and ending violence. She is also an adjunct professor at Western Kentucky University.

**Buchanan, Raquel, LMFT**, is a PhD candidate in psychology at Grand Canyon University studying the cognition and instruction of people with Autism Spectrum Disorders, AD/HD, and learning disabilities. She received a master's degree in marriage and family therapy from Hope International University where Ms. Buchanan focused on the impact of childhood sexual abuse on emotional and mental health. She trained in Motivational Interviewing and non-traditional therapies including pet-assisted therapy and art-based therapy. Ms. Buchanan is a trauma informed therapist and trains professionals on trauma informed treatment. She specializes in helping people overcome self-esteem issues related to interpersonal or childhood trauma. Ms. Buchanan is a certified domestic violence group facilitator and has worked with clients who are courted ordered to attend therapy for issues related anger management and child endangerment Ms. Buchanan is the Co-Host and Co-Producer of the EVAC Podcast.

**Burner, Heather, RN**, As the Executive Director for the National Safe Haven Alliance, she leads an extraordinary team of leaders from across the country. After working with Arizona Safe Baby Haven for seven years and as the Executive Director for over four years she assumed the position of Executive Director for NSHA in 2017. She is a wife, mother of three children, and grandmother. She has experienced the tragedy through the unnecessary death of a newborn firsthand, and this life-changing event propelled her motivation to save the lives of precious newborns and help parents in desperation. Heather is also the administrator of a comprehensive training program for healthcare systems to provide best practice and subject matter expert direction in mother and infant safety and prevention.

**Bussey, Jane, MA**, was a longtime journalist, with a career spanning nearly four decades, working as a foreign correspondent based in Mexico City, covering politics, financial crises, social and political unrest, and drug-related violence, as well as armed conflicts in Central America. Later as a staff reporter at the Miami Herald, she focused on the impact of globalization of trade, business and politics on the United States, Latin America, and the Caribbean. She won several awards, including a 2002 Overseas Press Club award for a series of articles about Argentina in crisis. She joined FTI Consulting as a managing director and carried out global risk investigations primarily in Latin America and the Caribbean. She holds a Bachelor of Arts degree in Spanish and a Master of

Arts degree in Latin America Studies from Stanford University. She speaks fluent Spanish and has studied German, French, and Portuguese.

**Callahan, Casey**, (they/them) is a Graduate Fellow at Loyola University Chicago Center for Urban Research and Learning (CURL). They are currently dual JD/MSW candidate at Loyola University Chicago Schools of Law and Social Work. Since joining CURL in 2021, they have worked on research projects in collaboration with local domestic violence advocacy organizations and housing organizations. This research has been supported by Office of Violence Against Women and the Pritzker Foundation. Prior to starting graduate school, they received their BA in Sociology from Biola University in La Mirada, CA. After that, they worked for three years at a housing nonprofit based in Venice, CA where they worked as both a case manager and an outreach coordinator. During that time, they were certified as a Domestic Violence Counselor and Peer Specialist. They advocated at the California state capitol for funding for peer specialists in mental health and homeless services.

**Canillas, Gregory, PhD**, is an Associate Professor at The Chicago School of Professional Psychology in the Clinical-Forensic Psychology program. He also serves as CEO of Soul 2 Soul Global (S2S) a mission driven company that provides "Simple Relationship Solutions for Busy People." He has made over 200 presentations on issues related to BIPOC and LGBTQ+ mental health issues, IPV and treatment with children and adolescents. He served as a contributing author of the American Psychological Association's "Guidelines for Psychological Practice with Sexual Minority Persons", writing the sections on diverse romantic relationships (Guideline 9) and families (Guideline 11). He has been published in academic journals such as the American Psychologist and Psychology of Sexual Orientation and Gender Diversity, as well as in the popular press, in periodicals such as Ebony Magazine. Most recently, he appeared as a subject matter expert in the award-winning documentary "Beyond Ed Buck (2021)".

**Capuano Morrison, Sandi, MA**, is the Chief Executive Officer for the Institute on Violence, Abuse, and Trauma (IVAT). Prior to her work with IVAT, she was the manager of the city of San Diego, California's Rape Crisis Center, a member of the San Diego Sexual Assault Response Team, and the San Diego Sex Offender Management Council. She is a certified domestic violence and sexual assault advocate. Sandi was formerly the Director of the Tri-City Mental Health Agency's IMPACT Batterer Intervention Program in Boston, MA. She served as a Domestic Violence Advocate and a Children's Counselor in two domestic violence shelters in CO. she has worked with victims/survivors and offenders of domestic violence, sexual assault, and child abuse for the past 29 years in CO, CA, and

MA and has provided training nationally and internationally on these issues. Sandi serves as Co-Chair of both the Hawaii and San Diego International Summits and serves on the advisory Council for IVAT's Hawaii branch, Ho'omaluhia, and on the Board of the National Partnership to End Interpersonal Violence Across the Lifespan (NPEIV).

**Chankin, Lea, PsyD**, is the co-chair for the State Authorized Tools for Sex Offenders (SARATSO) and is Coordinator for the California Sex Offender Management Board (CASOMB). She has been treating and evaluating individuals who have committed a sexual offense for more than 20 years. In more recent years her work has focused on policy in California. She is an accomplished training and consultant in topics related to sexual risk and treatment for sexual offenses.

**Chapman, Cynthia**, is the Community Outreach Professional for the Arizona Consortium on Gender-Based Violence. She manages the on campus Sexual Assault Response and Resources Team (SARRT) and a DOJ Grant expanding forensic exam accessibility near campus. She has her B.A. in Criminal Justice. Chapman began her career at Georgetown University as a police officer with the Department of Public Safety and continued her work dedicated to serving others at the International Association of Chiefs of Police. There she coordinated a Great Lakes States summit on gun violence and co-authored Taking a Stand: Reducing Gun Violence in our Communities. Cynthia worked with the State of Arizona as an investigator with Adult Protective Services.

**Chhana, Shietel, PsyD, NCSP** is a Licensed Educational Psychologist who has also been a practicing school psychologist for the last 12 years working with students in public, nonpublic and residential schools. She has additionally completed a Post Graduate School Neuropsychology program and is a Diplomate in School Neuropsychology as well as a Licensed Professional Clinical Counselor. Her previous work experiences include working in group homes, residential treatment centers, county mental health programs, and psychiatric hospitals. Her professional interests include school neuropsychology, school mental health, student trauma, and professional development for all educators. Dr. Chhana recently earned her doctorate in educational psychology and focused her dissertation research on trauma in schools and supporting educators working with student trauma. She is currently working towards becoming a certified trauma informed specialist.

**Chiocca, Ellen, PhD, CPNP-PC**, is an Assistant Teaching Professor with the University of Missouri Sinclair School of Nursing in Columbia, Missouri. She has taught the nursing of children for over 30 years, while maintaining her clinical practice as a pediatric nurse practitioner. She has published over 30 articles in nursing, in addition to one nursing textbook,

which was the first-place recipient of the 2020 American Journal Book of the Year Award in Child Health. She also co-authored the NAPNAP position statement, "Utilizing Positive Parenting to Eliminate Corporal Punishment. Dr. Chiocca is a board member of the U.S. Alliance to End the Hitting of Children, a member of the National No Hit Zone Committee and Arkansans Against School Paddling.

**Cobb, Willie, MDiv, DMin**, has been an advocate for hope, supporting individuals, families, organizations, and communities living with trauma and grief for decades. Former dropout prevention program director and high school teacher, Dr. Cobb witnessed trauma's lasting and vast impact. As a guest lecturer at the tertiary level, Certified DE&I facilitator, and hospital chaplain, Dr. Cobb offers hope, and the tools professionals and victims need to understand trauma and grief and its impact on everyone involved.

**Connors, Kevin, MS, LMFT**, is a licensed Marriage & Family Therapist in private practice in Long Beach, California, specializing in treating dissociative disorders and complex post-traumatic stress disorder, and a frequent national and international presenter on issues of abuse and trauma. Kevin is a consultant to and a member of the Advisory Board for the Hecht Trauma Institute in Irvine, California, creating trainings for professionals, paraprofessionals, clinicians, first responders, and others treating interpersonal trauma. He is co-author of Treating Complex Trauma and Dissociation: A practical guide to navigating therapeutic challenges. Kevin is a Member-at-Large of the National Partnership to End Interpersonal Violence Board of Directors. He is a Fellow and Past President of the International Society for the Study of Trauma and Dissociation.

**Cowardin-Lee, Nanette, PhD**, in Organizational Psychologist from Alliant International University, California School of Professional Psychology, where she taught as an adjunct professor and affiliated program director. For the past nine years, Nan has volunteered with California Healthy Workplace Advocates to pass the Healthy Workplace bill in California while supporting individuals suffering from workplace bullying. Nan is the author of 10 Steps to Overcome Workplace Bullying: From Recognition to Resilience. This book explores the bullying cycle through coping, confrontation, and resilience-building. She is currently co-authoring The Union Steward's Guide to Dealing with Workplace Bullying: Featuring the Bad Boss Campaign (CA SEIU 1000 Version) (March 2023) with Jeffrey Recht, retired union steward. She is researching organizational best practices for dealing with workplace bullying and is a reviewer on the editorial board of the Journal of Aggression, Maltreatment & Trauma.

**Crome, Sharonda**, is a highly skilled and passionate empowered self-defense instructor with over 10 years of

experience in the field. She is dedicated to empowering individuals and communities through the transformative power of empowered self-defense. With an understanding of the impact of trauma, Sharonda takes a trauma-informed approach in her teaching. She recognizes that many individuals have experienced various forms of trauma and understands the importance of creating a safe and supportive environment for healing and growth. One of the unique aspects of Sharonda's teaching style is her use of somatic practices. By incorporating somatic techniques into her classes, she helps participants connect with their bodies, release tension, and tap into their inner strength. This holistic approach not only enhances physical self-defense skills but also fosters emotional resilience and personal growth. Throughout her career, Sharonda has worked with diverse populations, including survivors of violence, marginalized communities, and individuals seeking personal empowerment. Her expertise lies in tailoring her instruction to meet the specific needs and goals of each participant, ensuring that everyone feels seen, heard, and supported. Sharonda's commitment to empowering others extends beyond the classroom. She actively engages in community outreach programs, partnering with local organizations to provide self-defense workshops and resources to those who need it most. When she's not teaching or advocating for empowerment, you can find Sharonda exploring new ways to integrate mindfulness practices and creating handcrafted jewelry that are inspired by her love for nature, mindfulness, and personal empowerment. As a student of Life, Sharonda has been studying personal development in some form since the age of 9, is a Certified Life Coach, Empowerment Self Defense Instructor, and trained facilitator in Polarity Therapy. Sharonda believes finding rest at the center of our being is our most vital component of self-care and personal well-being.

**Daphna-Tekoah, Shir, PhD, MSW, MA**, a medical social worker, is the Dean of the Faculty of Social Work at the Ashkelon Academic College. In addition, she established the Acute Sexual Trauma Room at Kaplan Medical Center. A substantial part of her work is dedicated to the research and development of innovative models for the assessment and treatment of maltreated children in the medical arena. In her academic role, she teaches and researches trauma and abuse, combat trauma, the health care system, and body-mind correlations. Her academic interests include Trauma, Health, and Violence, in addition to Gender and Women Combatants. Her book with Professor Ayelet Harel, published in 2021, was titled *Breaking the Binaries in Security Studies: A Gendered Analysis of Women in Combat* by Oxford University Press.

**Davis, Connie**, an esteemed Conference Speaker, and the Founder and CEO of Kairos Digital Commerce Consulting. With an impressive 24 years of experience in the payments and

banking industry, Connie is a seasoned Financial Services Technology professional. She is known for her heart-centered and love and authenticity approach, and she holds certifications as a WIDP Temperament affiliate, enabling her to provide valuable insights on consumer behavior for best-in-class Product, Sales Enablement, and Go-to-Market strategies. Connie is dedicated to guiding businesses of all sizes in embracing Trauma-Informed practices as they pursue their Diversity, Equity, and Inclusion initiatives. Serving on the board of NPEIV and holding key roles as an active volunteer and President Advisory Council member at PayTech Women, she actively contributes to the advancement of the industry. As a prominent content creator and educator for Women in Blockchain Talks, Connie is passionate about empowering rising women and students by emphasizing the importance of a heart-centered approach to technology and financial systems. She envisions a future where finance and payment systems are built with diversity, equity, and inclusion at their core, recognizing that technology is a tool that should ultimately serve and empower all people. Connie's dedication extends to her involvement in the Innovation Lab task force, collaborating with rising PayTech Women product managers and technologists. Additionally, she actively engages with the trauma-informed community of researchers and experts at USF and The Harrell Center, further solidifying her commitment to creating a more compassionate and inclusive world.

**Devitt, Kristen, MEd, CTM**, is the Regional Director of Security for Kaiser Permanente's Hawaii Market. In her previous position she was appointed by two consecutive Attorneys General as the Director of the Wisconsin Department of Justice's Office of School Safety and appointed by Wisconsin Governor Tony Evers as the chairperson of the Wisconsin Targeted Violence Prevention Program. Kristen has trained more than 8,000 educators, law enforcement officers, social workers and behavioral health providers in Behavioral Threat Assessment and is the Author of the Wisconsin School Threat Assessment Protocol (WI-STAP), and the Kaiser-Permanente Behavioral Threat Assessment and Management Protocol (KP-BTAMP). Kristen has provided consultation to the Department of Homeland Security's National Threat Evaluation and Reporting Program, and the National Threat Assessment Center in the development of targeted violence education and is a certified Master Instructor for the NTER Program.

**Dorian, Marina, PhD**, is an associate professor and associate chair of the Mindfulness-Based Transpersonal Counseling Program at Naropa University teaching diagnostic psychopathology, assessment, and mindfulness for therapists. She is a psychologist, meditation instructor and therapist specializing in mindfulness-based approaches to treat anxiety, trauma, and relationship distress. Dr. Dorian serves as reviewer



and editorial board member for the Journal of Aggression, Maltreatment and Trauma as well as Counseling and Family Therapy Scholarship Review. Her research and clinical work have focused on family stress and resilience in diverse contexts as well as including mindfulness in training. She has worked with a growing number of clients who have experienced medical trauma utilizing mindfulness-based approaches as well as cognitive behavioral and integrative therapies. Dr. Dorian is a brain aneurysm survivor who used her mindfulness practice to overcome the obstacles of medical trauma.

**Douglas, Emily, PhD**, joined the Montclair State faculty in fall 2020 as full professor and chair of the Department of Social Work & Child Advocacy. Her research focuses on the program and policy implications of issues that address child and family well-being, largely in the areas of family violence: fatal child maltreatment, under-represented victims of partner violence and help-seeking, children's exposure to partner violence, corporal punishment, family disruption, and the connection between research and policy. Dr. Douglas is the author of 60+ peer-reviewed publications, 4 books, and she presents annually at domestic and international conferences. Dr. Douglas has spoken at the State Houses in Maine, Massachusetts, and Connecticut and before a Congressionally created committee focused on children's deaths. She is a former SRCD/AAAS Congressional fellow with the U.S. Senate where she was the lead author on an investigation concerning deaths in for-profit foster care settings.

**Ducote, Richard, JD**, is considered a national expert on child abuse, domestic violence, and child custody. Mr. Ducote has helped draft state legislation and shape Federal case laws. In addition to serving as a Clinical Assistant Professor of Psychiatry at the Louisiana State University Medical Center, Mr. Ducote authored many articles for publications.

