Welcome to **Eau Claire!**

This booklet introduces the city of Eau Claire, the Prevea Family Medicine Residency Program, the faculty and staff of the program, and our rural program in Augusta. We make a difference in the Eau Claire area.

**Here are a few reasons to join our outstanding program:**

**Expert faculty:** You will benefit from our passion for excellence in patient care and teaching. Our core faculty members have more than 100 years of combined residency teaching experience! Members of our faculty have been recognized by the University of Wisconsin as *Teacher of the Year, Family Physician of the Year* and *Physician Champion*. We also proudly display our certificate of recognition for *Extraordinary Service* from the Wisconsin Alzheimer’s Institute.

**State-of-the-art technology:** See patients in our beautiful health center outfitted with the latest technology, including human patient simulators in a Virtual Medical Center. Our Augusta facility has recently added a dermatoscope and a portable ultrasound machine.

**Diverse practice settings:** Our educational and practice partnerships create learning opportunities rarely available in a community-based residency program, including working with Hmong and Amish populations. You may choose to focus your electives in either an urban or rural area.

**Community involvement opportunities:** Residents are active in the community, presenting at area elementary and middle schools, at the juvenile detention center, to Chippewa Valley Technical College students, staff and professional organizations, and to local businesses. Residents also participate in community events such as the Alzheimer’s Association Fall Education Conference.

**Full-spectrum family medicine:** We offer comprehensive procedure training through an established, competency-based curriculum from OB ultrasound and c-sections to stress testing and behavioral therapy skills. Our faculty will assist you in designing an educational experience to meet your individual career goals.

**ACGME accreditation:** Our program received reaccreditation from the Accreditation Council for Graduate Medical Education (ACGME) in January 2019. In April 2019 the ACGME Osteopathic Principles Committee granted continued osteopathic recognition to the program.

**A great place to live:** Low cost of living, year-round outdoor recreation and opportunities to experience music and the arts, make Eau Claire a great place for you and your family.

**Join us in Eau Claire**
Prevea Health Family Medicine
Residency Program Photos

1. 2019 graduates with Kathy Ertz, MSSW
2. Prevea Health Family Medicine Residency Program faculty (not pictured: Sara Biddle, MSSW and Jennifer Eddy, MD)
3. PGY1 Residents at orientation
4. Residents and Dr. Nixon at CVTC Virtual Hospital
Majestic and Peaceful Scenery

Eau Claire is located in the Chippewa Valley of west central Wisconsin, 90 miles east of the Twin Cities. With a population of more than 70,000, Eau Claire is the eighth largest city in the state, but still has the small-town benefit of an average commute of 13 minutes.

Livability.com recently named Eau Claire one of the most livable small to midsize cities in the U.S., with high scores in housing, health care and economics. Eau Claire has also been designated an All-American City by the National Civic League. This award, given to only 10 U.S. cities, was based on demonstrated innovation, inclusiveness, civic engagement and cross-sector collaboration.

Eau Claire’s history is tied to the lumbering industry. Our rich forests, rolling hills, and clear water drew early pioneers here. The settlement they established continues to be the region’s center of activity and many of the institutions they founded still serve the community. We have a diverse and expanding economic base in manufacturing, health care, information technology and retail. There are also multiple cultural and entertainment opportunities.

The combined factors of a strong community, thriving industries, low cost of living and abundant green space make Eau Claire an outstanding place to live.

Retail and Dining Variety

Oakwood Mall is the largest shopping center in Eau Claire with major department stores, a food court, a children’s play area and a 12-screen movie theatre.

Many unique shops and eateries are located along the Chippewa River on historic Water Street. The nearby downtown area showcases specialty shops, antique and art dealers, a quilting store and gift shops.

A large and growing number of restaurants are located throughout the city and surrounding area. Fast food franchises provide convenient options, and other locally-owned restaurants provide fine dining experiences. Many ethnic establishments lend to a variety of culinary choices.

Several large supermarkets, along with smaller Asian and Mexican grocery stores, make grocery shopping convenient. Eau Claire also has farmers’ markets that operate in various parts of town during the summer and fall months, supplying fresh locally-grown produce.
Area Educational Excellence

Eau Claire is home to the University of Wisconsin-Eau Claire (UWEC), Chippewa Valley Technical College (CVTC) and Immanuel Lutheran College.

Ranked among the top regional public universities in the Midwest, UWEC offers about 80 undergraduate programs and 14 graduate programs (including one doctoral program) in a wide range of majors and minors. Students have opportunities to do research, study abroad and to become involved in campus organizations.

UWEC has consistently earned citations in U.S. News & World Report's "America's Best Colleges" guide. The university tied for 4th Top Public School for 2020. It was also named one of MONEY's Best Colleges for your Money 2019.

University of Wisconsin-Stout is within easy driving distance in Menomonie, Wis. UW-Stout was designated Wisconsin's Polytechnic University by the UW System Board of Regents in spring 2007.

Chippewa Valley Technical College (CVTC) is part of the Wisconsin Technical College System which includes 16 colleges located throughout the state. CVTC has a nationally-recognized faculty, and state-of-the-art facilities and equipment. Partnerships with area business and industry leaders provide students with hands-on experience in real-life settings. CVTC offers 97 programs, 31 certificates, and 13 apprenticeships.

Primary and Secondary Education

The Eau Claire Area School District, with an enrollment of approximately 11,000 students, is the ninth largest school district in Wisconsin. There are 12 public elementary schools in the district, one early learning center, three middle schools, two high schools, and two charter schools.

Faith-focused education is also available in Eau Claire. The Catholic Area Schools of the Eau Claire Deanery (CASE) have three pre-schools, three elementary schools, one middle school, and one high school. Other parochial schools include Bethel Christian School, Crestview Academy, Eau Claire Lutheran School, St. Mark Evangelical Lutheran School, Messiah Lutheran School and Immanuel Lutheran High School.
A Place to Call Home

Eau Claire’s scenic surroundings provide appealing settings to call home. Both owners and renters find attractive homes and apartments in a range of prices. The city has distinct neighborhoods with houses or apartments in a variety of styles, some new and others with beautiful historic charm.

Fill Your Free Time

Interested in sports? There are 20 university varsity sports teams playing throughout the academic year. Or, you can choose to be a spectator at one of Eau Claire’s amateur or college summer league baseball or football games. If you prefer to take part in the action, the parks and recreation department offers adult volleyball and softball teams, and opportunities for swimming, ice skating, hockey, broom ball, soccer and other sports.

Eau Claire maintains approximately 1000 acres of parkland, and 30 miles of recreation trail. City sports and athletic facilities include softball/baseball fields, football fields, soccer fields, ice rinks, boat landings and volleyball courts. The Chippewa River State Trail runs between Eau Claire and Durand and is part of the Wisconsin state trails network. The trail is connected to the Red Cedar State Trail and, over the next few years, will be connected to the Old Abe State Trail. The trail system supports bicycling, walking, running, in-line skating, cross-country skiing and snowmobiling. Lakes are abundant in the area and the Chippewa and Eau Claire rivers run through the city. This means easy access to water activities like tubing, kayaking, canoeing and fishing.

