California Dreamin’–The Coast, Redwoods & Rails
Coast Starlight Train, Santa Cruz, San Francisco, Sonoma Valley, The Skunk Train, Redwood Nat'l Park
October 6-11, 2024 – 6 Day Tour

Tour Highlights
- Enjoy a five-hour journey along California’s coastline aboard the Coast Starlight train
- Enjoy an overnight stay at San Luis Obispo’s charming and cozy Apple Farm Inn
- Enjoy an oceanview balcony while staying overnight at the Dream Inn, Santa Cruz’s premier beach-front hotel, with a visit to Natural Bridges State Beach and a lunch cruise aboard a sailing yacht in Monterey Bay Sanctuary
- Enjoy time at leisure at San Francisco’s Pier 39
- Wine tasting in the idyllic Sonoma Valley
- Ride through old-growth redwood groves aboard the world-famous Skunk Train
- Travel the famed Avenue of the Giants through Humboldt Redwoods State Park
- Join a local guide and explore the tallest trees on Earth in Redwood National Park, see the Victorian homes in charming Eureka and Ferndale, and walk through the redwood canopy 100 feet up at Redwood Sky Walk

Tour Inclusions
- 5 Nights deluxe hotel accommodations
- 9 Meals – 4 lunches, 5 breakfasts
- Services of a professional GTT tour director
- Comprehensive sightseeing with local guides
- Transportation aboard a deluxe motorcoach and Amtrak's Coast Starlight Train
- Luggage handling throughout the tour
- One-way flight from Eureka to Los Angeles (LAX)

Tour Prices
Double Occupancy: $2,299 per person
Single Occupancy (no roommate): Add $600

Itinerary
This unique new itinerary that travels the entire length of California (driving northbound and flying home) features the diverse landscapes, charming towns and unforgettable experiences that make “The Golden State” so magical – from the Santa Barbara coastline, ultra cool beach vibe in Santa Cruz and picturesque San Francisco to the scenic Sonoma Valley and awe-inspiring Redwood National Park. In addition to a ride aboard the Coast Starlight train and a catamaran cruise in Monterey Bay, we’ll sip award-winning wine, rest our heads at charming inns, and explore some of California’s most iconic sights including the Golden Gate Bridge, The Skunk Train and the tallest trees on Earth, with an included flight home following this quintessential one-way California road trip!

Day 1 – Coastal Train Ride, San Luis Obispo
From our departure points this morning we’ll travel aboard a deluxe motorcoach to downtown Los Angeles’ Union Station to board Amtrak’s Coast Starlight train for a memorable, five-hour rail journey along California’s spectacular coastline and through its fertile valleys to San Luis Obispo. We’ll travel along Point Conception and through Vandenberg Space Force Base where you’ll see the launch complexes and beautiful undeveloped coastline which is only visible by train. We’ll enjoy an included boxed lunch onboard along with a snack bar selling snacks and drinks. Enjoy the relaxing ride in your reclining seat or check out the view from the observation car featuring windows that stretch up to the ceiling offering unparalleled views. Upon arrival in San Luis Obispo, we’ll reboard our motorcoach and continue the short distance to the charming Apple Farm Inn. Nestled by San Luis Obispo Creek and surrounded by rolling hills, the Apple Farm Inn is a “country rustic” Victorian-style inn situated among a lush, quiet garden setting. The
Day 2 – Santa Cruz
This morning we’ll continue onboard our motorcoach to Santa Cruz and transition from land to sea when we board a sailing yacht for an unforgettable 2-hour lunch cruise in Monterey Bay. While enjoying an included lunch onboard, we’ll sail around the pristine waters of the Monterey Bay Sanctuary – rich with marine life including otters, sea lions, dolphins, jellyfish, diverse bird species and occasionally whales! This afternoon we’ll visit Santa Cruz’s Natural Bridges State Beach, a stunning coastal park home to an iconic natural rock arch that extends gracefully into the ocean. We’ll enjoy an overnight stay at the upscale Dream Inn, Santa Cruz’s premier beach-front hotel and a beloved local landmark. Set a few paces back from the sand and the surf, the Dream Inn sits directly atop the legendary Cowell Beach and is within walking distance of the Santa Cruz Wharf and the legendary Santa Cruz Boardwalk. Enjoy the balance of the evening at leisure to watch the colorful, awe-inspiring sunset from the ocean view balcony in your deluxe room. (Breakfast, Lunch)

Day 3 – San Francisco, Sonoma Valley
We’ll continue north this morning to San Francisco and enjoy time at leisure for browsing and lunch on your own at the ever-popular Pier 39, known for its historic waterfront, spectacular bay views, delicious seafood and two levels of unique specialty shops. This afternoon we’ll cross the iconic Golden Gate Bridge and continue into the picturesque Sonoma Valley, the birthplace of California’s wine industry, with some vineyards dating back to the 1820s. Rolling hills, vineyards, and charming towns set against the backdrop of the Mayacamas Mountains provides the idyllic landscape for us to enjoy an included wine tasting at an award-winning winery. We’ll enjoy an overnight stay at a deluxe hotel in the Sonoma Valley. (Breakfast)

