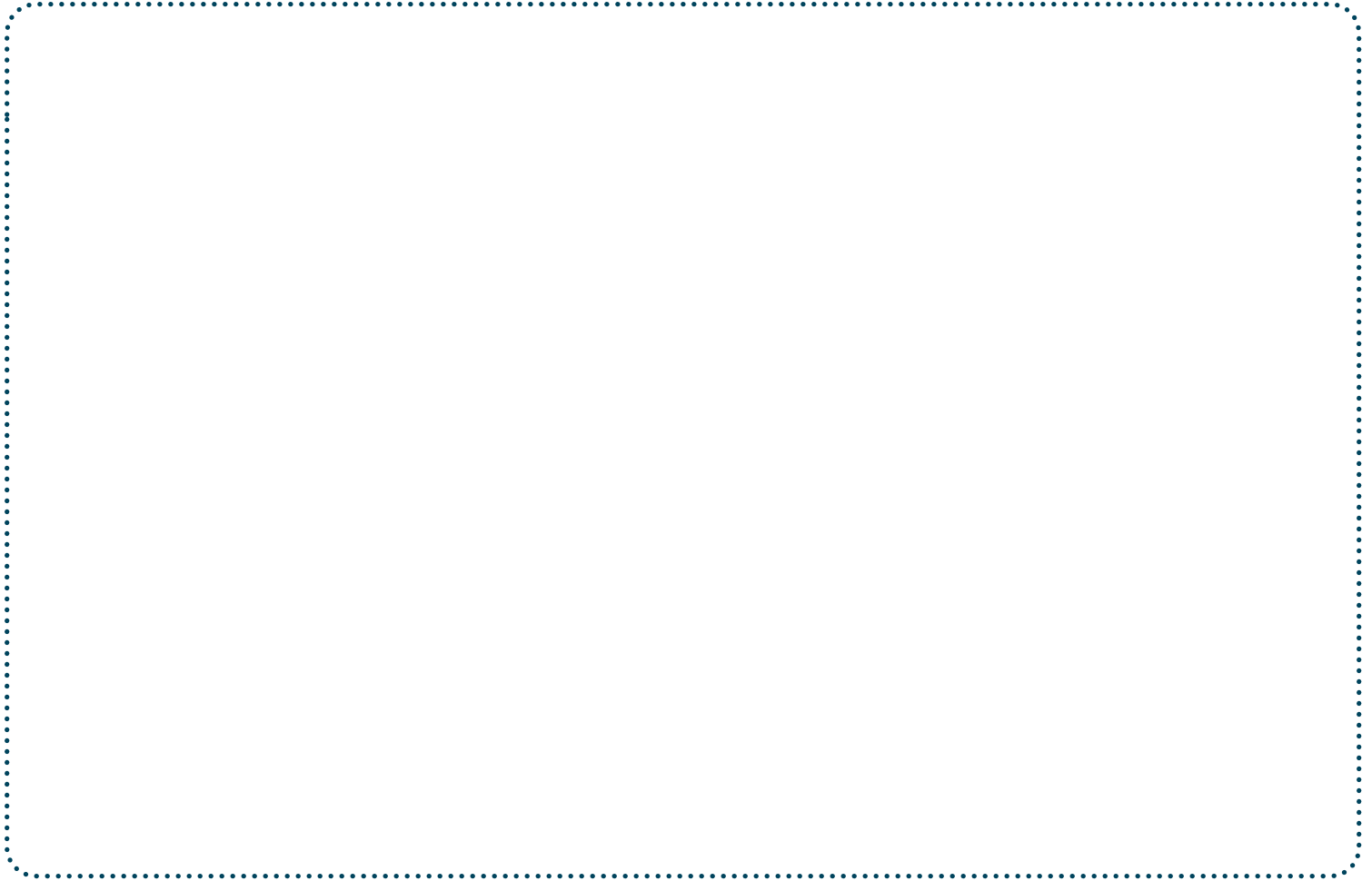


MY DAILY JOURNAL

Today is:

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY **Date:** _____

Draw what you did today:



I am feeling...

Color in the emotions you are feeling today.



HAPPY



SAD



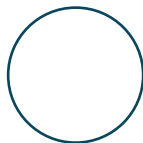
EXCITED



SCARED



MAD



DRAW YOUR
OWN

3 things that went well today:

Ask a parent to help you write them.

1.

2.

3.