Those interested in arts and entertainment will be pleased with the wide variety of events available in Eau Claire. The UWEC Music & Theatre Arts department presents more than 200 concerts and recitals annually. The new Pablo Center at the Confluence opened in 2018 and offers two theaters, art galleries and other venues to support the performing, literary and visual arts in Eau Claire.

Outdoor concerts featuring a variety of bands and musical styles are offered throughout the summer at Phoenix Park, Owen Park, River Prairie Park and Dove Healthcare. The Chippewa Valley Symphony provides an excellent symphonic experience to audiences in the Chippewa Valley.

The Chippewa Valley Theatre Guild and the Eau Claire Children’s Theatre, both amateur companies, provide opportunities to view a variety of plays year-round.
Getting Around
The Chippewa Valley Regional Airport serves the Eau Claire area with twice-daily flights to Chicago through United Airlines. Shuttle services are also available to the Minneapolis/St. Paul airport.

Greyhound bus service offers transportation to many major cities across the country and to smaller communities in Wisconsin.

Eau Claire also has a city transit system which provides the benefits of low-cost fares and decreased traffic congestion. The transit system has 12 bus routes that cover all of Eau Claire and go as far as neighboring Altoona. Major employment centers, retail centers, residential neighborhoods and UWEC are included on the routes. If you prefer, Eau Claire has Uber and Lyft and several taxi companies to get you where you want to go!

Really Rural Augusta
Augusta is located 20 miles southeast of Eau Claire on State Highway 12. The Augusta area was settled in the mid-19th century by German, Scandinavian and other European immigrants. Today, Augusta has a vital Amish community.

Augusta has a population of 1,550 and is located in the middle of beautiful west central Wisconsin with rolling hills, lakes, rivers and streams, forests, and charming open spaces. The area is known for its family dairy farms, small apple orchards, grain farming, artisan cheese production, tourism and outdoor recreation.

Low crime rates, fresh air, a moderate real estate market, and an industrious population make Augusta a great place to live and work.
Our Award-Winning City

Best Small City 2019
Eau Claire was ranked 12th on the list of Best Small Cities to Live in Wisconsin by ChamberOfCommerce.org in June 2019.

Eau Claire’s Healthcare Factors Ranked No. 13 out of 72 Wisconsin Counties-2019
Healthcare Factors include health behaviors, clinical care, physical environment and social and economic factors. Ranked by the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute (UWPHI).

Best Small Places for Business and Careers
In 2017, Forbes included Eau Claire at #96 in this list of 200 small cities, citing our arts and music scene as well as our lower cost of living and the low rate of unemployment (2.8% in July 2019).

Least Stressed Cities in America
Eau Claire ranked fifth on the list of least-stressed cities in America. The Smart Asset website noted the short average commute time as one factor that helped earn the ranking.

America’s Best Small Cities to Move to
Before They get too Popular
Thrillist Travel included Eau Claire in this list of 15 small cities in 2017

All-American City 2014
The National Civic League presents this award to only 10 U.S. cities, based on innovation, inclusiveness, civic engagement and cross-sector collaboration. Eau Claire received this status in June 2014.

Member of Wisconsin’s Green Tier Legacy Communities Program
This DNR program recognizes municipalities that are achieving superior environmental performance. Eau Claire became an eco-municipality in 2012.

Outside Online ranks Eau Claire No. 4 of the 16 Best Places to Live in America – 2015
In addition to the outdoor activities available, Outside Online notes Eau Claire’s music scene as a reason that it ranks so high on their Best Places to Live list.

Area Clinics **and Hospitals**

Our residents have the opportunity to work at several area clinics and hospitals. Each facility is unique and offers residents a first-hand experience that may help them determine the type of practice they wish to enter upon graduation.

**Area Clinics**

The residency’s two continuity clinics in Eau Claire and Augusta are **Prevea Health** centers, and faculty and staff are Prevea employees. In addition to working with Prevea in our own clinics, residents are assigned to Prevea preceptors for several rotations in Eau Claire and Chippewa Falls.

Prevea Health is based in Green Bay, Wisconsin. It is the largest physician-owned multi-specialty group in Wisconsin. With 40 locations through northeast Wisconsin and western Wisconsin's Chippewa Valley, their presence is growing on our side of the state. Prevea strives to be the best place to get care and the best place to give care.

**OakLeaf Medical Network** provides care in a personalized setting. The Network creates value for its patients and participating members by concentrating on the delivery of efficient, accessible medical services.

The OakLeaf Medical Network offers care in more than 40 specializations. They offer patient care through clinics and outreach locations within the OakLeaf Medical Network service region.

**Chippewa Valley Free Clinic** in Eau Claire is dedicated to providing quality health care and advocacy for individuals of the Chippewa Valley who have no reasonable health care alternative.

This free clinic was founded by former Eau Claire Family Medicine residency program graduate, Dr. Ken Adler.
**Area Hospitals**

**HSHS Sacred Heart Hospital**, an affiliate of Hospital Sisters Health System, is a 344-bed acute care hospital that also provides Emergency Medical and Trauma Center and Regional Cancer Center services. The hospital provides neurosurgery, cardiovascular services, women’s health, cancer, trauma and critical care. Sacred Heart Hospital has a level II nursery and a level III trauma center with an adjacent helicopter pad for emergency transport. The hospital is a Primary Stroke Center and offers leading edge medicine that includes advanced technologies in diagnostics, treatment and neurosurgery.

A demonstrated leader in health care technology, HSHS Sacred Heart Hospital is the first in Wisconsin and the first hospital ever of its size to have both a BrainSUITE® with IMRIS intra-operative MRI (iMRI), and BrainSUITE® intra-operative CT (iCT) smart operating suites for neurosurgery, spine and trauma patients. HSHS Sacred Heart uses EPIC for electronic medical records.

HSHS Sacred Heart Hospital is located at 900 W. Clairemont Avenue, just a few blocks from our clinic.
OakLeaf Surgical Hospital provides quality elective surgery in Western Wisconsin. The surgical hospital's reputation for superior surgical care is based on its skilled independent physicians and surgeons, experienced staff, outstanding patient care, homelike comforts and enhanced services and amenities. Serving patients from Eau Claire, Chippewa Falls, Menomonie and the entire Chippewa Valley, this acute care surgical facility includes seven surgical suites, two GI suites, a pain management center and a 13-bed inpatient care unit.

Oakleaf Surgical Hospital was honored as the recipient of the HealthGrades Outstanding Patient Experience Award in 2018: Ninety-one percent of patients would definitely recommend this hospital. It is also recognized as high performing in knee replacement surgery by U.S. News and World Report. (July 2018)

Today, 60 surgeons in 15 specialties offer surgical procedures at OakLeaf Surgical Hospital on an outpatient or overnight basis. Some areas of specialization include: orthopedics and sports medicine, gynecology, plastic surgery, hand surgery, cosmetic surgery, ophthalmology, gastroenterology, otolaryngology, general surgery, podiatry, urology, and vascular surgery.

