### Tour Highlights
- Extensive sightseeing with local guides through the Green Mountains of Vermont, the White Mountains and Lakes Region of New Hampshire, and coastal Maine at the time of year when fall foliage is most likely
- Visit Hildene, The Lincoln Family Home, a 24-room, 1905 Georgian Revival mansion that was Robert Todd Lincoln’s summer home
- Stay two nights at a premier Killington, Vermont resort with sightseeing to include the Vermont Country Store, a Vermont sugar house, President Calvin Coolidge Historic Site, Quechee Gorge and Woodstock
- Explore New Hampshire’s Lakes Region including a ride on the Winnipesaukee Scenic Railroad and a cruise on Squam Lake which was featured in the film, On Golden Pond
- Stay two nights in Ogunquit, Maine with sightseeing to include Portland, Kennebunkport, a lobstering cruise, visit to Portland Head Light and a traditional lobster lunch
- Boston sightseeing including the Freedom Trail, Boston Common and Public Garden

### Tour Inclusions
- 6 Nights deluxe hotel accommodations
- 12 Meals – 5 dinners, 1 lunch, 6 breakfasts
- Services of a professional GTT tour director
- Comprehensive sightseeing with local guides
- Admissions per itinerary
- Transportation aboard a deluxe motorcoach
- Airport-hotel transfers (with purchase of group air)
- Luggage handling throughout the tour

### Tour Prices
- Double Occupancy: $2,799 per person
- Single Occupancy (no roommate): Add $800
- Roundtrip airfare from $795 per person

### Itinerary
Experience the magic of fall foliage in New England! Travel the back roads through Massachusetts, Vermont, New Hampshire and Maine. Visit charming towns with traditional white steeple churches and covered bridges, along with old whaling villages dotted with lighthouses and widows’ walks. This 7-day journey at the prime time for leaf peeping features landmark sights, natural wonders, unique experiences and nature’s dramatic shift in color as autumn descends on this historic and picturesque region.

#### Day 1 – Welcome to Massachusetts!
We begin our journey at the Los Angeles International Airport this morning for a scheduled, nonstop flight arriving in Boston this afternoon. Those guests making their own flight arrangements can request the group’s flight schedule to coordinate a light arrival time that would allow them to be included on the group’s complimentary transfer to the hotel. In Boston, we’ll board a deluxe motor coach and travel west to Sturbridge, Massachusetts where we’ll enjoy an overnight stay at a charming inn. Meet your fellow travelers at an included welcome dinner at a locals’ favorite. (Dinner)

#### Day 2 – Vermont
After an included breakfast, we’ll travel north through the scenic Pioneer Valley of “The Green Mountain State” of Vermont. While Vermont shines in just about every season, autumn is extra special as the mountains and forests are normally awash in reds, oranges and yellows – welcome to the fall foliage capital of the world! We’ll visit Hildene, The Lincoln Family Home, a spectacular, 24-room, 1905 Georgian Revival mansion that was once the summer estate of Robert Todd Lincoln, the eldest son of Abraham and Mary
### Reservations

**WISE & Healthy Aging**

Fill out and mail or tax reservation form to:

**WISE & Healthy Aging**

1527 4th Street, 2nd Floor

Santa Monica, CA 90401

Attention: Grace Cheng Braun

Secure Fax: (310) 394-7152

Tour operated by Good Times Travel

California Seller of Travel License #: 2018390-40

### Itinerary

**Day 3 – Vermont**

Following an included breakfast, we’ll be joined by a local guide for a full day of sightseeing along the back roads of Vermont. We’ll visit a true Vermont sugar house and learn how Vermont maple sap is drawn and converted into Vermont’s most popular export. We continue to Plymouth Notch and experience one of America’s best-preserved presidential birth sites at President Calvin Coolidge Historic Site. This charming village is virtually unchanged since the 1920s and features a number of historic buildings including the home where President Coolidge was born, the family homestead where Coolidge took the presidential oath of office, the wood-paneled church where the Coolidge family worshipped and the humble grave site where President Coolidge is laid to rest. This afternoon we’ll enjoy time at leisure in the quintessential New England town of Woodstock – home to one of Vermont’s iconic covered bridges. We’ll visit Quechee Gorge, known as Vermont’s “Little Grand Canyon” before enjoying an included dinner at a locals’ favorite this evening. (Breakfast, Dinner)

