

GENUINE RELATIONSHIPS

7 Behaviors that help you achieve the success you have always wanted while building the relationships you didn't know you have been longing for.

GENEROUS

Generous people recognize that from time to time we all need to get by with a little help from our communities. They are attentive to the needs of others around them and willing to help. They are attentive to their own needs and willing to accept help. They know it is a joy to receive but a greater joy to give. They embrace both joys.



ENGAGED

Engaged is living with intention in regards to your time and your relationships. It is being present in the company you are with. Engaged people stay focused on the current situation and current company. They are able to block out the noise and distractions around them to remain focused on whoever is directly in front of them.

NICE

Nice is living in a way where your interactions with others and the way you treat them, matches the way you want others to interact with and treat you. It's about recognizing that your actions and attitudes impact the actions and attitudes of others. Nice people are on a continuous journey to apply kind actions and pleasant attitudes to others regardless of who they are interacting with or the situation they are interacting in.



UNAFRAID

Unafraid people recognize that every person is broken, including themselves. They know that the way broken people act and react will sometimes result in interactions that are unpleasant, unhelpful, and illogical but they choose to interact with people anyway. Living unafraid is choosing to love people enough to strive to get beyond your own personal desires to be comfortable and liked. To move towards living in such a way people know they can count on you for a balance of truth and grace.

"The things we strive for are just the bait...the struggle to get them with people that we care about gives us the personal evolution and the meaningful relationships that are the real rewards."

- Ray Dalio, *Principles for Success*

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INTEGRITY

People with relational integrity show up the same in all places with all people no matter what they are doing. They are comfortable in their own skin and confident in sharing who they are with others. Their consistency in behavior creates great relational comfort that invites others in and creates a safe place where they can be themselves too.



NON-JUDGEMENTAL

Non-judgmental people recognize that we are all on journeys. They see value in their own journey and value the journeys of others. They are curious and respectful, seeking first to understand and then to be understood. They guard ownership of their personal journey and never try to own the journey of others. They share what they are learning on their journey so others can benefit. They love people enough to want to be helpful in their lives and they believe the only way to be helpful is to truly know other people.

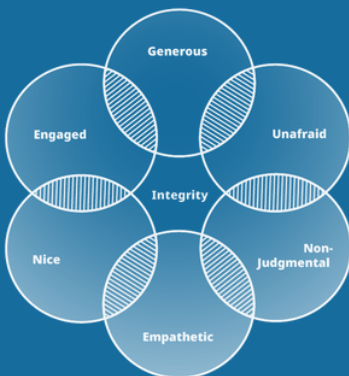


EMPATHY

Empathetic people appreciate that the past affects the way people view their current reality and what they believe is possible in the future. It is the ability to put yourself in another person's shoes and filter your interactions through the lens of positive intent. Empathetic people also recognize how their own past affects how they show up and give themselves grace for not always showing up well. Although aware of the past, they expect to always be working on getting wiser, not remaining stuck in the present way of thinking and behaving.



What impact would having more **genuine** relationships have on your life and your ability to achieve success?



All successful people are on **unique journeys** towards their personal definition of success built off their unique combination of experiences, skills, and motivations.

But all **happy and successful** people know that relationships are a huge part of their success, and that success feels better when you have people to share it with.

Become the type of **genuine** person others want to be on the journey towards success with because doing life together makes life more worth doing!