**Duran, Jorge, MA**, is the Chief Investigator of the San Diego County District Attorney's Bureau of Investigation, the law enforcement arm of the DA's office, made up of 130 investigators who are sworn peace officers. Joining the San Diego Police Department in 1987, he achieved the rank of Captain where he led the Southeastern Division and the Operational Support Divisions, attending the POST Supervisory Leadership Institute. He consults for the US Department of Justice to guide innovative and progressive police policies.

**Eaddy, Jamie, DMin**, is the founder of Thoughtful Transitions, an organization committed to supporting people to navigate life's transitions from death to divorce without shame. Her approach to care work is rooted in compassion, equity, and justice. She is a theologian, thanatologist, dreamer, independent scholar, storyteller, ritual-keeper, doula, and friend. Deeply committed to dismantling death-dealing

systems, she has spent over two decades cultivating spaces for healing from trauma, grief, and loss, especially for people of African descent. She is a coach and cultivates learning spaces where people are encouraged to explore their creativity and embrace challenges as they confront new ideas. She hosts Remembering Circles throughout the year, helping children and adults find healing after trauma and loss. She also facilitates "The Girlfriend's Guide Thru Grief" for Black Women to cultivate tools for wellness as they explore the intersection of Trauma, Black Grief, and White Supremacy.

**Egger, Shelli**, is the Managing Attorney for the Legal Aid for Survivors of Sexual Assault (LASSA) program at Texas Legal Services Center. Since 2010, she has worked as a civil legal services attorney representing survivors of domestic violence, sexual assault, stalking, and human trafficking. Shelli has testified before the Texas Legislature and in the media about the many intersecting ways that guns amplify the power and control dynamics of gender-based violence. In 2020, she co-authored the Austin Gun Violence Task Force Report calling for the creation of Austin's first Office of Violence Prevention and investments in community-based violence intervention programs. Shelli believes in breaking down silos, shifting power, and centering survivors to build communities where zip codes no longer determine health and safety outcomes.

**Eidlitz, Chloe, MA**, is a third-year Clinical Child Psychology master's student at the University of Windsor. Her research focuses on intimate partner violence (IPV), an interest that grew out of her experiences as a peer support volunteer with young adult victims of IPV at Western University in 2019/2020. This interest led her to work with her current supervisor, Dr. Patti Fritz, director of the Healthy Relationships Research Group at the University of Windsor. Her master's thesis focused on women's lived experiences of coercive controlling behaviors, physical IPV, and the impact of the pandemic on these behaviors. To investigate these experiences, Chloe conducted trauma-informed interviews with female survivors of domestic violence from Women's shelters throughout 2022. For Chloe, completing and analyzing these interviews reinforced the dire need for increased public awareness of and public policy to address various forms of domestic abuse that severely negatively impact women globally.

**Elkanick Oder, Amanda**, is currently the Vice President of Advocacy and Outreach with Texas Advocacy Project, a statewide non-profit offering free legal and social services to survivors of domestic violence, sexual assault and stalking, human trafficking, and child abuse. Mrs. Oder is a qualified expert and provides expert testimony in domestic violence, strangulation, stalking, and human trafficking cases. She has been working with survivors for the past 16 years in varying roles, such as advocate, program director, and policy analyst.

These varying positions have brought an invaluable perspective to her statewide and national work. She has served on statewide and national task forces, community planning groups, and committees that are centered on ending intimate partner violence, sexual assault, and human trafficking. Ms. Oder graduated from Sam Houston State University with a B.S. in Psychology and Criminal Justice in 2010.

**Espelage, Dorothy, PhD**, is William C. Friday Distinguished Professor of Education at the University of North Carolina. She is the recipient of the APA Lifetime Achievement Award in Prevention Science and the 2016 APA Award for Distinguished Contributions to Research in Public Policy, and is a Fellow of APS, APA, and AERA. She was recently elected to the National Academy of Education and awarded the SPR Prevention Science Award in 2020. She earned her PhD in Counseling Psychology from Indiana University in 1997. Over the last 22 years, she has authored over 275 peer-reviewed articles, eight edited books, and 80 chapters on bullying, homophobic teasing, sexual harassment, dating violence, and gang violence. Her research focuses on translating empirical findings into prevention and intervention programming and she has secured over 15 million dollars of external funding.

**Espinoza, Sandra, PsyD, LMFT**, is a Licensed Marriage and Family Therapist in Los Angeles, California. Dr. Espinoza is also an Associate Professor and Branch Director at Alliant International University, Los Angeles. Dr. Espinoza has over ten years of academic, research and clinical experience in couple and family therapy. Her research has focused on the impact of sociopolitical systems and the mental health of racial minorities as well as the decolonization of higher education and therapy. Dr. Espinoza maintains a private practice where she specializes in working with couples and women of color. Dr. Espinoza is Mexican American, daughter to immigrant parents and fluent in Spanish. She is passionate about advocacy and liberation for the Latinx community as well as the promotion of immigrant rights.

**Essex, Stacy, MSW, LCSW-R**, who has 31 years in the field, is currently an Assistant Director at Gateway Longview Behavior Health Services, having the responsibilities of ensuring best practices, policy and procedure development and implementation and clinical supervision of staff. Prior to this, she worked at Child and Adolescent Treatment Services, where she trained new clinicians on the intervention and treatment of sexually victimized children. In that capacity, she served as the mental health consultant to the Erie County Multi-Disciplinary Team at the Lee Gross Child Advocacy Center in Buffalo, NY and the Child Fatality Review Team of Erie County, New York. Through her private practice, she provides expert witness services and mental health consultation for cases of suspected child sexual victimization. She provides these

services in Civil, Criminal and Family Court proceedings for both prosecutors and defense attorneys. She has provided training at local, state, and national levels.

**Evans, Rocio, LMFT**, is a licensed Marriage, Family Therapist. She has a master's in counseling psychology, as well as a certificate in expressive arts therapies. She has been working as a therapist, clinically assisting children, youth and their families, for over 20 years. She has training from the Sandplay Therapists of America, including sandplay therapy theory, from the Carl Jung Center, in Los Angeles. She has established sandplay therapy collections in several elementary schools, in Barrio Logan, San Diego. Rocio has presented sand play therapy at CAMFT, California Association for Marriage, Family Therapists, The Daly City Youth Health Center, and Logan Heights Family Counseling Center. She has worked as a play therapist in elementary schools, assisting children and their families, with individual and family therapy. Rocio has recently published her poetry in Essential Truths Anthology: The Bay Area in Color, as well as in Solo Novo: Solo Press.

**Fagundes, Meghan, PhD**, is a Professor and Licensed Clinical Psychologist from San Diego, California. For the last 20 years she has worked in community-based organizations, clinics, hospitals, and prison, offering clinical services to active-duty military and historically marginalized groups such as the LGBTQIA+ community, low-income and forensic populations. For nearly a decade she provided treatment to youth with sexually abusive behavior, and she currently provides clinical supervision at a local treatment facility for such youth. Her research publications include studies of youth with sexually abusive behavior, and her TEDx presentation, "Dangerous Myths About Juvenile Sex Offenders" has been used at conferences, in classrooms, and in the media to address problematic stereotypes about this population. Dr. Fagundes' specialization in integrative somatic trauma therapy plays a unique role in her conceptualization of treatment for sexually abusive behavior.

**Farrell, Rita**, serves as the Director, ChildFirst of the Zero Abuse Project. Rita manages the national and international ChildFirst® Forensic Interview Training Program and the development of advanced training courses and programs for forensic interviewers. Rita is a certified law enforcement instructor and provides training and technical assistance for child protection professionals. Rita currently conducts forensic interviews and has interviewed more than 2,500 children and has authored many peers reviewed articles specific to forensic interviewing.

**Farzaneh, Ida, MA**, is a master's student in the Marriage and Family Therapy program at Alliant International University, Irvine campus. Her fascination with the human mind and

interpersonal relationships was a major influence in her decision to obtain her bachelor's degree in psychology and later her first master's degree in industrial-Organizational Psychology. Ida had the opportunity to work as a recruiter for various companies and has learned invaluable skills about how individuals work within organizations and groups. After 3 years or working in Human Resources, she yearned for further growth and knowledge about more micro level interactions, such as the one with oneself and families. Ida currently works in a non-profit Mental Health Agency that provides counseling services to community members. Her goal has always been to be part of something greater than herself and to leverage her strengths to help people reach their goals and doing so within the structure of the therapy room is the perfect implementation of that vision.

**Fletcher, Maria Jose, JD**, is the Director of the National Center on Systems Change and Advocacy at the Battered Women Justice Project (BWJP). Maria Jose, a migrant from Uruguay and then Peru, understands the struggles associated with leaving one's home in search of safety. Witnessing firsthand the violence perpetrated against women and girls compelled her to dedicate her life to advance the rights of immigrant survivors of gender-based violence. Maria Jose co-founded and co-directed VIDA Legal Assistance, Inc., a Florida non-profit organization formed to advance the rights of immigrant survivors of domestic violence, sexual assault, trafficking in persons and other violent crimes. As a non-profit attorney for almost 25 years and as a committed community member, Maria Jose is actively involved in local, state, national and international victim's rights organizations, developing and providing training and technical assistance to justice system personnel and service providers.

**Frey, Jason, AMFT**, is an Associate Marriage and Family Therapist who works with children, adolescents, adults, and families experiencing duress due to mental health disorders. In addition to being the President of the Immigration Diagnostic Evaluation Academy, he serves as the lead trainer teaching clinicians how to conduct diagnostic evaluations for refugees and immigrants seeking status with the United States Citizenship and Immigration Services. Jason recently retired as a detective from the San Bernadino County Sheriff's Department. He specialized in crimes against children and was the lead investigator for their Internet Crimes Against Children detail. As a Police Officer Standards in Training (POST) instructor, he was a subject matter expert who taught on the topics of investigating child abuse, sex crimes, mandated reporting, crisis intervention, and 72-hour involuntary holds. He served as a team leader for the Department's Peer Support Team and facilitated multiple critical incidents debriefs. He is a retired Major from the U.S. Army Reserve and served as Psychological Operations Officer with three combat

deployments to Iraq and Afghanistan. He retired as the Battalion Commander for the 4<sup>th</sup> Battalion, 104<sup>th</sup> Regiment responsible for training Civil Affairs and Psychological Operations soldiers.

**Galbraith, Karen, MSW**, is the HEALS Project Coordinator with the Illinois Criminal Justice Information Authority (ICJIA). A licensed social worker, Karen has over 25 years of experience in the field of victim services at both the local and state levels. She has provided direct services to survivors and their families, developed resources, and facilitated trainings to a variety of local, state, and national audiences, including victim advocates, criminal justice professionals and the courts, college campuses, and the military. Prior to working with ICJIA, Karen was the Training Projects Coordinator at the Pennsylvania Coalition Against Rape. Additionally, she is an adjunct instructor at Shippensburg University and Penn State Harrisburg, and the Social Work Supervisor at Penn State Dickinson School of Law's Children's Advocacy Clinic. Karen received her B.A. in Philosophy from Muhlenberg College and MSW from Shippensburg University.

**Garrick, Jacqueline, MSW, LCSW-C**, as a licensed clinical social worker with over 30 years of leadership positions, I founded Whistleblowers of America (WoA) as a nonprofit (501C3) in 2017 with the idea that employees fighting corruption who then suffer a hostile work environment could benefit from peer support in the same way that combat veterans have done for decades. In 2019, I launched a Whistleblower Protection Advocate (WPA) certification program to help train and educate whistleblowers and their allies in evidence-based, trauma-informed workplace peer support and advocacy. It is a comprehensive training program that is based on the research published in my co-authored book, *The Psychosocial Impacts of Whistleblower Retaliation: Shattering Employee Resilience and the Workplace Promise*. I have presented internationally on mental health and suicide prevention issues and have been published in several peer review journals and other books.

**Geffner, Robert, PhD, ABN, ABPP**, is the Founding President of the Family Violence & Sexual Assault Institute (FVSAI) dba the Institute on Violence, Abuse, and Trauma (IVAT). He was a Professor of Psychology at University of Texas -Tyler for 16 years and has been a Distinguished Research Professor of Psychology, at Alliant International University, San Diego for over 20 years. He is Editor-in-Chief of three professional peer reviewed, international disseminated journals. He has been a licensed clinician for over 40 years (Psychologist in CA and TX, and MFT in CA). Dr. Geffner is a founding member and Past President of the American Psychological Association Division of Trauma Psychology, Founding Co-Chair and Past President of the National Partnership to End Interpersonal Violence Across the Lifespan (NPEIV), and Past president of the American

Academy of Couple and Family Psychology. He has been a researcher, trainer, practitioner, and consultant for over 40 years.

**Gilchrist, Elizabeth, PhD**, is an HCPC Registered Forensic Psychologist and a Chartered Psychologist, of over 20 years, having been Chartered since May 1998. She is a Professor of Psychological Therapies at the University of Edinburgh, Chair of the Scottish Advisory Panel for Offender Rehabilitation, past-Chair of the Division of Forensic Psychology-Scotland (DFP-S) and a member of the Community Justice Scotland Academic Advisory Committee. She is the Intervention Lead for a large NIHR funded study (ADVANCE) exploring the feasibility of delivering an integrated intimate partner abuse and substance use intervention in health settings in the UK and I have researched and published in the area of intimate partner abuse, substance use, parenting risk and justice. She is also Associate Fellow of the British Psychological Society and Fellow of the Higher Education Academy holds an M.A. (Psychology) (Edin.) M.Phil. (Criminology) (Cantab.) and a PhD (Criminology) (Cantab.). She served for 13 years on Parole Boards.

**Gonzalez, Evelyn**, is currently an Outreach Coordinator with over 20 years' experience in victim services; including sexual assault, domestic violence, youth homelessness and human trafficking. Evelyn became involved in the anti-trafficking movement in 2013 as a case manager/advocate working directly with survivors in the Central Valley. She has helped coordinate emergency calls coming in from the community or the National Human Trafficking Hotline. She has accompanied law enforcement in sting operations. She has provided advocacy to both sex and labor trafficking victims, foreign and domestic. She has provided training to the Dept. of Social Services, law enforcement, medical providers, social workers, tribal communities, and social service agencies in the surrounding counties. Evelyn has been a consultant for Preventing and Addressing Child Trafficking with Child and Family Policy Institute of California as well as sat on several panels throughout the Central Valley.

**Gordon, Mollie, MD**, is an Associate Professor in the Menninger Department of Psychiatry and Behavioral Sciences at Baylor College of Medicine in Houston, Texas where she is the Medical Director of the Anti-Human Trafficking Program. She founded the Department's Division of Global Mental Health in 2019. She and her team started the first fellowship in the clinical care and study of adult survivors of labor and sex trafficking. She has advised at the level of the U.S. Government Office of Trafficking in Persons, the Delta 8.7 Task Force of the United Nations and the Mental Health and Psychosocial Task Force for the Ukraine led by the World Health Organization. She has written numerous book chapters, peer reviewed publications in medical journals and edited a book on the

mental health impact of human trafficking. She has won numerous awards for her work, has been called as a mental health expert in legal cases, and trains healthcare providers and governments around the world.

**Grassel-Krietlow, Tanya**, is an enrolled member of the Lower Brule Sioux Tribal Nation. She graduated high school in Chamberlain, SD, went to UMM- Morris, graduated from SDSU with a BA in Psychology, and then attended grad school at USD. Tanya's son recently graduated from the Indian Police Academy. He is employed by the Lower Brule Sioux Tribe. Her husband, Kurt, is a real-life Daniel Boone who hunts and fishes as hard as he works. We are a family that cooks what we harvest and are equal parts outdoorsy, tree hugger, and river rat. Tanya has been privileged to have had a lot of career paths from law enforcement to education to grants management. All have involved working with Native Americans and their families. She currently lives in Pierre, SD and is working with The South Dakota Network Against Family Violence and Sexual Assault as Program Manager for the FAST Tribal Sexual Assault Initiative.

