



EAGLE ISLAND NEWS

May 2019

Eagle Island, Inc.

Vol. 9 Issue 2

WHAT EIC DID FOR ME

a staff perspective

Deborah Steinberg

It is hard to list all the aspects I loved about working as a camp counselor at Eagle Island. Leading songs and games, teaching knots and sailing skills, talks with campers on the walk back to the unit. The satisfaction of seeing a camper who was timid on day one grow into the girl who leads with confidence by the end of the session. Making sure to teach and tend EIC traditions, while also creating and shaping new ones. For the last ten years I've worked in college access, working with low-income first-generation college students to apply to and succeed in college, and the lessons I learned as a counselor are still so valuable to my work every day: How to build relationships with young people over time and support them to reach their goals, and how to build a community where we all contribute and support one another. As we enter this next exciting chapter of EIC history, I am thrilled not only for a new generation of campers, but also for the counselors and staff that will grow and learn by their sides.

Camper, 1994-1996; Staff, 1999-2001

BA, Brown University, 2004

College Counselor, MESA Charter High School, Brooklyn, NY



Ready for campers

MESSAGE FROM THE CAMP DIRECTOR

Katrina Dearden

Eagle Island Camp will once again be opening its shores to campers this summer! Day camp programming for young people entering the 4th, 5th, and 6th grades will be offered for two one-week sessions the weeks of July 22 and July 29. Campers will explore the island through nature programming; try their hands at sailing, kayaking, canoeing, and rowboating; work on their swimming skills; and get creative with arts & crafts. You might even hear the sounds of camp songs as you paddle by the island! Day camp is the first step toward our goal of having overnight camp.

In everything we do, we believe in inspiring and empowering young people to be confident, collaborative, and courageous . . . and what other day camp includes a boat ride at the start and end of every day?

Earlier in July, the camp will be hosting staff development and training to ensure that we are offering the best possible program to our campers. Camp staff will be trained in a variety of skills, including conflict resolution, child abuse identification and prevention, facilitating group games and team-building exercises, and accommodating diverse learning styles. Some of these trainings are hosted in town and will be accessible to the public. We would love to see members of the community there!

There are campers registered in both sessions—thus far the campers include both summer lake residents and kids from the local communities.



Come sail away to your summer adventure at Eagle Island Camp

Day Camp programming for youth entering grades 4-6 on Upper Saranac Lake, NY

eagleisland.org

2 Great Sessions:
July 22-July 26, 2019
July 29-August 2, 2019
(\$300/wk. financial assistance available)

In everything we do, we believe in inspiring and empowering young people to be confident, collaborative, and courageous

More information about Eagle Island Camp and the training programs can be found on our website: EagleIsland.org.

<https://eagleisland.org/summer2019>

DID YOU KNOW? [IF YOU ARE 70½]

Karin Walsh Rutledge

Now that you have filed your 2018 tax returns, this might be a great time to begin thinking about your 2019 tax plans. The IRA Qualified Charitable Distribution ("QCD") provides an excellent opportunity to make gifts during your lifetime from an asset that would be subject to multiple levels of taxation if it remained in your taxable estate. If you are 70 and ½ or older and thus required to take minimum distributions from your traditional IRA, you can support your favorite charity—Eagle Island—by using this beneficial tax planning technique. The QCD is especially powerful and effective since the standard deduction has been raised and, with fewer people itemizing, traditional charitable contributions may not get a tax deduction. Making a QCD from your IRA may also keep you from being bumped into a higher tax bracket and may even reduce the tax on your Social Security benefits.

By making an IRA QCD, you can:

- Satisfy some or all of your required minimum distribution for the year
- Pay no federal and, in many cases, no state income taxes on the amount distributed to charity
- Support the important work of Eagle Island with a tax-free gift!

Please see our [FACT SHEET](#) on the website or call for more information.

- Distributions must be made directly from a traditional IRA by your IRA custodian to Eagle Island, Inc.. Funds that are withdrawn first by you and then contributed to Eagle Island, Inc. do NOT qualify as QCDs.

ADIRONDACK GIVES CROWDFUNDING

Adirondack Gives: Think Big, Start Small

Exciting news! The **Adirondack Foundation**, as part of its commitment to build partnerships and mobilize resources to strengthen the Adirondack community, has selected Eagle Island as one of its featured campaigns through its **Adirondack Gives** crowdfunding website. The community will be able to help a local child experience camp on Eagle Island by donating all or part of a camp session. The Foundation is doing amazing things in the community and we are thrilled to have its support!

