The View from Way Up There

THE TALL BOOK

by Arianne Cohen | ★★★★

REVIEWED BY CAROLINE LEAVITT

Tall pride gains stature in this engagingly funny book by the 6'3" author of Confessions of a High School Word Nerd. Growing up tall had terrible shortcomings for Cohen, who longed for stylish clothes that fit and men who might date her (she later, for a while, became half of the country's tallest couple with a partner who hit 7'2""). Determined to delve into the psychology of "talls" and to celebrate her kind, Cohen interviewed doctors, economists, psychologists and fellow tall; she found that Redwood types not only get hired more often than their scruffy peers, they also tend to be smarter, richer, more fertile and to live longer. Describing height as a "pivotal piece of identity," she takes readers on a tour of the European Tall Clubs and conventions and busts the myth that all tall are great athletes (many tall klutzy guys become CEOs instead). She even delves into the pharmaceutical stunting of tall girls, a risky, under-the-radar practice that began in the 1940s, peaked in the '70s and continues today. A wise and witty resource for anyone with higher standing.

Standard comments are, 'Wow, you're really tall!' and occasionally, 'Dude, you're like man-tall'