**Gustavson, Kristen, PhD, LCSW**, is an Assistant Professor of Social Work at the California State University, East Bay. Known to her students as Dr. G, she earned her PhD in Social Welfare from UC Berkeley and completed her postdoc at UCSF in Clinical Services Research with the Over 60 Clinic. Dr. G's psychotherapy practice is at the nexus of late life and trauma. Her ongoing research spans these areas as well with Clinical Services research on the Flash Technique, an innovative trauma intervention; collaborative research addressing negative emotions in older adults with aphasia; and workforce training research in adult & aging social work services.

**Gutierrez, Nicole, PsyD, LMFT**, is a full-time core faculty member in the Couple and Family Therapy department at Alliant International University, Irvine. She is also a Licensed Marriage and Family therapist and has a private group practice that specializes in treating individuals, couples, families, and groups that have experienced sexual trauma and/or addiction. She has been working in sexual violence prevention, education, and treatment for 14 years, and dual-diagnosis addiction treatment for ten. Her research areas of focus include vicarious traumatization in service providers, sexual trauma and sexual identity development, transgenerational/historical trauma, issues of diversity and multiculturalism in evidence-based treatment and clinical supervision, chemical dependency in the family system, and client-centered advocacy. Dr. Gutierrez is a cisgender pansexual white woman that is passionate about social justice-oriented, trauma-informed research, supervision, and clinical practice.

**Hager, Mahshid, MFT, SEP**, is a licensed Marriage and Family therapist and a Somatic Experiencing Practitioner. Originally

from Tehran, Iran, Mahshid moved to Germany with her family after the Iranian revolution and the Iran/Iraq war. After high school, she immigrated to San Diego, California, where she now lives with her husband and two sons. Her professional life includes providing therapeutic services to clients from all walks of life in her private practice, volunteering for non-profit organizations in San Diego that offer resources to new refugees, and consulting with Somatic Experiencing trainees. Most recently, Mahshid has joined the faculty team at Somatic Experiencing International and is offering her own trainings in multiple cities in the United States. She aspires to teach this modality to a broad range of helping professionals. In her free time, Mahshid enjoys traveling, hiking and writing. She is the author of the short story *No Way Back* and the playwright of the same titled one-person-show.

**Hawkins, David, PhD, MBA, MSW, MA**, is a clinical psychologist and director of the Marriage Recovery Center who has brought healing and restoration to thousands of marriages and individuals for over 40 years. He is a leader and expert in the field of treatment for narcissism and emotional abuse in the context of relationships. Dr. Hawkins has developed exceptional programs for treating narcissistic men and the women who love them. He specializes in healing from narcissistic and emotional abuse and has guided hundreds of people in their journey of narcissism recovery. His unique approach targets breaking unhealthy patterns of thinking and behaviors and teaching new skills to develop emotional intimacy and meet the needs within the relationship. He is a speaker/trainer for the American Association of Christian Counselors and writer for Crosswalk.com, CBN.org, and Believe.com. He is a best-selling author of over 40 books.

**Hertica, Mike, MS**, is a retired Lieutenant from the Torrance Police Department and an instructor in the investigation of child abuse and domestic violence cases. Lt. Hertica has published several articles on child abuse and has spent many years working as a therapist with abused women and children in local domestic violence shelters.

**Hill, Chelsea, MSW**, began her work with SBCS San Diego as a DV Counselor and Case Manager in the Family Violence and Support Services Program. In that time, she obtained her certification as a DV Counselor. With SBCS, she also took on roles on the DV Response Team, which provided on-scene support to victims who had experienced violent crime, and the Alternative to Detention team, which provided non-punitive alternatives to youth that had been arrested. Chelsea's past experience includes program management and evaluation for YMCA San Diego's Behavioral and Mental Health Services department. Before joining IVAT as the Manager of Training and Continuing Education, she worked as a Program Manager for Nile Sisters Development Initiative, an organization that

provides vocational training to immigrants and refugees who are victims of crime. As an immigrant from the Philippines, Chelsea has experienced many difficulties coming to the US. Her personal experiences inspired her to pursue an education in social sciences and challenges systems of injustice within communities. For the past few years, Chelsea has dedicated her time to working with different high-needs populations, including survivors of violence and abuse, at-risk youth, and immigrants and refugees.

**Hockley, Nicole**, chose to transform unspeakable grief into action after her youngest son, Dylan, was murdered in his first-grade classroom during the Sandy Hook Elementary School tragedy. As the co-founder and CEO of Sandy Hook Promise (SHP), Nicole works to protect children from violence. SHP is a national nonprofit organization that educates and empowers youth and adults to prevent violence in schools, homes, and communities. Under Nicole's leadership, 21 million youth and adults have participated in the research-driven "Know the Signs" violence prevention programs. As a result, countless acts of violence have been averted – including at least 15 planned school attacks – saving precious lives and helping youth get mental health support. Nicole is a leading voice on school safety and gun violence prevention. She has been featured in Newsweek, CNN, and USA Today. Her commentary has been featured in MSNBC, ABC, CBS, and NBC news coverage.

**Hoult, Jennifer, JD**, holds degrees in Harp, Computer Science, Religion, and Law, and is a certified Rape Crisis Counselor. She is a member of the Bar in California, New Jersey, New York, and Massachusetts. In addition to her careers in music and artificial intelligence software engineering, Ms. Hoult has served as a prosecutor, a court-appointed Children's Lawyer, and an attorney in private legal practice, and has taught Continuing Legal Education courses for the Federal Bar Association on children's constitutional rights, "parental alienation", and "reunification therapy". Her 2006 law review, *The Evidentiary Admissibility of Parental Alienation Syndrome: Science, Law, and Policy*, 26 Child. Legal Rts. J. 1 (2006) has been cited internationally in legal proceedings and mental health literature. Prior to her study of law, Ms. Hoult was the prevailing litigant in a series of landmark federal legal actions that resulted from her father's repeated rapes and sexual abuse.

**Ingram, Tyana, ASW, CFSW**, is a Non-Profit Leader and the Founder of The Ten Coins LLC, a social enterprise that empowers helpers and the communities they serve to heal their money wounds and achieve financial peace of mind. Her personal mission is to disrupt the cycles of financial trauma and foster care. She is an Associate Clinical Social Worker and Certified Financial Social Worker dedicated to strengthening individuals and keeping families together through authentic

relationship building and holistic financial wellness programming with an emphasis on demanding equity.

**Joel, Adam**, is an impact-driven filmmaker and a survivor of relationship abuse. He is the Writer and Director of "The Last Drop," a short sci-fi film about relationship abuse inspired by the memories of real survivors. He is now leading a grassroots screening campaign using this revolutionary film to help people identify and react to the lesser-known forms of abuse that tend to occur BEFORE a relationship turns violent. To make "The Last Drop" as impactful as possible, Adam consulted dozens of other survivors and an Advisory Board of experts in the fields of abuse prevention, education, and social work. Adam's ability to lead grassroots film campaigns stems from his experience as the Impact Manager for an education film called "No Small Matter," which he helped coordinate 1,300+ screening events for, with advocates, educators, and legislators in all 50 states. He is a Co-Founder of Aggressively Compassionate, a production company that makes films for nonprofits and other good causes.

**Johnson, Mike**, is an internationally recognized expert on all aspects of child abuse and exploitation, and specializes in abuse investigation, detection, and prevention efforts for organizations serving youth. Johnson was the Youth Protection Advisor/Director for the National Office of the Boy Scouts of America (BSA) from July 2010 to December 2020, where he advised on the organization's efforts to enhance and improve youth protection policies, training, and procedures to ensure the safest possible environment for the organization's youth. During his tenure, Johnson is credited with acting as a change agent to strengthen BSA's "Youth Protection" program, ensuring it was in line with, if not ahead of, society's knowledge of abuse prevention best practices. Johnson spearheaded BSA's efforts to provide ongoing support to survivors and trauma-informed responses to victims of abuse in the organization. Prior to the BSA, Johnson served 24 of his 28 years as the Lead Detective and Family Violence/Abuse Investigator in the Criminal Investigation Division of the Plano Police Department in Plano, Texas. In that role, he focused exclusively on interviewing victims, interrogating perpetrators, and investigating all forms of child maltreatment, including child sexual abuse, interpersonal violence, and exploitation. Johnson is a founder of the Collin County Children's Advocacy Center and its multidisciplinary team and was named the Center's Child Advocacy of the Year in 1996. Johnson's 35-year professional career has been solely dedicated to the prevention, investigation, prosecution, and response to all forms of child abuse. Mike has been instrumental in helping shape federal and state laws, policies, protocols, procedures, and training for protecting children from abuse. He has conducted hundreds of trainings for local, state, international, and federal investigators, prosecutors, judges, social workers,

forensic medical professionals, survivors, and advocates on a wide range of topics.

**Jones, Arvis, MT, MA**, was the first African American Music Therapist employed by Arts & Services for the Disabled and the first Music Therapist at the Los Angeles Child Guidance Clinic, working with children and youth of all ages who have emotional and environmental problems where she developed a program to address the needs of children and youth ages 2 ½ to 22 years. Arvis was the first Assistant Director of a Grief and Loss program for Children in Los Angeles, where she helped to provide a supportive environment for families. Arvis developed a grief and loss program that was used in nine middle schools of LAUSD. She collaborated with the Mayor's Crises Response Team and the Los Angeles Police Department. Arvis has received honors and awards from the Los Angeles City Council and California State Senate, also numerous news articles written about Arvis' work including two articles in the Los Angeles Times. Currently, she is working on a book about her experiences with grief, loss, and music therapy.

**Kasper, Janine**, is a human centered technologist, community advocate, strategist, fintech enthusiast, financial services/payments expert, regulatory navigator, and partnership and channels executive. Janine is President of Kairos Digital Commerce Consulting and has an extensive background in financial services. Her experience extends from strategic planning to operations to product, marketing, and technology. She is passionate about bringing her industry expertise to initiatives that will bridge the gap between technology and our most vulnerable populations.

**Khayr, Yasmeen, MA**, (she/her), is the Research Coordinator at Loyola University Chicago Center for Urban Research and Learning (CURL). She received her MA in sociology in 2019 from Loyola University Chicago and has worked with CURL since 2017 as an undergraduate research fellow, a graduate research fellow, and research coordinator. During her time with CURL, Khayr conducts various community-based research projects in partnership with legal institutions and community organizations. She primarily utilizes mixed-methods research and evaluation approaches and focuses her research around domestic, sexual, and gender-based violence. Much of this research has been supported and funded by the Office on Violence Against Women. She has been a leading research team member in coordinating research tasks, conducting data collection and analysis, assisting with research design and implementation, supervising research fellows, and collaborating with community partners.

**Knetig, Jennifer, PhD**, is the national program manager of the Megabus 5304 pilot program. The overarching goal of the pilot is to develop a comprehensive strategy to address intimate

partner violence (IPV) and sexual assault experienced by Veterans. Dr. Knetig is a licensed clinical psychologist and completed a postdoctoral fellowship in PTSD at the Northeast Ohio Healthcare System (NEOHCS.) She has served in several capacities, including Military Sexual Trauma (MST) Coordinator, Intimate Partner Violence Assistance Program (IPVAP) Coordinator, and Employee Threat Assessment Team (ETAT) member. Jenny served the National Intimate Partner Violence Assistance Program (IPVAP) as chair of the Professional Development. Recent peer reviewed publications include a focus on intimate partner violence and homelessness in Veteran populations and increasing provider effectiveness when serving Veterans impacted by intimate partner violence.

**Kramer-Brenna, Suzanne, MA, MSW, LMSW**, is an engaging educator with 15+ years' experience in providing training to advocates, mental health, and multi-disciplinary professionals on trauma-focused help and support for victims of sexual and intimate partner violence. A survivor of child abuse and family violence, she struggled for many years with a devastating bulimic eating disorder before finding the tools she needed to build her own healing and empowering recovery path. Suzanne earned Bachelor of Arts and Master of Arts degrees in Communication with a focus on feminism and social change from the University of North Dakota (UND) and a Master of Social Work degree from UND with a focus on girls' and women's abuse and violence-related trauma, mental health and substance use disorder/eating disorder issues. She is currently working as a Project Director at CAWS North Dakota and is a Licensed Master Social Worker.

**Krout, Abby, LCSW**, is a national program coordinator for the VA's Intimate Partner Violence Assistance Program. Ms. Krout is a licensed clinical social worker, she graduated from Purdue University with a bachelor's degree in psychology and a master's degree in social work from IUPUI. Ms. Krout's experience includes community mental health therapist, Patient Aligned Care Team (PACT) Social Worker, Intensive Community Mental Health Recovery (ICMHR) Case Manager and Post Traumatic Stress Disorder (PTSD) Clinical Therapist. Prior to her current role, Abby served as an IPVAP Coordinator and VISN Lead Coordinator for VISN 12. During Abby's time as an IPVAP Coordinator, she also served as Chair for the Professional Development and Education (PDE) committee and a regional trainer for Strength at Home.

**Law, Danica, JD**, (she/her), is a Deputy District Attorney in the Juvenile Division of the San Diego County District Attorney's Office. She prosecutes cases related to human trafficking, internet crimes against children, sex crimes, family violence, and teen relationship violence. She is the dedicated DDA for R.I.S.E. (Resiliency is Strength and Empowerment) Court, a collaborative, trauma-informed court for youth who have

experienced or who are at risk for commercial sexual exploitation. Prior to joining the District Attorney's Office, she provided legal services to victims of human trafficking through the University of Michigan Law School Human Trafficking Clinic and served as an International Fellow to the United Nations Office of the High Commissioner for Human Rights, Women's Rights and Gender Section.

**Lawrence, Randy**, is a retired 30-year law enforcement professional. He worked at the San Diego County District Attorney's Office, San Diego State University, and was also Chief of Humane Law Enforcement. Randy is a cyber-crimes expert, and a trained computer forensic examiner, specializing in identity theft. Randy worked in the Family Protection Division and handled child abuse and domestic violence homicides and became an expert in internet crimes against Children before going to a high-tech crime task force. After retiring from the public sector, he was hired as the Security Director at a local tribal casino, where he worked closely with Tribal Police on ID Theft cases as well as a variety of crimes. He has trained hundreds of civilians and law enforcement officers on a variety of topics. He currently is the Outreach Coordinator for the ID Theft Resource Center and regularly gives public presentations on ID Theft and current scams.

**Lee, Frandrea, MS, LMFTA**, is a 3rd year doctoral student in the Medical Family Therapy Program at East Carolina University with a concentration on Ethnic and Rural Health Disparities. She works as the Marriage and Family Therapist supervisor in a Level 1 Trauma Center 75-bed unit in-patient rehab program. In her clinical work she addresses the biopsychosocial-spiritual impact of patients medical trauma towards increasing their understanding and acceptance of their conditions and life-changing events. Her research interest includes IPV and appraisal distortions, provider bias, and addressing health disparities for marginalized individuals. She has vast community service and work experience. She has been involved in Eastern North Carolina community collaboratives towards increasing community education and access to mental health services, worked as the manager for a local domestic violence shelter, and worked as a mental health provider for children and families in the head start programs.

