Tops or Bottoms 4.
Taste a Plant Parts Salad

For the Classroom:
- Group structure - whole group
- Location - at seats
- Approximate time - 20 minutes

Common Core and Georgia Standards of Excellence:
- S1L1a. Develop models to identify the parts of a plant—root, stem, leaf, and flower.

Materials:
- Large bowl, tongs
- Fruits and vegetables of different edible plant parts, all washed and sliced
  - Root—Turnips, Carrots, Radishes, Beets
  - Stem—Celery, Asparagus, Broccoli
  - Leaf—Spinach, Baby Kale, Lettuce, Arugula
  - Flower—Broccoli, Cauliflower
  - Fruit—Summer Squash, Zucchini, Tomatoes, Oranges, Berries
  - Seed—Peas, Corn, Sunflower Seeds
- Dressing (sweet vinaigrette recommended)
- Plates, forks, napkins

Directions:
- Assemble the salad in a large bowl, reviewing the plant parts as each one is added.
- Drizzle a light dressing and toss the salad.
- Distribute a serving to each child and taste the plant parts together.

Lesson written by Jenna Mobley for Georgia Organics

Grades K-2  Science  20 min
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