Family Caregiver Support Program

Are you helping a loved one with errands, transportation, medication management, bathing, meal preparation, and appointment scheduling? Juggling the demands of caring for another while attending to challenges in your own life?

More and more older adults are finding themselves caring for either a parent, spouse, grandchild or a relative. WISE & Healthy Aging’s Family Caregiver Support Program helps caregivers by providing:

- Caregiver Support Groups and Counseling Services for residents on the Los Angeles Westside and South Bay communities
- Caregiver Training and Education specific to the role of caregiving
- Intermittent Respite Care Services in the care receiver’s home
- Out-of-Home Care

For more information and to learn more about eligibility requirements, please call:

(310) 394-9871 ext. 482

For caregivers of older adults aged 60-plus, and caregivers who are caring for an adult who has a disability, or a grandparent or older individual who is caring for a child who is 18 or under.

Funding Support from Los Angeles County

WISE & Healthy Aging is a nonprofit organization dedicated to serving seniors and caregivers.

WISE & Healthy Aging • 1527 4th Street, 2nd Floor • Santa Monica • www.wiseandhealthyaging.org