#NOMOREVerbalAbuse

Social Media Posts

The most common form of domestic violence isn’t physical. During #16Days, I am proud to #SpeakOut with @NOMOREorg and @AvonWorldwide and say #NOMORE to verbal abuse. Learn more: NOMOREVerbalAbuse.org #NOMOREVerbalAbuse

Constant name-calling, put-downs, body-shaming, and criticism from a partner IS abuse. During #16Days, I #SpeakOut with @NOMOREorg and @AvonWorldwide to say #NOMOREVerbalAbuse.

I #SpeakOut and say #NOMOREVerbalAbuse with my @Amazon Alexa device. Simply say “I’m registering my voice against verbal abuse” to join me. @NOMOREorg @AvonWorldwide

It might not leave bruises, but verbal abuse causes lasting emotional pain and scarring. Join @NOMOREorg & @AvonWorldWide to #SpeakOut and take the pledge to stop verbal abuse at NOMOREVerbalAbuse.org. #NOMOREVerbalAbuse #16Days

A quarter of women have changed an aspect of themselves because of negative comments made by an intimate partner. Do you know the signs of verbal abuse? During #16Days, #SpeakOut with @AvonWorldWide and @NOMOREorg. Visit NOMOREVerbalAbuse.org today. #NOMOREVerbalAbuse

Many perpetrators of #domesticabuse have never left bruises or physical scars. During #16Days, @AvonWorldWide & @NOMOREorg are spreading the message: Verbal abuse IS domestic abuse #SpeakOut #NOMOREVerbalAbuse NOMOREVerbalAbuse.org
Did you know that over a third of women have insecurities about their self-worth based on negative comments made by a partner? During #16Days, I’m joining @NOMOREOrg and @AvonWorldWide

Nearly half of all women have experienced verbal abuse from an intimate partner. You can help to #SpeakOut: take the pledge at NOMOREVerbalAbuse.org/Take-Action. #NOMOREVerbalAbuse #16Days @NOMOREOrg @AvonWorldWide

Verbal abuse is just as damaging as physical abuse, but it doesn’t leave physical scars. If your partner constantly calls you names, blames you, gaslights you, or accuses you, then you may be in a verbally abusive relationship. Support is available to help you #SpeakOut. Go to @NOMOREOrg and @AvonWorldWide to find out more #NOMOREVerbalAbuse

During #16Days, learn the signs of verbal abuse. Constant:
- Threats - Criticism or put-downs -Body shaming
- Name-calling - Gaslighting
Learn more at NOMOREVerbalabuse.org. #NOMOREVerbalAbuse

Do you know the signs of healthy and unhealthy relationships?
Learn how to identify abusive behaviors and much more on the #NOMOREVerbalAbuse website. NOMOREVerbalAbuse.org

Do you have an Alexa-enabled device and want to #SpeakOut against verbal abuse? It’s easy—just ask Alexa to 'Open NO MORE', and follow the prompt. Your voice can make a difference.
#NOMOREVerbalAbuse @NOMOREOrg @AvonWorldwide

Verbal abuse is one tactic in a range of deliberate behaviours that a person may use to gain and maintain power and control over another in an intimate relationship. Learn the facts about verbal abuse at: NOMOREVerbalAbuse.org/What-Is-Verbal-Abuse #NOMOREVerbalAbuse @AvonWorldWide

One in ten women who experience verbal abuse say that they don’t know where to turn for help. Visit NOMOREVerbalAbuse.org to learn how you can #SpeakOut to help a loved one experiencing abuse. #NOMOREVerbalAbuse @AvonWorldWide @NOMOREOrg