The majority of resident rotations take place within Eau Claire, but residents also complete one pediatric inpatient rotation and two weeks of pediatric emergency medicine at Children's Minnesota. Residents may also choose electives with other hospitals and clinics that suit their educational needs.
Mission *Statement*

“Our mission is to provide excellence in patient care and family medicine education in an open and collaborative atmosphere that encourages professional growth and individual learning.”

**Prevea Family Medicine Residency aims to prepare residents to:**

- Practice evidence-based medicine.
- Practice full spectrum Family Medicine in any setting.
- Be community health leaders.

“...I have been very happy at the Eau Claire program and am so grateful that I ended up here. When I run into my colleagues I am happy to see them, and enjoy spending time with them outside of work. A work-home balance has been quite attainable, especially in first year, with a schedule that is flexible. Details such as living 5 minutes away from both hospitals and living in a pleasant, character-filled town that is easy to get around have also made my experience better.

I have enjoyed seeing specialists and other providers in the doc lounge rather than having a separate resident lounge, casually asking questions about patients, and learning from them, getting to know them.”

— Thomas Steigerwald, MD [PGY3]
Prevea Health Family Medicine

Prevea Health Family Medicine is located in a highly visible and accessible area of the city, close to all resident rotations. The health center has a well-established patient population.

Prevea Health is located in a state-of-the-art medical facility within the Chippewa Valley Technical College (CVTC) health education building.

Our facility includes:
- 18 exam rooms and two procedure rooms
- Computer and printer in each exam room
- Electronic medical records (EPIC)
- Individual resident work desks with desktop computers
- Human Patient Simulator laboratory
- X-ray suites
- Ultrasound suite
- Laboratory with expanded draw areas for patient comfort
- Mental health and geriatric counseling rooms
- High-tech conference rooms and lecture halls

Prevea Augusta Health Center

Prevea Augusta Health Center is our rural health center site. It is staffed by two family medicine residency faculty and serves the rural community surrounding Augusta. The community has a population of 1,500 and is located approximately 18 miles from Eau Claire.

The clinic features:
- Five exam rooms
- Facilities for EKG, colposcopy, ultrasound and other minor procedures and osteopathic manipulation
- An electronic medical record system (EPIC) fully linked with Prevea Health Family Medicine

The Augusta program enters the match separately, every other year. We are recruiting a resident for Augusta in 2019-2020. Residents participate in inpatient and outpatient rotations in Eau Claire. Augusta residents have a rural clinical practice in Augusta for their entire three years of residency.

Residents gain procedure experience at Prevea Augusta Health Center, Prevea Health Family Medicine in Eau Claire and at local hospitals.

In addition to an ample number of OB patients, residents engage in the broad spectrum of family medicine in Augusta, including geriatrics. Residents perform monthly rounds on patients at the Augusta nursing home.

“The three years I spent in (the program) were full of great experiences. Everyone connected with the program, including community preceptors, are dedicated to providing residents with superior training because they realize the importance of primary care. I highly recommend any candidate to consider this program.”

— Ameet Karaul, MD (graduate)

“Being the Augusta resident in this program has been far greater than I could have expected. All the staff and faculty I get to work with are incredibly supportive. I have gained so many unique experiences from working in a rural clinic that reaches a diverse and under-served population.”

— Kiesha Bullock, MD

FACULTY AND RESIDENT AT WORK IN AUGUSTA
Eau Claire and Augusta Program Highlights

• Single-specialty residency program allows for greater first-hand learning experiences

• Accredited through the ACGME; one of the first programs to receive ACGME Osteopathic Recognition as we move to a single accreditation system

• Four MD faculty members, two DO faculty, and an on-site clinical social worker

• The only comprehensive geriatric assessment program in northwest Wisconsin

• Capacity for 19 residents

• 90 volunteer clinical faculty members who work with our residents in a variety of settings

• A long history of training outstanding family physician leaders, demonstrated by more than 200 graduates, the majority of whom have chosen to practice in Wisconsin

• Numerous community involvement options

• Home visit opportunities

• Care of a diverse population including Amish and Hmong families
Focus on Resident Support

The Prevea Health Family Medicine Residency Program is responsive to the needs and requests of residents.

We have implemented the following initiatives to help our PGY-1 class acclimate to residency:

- Program orientation updated annually based on PGY-1 class recommendations
- Targeted examination skills training sessions exclusively for PGY-1 residents for the first six months of residency
- Protected time for completion of ABFM Certification Activity, review of ABFM exam questions, procedure logging, and other administrative tasks
- Five scheduled meetings with faculty advisor during the first six months
- Monthly intern well-being sessions
- Weekly written and face-to-face feedback about strengths and weaknesses while assigned to the family medicine service
- Written feedback from staffing faculty for each clinic patient seen for the first few months
- We encourage a healthy balance between clinical responsibilities and the need for social support and relationship-building with colleagues.

Support activities for all residents include:

- **Res Rap**: A twice-monthly discussion session for residents only
- **Res/Fac Rap**: Monthly session for residents and faculty to discuss issues or concerns or to give updates on current events
- **Monthly Education Committee meeting** for residents and faculty to review and monitor curricular needs of the program
- **Protected time** during weekly Thursday afternoon educational conferences includes a catered lunch
- **Annual resident/faculty retreat**: A day planned by the chief residents, includes an educational session and recreation for residents and faculty
- **Advisor/advisee meetings**: After more frequent meetings during the first six months of residency, twice-annual meetings are scheduled. However, residents are welcome to consult with their advisor or another faculty member at any time.
- **Individual resident support**: Voluntary individual support and coaching meetings are available with our faculty clinical social worker
- **An Employee Assistance Program** to provide consultation about personal and work place issues and concerns, methods to address work place conflict, organizational assessment, post-trauma/critical incident consultation and referral to community resources
- **Access to recreation centers** located at the UWEC, including an indoor track, pool, tennis and racquetball courts
- **Support staff** log all in-clinic patient visits for residents

RESIDENT/FACULTY RETREAT 2019
Computer Resources

Our electronic medical record system (EPIC) and computer network provide instant, organized access to patient information. The hospitals at which residents rotate use EPIC also, locally and through Care Everywhere.

Our digital radiographic equipment offers improved image quality and allows for immediate viewing of X-rays. Images can be transmitted to exam rooms and other areas of the clinic or to a hospital, where they can be interpreted by radiologists and shared with patients.

Each resident is provided a computer to facilitate recordkeeping and access to frequently-used references.

Virtual Medical Center

Hands-on experience is the best experience. Through our partnership with CVTC, we provide our residents with a virtual medical center.

Our center has four patient rooms complete with patient bedside monitors, in-line oxygen, suction, X-ray light boxes, and general supplies. There are adult code carts and a pediatric code cart available in the lab. In addition, the control room allows for full audio/video recordings of simulations.

State-of-the-art equipment includes four adult patient simulators, two pediatric simulators, one six-month-old baby simulator, one newborn simulator, one preemie simulator, one birthing simulator, one trauma man simulator, and one METI live simulator. The mannequins can be programmed to deliver realistic scenarios that quickly change to meet the instructor’s goals.

