

OPEN QUESTIONING WITH LGBT+ FAMILIES

At LGBT Mummies we understand that it can be difficult for Healthcare Professionals to know how to ask LGBTQIA+ people and their families questions, so here's a few open and positive ways to start a conversation and provide safe, inclusive and supportive care based on their journeys and needs.

"HOW ARE YOU
BOTH/ALL?"

"WHAT NAMES DO
YOU GO BY?"

"TELL ME
ABOUT YOUR
JOURNEY"

"I'M WORKING HARD TO
BE AN ALLY, I
APOLOGISE IN ADVANCE
IF I GET ANYTHING
WRONG"

"MY PRONOUNS
ARE WHAT ARE
YOURS?"

"HOW CAN I MAKE
THIS A SAFE SPACE
FOR YOU?"

"I'M SO EXCITED TO
SUPPORT YOU ON YOUR
JOURNEY!"

"WHAT WOULD BE
HELPFUL TO KNOW SO I
CAN SUPPORT YOU
BETTER?"



LGBT MUMMIES & PROUD FOUNDATIONS

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