

ALLAH
AT HIS
HOURS

aving Mindfulness
In Your Day.



aa plus

a safe space for sincere seekers



aa plus *at a glance*

New Classes Every Season

Live Sessions Every Other Sunday

Closer Emails Every Thursday

100+ Lessons Readily Available

Playbacks At Your Convenience

A Growing Champs Library

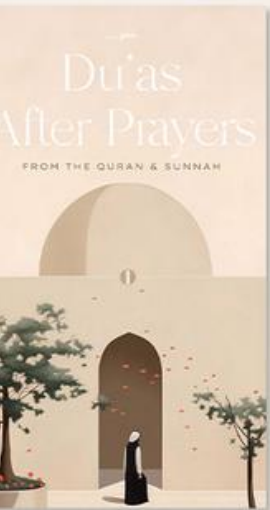
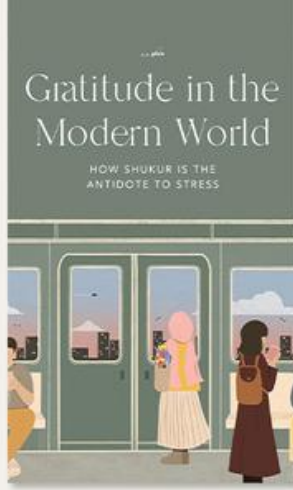
& A Community Rooting For You!

How it all began...

5 years ago, I prayed for a home and a family. I was a curious seeker of knowledge, and I prayed for a space where the beauty of Islam is being celebrated, honoured and remembered in the everyday. I prayed for a shelter I could dwell in for spiritual support, and I prayed for kind, gentle and light-hearted teachers and companions to walk on this path with me. I prayed, and I prayed, and He answered by planting a seed of hope in my heart:

"Why don't you build one, Ya Aida?"





And with His Help and Mercy, **we built AA Plus.**

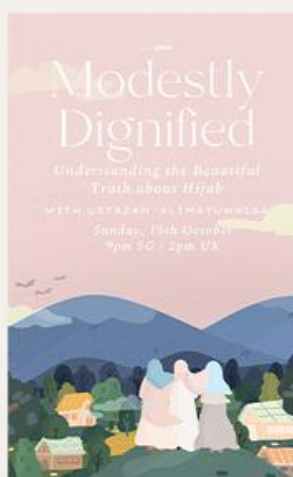
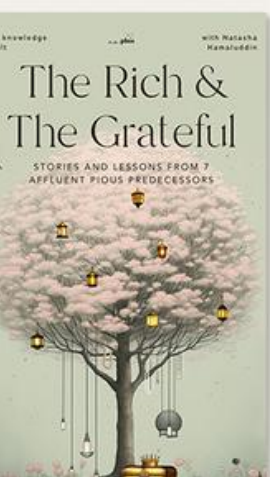


aa plus ACCESS YOUR ACCOUNT

Welcome Home, Champions.

[read the latest intro email](#)
[download this seasons calendar](#)
special champs bonus





INSIDE AA PLUS

*A new season of AA Plus
(every 3 months) consists of:*

- 12 New Editions of the **Closer Emails**
- 6 Live **Sunday Sessions** with our Teachers
- 5 Podcast Lessons in **The Knowledge Vault**
- 6 **The 114 Club Calls**
- 2 New PDFs in the **Champs Library**

THE 4 MAIN COMPONENTS:

1



The Knowledge Vault

Original podcast episodes on all things faith & spiritual, led by esteemed female scholars + teachers.

2



The Sunday Sessions

Live sessions with our teachers & the community on thought-provoking lectures.

3



The Closer Emails

A curated spiritual booster filled with mindful reminders & reflections that are good for your soul.