The ultra-sophisticated and highly versatile mannequins blink, speak, breathe, have a heartbeat, pulse, and accurately display human responses to such procedures as CPR, intravenous medication, intubation, ventilation and catheterization.

The HPS is pre-programmed for 50 scenarios including: trauma, cardiac, ACLS, respiratory, medical emergencies, OB, hemodynamic monitoring and pediatric conditions. These scenarios are designed to assist in skill development, differential diagnosis, assessment, treatment management and emergency management skills.
Community Connections
Some examples of residents’ community involvement and community collaboration include:

- Participation in various medical and mental health awareness events including organized runs/walks
- Hospital committees
- Serving as a board member for the Aging and Disability Resource Center
- Presentations of health topics at
  - Area elementary and middle schools
  - Northwest Regional Juvenile Detention Center
  - L.E. Phillips Senior Center
  - Chippewa Valley Technical College
  - Various area corporations
- Partnership with CVTC including collaborative use of the virtual medical center, and joint programs with Marquette University School of Dentistry dental clinic, also housed in the Health Education Building
- “Adoption” of an Eau Claire elementary school with a high percentage of students receiving free lunches
- Alliance for Substance Abuse Prevention in Eau Claire County
- Sports physicals for area schools
- Volunteering at the Chippewa Valley Free Clinic
- Preparing meals at the Community Table
- Back-to-school supplies drive for area elementary students
Program Curriculum

We are resident-centered. Our program embraces evidence-based medicine, competency-based curriculum, and longitudinal and behavioral study. Our program is committed to providing high-quality educational and clinical experiences that help meet each resident’s career goals.

Curriculum, evaluations and program improvements are designed to ensure residents obtain competence in six core areas: Patient Care, Medical Knowledge, Practice-Based Learning and Improvement, Interpersonal and Communication Skills, Professionalism and Systems-Based Practice.

Residents in the Statewide Osteopathic Program are also evaluated on osteopathic manipulative medicine, an additional core competency for osteopathic residents.

Evidence-Based Medicine (EBM)

The practice of evidence-based medicine requires lifelong learning and “information mastery” that helps physicians remain up-to-date while improving clinical behavior and patient outcomes. We use EBM in our patient care.

To assist residents to focus on EBM, we provide:

- Computers with internet access for all residents
- Inclusion of an EBM component in virtually all conference topics
- Instruction on practical EBM techniques and critical appraisal of the medical literature
- Evidence-based approach to ordering laboratory tests

Longitudinal Study

Because change occurs in the context of family and culture, we incorporate family and cultural impacts on health in our curriculum and patient care. Our longitudinal approach allows for studying and developing necessary skills throughout the three years of residency training using a variety of settings (clinic, nursing home, hospital, home and community) and methodologies (didactics, workshops, video-recording, joint visits, team assessments, clinic with patient-centered home principles, and collaboration with CVTC learners and community partners). In addition to the structured curriculum for required rotations, longitudinal study includes didactics, competency-based training, patient care, direct observation, video recording and medical simulation.
Recommended Rotation Schedule

First Year Rotations
Emergency Medicine          4 weeks
Family Medicine Service      8 weeks
General Surgery-Evergreen   4 weeks
Gynecology - Prevea          4 weeks
Hospitalist-Sacred Heart Hospital 4 weeks
Human Behavior & Mental Health 4 weeks
Internal Medicine           4 weeks
Longitudinal Block          4 weeks
Maternity(Obstetrics) with inpatient Pediatrics 8 weeks
Ophthalmology               2 weeks
Otolaryngology(ENT)          2 weeks
Pediatrics Inpatient Children’s Hospital-St Paul 4 weeks

Second Year Rotations
Cardiology                   4 weeks
Dermatology                  4 weeks
Emergency Medicine           4 weeks
Elective                     8 weeks
Family Medicine Service      8 weeks
Geriatrics                   2 weeks
Longitudinal Block           4 weeks
Maternity(Obstetrics) with Inpatient Pediatrics 4 weeks
Musculoskeletal Medicine     6 weeks
Pediatrics- Outpatient (Prevea) Radiology 4 weeks
Rheumatology                 2 weeks
                                        2 weeks

Third Year Rotations
CCU                          4 weeks
Electives                    16 weeks
Family Medicine Service      4 weeks
Longitudinal                 4 weeks
Maternity(Obstetrics)/Inpatient Pediatrics 8 weeks
Neurology                    4 weeks
Occupational Health          2 weeks
Pediatrics-Children’s ED-St Paul Pediatrics-    2 weeks
Outpatient (Oakleaf or Prevea) Pulmonary 4 weeks
Urology                      4 weeks

Common Electives:
- Addiction Medicine
- Clinic Medicine
- Emergency Medicine
- Endocrinology
- Gastroenterology
- Geriatrics
- Infectious Disease
- Nephrology
- Non-Invasive Cardiology
- Nutrition
- Obstetrics
- Oncology
- Palliative Care
- Parenting
- Podiatry
- Rural Medicine
- Urgent Care
- Vascular Surgery
- Wound Care
Cardiology
Working with cardiologists, residents learn to diagnose and treat problems of the cardiovascular system pertinent to family medicine. Residents gain experience working in both inpatient and outpatient settings, and learn the appropriate involvement of specialists and the coordination of health care personnel in the care of the hospitalized patient. Residents become skilled at administering stress tests if they desire.

Critical Care Unit/Intensive Care Unit
By the end of this rotation, residents will be able to diagnose and manage patients with acute and chronic pulmonary and cardiac conditions, including sleep apnea. Residents learn how primary care physicians work with other specialists on a team. Residents also gain knowledge to formulate diagnostic and therapeutic plans for common pulmonary and cardiac diagnoses such as pneumonia, chronic obstructive pulmonary disease, acute respiratory distress, acute kidney failure, cardiopulmonary arrest, and pulmonary edema.

Dermatology
During this rotation, residents have hands-on experiences and learn to diagnose and manage dermatologic problems common to family practice, as well as how to properly perform outpatient family medicine dermatologic procedures. We incorporate peer-reviewed basic dermatology curriculum modules prepared by the American Academy of Dermatology for education about additional dermatologic conditions.
Emergency Medicine
Residents gain experience at local hospital emergency departments, as well as the St. Paul Children's Hospital emergency department. Residents learn prompt assessment, intervention and disposition, which are critical skills for an emergency medicine situation. Each resident manages patients as a member of a health care team dealing with multiple simultaneous patient encounters and learns the appropriate use of consultants in this area of patient management.

Family Medicine Service
While on rotation with the Family Medicine Service, PGY1 residents learn to practice inpatient family medicine and use appropriate community resources and hospital interdisciplinary teams (social workers, dieticians, palliative care providers). PGY1 residents also participate in hospital rounding with faculty and senior residents.

As a PGY2 or PGY3, the resident is responsible for direct inpatient care with progressive levels of responsibility. Residents diagnose, provide proper therapeutic management and consult specialists for the common major diseases seen in this inpatient setting. Senior residents also supervise and teach PGY1 residents.

