



EAGLE ISLAND NEWS

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Eagle Island, Inc.

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Programs for Summer 2020 Announced!

Day Program

As it received high praise from both parents and campers, the all-gender day camp program will be similar to the program that was run last year. Available to children entering 3rd to 6th grades, there will be an emphasis on camper-led play, sailing, and nature education. Campers will again have the opportunity to swim and boat at our lakefront daily, play in the "peninsula" (a camper-led play space), and enjoy all that the island has to offer with the addition of one overnight.

Overnight Program

New for Summer 2020, Eagle Island is thrilled to be offering an overnight camp program for girls entering 5th to 8th grades. Campers will have opportunities to experience a balance of structured activity periods such as sailing, swimming, nature, crafting, and team building, along with unstructured camper-led play.

Family Camp

New for Summer 2020, Family Camp is a time for friends and family to come together to refresh and celebrate their ties, and build new ones with others who enjoy living simply for a time in the out-of-doors, and sharing all that nature has to offer. Summer camp counselors will provide programming, including canoeing, kayaking, swimming, sailing, and arts & crafts. We welcome all families as you define it.

Women's Alumni Weekend

The ever-popular Women's Weekend is back for four days and three nights of fun and fellowship with camp alumni ages 18 and up. Stay tuned for more details.

Women's Wellness Weekend

New this summer at Eagle Island! Designed for women over the age of 18. Come experience the island and try out a new skill or workshop run by local experts and instructors in yoga, fitness, dancing, crafting, paddling, exploring, and more. Or choose to spend your day sitting on one of our historic porches with a good book, or around the campfire with new and old friends alike. This is your weekend, you deserve it!

Registration

Youth programs will be in December – stay tuned for the date.

Family and Women's programs will be in January – exact date will be announced a week prior.

Camp 2020

- **Women's Alumni Weekend** 6/19-6/22
- **All-Gender Day Camp**
 - Session 1 6/29-7/3
 - Session 2 7/6-7/10
- **Girls' Overnight Camp**
 - Session 1 7/12-7/17
 - Session 2 7/19-7/24
- **Family Camp**
 - Session 1 7/26-8/1
 - Session 2 8/2-8/8
- **Women's Wellness Weekend** 8/14-8/16

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EIC CAMPER RETURNS

Liz Moulthrop
Sailing Instructor

This summer I volunteered as a sailing instructor at EIC. I hadn't been on the island in over ten years, but decided to take a week of vacation from my job in NJ and head upstate. I had been quietly following all the EIC developments over the past few years through social media and word of mouth. I was a camper/counselor on the island from 2000-2007. My summers spent on the island were formative and helped me develop into who I am today. EIC was a magical place where I learned from amazing female peers and mentors who showed me that women are capable of anything. Living on an island, we were left to our own resources to solve problems, make things run, and have fun.

Despite how special EIC was to me, over ten years later, I was hesitant to get involved again. As a young adult with a full-time job and busy life, it seemed unrealistic. However, once I made the decision to return, I was warmly welcomed into the EIC community full of new and old faces and was inspired and impressed by the incredible work that the organization has done to revitalize the camp.

When I stepped foot on the island this July, I was reminded again of the incredible spirit of EIC and values that are built into its history: community, teamwork, independence, confidence, joy, love and respect for nature, and more. Time passes, people change, but the island, the lake, and surrounding mountains remain the same.

The first day of camp it rained and was 50 degrees. Typical Adirondack weather. We took the campers out on the water to sail and I was overjoyed to be on Saranac Lake again. The campers were troopers too. They may not have fully appreciated being soaked by rainwater on this blustery day, but you could see the excitement and curiosity in their faces as the wind picked up and the boats gained speed. During that week, the camp was full of life and enthusiasm and campers soaked up new experiences and knowledge out on the sailboats.

Soon, these campers too will learn the mystical lure of the island and return year after year. As camp evolves and new generations join in, the lessons and spirit of the island will remain as constant as ever.

