Spotlight on SGA

Student government President Annabell Liao faces complaints behind closed doors
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Student government presidential and vice presidential races uncontested
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Cross-Cultural Center opens with day of celebration
An interpretive dance and a ribbon-cutting ceremony kicked off the opening of the university’s Cross-Cultural Center Feb. 27. Students have been requesting a center for almost 15 years.
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Softball coach wins 600th game
The Panthers split a doubleheader against University of Redlands March 3. The Panthers lost the first game 8-4 and won the second game 14-6.
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Senate presents list of complaints about president

Sabrina Santoro | Assistant News Editor

The student government senate presented a list of complaints about President Annabell Liao at the March 3 meeting during a period of 20 minutes when the meeting was closed to the public, said Junior Class Senator Sarah Tabsh.

Tabsh, who moved to close the meeting, did not specify what the complaints were, because she said that information discussed during a closed meeting is confidential.

"It was a document that (senators) had written," said Tabsh, who is running for next year's vice president. "It shared with the rest of senate outlining different things that (Liao) had violated. When she was sworn into office, she had sworn that she would fulfill different duties, so we just outlined what she had violated in a private setting."

Tabsh said that she moved to close the meeting because the senate did not want information about the document reported on in The Panther. During a closed meeting, anyone who is not in student government is required to leave the room.

Liao discussed the contents of the meeting with The Panther March 3, and by doing so, Speaker of Senate Mitchell Rosenberg said that Liao violated the student government constitution. As of March 5, Rosenberg was unsure what the protocol is for when a member of the executive council violates the constitution.

Liao told The Panther that senators were concerned that she had been reaching out to The Panther and the student body without notifying the senate beforehand.

Liao said March 1 that she had a "number of issues" with the way senators passed a proposal to restructure the senate Feb. 24. The proposal went against student survey results, so Liao distributed a new survey Feb. 28 to gain student feedback.

Liao later vetoed the proposal March 3 in an email before the senate meeting.

"Normally what's covered in a closed meeting stays confidential, so I am surprised she opted to share very sensitive internal matters in a public setting," Tabsh said.

According to the student government constitution, all senate meetings are required to be open to the community unless three-fourths of the senate votes to close it for a maximum of one hour.

During the meeting, of the 23 senators present, 18 senators voted to close the meeting, four senators voted against closing the meeting and one senator abstained from voting.

In the email announcing her decision to veto, which Liao provided to The Panther, Liao also wrote that senators could close meeting to the public if they wanted to discuss the veto further. However, Liao said the proposal was not discussed during the closed portion of the meeting.

Tabsh said that she had not read Liao's email before the senate meeting, and some senators had already planned on closing the meeting to present the list of complaints about Liao, which was drafted three days before the meeting, Tabsh said.

"No one had mentioned to me that she wanted to close the meeting… I had sent two different emails to all the senators the night before to let them know a document was being made," Tabsh said.

The student government senate presented an informal list of complaints about President Annabell Liao during a period of 20 minutes when the March 3 meeting was closed to the public.

Tabsh's movement to close the meeting was seconded by Freshman Class Senator Jerry Hu.

To read more about student government, turn to the editorial on page 12.

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SGA president vetoes restructure proposal

"Student government has an image of being secretive with elections. People are more likely to get behind a transparent organization. As senators, you should want to be a part of the people first, then student government second."

- Anonymous sophomore survey respondent in the College of Performing Arts

Sabrina Santoro | Assistant News Editor

Student government President Annabell Liao vetoed a restructure proposal in an email before the March 3 senate meeting. The vetoed proposal was one that the senate passed at the Feb. 24 meeting.

Instead of overriding Liao’s veto—which would have required a three-fourths senate vote—the senate decided to approve a similar restructure proposal that would also reduce the number of senators from 29 to 16.

"No one had mentioned to me that she wanted to close the meeting… I had sent two different emails to all the senators the night before to let them know a document was being made," Tabsh said.

Email. "However, it is still my responsibility as a separate branch to provide a check on the senate when I think their decision does not best serve the student body."

After the senate passed the proposal that went against student survey results, student government distributed a new survey beginning Feb. 28. According to results that Liao shared with The Panther, some students wrote comments criticizing the structure of student government or expressing confusion about how it functions. Two of the 91 respondents referred to student government as "shady."