**Levittan, Michael, PhD**, is an accomplished and recognized expert on Domestic Violence, Anger Management, Child Abuse, and PTSD. He is a licensed psychotherapist, director of a state-certified batterers' treatment program, and serves as an Expert Witness in court. Dr. Michael teaches seminars at UCLA Extension, National Alliance on Mental Illness, International Conference on Violence, Abuse, and Trauma, Inter-Agency Council on Child Abuse and Neglect, Women's Shelters, U.S. Marines, L.A. Superior Court, California Association of Marriage and Family Therapists, etc. He has appeared on Tyra



Banks Show, *Staring Over*, Montel Williams, wrote "The History of Infanticide" – chapter in *Violence in Our Society*. He recently completed the soon-to-be-published "Essentials of Anger Management." As an Executive Board member of NPEIV Think Tank, Dr. Michael launched GLOBAL PEACE and GUN VIOLENCE PREVENTION COMMITTEES in NPEIV Think Tank to further the cause of establishing safety in the world.

**Liese, Bruce, PhD, ABPP**, is a Professor of Family Medicine and Psychiatry at the University of Kansas (KU) Medical Center, Clinical Director at the Cofrin Logan Center for Addiction Research and Treatment at KU, and a Licensed Psychologist. He has taught more than 100 courses and workshops on psychotherapy and the treatment of people with complex problems. He has supervised hundreds of trainees, published more than 75 articles, and co-authored three texts on addictions. His most recent text, *Cognitive-Behavioral Therapy of Addictive Disorders*, was published this year with co-author Dr. Aaron T. Beck. Dr. Liese received a President's Citation for his work in Division 50 of the American Psychological Association (APA). He also received the Distinguished Career Contributions to Education and Training award from Division 50, and an APA Presidential Citation for his community service in 2018. In addition to his scholarly activities, Dr. Liese continues to see approximately 25 patients per week.

**Lipson, Glenn, PhD, ABPP**, is a diplomate in Forensic Psychology. He also is the recipient of the Doug Bates Award from the national Association of State Directors of Teacher Education and Certification. Recognizing his role in bringing stakeholders together to create safer schools by supporting ethical practices. His dissertation was on the San Ysidro Massacre and its impact on police starting a career in threat assessment. He has remained active in clinical and forensic psychology and is a consultant and Supervisor at IVAT.

**Littleton, Heather, PhD**, is the Director of Research Operations at the Lyda Hill Institute for Human Resilience and Associate Professor of Psychology at the University of Colorado, Colorado Springs. Her work focuses on social-cognitive and ecological factors in trauma recovery as well as the use of technology to deliver efficacious trauma prevention and intervention programming. While her work has focused on the experiences of survivors of diverse forms of trauma, the majority of her research is with survivors of interpersonal trauma, including sexual assault.

**Logsdon, Ashley, MSSW**, is a doctoral candidate at the University of Louisville's Kent School of Social Work and Family Science. She earned her MSSW from the Kent School. Ashley spent four years working as a frontline social worker for a public child welfare agency in Kentucky. It was through this work that Ashley has developed her research interest related

to child welfare and substance use. Additionally, Ashley is a Research Manager for the Center for Family and Community Well Being where she evaluates curricula, grants, and research projects. Ashley assists with the evaluation and data management of 50 grants and research projects including a \$15 million Quality Improvement Center funded by the Children's Bureau on workforce development for child welfare, NIH P30 toxicology and environmental health grant, and Quality Improvement Center funded by the Children's Bureau on reunification.

**Lopez, Elise, DrPH, MPH**, is the executive director of the University of Arizona Consortium on Gender-Based Violence. She has worked in public health research and practice since 2004. In 2016, she was awarded the Abstract of the Year honor from the Law Section of the American Public Health Association for a co-authored paper on restorative justice responses to campus sexual misconduct. She has been an invited speaker in local, national, and international venues. She has presented at the IVAT San Diego Annual conference on multiple occasions. In 2017, Lopez served as one of two non-attorney liaisons to the American Bar Association's Task Force on College Due Process Rights and Victim Protections. She is the Principal Investigator on a Department of Justice grant to establish a Sexual Assault Response Team (SART) and medical forensic exam ("rape kit") program at The University of Arizona. She works with campus, community, and hospital providers to implement and evaluate this collaborative model.

**Maillet, Kiana, EdD, MPA, LCSW**, is the Youth Behavioral Health Program Manager at Southern Indian Health Council, a Licensed Clinical Social Worker, an Adjunct Professor in Child Development at San Diego Miramar and San Diego Mesa Colleges, and a Lecturer in the American Indian Studies Department at CSUSM. Her educational background includes a Doctorate in Educational Leadership, as well as degrees in Social Work, Public Administration, Child Development, Psychology, and Liberal Studies. She is also a member of the Lone Pine Paiute-Shoshone Tribe and part of the Tribe's Cultural Resource Protection Committee. She currently lives here on Kumeyaay land (AKA San Diego) and holds many additional life roles as a Bia (mother), a Mu'a (Grandmother), an Auntie, a helper, an educator, and advocate, and a lifelong learner.

**Mason, Kassandra, LMFT**, is currently the Director of Behavioral Health at Southern Indian health Council, Inc, in San Diego County, CA. She received her Master of Arts in Counseling Psychology from National University in San Diego, CA. Throughout her career, she has worked in a psychiatric hospital, private practice, and currently a community clinic setting. Along with working with the Indigenous population, she is a Yaqui descendant through her father's side. She is an

Army Combat Veteran who participated in Operation Enduring Freedom. Her specialties include trauma and psychotic disorders. She certified in both Eye Movement Desensitization and Reprocessing (EMDR) and Expressive Arts Therapy.

**Mathews, David, PsyD, LCSW**, has more than 40 years of experience in working with families, adolescents, and children related to issues of trauma, parenting, intimate partner violence, domestic violence, and community violence. He is currently a full-time therapist at People Incorporated, in the Twin Cities in MN, providing Restorative Parenting, Men's Domestic Abuse Groups, Emotion Regulation/Respectful Response groups and trauma-related therapy for youth, parents, individual adults and families. In 2020 Dave co-founded and began co-hosting the EPIC Voices & Conversations Podcast. He has been in a part-time private practice as a therapist for 33 years with youth, adults, parents, families, and groups who have experienced trauma or violence in their lives. Dave created the Restorative Parenting Practices Program in 1999 and provides training for the application and development of Restorative Parenting programs.

**McAmis, Nicole, MD**, is an Emergency Medicine Resident at Stanford Health Care (PGY-2). As a first-generation student, she received a Bachelor of Science in Chemical Engineering and a Minor in Music from Washington University in St. Louis and a MD from Frank H. Netter, MD School of Medicine, Quinnipiac University. She was recently elected as California Emergency Medicine Residents' Association (EMRA) President-Elect. She is passionate about social emergency medicine and hopes that her current advocacy and research in human trafficking will bring change to the field. Dr. McAmis has developed the "Conversations Toolkit" in the EMRA Mobile App in an effort to help emergency medicine physicians tackle the challenging patient topics that may arise in order to provide comprehensive care.

**McLean, Maralee**, is an author, speaker, child advocate and activist working on legislation that spans over two decades. She testified before Congress to promote judicial accountability for sexually abused children's rights in our courts. She speaks at Law Schools and Conferences to bring awareness and accountability. Her main goal is to teach you what techniques and procedures will help you initiate a law that needs passing in your state. This year she worked on three legislative bills on Sexual Assault and all three bills passed. HB21-1228 was brought forward by Maralee and her non-profit Moms Fight Back (MFB) and passed important legislation that was named "Julie's Law" after her daughter. Her future goal is to pass Julie's Law in every state.

**Meloy, Reid, PhD**, is a voluntary clinical professor of psychiatry at the University of California, San Diego, and faculty member

of the San Diego Psychoanalytic Center. He has been a consultant to the FBI Behavioral Analysis Unit for the past two decades.

**Miccio, Fonseca, L.C., PhD**, is a licensed clinical psychologist, and a leading expert in the field of child sexual abuse working with sexually abusive individuals. Dr. Miccio-Fonseca created the new validated and cross-validated unique innovative risk assessment tool, MEGA or Multiplex Empirically Guided Inventory of Ecological Aggregates for Assessing Sexually Abusive Children and Adolescents (Ages 4- 19) which is the largest study on risk assessment tools and youth in the field to date.

**Miller, Venica**, is the program manager for IMPACT Safety's We are Worth Defending: Empowerment Self Defense, a program created by black women for black women to address safety concerns and help build confidence. She is an Empowerment Self Defense instructor and has been with the program since inception. Venica is also the retired Deputy Director of Victim Services Initiatives for the Ohio Attorney General's Office where she served for 18 years. Venica directed Ohio's Victim Services Academy and the annual statewide conference on victim assistance, Two Days in May. She served as the African American Employee Network Co Chair and received awards for her advocacy efforts. Venica studied at Ohio Dominican University and Columbus State Community College in Columbus, Ohio.

**Miller Perrin, Cindy, PhD**, earned her Ph.D. in Clinical Psychology from Washington State University in 1991 and is Distinguished Professor of Psychology at Pepperdine University. She is a licensed clinical psychologist who has worked with maltreated and developmentally delayed children and their families. Dr. Miller-Perrin has authored numerous journal articles and book chapters covering a range of topics. She has co-authored five books, including Violence and Maltreatment in Intimate Relationships (2017, 2021), Why Faith Matters: A Positive Psychology Perspective (2014), Family Violence Across the Lifespan (1997, 2005, 2011), Child Maltreatment (1999, 2007, 2013), and Child Sexual Abuse: Sharing the Responsibility (1992). She serves on the editorial boards of Journal of Aggression, Maltreatment, and Trauma, Journal of Child Sexual Abuse, Journal of Child and Adolescent Trauma, and Advances in Child and Family Policy and Practice.

**Minogue, Amanda, MSW**, is a doctoral student at the University of Louisville's Kent School of Social Work and Family Science. She earned her MSSW from the Kent School. Amanda spent ten years as an analyst in the Medicare and Medicaid and Mental Healthcare industry. Amanda is a licensed clinical therapist and served individuals and families through group and individual therapy and case management. Amanda has

developed her research interest related to intervention science and evidence-based practices for at-risk youth. Through her work as a graduate research assistant at the center for family and Community Well-Being, Amanda assists with the data collection and management of over 50 grants and research projects.

**Mitchell, Bettye, MA**, is a nationally recognized leader in organization and program development with forty-five plus years of experience for older adults, persons with disabilities, in Long Term Care, and victims of abuse and trauma. She has proven leadership in designing and managing large complex programs and strategic planning. A dynamic result-oriented executive, Mitchell began her work in the State of Texas serving in various capacities in direct service in the Long-Term Care Program for older adults, persons with disabilities, and elder prevention programs. Bettye served in every level of management and advanced to serve as the Texas State Director for Adult Protective Service, Deputy Commissioner for Long Term Care Programs including Long Term Care Regulatory, Community Care Programs, and abuse within state hospitals and state schools with the Texas Department of family and Protective Services and the Texas Department of Health and Human Services. Mitchell served as the Director of Professional Development for the Department of Family and Protective Services. Mitchell recently retired from the East Texas Council of Governments, serving as Director of the Area Agency on Aging. Bettye is an advocate with her community for vulnerable persons. She served as the former President of the National Committee for the Prevention of Elder Abuse, the founding President of the National Adult Protective Service Foundation, Vice President of the National Adult Protective Service Association. She currently serves on the Board of the National Partnership to End Interpersonal Violence and was recently invited to serve on the Godly Responses to Abuse in the Christian Environment (GRACE) Board. She is a graduate of the University of Texas at Tyler, Texas.

**Monje, Katlyn, LMSW**, is the Director of the Southern Arizona Center Against Sexual Assault (SACASA). She oversees all sexual assault services and staff including Advocates, Volunteers and contracted Sexual Assault Forensic Examiners. Katlyn also coordinates Pima County's Sexual Assault Response Team (SART) and participates in various local collaborations addressing substance use and sexual assault.

**Morgan, Wendy, MSc**, has been working in a variety of forensic settings for over 25 years. She currently works with a secure psychiatric hospital for those who have committed violent and sexually harmful acts against others, where she delivers an assessment and treatment service for patients and provides a consultancy service to staff at all levels of the organization. She is also a part-time member of the Parole Board of England and

Wales, where she advises about incarcerated persons' suitability for release into the community. She is regularly commissioned to provide risk assessments and expert testimony for criminal and civil courts in the UK. She has written a number of book chapters and papers on risk assessment and effective decision making for practitioners.

**Moses, Rebekah**, is a lifelong advocate with and for survivors of gender violence – their expertise leads and grounds her advocacy. Within intersecting issues of oppression, she approaches advocacy through the lenses of trauma, human rights, healing, and liberation. She has been honored to work at the local, state, and national levels in direct services, public policy, training, and technical assistance. She is grateful to all the survivors who've trusted her with their wisdom, wounds, struggles, and strengths.

**Muhammed, Mildred**, is an Award-Winning Global Keynote Speaker, International Expert Speaker for the US Dept. of State, Certified Consultant with the US Dept. of Justice/Office for Victims of Crime, CNN Contributor, Domestic Abuse Survivor, Certified Domestic Violence Advocate, Advisory Board Member & Public Speaking Instructor for The National Resource Center on Domestic Violence, Bachelor of Science in Psychology, Best-Selling Author, Trainer & Educator, Certified Professional/Personal Development Consultant and received *DomesticShelters.Org 2023 Purple Ribbon Lifetime Achievement Medallion Award* as well as the *2022 Who's Who in America: Albert Nelson Marquis Lifetime Achievement Award*. She travels and speaks on a global platform as the ex-wife of the DC Sniper to discuss her life of terror, abuse, and heartbreak, all while promoting Domestic Abuse/Violence Awareness and Prevention. She is recognized as "*One of the Nation's most powerful advocates for victims and survivors of domestic violence*". WROC-TV, Rochester, NY. Mildred is sought by organizations and agencies, worldwide, to share the very intimate details of her experiences with fear, abuse, and frequent victim-blaming. Her experience has strengthened and expanded the scope of her mission. Simply put, she was a victim who became a survivor and is now a crusader against domestic violence and abuse. She speaks to a wide range of audiences, including victims and survivors of domestic violence, advocates, law enforcement professionals, therapists, counselors, mental and medical health providers, university and college students, and military personnel, about what it's like to be a victim and survivor of domestic violence "**without physical scars**" at various conferences, seminars, and workshops. Her sincerity is as impressive as her unforgettable story of abuse. She discusses the dangers of PTSD (*post-traumatic stress disorder*) that soldiers face after returning from a war zone, as well as victims who have been diagnosed with PTSD. She is acknowledged and honored for putting her expertise and experience to good use by supporting the Family

Advocacy Program and its goal of educating, promoting, and putting a stop to domestic abuse in military communities. After counseling herself and her children on how to survive victim-blaming in the face of adversity, she turned her tragic circumstances into an opportunity to establish ground on all forms of Domestic Abuse that are often overlooked, such as verbal, mental, economic, spiritual, stalking, and emotional abuse. Mildred makes it her mission to not only speak about the specifics and realities of domestic abuse/violence, but also to be a vessel of support and healing for all those affected.

**Murray, Esther, Dpsych**, has been a health psychologist for 13 years, initially working in cardiac care both in service improvement and psychological interventions for patients, later going on to a career in academia. Esther is the first researcher in the UK to explore the concept of moral injury in medicine, and since being invited to present on the topic of Moral Injury at the Institute of Pre-hospital Care Performance Psychology Symposium in June 2017, Esther has been invited to present at national and international conferences for both healthcare professionals, educators and students. Esther also delivers training on the topic to London Ambulance Service's Advanced Paramedic Practitioners, the Counter Terrorism Specialist Firearms Officers of the Metropolitan Police and is a regular contributor to London Helicopter Emergency Medical Services Clinical Governance Days.