<https://adirondackgives.org/campaigns/eagle-island-camp-2019/>



Let's grow the "CAMPFIRE CIRCLE"

We invite you to join EI's Campfire Circle as a monthly sustainer. This is a great opportunity for YOU to help us meet our ongoing financial needs. For \$100 or more per month you will be given special recognition in the next newsletter and receive a commemorative "Campfire Circle" silver pendant as a token of our appreciation.

It is easy to set up a monthly recurring credit card donation on the [DONATE](#) button on our website. Being a sustainer gives EI a steady stream of funding, which enables us to plan for necessary work as we move toward having campers experience . . .CAMP 2019 and beyond!



Share Eagle Island happenings with your friends!

LIKE, JOIN, SHARE us on your social media



friendsofeagleisland



Friends of Eagle Island



EagleIslandADK

VOLUNTEER HIGHLIGHT

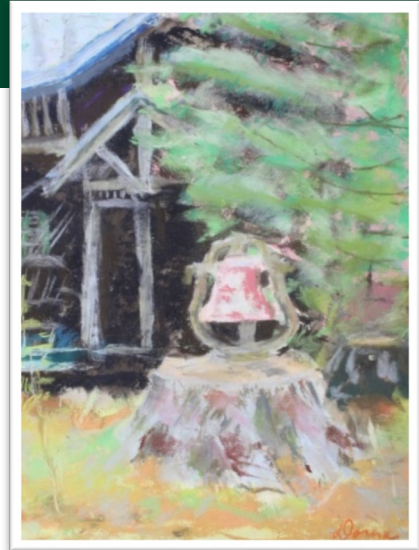
Dorna Richardson

Dorna Richardson spent three summers—1973, 74, and 75—on Eagle Island in the Tripping unit learning backpacking and canoeing skills, passions she has continued to pursue into adulthood. Dorna learned to play guitar because of EIC, and still has the instrument she played for Song Contest.

She earned a PhD in Slavic Linguistics from Brown University, and recently retired after 32 years as an instructor of Slavic languages with the US Department of Defense. She can read eight languages and has taught in six. Retirement has allowed her to pursue her creative passions. She now takes piano lessons, picking up where she left off from childhood on her great-grandmother's instrument. She also creates works of art in watercolors and pastels (below, right)—while on the island, Dorna was inspired to capture the space through her pastels.

Dorna returned to EIC with family and friends for Women's Weekends in 1987 and 1998 and climbed Mount Ampersand in 1999 and 2000. In 2018, Dorna returned to the island to volunteer. Her sister Kristen saw the newsletter and said, "Let's go, I'll drive!" Fellow volunteers were taken with their classic sibling stories: Kristen never attended EIC; she attended Camp Madeleine Mulford for the equestrian program. But after a week on the island working hard and enjoying the serenity and beauty of the island, Kristen was unabashedly a convert.

The sisters returned home knowing that they wanted to do more for EIC's future. And it was a generous donation from their family (including their brother and parents) that helped kick-start the 2018 Matching Campaign. Camping families like the Richardsons help ensure EIC will be here for many generations to come!



Soon-to-be gathering spot once again for EIC campers and staff

DOLLARS DONATED ARE TURNED INTO THINGS EIC CAMPERS USE

Donate NOW

Waterfront Fun & Safety

Pair of rowboat oars	\$100	5	\$ 500
Youth life jacket (PFD)	\$20	60	\$ 1,200
New backboard	\$350	1	\$ 350
New rescue board	\$350	2	\$ 700
AED	\$1,300	1	\$ 1,300
Supply of kickboards		15	\$ 100
Floating buoys for swim lanes			\$500

Art Supplies

Art & woodworking supplies (per wk)	\$ 225	2	\$ 450
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General

Computer (Office & Health Office)	\$ 500	2	\$ 1,000
White boards (keeping organized)	\$ 100	2	\$ 200
Radios (walkie talkies)	\$ 100	5	\$500

<http://eagleisland.org/donate>

CALENDAR

Eagle Island Day Camp

July 22–26

July 29 – August 2

AARCH Tour

Monday, August 12

Open Island Day

Saturday, August 17