Head to the Heart
Teach the content better. Keep the kids around after Confirmation. Equip parents for faith talk at home.

Head to the Heart (H2H) Confirmation & Youth Ministry resources provide tools for large group teaching and small group discussion and are easily adaptable to your church’s program. H2H builds lasting relationships with Christian mentors and friends, connects the head (knowledge) to the heart (personal faith), and makes confirmation fun for everyone involved!

Head to the Heart Resources Include:
- 90+ age-appropriate lessons with complete lesson prep and Leader’s Guide.
- Object lessons, PowerPoint presentations, game shows that teach, skits and more.
- FAITH5 resources included with each lesson, as well as free online games, devotions, and music to connect church and home.
- Support files filled with handouts, PowerPoint files and videos to help you get started and keep going strong. It’s all available via download from the web, too!
- Parent Recruitment Tools and Program Vision Tools - These PowerPoint and accompanying handouts will help you cast the vision to church leadership and get parents on board “every week at church and every night in every home.”
- Maximize value, and use H2H lessons for retreats, lock-ins, Sr. High discussion, and even adult education!

Head to the Heart Journals
Head to the Heart journals are a great tool for students to use each week at church and every night at home. At church, the journals take the place of the small group handouts, saving you the time and expense of making copies every week! At home, the journals are used for the FAITH5 Home Huddle, providing space to record highs & lows, prayers, and blessings. Also included are daily Bible verses for the “READ” step of FAITH5. The Head to the Heart journal is a great tool to connect church and home, and often becomes a memory book a young person’s confirmation journey. They are filled with full-color graphics and art, a short synopsis of the week’s theme and the weekly Quizbowl game.

Head to the Heart: Take Confirmation Further
To keep the content and the kid, simply Head to the Heart.

At Faith Instructors, we like to expand the goal of Confirmation and Jr. High ministries from simply Confirmation instruction to Confirmation ministry. To accomplish this, we need more than old-style workbooks and stale lectures. We need engaging, brain-based teaching methods. We need a relational, relevant, and real ministry approach. We need small group bonding. We need parents committed to being involved in some sort of faith talk at home. That’s Head to the Heart.

Teach the Content Better
Each H2H theme is built around one core scripture passage. That passage is introduced in multiple ways during the learning event at church. Head to the Heart includes more than ninety (90) customizable lessons using the Bible as the main textbook. Music, PowerPoint presentations, art, skits, stories and cartoons are provided as supplements.

These resources have been developed and refined for almost 20 years (we’re not new to the party), using the latest research on teaching how the adolescent brain learns. The resources have been used in thousands of churches coast to coast. H2H resources equip church staff with presentation tools to engage kids, and provide small group leaders with guidance to confidently process the subject in their small groups.

Keep the Kids Around: Learn, Serve, and Play Together
The basic philosophy of the Head to the Heart system of faith education places one caring Christian adult mentor or “Guide” with 3-5 youth in a journey of learning, serving, playing, praying and growing throughout the adolescent years. To a kid, friends are of the utmost importance. Head to the Heart harnesses the power of these friendships with small groups building a network of care at church as the context for learning. Small groups learn, serve, and play as they bond together as living cells in the body of Christ.

Equip Parents For Ministry at Home
Small group ministry is a vitally important facet of ministry at church, but what about the most important and influential small groups of all: families? It’s one thing for us to tell parents that they need to be involved. It’s quite another thing to actually equip them to do it. The Head to the Heart journals provide parents with a non-threatening, step-by-step process to re-engage (or engage for the first time) faith talk in the home. We at Faith Instructors live in the real world and know that most parents will run screaming from the idea of regular home devotions with their kids. That’s why we’ve made the parent resources included with Head to the Heart clear and simple. Anchored by our FAITH5 “how-to” steps, parents are invited to simply carve out five to ten minutes a day with their kids to talk about what’s going on in their lives. As the comfort level increases, this simple beginning can guide parents and kids into deeper rhythms of faith talk and learning, including Bible reading, prayer, journaling, and more.

