THE NAMI CHICAGO RECOVERY MODEL

Equity is essential to every aspect of life that is needed to achieve mental wellness.
Hope connects us.

Hope can feel lofty, aspirational and difficult to define. We see hope as a measurable, active, tangible outcome. In fact, the measure of hope is the thread that connects everything we do. At NAMI Chicago, our staff reflects the generosity of our donors and the courage of those with lived experience as we work to create positive change in our community.

This year’s annual report is a celebration of the hope you give. As a donor, every dollar you donate is felt, seen and heard by those who need it most.
Hope transforms.
At NAMI Chicago, we know that the foundation of hope is built upon what it means for all people to be well and maintain their wellness every day. Our recovery model reflects how health, home, community and purpose are interconnected and centered around equity.

**Health**

The capacity to make informed, healthy choices that support well-being, such as overcoming or managing one’s disease(s) or symptoms by engaging in effective treatments.

Our Helpline mobilized to answer the call 12,483 times this year, providing a listening ear and connection to the right mental health and other health care resources to 4,398 people. We also created our new Clinical Support program to wrap long-term care and support around people with complex social, behavioral and physical needs, and keep them out of jail and the emergency room.

**Home**

More than a physical structure, home is a place to live that is affordable, safe and makes us feel supported in our relationships.

Having a safe, stable place to live is essential to mental wellness and a culture of hope. This past year, our clinical and outreach teams helped 410 community members find hope through housing, as they moved into independent living from mental health residential care. We supported Helpline callers to feel safe at home by assisting with food, transportation, and basic needs for individuals and their families.
**Equity**

The ability to participate in society free from discrimination based on race, religion, gender identity and sexual orientation.

When there is equity in access to resources there will be equity in the ability to be well and have hope. NAMI Chicago advocates for equal access to quality mental health services and the ability for people to navigate complicated systems, and so much more. Our policy team launched a campaign this year to transform the way people with mental health conditions are treated in the court system, and pushed important dialogue and legislation around reimagining the mental health crisis system. Additionally, our training and education team expanded its offerings to reach more people of different ages, backgrounds, and communities.

**Community**

Healing relationships and networks that support friendship, love and hope are essential reminders that we are not alone.

Meaningful relationships connect us to community and hope. NAMI Chicago expanded our virtual support groups and classes this year, lifting our group participation up to 1,712, more than 4x the previous year. Our recovery team and ambassador facilitators created space for people to share hope with each other, and more than 95% of attendees would recommend the group to others.
Hope mobilizes.
Purpose

The sense of meaning gained from daily activities such as work, education, caretaking and creative expression.

As the pandemic continues, people are identifying their work needs in different ways. The profound impact of the isolation, lack of connection and powerlessness of the COVID-19 health crisis resulted in unique workplace mental health opportunities. Our expanded Workplace Wellness Training program provided awareness and action steps to achieve physical, environmental and emotional wellness while addressing the common issues and pitfalls of stigma, burnout and stress. NAMI Chicago maintains workforce wellness as its primary internal priority thanks to the work of our Personal Experience department.
## Financials

JULY 1, 2020–JUNE 30, 2021

### STATEMENT OF FINANCIAL POSITION

<table>
<thead>
<tr>
<th>Assets</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash + Cash Equivalents</td>
<td>$1,455,011</td>
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<tr>
<td>Accounts Receivable</td>
<td>$465,187</td>
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<tr>
<td>Prepaid Expenses</td>
<td>$26,634</td>
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<tr>
<td><strong>Total Current Assets</strong></td>
<td><strong>$1,946,832</strong></td>
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<tr>
<td>Property and Equipment</td>
<td>$91,358</td>
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<tr>
<td>Investments and Other Assets</td>
<td>$1,631,913</td>
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<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$3,670,103</strong></td>
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### Liabilities and Net Assets