General Surgery
Residents learn to assess patients with potential surgical problems, to care for them preoperatively and postoperatively as appropriate for a family physician. They also assist the surgeon during operative procedures and in an outpatient setting.

Gynecology
The primary educational goal during this rotation is for residents to be able to diagnose and treat gynecologic problems, perform gynecologic procedures appropriate to Family Medicine and know when to appropriately obtain gynecologic consultation.
Hospitalist/Internal Medicine

During the hospitalist rotations, residents learn to diagnose, treat and manage patients as inpatients on a day-to-day basis. Residents also learn important communication skills required to accept a patient and transfer the patient back to their own primary care physician. Residents on an internal medicine rotation also learn to diagnose, treat and manage inpatients on a day-to-day basis. Residents contrast continuity of care models to hospitalist care. Throughout their three years of training, residents work with community preceptors and learn firsthand the different medical systems: large medical groups as well as private practice models, and also hospitalist vs. the traditional continuity care model.

Human Behavior and Mental Health

Residents learn how to care for patients’ physical and psychosocial needs. This is accomplished through a four-week rotation, as well as a longitudinal, competency-based curriculum, combined with individual coaching from our faculty clinical social worker. Our clinical social worker teaches major aspects of mental illness, interviewing and assessment skills, family counseling skills, community agency referrals and relaxation techniques. Using a solution-focused approach, residents learn to help patients change the lifestyle factors that impact their health.

Residents will also train at a Medication Assisted Treatment center in Chippewa Falls. They will learn about addictions, substance abuse and medications used in treatment.

Longitudinal Block

The Longitudinal Curriculum comprises dedicated time to fulfill certain fixed components of the Health Systems Management, Community Medicine, and Resident Well-Being curricula. It allows time to complete other expectations such as presenting talks in the community, participating in community medicine events, working on a quality improvement project and participating in health-focused community initiatives.

Residents will have (1) 4 week Longitudinal rotation in each year of residency.
Maternal/Child
Maternity care has long been a strength of the Prevea Health Family Medicine Residency Program. In 2019 the curriculum was revised to include pediatric care in a combined rotation.

While on rotation at HSHS Sacred Heart Hospital, residents experience low-risk, high-risk and operative obstetrics as well as providing care for the newborn. Residents work one-on-one with an attending pediatrician to care for all newborn, special care nursery and general acute care pediatric patients.

All family medicine faculty members practice and teach maternity care. Residents attend monthly hospital mock codes and OB department case presentations. Residents may opt to learn obstetrical ultrasound skills for continuity patients in our clinic.

Musculoskeletal Systems
During this rotation, residents learn how to order and interpret appropriate diagnostic tests, diagnose and manage common musculoskeletal problems, and manage pre- and postoperative care of orthopedic patients as appropriate to family medicine. Residents also perform common procedures such as closed reductions, casting, splinting, joint injections and aspirations. Residents attend a local sporting event with team physicians and/or athletic trainers.

Neurology
Residents on the neurology rotation diagnose and manage common neurological problems and determine when to refer the patient to a specialist. Residents perform specific procedures and learn the role of the neurology specialists, the testing available for neurological diseases and the implications of test results. Residents spend time in the rehabilitation unit learning past stroke and injury treatment as well as telemedicine.
Occupational Health

Occupational Health is a newly developed curriculum that was created to provide residents with additional understanding of prevention, treatment and rehabilitation of workers. Residents will learn to assist employers in the maintenance of a safe and productive work environment.

Ophthalmology

Residents diagnose and manage ophthalmologic problems and use common ophthalmologic procedures pertinent to family medicine occurring primarily in the outpatient environment. Residents on this rotation perform complete history and physical exams of the ophthalmologic system, use a slit lamp, perform tonometry on patients in the office setting, discuss diagnosis and treatment including appropriate consultation for conjunctivitis and uveitis and recognize and treat corneal abrasions.

Otolaryngology (ENT)

Our preceptors work one-on-one with residents to educate them in diagnosing and managing ear, nose, and throat disorders and assist residents to determine when to refer patients to a specialist. Residents use specialized instruments including the indirect laryngoscope, nasal speculum, head lamp, otoscope and cerumen spoon.

Pulmonology

During this rotation, residents learn to diagnose and manage patients with common pulmonary conditions such as COPD, asthma, pulmonary nodules, pneumonia, pleural effusions, and pulmonary embolism. Residents have the opportunity to augment their procedure experience in both the inpatient and outpatient setting.
Pediatrics
Prevea Health Family Medicine residents gain a broad range of pediatric experience in both inpatient and outpatient settings. PGY1 residents complete two maternal/child inpatient rotations. PGY1 residents also spend four weeks on an inpatient team at Children's Minnesota in St. Paul to treat children with acute and chronic illnesses.

Residents in their PGY2 and PGY3 years round out their pediatric training experience with two additional four-week rotations scheduled with local pediatricians in their busy outpatient practices. PGY3 residents are scheduled for a two-week rotation at the St. Paul Children's Hospital Emergency Department. This challenging rotation is a favorite among residents.

Radiology
During the two-week rotation in radiology, residents learn appropriate test selection and participate in invasive imaging and interpreting radiologic images from outpatient and inpatient settings with highly skilled radiologists.

Rheumatology
Residents on this rotation learn to diagnose common rheumatologic conditions by completing thorough, rheumatologic-focused history and physicals. Residents will perform connective tissue and disease exams including skin and joint, eye and lung. They also properly perform common rheumatologic procedures pertinent to family medicine such as joint aspiration and corticosteroid and other injections.

Urgent Care
Residents on the urgent care rotation will rapidly gather and assess information pertinent to the care of patients in an urgent and emergent situation. Additionally, residents will learn to perform common urgent procedures.

Urology
Residents on this rotation acquire skills to diagnose and manage urological problems as well as skills to properly perform common urological procedures pertinent to family medicine. Residents gain a clear understanding of normal growth, development and variants of urogenital anatomy through the life span. They gain a working knowledge of assessment and treatment of common reproductive tract infections, diseases of the anogenital tract and neoplastic disease of the genital tract. Residents also experience making appropriate referrals to specialists to provide continuity of care for patients with urological problems.
Resident Benefits Summary

The Prevea Family Medicine Residency will provide the following benefits:

Professional Liability Coverage including legal defense and protection against awards from claims reported or filed during participation in the program, or after completion of the program if the alleged acts or omissions of a resident are within the scope of the program. Official documentation of the details of liability coverage are available upon request.

Health Insurance Benefits for residents and their eligible dependents beginning on the first day of insurance eligibility.

Disability Insurance Benefits for residents beginning on the first day of disability insurance eligibility.

Paid Time Off for residents that includes both vacation and sick leave.

