

FROM THE DIARY

Sun 7th Mar 3rd Sun of Lent	6pm (Sat Vigil) <i>The People of the Parish</i> 7.45am <i>Keith Caraballo RIP</i> 9am <i>Kathleen Butler RIP</i> 10.30am <i>Bridie Moynihan RIP</i> 12noon <i>Alice McDermott RIP</i>	3.30pm (Polish)
Mon 8th Mar Lent feria	9.30am <i>Daphne & Kirstie Mitchell RIP & Tony & Hannah's Ints</i> 1-3pm Individual Private Prayer	
Tue 9th Mar Lent feria	9.30am <i>Kathleen Reilly RIP</i> 1-3pm Individual Private Prayer 7pm <i>Lent Talk: The Cross—Could You Watch It?</i> Online Only	
Wed 10th Mar Lent feria	9.30am <i>Bridget Moynihan RIP</i> 11am Funeral of Teresa Harrington RIP 1-3pm Individual Private Prayer	
Thu 11th Mar Lent feria	9.30am <i>Rose De Sales & Regina Mascarenhas (Snr) RIP</i> 1-3pm Individual Private Prayer	
Fri 12th Mar Lent feria	9.30am <i>Corrado Grassini & Robert Vamos RIP</i> 1-3pm Individual Private Prayer	
Sat 13th Mar Lent feria	9.30am <i>Sidonio Henriques RIP</i> 2-4pm Individual Private Prayer	
Sun 14th Mar 4th Sun of Lent	6pm (Sat Vigil) <i>Edward Carlin RIP</i> 7.45am <i>The People of the Parish</i> 9am <i>Michael & Brigid Gibbons RIP</i> 10.30am <i>Fabio Negri RIP</i> 12noon <i>Salvatore Borzillo RIP</i>	3.30pm (Polish)

Please inform Fr Mehall of Catholics from the parish who would like to be contacted.

MASS TIMES

Sunday (Sat 6pm), 7.45am, 9am, 10.30am, 12noon, 3.30pm (Polish)

(There is no Sunday evening Mass until further notice.)

Mon-Sat : 9.30am

Following Diocesan guidelines, it is compulsory to:

- * Use hand sanitiser provided in the porch before entering the church.
- * Wear a face covering over nose & mouth; Be guided by Stewards
- * Social Distance 1m+

St Monica's Church, Palmers Green

A parish of the Roman Catholic Diocese of Westminster

Newsletter

THIRD SUNDAY OF LENT

7th March

2021

Jesus in the Temple: The Gospel about anger

I read something where the writer compared anger to nitroglycerine. Nitroglycerine is an unstable liquid which in paste form, becomes safer and is made into dynamite. In very small amounts however, nitroglycerine, is what is given to heart patients, to keep their hearts beating. It dilates blood vessels. So, when someone's blood vessels become constricted, causing a crushing chest pain (angina), the person takes the little pill, widening the arteries again, allowing the blood to flow and goes, "Ah, relief!" Anger, like nitroglycerine, is in itself neutral; it's not good or bad. What matters, as we can see, is 'how we use it.' The sin is when we become angry over the wrong things. As a non-driver, I am constantly amazed how normally calm people get so angry with fellow drivers; fortunately for me I have only been driven by angry, yet perfect drivers. Or many people will get angry when someone else gets the credit at work, for something they feel they have done. People get angry at children when they are too noisy and people with their loved ones, because they don't live up to their expectations! These are different from people like Martin Luther King or Nelson Mandela, who got angry with racial discrimination. Or those who get angry with extreme injustice and poverty, like Ghandi. Finally, who doesn't get angry when they see children suffer as a result of abuse? These latter examples are of the sort of anger Jesus showed when he was angry in the Temple. This is 'righteous anger', which is a reaction to injustice. This type of anger is positive, in that it motivates us to act, to do something about it. This is very different from the other sort, which causes so much pain and hurt. As Aristotle said, "Anyone can get angry. But to be angry with the right person, to the right degree, at the right time, with the right purpose . . . that is not easy!"

Fr Stewart

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email: palmergreen@rcdow.org.uk Website: www.stmonica.co.uk

Live Streaming of all services: www.churchservices.tv/palmergreen

Parish Priest: Fr Mehall Lowry Assistant Priest: Fr Stewart Hasker

Parish Sister: Sr Joyce Dionne 07940 500908 Youth Co-ordinator: Anna McMullan 07532 374291

Parish Safeguarding Officer: Jo Day palmergreensg@safeguardrcdow.org.uk

Parish Secretary: Monica Maxted Jones Polish Chaplain: Fr Maciej Michalek

Parish Office hours: 9.30am-2pm Mon, Tue, Thu, Fri (closed Wed)

