

PROBLEMS into PRAISE | PSALM 13  
Sunday, December 12, 2021

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**PART 1: Prescription for our personal pandemic:** \_\_\_\_\_ . (v.1,2)  
Psa 77:6,7, Psa 22:1, Gen 3:5, Rom 7:18, Eph 6:12

✿ *This lets us know where we are in contrast to where God is.*

4 CLAIMS:

1. He felt \_\_\_\_\_.
2. He felt \_\_\_\_\_.
3. He felt \_\_\_\_\_.
4. He felt that he was a \_\_\_\_\_.

✿ *We have 3 enemies: the world, the flesh, & the devil.*

**Key point #1:**

To overcome our personal pandemic, we must know where we \_\_\_\_\_.

**PART 2: Prescription for our personal pandemic:** \_\_\_\_\_ . (v.3,4)  
Psa 31:7, Psa 18:28, Gal 5:22-23, 2Ti 1:7

✿ *If we desire God's presence in our life, we have to ask him.*

3 PRAYERS:

1. \_\_\_\_\_ me
2. \_\_\_\_\_ me.
3. \_\_\_\_\_ me.

✿ *Our fear becomes a fortress with no doors, imprisoning us to a \_\_\_\_\_ life.*

**Key point #2:**

To overcome our personal pandemic, we must tell God about our \_\_\_\_\_.

**PART 3: Prescription for our personal pandemic:** \_\_\_\_\_ . (v.5)  
2Ti 3:16-17, 1Sa 16:12-13, Isa 49:14-16, Phl 4:6-7, Isa 41:10,

✿ *The Remedy for our present fears is faith in God through His word.*

**Key point #3:**

To overcome our personal pandemic, we must have God's \_\_\_\_\_.

**PART 4: Prescription for our personal pandemic:** \_\_\_\_\_ (v.6)  
1Co 3:2, Heb 5:13,14, Phl 4:6-8

✿ *You will know God's prescription is working when you are worshiping.*

**4 STEPS TO EXERCISING YOUR SENSES**

1. *Don't allow yourself to be preoccupied with your fears, and anxiety regarding your circumstances.*
2. *Instead tell God everything. Be specific and be grateful because you know God is going to give bountifully.*
3. *Assess if you have peace that is unreasonable considering your circumstances. If not, repeat steps 1&2. An additional assessment to be sure that steps 1&2 worked, consider if your thoughts and feelings match the character of Christ. Practically this will mean your life displays the fruit of the spirit.  
\* You can find the side effects in Galatians 5:22-23.*
4. *Finally, to assure continued progress focus instead on things that are true, honest, just, pure, lovely, of good report, and generally anything that is of good virtue and praise.*

**Key point #4:**

**We know we are overcoming our personal pandemic when our response to pain is no longer \_\_\_\_\_.**