



Veteran Resilience Project Sponsorship Proposal

SWEAT FOR VETS

At Veteran Resilience Project, we are dedicated to providing essential Trauma Therapy and resources for Veterans, Service Members, and Spouses.

We're excited to invite you to sponsor this invigorating "Sweat for VETS" experience. This event combines the rejuvenating benefits of a sauna and cold plunge with a powerful cause that supports our military community.

Friday, November 15th, 2024
11:30–8:30pm
Endion Station, Duluth MN

Contact: Jenna Graen

Phone 218-409-6122
Website www.veteranresilienceproject.org
Email jenna@veteranresilience.org
Address PO Box 1057, Minnetonka, MN 55345



Bringing our Veterans all the way home

About Us

Welcome to Veteran Resilience Project (VRP), a Minnesota-based non-profit organization dedicated to supporting our veterans, service members, and their spouses on their journey towards mental health and resilience.

Founded in 2015 by Elaine Wynne, MA, LP, a Certified EMDR Therapist, VRP aims to provide easy access to effective mental health therapy as a pathway to healing for Minnesota's veterans and their families.

At VRP, we coordinate care to connect veterans with EMDR-Trained Therapists within our network, ensuring they receive specialized and effective treatment. We are committed to offering 12 or more free sessions of EMDR Therapy, recognizing the critical need for accessible mental health support for those who have served our country.

Beyond therapy, VRP is dedicated to community education on PTSD and trauma, advocating for increased awareness and effective care for veterans. We also provide Wellness Training to organizations, corporations, and businesses to equip them with the tools and understanding to best support veterans in their communities and workplaces.

Through these initiatives, VRP strives to make a meaningful difference in the lives of Minnesota's veterans, promoting resilience, healing, and a brighter future. Join us in our mission to support those who have served.

Vision



- Evidenced Based Healing
- Accessibility
- Education
- Collaboration

Mission



We inspire lifelong change for Minnesota Veterans, Service Members and Spouses experiencing Trauma and PTS(D), by creating access to effective therapy as a pathway to heal.

Meet Veteran Resilience Project's Staff



Jonna Phillips, LMFT
Executive Director



Ashley Olson, LSW
Care Coordinator



Jenna Graen
Outreach Coordinator



Zachary Binsfeld
Outreach Coordinator

Meet Veteran Resilience Project's Board of Directors



Veteran Resilience Project Presents

SWEAT FOR VETS NORTHERN SAUNA VILLAGE

Endion Station 11:30am-8:30pm
200 Lake Place Dr Friday
Duluth, MN Nov 15th



SWEAT



CONNECT



RELAX

SAUNA VILLAGE
TICKET



COZY CAMPFIRE

SAUNA & COLD PLUNGE

DELICIOUS VITTA PIZZAS

BEER FROM FITGER'S BREWHOUSE

**Supporting VRP's mission "We inspire lifelong change for Minnesota Veterans, Service Members and Spouses experiencing Trauma and PTS(D), by creating access to effective therapy as a pathway to heal."*



VRP'S "SWEAT FOR VETS" Sponsorship Packages



Platinum Sponsorship Package

- Listed on event website
- Logo on event flyer
- Sponsor name mentioned in the event opening ceremony
- Sponsor posts on event social media - 6
- Sponsor booth during the event (if desired)
- Logo on Banner during the event

\$4000

Gold Sponsorship Package

- Listed on event website
- Logo on event flyer
- Sponsor name mentioned in the event opening ceremony
- Logo placement on the official event website
- Sponsor posts on event social media - 4
- Large logo on Banner during the event

\$2500

Silver Sponsorship Package

- Listed on event website
- Logo on flyer
- Sponsor posts on event social media - 3
- Medium Logo on Banner during the event

\$1500

Bronze Sponsorship Package

- Listed on website
- Sponsor posts on event social media - 2
- Small Logo on banner during the event

\$500

Supporting Sponsorship Package

- Sponsor posts on event social media - 2
- Small Logo on banner during the event

\$250

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**Thank you for
supporting our mission!**

Make Checks Payable to: Veteran Resilience Project.

Mail to: PO Box 1057, Minnetonka, MN 55345

Please identify in the Memo

“Sponsorship Sweat for VETS”

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