

# Call to MEETING<sup>20</sup><sub>21</sub>

82<sup>nd</sup> Annual House of  
Delegates

Sunday, October 24<sup>th</sup>, 2021  
Virtual Meeting

President: Caryn Tabby  
Convention Co-Chairs: Aimee Thompson,  
Krissy Eisenhardt & Megan Maples



Advocates *for the* American Osteopathic Association  
the people behind the profession



## AAOA President Caryn Tabby, PE

The Advocates for the American Osteopathic Association, 142 E Ontario, Chicago, IL 60611

**To: All Eligible Members of the AAOA**

**Posted at [www.Advocates4DOs.org](http://www.Advocates4DOs.org) and delivered via email September 9<sup>th</sup>, 2021.**

Greetings, Advocates!

You are hereby invited to submit your application to serve as a delegate at the 2021 Annual Business Meeting of the Advocates for the American Osteopathic Association, to be held on Sunday, October 24, 2021, virtually.

States with active affiliate organizations in good standing may submit their delegates as chosen by their membership, up through the number allotted according to the AAOA membership from their state in the previous membership year, ending May 31, 2021. The fee for all eligible voting delegates is \$10.00. Payment should accompany the registration form. States may submit these in a group packet with a single payment if preferred. All delegate credentials will be confirmed, and a response will be sent to the individual's email address on the registration form.

All states may be represented by delegates at the AAOA Annual Business Meeting. States without an active affiliated organization in good standing may be represented by independent delegates who meet eligibility criteria. Each state gets a minimum of 5 delegates, and maybe more based on the AAOA membership in the state in the previous membership year. I have included a table showing each state's AAOA membership in the previous membership year and the number of 2021 delegates earned by that count. Current AAOA board members and AAOA past presidents do NOT count against the state's delegates. They may sit with the state and vote, but are in addition to the state's allowed delegates, like bonuses! States with active organizations are marked with the letter X. Send new information if your state is not marked. Questions may be directed to me at [AAOA@osteopathic.org](mailto:AAOA@osteopathic.org)

While current membership (dues up-to-date) in the AAOA is a requirement, membership in a State Advocate group is **not** a requirement. Those of you from states without an organized group are welcome to register to attend this annual business meeting. Including more individuals is a benefit for our organization, so please do not hesitate if you have not been active before or in your state.

Military members, Intern/Resident members, SAAs, all have opportunities to participate. If you are applying to represent a state other than that listed as your current residence, please add a note to explain your connection to your selected state. If seats are filled, there are opportunities to apply as an alternate with a chance of being seated in the absence of another.

In this electronic packet, you will find a schedule of events that includes Advocate sponsored activities as well as some activities for everyone that might interest our members. Guests are welcomed.

The AAOA has enjoyed a successful year with our programs and members! Our Business Meeting is an opportunity to highlight our work on the national level and network with our state affiliates. While our scheduled events allow Advocates from across the country to connect and share ideas on life in the Osteopathic Family.

I hope to "see" you and thank you for the opportunity, honor, and privilege to serve you this year. Thank you!

*Caryn Tabby*

Advocates for the American Osteopathic Association

## DELEGATE COUNT

MAY 31<sup>st</sup>, 2021

<b>STATE</b>	<b>MEMBERS</b>	<b>DELEGATES</b>
APO/FPO Eur-A	1	5
APO/FPO Pacific	1	5
Alabama	6	5
Alaska	18	5
Arizona	61	7
Arkansas	5	5
California	75	7
Colorado	35	5
Connecticut	10	5
Delaware	4	5
D.C.	0	0
Florida	215	13
Georgia	2	5
Hawaii	0	0
Idaho	55	7
Illinois	48	5
Indiana	7	5
Iowa	5	5
Kansas	20	5
Kentucky	19	5
Louisiana	3	5
Maine	3	5
Maryland	25	5
Massachusetts	3	5
Michigan	219	13
Minnesota	8	5
Mississippi	5	5
Missouri	38	5
Montana	5	5
Nebraska	8	5
Nevada	12	5
New Hampshire	4	5
New Jersey	138	9
New Mexico	6	5
New York	25	5
North Carolina	7	5
North Dakota	8	5
Ohio	55	7
Oklahoma	32	5
Oregon	18	5
Pennsylvania	111	9
Rhode Island	8	5
South Carolina	11	5
South Dakota	2	5
Tennessee	18	5
Texas	201	13
Utah	2	5
Vermont	1	5
Virginia	15	5
Washington	27	5
West Virginia	15	5
Wisconsin	9	5
Wyoming	18	5
AACFP		5
SAA		2