PARISH NOTICES

We pray for all those who have died recently: Teresa Harrington, Carmel Lacharmante, Ted Southam, Beatrice Efedua and for **those whose anniversaries occur at this time:** Joseph Bedier, Edmund Corbett, Eva Ruffini, Brendan O'Connor, Margaret King, Irene Findlay, Joseph King, Peter Sculpher, Ellen Campbell, Elizabeth Twaites, Moira Bradley, Michael Kelly, Peter Scully, Mitzi Hawes, Anne Pope, Josephina Chiappa, Jeanne Zanelli, Niall O'Connor. **Please Pray for all Sick and Housebound Parishioners, especially those in our care homes:** Abbeydale, Amberley House, Anastasia Lodge, Beaumont, The Conifers, The Hollies, Minchenden Lodge, Queen Ann Care, Woodlands, Elizabeth Lodge and **hospitals:** North Middlesex and Chase Farm. Also Bianca Nieto-Cygan, Susan Bonn, Mary McKinney, Caroline Noronha, Frank Tecza, Bernard & Beryl Moger, Ailsa Mosquera, Alizira Fernandes.

READINGS FOR THIS SUNDAY

Ex 20:1-17, 1 Cor 1:22-25, Jn 2:13-25

READINGS FOR NEXT SUNDAY

2 Chron 36:14-16, 19-23, Eph 2:4-10,
Jn 3:14-21

ACT OF SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

CHURCH OPEN FOR MASS

The church is open for people to attend Mass and Private Prayer, subject to the usual protocols of Track & Trace, hand sanitising, social distancing and wearing of face coverings. There is no obligation to attend Mass during this pandemic and all Masses are live-streamed at: www.churchservices.tv/palmersgreen.

SACRAMENTS

Confirmation 2020 The remaining candidates have their Confirmation rescheduled for Saturday 24th April. Please keep this cohort in your prayers.

First Holy Communion 2021 *

Confirmation 2021 *

*You should have received an email from Anna; if not, check your junk mail and contact annamcmullan@rcdow.org.uk

Reconciliation Available on request during Lockdown only if grave necessity.

Baptism & Marriage Performed only if there is grave necessity. Rule of 6 applies.

ANNIVERSARIES OF THOSE WITH NO REQUIEM DUE TO COVID-19

Names of those who were unable to have a requiem Mass in church due to Covid-19 restrictions last year will be read out at all Sunday Masses in the week of their forthcoming anniversary.

PARISH GROUPS

Free Food distributed by the parish every Monday from 3pm Please share this information with anyone in need. Donations (dried pasta, rice, biscuits, tins of: fish; soup & vegetables) welcome and can be left under the canopy of the Large Hall front doors on a Monday, 11am – 1 pm.

LENT

Novena to St Joseph will be prayed before Mass between 10th—18th March during this special 'Year to St Joseph', patron saint of Westminster Diocese. <https://www.praywithme.com/prayer-to-st-joseph.html>

Lent Talks by Fr Stewart continue on Tuesdays at 7pm: 9th, 16th & 23rd March. They can be watched online only at www.churchservices.tv/palmersgreen. *Due to Covid restrictions, people cannot attend in person and the church will be closed.*

OTHER

Beatrice Efedua RIP Funeral at St Charles Borromeo on Tuesday 9th March. Please pray for her and her family.

The Universe/Catholic Times The newspaper will no longer be on sale in the porch, but let The Universe come to you! It can drop through your letterbox for just £99/year, or be downloaded weekly to your tablet or smartphone for just £55/year. Or have both and save 25% off the digital edition and get that edition free until Easter. The Universe/Catholic Times is packed full of news and features and it's a great way of keeping in touch. This is a limited offer. The earlier you order, the more free downloads you get. Contact Andrea on 07375 397312 or 0161 820 5722 andrea.black@thecatholicuniverse.com

Kanyike Project Copies of the latest newsletter are available in the porch and on their website: www.kanyikeproject.org.uk

North London Hospice - Big Fun Walk Due to the pandemic, instead of hosting our own walk on an 8 1/2 mile guided route, we are giving you the chance to do the walk you love, your way, during the weekend of 19/20th June. Over 800 supporters took part in 2020, raising an amazing £84,000. So join us this year to make the event an even bigger success and help us provide vital care for our patients! Don't miss our early bird offer! Sign up before 26th March and get your ticket(s) and goody bag at a discounted price. <https://bigfunwalk.co.uk/>

Job Vacancies St Richard Reynolds are recruiting for MFL and Maths teachers. Please see their website for details.

Permanent Diaconate Come and See Men interested in finding out more about the permanent diaconate are invited to a 2-hour session on Saturday 17th April at St Edward the Confessor, Golders Green or Sat 22nd May in Radlett or 19th June at Vaughan House. Prior booking is required. Wives welcome. For further details contact Deacon Adrian Cullen adriancullen@rcdow.org.uk

FINANCE

21st & 28th Feb Envelopes £1242; Loose Plate £894; Cafod £260.