"Listen to how we vote," wrote one respondent, a senior from the School of Communication. "We voted for you but you cannot just do whatever you want after surveying us. This survey does not include (the same) responses that the last one did and we can see that you’re swaying us into voting how you want it."

Another respondent, a sophomore from the Wilkinson College of Arts, Humanities and Social Sciences, said that the number of senators who have resigned is an "internal problem."

"I don't think that should influence (the student body's) decision," the respondent said.

If the final proposal is passed by the student body during this month's elections, it will reduce the total number of senators from 29 to 16. There would be one academic senator representing each school, compared to two now. Instead of class senators for each year, there would be one senator for lowerclassmen and one senator for upperclassmen. There will also be five senators for student organizations instead of three.

Rebecca Glaser | News Editor

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First uncontested election in years

Rebecca Glaser | News Editor

The student government presidential and vice presidential seats are uncontested in the March 8 election, according to candidate biography information.

This is the first time since 2009 that the student government presidential election has gone uncontested. The last uncontested vice presidential election was in 2013.

Mitchell Rosenberg, a sophomore television writing and production major, is the first sophomore to run for president since 2010. Sarah Tabsh, the candidate for vice president, was not aware that the election was uncontested until an interview with The Panther March 1.

“I really upset about that, actually. I didn’t know that the seats were uncontested,” Tabsh, who is the junior class senator, said.

Sarah Tabsh, the candidate for vice president, was not aware that the election was uncontested until an interview with The Panther March 1.

“Tasbh, a junior health sciences major, and sophomore screen acting major Aramnni Nenmire both listed to run for vice president by the Feb. 27 deadline.

On March 1, Nenmire, who is the Black Student Union secretary, confirmed to The Panther that she was no longer running for vice president, because student government bylaws state that she cannot serve as an executive member of an organization and also be vice president.

Student Government President Anamabell Liao wrote in an email to The Panther that there is still time for students who are interested to file a write-in candidate by March 8.

“It would be great if there were other students interested and available to run for the executive positions,” Liao wrote.

Mitchell Rosenberg
Presidential candidate

Given my leadership - I’m the longest-serving senator in senate currently - and given my track record, my experience, drive, even my heart and compassion for understanding what students want and feel, has set me up for this position. Being the student body president, you have to be present at a lot of things whether it’s city council meetings, which aren’t mandatory, but are important. I think I’ve proven more experience - that I can do just as much as any senior could.

What changes do you want to make to student government?

My running mate Sarah Tabsh and I have narrowed our platform down to five key points: academics, sustainability, general campus improvements, health, wellness and recreation, and community relations. Starting with community relations, what I can bring is the absolute promise that I will be at every city council meeting, speaking in a positive light for students. Even if there’s no problem, we need that voice, that representation, and to show that we respect the residents of Orange and we are also residents of Orange.

From what I understood, (the role of president) has become an administrative duty. They answer emails, go to meetings, they make speeches, but that president is the figurehead and should be the head advocate. When there’s something that is a bigger scale thing … I want the president at the forefront of that change pushing, advocating. If they are the leader of the students, they have to be advocating for these changes, otherwise nothing is going to happen.

Sarah Tabsh
Vice presidential candidate

Can be done by motivating senate and keeping everyone on track, keeping holding everyone accountable. I think that while president and vice president should have the same goals of bettering the university as a whole, I think that vice president’s specific role is senator and student government itself, versus president, who is more administrative and the face of student government.

What changes do you want to make to student government?

As vice president, I really want to hold senate accountable, let senate know what they want to do. I just think that senate wastes a lot of time trying to find something to do, and I think that senators should just have a portal of places where they put current interests that’s a little more organized. I think the reason why student government hasn’t been cranking out as many changes as it was because it takes a while for senators to settle in, understand the position, reach out to their constituents and find something that they think is worth their time to change for.

Proposed changes:

Student government:

- Hold senate more accountable
- Implement a portal of current senate projects
- Compile a list of past advocacies

Academics:

- Look at Freshman Foundations Course requirements to make sure that homework assignments are more equal
- Hire more tutors in the Tutoring, Learning and Testing Center

Community relations:

- Attend every city council meeting

Sustainability:

- Install LED light bulbs campus-wide
- Implement a campus-wide plastic ban
- Install cleaner recycling station with pictures to help students differentiate recyclables from compost and regular trash

Health, wellness and recreation:

- Increase health center hours
- Improve Student Psychological counseling services
- Improve shuttle services
- Make declining balance usable in the Orange Plaza
- Improve fitness center

Proposed changes:

- Install LED light bulbs campus-wide
- Implement a campus-wide plastic ban
- Install cleaner recycling station with pictures to help students differentiate recyclables from compost and regular trash

Proposed changes:

- Hold senate more accountable
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Graphics by EMMA STESSMAN Art Director
Chapman women take the stage at poetry night

You want to be a voice for a voiceless? Just pass the mic.'

