

EAGLE ISLAND NEWS

February 2019

Eagle Island, Inc.

Vol. 9 Issue 1

VOLUNTEER HIGHLIGHT Kyra Saulnier

Kyra grew up in Short Hills, NJ, attending EIC as a camper in the 1970s. Camp was a distant memory until she "found" EIC again while spending Thanksgiving in the Adirondacks—she happened upon our website just as Friends had purchased the Island.

Kyra was able get back on the Island as a volunteer in 2017 and 2018, twice each summer, and brought her passion for botany with her: surveying the island flora is her favorite thing to do when not handling a hammer or saw. Her discoveries included an abundance of delicious wintergreen. Off island, Kyra is a self-proclaimed "medicinal gardener," growing herbs and flowers to be used in medicines, tinctures, skin salves, and tummy tonics. If you were on the Island, you might have tried one of her soothing herbal teas, or her insect repellent made from lavender and other herbs—far better-smelling than DEET!

Kyra's goal is to establish a garden on the island, and to this end, she started a Hugelkultur bed, a type of raised garden using a permaculture technique: picking a spot with lots of sun and making use of fallen trees, logs, and debris to build a mound, which is then filled with earth; and letting the decomposing material create nutrient-rich soil. Kyra's vision for camp is to create more beds to grow food, like radishes, herbs, and lettuce, and native wildflowers.

There are so many things Kyra loves about EIC: the opportunities for girls and families to learn and share together; what to pack for a canoe trip or how to build a fire; quiet nights broken only by the call of the loons; viewing Venus and the Milky Way; feeding body and soul with a great workout from hammering, learning new skills (like how to properly use a table saw—she then purchased one for her home!); and volunteering with a great group of dedicated people to create a shared vision.

A MESSAGE FROM OUR CAMP DIRECTOR Katrina Dearden

Only five more months until campers arrive on Eagle Island! This summer we will be welcoming about 30 campers a week for two weeks of day camp programming. As a day camp, we have the opportunity to focus on the local community. Campers entering 4th and 5th grade will participate in activities including sailing, swimming, boating, and hiking around the island as well as studying nature and trying their hands at island inspired-craft projects. Camp is scheduled for July 22-26 and July 29-August 2.

As Eagle Island does not yet have potable water (scheduled for this summer), we are unable to apply for a temporary residence permit in time to allow overnight camp. Instead, we have been working closely with the local Department of Health office and have received a variance allowing this day camp adventure using bottled water, porta-potties, and commercial handwashing stations.

Eagle Island will be hiring a small team to guide our campers on their island adventure with a staff training scheduled for July 8-19 that will include certification courses for Waterfront Safety, Responding to Emergencies, Epi-pen training, and CPR for the Professional Rescuer. eagleisland.org/summer2019





EAGLE ISLAND SUPPORTERS ANSWER THE CALL FOR ACTION

Karin Walsh Rutledge

On behalf of future campers, many thanks to everyone who generously donated during the "Let's Get Operational" matching campaign. Because of YOU, \$210,000 was raised ON TOP of the \$230,000 of seed money pledged (\$151,000 of which came from only nine families!). Our generous seed donors have contributed the full pledge amount, despite our falling a bit short of the matching donations goal. A total of **\$440,000 raised in just three months** is record-breaking for Eagle Island, and it will allow us to sign the contract to upgrade the water system, which is essential to operating an overnight camp. Overall, there were 27 gifts greater than \$5,000!

The flurry of activity, enthusiasm, and energy from our tireless volunteers took the snowball and created an avalanche, which resulted in 80 new donors to expand the EIC family, donations from our existing network, and reconnection with many former campers, staff, and other generous and enthusiastic supporters.

Our collective strength in action to reopen our beloved camp knows no bounds . . . so many of you answered the call to action with your quick and generous help in donating to the match with checks, via our website and social media, and at the reunion. EIC is truly "a camp that really can't be beat"!

Kudos to ALL who generously donated to "Let's Get Operational". Your efforts will make the Eagle Island experience possible for campers for years to come.

CONSTRUCTION ON THE ISLAND - WINTER STYLE

Chris Wubbolding

Unsurprisingly, our contractor, **Don Bennett**, is as anxious as we are to get up and running! So much so that crews are working on the island this winter, continuing the projects of installing support piers under the dining hall and kitchen, jacking up the buildings, and installing new joists, floor beams, and roofing. Young Life Camp has graciously shared their property for easy access to Eagle Island over the ice; a much shorter distance for snowmobiles and sleds than from Gilpin Bay...a chilly endeavor for sure!