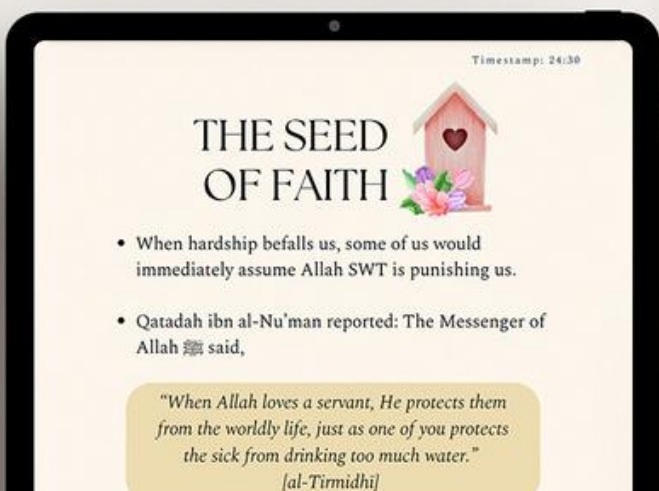
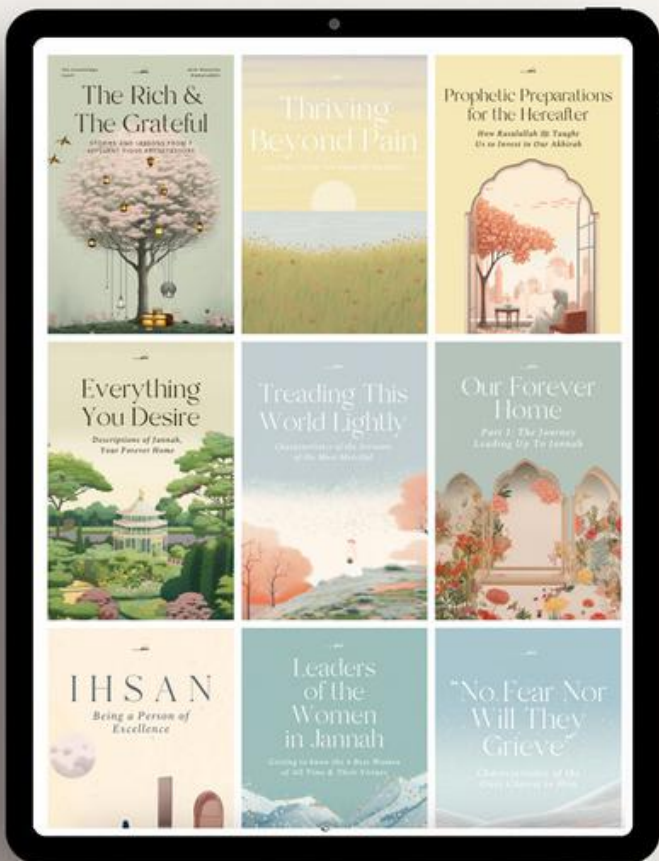
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The Champs Library