<table>
<thead>
<tr>
<th>Liabilities</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts Payable and Accrued Expense</td>
<td>$139,853</td>
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<tr>
<td>Deferred Revenue</td>
<td>$431,810</td>
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<tr>
<td>Deferred Rent Expense</td>
<td>$5,868</td>
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<tr>
<td>Unexpended Grant Liability</td>
<td>$145,253</td>
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<tr>
<td><strong>Total Liabilities</strong></td>
<td><strong>$722,784</strong></td>
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</table>

| SBA Payroll Protection Program Loan | $340,980 |

| Net Assets                    | Amount       |
| Unrestricted                  | $2,162,396   |
| Temporarily Restricted        | $443,943     |
| **Total Net Assets**          | **$2,606,339**|

<table>
<thead>
<tr>
<th>Total Liabilities and Net Assets</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td><strong>$3,670,103</strong></td>
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### STATEMENT OF ACTIVITIES

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<thead>
<tr>
<th>Support and Revenue</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Grants and Program Revenue</td>
<td>$2,757,769</td>
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<tr>
<td>Contributions</td>
<td>$480,510</td>
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<tr>
<td>Fundraisers (net of direct costs)</td>
<td>$359,383</td>
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<td>Membership Dues</td>
<td>$1,940</td>
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<tr>
<td>Investment/Interest Income</td>
<td>$372,985</td>
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<tr>
<td>Miscellaneous</td>
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<td><strong>Total Support and Revenue</strong></td>
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<table>
<thead>
<tr>
<th>Expenses</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Program Services</td>
<td>$3,039,803</td>
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<tr>
<td>Support Services</td>
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<tr>
<td>Administrative</td>
<td>$493,968</td>
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<tr>
<td>Fundraising</td>
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<td><strong>Total Expenses</strong></td>
<td><strong>$3,799,754</strong></td>
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<table>
<thead>
<tr>
<th>Net Assets Beginning of Year</th>
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<tr>
<td></td>
<td>$1,976,198</td>
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<table>
<thead>
<tr>
<th>Net Assets End of Year</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>$2,162,396</td>
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*Unaudited financials as of 11/8/2021. Final audited financials will be posted on the website namichicago.org/annualreport when complete.*
$100,000+
The Chicago Community Trust
Chicago Police Foundation
Pritzker Pucker Family Foundation
Jessy Pucker
Tawani Foundation

$99,000-$50,000
Anonymous
Lisa & Eddy Eisenberg
Illinois Children's Healthcare Foundation
Michael Reese Health Trust
Phyllis & Perry Schwartz Foundation
Takeda Lundbeck Alliance

$49,999-$25,000
Anonymous
Chicago Bulls Charities
PHMG
Scott Family Foundation
Thrive Chicago
United Way of Metropolitan Chicago

$24,999-$10,000
Abbvie
Alliance For Living
Charlyn & Brian Anderson
Blue Cross Blue Shield of Illinois
The Braeside Foundation
Linda & Vincent Buonanno
Cerus Foundation
Margarita Chavez & Mark Tatro
Chicago Cubs Charities
Dash Financial Technologies
Estate of Mr. & Mrs. Charles Jr. Drosos
GE Healthcare Foundation
Illinois Heart Rescue
Jack And Jill of America
Mary & Dr. Philip G. Janicak
Janssen CNS
Henry & Laurel Latimer
MADO Healthcare
Pathlight Mood & Anxiety Center
Paul & Pearl Caslow Foundation
Publicis Health
Rush University Medical Center
Tengelsen Family Foundation
Thresholds
Young Invincibles

$9,999-$5,000
88 Brand Partners
Anonymous
Regina & Luke Bakalar
Barnes & Thornburg LLP
Berkley Select
Julie Colman-Hurt
Ananthy Czech
Lee Anthony Dudley
Entertainment Industry Foundation
Mary Jo & Robert Fasan
GForce Life Sciences
Nelson & Molly Hartrich
Invoca
Diane Kahan & Dan Hyman
Lundbeck
Lydia Healthcare Center
Marino Chrysler Jeep Dodge
Michael McGuire
Monahan Law Group, LLC
Neurocrine Biosciences, Inc.
Otsuka America Pharmaceutical, Inc.
Streamline Healthcare Solutions
Taft Stettinius & Hollister LLP
Jennifer Tengelsen
Thorek Memorial Hospital
United Way of Metropolitan Atlanta
Janet Winter
Sabina Wong
Katelyn Woodin
Yu Zhang

