



HOMEGATING RECIPES
Salmon & Black Bean Nachos
Sports Team Drink

Serves 6

Ingredients

- Kvaroy Arctic Salmon
- 1 tablespoon cumin
- 1 tablespoon chili powder
- ½ teaspoon garlic powder
- ½ teaspoon salt and pepper
- Half a bag of tortilla chips
- ¾ cup of Monterey Jack cheese, grated
- ½ cup black beans, rinsed and drained
- ½ cup iceberg lettuce, shredded
- ¼ cup tomatoes, chopped
- ¼ cup avocado, peeled and diced
- ¼ cup sour cream
- 2 tablespoons cilantro, stemmed and chopped

Directions

1. In a small bowl, mix together cumin, chili powder, garlic powder, salt, and pepper
2. Rub the spice mixture over the salmon on both sides, grill for 8-10 minutes
3. Once the salmon is off the grill shred it with a fork into one inch sized pieces
4. Pour out the chips onto a heat safe serving tray. Place the salmon and black beans on top of the chips. Sprinkle on the cheese, covering the chips, salmon, and bean
5. Broil for 2-5 minutes, or until cheese is melted
6. Top with tomatoes, lettuce, avocado, and sour cream. Garnish with cilantro
7. Serve immediately

Sports Team Drink

Ingredients

- Sport Drink (in your favorite team's color)
- Sparkling Water
- Lime Juice
- Lime Wedge
- Ice

Directions

1. Fill a cup with ice
2. Pour the sports drink into the cup $\frac{3}{4}$ of the way up
3. Fill the remaining with the sparkling water
4. Add a splash of lime juice
5. Finish the drink off with a lime wedge