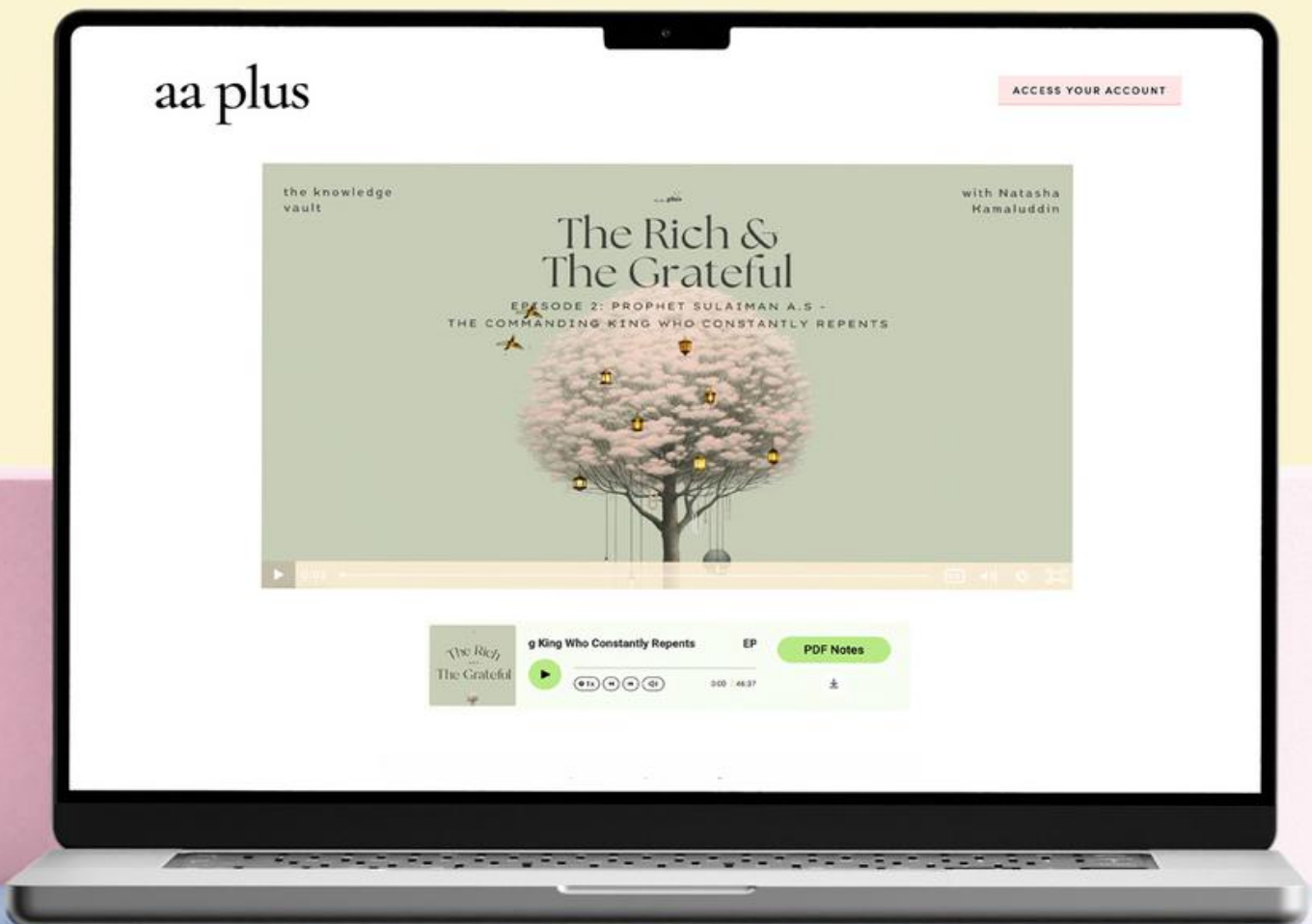
Useful & helpful resources that will help you navigate this world with confidence & grace.

The Knowledge Vault:



The Heart of AA Plus

Our TKV is a vast collection of in-depth audio lessons that delve into all things faith and spiritual, taught by certified and passionate female teachers. Every class is intended to purify, heal and strengthen our souls. All episodes are easily downloadable and new lessons are added regularly to the Vault.



Anas ibn Malik RA re,
The Messenger of Allah ﷺ

"A time of patience
will come to people
in which adhering to
one's religion is like
grasping a hot coal."
(Tirmidhi)



ALLAH WANTS US TO SUCCEED

- Allah didn't tell us 'Be steadfast' and then left us alone; **He gave us opportunities to succeed.**
- Besides the blessed month of Ramadan, there are other Islamic months in which we can reap rewards such as Syawal, Zulhijjah, Muharram, Rabiul awal, Rajab and Syaaban.
- We also have the blessed days of Fridays every week, and the last third of the night every single day! If you miss today, there's tomorrow Ma Sha Allah!
- **At the most basic, we have the five daily prayers** to ensure our success and opportunity to be steadfast. With it comes the opportunity to listen and repeat the Athan as well as make Du'a during or/after Athan.

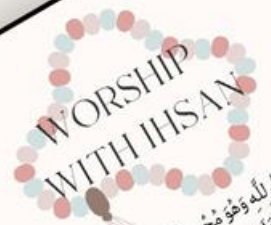
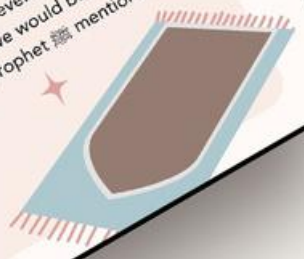
Each TKV
episode also
comes with
detailed
PDF Notes.

IN SUMMARY

- 1 Fix your Salah and else will be fixed
- 2 Make good seasons
- 3

BE PRAYER-READY

- Our prayers deserve every single minute that we put into them, and when we think about it, it really doesn't take much of our time.
- Abu Huraira reported: The Messenger of Allah, peace and blessings be upon him, said, "Shall I not tell you of a deed by which Allah expiates your sins and raises your status?" They said, "Of course, O Messenger of Allah." The Prophet said, "Thorough ablution despite difficulty, taking many steps to the mosque, and waiting for one prayer after another. That is like guarding the frontier."
(Muslim)
- We can be prayer-ready even one minute before the Athan and we would be amongst the people that the Prophet ﷺ mentioned in the above Hadith.