**Nguyen, Phuong, PhD**, is an Associate Professor in the Menninger Department of Psychiatry and Behavioral Sciences at Baylor College of Medicine (BCM). Dr. Nguyen received his PhD in Clinical Psychology from the University of Massachusetts – Boston and he completed his internship and postdoctoral fellowship at Massachusetts General Hospital/Harvard Medical School. Currently, he is Director of Psychology Services at Ben Taub Hospital (BTH), and the Program Director of the Baylor College of Medicine Anti-Human Trafficking Program. Additionally, he serves as the Training Director for the BCM Psychology Internship Program and the Ben Taub Hospital/BCM Psychology Postdoctoral Fellowship Program, which includes the country's first formal psychology postdoctoral fellowship track specializing in anti-human trafficking work. At BCM, Dr. Nguyen enjoys a mixture of leadership, training, clinical, and research activities.

**Nsilulu, Andreana, MSSW**, received her Bachelor of Social Work in 2017 and Master of Science in Social Work from the University of Louisville in 2022 with a specialization in Leadership, Management, and Supervision. Andreana also received a certification in public child welfare via the Public Child Welfare Certification program. Andreana has 4.5 years' experience as a frontline Social Service Worker for the Department of Community Based Services in Protection and Permanency. Andreana has experience in nonprofit leadership,

organization, and board governance serving at local non-profits in Louisville that intentionally serve the West End and unhoused throughout the city. Andreana specializes in Qualitative Interviewing and Data Collection/Analysis, Qualitative Interviewing with Interpreters, and Working with Incarcerated Parents.

**Oakley, Melinda, MCJ**, works for the County of Los Angeles, Probation Department as the Victim's Assistance Liaison. For nearly 20 years, she has been responsible for the community supervision of both adults and youth. She is a Domestic Violence/Intimate Partner Violence subject matter expert and trains departmental staff. She is also a certified Peer Support Representative. Melinda holds a bachelor's degree in human service and a master's degree in criminal justice. She is a Board of State and Community Corrections (BSCC) certified trainer, certified Spousal Assault Risk Assessment (SARA) trainer, certified Domestic Violence Advocate and well trained in the use of Emotional Intelligence. In addition to her supervision of an Adult DV/Family Violence Caseload, she has volunteered with an at-risk girl's mentor program. Melinda participates in a local Interagency Committee that collaborates with DCFS, Regional Center and local school districts. Additionally, she participates in community roundtables, conferences, and is a member of the Santa Clarita Vallet Human Trafficking Taskforce.

**Olowu, Angelita, RN**, serves as the Forensic Nursing Director with the International Association of Forensic Nurses (IAFN) with 14 years nursing experience. In addition to Forensic Nursing, she has an Emergency and Trauma Nursing background. In her current role, Angelita provides education and technical assistance on topics related to caring for patients experiencing personal violence, including the recommendations within both of the National Adolescent/Adult and Pediatric Sexual SAFE Protocols. Angelita teaches IAFN Adolescent/Adult and Pediatric Sexual Assault Nurse Examiner didactic, clinical courses, and provides education statewide and nationally. Additionally, Angelita oversees several grant projects held by IAFN.

**Oltmans, Annette**, is founder and CEO of The MEND Project, a 501(c)(3) that educates, equips, and restores all who are impacted by emotional abuse and trains those who interface with them personally or professionally. Since 2013, Oltmans has collaborated with abuse experts and researched, studied, written and educated about intimate partner violence with expertise in covert emotional abuse. She has interviewed hundreds of survivors, therapists and other responders regarding relationship abuse, trauma, response protocols and the secondary harm, Double Abuse, that uninformed professionals or lay persons cause when they fail to recognize the signs of hidden abuse and trauma. She has trained 1000's of responders to identify and respond in trauma-informed

ways preventing Double Abuse. She is author of many articles, book chapters, CE courses, and comprehensive curricula on these subjects. Also, a survivor, her expertise is enhanced by her personal understanding and experience.

**Omilian, Susan, JD**, is an attorney, author and motivational speaker who is a nationally recognized expert on process of recovery after violence, abuse and trauma. Over the last forty years, she founded a sexual assault crisis center, represented domestic violence victims in divorce cases, litigated sex discrimination cases and led groups for male domestic violence offenders. With the death of her niece Maggie killed in 1999 by her ex-boyfriend, Susan shifted to helping women take the journey from victim to survivor to “thrivers” as Maggie could not. Susan’s award-winning books include the Seven-Step Thriver Zone Motivational Model she has developed described as “life-changing” and “providing a component for recovery that has been virtually overlooked for survivors of abuse.” Susan is Co-Chair of National Partnership to End Interpersonal Violence (NPEIV) Action Team 3 Practice whose current project is to engage the banking industry in addressing financial abuse in interpersonal relationships.

**Orchowski, Lindsay, PhD**, is a Staff Psychologist in the Adult Outpatient Division in the Department of Psychiatry within Lifespan Physicians Group at Rhode Island Hospital, and Associate Professor (Research) at the Alpert Medical School of Brown University. She is also the Deputy Title IX Coordinator for the Medical School. Her research program focuses on advancing the development and evaluation of sexual assault prevention programs for middle school, high school, college, and military populations. Her work also broadly focuses on engaging individuals in proactive helping behavior to prevent injury and harm in their community. Her work is supported by the National Institute of Alcohol Abuse and Alcoholism, the Centers for Disease Control and Prevention, the Department of Defense, and the Department of Education. She is Associate Editor for *Psychology of Women Quarterly* and the *Journal of Child Sexual Abuse*.

**Pancer, Cynthia, EdD**, is a career educator with a research interest in Adverse Childhood Experiences, suicide prevention and survivor support, and facilitating virtual instruction. She is an alum of University of Redlands, University of California, Riverside, and Alliant International University where she is currently a professor in the teacher education program. Dr. Pancer’s interest in ACEs has led her to incorporate trauma-informed practices into her instruction for pre-service teachers and to lecture frequently on ACEs at both community and professional events. She is also a survivor of the loss of her sister to suicide, an event that led to her participation in *Survivors of Suicide Loss*, where she has facilitated support groups for families for several years. She is an advocate for

suicide prevention in K-12 schools, working with Directing Change, March for Our Lives, and other groups that support mental health discussion and suicide prevention programs.

**Papke, Katie, LMSW, CAADC, CCTP, CHTVSP**, is a Social Worker with the Department of Veterans Affairs (VA) National Social Work Program Office. Katie is taking the lead to develop and disseminate resources to support communication about Human Trafficking. She has previously worked within the Homeless program at Battle Creek, Michigan VA Medical Center. Her experience within the VA Homeless program includes Team Lead and Program Coordinator for the Housing and Urban Development-Veteran Affairs Supportive Housing (HUD-VASH) program since 2009. Prior to that she worked at the Grand Rapids, Michigan VA Outpatient Clinic as a substance abuse specialist. Katie started with the VA in 2005 as a Social Work Intern at the West Palm Beach, Florida VA Medical Center. Katie has her own private practice and has a passion working with victims and survivors of human trafficking. Katie serves on the board of a non-profit agency, Sacred Beginnings in Grand Rapids, Michigan. Katie is involved in the City of Grand Rapids Human Trafficking Task Force, the Solutions to End Exploitation Kent County Task Force and serves on the Service Provider Michigan Human Trafficking Task Force Committee.

**Pashdag, Joanna, PhD**, received her PhD in Clinical Psychology from Ohio University in 2004. She has taught at universities in the US and the UK and is currently a core faculty member with Hawaii Pacific University’s PsyD program in Clinical Psychology. She was previously program leader for the MSc Forensic Psychology programs at the U of Winchester and Middlesex U in the UK. She is a licensed psychologist in Hawaii and California, and a registered (licensed) clinical and forensic psychologist in the UK. Her practice experience has ranged from private practice to a secure forensic hospital and a major regional medical center, and she has conducted court-ordered forensic psychological evaluations in California, Maryland, Virginia, and Washington, DC. She is a frequent presenter on psychological topics in the US, the UK, and continental Europe.

**Patrick, Wendy, PhD, JD**, is a San Diego County Deputy District Attorney, named the Ronald M. George Public Lawyer of the Year by the California State Bar’s Public Law Section. She has been recognized by her peers as one of the Top Ten criminal attorneys in San Diego by the San Diego Daily Transcript. Dr. Patrick is a veteran prosecutor with over two decades of experience. She has completed over 160 trials ranging from hate crimes to domestic violence, to first-degree murder. Much of her career has been spent prosecuting domestic abusers, sexually violent predators, human traffickers, stalkers, rapists, and child molesters. She is a past co-chair of both the statewide California District Attorneys Association Sexually Violent Predator Committee, and Human Trafficking Committee. Dr.

Patrick's doctoral thesis focused on the psychology of attraction used by sexual predators to ingratiate themselves with victims and their families, focusing on what can be learned from the science of seduction. She has been involved with the San Diego Domestic Violence Council, the San Diego Child Protection Team, and the Sexual Assault Response Team, from whom she received the SART Response with a Herat Award for her significant contribution to the professional field of sexual assault prosecution. As a private consultant, Dr. Patrick researches, publishes, and trains extensively on topics related to interpersonal violence, sexual assault, and working with victims to a wide variety of educational, community, and laws enforcement groups. She also serves as a trial consultant and expert witness in the area of sexual assault dynamics between perpetrators and victims, and all other areas of victimology.

**Paul, Carrie**, During her freshman year of college, Carrie started interning at her local District Attorney's office, and fell in love with serving victims of crime. She worked as a Victim Advocate for over 13 years, managing the volunteer program, restitution investigations, and assisting victims of domestic violence. During her time as a Victim Advocate, Carrie began to see the need for improvement for everyone who serves victims of crime in the criminal justice field. Carrie began training new attorneys and advocates regarding the best ways to serve victims of crime. As of mid-2022, Carrie now provides direct training and consulting to law enforcement officers, victim advocates, and attorneys, as a private consultant and guest lecturer.

**Pauling, Sylvia** is the Senior Policy Advisor for Culturally Specific Communities at the Office on Violence Against Women (OVW). Sylvia joined OVW as a program manager for the Disability Grant Program in January 2016. She has been actively involved in domestic violence and sexual assault issues for over 25 years, beginning her career as a counselor for Tri County CASA in South Carolina. She worked for House of Ruth in Washington, D.C., as both a direct service provider and program coordinator for the non-residential counseling program. Sylvia is also a licensed professional counselor and was the senior psychotherapist for Progressive Life Center. She was the first Domestic Violence Specialist for the District of Columbia Child Welfare Agency, where she served for 15 years. She earned her master's degree in counseling from Trinity University and holds a bachelor's degree in psychology from South Carolina State University. She is currently enrolled at Walden University, where she is a candidate for a PhD in public policy and administration.

**Perkowski, Stefan, MSW, LCSW-R, ACSW**, who has 48 years in the field, is currently in private practice in which he provides expert witness services and mental health consultation for

cases of suspected child sexual victimization. He provides these services in Civil, Criminal and Family Court proceedings for both prosecutor and defense attorneys. Prior to retirement in 2014, he was the Program Director for Child and Adolescent Treatment Services, where he had the responsibility of supervising staff and training new clinicians on the intervention and treatment of sexually victimized children. Mr. Perkowski was instrumental in the creation and management of the Lee Gross Anthonie Child Advocacy Center in 1993. He was a member of the Citizen's Review Panel which oversees Child Protective Services in 17 Counties of New York State and served on the Child Fatality Review Team of Erie County, New York. He has provided training at local, state, and national levels.

**Perrin, Robin, PhD**, is Professor of Sociology at Pepperdine University in Malibu, California. His research interests and publications are primarily in the areas of interpersonal violence, deviance theory, the social construction of social problems, and the sociology of religion. He is the coauthor of three books including: *Social Deviance: Being, Behaving, and Branding* (with D. Ward & T. Carter, 1991), *Child Maltreatment: An Introduction* (with C. Miller-Perrin, Sage, 1999; 2007), and *Family Violence Across the Lifespan* (with O. Barnett & C. Miller-Perrin, Sage, 1997, 2005; 2011). He is the author or coauthor of numerous articles on a variety of topics related to religion, deviance, and interpersonal violence. He is the recipient of the 2004 Howard A. White Award for Teaching Excellence. He received his doctorate in sociology from Washington State University in 1989.

**Peterson, Christina**, in an International Cover Model, Brand Ambassador writer and Inspirational Speaker. She is the Founder of Event Serve LLC, which focuses on giving back to the community in need. She received a Special Recognition Award from the Military Order of the Purple Heart in 2019 for her generous time and support helping veterans have a better life. As a SAVE Ambassador, Christina is a survivor of both sexual and domestic violence and speaks on survivor empathy panels for Survivors Against Violence Everywhere, helping spread awareness and creating positive institutional change in the lives of others effected by these traumatic events.

**Peterson, Natalie, DSW, LCSW**, joined the VACO team on special assignment January 2022. She serves as a National Program Coordinator for the Intimate Partner Violence Assistance Program (IPVAP) and Project Assistant for the Johnny Isakson and David P. Roe, M.D. Veterans Healthcare and Benefits Improvement Act of 2020 (Megabus). She is the VACO Liaison and consultant to 10 Megabus pilot sites, South Central Mental Illness Research, Education and Clinical Center (SC MIRECC) and IPVAP Screening Tiger Team. Prior to joining the VACO team, Dr. Peterson was the IPVAP Coordinator at the Charlie Norwood VA Medical Center in Augusta, GA. During her

tenure at Augusta, Dr. Peterson served Veterans, their families/Caregiver, VA staff and other external customers in various social work program areas including Primary Care, Acute Care, Geriatrics and Extended Care (Community Nursing Home, Adult Day Health Care, Community Residential Care Program, Medical Foster Home, Community Living Center, and Homemaker/Home).

**Ramage, Kaylee, PhD**, is an epidemiologist and mixed-methods researcher, exploring the social and structural factors affecting marginalized women's sexual and reproductive health. She currently works as a Post-Doctoral Research Fellow with Dr. Shira Goldenberg at San Diego State University, studying the sexual and reproductive health of migrant women at the Mexico-U.S. border. In her decade of experience, Kaylee has researched many intersecting social issues affecting women's health, including homelessness, disability, substance use, violence, and trauma, resulting in peer-reviewed publications, academic and community presentations, and community-focused reports.

**Rasmussen, Lucinda, PhD, LCSW**, is an Associate Professor at the School of Social Work at San Diego State University, where she has taught social work practice classes for the past 13 years. She has over 25 years clinical experience in the field of child sexual abuse, with specific expertise in intervening with children and adolescents with questionable or sexually abusive behaviors (and their families). She recently worked for three years as a therapist treating adult sex offenders who were on probation or parole. Dr. Rasmussen's research focuses on risk assessment of sexually abusive youth and children with sexual behavior problems, effects of trauma (sexual abuse, domestic violence, and other types of traumatic experiences). She developed the Trauma Outcome Process Assessment (TOPA) model, a practice model for assessing and treating traumatized children, youth, and adults. Dr. Rasmussen has published several articles in peer reviewed journals on the TOPA model, risk assessment and recidivism of sexually abusive youth, and play therapy with sexually abused and sexually abusive children. Dr. Rasmussen has assisted Dr. L.C. Miccio-Fonseca, Clinical Psychologist and Clinical Researcher in the validation research of an innovative risk assessment tool for sexually abusive youth that Dr. Miccio-Fonseca constructed: The Multiplex Empirically Guided Inventory of Ecological Aggregates for Assessing Sexually Abusive Children and Adolescents Ages 19 and Under (MEGA) and is currently Research Associate to Dr. Miccio-Fonseca.