Camper, 2000-2005; Staff, 2006-2007, 2019
BM, Temple University 2012
MPA, Columbia University 2022
Director, Paterson Music Project, Paterson, NJ



This Giving Tuesday, help
history meet the future at
Eagle Island Camp

#GivingTuesday is December 3

Make a splash with an online donation!

What is your Eagle Island connection? For many of us, it is our fond memories of our camper experience. For others, it's Family Camp or Women's Weekends. Or you might be a neighbor on the lake, a friend or family of an alum, or someone who heard about the project and wanted to be involved. We share a common goal, and together we've begun to realize it.

Campers, and those who know them, understand that through play and work on this unique wilderness island home young people build character, confidence, and friendships that influence a lifetime.

Camp 2020 will be here before we know it, and there is so much more to do to prepare the island for overnight campers and other offerings. The needs are great and include buying items necessary to run camp, installation of equipment, and endless ongoing property maintenance along with the increased operating costs associated with this growing and expanding organization.

EIC is counting on your support NOW to complete essential work in time for the opening of camp next summer.

Please give generously today! [DONATE](#)

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TWO REGIONAL EIC REUNIONS

This fall, EIC held two reunion events, one in the Philadelphia area and the other in the Boston area. The Boston reunion was held at Mass Audubon's Drumlin Farm Visitor's Center and the Philadelphia reunion was held at the Ardmore United Methodist Church. Katrina Dearden, Camp Director, updated attendees on the success of the 2019 Day Camp season and announced plans for Summer 2020 (see pg. 2). Updates were also given on restoration, new grant funding and partnerships, and upcoming plans for the island. Members of the EIC community from the 1950's up to the present day caught up with old friends and made new ones. According to Susan Christie, who attended the Philly reunion, "When our time was up, people didn't want to leave -- a testament to the enduring EIC spirit."



Where Does History Meet the Future? At the Saranac Lake Free Library

Pete Benson EIC 1976 - 2008; SLFL 2012 - present

One afternoon a few weeks ago, I was working the front desk at the Saranac Lake Free Library. Out of the corner of my eye I saw a young girl scoot along the wall. As she went by, the logo on her T-shirt caught my attention.

I was correct—she was wearing an Eagle Island Day Camp T-shirt. “Hey,” I said, “nice shirt. Did you go to Eagle Island this summer?”

“Yup,” she answered.

“I’ve been to Eagle Island, too,” I said.

“Did you like it?” I asked her.

Her eyes grew wide. “I loved it!” she said breaking into a big smile.

She then told me all about her time at EI. Then she started in on all of her plans for 2020. I couldn’t get a word in . . . but then I really didn’t try all that hard.

I was so delighted to just listen to her tell me all about what she did at camp, how much she enjoyed being there, and how she was looking forward to overnight camp next year.

She told me about Main Camp and asked me if I had ever been in a boat.

“Yup, they’re fun,” I replied.

We chatted for a few more minutes, and then she headed off to meet friends in the children’s room. I have no idea who she was. But I was really pleased to hear what she had to say. As I stood there thinking about the conversation, I realized that a smile had appeared on my face. I turned my attention back to the Main Desk and thought to myself, “Little girls are running around on the Island again. They’re making friends, trying new things, and becoming connected to one of the most special places on earth.” I smiled and thought, “I’ll have to tell Beth when I see her this evening.”

2020 WINTER CARNIVAL

Participants of all ages are encouraged to join in the fun! If you would like to be part of the planning for this fun day with EIC friends, there will be a meeting on December 11 at 7pm. Please email Katrina at kdearden@eagleisland.org if you are interested in participating in the parade and/or the planning.

Share Eagle Island happenings with your friends!

LIKE, and **JOIN** us on your social media



EagleIslandInc



Eagle Island Inc.



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**It's not a MYTH, the LEGEND of
Winter Carnival is back.**

Will you be
marching with
us?

Join Eagle Island Camp on February 8 to march in the
Saranac Lake Winter Carnival Parade with a theme of
Myths and Legends.