بَلَىٰ مَن أَسْلَمَ وَجْهَهُ لِلَّهِ وَهُوَ مُحْسِنٌ فَلَهُ أَجْرُهُ عِنْدَ رَبِّهِ وَلَا خَوْفٌ عَلَيْهِمْ وَلَا هُمْ يَحْزَنُونَ

But no! Whoever submits themselves to Allah and does good will have their reward with their Lord. And there will be no fear for them, nor will they grieve.
(Al-Baqarah 2:112)

• To be a مُحْسِنٍ means to worship Allah with Ihsan. It means to perform good deeds completely for Allah and perform them as if we see Allah and that Allah sees us.

أَنى وَجْهَتُ وَجْهِي لِلَّذِي قَطَرَ السَّمَوَاتِ وَالْأَرْضَ حَبِيقًا وَمَا أَنَا مِنَ الْمُشْرِكِينَ

My face towards the One Who has spread my face towards the earth—being upright before the polytheists." (Al-An'am 102)

tkv episodes *at a glance*

Thriving Beyond Pain

Making God-Centred Decisions

Ihsan: Being a Person of Excellence

How To Serve W/O Burning Out

Leaders of the Women in Jannah

How Pain Transforms into Light

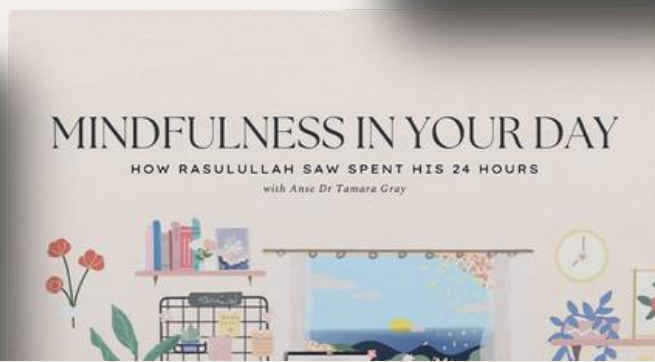
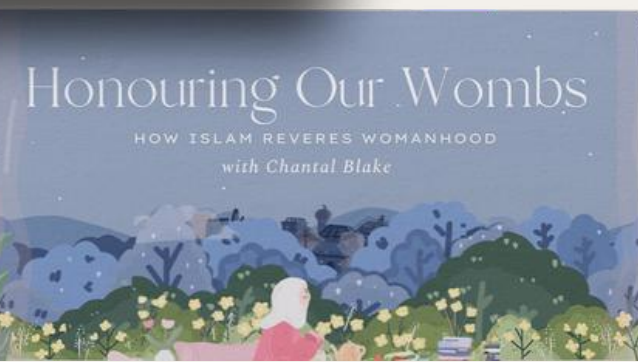
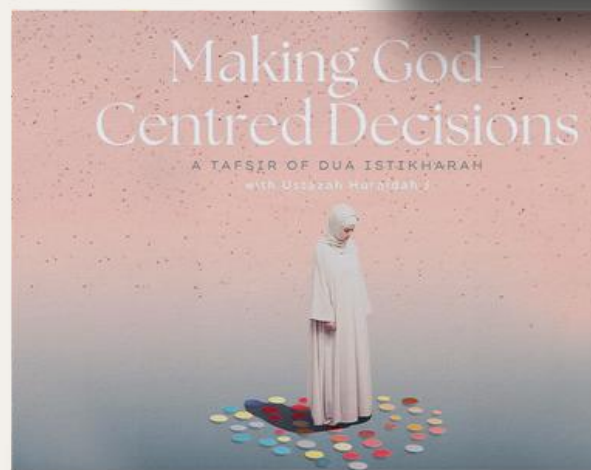
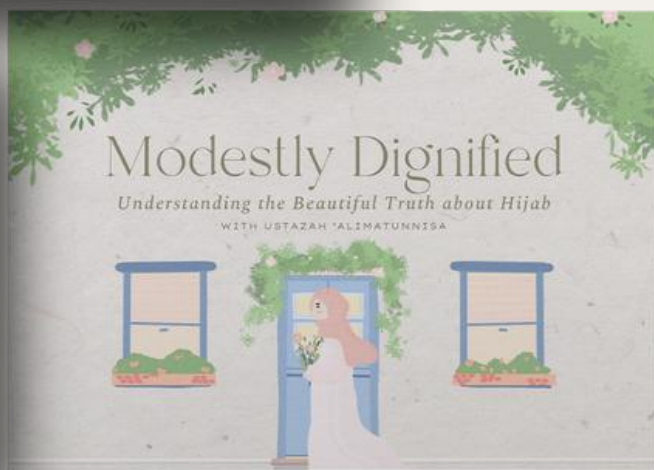
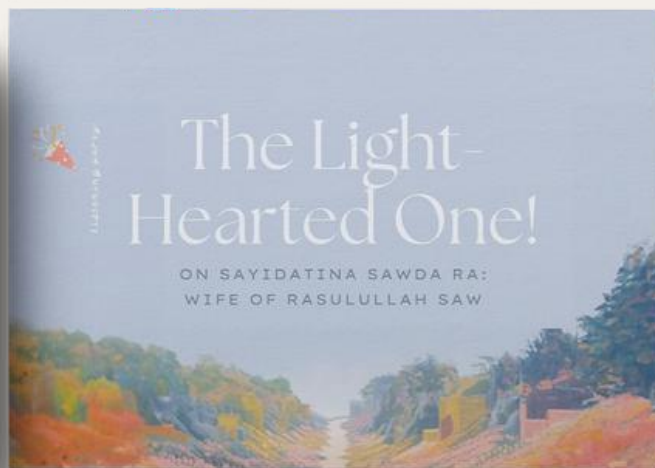
