Eat a Rainbow 1. Read “Edible Colors” Book

For the Classroom:
Group structure - whole group
Location - seated on the carpet
Approximate time - 5 minutes

Georgia Early Learning and Development Standards:
CD-CR2.2b. Describes what he/she sees when looking at pictures, photos, and art work.
CD-CP2.4c. Uses information gained about familiar objects and can apply to a new situation.
CLL2.4b. Connects new vocabulary from books with prior experiences and conversations.
CLL5. The child will acquire meaning from a variety of materials read to him/her.
CLL8. The child will demonstrate awareness of print concepts.

Materials:
- Spinach leaves (if available)
- “Edible Colors” by Jennifer Vogel Bass

Directions:
- Review the colors as you read.
- Connect to children’s personal eating experiences by discussing familiar foods as they are shown in the book.
- Also, note that spinach is green when discussing green fruits and vegetables.

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