Kate Hoover | Staff Writer

Politics, white privilege and self-love were a few of the topics that joined together to kick off Women's History Month at an open mic night featuring female student performances of music and poetry.

Chapman Feminists hosted the event March 1 in the university’s new Cross-Cultural Center. The open mic night brought about 30 people, said senior Amanda Ball, who is the president of Chapman Feminists and a program assistant at the Cross-Cultural Center. Ball started the event with one of her own pieces of poetry, which she said is about what it’s like to be black.

“Poetry, for me, has been really empowering with what it symbolizes: giving someone a voice who doesn’t usually have their voice heard,” Ball told The Panther. “There’s a tweet going around that says, ‘You want to be a voice for the voiceless?’ Just pass the mic. So we’re literally, physically giving someone a mic, in the space of poetry or music or whatever people choose to perform tonight, and I think that’s really powerful.”

Niki Black, a senior women and gender studies major, performed a song she wrote before Donald Trump became the president Nov. 8. Black told The Panther that she chose to sing her song at the open mic because of the rhetoric against women that she feels is becoming increasingly prevalent in the country.

“I was wanting a space to do a very angry feminist song,” Black said. “Considering our current political climate that seems to be worsening day by day, I felt it was a therapeutic opportunity.”

Jackie Palacios, a sophomore screen acting and peace studies double major, said that she has been writing poetry for about a year and a half. Palacios performed three of her poems, which commented on white privilege and self-care.

“I performed these specific pieces because it was definitely more of a social justice theme. I think slam poetry kind of leans toward that anyway, but priority was given to women of color to perform (at the open mic night),” she said. “So I figured I’m a woman of color and I’m going to share about how I’m a woman of color and how it makes me feel,” Palacios said.

The open mic night also featured Aman Batra, a spoken-word poet who performed a poetry set during the final 30 minutes of the evening. Batra is a 14 English alumnus of UCLA and said that she has been performing spoken-word poetry for four years.

Batra told The Panther that her love for spoken-word poetry started in college, and that she was a member of UCLA’s first slam poetry team during her senior year.

“My favorite part is connecting with everybody,” Batra said. “I write for my own self-healing, but there’s another layer to it when you say it out loud and there’s other people in the room that feel you. Being up there, saying a line, and everyone feels that and there’s this contagious energy in the room. I live for that.”
Students discuss stress management, mental health at self-care fair

Chris Hennigan | Staff Writer

It was bright and sunny in the Aiken Arts Plaza as the Self-Care Fair kicked off an afternoon of yoga, music and promotion of mental health awareness Feb. 28.

The event was part of the See Me CU Campaign, led by the Bateman Public Relations Team, to destigmatize mental illness on Chapman’s campus over the next two weeks.

The fair focused on the five signs of emotional suffering: personality change, agitation, withdrawal, poor self-care and hopelessness.

Allie White, a junior public relations and advertising major, is part of the Bateman PR Team and spearheaded the event. She said that she wanted to get involved because of her passion for mental health.

“My personal story stems from high school,” White said. “I used to self-harm in high school, and my best friend ran the gamut of mental disorders – eating disorders, self-harm, suicidal, just did everything. So I did (the fair) partially for me, but more for her, because she’s doing something like that on her campus in Texas.”

White emphasized that getting involved in mental health issues can come in the form of being an active advocate, or by being a good friend and letting people know they aren’t alone.

The fair featured booths at which attendees could engage in a dialogue about mental health with others.

“People were like ‘Wow, that’s interesting’ or ‘I’ve never heard of this before’,” White said. “It’s a cool thing to show people that there’s something like that.”

There were several tables with activities at the event Feb. 28 to educate the students about various aspects of mental health and encourage them to take part in activities, like writing on glass easels near the event.

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“The most important part of self-care is managing stress and knowing when you need to have a break. I think we get so caught up in classes and exams that we forget to have time for ourselves.”

Skye Sinyard, a sophomore public relations and advertising major, ran the “Personality Change” informational booth for Bateman.

