

Pre-Conference Schedule June 13, 2023

- 8:30-9 **Registration and Continental Breakfast**
- 9-9:15 **Opening Remarks:** Kate Ackerman, MD, MPH, FACSM
- 9:15-10:15 **The Benefits of an Interdisciplinary Team in Treating Female Athletes:**
Kate Ackerman, MD, MPH, FACSM, Emily Kraus, MD, Laura Moretti Reece, MS, RD, CSSD, LDN, Miriam Rowan, PsyD, Stacey Schley, MD, Trent Stellingwerff, PhD, FACSM
- 10:15-11:15 **Research Methodology Track: Menstrual Cycle & Hormonal Considerations when Conducting Female Athlete Research:**
Anthony Hackney, PhD, DSc, Kirsty Elliott-Sale, PhD, Clare Minahan, PhD
- Clinical Track: Therapeutic Approaches to Mental Health Concerns in Female Athletes:**
Miriam Rowan, PsyD & Kate Wilson, MSW, LICSW
- 11:20-12:20 **Research Methodology Track: Lessons in Qualitative Research**
Julie McCleery, PhD & Fiona Wilson, PhD
- Clinical Track: Nutrition Pearls for Female Athlete Performance— Bench to Field**
Louise Burke, PhD, OAM, FACSM & Laura Moretti Reece, MS, RD, CSSD, LDN
- 12:30-1:30 **Lunch & Discussion**
- 1:30-2:15 **REDs and Energy Availability- Basics to Master Class**
Trent Stellingwerff, PhD, FACSM, Louise Burke, PhD, OAM, FACSM, Ida Heikura, PhD, Anthony Hackney, PhD, DSc, Kate Ackerman, MD, MPH, FACSM
- 2:15-3 **Research Methodology Track: REDs— Moving Beyond Surveys**
Ida Heikura, PhD, Louise Burke, PhD, OAM, FACSM, Trent Stellingwerff, PhD, FACSM
- Clinical Track: REDs— Bring your Clinical Cases**
Kate Ackerman, MD, MPH, FACSM, Laura Moretti Reece MS, RD, CSSD, LDN, Miriam Rowan, PsyD
- 3-3:45 **Research Methodology Track: Study Design Q&A**
Kristy Popp, PhD and Research Team
- Clinical Track: Clinical Q&A**
Kate Ackerman, MD, MPH, FACSM and Clinical Team
- 3:45-4 **Closing Remarks:** Kate Ackerman, MD, MPH, FACSM

