

ARE YOU AWARE OF YOUR FEELINGS?



angry



worried



frightened



frustrated



stressed



annoyed



restless



shocked



nervous



surprised



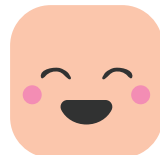
excited



happy



proud



inspired



hyper



pleasant



joyful



optimistic



lonely



sad



bored



tired



disappointed



depressed



down



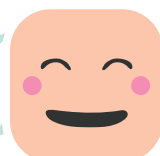
hopeless



sick



chill



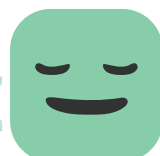
cozy



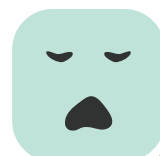
balanced



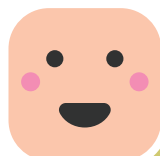
loving



calm



sleepy



thoughtful



mellow



relaxed

Sourced by Yale center for emotional intelligence.