

SUN	MON	TUE	WED	THUR	FRI	SAT
	8:30 AM Silver Sneakers Class - Circuit (Fitness Center) 1 10:00 AM OLLI: The Parables of Jesus (Dup Aud) 2:00 PM Rummikub (B133) 4:30 PM Cardio Circuit (Fitness Center)	9:30 AM OLLI: Chinese Food, Holidays, & Dining Culture (Dup Aud) 2 1:00 PM Complimentary Blood Pressure Check (Merritt Parlor) 3:30 PM We are Senior Lecture Series: Healthy Aging (Dup Aud) 4:30 PM Evening Book Club Meeting (B133)	10:00 AM Campus Federal Visit (Merritt Parlor) 3 10:00 AM Presbyterian Service (Chapel) 3:00 PM Snowballs in Merritt Parlor (Merritt Parlor) 4:30 PM Total Body Conditioning (Fitness Center)	8:30 AM Aquacize (Pool) 4 10:00 AM Episcopal Service (A202) 2:00 PM Movie: 42 The True Story (B133) 3:30 PM Bible Study (Classroom 1)	8:30 AM Silver Sneakers Classic Class (Fitness Center) 5 10:30 AM Women's Group Meeting (Dup Aud) 1:00 PM Hearts (Merritt Parlor) 7:00 PM Bingo! (B133)	10:00 AM Tai Chi- Beginner (Dup Aud) 6 1:00 PM Duplicate Bridge (B133)
8:40 AM Bus Departs for St. Aloysius Church 7 10:00 AM St. James Place Morning Prayer (Dup Aud) 10:15 AM Bus departs for Downtown Churches 2:00 PM Movie: Quartet (B122)	9:30 AM Writer's Workshop (Conv Rm) 8 10:00 AM OLLI: The Parables of Jesus (Dup Aud) 10:30 AM Garden Committee Meeting (Conv Rm) 2:00 PM Trivia (Dup Aud)	9:30 AM SJP Men's Club (Conv Rm) 9 1:00 PM Book Mobile (Koi Pond) 2:00 PM Activities Committee Meeting (Private Dining Room) 3:30 PM We are Senior Lecture Series: What Do I Do Now (Dup Aud)	9:30 AM Building & Grounds Committee Meeting (Conv Rm) 10 10:00 AM Fitness Center Open House (Fitness Center) 1:30 PM Balance Lab (Fitness Center - Aerobics Room) 3:30 PM National Smores Day (Merritt Parlor)	9:30 AM West Baton Rouge Museum Tour (Off Campus Trip) 11 1:30 PM Line Dancing (Fitness Center - Aerobics Room) 2:00 PM Dining Committee Meeting (Conv Rm) 5:00 PM Yoga (Fitness Center)	9:00 AM Bus Departs for Trader Joe's & Chase Bank 12 1:00 PM Bridge and Rummikub (B133) 1:30 PM Brains and Balance (Conv Rm) 3:00 PM Platinum Sound Orchestra (Dup Aud)	10:00 AM Tai Chi- Beginner (Dup Aud) 13 10:30 AM Study Club with Will (AL Family Room) 1:00 PM Duplicate Bridge (B133)
8:40 AM Bus Departs for St. Aloysius Church 14 10:00 AM St. James Place Morning Prayer (Dup Aud) 10:15 AM Bus departs for Downtown Churches 6:30 PM Movie: Victoria and Abdul (B133)	10:00 AM Walking Club (Fitness Center) 15 10:00 AM OLLI: The Parables of Jesus (Dup Aud) 11:00 AM Rosary Prayer Group (B133) 4:30 PM Cardio Circuit (Fitness Center)	10:00 AM Catholic Mass (Classroom 1, H&W Building (First Floor)) 16 12:30 PM Resident vs Staff Shuffleboard (Dup Aud) 2:00 PM Resident Association Executive Committee Meeting (Conv Rm) 3:30 PM We are Senior Lecture Series: Agings Worst Enemy (Dup Aud)	9:00 AM Brains and Balance (Dup Aud) 17 10:00 AM Fitness Center Open House (Fitness Center) 1:00 PM Bridge (B133) 3:30 PM August Birthday Party (Dup Aud)	10:00 AM Core Training (Fitness Center- Aerobics Room) 18 10:30 AM Deep Stretching & Relaxation (Fitness Center - Aerobics Room) 2:00 PM Movie: Persuasion (B133) 5:00 PM Dinner at Rouj Creole (Off Campus Trip)	9:00 AM Bus Departs for Trader Joe's & Chase Bank 19 1:30 PM Brains and Balance (Conv Rm) 3:00 PM Let's Get Quizzical: Team Trivia (Dup Aud) 7:00 PM Bingo! (B133)	10:00 AM Tai Chi- Beginner (Dup Aud) 20 1:00 PM CANCELED: Duplicate Bridge (B133)
8:40 AM Bus Departs for St. Aloysius Church 21 10:00 AM St. James Place Morning Prayer (Dup Aud) 10:15 AM Bus departs for Downtown Churches 2:00 PM Movie: Enola Holmes (B133)	9:30 AM Writer's Workshop (Conv Rm) 22 10:00 AM OLLI: The Parables of Jesus (Dup Aud) 1:30 PM Ladies' Poker (B133) 2:00 PM Trivia (Dup Aud)	10:00 AM Catholic Mass (Classroom 1, H&W Building (First Floor)) 23 10:00 AM New Resident Campus Tour (The Square) 1:00 PM Book Mobile (Koi Pond) 3:30 PM We are Senior Lecture Series: Free Social Media Tutorials (Dup Aud)	10:00 AM Presbyterian Service (Chapel) 24 1:00 PM "Building a Better You" Group Meeting (Classroom 1) 1:30 PM Bus Departs for Walmart (Off Campus Trip) 2:30 PM Speaker Barbara Sims on Working at Sun Records (Dup Aud)	10:00 AM Episcopal Service (A202) 25 10:30 AM Hospice: the Who, What, When, Where and Why (Dup Aud) 1:30 PM Line Dancing (Fitness Center - Aerobics Room) 4:10 PM Martin's Wine Cellar Wine Tasting (Off Campus Trip)	8:30 AM Abita Mystery House, Lunch and Abita Brewery Tour (Off Campus Trip) 26 10:00 AM Morning Book Club Meeting (B133) 1:00 PM Hearts (Merritt Parlor) 1:30 PM Brains and Balance (Conv Rm)	10:00 AM Tai Chi- Beginner (Dup Aud) 27 10:30 AM Study Club with Will (AL Family Room) 1:00 PM Duplicate Bridge (B133)
8:40 AM Bus Departs for St. Aloysius Church 28 10:00 AM St. James Place Morning Prayer (Dup Aud) 10:15 AM Bus departs for Downtown Churches 6:30 PM Movie: Won't You Be My Neighbor (B133)	11:00 AM Rosary Prayer Group (B133) 29 1:30 PM Ladies' Poker (B133) 3:30 PM Collette Travel Presentation: the Rockies and Ireland (Dup Aud) 4:30 PM Cardio Circuit (Fitness Center)	8:30 AM Aquacize (Pool) 30 1:00 PM Rummikub (B133) 2:00 PM Poker (B133) 3:30 PM Resident Orientation (Dup Aud)	9:00 AM Brains and Balance (Dup Aud) 31 10:00 AM Presbyterian Service (Chapel) 1:30 PM Bus Departs for Walmart (Off Campus Trip) 3:30 PM Town Hall Meeting (Dup Aud)			

August 2022

Independent Living Calendar

