

## hot beverages

### coffee

|                        |           |
|------------------------|-----------|
| espresso               | 4         |
| long black             | 4         |
| americano              | 4.5       |
| macchiato short / long | 4.5 / 4.8 |
| flat white             | 4.5 / 5   |
| cappuccino             | 4.5 / 5   |
| latte                  | 4.8 / 5   |
| mochaccino             | 5.5       |
| vienna                 | 4.6       |
| chai latte             | 5.2 / 5.8 |
| tumeric latte          | 5.2 / 5.8 |

**hot chocolate** 5.6

**hot white chocolate** 5.6

### coffee desserts

|                        |      |
|------------------------|------|
| affogato               | 12.5 |
| frangelico affogato    | 17.5 |
| liqueur special coffee | 14.9 |

### tea

|  |     |
|--|-----|
| for one  | 4.6 |
| for two  | 5.6 |
| special blend breakfast / earl grey / grapefruit & bitter lemon / peppermint / chamomile / vanilla papaya sencha green tea / peach rose sweet sunday |     |
| lemon, ginger & honey hot shot   | 4   |

### extras

|  |     |
|--|-----|
| extra shot / soy milk / almond milk / coconut milk / oat milk / vanilla / hazelnut / caramel / white chocolate / wild peppermint | 0.8 |
|--|-----|

## cold beverages

**iced drinks** 6.5

coffee / mocha / chocolate / white chocolate

**fruit smoothies** 6.5

summer berry / juicy mango / banana / feijoa & apple

**arepa smoothie** 7.5

blackcurrent brain food

**thick shakes** 6.7

vanilla / caramel / hazelnut / peppermint

**iced tea** 5

lemon / peach

**allganics organic sparkling fruit juice** 5.5

apple and guava / cranberry and apple

**arepa** 7.5

mental clarity drink

**kombucha** 6.5

raspberry & lime / ginger & lemon

**bundaberg** 5

ginger beer / lemon lime & bitters

### antipodes

1 litre sparkling 9.5

500ml sparkling / still mineral water 6.2

**fresh juices** 4.9

orange / feijoa / pineapple / tomato / apple / cranberry

**carbonated drinks** 4

coke / diet coke / coke zero / lemonade / tonic / soda water / ginger ale / lemon & paeroa

| gluten-free options available |  
| please advise staff of any allergies |

# menu

## bread

**selection of breads** 9.9

dukkah / balsamic reduction / avocado oil

**garlic baguette** 6.9

garlic, herb butter / mozzarella

## soup

**soup of the day** 16.5

wait staff will advise / ciabatta

**urbano chowder** 19.9

coconut lime seafood chowder / ciabatta

## entrée

**prawns** 24.9

pan seared marinated prawns / diced mango / cucumber / capsicum cubes / chives / mint / toasted almond slivers / saladini / marie rose sauce / black pearls

**pork belly** 22.5

braised / sticky honey soy sauce / crispy tofu / pickled cucumber, red onion and carrot / roasted cashew nuts / red radish shavings / baby watercress

**croquette** 19.9

agria potato mashed / hamon serrano / saffron aioli / tomato chilli jam / buttered baby spinach / parmesan crisp / micro greens

**urbano salad** 21

baby spinach and saladini / dried cranberries / blue cheese / baby beets / mandarin segments / candied pecans / white balsamic and orange dressing

- marinated prawns +4.9

- free-range dukkah crusted chicken tenderloins +4.9

- grilled haloumi cheese +4.9

**pâté** 19.9

our own chicken liver pâté / port wine jelly / apple and apricot mostarda / ciabatta crisp