The System and Resources
Head to the Heart materials include everything you need to make learning events lively and interactive, with students participating in skits, art, music, and servant projects to help teach each lesson. Fellowship, prayer, and discussion follow all presentations as key parts of the learning process, but small groups also spend time doing weekly pastoral care for members in their group. Church staff still teach the content, but everything taught is “unpacked” by caring leaders in small groups. The role for pastors and other church staff is to serve as mentor to these mentors and to equip them for a ministry of modeling and care.

How Can H2H Help My Ministry?
If you’re simply looking for new materials, Head to the Heart has some of the best materials around. However, the true benefits to your youth, their parents, and your congregation lay in the total H2H system, not simply in its materials. It is this system that brings life to what has traditionally been one of the most challenging ministries of the church, and equips parents to be active participants in the faith life of their children.

Faith Instructors’ Head to the Heart will provide you with the content and the theology crucial to faith formation, taught in engaging and multi-sensory ways, designed to make that content (and the kids) stick!
HEAD TO THE HEART THEME/JOURNAL LIST

The Old Testament
1. Old Testament Overview
2. Creation
3. The Fall
4. People of the Promise
5. The Promise Continues
6. Moses and the Wanderings
7. Of Tents and Kings
8. The Psalms
9. Wisdom Literature
10. Voice of the Prophets

The Ten Commandments
1. Gods and Idols
2. Name in Vain
3. Sabbath
4. Honoring Parents
5. Killing
6. Adultery
7. Stealing
8. False Witness
9. Coveting
10. Ten Commandments Review

The Life of Jesus
1. Gospel Overview
2. The Birth of Jesus
3. Baptism and Wilderness
4. The Teachings of Jesus
5. The Miracles of Jesus
6. The Hard Sayings of Jesus
7. The Last Commandment
8. The Passion
9. The Resurrection
10. The Great Commission

The Lord’s Prayer
1. Our Father
2. Hallowed
3. Kingdom Come
4. Will Be Done
5. Daily Bread
6. Forgive Us
7. Time of Trial
8. Deliver Us from Evil
9. The Doxology
10. Lord’s Prayer Review

The Apostles’ Creed
1. God the Creator
2. God the Provider
3. God the Preserver
4. Jesus the Savior
5. Jesus the Redeemer
6. Jesus the Lord
7. The Holy Spirit
8. Church and Saints
9. Forgiveness of Sins
10. Resurrection and Eternal Life

The New Testament
1. New Testament Overview
2. The Holy Spirit Comes
3. Peter and the Early Church
4. The Damascus Road
5. The Journeys of Paul
6. The Letters of Paul
7. The Letter to the Hebrews
8. The Universal Letters
9. The Revelation to John
10. The Bible and My Life

Hot Topics
1. Sex and Love
2. Drugs: Your Body is a Temple
3. Fast Cars and Other Risky Business
4. Media and Materialism
5. God and Science
6. War and Peace
7. Suicide
8. Stewardship of Time
9. Stewardship of Talents
10. Stewardship of Treasure

Luther and the Catechism
1. The Stormy Monk
2. The Protesting Professor
3. Trouble, Trouble, Trouble
4. Heretic’s Trial
5. Martin Luther: A Legacy
6. Ten Commandments Overview
7. Lord’s Prayer Overview
8. Apostles’ Creed Overview
9. The Sacrament of Baptism
10. The Sacrament of Communion

Lutheran Life
1. Baptism: One Lord, Faith, Baptism
2. Baptism: Newness of Life
3. Communion: Passover to Last Supper
4. Communion: Taste and See
5. Worship: Gathering
6. Worship: The Word
7. Worship: Meal and Sending
8. Confessing My Faith
9. Confirming My Convictions
10. Claiming My Calling

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