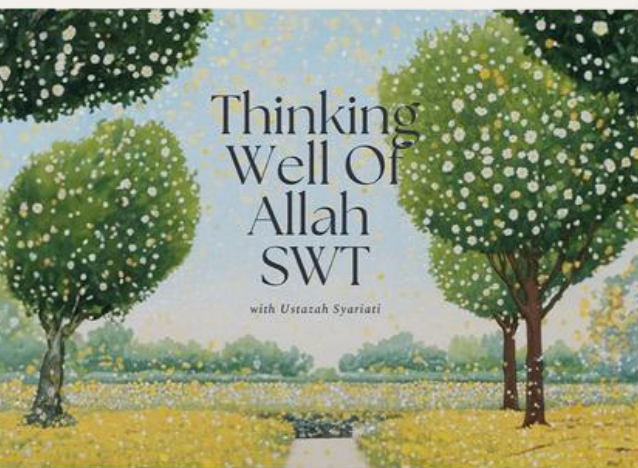
Allah's Beautiful Names



Every TKV episode has magically addressed the concerns in my heart! The gems you learn from the teachers are priceless and they share Islamic perspectives on everything that we go through in life as Muslim women. It has changed how my heart sees the world, and how my limbs move forward. The best part is you always have access to these lessons, and this is so helpful, especially when your heart needs to come back to it time and time again. The TKV classes have carried me through on days I really need a spiritual hand.

NOOR A.N.B.

The Sunday Sessions:





Our Weekly Online Dates

The Sunday Sessions are held live via Zoom, combining knowledge, fun, and community all into one. The topics and themes are carefully curated, ensuring there is something for everyone!

Our Sunday
Sessions are
inspired by
this Hadith:

Rasulullah ﷺ said:

“No people sit in a gathering remembering Allah, but the angels surround them, mercy covers them, tranquility descends upon them and Allah remembers them before those who are with Him.”