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## mains

|   |             |
|---|-------------|
| <b>chicken</b><br>free-range chicken breast / dukkah crust / pecan, apricot and cream cheese stuffing / corn and spinach risotto / parmesan shavings / baby vegetables / chicken jus                          | <b>34.9</b> |
| <b>pork</b><br>bacon wrapped tenderloin / carrot and star anise puree / cider glazed onions / potato and ham croquette / baby vegetables / banana ketchup / chorizo jam                                       | <b>36.9</b> |
| <b>lamb</b><br>new zealand lamb tenderloin / highland black rice / roasted broccolini and carrots / baby turnip / charred peppers / smoked feta cheese / pickled walnut / jus                                 | <b>45.5</b> |
| <b>fish</b><br>wait staff will advise   | <b>POA</b>  |
| <b>duck</b><br>confit leg / chorizo and kumara confit / crème fraiche / garlic green beans and baby carrots / black olive tapenade / overnight marinated tomatoes / red currant sauce / pea tendrils          | <b>42.9</b> |
| <b>scotch fillet</b><br>premier rib eye of new zealand beef / fire roasted peppers and agria mashed potatoes / balsamic onions / baby beetroot and turnip / long stem broccoli / creamy swiss brown mushrooms | <b>44.9</b> |
| <b>urbano chicken burger</b><br>free-range tenderloins / dukkah crusted / cider onions / camembert / guacamole / lettuce / smoked tomato / chilli jam / aioli / chilli kelp fries                             | <b>26.9</b> |
| <b>vegetarian</b><br>urbano nourish bowl - spiced carrot hummus / portobello mushrooms / quinoa / seasonal greens / roasted kumara / pickled cauliflower / dukkah / tahini dressing / toasted sesame seeds    | <b>27.9</b> |
| - grilled haloumi cheese  | <b>+4.9</b> |
| - free-range dukkah crusted chicken tenderloins   | <b>+4.9</b> |
| - marinated prawns  | <b>+4.9</b> |

## sides

|   |            |
|---|------------|
| <b>kumara</b><br>confit / chorizo / crème fraiche   | <b>9.9</b> |
| <b>medley of garden vegetables</b><br>steamed / garlic herb butter  | <b>9.5</b> |
| <b>steak fries</b><br>aioli / tomato sauce  | <b>7.9</b> |
| <b>garden salad</b><br>salad mix / spiced chickpea / julienne garden vegetables / tomato / cucumber / white balsamic and orange dressing            | <b>9</b>   |
| <b>wild rocket salad</b><br>wild rocket / highland black rice / red onion / baby beets / baby turnip / candied almonds / maple and shallot dressing | <b>9.5</b> |

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## desserts

|  |             |
|--|-------------|
| <b>crème brulee</b><br>chocolate / dark ghana 72% / pistachio pebbles / biscotti / whipped cream                         | <b>17.9</b> |
| <b>strawberry and peach crumble</b><br>basil gel / vanilla ice-cream / whipped cream / molasses powder / balsamic pearls | <b>18.9</b> |
| <b>banana spring rolls</b><br>coconut ice-cream / jackfruit / butterscotch sauce / whipped cream / chocolate soil        | <b>18.9</b> |
| <b>sundae</b><br>vanilla ice-cream / berry compote / almond rocks / crushed meringue / whipped cream                     | <b>15.9</b> |
| <b>frangelico affogato</b><br>vanilla ice-cream / espresso / frangelico / biscotti                                       | <b>17.5</b> |
| <b>cheese</b><br>selection of blue / mature cheddar / soft cheese / cracker selection / apple and apricot mostarda       |             |
| for one  | <b>18.5</b> |
| for two  | <b>28</b>   |
| for a crowd  | <b>36</b>   |

## little person's menu

|   |             |
|---|-------------|
| <b>pizza</b><br>bacon / pineapple / cheese<br>fries or salad option | <b>11.9</b> |
| <b>fresh tempura fish</b><br>fries or salad option                  | <b>12.9</b> |
| <b>crumbed chicken tenderloins</b><br>fries or salad option         | <b>11.9</b> |
| <b>beef nachos</b><br>chilli jam / melted cheese / sour cream       | <b>16</b>   |

## little person's desserts

|  |            |
|--|------------|
| <b>banana spring rolls</b><br>vanilla ice-cream / jackfruit / butterscotch sauce / whipped cream | <b>8.5</b> |
| <b>sundae</b><br>vanilla ice-cream / chocolate, caramel, passionfruit<br>or strawberry topping   | <b>7.9</b> |

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