1-50 members: 5 delegates

51-100 members: 7 delegates

101-150 members: 9 delegates

151-200 members: 11 delegates

201-250 members: 13 delegates

251-300 members: 15 delegates

Advocates for the American Osteopathic Association  
REGISTRATION FORM  
Registration for 2021 Annual Meeting & House of Delegates, October 24, 2021

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ (Cell? Y or N)

Address: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Email: \_\_\_\_\_ Your AAOA State: \_\_\_\_\_

I am a current 2021-2022 member in category \_\_\_Life \_\_\_Regular \_\_\_Widowed \_\_\_Retired \_\_\_IRAA \_\_\_SAA

If registering as a voting delegate, please check all that apply to you

\_\_\_ AAOA Current Board Member

\_\_\_ AAOA Past President

\_\_\_ Representing organized affiliate of AAOA as Delegate \_\_\_\_\_ which state or group)

\_\_\_ SAA representing the COM: \_\_\_\_\_

I would like to attend remotely

**All delegates' credentials will be confirmed.** If there is a question, we will contact you by the email address provided above.

**PAYMENT FORM:**

**Advocate Expense Worksheet**

Delegate Registration Fee \$10.00

\*\*One time drop in payment due to our entire business meetings and all events being virtual.

AAOA Presidential Reception *Honoring Incoming President Shane Halvorsen*  
October 24th, 3pm CST \$0.00

Printed Copy of Delegate Book \$10.00

**TOTAL Due: \$ \_\_\_\_\_`**

By Check: Amount \$ \_\_\_\_\_ Date: \_\_\_\_\_ Check # \_\_\_\_\_ (please make check payable to **AAOA**)

By AAOA Online Store: Go to <http://www.advocates4dos.org/> and select *Visit Our Store* to pay, then Email or fax form

By Credit Card: \_\_\_VISA\_\_\_\_\_ MasterCard\_\_\_\_\_ American Express

Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Name on Card: \_\_\_\_\_ Billing Zip Code: \_\_\_\_\_

States may send bundled registration forms together with payment for delegates & alternates. States with confirmed affiliated organizations have until September 24<sup>th</sup>, 2021 to secure their delegations. After September 24<sup>th</sup>, 2020, seats unfilled by state's delegations may be available for independent registrants. **Registration is ONLY valid with payment & positions will not be held pending receipts.** All delegates will be confirmed by email prior to September 24<sup>th</sup>, 2020, after which all will be acknowledged on site or as available due to travel of convention planners. Materials for the Annual Meeting & House of Delegates' business meeting will be sent electronically. The option to purchase & receive a booklet onsite is listed above.

Mail form & payment to: AAOA 142 E. Ontario, Chicago, IL 60611

Fax form with credit card information to AAOA: (312) 202-8208

Questions: Email us at [AAOA@osteopathic.org](mailto:AAOA@osteopathic.org) or telephone (312) 303-8192

For ALL other AAOA OMED event registrations, use forms available at [hht://www.advocates-4dos.org/](http://www.advocates-4dos.org/)

Authorized Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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## ADVOCATES' SCHEDULE FOR OMED 2021

### Thursday, October 10<sup>th</sup>

ALL DAY Virtual Still Fit for Life Fun Run Begins  
(Runs through October 24<sup>th</sup>, 2021)  
[Register Here](#)  
<https://aaoafunrun.jmvirtualraces.com/>