(Ibn Majah 3791)



upcoming sunday sessions

On Winning Habits from
the Quran and Sunnah

Honouring Their Legacy: Grieving
The Passing of Our Loved Ones

A Divine Match: Diving into the
Sacred Pairs in the Quran

The All-Stars: Who is the Family
of Imran & Why are they the Best

Unplugged: Fighting Gadget
Addiction with the Light of Quran

Selawat + Seerah Movie Night

How To Be A Gentle Caregiver

*Sessions starts at 9pm SGT
unless otherwise stated*

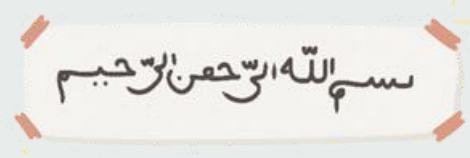
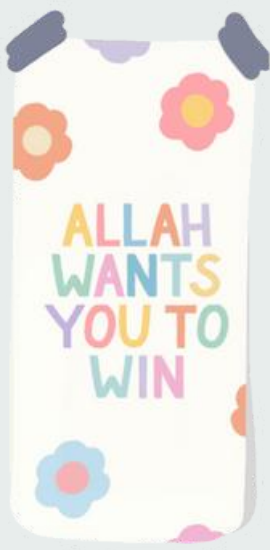


I'd wait for my Sunday sessions! It's like sitting in a BIG circle together around a bonfire, under the starry light, and you cry and laugh together, and best of all, you gather together as students of His Blessed Knowledge. We also share personal reflections and stories which makes it very interactive. Truly, the AA Plus Community has been my continuous Rizq from Allah. It has changed my life.

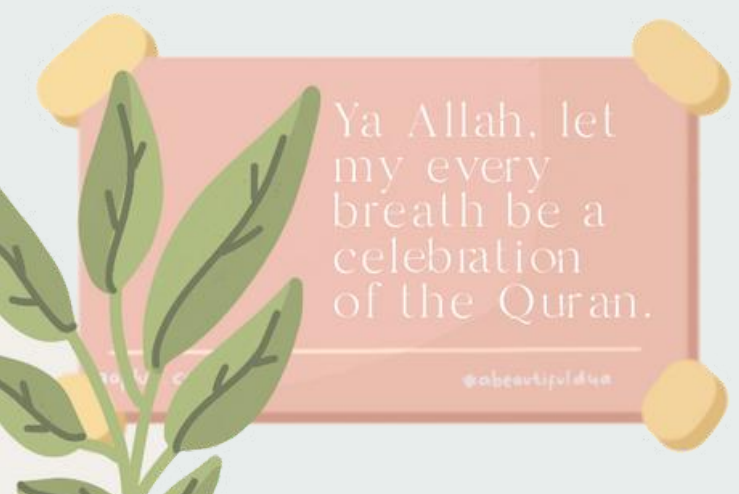
IRFANA S.

The Closer Emails:





Like a breath of fresh air in your Inbox



The Lifeline of AA Plus

We understand that not everybody has time to come for a call or sit through an entire lesson, but our light-on-the-eyes and full-on-the-gems Thursday Closer Emails are incredibly easy to access, read, and process. Dubbed by the Champs as their handy "spiritual charger", every Closer email bring much-needed reminders straight to your Inbox. All it takes is 5 minutes to read.



what's in the closer emails

Weekly Beautiful Du'as

Inspiring Quranic Affirmations

A Heartwork Prompt

Quotes to Ponder Upon

Original Muslim Memes!!!

Thoughtful Wallpapers /
Visual Reminders

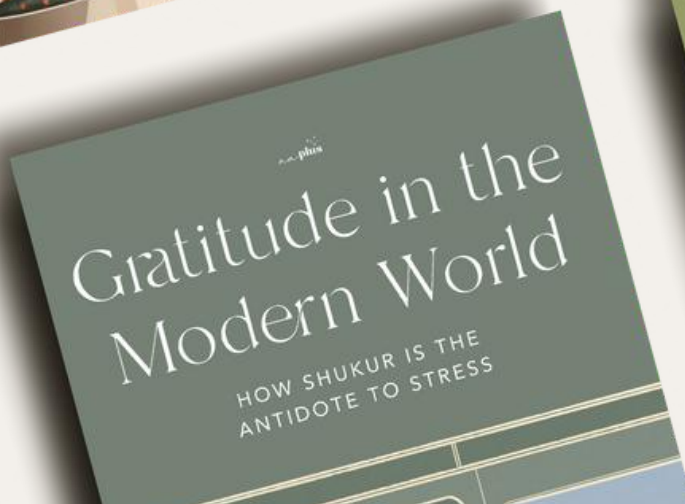
+ all AA Plus programme
updates for the week



I'm a working mom with two young kids so I don't get to attend all of the calls but if there's one thing I'm grateful for, it's the Closer emails. I look forward to reading it every week because there are just so many gems being shared in such a beautiful manner!