“I know that sounds really cheesy, but it’s OK if you mess up or feel down,” Sinyard said, as she handed out affirmation stones. “There are so many people having these issues. We’ve had so many people come up to us and tell their stories and it’s really cool, because there’s not really a platform where you can talk about it.”

The event also featured anonymous messages about mental health handwritten on glass easels near the event. Some people wrote about dealing with undiagnosed mental illnesses, while others discussed overcoming mental health issues like depression and eating disorders.

Many of the messages were positive, telling fair attendees that “(Recovery) can be done,” and “It gets better.”
Rebeccah Glaser | News Editor

About 20 people gathered on the steps of the Leatherby Libraries Feb. 28 for a rally in solidarity with transgender and gender nonconforming people.

The rally came less than a week after the U.S. Departments of Education and Justice announced plans to withdraw protections introduced under the Obama administration for transgender students, which allowed them to use bathrooms that match their gender identities. The conflict comes from an interpretation of Title IX, which bans discrimination in schools based on sex.

Leila Mamone, a senior ethics major who organized the rally, said that the event in the Atallah Piazza was organized with the LGBT Center OC and some of Mamone’s friends.

“I’d been wanting to organize something for transgender and gender nonconforming solidarity for a long time, and there’s a lot of media surrounding the recent Title IX rollbacks,” Mamone told The Panther. “We’re all protected by the law, but we shouldn’t need law or awareness of the policy to be treated like people…. It’s not about law and it’s not about policy, necessarily. We shouldn’t need those things to have the right to exist.”

The term gender nonconforming refers to a person who has physical or behavioral characteristics that do not correspond with those usually associated with the person’s biological sex.

Students who attended the event held signs that read “Black trans lives matter,” “We’re here and we’re queer” and “Protect indigenous trans people.”

About halfway through the rally, Mamone held a moment of silence for transgender people who have recently been killed. According to the Human Rights Campaign, 23 transgender people were shot, stabbed or otherwise violently killed in the U.S. from January to December 2016.

One of the topics discussed at the event was the Supreme Court case of Gavin Grimm, a transgender 17-year-old from Virginia whose school board passed a policy that barred Grimm from using the boys’ bathroom at his high school.

Dannie Cesena, a transitions services coordinator at the LGBT Center OC, spoke during the rally about the recent proposed changes to how Title IX is interpreted.

“This is not about the bathrooms, this is about us existing as human beings. By attacking our existence, they’re basically saying, ‘You cannot be true to who you are.’” Cesena said.

Gov. Jerry Brown signed a bill in September 2016 that would require, beginning March 1, all single-gender bathrooms in businesses, government agencies and public places to be identified as all-gender toilet facilities.

There are 11 restrooms on the university’s main campus and Chapman Studios West that are designated as all-gender.

“I didn’t even know that we had a gender-neutral bathroom on the first floor of the library,” said Jess Herb, a junior digital arts major who attended the rally. “Now I know, but I didn’t know that forever. People don’t even know that transgender and gender non-binary people live here.”

A study by the University of Southern California School of Law found that 0.76 percent of people living in California – roughly 218,400 people – identify as transgender, compared to 0.58 percent nationwide. People between the ages of 18 and 24 are the most likely demographic in California to identify as transgender, the study found.

Herb said that rallies like this one are a small step, and that the biggest thing people can do is show their support. “When you see something that is in anyway damaging to someone’s gender identity, then tear that down, or actively talk it out,” Herb said. “Form your own rally, form events. You have as much power as you think you do, especially on a college campus. There is so much power and there’s so much you can do.”

“IT’S NOT ABOUT LAW AND IT’S NOT ABOUT POLICY, NECESSARILY. WE SHOULDN’T NEED THOSE THINGS TO HAVE THE RIGHT TO EXIST.”

- Leila Mamone, senior ethics major
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Strike a pose, then hit the books

Students describe working as models and attending college in an age with social media

Lorig Yaghsezian | Assistant Features Editor

Zoe Baron, a senior English major, sat in a make-up chair in Cancun, Mexico for 10 hours while her hairstylists prepared her voluminous, zigzag hairstyle to walk down the runway for Farouk Systems, a hair product company.

Some students at Chapman, like Baron, have found their way to the runway through their social media. Although models are still scouted through auditions and applications, many modeling agencies have strayed away from this traditional approach and are using social media as a tool to find new talent, according to the Huffington Post.