Gift Aid If you have previously signed up to Gift Aid your donation to the church, but are no longer a UK taxpayer, please inform the parish office this week. Thank You.

200 Club Winners in the February draw: 1st Barbara Edwards Connaughton £144; 2nd Sandra Mortimer £108; 3rd Pauline Monaghan £72; 4th Margaret Carey £36. If you would like to become a member of the 200 Club for a subscription of £5/month, please contact the parish office.

Giving by Standing Order If you would like to give to the parish by regular standing order, please use the following details: Bank: **HSBC**; A/c no: **41096176**; Sort Code: **40-05-20**; A/c name: **WRCDT Palmers Green** and give your surname as a reference.

Gift Aid If you would like to gift-aid your donation (and are a UK taxpayer) please download a form from the parish website, or ask for one to be sent to you.

Cardinal's Lent Appeal Please take an envelope, or donate online via the rcdow.org.uk website.

Thank you again for your generosity. *Chair of Finance Committee*

Cardinal's Lenten Appeal Cardinal Nichols thanks you for your generous support for the Cardinal's Lenten Appeal, especially throughout the unprecedented events of 2020. Your donations help fund initiatives in parishes, schools and charities in three mission areas which are more critical than ever. **Marriage and Family Life:** enriching and supporting marriages, the essential building block of society and the Church. **Youth and Evangelisation:** helping young people, the future of the Church, as they grow in their relationship with God and deepen their Catholic faith. **Caritas Westminster:** putting our faith into action by serving those in need. **Education Service:** supporting our schools. This year, the Cardinal is asking us to think about families who are struggling to put food on the table. Poverty is deepening across our Diocese and the need for foodbanks and supermarket vouchers has accelerated. Through your generosity we're continuing to provide food for those people most in need. Please take a donation envelope. You can use the QR code to make your donation online. Thank you for your generosity.

CAFOD prayer during the pandemic:

Loving, ever-living and compassionate God,
You understand the pain of loss, the heartache of bereavement,
May we hold in our hearts all those whose families or friends have died.
You are a light that shines in the darkest times,
Guide us and heal us in our sickness and sorrow.
You comfort us in times of fear,
May we comfort each other, even as we keep apart.
You console and lead us in times of doubt and confusion,
May we follow the light of your love and spread hope.
You move our hearts to acts of generosity,
May we be led to share what we have with those in need.
God of life,
We thank you for the signs of your light in the midst of our darkness,
May we be signs of your compassion in the heart of your world.
Amen

Sacrament of the Sick This healing sacrament is widely celebrated these days and it is no longer associated solely with the last rites. Contact one of the Parish Team as soon as possible if you or one of your household is ill at home or has become housebound. Members of the Parish Team and Eucharistic Ministers bring Holy Communion regularly to people at home. If you are going into hospital you should state on entry that you would like your details to be passed on to the Roman Catholic chaplain, who will then visit you.

Mass intentions to be celebrated at St Monica's Church A Mass can be booked in person or 'phone after 10am on the first working day of each month (eg for a Mass intention during June, attend or 'phone the office after the beginning of May). One Mass may be requested at this time; further Mass intentions, subject to availability, can be requested a week later. When all available Masses for the month have been booked, all other requests would be sent to the Missions. We can ask priests in the diocese or overseas to offer your Mass Intention, this can be requested at any time.

Marriage Preparation If you are planning to marry here or elsewhere 6 months' notice is required and you MUST see a priest to register for a preparation course; please contact one of the priests.

Safe Spaces A free, independent support service for anyone who has been abused through their relationship with the Church. Delivered by a team of advocates with specialist training in supporting survivors of sexual abuse, it is available to people aged 18+ or over who have suffered abuse. Tel 0300 303 1056 or email safespaces@victimsupport.org.uk

'Life After Loss' Project For those affected by Covid-19, Enfield Citizens Advice and Mind can help with: a dedicated advice caseworker to manage the clients' needs from start to finish, including: fast-track advice to access benefits, Universal Credit and debt advice support; raising money for funeral costs and other sudden/emergency bills; emergency crisis emotional support counselling; up to 8 free sessions of bereavement counselling; a small grant of up to £500 for those families in dire need of financial relief. If you are affected please contact 0300 330 1167, lifelafterloss@enfield.cab.org.uk

The Calix Society offers a Catholic ministry to addicts in recovery and their families. Meetings each Thursday (see poster in porch).

St Monica Candle This 7-day candle can be lit for your intention. Suggested donation is £5, via the parish office.

Repository Open on request during Private Prayer sessions. **Westminster Year Book 2021** now available, £4.50.

CAFOD Family Fast Day Please donate via link: <https://cafod.org.uk/Give/Donateto-CAFOD/Lent-Appeal> or by envelope.