**Day 4 – Vermont, New Hampshire’s Lakes Region**

After an included breakfast we’ll be joined by a local guide as we travel east into the “Granite State” of New Hampshire. We’ll see the amazingly clear water, rocky shores, celebrated islands, historic homes, scenic mountain views and remarkable wildlife on a narrated cruise on Squam Lake – the lake featured in the movie, *On Golden Pond*. At the Squam Lakes Natural Science Center, we’ll be joined by a naturalist and learn about native wildlife, their habitats and survival skills. Then it’s *all aboard* the Winnipesaukee Scenic Railroad to enjoy delicious roasted turkey dinner as we travel along the shores of Lake Winnipesaukee. We’ll overnight in the Lakes Region. (Breakfast, Dinner)

**Day 5 – White Mountains of New Hampshire, Maine**

Following an included breakfast, we’ll travel into the White Mountains of New Hampshire and continue east along Kancamagus Highway, a National Scenic Byway considered one of the best fall foliage viewing areas in the world! This afternoon we’ll arrive in the charming town of Kennebunkport, Maine and enjoy time at leisure exploring the quaint boutiques and local craft shops in Dock Square. A local guide will provide a driving tour past sea captain mansions, sandy beaches and the rocky coastline as we learn the history of this shipbuilding town and the legend of the Wedding Cake House. We’ll visit St. Anthony’s Franciscan Monastery Estate, featuring English-style gardens and outdoor chapels. This afternoon we’ll arrive in the seaside town of Ogunquit, a quintessential New England port of tranquil coves and beaches. We’ll begin a two-night stay at a resort adjacent to the Marginal Way, an accessible shoreline walking path. Enjoy an included dinner at the resort. (Breakfast, Dinner)

**Day 6 – Portland, Maine**

After an included breakfast we’ll return to Kennebunkport and enjoy a scenic lobstering cruise past Walker’s Point Estate (the Bush family compound) and the Collinwood Mansion (featured in *Dark Shadows*) and see how lobster traps are hauled from the ocean. We’ll continue north to Portland, Maine where we’ll be joined by a local guide for a driving tour through Portland’s historic neighborhoods. We’ll see Henry Wadsworth Longfellow’s boyhood home, sea captain houses, elegant Victoria Mansion and take in views of the Casco Islands just off the coast. Visit the iconic Portland Head Light – commissioned by George Washington, it is the oldest lighthouse in Maine and the most photographed lighthouse in the U.S.! Enjoy an included lobster lunch (alternative entrée available) at a locals’ favorite followed by time at leisure exploring Portland’s Old Port Historic District, a restored waterfront district featuring charming shops, cobblestone streets and gas lamps. We return to Ogunquit with dinner on your own this evening. (Breakfast, Lunch)

**Day 7 – Boston, Journey Home**

After an included breakfast, we’ll travel south to Boston where we’ll be joined by a local guide for a driving tour of the “Capital of New England.” We’ll follow in the footsteps of American history as we encounter historic sights along the Freedom Trail, Boston Common, Public Garden, the gold-dome of the Massachusetts State House and travel through Boston neighborhoods like Back Bay and Beacon Hill. This afternoon we arrive at Boston Logan International Airport for our scheduled nonstop flight to Los Angeles. Those guests making their own flight arrangements can request the group’s flight schedule to coordinate a flight departure time that would allow them to be included on the complimentary transfer to the airport. Back in Los Angeles, those guests with pre-arranged transfers will be returned to their respective destinations. (Breakfast)

### Accommodations

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<tr>
<td>1</td>
<td>Comfort Inn, Sturbridge, MA</td>
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<td>2-3</td>
<td>Killington Grand Hotel, Killington, Vermont</td>
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<td>4</td>
<td>Town Place Suites, Gilford, NH</td>
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<td>5-6</td>
<td>Anchorage by the Sea Resort, Ogunquit, Maine</td>
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### Optional Roundtrip Airfare

Airfare is available as an optional add-on as advertised on the front of this brochure. Because airfare generally increases closer to departure, it’s best to purchase airfare as soon as possible to lock in the lowest price and best schedule.