### Friday, October 22<sup>nd</sup>

ALL DAY Virtual Still Fit for Life Fun Run  
[Register Here](#)  
<https://aaoafunrun.jmvirtualraces.com/>

7-9pm CST Virtual Cocktail Party  
<https://us02web.zoom.us/j/88621761737?pwd=NG1qQk4wbmxhRHUvbC9NS1FoRWx3Zz09>

### Saturday, October 23<sup>rd</sup>

ALL DAY Virtual Still Fit for Life Fun Run  
[Register Here](#)  
<https://aaoafunrun.jmvirtualraces.com/>

12-2pm CST SAA Workshop  
For Student Advocates only  
Pre-registration required by 10/1/2021  
[Register Here: SAA/IRAA Workshop Registration 2021 \(google.com\)](#)  
<https://us02web.zoom.us/j/84302420641?pwd=czA5VnVQOG94YlVFaGVtSnhUSC9jdz09>

### Sunday, October 24<sup>th</sup>

ALL DAY Virtual Still Fit for Life Fun Run (ends today)  
[Register Here](#)  
<https://aaoafunrun.jmvirtualraces.com/>

12-3 pm CST AAOA House of Delegates  
& Annual Business Meeting  
Registration begins at 11:30pm CST  
<https://us02web.zoom.us/j/87138779652?pwd=aHQ1TGhVNVdqM0NEbHR6UVRDTW9mUT09>

3pm CST Advocate Presidential Inauguration  
& Board Installation, followed by a virtual  
*Reception honoring Incoming AAOA  
President, Shane Halvorsen*  
<https://us02web.zoom.us/j/81216168779?pwd=VkRuWnh2UEVuTU9SVG9kUXhldHBXUT09>

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Times and Locations are always Subject to Change

In this electronic document, you will find the AAOA schedule of events, registration information and forms for delegates to our annual business meeting, information about our virtual Still Fit for Life Fun Run.

Changes to the schedule will be provided in advance. Please visit our online square store for merchandise at <https://www.advocates4dos.org/store>. The Still Fit for Life Fun Run is virtual this year, please see our flyer and sponsorship form on page eight and nine of this document.

The Advocates to the American Osteopathic Association (AAOA) Proudly Presents

# SAA & IRAA 2021 Workshop

OMED 2021



Saturday, October 23<sup>rd</sup> 12:00pm CST – 2:00pm CST

Via Zoom

## About Lara

Lara McElderry studied Family and Consumer Science and graduated from the University of Arkansas with a Master's Degree in Teaching. She has worked with youth and adults and has a strong interest in family dynamics. Lara has been navigating the medical world for the last seventeen years as she has supported her husband through medical school, residency, a specialty change, fellowship, as well as raising five boys. She is the founder and podcast host of Married to Doctors. Her show is an interview-based weekly podcast. Spouses of physicians share their stories and experts share advice as Lara leads a discussion asking personal and hard questions that explore the joys and challenges of being Married to Doctors.



The AAOA invites you to our virtual

## SAA/IRAA Workshop

featuring special guest speaker:

Lara McElderry

Life Coach and the podcast host of Married to Doctors

Laura will be leading an interactive workshop on transitions in the medical journey and how to manage expectations through these transitions.

Each SAA/IRAA group (not member) that registers and attends the virtual workshop and the house of delegates meeting, will receive a **\$600 stipend** from the AAOA. Additionally, the board of each SAA/IRAA represented at both events will receive a special gift.

Please register for the workshop below and follow our [Facebook](#) for additional details!

Please click [here](#) to register for the workshop by 10/1/20201

\*Note: All SAAs/IRAAs must pay dues to be eligible to attend the workshop.

Contact Brittany Lutz at [aaosaalaison@gmail.com](mailto:aaosaalaison@gmail.com) with any questions.



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## Join us for the Advocates for the American Osteopathic Association Virtual Fun Run October 10th-24th 2021!