SORAYA A

The Champs Library:



Your Fav Quiet Space on the WWW

Imagine browsing through shelves of useful publications, materials and resources all about the Deen, under one (quiet) roof - that is the Champs Library for you! With a range of topics already available for you to start reading, this little corner of our AA Plus Home is also always being updated, so you will see new additions to the collection often. PS: Best part is, most of the PDFs in our Champs Library is also available for you to share to your friends and family **outside** of AA Plus, so feel free to pass the knowledge around!



some titles from our
champs library:

Gratitude in the Modern World:
How Shukur is the Antidote to Stress

The Solah Retreat: Understanding
The Pillars of Prayers

At A Glance: Summary of the
30 Juzuk of the Blessed Quran

Haid Out: Where Your
Pause is Rewarded

Beating Procrastination:
Tips from the Quran & Sunnah

Mindfulness in Your Day: How
Rasulullah SAW Spent his 24 Hrs

Beautiful Du'as from
the Blessed Quran

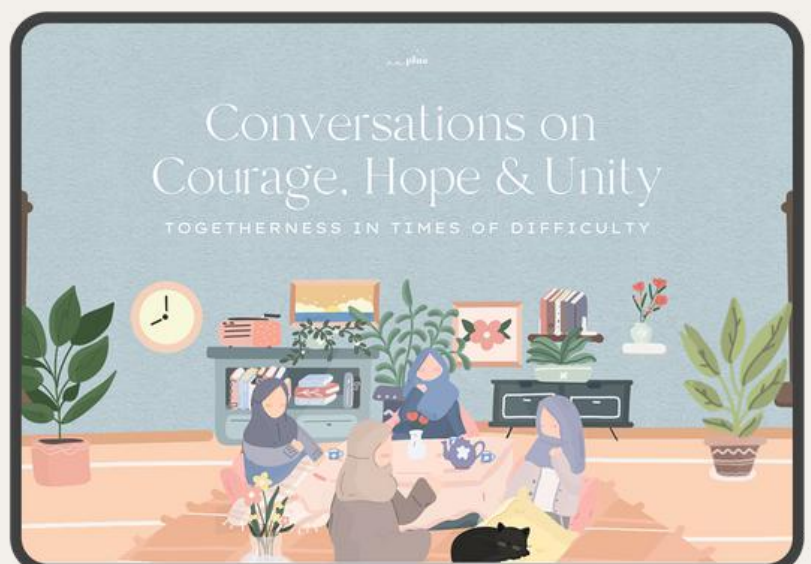
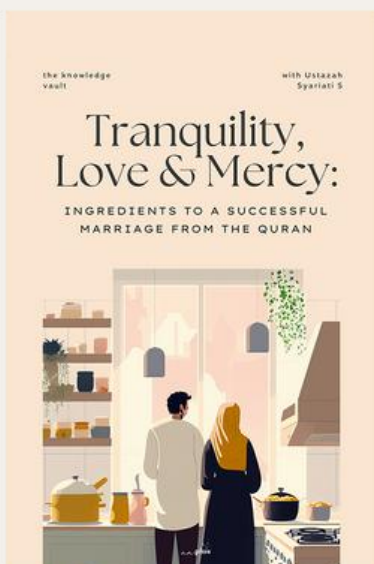
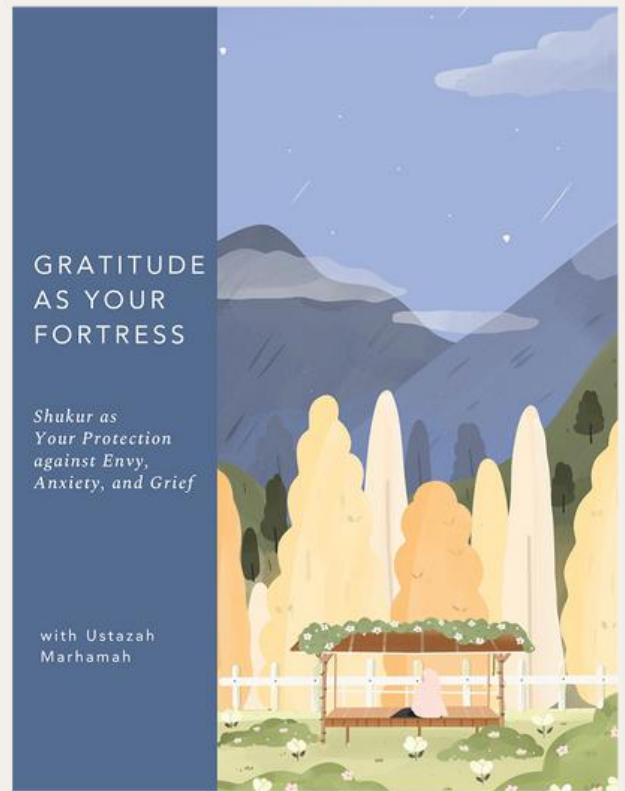
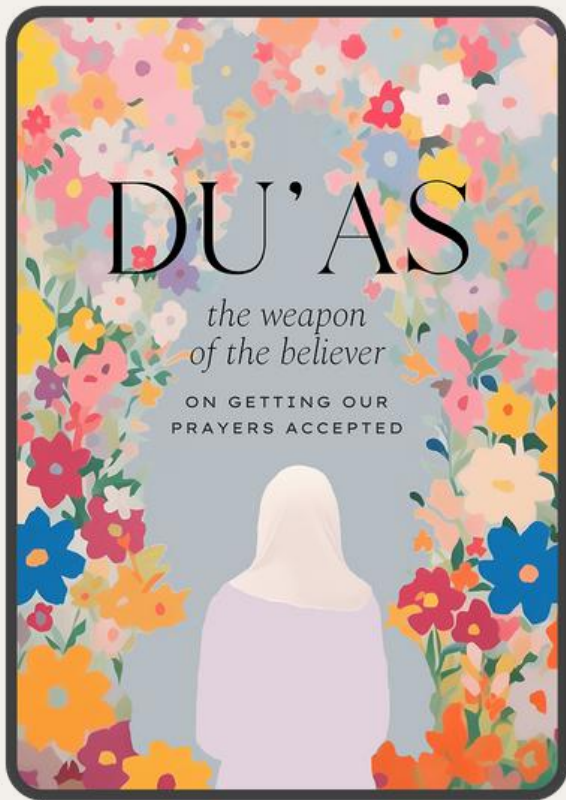


