

YMDT



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SEPTEMBER 2022

I hope you have all had an amazing summer and the new school year is off to a great start! This year the Youth Ministry Development Team picked a theme of service for each newsletter. monthly mailing, and upcoming events. We are basing this theme on the scripture from Matthew 25:34–40: Then the king will say to those at his right hand. "Come, you that are blessed by my Father, inherit the kingdom prepared for you from the foundation of the world: 35 for I was hungry and you gave me food. I was thirsty and you gave me something to drink. I was a stranger and you welcomed me. 36 I was naked and you gave me clothing. I was sick and you took care of me. I was in prison and you visited me."

37 Then the righteous will answer him. "Lord, when was it that we saw you hungry and gave you food, or thirsty and gave you something to drink? 38 And when was it that we saw you a stranger and welcomed you, or naked and gave you clothing? 39 And when was it that we saw you sick or in prison and visited you?" 40 And the king will answer them. "Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me."

Our diocese has many ministries that serve our communities. Each month I will highlight one of those ministries here and in our monthly mailing with a challenge for you. I hope you will take some time each month to learn about ways each one of us can help serve in the name of Christ. If you are involved in service to others, or if your church is involved in something really cool, let me know! ~ Amy

You don't get our monthly mailings? Let me know. Email me at amellies@iowaepiscopal.org

St. Andrew's, Des Moines - Food Pantry

"At St. Andrew's Episcopal Church, we are grateful for our community partnership with Des Moines Mutual Aid and the North Des Moines Community Fridge. By hosting the community fridge on our property, we're developing meaningful and intentional relationships by caring for each other with solidarity, not charity." Rev. Lizzie Gillman. This pantry is available for anyone in the community. You can drop off already prepared meals, meal kits, frozen food, fresh produce and other pantry staples.

There are blankets, hygiene products and other items free to whomever needs them.

Upcoming Events

Youth Lock-In - October 30-31

Youth who are in 4th-8th grade can be a part of the Youth Lock-In at St. Paul's. Des Moines. Come hang out with friends. learn about some of the service opportunities in the Des Moines area and what you can do in your hometown.

Suicide Awareness Month

988: Suicide & Crisis Lifeline - You can call or text to this number for help. It can be for yourself, a friend or family member. If you have concerns, reach out. People are there 24 hours a day.

NAM Central lowa has tons of resources and support groups to join.

Minaspring Mental Health Alliance offers FREE educational training on mandy mental health issues.

Youth Delegates to Convention October 29-31

We are looking for youth 16+ and confirmed to represent the youth of the diocese at Convention. Its a fun weekend in Des Moines and you get to be a part of the changes the diocese makes.

Simpson Youth Academy

June 17-25. 2023

The Simpson Youth Academy is a unique program on campus that allows rising high school juniors and seniors to explore their faith and prepare for college.

We have had several youth join the academy! If you are interested or would like more information contact Amy.

Find more information on all of our Upcoming Events on our