This year's fun run is going to be virtual, let's take a break from your computer and participate in the AAOA Virtual FUN Run between **October 10<sup>th</sup>- 24<sup>th</sup>, 2021**. Complete this walk or run 5K on a course of your choosing and get your swag sent to your front door!

Your FUN Run t-shirt and participant medal will be shipped to you after you register, so you have your swag in time to wear for your walk or run.

Once you've completed the 5K, the Just Move App will track how your time and report it back to us. All runners need to record their race by 11:59 pm on October 24th.

All proceeds for this year's Run will go directly back to support osteopathic medicine in the form of scholarships, grants, and awards to students, residents, and much more. Thank you for choosing to support the AAOA and Osteopathic Medicine.

Join in the FUN and Sign-up now!





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**Sunday, October 10<sup>th</sup> - Sunday October 24<sup>th</sup>, 2021**

CONTACT PERSON: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

ORGANIZATION NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/STATE/ZIP: \_\_\_\_\_

*Please indicate your organization's contribution level below.  
All proceeds from the race will benefit the AAOA Special Projects Grant Program.*

- Starting Line Sponsor (1): \$5,000**  
The organization: will have their name/logo displayed on the Fun Run banner at OMED in large bold lettering, will be promoted as a Starting Line Sponsor on the AAOA website and social media accounts, will be featured on the JustMove App and website, will be promoted as a Starting Line Sponsor in an audio commercial during the virtual race, will have their name/logo located on the back of the race t-shirt at the top in large bold lettering, will have their name/logo on all flyers, may provide marketing materials to be included in the race packet, will receive 2 free race registrations and 4 additional t-shirts
- Registration Sponsor (1): \$2,500**  
The organization: will have their name/logo displayed on the Fun Run banner at OMED in large bold lettering, will be promoted as a Registration Sponsor on the AAOA website and social media accounts, will be featured on the JustMove App and website, will be promoted as a Registration Sponsor in an audio commercial during the virtual race, will have their name/logo located on the back of the race t-shirt at the top in large bold lettering, will have their name/logo on all flyers, may provide marketing materials to be included in the race packet, will receive 2 free race registrations and 4 additional t-shirts
- Course Sponsor: \$1,500**  
The organization: will have their name/logo displayed on the Fun Run banner at OMED, will be promoted as a Course Sponsor on the AAOA website and social media accounts, will be featured on the JustMove App and website, will be promoted as a Course Sponsor in an audio commercial during the virtual race, will have their name/logo located on the back of the race t-shirt, will have their name/logo on all flyers, may provide marketing materials to be included in the race packet, will receive 2 free race registrations and 2 additional t-shirts for your organization
- Fit Sponsor: \$1000**  
The organization: will have their name/logo displayed on the Fun Run banner at OMED, will be promoted as a Fit Sponsor on the AAOA website and social media accounts, will be featured on the JustMove app and website, will have their name/logo located on the back of the race t-shirt, will have their name/logo on all flyers, may provide marketing materials to be included in the race packet
- Healthy Sponsor: \$500**  
The organization: will have their name/logo displayed on the Fun Run Banner at OMED, will be promoted as a Healthy Sponsor on the AAOA website and social media accounts, will be featured on the JustMove App and

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website, will have their name/logo located on the back of the race t-shirt, may provide marketing materials to be included in the race packet

**Pace Setter Sponsor: \$250**

The organization: will have their name/logo displayed on the Fun Run banner at OMED, will be promoted as a Pace Setter sponsor on the AAOA website and social media accounts, will be featured on the JustMove App and website, may provide marketing materials to be included in the race packet

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*Please send your completed form, contribution (**made payable to AAOA**), and race packet materials (for 150 participants), and camera-ready logos **no later than September 24<sup>th</sup>, 2021**, to:*

Still Fit for Life, c/o AAOA  
142 E. Ontario Street  
Chicago, IL 60611

**For more information contact AAOA at 312-202-8192 or [aaoa@osteopathic.org](mailto:aaoa@osteopathic.org)  
Thank you for your support!**