**Reeves, Melissa, PhD, NCSP, LPC**, is a nationally certified school psychologist, licensed special education teacher, licensed professional counselor, and former district coordinator of social/emotional/behavioral services. She is past president of the National Association of School

Psychologists (2016-17), most recently was an Associate Professor at Winthrop University, and previously worked for the Cherry Creek School District in Colorado. She has over 20 years' experience working in public schools and a private school, in addition to providing mental health services in day and residential treatment settings. She is a senior consultant with Sigma Threat Management Associates, an ONTIC company, and lead author of the South Carolina Department of Education School-Based Behavioral Threat Assessment and Management Best Practice Guideline. Dr. Reeves is co-author of the National Association of School Psychologists (NASP) Prepare School Crisis Prevention and Intervention curriculum.

**Rich, Karen, PhD, LCSW**, has been an Associate Professor of Social Work at Marywood University since 2007. She teaches classes on trauma informed care for MSW students and has worked as a victim advocate for survivors of relationship violence. She has researched the police response to rape reports, dating violence among people with physical disabilities, and sexual assault on college campuses. She is the author of a book on interviewing rape victims, and numerous articles on trauma informed responses to victims of interpersonal violence. She has been a Board Member for NPEIV, was a Chair of its Action Team on Practice and has served since 2012 on IVAT's planning committee.

**Roberts, Erin, PhD, LMFT**, is a faculty member in the Marriage and Family Therapy master's program and Medical Family Therapy PhD program at East Carolina University. She is the Clinic Director at the student training clinic, a family therapy practice that serves the underserved community of Eastern North Carolina. Dr. Roberts clinical and research interests have centered around the treatment of trauma in clinical settings, relationship education, and IPV. Dr. Roberts increased access to affordable therapy at the clinic and focused on preparing therapists in training to do trauma-specific treatment. She is trained in EMDR and has practiced therapy for 15 years. Dr. Roberts was the co-chair of the HHP Prevention Science Initiative on Trauma and Resilience and now co-leads the Resilient Pirate Nation Initiative at ECU. She also co-founded the community group BRACE, which aims to reduce trauma in the community through professional collaboration. In 2021 she won the state NCAMFT training award.

**Rosenthal, Lynn** is the HHS Director of Sexual and Gender-based Violence at the US Department of Health and Human Services where she leads the Department's work to implement the National Plan to End Gender-based Violence and related initiatives. In 2021, Lynn was appointed by Secretary Austin to chair then Independent Review Commission on Sexual Harassment and Assault in the US Military. Lynn served for three years as President of the Center for Family Safety and Healing at Nationwide Children's Hospital in Columbus, Ohio, a



multi-service organization providing child advocacy, maternal health care, and domestic violence services. From 2017-2018, Lynn was the Biden Foundation's Director of Violence Against Women Initiative's. From 2009 to 2015, Lynn was the first-ever White House Advisor on Violence Against Women and a senior advisor to then-Vice President Biden.

**Rosillo, Olivia, LMFT, CCTP, CCATP** is a Licensed Marriage and Family Therapist seeing clients through telehealth in California, where she has her own private practice. Her specialties pertain to trauma, anxiety, and multiculturalism. Originally from Mexico City, Olivia received her BA in Communications at Anahuac University, afterwards pursuing another bachelor's in clinical psychology and a Masters in Family Psychology at the University of Americas. She has over 15 years of teaching experience at both Anahuac University in Mexico City and Iberoamericana University in Tijuana, B.C., Mexico. Olivia has covered topics such as Psychology and Communications. Beyond her clinical and teaching experience, Olivia hosted her own TV show on Televisa Mexico where she discussed several topics related to trauma, social and family violence on the border. She was a member of the Research Center of Social Communication at Anahuac University, conducting research on the effects of media on children's violence and overall human behavior. Olivia was also a Mexican Red Cross volunteer where she developed social service programming around family violence, substance abuse, and social violence. She continued this programming in San Diego, where she has worked with Latino families.

**Sanchez, Amy**, An effective social change leader, fundraiser, spokesperson, and convener, with over twenty-five years producing significant results in the gender-based violence (GBV) field and for diverse organizations. A nationally recognized expert in mission-based organizational development and change. Highly skilled at designing and implementing strategic plans, linking GBV theory with practice, facilitating complex communication processes, and conducting all types of advancement components. Demonstrated track record as a CEO by attracting and engaging industry leaders, executives, and managers to develop and implement equity and inclusion in a strategic vision for the future.

**Saucedo, Randy**, As the director of crime victim services for Intervention, Inc. and creator of the Survivor Empathy Panels, Randy has worked for institutional change on behalf of victims of crime for over 25 years. After graduating from the prestigious Program on Domestic Violence at the University of Colorado, Randy's progressive advocacy has been at the law enforcement, prosecution, community supervision, treatment and legislative levels culminating into being recognized as a court expert witness on domestic violence. The Survivor Empathy Panels has brought together the supervision,

treatment and survivor communities resulting in a program unlike anything else. It has been academically reviewed showing empathy development among domestic and sexual violence offenders and provides healing for survivors of these crimes. The panel show promise in the reduction of recidivism among this difficult supervision populations while having survivors using their experiences in a way that is self-healing.

**Schaughency, Katherine, PhD, MHS**, serves as the Data Scientist within the Headquarters Department of the Army, Deputy Chief of Staff G-1, Army Resilience Directorate, Integrated Prevention Division. In this role, Dr. Schaughency assists in building the Department of Defense's Integrated Prevention Advisory Group (I-PAG) by collaborating with Regular Army, National Guard, Reserve Components, and helping agencies, as well as establishing integrated primary prevention data systems and processes to inform decisions. Dr. Schaughency also serves as a mentor for scientists and provides technical oversight to aid I-PAG implementation across Army Commands, Army Service Component Commands, direct Supporting Units, and individual installations. Dr. Schaughency has been in the field of public health for two decades. She is passionate about epidemiological methods, biostatistics, and their applications to various public health topics and integrated primary prevention. Before joining the Army, Dr. Schaughency served as a research fellow at the National Taiwan University, Academia Sinica in Taiwan (equivalent to the National Institutes of Health in the US), and International Centre for Diarrheal Disease Research, Bangladesh studying infectious diseases such as avian influenza, dengue, and malaria. Additionally, she interned at the Taiwan Centers for Disease Control assisting in the development of surveillance system modules, interned at the Maryland Department of Health analyzing the impact of pollutants on health along the interstate corridor, served as a summer research fellow at the National Cancer Institute developing methods to accurately measure an environmental exposure and its impact on health in rural areas, and served as a data manager at Harvard to build a data infrastructure, provide trainings, and launch a multinational maternal and child health project. During her tenure in the Army, Dr. Schaughency has focused on applying epidemiological methods and biostatistics to behavioral and social health outcomes and supported field studies, program evaluations, epidemiological consultations, and monitoring and surveillances projects. While at the Army Public Health Center, Dr. Schaughency also served on the COVID-19 Task Force and co-developed the Army COVID-19 Model for Epidemics Tool. She received the Armed Forces Civilian Service Medal and the Army Civilian Service Achievement Medal for her work in COVID-19 mathematical modeling.

**Shafran, Amanda, MFA, RYT-500, RPP**, is a somatic art therapy intern at New York Presbyterian Hospital's Family PEACE

(Preventing Early Adverse Childhood Experiences) Trauma Treatment Center (FPTTC) and is currently working toward her certification and degree in Art Therapy from NYU Steinhardt. Previous degrees include a B.A. from CUNY Queens College, an MFA in Design from NYU TISCH (The Dean's Fellowship), Trauma Informed Yoga from Ishta Yoga/ off the Matt and into the world/ Exhale to Inhale, and Somatic from The Embody Lab. Clinical interests include complex generational trauma throughout the individual life span and within the extended family system, wholistic mind/body integration, and equitable representation of culturally sensitive paradigms of care.

**Silsby, Jessica, PsyD**, is the Director of Clinical Training at IVAT for Professional Clinical and Forensic Services. She graduated with a Doctorate in Clinical Forensic Psychology and has gained expertise working with individuals who have extensive trauma. Dr. Silsby maintains a private practice focusing on Dialectical Behavior Therapy, Prolonged Exposure for trauma, and working with gender-expansive youth and adults. Her roles as supervising psychologist extends into the community being active with the San Diego Psychological Association (current Treasurer of the Board), and as a Board Member of the San Diego Psycho-Law Society. Dr. Silsby understands the need to reduce stigma and form a more inclusive, nuanced, holistic view of individuals and the systems in which they exist. Passion for addressing and reducing trauma exposure in clients, community, and future psychologists guides her focus.

**Singer, Pete, MSW, LICSW**, is Executive Director at GRACE, which focuses on abuse prevention and response in faith communities. He is a Licensed Independent Clinical Social Worker with over 30 years' experience across settings. He received his MSW from the University of Minnesota, where he also earned a certificate in Trauma-Effective Leadership. His counseling practice has focused on children who experienced trauma and adult survivors of childhood trauma. He trains and writes regarding trauma-informed practice and staff support in faith, legal, education, healthcare, advocacy, and other fields. He is the author or co-author of three chapters in Springer's Handbook of Interpersonal Violence Across the Lifespan. Other publications include Use of Images during Forensic Interviews of Children Who Have Been Sexually Abused, with Rita Farrell; Wounded Souls: The Need for Child Protection Professionals and Faith Leaders to Recognize and Respond to the Spiritual Impact of Child Abuse, with Victor Vieth; and more.

**Smith, Erinne, MA**, is a Research Scientist and Co-Principal Investigator of the Illinois HEALS project; she works in the Center for Victim Studies, part of the Research and Analysis unit, at the Illinois Criminal Justice Information Authority. Erinne received her MA in sociology from Middle Tennessee State University and her BA in sociology from Cornell College.

Erinne's personal research interests are in human trafficking, reproductive rights, and improving victim services.

**Soffer, Gail**, Founder/Executive Director of Mindful Veteran Project, teaches simple, secular mindfulness tools, empowering people to cultivate their inner strengths, support their own wellbeing, participate in their own healing process, explore new possibilities, and enjoy the highest possible quality of life. Combining decades of multi-disciplinary education, extensive travel, and practical personal experience, Gail constantly fine-tunes her work for maximum accessibility and impact. A counselor for inner city children following riots, movement/dance teacher for blind students, therapeutic arts & crafts workshops provider, manager of a center for blind and autistic youth, and go-to lecturer/services provider for the VA, CalVet, Active Duty bases, Departments of Mental Health, 211, and more, Gail creates outside-the-box programs and customized support systems for military and non-military-connected populations facing challenges to Be Free, Be Well, Be Whole.

**Solis, Enly**, is a California State University of Bakersfield alumni; she graduated with her BA in Liberal Studies. She is currently working on her second AA in Psychology and hopes to obtain her master's in social work. Enly currently works at the Open-Door Network and sits as the Case Manager Supervisor for Domestic Violence, Sexual Assault, and Human Trafficking. Enly has been with The Open-Door Network since 2019 and started as an advocate working directly with clients to provide victim-centered/trauma-informed support, services and resources. Since then, Enly still holds a case load, however, she has been working diligently to expand the department by providing additional services to both sex trafficking and labor trafficking victims as well as improving the services given to those affected by domestic violence and sexual assault.

**Spees, Wayne, (Ret)**, is a 31-year veteran of the San Diego Police Department (SDPD). Mr. Spees is a recognized expert in the response to active shooter tactics. He developed San Diego Police Department's first active shooter response tactics and has trained officers from throughout San Diego County since 2011. Additionally, he created "Response to Active Shooter" training modules designed for public and private sector organizations that emphasize situational awareness and safety measures to help employees increase their chances of survival in such an event. Mr. Spees' professional expertise also includes threat assessment, hostage (crisis) negotiation, site, security, executive protection, and personal safety consultation and training. As an effective and engaging trainer, Mr. Spees has instructed numerous human resources personnel in crisis de-escalation training, teaching crisis communication skills that are invaluable for managing people who are angry, upset, or suicidal in the workplace. Further, Mr. Spees has presented

valuable safety and communications programs to a number of public and private companies in Southern California. Prior to working with clients in both the private and public sector, Mr. Spees has been an instructor for police tactics for 29 years, instructing more than 10,000 officers in subjects such as active shooter response, response to ambush, surveillance and counter surveillance, and officer safety. Mr. Spees also served 9 years on SWAT and 15 years as a Team Leader for the Emergency Negotiation Team for the SDPD and worked protective details for the California Governor's office. San Diego Mayor's office and several celebrities. He has also provided dignitary protection and site security assessments, and worked closely with the US Secret Service, protecting the US President, Vice President, and other high-ranking members of the federal government. Mr. Spees was assigned to the SDPD Criminal Intelligence Unit, where his responsibilities included international and domestic terror groups and threat assessment investigations. As a state-recognized expert in hostage/crisis negotiations, Mr. Spees is a graduate of the FBI's National Crisis Negotiation Course at Quantico, VA. And the Scotland Yard National Hostage/Crisis Negotiations Course at Hendon, England.

**Stefanakis, Harry, PhD**, is a clinical and consulting psychologist in private practice in Vancouver, BC. He has over 25 years of experience facilitating individual and social change with an emphasis on intelligent compassion processes. Dr. Stefanakis has been a visiting expert for the United Nations: Asia and Far East Institute and has provided training and consultation for organization in Canada, the USA, Europe and Asia on the treatment of violence and trauma. He has participated in numerous initiatives on ending violence including the Be More Than A Bystander campaign. He has produced three audio CDs, featured in a hypnosis training DVD and several videos on ending violence. He is the author of CORE Living: 8 Choices for living well, Your Psychological CORE, Through Silence & Ash (a book of poetry), and most recently CORE Hypnosis: A Compassion Informed Therapy.

**Stirling-Cameron, Emma**, is a research assistant and PhD student with the Centre for Gender and Sexual Health Equity in Vancouver, Canada. She holds a master's degree in health Promotion and has expertise in health equity and social determinants of health. Emma's program of research centers on understanding the impact of im/migration status on the sexual and reproductive health and mental health of women and children. Her dissertation work explores the impacts of border policies and immigration detention on asylum-seeking women's health in across Canada and at the US-Mexico border.

**Sullivan, Sarah, MS**, is a Prevention Integrator for the U.S. Army Resilience Directorate's Integrated Prevention Division where she focuses on the prevention of sexual violence. She

advises on projects aimed at evaluating prevention activities in the military and in building the capacity for prevention of harmful behaviors. Ms. Sullivan began her career by responding to those directly impacted by intimate partner violence and sexual violence at the Sexual Assault Response Network of Central Ohio (SARNCO), at the Rape Crisis and Sexual Assault Services (RCSAS) in Augusta, GA, and as the Fort McCoy Sexual Harassment and Assault Response and Prevention (SHARP) Garrison Victim Advocate. The time working in the response field as a Survivor Advocate drove her passion for wanting to get ahead of the issue of sexual violence and focus on ways to prevent the outcome of sexual harassment, sexual assault, and suicide. She has since dedicated her life to preventing sexual violence in the military and the civilian community through her time as a Sexual Assault Response Coordinator (SARC) and now as a Prevention Integrator focused on identifying shared risk and protective factors within the U.S. Army. She is D-SAACP certified, an Applied Suicide Intervention Skills (ASIST) credentialed trainer, a registered Mediator, a trained facilitator, and a Green Dot trainer and has provided crisis advocacy services to child and adult trauma survivors for 15+ years. Additionally, she is a U.S. Air Force Veteran and proudly served as a Cryptologic Language Analyst from 2010-2015.