$4,999-$2,500
Advocate Illinois Masonic Medical Center
Aetna Better Health
Bulley And Andrews
Collins Family Heritage Foundation
Marie-Claire Cunningham & Earl Rix
Marcia Curtis & Gregory Lawler
Discovery Group Holding
Dot Foods
Shaun Emerson
Mimi & Ed Fiorentino
James P. and Brenda Grusecki Family Foundation
The Hannon Financial Group
Paula & David Harris
Bambi Jacoby & Joel Schechter
Jill & Craig Kouri
Harriet & Jim McDonald
Merrill
Maureen E. Meyer
Marsha & Richard Newman
Estate of Barbara A. Pikovnik
Jess Rappé
Sinai Health Systems
SIR Management Inc.
Sunovion
The University of Chicago

$2,499-$1,000
Joe Alfirewich
Anonymous
Ben & Sheila S. Applegate
Aptinyx
Barton Management, Inc.
Marjorie & Stephan Benzkofer
Mike Bernico
Bodla & Chastain Family
Mary Jo & Norman Bowers
Janet & Brian Creevy Avery
Natalie De Fazio
Kari Dillon & Robert Clinite
Jill & Tim Eaton
Jennifer Eisenberg
Michael & Elizabeth Fieweger
Michael Fior
Donnie & Alexandra Fitzgerald
Brittany Foundry
Carolyn Furlong
Haika Gay & Ashok Bhagwat
The Gerald Norton Foundation
Google
Carol Gottlieb
The Harnet Fund At The Chicago Community Trust
Colleen Harvey
Laura Hear
Dr. Nicola Hill & Laurence Joseph Msall
Colleen Kula Hopkins & Alderman
Brian Hopkins
Bob Hoyler
Becky Hughes & Dean Stork
Debbie & Bill Hunzinger
Nate Inglis Steinfeld
Insurance Industry Charitable Foundation
Alexa James
Katerina Kocurek
Dana LaChappelle
Donald Edward Larson
Beth LeFauve
The Leftkovitz Foundation
Kelly & John Lewison
Mayor Lori Lightfoot & First Lady
Amy Edelman
Mary Clare & Dan Loftus
LogicGate, Inc
Lauren & Todd Lustbader
Marshall, Gerstein & Born LLP
Bess-Catherine & James McCord
McMaster Carr
Laura Melcher
Maya Menon O’Connor & Kevin O’Connor
Network For Good
Angela Nino
Dan Page
PhRMA
Pat Price
Jackie Robbins
Gary Safron
Salesforce.com Foundation
Marcia & Michael Schumacher
Linda & Stuart Silver
Sound Mind Live
Daniel R. Spragg
John Sreetharan
Nancy & Marc A. Taxman
Sergio Traversa
Tegan Trovato
TTX Company
Derrick Turnage
Alex von Plato
Woods Fund
Marny Zimmer

$999-$500
Kate & Daniel Adamy
Amazon Smile
Ira Antelis
University of Chicago, Department of Psychiatry
Sonia & Jay Austin
Nina Aversa & Henry Sotomayor
Bank of America
Donna & Howard Bass
Kaitlyn Beard
Sarah Beardsley
Sybil A. Benson
Judy Heffner Berlin
Melissa Black
KJ Bradley
Dr. Nancy Burgoyne
Julie & Edward Burke
Fred Cabrias
Dan Campbell
Cathy Cassani Adams & Todd Adams
The Chicago Patrolmen’s Federal Credit Union
Jane & John Colman
Comcast
Terese Connolly
Rep. Deb Conroy
Elizabeth Dillon Cornell
Linda & Stuart Silver
Carol Ann Courtney
Customink, LLC
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Jennifer Koehler
Dean Stork
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Achievements made possible through the dedication and hard work of the NAMI Chicago staff. Learn more about us at namichicago.org.

See all the ways hope heals at namichicago.org/annualreport.