Once the ice starts to thaw, there will be a temporary shutdown until the ice thins to 2 to 4 inches thick, when the barge will be able to push its way through. In the meantime, the contract for water intake, filtration, and storage has been agreed to and equipment ordered for work to begin in the spring. Other projects, including beach restoration, kitchen improvements, and plumbing and electrical will restart as soon as possible. Look for further updates in our next newsletter!



SARANAC LAKE WINTER CARNIVAL

Eagle Island again joined in the festivities for the annual Saranac Lake Winter Carnival. EIC's Camp Director, Katrina Dearden joined the Saranac Lake Winter Carnival Committee - and even led the Kiddie Parade event, bringing El to a whole new level of local community involvement. Volunteers came together to create a "Pterodactyl Island" themed walking group to bring attention (and fun) to the annual event with 2019 theme of Prehistoric Park. Special thanks to Hannah Grill, LeeAnn Millar, Marc Wanner, Judy Rush, Karin Rutledge and Carol Jackman for creating the props and pulling the group together.



Eagle Island, Inc.

EIC REUNION HIGHLIGHTS

Marina Lowry

More than 100 former campers, staff, and friends old and new were welcomed to Maplewood, NJ, for our **"Meet the Director" Reunion** on November 17. Camp alumnae from every decade, including two from the 1930s(!) were in attendance and had traveled from near and far. Attendees were able to meet our new director, **Katrina Dearden**, for the first time, and heard about her exciting plans for the future of Eagle Island. Other presentations included fond memories of EIC and "Why I Give to Eagle Island," and the crowd was treated to a singalong led by Ginny Hildebrand and Miriam Kotsonis, full of old favorites.

We were also able to enjoy tasty food and drinks, a slideshow of photos old and new, displays of construction plans, a Trading Post full of EIC goodies, and a raffle of fun island-related items, some even handmade by Katrina! And, perhaps most importantly, the renewal of old friendships. Many thanks to the numerous and generous volunteers, who contributed their time, expertise, and culinary skills to make this event a success! <u>eagleisland.org/reunion</u>







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CALENDAR

Eagle Island Day Camp July 22-26 July 29 - August 2

Open Island Day (Tentative) Saturday, August 17

VOLUNTEERING

Due to construction and preparations for Day Camp, on-island opportunities will be extremely limited. Information will be posted as it becomes available at <u>eagleisland.org/volunteer</u>.

WHAT EIC DID FOR ME Anna Kastner

It's not an exaggeration to say that Eagle Island is directly responsible for my entrance into college and the workforce. I wrote my college admissions essay about driving the camp truck—a red Dodge Ram, older than I was, painted with flaming skulls and crossbones, which sadly met its demise a few years later while transporting camper luggage at the start of a new session.

My first real job interview was in 2003, when I applied to work for the property staff. Pete Benson phoned me. I was nervous and wanted to make a good impression, but his final question set me at ease. He asked me to tell a joke, and then said that having a sense of humor was a necessary requirement for the job. Although I've never had another employer ask me to tell a joke during an interview, I've since learned that having a sense of humor is necessary for most jobs.

As a camper at Eagle Island, I developed friendships that have lasted to this day. These relationships were built on sharing the adventure of exploring Upper Saranac Lake by sailboat, the misery of polar bear swims, and the intimacy of living in a small platform tent. Through these experiences, Eagle Island provided me with the confidence, and yes, sense of humor, that's gotten me where I am today.

Camper 1997-2003, Staff 2003-2004 Swarthmore College, BA, 2008 University of California, Berkeley School of Law, JD, 2015 Public Defender in New Bedford, MA

DONORS & SPONSORS (special tribute donations follow)

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LEGACY CIRCLE Don't keep your love of Eagle Island to yourself!

Help inspire future generations to be confident, collaborative, and courageous by making a legacy gift. All donors who support Eagle Island in their estate plan become part of the *Legacy Circle*. Longterm planning will ensure that Eagle Island continues to thrive for future generations.

Membership in the Legacy Circle involves no dues or other obligations, and you may join the Circle anonymously. All information is confidential.

We hope you will consider Eagle Island in your long-term plans. Information can be found at <u>https://eagleisland.org/planned-giving/</u>

Founding members: Wendy Cohen, Chris Hildebrand, Ginny Hildebrand, Jill Martin, and Karin Rutledge Nicole Shank In Honor of Karin Walsh Rutledge Thomas Ryan In Honor of Mary E Ryan Martha Lewin In Honor of Jan Shepard Mary Steinberg In Honor of Deborah Steinberg Jeanne K Van Steen In Honor of Julie (Van Steen) Valliere Kathe Fox In Honor of Ellen Winn

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