Overview:
In this lesson, students will learn about kale through observation (and an optional taste test). Students will then read a book about adjectives and identify adjectives that could describe kale - these will be used to create an acrostic poem about kale. As an extension, students will learn about adverbs to create phrases to complete their acrostic poem.

Time Needed: 40 minutes

Common Core Standards:
- Adjectives:
  - Kindergarten
  - CCSS.ELA-LITERACY.L.K.5.B - Demonstrate understanding of frequently occurring verbs and adjectives.
  - 1st Grade
  - CCSS.ELA-LITERACY.L.1.1.F - Use frequently occurring adjectives.
  - 2nd Grade
  - CCSS.ELA-LITERACY.L.2.6 - Use words and phrases acquired through conversations, readings, and being read to, and responding to texts, including using adjectives and adverbs to describe.

Objectives:
- Students will understand and use frequently occurring adjectives and adverbs to describe kale.

Materials:
- Kale or photos of kale
- “Hairy, Scary, Ordinary” by Brian P. Cleary (or similar book about adjectives)
- Acrostic Outline for Kale
- Adjectives to Describe Food Word Banks (and Adverbs)
**Writing Using Descriptive Adjectives to Write an Acrostic Poem**

Outline:
- Engage: Observe kale
- Explore: Brainstorm words we know to describe kale
- Explain: Read about adjectives and fill acrostic poem in with adjectives
- Extend: Learn about adverbs and fill acrostic poem in with adverb phrases

Lesson Plan:

- Engage / Explore (small groups / at the garden or on the carpet) - 10 minutes
  - Observe a kale plant together either in the garden or in the classroom using all of their senses.
  - Optional: Raw Taste Test

- Explain (whole group / at seats) - 20 minutes
  - Explain that describing words are called “adjectives” and read the book, “**Hairy, Scary, Ordinary**” by Brian P. Cleary to review many different adjectives.
  - Read aloud from Adjectives to Describe Food Word Banks (and Adverbs!) adjectives that could describe the look, taste, or texture of food. If it describes kale, students can stand up. If it does not, they can stay seated. If it does describe kale, the teacher can write it on the board as an option for the acrostic.
  - Explain that students will complete an acrostic poem about kale, choosing words that start with the letters in either the word “kale” or “leafy greens” and that describe kale.
  - Provide students with an Acrostic Outline for either “kale” or “leafy greens” and guide them in choosing words from the board that fit into the acrostic.

- Extend (whole group / at seats) - 10 minutes
  - Explain that “adverbs” are words used to describe how, where, when, how often, or why something is - sometimes they can be used right in front of an adjective.
  - Read aloud from Adjectives to Describe Food Word Banks (and Adverbs!) adverbs that could go in front of adjectives to describe the look, taste, or texture of food. The teacher can write these options on the board so students can use them to fill in their acrostic poem.
**Writing** Using Descriptive Adjectives to Write an Acrostic Poem

- **Evaluate:**

  **Example Evaluation**

<table>
<thead>
<tr>
<th>Engage / Explore</th>
<th>Student participated in observing the kale using all five of their senses.</th>
<th>___/20</th>
</tr>
</thead>
<tbody>
<tr>
<td>Explain</td>
<td>Student listened as the book was being read and actively participated in identifying and using appropriate adjectives.</td>
<td>___/40</td>
</tr>
<tr>
<td>Extend</td>
<td>Student actively participated in using appropriate adverbs in phrases with adjectives to describe kale.</td>
<td>___/40</td>
</tr>
<tr>
<td><strong>TOTAL:</strong></td>
<td></td>
<td>___/100</td>
</tr>
</tbody>
</table>
Writing Acrostic Outline for Kale

Kale
By: ________________

K __________________
A __________________
L __________________
E __________________
## Writing Acrostic Outline for Kale

### Adjectives to Describe Taste
- Bitter
- Burnt
- Buttery
- Delectable
- Delicious
- Flavorful
- Fresh
- Fruity
- Hot
- Irresistible
- Mellow
- Mild
- Peppery
- Pickle
- Plain
- Refreshing
- Rich
- Ripe
- Salty
- Savory
- Sharp
- Sour
- Spicy
- Strong
- Sweet
- Tangy
- Tart
- Zesty

### Adjectives to Describe Texture
- Chewy
- Creamy
- Crispy
- Crumbly
- Crunchy
- Dry
- Gooey
- Greasy
- Juicy
- Moist

### Adjectives to Describe Look
- Red
- Orange
- Yellow
- Green
- Blue
- Purple
- Black
- Brown
- Tiny
- Small
- Large
- Huge
- Round
- Flat

### Adverbs to Add in Front
- Always
- Exactly
- Fortunately
- Frequently
- Generally
- Hardly
- Never
- Normally
- Occasionally
- Often
- Only
- Just
- Perfectly
- Rarely
- Seldom
- Seriously
- So
- Sometimes
- Unexpectedly
- Usually
- Very

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