Current Salary for Prevea Family Medicine residents:
PGY1: $60,090
PGY2: $62,128
PGY3: $64,562
Joan Hamblin, MD | Program Director
joan.hamblin@prevea.com

Dr. Hamblin joined the Eau Claire faculty in 1997 and was named program director in 2012. She graduated from the University of Chicago, Northwestern Medical School and a Family Medicine residency in Charleston, S.C. She previously practiced with the Indian Health Service in Oklahoma and served on faculty at the Bowman Gray School of Medicine, the Medical College of Ohio, and the University of Tennessee, Memphis. She completed a primary care faculty development fellowship at Michigan State University and the National Institute of Program Director Development fellowship. She has an added certification in geriatrics and is the medical director of the Eau Claire Geriatric Assessment Clinic, which is a member of a consortium of memory clinics of the Wisconsin Alzheimer’s Institute. She has published several cancer screening articles and writes a monthly column for Senior Review, a local newsletter. She was a 2015 recipient of the UW Health Patient Experience Physician Champion Award.

Sara Biddle, LCSW
sara.biddle@prevea.com

Sara Biddle started working at the Prevea Family Medicine Residency Program in July 2019. She earned her bachelor’s degree from University of Wisconsin–Eau Claire, and completed her graduate degree at the University of Wisconsin–Madison.

Sara Biddle has her master’s degree in social work with a focus in mental health and substance use disorders. She teaches the human behavioral-mental health curriculum and practices outpatient therapy at the Prevea Behavioral Care Clinic in Eau Claire. Her professional experience includes mental health and substance use disorder treatment in both inpatient and correctional settings.
William Cayley MD, M.Div. | (Eau Claire and Augusta)
bill.cayley@prevea.com

Dr. Cayley practices at the Prevea Augusta Health Center and teaches at the Prevea Health Family Medicine Residency Program. Professional interests include Medical Missions & Global Health, Evidence-Based Medicine, cardiovascular disease, and diabetes.

Dr. Cayley is an active member of the World Organization of National Colleges, the Academies and Academic Associations of General Practitioners/Family Physicians and the Society of Teachers of Family Medicine. He is the Book and Media reviews editor for the Journal of Family Medicine and an editor for the Cochrane Heart Group. Bill is a graduate of Fuller Theological Seminary and the Medical College of Wisconsin. He is a resident graduate of the Prevea Family Medicine Residency Program. He received the honor of induction into the Alpha Omega Alpha Honor Medical Society during the 2013-2014 academic year.

Jennifer Eddy, MD
jennifer.eddy@prevea.com

Dr. Eddy precepts residents and is the Director of Quality Improvement at the Prevea Family Medicine Residency Program. A graduate of Harvard University, the University of Massachusetts Medical School, and the West Suburban Family Medicine Residency Program, Dr. Eddy has been funded by the AAFP, the UW School of Medicine and Public Health, the WI Partnership Fund for a Healthy Future, and the National Center on Research to perform original research in a wide range of topics including pancreatitis in pregnancy, topical honey for diabetic foot ulcers, efforts to reduce underage alcohol use, and others. In 2015 she was named Outstanding Collaborator of the Year by the Northwoods Coalition for her work reducing alcohol use by youth ages 12-17 in Eau Claire County.

Kathleen M Ertz, MSSW
kathleen.ertz@prevea.com

Kathy Ertz, MSSW, joined the Prevea Health Family Medicine Residency Program in July 2007. Kathy earned her bachelor’s degree in social work from Viterbo University in La Crosse and completed her master’s degree in social work from the University of Wisconsin-Madison. Her career has focused on clinical social work services, administration, teaching and research. She is familiar with and enjoys working in teaching environments and has worked at University of Wisconsin Hospital and Clinics, Mayo Clinic in Rochester, and Marshfield Clinic in Eau Claire.
Mark Gideonsen, MD  |  Associate Program Director  
(Eau Claire and Augusta)  mark.gideonsen@prevea.com

Dr. Gideonsen graduated from Northwestern University and Rush Medical College. He completed his Family Medicine residency and maternal-child health fellowship at West Suburban Family Medicine Residency Program in Oak Park, Ill. For several years, he served inner city Chicago and directed a maternal-child health fellowship. Dr. Gideonsen has been named Educator of the Year by the Wisconsin Academy of Family Physicians.

Dr. Gideonsen is active with local and regional Amish communities and provides training for Amish traditional birth attendants. His professional interests include public and community health, research, maternity and pediatric care.

Leif Magnusson, D.O.

Dr. Leif Magnusson will be joining our residency program as a faculty physician in August of 2020. Dr. Magnusson completed his medical degree at A.T. Still University Kirksville College of Osteopathic Medicine and his Family Medicine Residency at the University of Nebraska Medical Center. Presently, Dr. Magnusson is practicing at the Family Health Clinic at the Vance Air Force Base in Enid, Oklahoma.

Nadine Nixon, MD  
nadine.nixon@prevea.com

Dr. Nixon is originally from Houston, Texas. She is a Returned Peace Corps Volunteer. She graduated from the University of Wisconsin-Madison School of Medicine and attended the Eau Claire Family Medicine Residency program. She worked in rural Wisconsin for seven years at Mayo Clinic Health Systems. Dr. Nixon’s professional interests include maternity and pediatrics, behavioral health and preventative/lifestyle medicine.

Deborah Raehl, DO  
deborah.raehl@prevea.com

Dr. Raehl joined the faculty in 1995. A graduate of the University of Notre Dame and the Chicago College of Osteopathic Medicine, Dr. Raehl completed a rotating osteopathic internship at Muskegon General Hospital before serving four years in the Indian Health Service as a general medical officer in Bethel, Alaska. Dr. Raehl finished her Family Medicine residency at the Prevea Family Medicine Residency Program in 1995. She completed the University of North Carolina Faculty Development Fellowship in 1997.

Dr. Raehl coordinates the musculoskeletal curricula. Her special interests are prolotherapy, osteopathic manipulation and cervical dysplasia.
PGY1 Residents

**Michael Fassl, MD**  
*St. George’s University School of Medicine*  
Michael is from Chicago, IL. He earned his undergraduate degree in Biology from Texas Tech University.  
He is interested in preventive medicine, lifestyle modification and working with student athletes.  
When he isn’t working, Michael enjoys spending time cooking with a focus on doing everything from scratch, unique challenging recipes are preferred. He is an avid reader of historical fiction and biographies. He likes to stay active through sports and weight lifting at the gym. Home renovation projects have become a passion as well.

**Taylor Feuling, MD**  
*Medical College of Wisconsin*  
Taylor was born and raised in Hudson, WI and attended the University of Wisconsin—River Falls for his undergraduate studies, where he majored in Biomedical Studies and minored in Chemistry.  
Taylor plans to become a full-spectrum family physician who cares for any patient with any ailment, but he has special interests in obstetrics, behavioral health, and outpatient procedures.  
Taylor finds balance in his life by enjoying the outdoors, reading and spending quality time with his wife and son.

**Jeremiah Kakes, MD**  
*University of Wisconsin School of Medicine and Public Health*  
Jeremiah was raised on a small hobby farm outside of Medford, WI. He attended UW Madison for his undergraduate degree in biology and psychology.  
Jeremiah has special interests in rural medicine, preventive medicine, procedural medicine, ultrasound, acute care and behavioral health. After completing residency he plans to practice in a rural area.  
Jeremiah’s personal interests include indoor pursuits (working with technology, cooking and reading) and outdoor activities (hiking, biking, roller-blading and spending time in nature).
Danash Raja, MD
*American University of the Caribbean*
Danash earned an undergraduate degree in Mathematics with a minor in Chemistry from the University of Alaska—Anchorage.