"Now, with social media, it is easier to get your name around and get signed to more jobs that way," Baron said.

Zoe Baron: Instagram: @thezoebaron

Baron started modeling when she was 4 years old.

"Before modeling, I thought you had to do something that required an extensive education, such as being a doctor or lawyer, but none of those jobs interested me," Baron said.

"The whole time, I kept coming back to modeling because it is the only job I enjoy everything about."

Up until last semester, Baron lived in Las Vegas where she had contracts with several agencies. She said it is not uncommon to have multiple agencies in Las Vegas, unlike California where it is less common to be signed with two agencies. However, she said she prefers freelancing because she does not have to be tied down to a contract and also she gets to keep all the money she earns.

Baron now uses her large Instagram following of more than 50,000 to be scouted by companies looking for freelance models. Through her Instagram, she was offered a modeling job for BoutineLA, a swimsuit company.

"Social media makes it possible to not be signed (by an agency) but still get job opportunities and all the benefits that come from not being tied to a contract," Baron said.

She said that her modeling career really took off when she did the photo shoot for BoutineLA. It also helped her realize that she wanted to do this as a career because she felt "in her element" by being surrounded by individuals who shared the same aspirations she did.

"That is when I think modeling was really my calling," Baron said.

Bella Golden: Instagram: @bellaagolden

Featured in Cosmopolitan Magazine’s “17 Curvy models you need to follow on Instagram,” Bella Golden, a sophomore creative writing major, travels between Los Angeles and New York for modeling projects and photo shoots.

Although her modeling career was not planned, she always enjoyed taking photos with her friends and posting them on Instagram and other social media sites. This is how JAG Models in New York found her.

Golden signed with JAG at the end of last fall semester and took a leave of absence from Chapman to fly to New York for photo shoots.

"It’s all a balancing act," Golden said. "You just need to know when to focus on which one."

Golden, who is a size 12, said she feels comfortable at JAG because she thinks some agencies would not choose her unless she was either a traditional size 16 plus-size model or a size zero.

"(JAG) never asked me to lose or gain weight, and that is something I am very happy with," Golden said. "I am comfortable with my body and I don’t care if other peoples don’t like it."

Through her Instagram, which has about 16,000 followers, Golden aims to promote a positive body image by showcasing her success and posting encouraging captions with her photos.

"I want my viewers to know that you can have fun and be a model at any size," Golden said.

Nicholas Berson: Instagram: @nicholasberson

Focusing more on school than modeling, Nicholas Berson, a senior screenwriting major, said he models on the weekends and leaves weekdays for school.

Berson began modeling in the spring of 2014. He said he is not signed to an agency and works freelance jobs. He is managed by Stephen Stone Productions, a talent management company, and has been featured on two fitness-based Instagram accounts, Male Form and Beauty, which has 72,000 followers, as well as Fashionably Male, which has 72,000.

This helped him reach about 16,000 followers on Instagram.

"I started modeling because it was a way to make money on the side," Berson said.

The best part of working as a model is having the opportunity to be able to be on sets and get to work with creative and talented people, Berson said.

"Working in these conditions is something not everybody gets to do, and I feel very lucky to be able to do be on set and work," he said.

He started to gain success after he signed with his manager who began to point him in the right direction. His manager guided him to know which jobs to take and which jobs to decline, he said.

"As great as modeling is, school is more important to me. That’s why I’m paying all this money for a good education, so modeling is whenever I have free time," Berson said.
Haley Stern | Staff Writer

Mia Garcia woke up, unable to move. She tried to speak but was unable to call out for help. Her heart was beating rapidly and her hearing was heightened as if she was listening through headphones at full volume, she said.

Garcia, a junior health sciences major, has sleep paralysis, a disorder that can cause her mind to wake up before her body, she said, and has been dealing with the condition for eight years.

Garcia is not alone in her need to manage sleep disorders while juggling the high demands of a college education. A 2010 study in the Journal of American College Health found, through a sample of more than 1,800 university students, that 27 percent of students were at risk for one or more sleep disorders.

“Most of the time, sleep paralysis happens when you’re really exhausted,” Garcia said, adding that it can occur more often, up to twice a month, when she does not get enough sleep, or when she has a heavier workload.

Audrey Barthold, an undeclared sophomore, said she sometimes misses entire days of school because she has narcolepsy, which she describes as “chronic sleep deprivation,” and has to take large chunks of time in her day to sleep.