### Optional LAX Transfers

Optional LAX transfers are available for an additional charge.

### Payment Information

- Full payment due at time of booking by attaching a check to your reservation form, money order, or credit card payment.

### Cancellation/Travel Protection

A travel protection policy (which includes cancellation protection and other benefits) is highly recommended and available through a third-party. A travel protection brochure will be provided with your payment receipt and invoice. Regardless of the reason, cancellations, credits and transfers of paid bookings require us to retain an administrative fee (ranging from $50-$250 depending on the date of cancellation) in addition to all non-recoverable fees paid to our tour suppliers on your behalf. Those guests who have purchased travel protection and must cancel for a covered reason, will be reimbursed by the travel protection company the balance of any non-refunded or credited monies (minus the premium itself). Visit [https://www.goodtimestravel.com/GTT/PagelInfo/Protection.aspx](https://www.goodtimestravel.com/GTT/PagelInfo/Protection.aspx) for more information.

### Tour Pace & Activity Level

- **Pace:**
- **Activity Level:**

Visit the Good Times Travel website for further explanation to assist you in determining which tour pace is right for you based on your physical abilities and the pacing you prefer.

### Tour Itinerary

- **ACTIVITY LEVEL:**
- **Pace:**

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Lincoln. The 412-acre estate features a Georgian Revival mansion, formal garden, observatory and 1903 Pullman car. We’ll enjoy time at leisure with lunch on your own in downtown Manchester, featuring the prettiest little village greens you’ll ever see. This afternoon, we’ll visit the Vermont Country Store, the family-run emporium that harkens back to the general stores of bygone days. This evening we arrive in Killington, Vermont and begin a two-night stay at a premier mountain resort. Enjoy an included dinner at a locals’ favorite. (Breakfast, Dinner)

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New England Fall Foliage

October 2 – 8, 2023 (7 Days)
$2,799*/traveler (based on Double occupancy)
*If paid by check or money order ($2,885 if paid by credit card)

Mail reservation form to:
WISE & Healthy Aging
1527 4th Street, 2nd Floor
Santa Monica, CA 90401
Attention: Grace Cheng Braun

Please make check payable to:
WISE & Healthy Aging
Phone: (310) 394-9871, ext. 440
Secured Fax: (310) 394-7152
Email: trips@wiseandhealthyaging.org

Please find FULL payment of $ __________ to secure reservations for _____ (#) person(s).

I want to add on the group airfare:

- [ ] No
- [x] Yes ($795 additional if paid by check; $829 by credit card)

I want to purchase the SINGLE supplement:

- [ ] No
- [x] Yes ($800 additional if paid by check; $829 by credit card)

Check if paying by credit card:
- [ ] VISA
- [ ] MasterCard
- [ ] AmEx
- [ ] Discovery

Credit Card # : __________________________________________ Exp: ___________ Code: ________

Amount to be charged: $ _____________  Signature: ________________________________________
(form can be securely faxed to (310) 394-7152 or scanned and emailed to trips@wiseandhealthyaging.org)

> > > Please PRINT full name(s) exactly as it appears on legal photo ID < < <

Last Name: _______________________________ First: ________________ Middle: ____________
Gender:  [ ] Male  [ ] Female  Date of Birth (mm/dd/year): _________ Nickname: _______________

Roommate’s Last Name: __________________________ First: _______________ Middle: __________
Gender:  [ ] Male  [ ] Female  Date of Birth (mm/dd/year): _________ Nickname: _______________

Your Address: __________________________________________ City: ___________________
State: _____ Zip Code: ___________ Cell: (            ) ____________________ (needed also for while on trip)

Your Email: ____________________________________  Emergency Contact Name: _______________

Relationship and His/Her Phone Number: ______________________ (            ) ____________________

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