His medical interests include rural medicine, emergency medicine and sports medicine.

Outside of medicine, his interests include working out, running, boxing, hiking, watching movies and traveling.

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Shawn Stafki, MD
*University of Minnesota School of Medicine*
Shawn is from Perham, MN. He completed his undergraduate studies at the University of MN—Duluth with a major in Chemistry and a minor in Biology. He then spent two years doing post-graduate research and taught undergraduate classes.

Shawn is interested in rural full-spectrum family medicine with special interests in mental health, in-patient care and procedural work.

Shawn enjoys spending time with his wife, watching movies, golfing, reading, hunting, fishing and working with his dogs.

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Samantha Vouyiouklis, MD
*Ross University School of Medicine*
Samantha in a native New Yorker, who grew up in Brooklyn, NY. A graduate of the Scholars Program at Brooklyn College, she earned her undergraduate degree in Biology with a minor in Chemistry.

Samantha is interested in full-spectrum family medicine with special interests in obstetrics, women’s health and pediatrics.

Outside of medicine, Samantha enjoys spending time with family, singing, knitting, baking and trying new restaurants.
Prevea Family Medicine Residency Program

Residents

PGY2 Residents

**Markus Eckstein, MD**
Markus was born in Anchorage, AK and raised in Bayfield, Co. He studied Biology at the University of New Mexico in Albuquerque, NM and attended the UNM School of Medicine.

He moved to Eau Claire with his wife, Megan, and dog, Zorro, to experience a new climate and culture.

Markus is interested in practicing primary care in a small community. He pursued a career in medicine because he wants to help patients be healthy so that they are able to do the things that bring them joy and give their lives meaning.

Markus is interested in community outreach, health literacy and preventive medicine.

**Pamela Falcon, MD**
Pamela Falcon was raised in Toronto, Canada and completed her undergraduate and graduate studies at The University of Western Ontario majoring in Physiology. She pursued postdoctoral training at The Hospital for Sick Children in Toronto, Canada followed by 10 years in the biopharmaceutical industry in vaccine development. She attended medical school at the American University of the Caribbean.

She is pursuing family medicine practice with a special focus in obstetrics and newborn care. As a mother of two daughters, she is passionate about working with women and their families on their journeys through pregnancy, childbirth and parenthood.

Pamela’s interests include music, theatre, the great outdoors and food. She enjoys skiing and hiking and trying new restaurants and recipes.

**Jordan Fraser, DO**
Jordan was born in Edmonton, Alberta, Canada. He attended Concordia University in Edmonton for his undergraduate studies in Chemistry.

He completed medical school at the University of North Texas Health Science Center – Texas College of Osteopathic Medicine in Fort Worth, Texas.

Jordan’s clinical interests include osteopathic manipulative medicine and nutritional literacy.

Jordan is planning to practice full spectrum family medicine in a rural setting.

His interests include biking, snowboarding, soccer, hockey, hiking, traveling and games.
Jonathan Rief, MD

Jonathan is from Inver Grove Heights, MN. He completed his undergraduate studies at the University of MN-Twin Cities. He majored in Kinesiology Clinical Movement Science and earned a minor in Nutrition. He completed medical school at the American University of the Caribbean.

Jonathan has special interests in emergency medicine, OB, dermatology and pediatrics. His future plans include outpatient practice as well as hospital work.

He also participates in varied activities outside of medicine including running, weight lifting and cross-country skiing, as well as playing piano. He enjoys Harry Potter, Lord of the Rings and Star Wars.

Joseph Zbaracki, DO

Joseph Zbaracki was born and raised in Duluth, MN and attended the University of MN-Duluth for undergraduate studies. He majored in Cell and Molecular Biology and minored in Psychology. He earned his medical degree from Des Moines University—College of Osteopathic Medicine.

Following college, he worked at a water toxicology lab in Duluth for two years and also served as a volunteer ski patroller.

Joseph’s clinical interests include acute care, diabetes management, nutrition management and preventive medicine.

His interests outside of medicine include spending time with his family and mountain biking, downhill skiing and golf.
PGY3 Residents

J. Owen Beck, DO
Pacific Northwest University College of Osteopathic Medicine

Owen, the youngest of 6 children, was born in Arizona and grew up in Illinois and Utah. He earned his undergraduate degree at Utah Valley University.

Owen's clinic interests include emergency medicine, rural & wilderness medicine, and tropical medicine.

Outside of medicine, he enjoys spending time with his wife and 4 children, sports, outdoors, food, and traveling.

Kiesha Bullock, MD
University of North Dakota Medical School of Medicine and Health Sciences

Kiesha was born and raised in Alexandria, MN. She completed her undergraduate studies at Minnesota State University-Moorhead.

Kiesha is interested in full spectrum Family Medicine and is especially interested in obstetrics, psychiatry, and geriatric care. She would like her future practice to be in a smaller community that has a hospital with birthing suite.

In her spare time, Kiesha likes to spend time with her cat. She also enjoys crocheting, embroider, adult coloring, reading, and trying new cuisines.

Cody Howe, DO
Des Moines University College of Osteopathic Medicine

Cody was raised in Hugo, MN. He attended Bethel University in St. Paul, MN, for his undergraduate degree in biology and Des Moines University for his master's degree in anatomy.

Cody has special interests in rural medicine and geriatrics. After completing residency, he plans to practice in rural Western Wisconsin or Northern MN.

Cody's personal interests include any lake activities, drawing, running, and biking.
Yuliya Perepelitsa, MD  
St. George’s University School of Medicine  

Born in Ukraine, Yuliya moved to the United States when she was 10 years old and lived in Bloomington, MN. She completed her undergraduate studies in biochemistry at the University of Minnesota.

As a family physician, she desires to guide individuals and families to lead healthy lives. She is particularly interested in women’s health needs and procedures. Her dream is to be involved in medical missions.

Outside of medicine, Yuliya enjoys outdoor activities, reading in coffee shops, exploring new cities and growing in her faith.

Clayton Wagner, MD  
St. George’s University School of Medicine  

Born and raised in rural Minnesota, Clayton comes from a family of 4 generations of apple farmers. Clayton earned his undergraduate degree from Minnesota State University-Mankato.

Clayton’s clinical interests include community medicine, outpatient procedures, and rural practice. After residency, he plans to practice where he can work with local leaders, government, and education officials to optimize the community’s health.

Clayton enjoys spending time with his wife and son. Exploring for morel mushrooms in the outdoors is a favorite activity.

