

Myatts Field North Community Centre Timetable: September 2024



Monday	Tuesday	Wednesday	Thursday	Friday
2 Family Zumba: 11-12.30pm Family Martial Arts: 4-5, 5-6pm Youth Multisport: 5-7pm Yoga with Maria: 7-8pm	3 Community Pantry: 10-1pm Low Cost Lunch: 12.30pm Exceed Reading: 1.30-5pm Youth Club: 5-6.30pm Youth Leadership: 6.30-8.30 Muay Thai: 6.30-8pm	4 Jewellery Making: 9.30-1pm Family Athletics: 10.15-11.15 Home Ed Hub: 12.30-3pm Knitting with Annette: 4.15-6.15pm Rollerskating: 7.15-9.15pm	5 Age UK Magnolia Club: 1.30-4.30pm Breakdancing: 7-9.30pm	6
9 Breakfast Club: 7.15-8.45 Family Zumba: 11-12.30pm Homework Club: 3.30-6.30 Family Martial Arts: 4-5, 5-6pm Youth Multisport: 5-7pm Yoga with Maria: 7-8pm	10 Breakfast Club: 7.15-8.45 Community Pantry 10-1pm Low Cost Lunch 12.30pm Homework Club: 3.30-6.30 Youth Club: 5-6.30pm Youth Leadership: 6.30-8.30 Muay Thai: 6.30-8pm	11 Breakfast Club: 7.15-8.45 Jewellery Making: 9.30-1pm Family Athletics: 10.15-11.15 Book Garden: 11-5pm Homework Club: 3.30-6.30 Knitting with Annette: 4.15-6.15pm Rollerskating: 7.15-9.15pm	12 Breakfast Club: 7.15-8.45 Book Garden: 11-5pm Age UK Magnolia Club: 1.30-4.30pm Homework Club: 3.30-6.30 Breakdancing: 7-9.30pm	13 Breakfast Club: 7.15-8.45 Book Garden: 11-5pm Homework Club: 3.30-6.30
16 Breakfast Club: 7.15-8.45 Family Zumba: 11-12.30pm Homework Club: 3.30-6.30 Family Martial Arts: 4-5, 5-6pm Youth Multisport: 5-7pm Yoga with Maria: 7-8pm	17 Breakfast Club: 7.15-8.45 Community Pantry 10-1pm Low Cost Lunch 12.30pm Book Garden: 11-5pm Homework Club: 3.30-6.30 Youth Club: 5-6.30pm Youth Leadership: 6.30-8.30 Muay Thai: 6.30-8pm	18 Breakfast Club: 7.15-8.45 Jewellery Making: 9.30-1pm Family Athletics: 10.15-11.15 Book Garden: 11-5pm Homework Club: 3.30-6.30 Knitting with Annette: 4.15-6.15pm Rollerskating: 7.15-9.15pm	19 Breakfast Club: 7.15-8.45 Book Garden: 11-5pm Age UK Magnolia Club: 1.30-4.30pm Homework Club: 3.30-6.30 Breakdancing: 7-9.30pm	20 Breakfast Club: 7.15-8.45 Book Garden: 11-5pm Homework Club: 3.30-6.30
23 Breakfast Club: 7.15-8.45 Family Zumba: 11-12.30pm Homework Club: 3.30-6.30 Family Martial Arts: 4-5, 5-6pm Youth Multisport: 5-7pm Yoga with Maria: 7-8pm	24 Breakfast Club: 7.15-8.45 Community Pantry 10-1pm Low Cost Lunch 12.30pm Homework Club: 3.30-6.30 Youth Club: 5-6.30pm Youth Leadership: 6.30-8.30 Muay Thai: 6.30-8pm	25 Breakfast Club: 7.15-8.45 Jewellery Making: 9.30-1pm Family Athletics: 10.15-11.15 Book Garden: 11-5pm Homework Club: 3.30-6.30 Knitting with Annette: 4.15-6.15pm Rollerskating: 7.15-9.15pm	26 Breakfast Club: 7.15-8.45 Book Garden: 11-5pm Age UK Magnolia Club: 1.30-4.30pm Homework Club: 3.30-6.30 Breakdancing: 7-9.30pm	27 Breakfast Club: 7.15-8.45 Book Garden: 11-5pm Homework Club: 3.30-6.30
30 Breakfast Club: 7.15-8.45 Family Zumba: 11-12.30pm Homework Club: 3.30-6.30 Family Martial Arts: 4-5, 5-6pm Youth Multisport: 5-7pm Yoga with Maria: 7-8pm				

All activities are free unless in bold. Further details can be found at regentermattsfieldnorth.co.uk/events. Every effort has been made to ensure this timetable is accurate, but changes and cancellations do sometimes happen.

To confirm an event is going ahead, or for other enquires, suggestions or collaborations please contact: sam.mason@pinnaclegroup.co.uk or 020 3771 0135



AGE UK Magnolia Club: A social group for older people, free refreshments, companionship and support, with Age UK Lambeth

Book Garden: Pop-up charity bookshop. Quality, low-cost books, diverse authors and styles, raising funds for local charities

Breakdancing: Lessons with legends SunSun and Lil' Tim. £7 per class, £6 prebooked

Breakfast and Homework Clubs: Run local teachers, includes school pick up and drop off www.aspirationalkids.co.uk/

Community Pantry: High quality, low cost food, in partnership with Healthy Living Platform, £5 membership

Family Martial Arts: Fitness classes for parents, carers and children to squeeze in a workout together after school

Family Athletics: Learn and explore how to run, jump and throw together, making friends and developing coordination

Family Zumba: a fun, easy dance workout for pregnant women and new mums wearing their baby in a sling or baby carrier, stay for coffee!

Health and Wellbeing Bus: Drop in with health professionals, including blood pressure checks, BMI checks and jabs, google 'Lambeth Health and Wellbeing Bus' for the schedule

Home Ed Hub: A self directed learning and social space for young people and families, with weekly child led workshops, games and classes.

Jewellery Making: Resident led jewellery making classes, to register or for more details, please contact Anita on: djacks23@hotmail.co.uk

Knitting with Annette: Learn all the basic skills and get started on your own project, led by resident volunteer Annette. Term time only.

Low Cost Lunches: Pay-what-you-can healthy lunches from HLP at the community centre café. Free to those who need, £3 for those who can afford it.

Muay Thai: Martial arts and combat sports led by local personal trainer Chigs. 14yo+, £10 per class. Please bring your own gloves

Rollerskating: Learn to skate courses. More info here: www.isleofskating.com/roller-skating-skills

Yoga with Maria: Powerful vinyasa practice. Different themes each month, all levels welcome and modifications offered throughout. £10 per class

Youth Club: A social space for young residents aged 8-12, including board games, arts and crafts and gaming with Fight4Change

Youth Leadership Session: Free developmental coaching for young adults, with multisports, volunteering, CV writing, mentoring, workshops and trips out with Fight4Change

Youth Multisport Coaching: A lively, fun sports session for young residents aged 12-16, at the community centre and Myatts Field South with Fight4Change

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