The amount of sleep Barthold gets doesn’t make a difference, she said, because her brain simply doesn’t allow her to enter a “deep restful state.” Rather than using her time between classes to study, Barthold goes home to sleep, she said, adding that one time, she drove home after her first class and fell asleep for five hours. She woke up briefly at 8 p.m. and proceeded to sleep through the entire night.

Barthold said that if she gets less than eight hours of sleep, she can be too tired to drive to class.

The combination of having trouble sleeping and dealing with stress is an endless cycle, said Sarah Levin, a senior screenwriting major who has insomnia.

Levin said that her inability to sleep stems from not being able to turn off her mind at night and spending hours thinking about the work she has to do. “You still have to do everything. There may be someone in your class who looks super chipper and gets all their work done, and they’re sleeping like three hours a night,” Levin said.

Stress is also a trigger for Kyle Harrington, a sophomore digital arts major who has sleep paralysis and nightmare disorder, which he said typically go hand-in-hand.

Harrington said that he often finds it difficult to wake up for morning commitments, focus in class and stay awake all day without taking a nap. Harrington goes through month-long periods, typically when he is under high stress, during which he will wake up four to five times a week with nightmares, he said. Harrington said his sleep paralysis also causes him to experience hypnagogic hallucinations, vivid dream-like hallucinations that occur as one falls asleep.

“When your brain tries to make itself feel correct by creating these hallucinations … to make sense out of the sensory sensations,” Harrington said. Harrington said that, like many mental health issues, sleep disorders are difficult for people who haven’t experienced them to fully understand.

“Whether it be nightmare disorder or insomnia or something like that, they legitimately have trouble sleeping and that’s a hard thing for people to wrap their heads around,” Harrington said. “When you can’t sleep like a normal person, your brain doesn’t function like a normal person.”

Chapman students deal with sleep disorders

About 27 percent of students are at risk for one or more sleep disorders, according to a Journal of American College Health study.

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Sleep by numbers

Adults need 7-8 hours of sleep per night.

On average, adults get less than 6 hours of sleep per night.

27% of students are at risk for one or more sleep disorders.

Sources: Centers for Disease Control and Prevention and a study by Journal of American College Health.
Chapman alumnas publishes children’s travel book series

Atharshna Singarajah | Senior Writer

Michele Gottlieb said she was getting rekindled, an energy healing therapy done by a lady who called herself a psychic, when the woman told her, “You’ll find happiness being creative and doing arts with kids.”

From there, Gottlieb, a Chapman ’10 film production alumna, decided to start writing her “Wherever We May Go” children’s books. “I only ever had three ‘aha’ moments in my life, and the moment that followed her words was one of them,” Gottlieb wrote in an email. “I immediately ran home and wrote the idea out of the series and finished the concept for the book within a week.”

“Wherever We May Go” is a children’s travel book series Gottlieb created, which encourages children to explore and travel. Her first book, “Wherever We May Go: New Orleans,” was published on Jan. 3. It was illustrated by Chapman ’15 digital arts alumna Renevee Romero.

Gottlieb said the story follows two main characters, Jennie and Michael, who are friends that like to travel together and discover new places with the help of a local friend, who changes depending on the setting of each book. The book is written in rhyme and includes family-friendly recipes from each place the children visit.

Gottlieb said that growing up, she always gravitated toward fiction and fantasy books, anything that had a touch of magic. “Watching the first ‘Harry Potter’ movie, I realized that there were people creating these worlds and that I wanted to be a part of it, hence my journey into film school. But I always knew on some level that I wanted to write children’s books,” Gottlieb wrote.

As an adult, Gottlieb said she found a love for traveling and realized the feeling she received when exploring new places was similar to what she felt when reading books as a child. She said that is where the idea for her book series emerged.

Gottlieb found the book’s illustrator through her connections with the university. “Chapman has always been sort of a ‘wise old grandparent’ since I graduated, popping up in unlikely ways to lend a helping hand,” Gottlieb wrote.

Gottlieb said she and Romero enjoyed working together and suggested that Gottlieb reach out to Bill Kroyer, the director of the digital arts program, who introduced her to Romero.

“When (Gottlieb) described the book to me, ‘Renéeve is a very right first student in my mind,’” Kroyer said.

Kroyer Romero said that she chose to help their students process the election results. “I try to encourage all points of view,” she said. “When someone expresses a point of view on one side, I always ask if someone wants to respond (and) play devil’s advocate.”