“\[I couldn’t be happier with matching to Family Medicine in Eau Claire, Wisconsin. I love how the program allows each of us residents to focus our training to our areas of interest. Within my first few months as a resident, the program set me up to give a healthcare talk at one of the local industrial plants. I’m now serving on a county-level health board for aging and disabilities, and the residency program has been fully accommodating to help me reach my goals.\]”

— Clayton Wagner, MD [PGY2]
ECFM Program Office Staff

Contact information

PROGRAM DIRECTOR
Joan Hamblin, MD  joan.hamblin@prevea.com

RESIDENCY EDUCATION COORDINATOR SUPERVISOR
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RESIDENCY PROGRAM ASSISTANT
Carol Lieffort  carol.lieffort@prevea.com or (715) 717-4635

L to R: Carol Lieffort, Paula Naumann, Tammi Van Brunt.
Prevea Family Medicine Residency

Frequently Asked Questions

How will I be supported as a resident?
- Social activities scheduled throughout academic year
- Formal teambuilding, e.g., ropes course at UWEC
- Res Rap (resident only meetings) held twice/month
- Intern skills-building sessions held weekly including resiliency and stress management exercises
- 24/7 mental health access

What are the educational conferences and teaching like?
- Three and a half hours each week for lectures, workshops, human patient simulator lab, etc.
- Protected time (unless on call for medicine or OB service)
- Opportunities for residents to present at HSHS Sacred Heart Hospital grand rounds
- Faculty and community preceptor teaching with interactive style strongly encouraged
- Resident team and individual presentations

Are meals covered?
- All residents have access to food in the physician’s lounge 24/7 at HSHS Sacred Heart Hospital where most of your inpatient clinical work occurs.

Can the residency help my significant other find employment?
- Yes. Due to our 45-year history in the community, we have developed many relationships with community members who will be happy to assist.

What are the salary and benefits for the residents?
- Please see the resident benefits page in this booklet.

What are the housing opportunities like?
- Eau Claire has a wide variety of housing options for purchase or rent. We have many houses, condos and apartments to choose from, in various locations from downtown to rural settings.

How does obstetrics fit into the curriculum?
- Our blended maternal/child rotation allows residents to care for both mother and newborn, as well as admitting and following pediatric patients
- Residents who plan to practice OB have additional learning options for elective rotations with increased volume and more complex cases

What kind of procedures will I learn?

Required Procedures
- Biopsies
- Joint injections
- Laceration repair
- Lesion removal
- Pap smear collection
- Skin excision
- Spirometry

Some additional procedures
- Prolotherapy
- OB/POC ultrasound
- Circumcision
- IUD/Nexplanon placement and removal
- Vasectomy
- Colposcopy / LEEP
- Cardiac stress tests
As a resident, will I have a voice in decision-making?
Yes. Residents contribute to program evaluation and improvement formally and informally through:
• Res/Fac Rap monthly meetings
• Semi-annual advisor/advisee meetings
• Annual program evaluation meetings
• Annual Program evaluation survey
• Informal interactions with program director, faculty and chief residents

Recent program changes based on resident input:
• Work experiences (cap on number of inpatients)
• Creating optimal rotation requirements to enhance clinical expertise
• Post-call resident clinic scheduling
• Elective opportunities
• Retreat
• Technology support

Does the residency have a “night float” system?
We have experimented with this system and did not find it beneficial for all residents.

Are residents involved in teaching medical students?
There are regularly scheduled opportunities for residents to teach medical students. Most medical students are from the Medical College of Wisconsin or osteopathic schools.

Are there global health opportunities?
Several scheduled opportunities occur through the University of Wisconsin - Madison, and others from community preceptors. Residents may also arrange a global health experience tailored to their individual interests.

Are there rural medicine opportunities?
Residents may choose electives in one of many rural clinic sites in the area, including Prevea Augusta Health Center.

Are there moonlighting opportunities available?
Yes. Many second and third year residents choose to moonlight.

What will most residents do when they graduate?
Residents train for full-spectrum family medicine practice and are prepared for a wide variety of career options. The flexibility of our program allows residents to choose their second and third year electives to meet the expected needs of their future employers. Recent graduates have entered the following types of practice:
• Full spectrum with OB including C-sections
• Hospitalist
• ER/Urgent care
• Outpatient only practices in solo, large multi-group specialty clinics, Indian Health Services, FQHC, fellowships and academic practice
Prevea Timeline

1996 to 2018

Prevea was founded in 1996 when physicians from the West Side, Webster and Beaumont clinics partnered with HSHS St. Vincent and HSHS St. Mary’s Hospitals in Green Bay.

In a very short time, Prevea established itself as a cornerstone of community health care. As an integrated multispecialty group, we offer services that can’t be found anywhere else in Northeast Wisconsin. We also offer our high-quality health care services in Western Wisconsin’s Chippewa Valley region.

**OUR MISSION:**
To take care of people with passion, pride and respect.

**OUR VISION:**
The best place to get care.
The best place to give care.

<table>
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<th>Year</th>
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| 1996 | • Webster Clinic, Beaumont Clinic and West Side Clinic merged to form Prevea Clinic in Green Bay.  
• Paul Reckard, MD, was named president.  
• Began providing care in the Howard community. |
| 1998 | • G. Robert Kaftan, MD was named president.  
• Began providing care in the Oconto and De Pere communities. |
| 1999 | • Began providing care in the Kewaunee and Pulaski communities. |
| 2000 | • Began providing care in the Seymour community. |
| 2005 | • Richard Rolston, MD, was named president.  
• Prevea Clinic is now called Prevea Health. |
| 2006 | • First Urgent Care opened. |
| 2008 | • Began providing care in the Sheboygan and Sturgeon Bay communities.  
• Ashok Rai, MD, was named president.  
• Expanded relationship with HSHS EWD through physician service agreements with HSHS St. Nicholas Hospital in Sheboygan; HSHS St. Vincent and HSHS St. Mary’s Hospitals in Green Bay. |
| 2009 | • Community Memorial Hospital joined HSHS EWD and became HSHS St. Clare Memorial Hospital.  
• Began providing care in the Gillett, Lena, Mountain, Oconto Falls, Oostburg and Suring communities.  
• Signed 200th physician. |
| 2010 | • Began providing care in the Plymouth community. |
| 2011 | • Began providing care in the Luxemburg and Marinette communities. |
| 2013 | • Partnered with HSHS St. Vincent Hospital and Dean Health to launch Prevea 360 health plan.  
• Expanded services to Appleton.  
• Opened the Prevea Sheboygan Medical Office Building.  
• Opened the Prevea Altoona Medical Office Building. |
| 2014 | • Partnered with HSHS Sacred Heart Hospital in Eau Claire and HSHS St. Joseph’s Hospital in Chippewa Falls through a physician service agreement in western Wisconsin.  
• Began providing care in the Chippewa Falls, Menomonie and Eau Claire communities.  
• Began providing care in the Arcadia, Cornell, Kohler and Osseo communities.  
• Eau Claire Family Medicine Residency becomes part of Prevea Health. |
| 2015 | • Began providing care in the Altoona, Rice Lake, Ladysmith and Shawano communities. |
| 2016 | • Began providing care in the Manitowoc and Augusta communities.  
• Eau Claire Family Medicine Residency becomes part of Prevea Health. |
| 2017 | • Began providing care in the Altoona, Rice Lake, Ladysmith and Shawano communities. |
| 2018 | • Expanded services to Appleton.  
• Opened the Prevea Sheboygan Medical Office Building.  
• Opened the Prevea Altoona Medical Office Building. |