**Summit, Roland, MD**, is a pioneer in the anti-rape movement when it came to protecting children, along with adult survivors of child abuse. He is highly respected for speaking out for both child and adult survivors when no one else was willing to put their reputations out on the line. Dr. Summit was the medical director of the Community Consultation Service, Clinical Assistant Professor of Psychiatry, Harbor UCLA Medical Center, Torrance, CA; along with being the author of the historic document "The Child Sexual Abuse Accommodation Syndrome", and numerous articles and books on the topic of child abuse. Dr. Summit was a founding member of the boards of directors of Parents Anonymous and the American Professional Society on the Abuse of Children. Dr. Summit founded the Los Angeles County Child Sexual Abuse Project and the UCLA Family Support Program.

**Thom, Gayle**, was honored to work for 10 years responding to violent crime scenes in Tribal communities, assisting victims, survivors, and their families through the investigative and often through the prosecution phases of the criminal justice system. She served on the FBI's nationwide Rapid Deployment and Evidence Response Teams that responded to critical incidents across the country, such as Ground Zero after the 9/11 terrorist attacks, New Orleans after Hurricane Katrina, and the Red Lake Nation school shooting. Gayle was the first FBI direct-service Victim Specialist, implementing the program in what DOJ calls "Indian Country". The program has now grown to 40+ FBI Indian Country Victim Specialists. She also was privileged to

help implement the CAP Crash Assistance Program for the SD Highway Patrol and assisted with developing the first Victim Assistance Academy training for Bureau of Indian Affairs (BIA) Victim Specialists.

**Thomas, Joyce, MPH**, is a pediatric nurse practitioner with over five decades of experience in child maltreatment. She is an expert in cultural competency, child welfare, prevention, and children exposed to violence. She provides consultation on policy issues, training curriculum development, community engagement, and program development. Since 1987, she serves as President/CEO of the Center for Child Protection and Family Support. She has a BS in Nursing from Holy Names University, Oakland, CA, a master's degree from University of CA, School of Public Health, Berkeley and a Pediatric Nurse Practitioner Certificate from Temple University School of Medicine, in Philadelphia, PA. She is a former President of APSAC and currently serves on the Commission to End Systemic Racism and Implicit Bias in Child Maltreatment. She is an Advisor to NPEIV and has Chaired the Public Policy Action Team. She has published numerous peer review articles and has received awards from many national organizations.

**Thomas, K (Kathleen), LPCC**, (they/she), is an educator, community advocate, and trauma therapist in San Diego, CA. They are also licensed professional clinical counselor (LPCC) in the state of California. K has worked with people impacted by sexual and relationship violence since 2010, with a focus in the LGBTQIA2S+ community. During this time, they have worked in many capacities including case management, staffing crisis and emergency response hotlines, shelter services, victim advocacy, and psychotherapy services. Providing services to individuals of varied identities, they have worked with victims of domestic violence, sexual assault, campus sexual and relationship violence, sexual abuse, stalking, and human trafficking. With a background in training and research, K has facilitated trainings within these areas of clinical expertise as well as on topics like vicarious trauma, neurobiology, trauma-informed care, and anti-racism. Currently, K serves as the Associate Director of the LGBTQ+ & Allies Commons at University of San Diego. In this role, they work to increase capacity for Queer and trans students through programming, policy development, and education to the larger campus community. K is also Senior Faculty as the Trauma Resource Institute and facilitates training for the Community Resiliency Model and Trauma Resiliency Model. When they aren't advocating for social justice, K can be found cuddling with their dog, working on house plants, or playing video games with their partner!

**Tineo-Komatsu, Katherine, RYT-200**, is a Licensed Clinical Social Worker and a Registered Yoga Teacher. She graduated with a Bachelor of Arts in Africana Studies from Brown University and a Master of Science in Social Work from

Columbia University. Katherine completed a yearlong certification program in Integrative Harm Reduction Psychotherapy at The New School. Katherine is a Black-Indigenous Dominican born in the Dominican Republic and raised in New York City. She is particularly interested in exploring the various ways of dismantling systems of oppression through decolonization, while finding purpose through communities rooted in anti-racist frameworks and social, environmental, and healing justices. Katherine is currently a Yoga Therapist at New York Presbyterian Hospital's Family PEACE (Preventing Early Adverse Childhood Experiences) Trauma Treatment Center (FPTTC).

**Tinney, Glenna, MSW, ACSW, DCSW, Captain, U.S. Navy (Ret.)** is a consultant on violence against women, social justice, environmental justice, and animal rights and is a Registered Yoga Teacher with 500 hours of training, RYT 500. She has been a social worker for more than 45 years working primarily in violence against women and children. She served in the Navy for 24 years working with military families and managing worldwide family violence and sexual assault programs in the Department of Defense. Ms. Tinney is a member of the Advisory Board for the National Partnership to End Interpersonal Violence. In recognition of her work, Ms. Tinney was selected by the White House as a Woman Veteran Champion of Change in March 2013. In 2019, she received a Lifetime Achievement in Family Violence Advocacy Award from the Institute on Violence, Abuse, and Trauma. Ms. Tinney has numerous publications.

**Tondini, Silvina, JD**, is the founder of Tondini Law APC with principal office located in located in Carlsbad, CA . She is a multi-lingual skilled, immigration attorney with years of legal experience providing counsel and directing individuals and business clients on immigration matters. Ms. Tondini serves clients in California and around the U.S. She is a frequent speaker on a number of immigration law topics at immigration law conferences. Throughout her career, Silvina has managed high-volume, complex, and time-sensitive immigration matters for large, multinational enterprises as well as small to mid-sized companies looking to expand their business ventures overseas. A native of Argentina, she holds a Juris Doctor in Law and Social Science from the Universidad de Mendoza as well as a Juris Doctor of Law from North Carolina Central University and she is licensed to practice law in California, District of Columbia, and Argentina.

**Townley, Shelley**, is a Child Welfare Supervisor with Children & Family Services in Ventura County California. She has thirty years of Child Welfare experience, including supervision of the following programs: Emergency Response, Placement, Children and Family Team Meetings, Emergency Response, Training and the Youth Services Division. In 2017, secondary

trauma and its impact to staff lead to the development of a Peer Support Program. She was nominated by her peers to be one of the first peer supporters and was instrumental in the growth and development of the program. Currently, she is a co leader of Peer Support. The Peer Support Program offers individual peer support, resiliency support groups, mindful meditation groups, a day with therapy dogs. We also helped in the creation of a greater all County Peer Support Coalition with Law Enforcement and Fire to collaborate in major events such as the Borderline shooting and the Thomas Fire.

**Ulibarri, Monica, PhD**, is a Professor in the California School of Professional Psychology Clinical Psychology PhD. Program at Alliant International University in San Diego. Dr. Ulibarri received her B.A. in Psychology from Claremont McKenna College, and her M.A. and Ph.D. in Clinical Psychology from Arizona State University. Dr. Ulibarri's research focuses on health disparities and gender-based violence such as history of sexual abuse, intimate partner violence, and sexual assault among marginalized populations such as people who inject drugs, drug-involved couples, and women and girls exploited by the sex industry. She is a licensed Clinical Psychologist in the state of California.

**Ulloa, Melissa, MA, LCAT, ATR-BC**, is first generation Peruvian American that grew up utilizing art as a form of connection and expression. She completed her Bachelor of Science in Psychology and Minor in Art at Northeastern University. Melissa then completed her MA in Art Therapy at New York University and was a recipient of the Edith and Gov. Herbert Lehman Art Therapy Award. She has a broad range of clinical and research experiences which include interests in language concordant services for Latinx community, cultural considerations and anti-oppression principles, complex trauma, child-welfare system, and ORR. She is a trauma-informed art psychotherapist, child parent psychotherapist (CPP), and EMDR trained therapist at New York Presbyterian Hospital's Family PEACE (Preventing Early Adverse Childhood Experiences) Trauma Treatment Center (FPTTC). She has experience supervising and recently started an internship partnership with New York University's master's in art therapy program.

**Urada, Lianne, PhD, MSW, LCSW** is an Associate Professor/Graduate Social Work Program Director at the San Diego State University School of Social Work. She is global public health faculty at University of California, San Diego. Her research focuses on 4 "H's": Human Trafficking, Homelessness, HIV, and Historical Community Trauma. 1) Funded by the Nemeth Foundation, she examines the prevalence of human trafficking and sexual exploitation among college students in San Diego County and Imperial Valley. 2) She is the Principal Investigator of a National Institute on Drug Abuse grant

addressing opioid overdoses among unstably housed patrons in public libraries. 3) She is developing a historical community trauma measure with East African communities. Dr. Urada is a Licensed Clinical Social Work and has over 45 peer-reviewed publications.

**VanSusteren, Claire**, leads Communications and Special Projects for Laruen's Kids. An EMMY Award-winning producer and 30 Under 30 in Florida Politics alum, Claire has provided public relations, strategic communications, and advocacy consulting services to nonprofits organizations, political candidates, elected officials, and public figures for the past decade - garnering millions of dollars in earned media while organizing and executing statewide bus tours, advocacy events, K-12 curriculum development, best-selling book launches, award-winning communications campaigns, international speaking engagements, and more.

**Vaughan-Eden, Viola, PhD, MSW, MJ**, is a Professor and the PhD Program Director with the Ethelyn R. Strong School of Social Work at Norfolk State University. She is also the President and CEO of UP For Champions, a non-profit in partnership with The UP Institute, a think tank for upstream child abuse solutions. As a clinical and forensic social worker, she has evaluated more than 3000 cases of child maltreatment and serves as a national/international presenter, consultant, and expert witness. Dr. Vaughan-Eden is President Emerita of the American Professional Society on the Abuse of Children, President Emerita of the National Partnership to End Interpersonal Violence, and Past-President of the National Organization of Forensic Social Work. She serves as a Child Welfare Advisor to the George Washington University National Family Violence Law Center. Additionally, she is one of the editors-in-chief of the six-volume 2022 NPEIV Handbook on Interpersonal Violence. See [www.violavaughaneden.com](http://www.violavaughaneden.com)

**Veizovic, Leah, LMSW**, has been working as a social worker in the fields of child welfare and domestic violence victim advocacy since 2007. She has experience as a child welfare services provider, a domestic and sexual assault victim advocate, a therapist specializing in work with adult and child survivors and perpetrators, a men's behavior change program facilitator and as the coordinator of domestic violence training and response for the Department of Human Services in Iowa. Leah first became connected to the Safe & Together Institute during her tenure as state coordinator when she helped facilitate implementation of the Safe & Together Model across the state. She came on board in 2020 as a Resource Development Specialist, creating DV-informed curriculum and practice tools. She now serves as the North America Regional Manager for the Institute. Leah is passionate about equipping professionals with the tools they need to do effective work

with families and to engage in larger agency and systems change.

**Villegas, Alfonso, MFT**, is a Marine Corps retiree and a graduate of the MFT program at APU. Alfonso has over 8 years of hands-on experience supporting our service members and families embedded with the Marine Corps. He is dedicated to the continuing support of our active-duty service members, Veterans, and Military families and will continue to be a conduit to the many resources available.

**Warrior, Sujata, PhD**, is the Chief Strategy Officer for the Battered Women's Justice Project. She trains and provides technical assistance to professionals in variety of systems. For many years she was associated with Manavi, a pioneering South Asian organization in New Jersey and served on many boards including the Asian Pacific Islander Institute on GBV. She has also trained extensively at the local, state, national and international levels on the issue of intersectionality, culture and cultural competency for various professionals and has delivered numerous keynotes. She received her Ph.D. from the Maxwell School of Syracuse University. She has written and published numerous articles. She has received numerous awards including: The Rev. Cheng Imm Tan Visionary Award; AWAKE Award for South Asian Women's Advocacy; the Indian Chamber of Commerce Award honoring Women Achievers and the New York 30 Women Leaders Award.

**Waters, Fran, LMSW, DCSW, LMFT**, is an internationally recognized trainer, consultant, and clinician specializing in childhood trauma, abuse, and dissociation, and has presented extensively on 5 continents. Ms. Waters is author of *Healing the Fracture Child: Diagnosing and Treating Dissociative Youth* (2016) and many chapters and articles on childhood trauma and dissociation. She is also the author of a comprehensive Checklist for Trauma & Dissociation in Youth (CIT-DY) (2020). Ms. Waters is the Past President of The International Society for the Study of Trauma & Dissociation (ISSTD) and served as chair on numerous ISSTD committees. She is a contributing editor of several journals and is recipient of numerous awards from ISSTD, IVAT and American Professional Society on Abuse of Children. Ms. Waters maintains a private practice in Marquette, MI.

**Watson, Betsy, MSW**, is a Child Welfare Supervisor with Children and Family Services in Ventura County, California. She has been in child welfare since 2001 and started her career working in Minneapolis, Minnesota in case management and moved to Oxnard, California in 2005. She has worked as an ongoing case manager, emergency response on dayshift and after hours and has been a supervisor in Emergency Response since 2014. She was nominated by her peers in 2019 to be a peer supporter and was the first supervisor to be nominated to

the team. Currently, she is also a co-leader of the Peer Support program. Betsy believes secondary trauma is something we talk about in Child Welfare but until the peer support program was developed we did not have a uniform way to support staff. The Peer Support program is having an impact and the Director to all of Human Services Agency is looking to implement the program throughout the entire agency.

**Weitensteiner, Ashley, MSW**, is a second-year Ph.D. student at the University of California San Diego and San Diego State University's joint doctoral program in Interdisciplinary Research on Substance Use (IRSU). Her research interests include exploring substance use outcomes among people who have been sexually exploited and substance use-related disparities among unhoused sexual and gender minority populations. Additionally, Ashley's research interests include examining the inequalities faced by racial, gender, and sexual minorities in accessing the benefits of harm-reduction drug policies and interventions.

**White-Soso, Ricka, MSW, LCSW, BIP, CEAT**, is a professional Social Workers in private practice whose special interests are community health issues including interpersonal violence, health disparities, health and wellness, foster and transitional age youth advocacy and public service. She has worked in the behavioral health and social services field for the past 30+ years showing a lifetime commitment to the betterment and health of her community. Ricka's work in earlier years as a group home counselor moved her to further her education, which lead her to the work she does today. She has a wealth of experience working and managing programs in group home, residential, and day treatment, foster/adoption agency, behavioral managed care, hospital and private practice settings with diverse populations from a variety of backgrounds; severely emotionally challenged, abused, chemically dependent, developmentally disabled, persons with chronic medical conditions, foster/transitional age youth, victims of crime, and criminal offenders. She was recently selected to serve as the Clinical Director for the Community Mental Health Hub at Hanna Center. Mrs. White-Soso maintains membership in professional organizations that promote high professional standards, integrity, and social justice. Currently, she is the vice President of the Bay Area Association of Black Social Workers (2022-2024). Ricka received her BA in Psychology and master's in social work from San Francisco State University where she is now a part-time Lecturer Faculty. She holds the following certifications: National Certified Art Therapist, Batterers' Intervention Program Facilitator Certification, Domestic Violence Counselor Certification, Model Approach to Partnerships in Parenting Leader Certification (M.A.P.P.) and Sexual Assault Advocate Certification.