Day 4 – The Skunk Train, Avenue of the Giants
This morning we’ll travel north to Willits and board the Skunk Train, the world-famous historic railroad that has been providing scenic rides through the redwood forests of Mendocino County since 1885. The vintage train cars are beautifully restored to reflect the charm and elegance of a bygone era, while the scenic journey that winds through majestic old-growth redwood groves, over scenic trestle bridges, through spectacular tunnels and into the heart of the Noyo River Canyon remains largely unchanged well over a century. This autumn-themed journey aboard the Pumpkin Express will take us deep into the wilderness where we’ll be surrounded by towering trees, lush ferns, the pristine waters of the Noyo River and a picturesque pumpkin patch set amidst the stunning natural surroundings. Enjoy a delicious included lunch, seasonal treats onboard the train and an opportunity to walk through the pumpkin patch and choose a pumpkin as a keepsake. This afternoon we’ll continue north through Avenue of the Giants, a magnificent, 31-mile scenic drive through Humboldt Redwoods State Park. This is the largest remaining stand of virgin redwoods in the world and they’re so close and so tall that they create a dramatic wall of enormous rusted trunks rocketing skyward! This evening, we’ll begin a two-night stay in Eureka, the charming California town situated between Arcata and Humboldt Bays. Enjoy time at leisure for dinner on your own in Old Town Eureka, a restored waterfront district of unique shops, restaurants and galleries. (Breakfast, Lunch)

Day 5 – Redwoods National Park, Eureka, Ferndale
A local guide will join us onboard this morning as we travel to Redwoods National Park, a “Land of Giants” that is home to giant coast redwoods over 300 feet tall and more than 2,000 years old! We’ll stop at the visitor center, enjoy an included picnic lunch and see these giant redwoods up-close while exploring the national park via several flat, easy trails. We’ll return to Eureka this afternoon for a driving tour focused on the city’s numerous Victorian homes including the Carson Mansion, considered the grandest Victorian home in America! Enjoy a stroll through the Victorian village of Ferndale, one of the best-preserved enclaves of Victorian architecture on the West Coast. (Breakfast, Lunch)

Day 6 – Eureka, Journey Home
This morning we’ll visit the Sequoia Park Zoo, the oldest zoo in California and one of the smallest accredited zoos in the country. But this zoo has something that no other zoo can offer, Redwood Sky Walk. This self-guided, immersive, interpretive walkway will take you 100 feet up into the redwood canopy, providing a bird’s-eye view of the redwood forest and a better appreciation of the scale and grandeur of these towering trees. This afternoon we’ll arrive at the Eureka International Airport for an included, non-stop flight arriving in Los Angeles this afternoon. (Breakfast)
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Sunday, October 6 - Friday, Oct. 11, 2024 (6 Days)
$2,299*/traveler (based on Double occupancy)
*If paid by check or money order ($2,392 if paid by credit card)

Mail reservation form to:
Wise & Healthy Aging
1527 4th Street, 2nd Floor
Santa Monica, CA 90401
Attention: Grace Cheng Braun

Please make check payable to:
Wise & Healthy Aging

Phone: (310) 394-9871, ext. 440 or (310) 729-5221
Secured Fax: (310) 394-7152
Email: trips@wiseandhealthyaging.org

Please find FULL payment of $__________ to secure reservations for _____ (#) person(s).

I want to purchase the SINGLE supplement:
☐ No
☐ Yes ($600 additional if paid by check; $624 by credit card)

Check which if paying by credit card:
☐ VISA
☐ MasterCard
☐ AmEx
☐ Discovery

Credit Card # : ____________________________ Exp: __________ Code: ________

Amount to be charged: $__________ Signature: __________________________

(form can be securely faxed to (310) 394-7152 or scanned and emailed to trips@wiseandhealthyaging.org)

>>> Please PRINT full name(s) exactly as it appears on legal photo ID <<<

Last Name: ____________________________ First: ________________ Middle: __________
Gender: ☐ Male  ☐ Female  Date of Birth (mm/dd/year): __________ Nickname: __________

Your Address: ____________________________ City: ____________________________
State: ______ Zip Code: _________ Cell: ( ) __________________________ (needed for while on trip)

Your Email: ____________________________ Emergency Contact Name: ________________
Relationship to You and His/Her Phone #: ____________________________ ( ) ________________

(Complete If Applicable: If different address, roommate needs to complete a separate sign-up form)

Roommate’s Last Name: ____________________________ First: ____________ Middle: __________
Gender: ☐ Male  ☐ Female  Date of Birth (mm/dd/year): __________ Nickname: __________
Roommate’s Cell: ( ) ____________________________ (needed for while on trip)

A travel protection policy (which includes cancellation protection and other benefits) is highly recommended and available through a third party. Regardless of the reason, cancellations, credits and transfers of paid bookings require us to retain an administrative fee (ranging from $50-$250 depending on the date of cancellation) in addition to all non-recoverable fees paid to the tour suppliers on your behalf. Those guests who have purchased travel protection and must cancel for a covered reason, will be reimbursed by the travel protection company the balance of any non-refunded or credited monies (minus the premium itself). Visit https://www.goodtimestravel.com/GTT/PageInfo/Protection.aspx