Chuck Palahniuk: Consider This

Summary of Palaniuk's "Diagnostic Check" for fiction writing from his book "Consider This"

Problem	Consider
Your narrative voice is boring	 Read it out loud. Do you vary sentence length and construction? Do you balance dialogue with action and gestures? Do you mix different "textures" of communication?
You fail to build tension	 Have you established a clock? Do you limit and revisit elements like settings, characters and objects? Do you avoid passive verbs like "is" and "has"? Do you use "tennis-match dialogue" (rapid back-and-forth responses between characters, often found in situation comedies) that instantly settle tension? Do you make everything a series of three (e.g. Father, Son, and Holy Spirit)? Instead use two or four items. Do you stay within a scene? Do you fall into frequent flashbacks that jolt your reader out of the fictional moment? Are you taking things too lightly? Cut back on your cleverness.
Your stories meander without coming to a climax	 Did you plant a gun? (A plot device introduced early that foreshadows trouble later on.) What unresolved expectation can you revisit? What character can you kill in the second act in order to heighten the seriousness? Can you send your characters on a brief road trip that will wreck their complacency?
You lose interest in the work before it's complete	 Does it explore a deep and unresolved issue of yours? Are you depicting a horizontal series of plot events that doesn't deepen? Are you reintroducing objects and morphing them into symbols?
A scene runs on and on without contributing to the horizontal or the vertical of the story	 Before writing the scene, did you plan its purpose? Does it establish or introduce something? does it deepen the risk and tension? Is it a lull to pace an upcoming reveal, or to suggest time passing? Or does it reveal something and resolve tension? Always, always have some inkling of your scene's purpose before you begin to work on it.
No one reads your work agents, editors, or audiences.	 Does it really matter? Is the writing fun? Does it exhaust and resolve a personal issue? Does it put you in the company of others who enjoy it? I Are you growing and experimenting with every draft? Does your work really need to be validated by others?

Your fiction fails to engage the reader	 Do you rely too much on big voice and abstract verbs? Readers are entranced by an object in motion. Are you clearly depicting an object or person in motion?
Your beginnings don't hook readers	 Do you begin with a thesis sentence that summarizes, or do you begin by raising a compelling question or possibility?
You don't have time to write	 Daydream in silence in the car instead of listening to music Keep a pad and pen (or Notes app) with you all the time to jot down ideas to make the most of your writing time
You don't want to freak out your family	 By telling the truth you allow others the same opportunity. So long as you're clearly writing fiction, you force other people to own the fact they might be the characters. If they take offense, deny you wrote about them.
You can't find a workshop	 Start one. Enroll in a course. Find any social structure to hold you accountable to writing.
Your workshop sucks	They all suck at some pointUltimately, does the workshop keep you writing?
Writers in your workshop suggest unhelpful revisions or fail to offer creative insight	 A good writer knows what she can use and makes note of the helpful advice. A professional knows not to push back, but just to smile and thank everyone for their contribution.
Your audience isn't surprised by your work	 Are you yourself surprised? Do you withhold your best idea for the end, or can you use that strong idea near the beginning and trust that the story will naturally build to a stronger climax than you ever could've initially imagined?
Your work fails to break readers' hearts	 Are you being too clever? Have you established emotional heart authority? Does your work sound too much as it it's being told by a writer instead of an actual person?
Your main character is a shallow stereotype	 Can you make her do something awful for a noble reason?
Your work isn't as good as Amy Hempel's	No one's is