**Williams, Oliver, PhD**, Executive Director of Institute on Domestic Violence in African American Community, and Professor in School of Social Work at University of Minnesota. He is Director of Safe Return Initiative that addresses issues of prisoner reentry and domestic violence. He has worked in the field of domestic violence for more than twenty-nine years. Dr. Williams has worked in battered women's shelters, developed curricula for batterers' intervention programs and facilitated counseling groups in these programs. He provides training across U.S. and abroad on research and service-delivery surrounding partner abuse. Dr. Williams' extensive research and publications in scholarly journals and books centered on service delivery strategies to reduce violent behavior. Dr. Williams received a bachelor's degree in social work from Michigan State University, Masters in social work from Western Michigan University, master's in public health, and Ph.D. in social work from University of Pittsburgh.

**Williams, Sara, PhD, MSSW**, (she/her) is a Research Manager and a certified social worker in the state of Kentucky, where she has been practicing clinically since 2016. Sara is an award-winning researcher in suicide prevention and gender and sexual diversity. Her dissertation research focuses on the intersection of gender and sexual diversity and lived experience of suicide. Her areas of interest have ranged from individual experiences of suicide to social factors contributing to elevated suicide prevalence among gender- and sexually diverse persons. In addition to research, Sara's work involves awareness and training efforts that enhance people's understanding of gender and sexual diversity and improves suicide risk assessment and management services. She provides suicide prevention trainings for community members and works closely with the State Suicide Prevention Coordinator on prevention efforts. Sara also serves on many suicide prevention and diversity boards and committees.

**Willis, Dan**, served as a police officer for the La Mesa Police Department near San Diego for 30 years as a SWAT Commander, crimes of violence/sexual assault/child molest and homicide detective, Wellness Unit Coordinator and Peer Support Team Leader. He is a graduate of the FBI National Academy where he studied emotional survival, trauma, and wellness. He has provided emotional survival and wellness training in 35 states and in Canada to over 7,000 peace officers (police, fire, corrections – federal, state, and local) including at the FBINAA. He is an instructor with the National Command and Staff

College and the International Academy of Public Safety. His wellness guidebook, *Bulletproof Spirit*, is required reading at the FBI National Academy and has won two national awards.

**Wong, Sik-Lam, PhD, MA**, is a psychotherapist, a researcher, and a pioneer in the Flash Technique (FT). He has an early interest in groups for low-intensity trauma intervention. His first paper was on a divorce recovery group using EMDR-IGTP. He also published the first paper on an FT group for substance abusers in a homeless shelter. Dr. Wong led groups for victims of the Santa Rosa Fire in 2017; and under the TRN of Northern California, for victims of the Paradise Fire in 2018. He has taught FT to master-level social work students at California State University, East Bay, since 2020.

**Yorke, Nada, LCSW**, and owner of Yorke Consulting and Correctional Counseling for change. During the past forty years she has worked in the criminal justice system as a probation officer, victim advocate, domestic violence expert witness and trainer for law enforcement, victim advocates, and other court personnel. She has over twenty years of experience, specifically in the field of domestic violence. Ms. Yorke has implemented batterer intervention groups in a maximum-security prison and local community programs using her research informed curriculum in both men's and women's editions. She has spoken to international audiences of therapists, forensic counselors and law enforcement personnel about the issues concerning domestic violence and the value of working with perpetrators to stop the intergenerational cycle of domestic violence. Ms. Yorke provides basic and advanced training for facilitators of abuse intervention programs and trains probation officers and other evaluators how to effectively assess and monitor batterer intervention programs.

**Zukowski, Melissa, MD, MPH, FACEP, FAAP**, is dual board-certified in emergency medicine and pediatrics. She completed her residency in emergency medicine in 2012 and has continued to work in this area. She is currently the Medical Director of the Adult Emergency Department at Banner UMC Hospital, and a Clinical Associate Professor in the College of Medicine. As part of this role, she is the Co-medical director for the Banner Sexual Assault, Forensic Examination & Treatment (SAFE-T) program. Dr. Zukowski is also highly involved with sexual assault and child abuse work at the Children's Advocacy Center of Southern Arizona.

## SPEAKER INDEX

Speaker Name	Sessions
Ackerman, Alissa	Opening Plenary, C1
Ahmed, Dilkhwaz	B4
Alexander, Apryl	B9
Antle, Becky	F8, I10
Ashcraft, Amy	J10
Austensen, Lauritz	H2
Babcock, Julia	B6, D5
Barbee, Anita	I10
Barber, Michele	C8
Barrett, Mary Jo	B2, H3, I9
Beck, Jamie	C7
Berman, Pearl	F8, H3, J8
Bhuptani, Prachi	G10
Blair, Allen	C9
Bonelli, Joy	F9
Book, Lauren	B2, D2
Briggs, Amanda	C9
Brown, Christina	F9
Bruce, LeAnn	A8, B10
Buchanan, Raquel	A11
Burner, Heather	F3
Bussey, Jane	B4
Callahan, Casey	C3
Canallis, Gregory	G1
Capuano Morrison, Sandi	Opening Plenary, Roundtable Plenary, G2, H3, Closing Plenary
Chankin, Lea	B9
Chapman, Cynthia	A9
Chiocca, Ellen	A2
Cobb, Willie	A4
Connors, Kevin	B1, F1, H4
Cowardin-Lee, Nanette	D3
Crome, Sharonda	F4
Daphna-Tekoah, Shir	B1, F2
Davis, Connie	I8
Devitt, Kristen	G8, H2
Dorian, Marina	A11
Douglas, Emily	F3
Ducote, Richard	B3, H5
Duran, Jorge	B10
Eaddy, Jamie	C4
Egger, Shelli	I6
Eidlitz, Chloe	A6
Elkanick Oder, Amanda	I6
Espelage, Dorothy	B11, G11
Espinoza, Sandra	D4
Evans, Rocio	D11
Fagundes, Meghan	D9
Farrell, Rita	J9
Farzaneh, Ida	D4



Fletcher, Maria Jose	B4, G7
Frey, Jason	J7
Galbraith, Karen	J11
Garrick, Jacqueline	D3
Geffner, Robert	Opening Plenary, B3, Roundtable Plenary, H5, J1, Closing Plenary
Gilchrist, Elizabeth	AT2, B6, C5
Gonzalez, Evelyn	I7
Gordon, Mollie	F7
Grassel-Krietlow, Tanya	A10
Gustavson, Kristen	G1
Gutierrez, Nicole	D4
Hager, Mahshid	B4
Hawkins, David	C6
Hertica, Michael	H4
Hill, Chelsea	F4
Hoult, Jennifer	B3, H5, J1
Ingram, Tyana	I8
Joel, Adam	A6
Johnson, Michael	H4, I2
Jones, Arvis	H3
Kasper, Janine	I8
Khayr, Yasmeen	C3
Knetig, Jennifer	J10
Kramer-Brenna, Suzanne	D1
Krout, Abby	A8
Lawrence, Randy	D7
Lee, Frandrea	I10
Levittan, Michael	A3, D6
Liese, Bruce	C11
Lipson, Glenn	H2, I3
Littleton, Heather	B8, G10
Logsdon, Ashley	F8, I10
Lopez, Elise	A9
Maillet, Kiana	Roundtable Plenary, H1
Mason, Cassandra	J4
Mathews, David	A11, I5, J2
McAmis, Nicole	B7, D7
McLean, Maralee	H5
Meloy, Reid	G3, H2
Miccio-Fonseca, L.C.	AT1, B9, G9
Miller, Venica	F4
Miller Perrin, Cindy	A2
Minogue, Amanda	F8
Mitchell, Bettye	J8
Monje, Katlyn	A9
Morgan, Wendy	C10
Morita, Cindy	I8
Muhammed, Mildred	B6
Murray, Esther	C10
Nguyen, Phuong	F7
Nsilulu, Andreana	I10
Oakley, Melinda	B6
Olowu, Angelita	J6
Oltmans, Anette	C6, G5

Omilian, Susan	I8
Orchowski, Lindsay	G10
Pancer, Cynthia	I4
Papke, Katie	J10
Pashdag, Joanna	C10
Patrick, Wendy	B7
Paul, Carrie	J3
Perrin, Robin	A2
Peterson, Natalie	A8
Ramage, Kaylee	G4
Rasmussen, Lucinda	B9, G9
Reeves, Melissa	G8
Rich, Karen	A9, B1
Roberts, Erin	I10
Rosenthal, Lynn	Closing Plenary
Rosillo, Olivia	H1
Sanchez, Amy	A1
Schaughency, Katherine	C8
Shafran, Amanda	F6
Silsby, Jessica	B11, I11
Singer, Pete	J9
Smith, Erinne	J11
Soffer, Gail	D10
Solis, Enly	I7
Stefanakis, Harry	C11
Stirling-Cameron, Emma	C6
Sullivan, Sarah	C8
Summit, Roland	H4
Thom, Gayle	A10
Thomas, Joyce	B8, C2, Roundtable Plenary
Tineo-Komatsu, Katherine	F6
Tinney, Glenna	B7, F11
Tondini, Silvina	J7
Townley, Shelley	F10
Ulibarri, Monica	H1
Ulloa, Melissa	F6
Urada, Lianne	A7
VanSusteren, Claire	D2
Vaughan-Eden, Viola	B2, D8, H5
Veizovic, Leah	F5
Villegas, Alfonso	B10
Waltower, Dante	B5
Waltower, Dominique	B5
Waltower, Skip	B5
Warrier, Sujata	A1, Roundtable Plenary, H1, I1
Waters, Frances	B1, G2, H3
Watson, Betsy	F10
Weitensteiner, Ashley	A7
Williams, Oliver	B5
Williams, Sara	F8
Willis, Dan	B10
Won, Sik-Lam	G1
Yorke, Nada	A5, B5
Zukowski, Melissa	A9

# In Loving Memory of Andrew Phelps



November 29, 1944 – February 2, 2023

We speak different languages, using the same vocabulary. Your words contain more than ordinary meaning. You speak in codes, poetry, and symbols, that hold deep, complex ideas, knowledge, and memories. Taking great pains to break down the ethics, values and visions contained in your language, you teach me history, philosophy, psychology, mathematics, and the essence of Andrew. Integrating your vast academic knowledge with your traumatic, painful, and frightening life experiences is a remarkable feat.

Your wish to achieve psychological and emotional connection moves you to strive for continued deepening of our relationship through our process of translation of our linguistic, educational, and cultural differences. When frustration and impatience are brought on by the difficulty of authentic communication, you are able to maintain your vision and continue to teach me.

Among your many obligations, your highest commitment is to “Social Construction with Human Kindness.” You want to change the world. On behalf of yourself and others, you seek, not only tolerance, but acceptance, and you push through to respectful inclusion. As a teacher of higher learning, you believe that all people have madness, and that madness is a verb. Our friendship is bonded by your unique experiential knowledge, and insight gained from living through violence, abuse, and trauma.

Your vision is grander, yet. All of humanity needs to value and embrace a paradigm shift philosophically, socially, economically, and psychologically. Your keen sense of the current global reality, informs your foresight, which inspires your desire and offering of kindness. The language of your persona includes the past, present, and future of your life, along with a broad overview of humankind. You get up every morning bearing the weight of your knowledge as you pursue your vision.

The rich insight, intelligence, and kindness, unique to you, will be deeply missed by those of us who follow similar visions. Your legacy is the devotion and love you expressed, as we emulate it, in our quest.

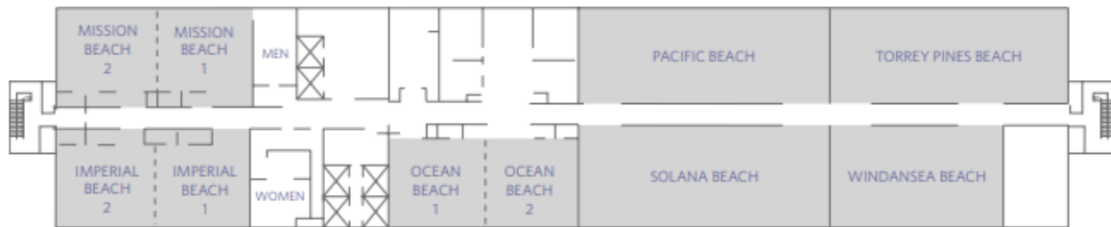
- Lynne Stewart



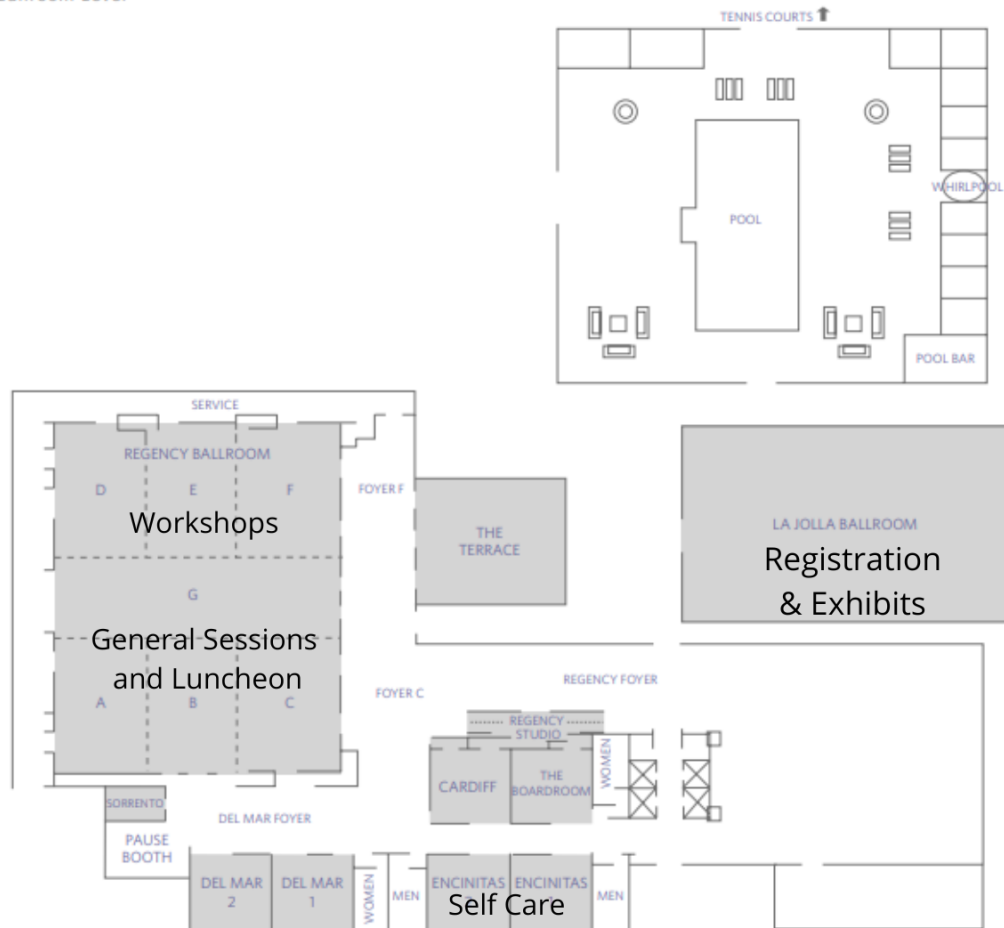
# Hyatt Regency La Jolla Summit Locations

FLOOR PLAN  
Second Floor—Beach Level

## Workshops



First Floor—Ballroom Level





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