Goals

We wish you could see and feel the profound gratitude our clients express daily. Helping children, women, and men without health care is no small thing. We know it makes financial sense to keep people out of emergency rooms. We feel it makes ethical sense to care for, as the Sisters of St. Joseph say, “Our Dear Neighbors.” We believe it makes spiritual sense, understanding that “Whatever you do to the least of my family, you do to Me!”

Gratefully acknowledging the continued support provided by our community, we turn to 2020 with these goals in mind:

- Work with current donors while seeking new donors and sources for grants
- Recruit board members to better reflect the populations served
- Expand opportunities to serve as clinical education sites for St. Catherine University health-profession students
- Develop stronger service and financial partnerships with local health systems
- Expand our specialty referral base
- Strengthen partnerships between SMHC administrative and support staff and RN/Community Health Workers during clinic sessions
- Promote the direct-care role of our Community Health Worker in clinic settings
- Expand mental health services based on need and patient feedback
- Build stronger relationships with other CSJ ministries
- Serve as clinical intern sites for MSW (Masters in Social Work) and Spanish studies students from St. Catherine University and the University of Minnesota.

About Us!

St. Mary’s Health Clinics (SMHC), a ministry of the Sisters of St. Joseph of Carondelet, provide free medical care, outreach and education to low-income, uninsured families and individuals who are not eligible for government programs.

Contact Info

St. Mary’s Health Clinics
1890 Randolph Ave.
Saint Paul, MN 55105
https://stmaryshealthclinics.org
651-690-7700

Sisters of St. Joseph of Carondelet
www.csjsi.org
651-690-7000

CSJ Ministries Foundation
www.csjministriesfoundation.org
651-690-7097

2018/2019 Community Report
St. Mary’s Health Clinics

Carrying out the healing ministry of Christ by providing necessary and accessible health services to the medically uninsured and underserved since 1992.

https://stmaryshealthclinics.org
In Review: 2018–2019

It's been a big year for St. Mary's Health Clinics (SMHC). We invested in a strategic management process that reinforced the Clinic's mission and vision while building collaboration among primary support organizations. SMHC is also pleased to announce the addition of a new Executive Director, Sue Gehlsen, MA, BSN, RN, NEA-BC, FACHE. She brings a background in nursing and health care administration combined with a strong focus in women's health.

Additional 2018/2019 highlights:

+ Clinic Visits: 1600 persons, 98% of Latinx origin
+ Volunteer Base (physicians, nurses and support staff): nearing 300
+ Support for trauma victims and grieving patients

The gratification and appreciation shared by our patients and families is a gift we receive daily and it is one that carries no price. Working at St. Mary's has been a most positive experience. Our exceptionally professional team provides service from their hearts, and truly lives the CSJ mission to "pursue love of God and love of neighbor without distinction." Our volunteers are second to none in their commitment to serving the needs of others by sharing their talents with passion and dedication, providing personal care with love and compassion. My SMHC experience reflects the very best in people.

~ Sue Gehlsen, SMHC Executive Director

Thanks

SMHC is funded through a network of deeply appreciated donors including hundreds of individuals, businesses, and public and private granting organizations. On behalf of SMHC, our patients and their families, our heartfelt thanks for your critical and ongoing support.

2019 Key Grants

Aetna
Allina Health System/St. Francis Foundation
Carondelet Gala (CSJ Ministries Foundation)
Church of Guardian Angels
City of Minneapolis
David & Kimberly Hanson Family Fund
Edwards Memorial Trust
Greater Twin Cities United Way
M Health (formerly Fairview Health)
M Health University of Minnesota
Medtronic Foundation
Mexican Consulate
Minneapolis Health Department
Parish of Saints Joachim & Anne
Park Nicollet Health Services
Quinlan Foundation
Robert & Mary Healy Family Fund
Shakopee Mdewakanton Sioux Community
Sisters of St. Joseph of Carondelet Ministries Foundation
Sisters of St. Joseph of Orange
St. Joan of Arc
Stolphin Family Charitable Giving Fund
The Saint Paul & Minnesota Foundations
(Matching Funds)
Thomas S. Kemp Foundation
UCare Fairview
UCare Minnesota

Reaching Out

She was depressed and anxious. A St. Mary's social worker eventually came to understand why: she had been sexually assaulted at work by her supervisor.

SMHC staff supported her through therapy, reporting the assault, attending the trial with its resulting guilty verdict, applying for Victim's Assistance, participating in a Healing from Trauma group, and applying for a U-Visa.

Speaking up for herself, advocating for others, and holding a job is replacing despair, hopelessness, and low self-esteem. This happened in part because of a United Way grant for mental health, Project Reach. It is one of many stories that reveal the personal struggles of the most vulnerable amongst us and the healing that SMHC, with support from United Way and our large community, offers.