



Nutrition Coaching Agreement

Between Registered Dietitian and Client:

Congratulations on making this exciting decision to take charge of your health! I am so excited to be your nutrition provider in this journey. You are making a great choice in learning more about your health, which will pay tenfold in your future. Be proud of yourself for making this big step forward!

In working together, we will have certain expectations of each other to get the most success in reaching your health and nutrition goals. This agreement lays out the responsibilities for both of us to ensure that we have a successful relationship and do our best to get you towards your health goals.

PAYMENT

You are responsible for bringing accurate payment at the start of every session. All services may be paid with cash, check, credit card, Health Savings Account or Flexible Spending Account cards at the time of service. Should a personal check bounce back to us, any accrued banking fees will become your responsibility.

Beyond Nutrition Co, LLC requires that you provide credit card information to be held on file. In signing this agreement, you authorize payment for scheduled appointments at the start of each session. This agreement is valid for one year. If the credit card on file declines, the balance will automatically be pushed over to a collection's agency after 60 days from the scheduled date of service.

CANCELLATION POLICY

Keeping your regularly scheduled visits will allow for the best outcomes in your nutrition care. We request that all appointments you cannot make are canceled at least 24 hours in advance of your appointment to avoid a \$100 cancellation fee. This is necessary because a time commitment is made to you and is held exclusively for you.

Beyond Nutrition Co, LLC respectfully understands that things come up that are out of your control, so should you need to cancel your visit within 24 hours the first time will be waived. Subsequent late cancels will be charged at the rate of \$100 per session regardless of appointment type or length of visit.

If you need to cancel your appointment within 24 hours of your appointment, please send an email to beyondnutritionco@gmail.com, otherwise please cancel through your electronic email/text confirmation. We cannot accept cancellations or messages via text or practice better messenger.

Appointments are expected to start promptly at the booking time. If you are running late to a scheduled appointment, please call or email the practice so that the dietitian can be notified. The dietitians will wait 15 minutes from the scheduled start time before canceling your appointment. The appointment will be canceled and charged as a no show unless appropriate communication is made to the practice.

A no-show is defined as any appointment with the Client not signing in within the first 15 minutes of the scheduled session. No-shows will be charged the full out-of-pocket fee for their appointment. There is flexibility for emergencies and is provided at the practitioner's discretion.

Appointments are booked on a first come, first served basis. It is your responsibility to ensure that you are keeping up to date with scheduling visits per your dietitians' recommendation to avoid being unable to book at your desired appointment time.

PRIVACY

Client information and records are confidential unless Beyond Nutrition Co practitioners receive your advance written permission to disclose except as required by law. All of our conversations and information exchanged is confidential under HIPAA code.

All communication is conducted through Practice Better services. I understand that all email, text, and phone conversations may not be secure.

Beyond Nutrition Co, LLC Privacy practices can be accessed at thebeyondnutritionco.com It describes your rights and your dietitian's uses and disclosures related to your protected health information. You may request a copy of this notice for your reference.

CLIENT RESPONSIBILITIES

You understand that Beyond Nutrition Co services are nutrition coaching sessions. Our practitioners provide nutrition education to enhance your knowledge of health as it related to food and behaviors associated with eating. You understand nutrition coaching is not a substitute for the diagnosis, treatment, or care of disease by a medical provider.

Nutritional assessment is not intended for the diagnosis of disease. But rather, serves as a guide to developing an appropriate health-supportive program and to monitor progress in achieving your goals.

You agree to cooperate in completing questionnaires/food logs/other assessment material on a timely basis so productive coaching can occur. You know as a client you are responsible for the actions you take. You have the sole responsibility to contact your physician for approval for participation in coaching if coaching is for health reasons. You recognize that any activity in which problems/life situations are discussed bears some risk, which you the Client agree to accept in its entirety. You agree to hold harmless and indemnify Beyond Nutrition Co, LLC, its officers, directors, agents and representatives from any liability whatsoever resulting from your participation in coaching activities, including but not limited to medical expenses. You accept the risk of any decision, action or outcome based on the coaching relationship. You acknowledge that expectations and results or participation in coaching activities vary among individuals and that each individual may not receive the same benefit.

COACH

Jessica Heckroth RD

CLIENT

x _____

Date: _____