Today I read through one of the publications in the Champs Library and it was exactly exactly EXACTLY what I needed. Just hit every nail on the head and it just spoke to my soul on every level. I feel like printing every page of it and sticking it on the wall for all my kids to read too!

NAS S.

There's
(a whole lot)
more
good
stuff





other features of the aa plus home

The 114 Club: Bi-Weekly
Tahajjud & Quran Sessions

Recitation of Quran (all levels)

Listen to Mixtapes for the Soul

Access the Full AA Plus Archive

Read Past Tuesday Love Letters

Watch Selected AA's Videos

Lessons are easily downloadable
+ Works seamlessly on the phone!



My life has literally become a Dhikr-filled life and I can only say Alhamdulillah for bringing my heart here to AA Plus. My most favourite is The 114 Club, where I've connected with the Qur'an most deeply and I hurt much if I ever miss a session.

EPIPHANIA M



AA Plus

A Safe Space for Sincere Seekers



Our goal is to be in service to our community of ladies who are committed in their pursuit of self-betterment, and to stand side by side with them as we try to navigate this challenging, but beautiful journey of coming back to Him. If this mission resonated with your heart, then we would love to welcome you to AA Plus!

[Become A Member](#)

** Yearly plans at SGD\$190/year*

** Monthly plans at SGD\$19/month*

This is not goodbye...

We will take our leave now so you can take your time to think if we can be of service to you. But before we go, thank you for taking the time to go on a little tour of the AA Plus home! If you have any questions, feel free to drop us an email at **hello@aaplus.co**

With that, may you always be under His Love, Mercy and Protection!

A handwritten signature in black ink, appearing to be 'H. M. P.', written in a cursive style.

CONTACT US AT

hello@aaplus.co

“AA Plus is like a friend
who never demands
time, but is always there
when you need one.”

- Rohanisa F

Become A Member