Freshman communication studies major Avery Singson said she appreciated when her professors play devil’s advocate, which she said is “honestly refreshing.”

Some of her other communication studies professors try to steer conversation away from politics. “I said something not very kind about Trump once, and my professor got a terrific look in her eye,” Singson said.

“I thought it was a really unique idea, because I’ve never seen a travel book for kids. Being an international student (from the Philippines), it also appeals to me, the travel idea of exploring different cultures and being able to illustrate that in a way children can enjoy it,” Romero said.

Gottlieb said she’s keeping making books as long as there is a demand for them. “Marketing plays a huge part of it, and just having a good product is the first step, but getting it in front of the right eyes is the biggest challenge,” Gottlieb said.

Chapman and Romero are working on the second book, “Wherever We May Go: Paris.” Gottlieb said the illustration style will change to match the mood of each location.
**The Who’s Tommy** is loud, groundbreaking and raw

“**The Who’s Tommy**” musical was performed at the Musco Center for the Arts Feb. 23 – 26.

**Emma Reith | Staff Writer**

**“The Who’s Tommy”** dazzled with bright lights and projections on the stage. Defined by director Oanh Nguyen as an “epic piece of theater,” this rock opera had a narrative that was slow and at times, hard to follow. Despite this, the performance and choice of direction was high energy and visually stimulating. Although commonly overpowering other elements of the show, the lighting and sound design in “The Who’s Tommy” was chosen with intent to provide depth with their specifications of time and location.

The cast and crew transformed the Musco Center for the Arts into a rock concert and your childhood living room, providing gripping contrast that draws you in to the heartbreaking and complex themes of mental disconnection, abuse and war. The cast’s talent didn’t fall short of the technical elements either. The title role of Tommy – a raw, beaten-down young adult – was played by freshman screen acting major Jack Levis. This was Levis’ first musical at Chapman, yet he exuded confidence and had the ability to own the stage by himself.

An outstanding element of “The Who’s Tommy” was the consistent and highly-demanding energy permeating from the members of the cast – especially from Levis, as well as theatre performance major Sarah Pierce, who powerfully and emotionally played the role of Tommy’s mother.

Since “The Who’s Tommy” is a groundbreaking, heavy and loud show, every factor required full effort. In set, costume design, direction, choreography and talent, there was consistency and power that reached the audience. Despite the complicated narrative in the first act, the second act brings each plot point to fruition. Be prepared to think, as focus is required to understand the scenes filled with pantomime and crucial plot points that are sandwiched between fast-paced lyrics.
Self-care is the best care

Self-care should be a vital part of any college student’s weekly routine. Especially at this time in the semester, when the excitement has worn off, we become accustomed to our routines. It can become easy by draining as we try to balance the load of four to six classes, as well as any other extracurricular activities you have chosen to take on. Many of us are also working students and are responsible for managing our homes by cooking and cleaning and paying rent. It can be difficult to find time for ourselves or even to check in on ourselves in order to remain sane.

As someone who suffers from high-functioning anxiety, bouts of depression and post-traumatic stress disorder, it is even more important that I check in on myself and make sure that I am eating properly and getting enough sleep. Ultimately, I am consumed with my life, but foregoing my self-care can be potentially dangerous and can aggravate the mental disorders I suffer from.

Checking in is the first step. Oftentimes, because of my wildly complicated and busy lifestyle, it is easy to not know emotionally and possibly physically where I am at. At one point last semester, I was avoiding self-care so much that my body started giving me physical signs, and a doctor had to tell me to slow down.

Being aware of your breathing, your emotions, your eating and sleeping patterns and even your pain levels is vital. Your body uses pain to tell you something is wrong. Too often, an ibuprofen is an easy fix. The same can be said about drinking coffee to stay awake, when in reality, what your body needs is sleep.

I wish anxiety was a more commonly accepted disorder among professors. According to the Anxiety and Depression Association of America, 41.6 percent of college students stated anxiety as their top concern in a survey conducted in 2013. For a long time, my anxiety was undocumented and therefore not something I could bring to the university’s attention. It’s easier to send a sick note claiming a cold or flu instead of admitting that I had a panic attack before class or that I am unable to get out of bed and haven’t eaten in days.

It’s increasingly difficult to explain why I haven’t been to class when I’m having traumatic flashbacks and I am fearful of leaving my apartment. We need to combat the stigmas surrounding mental health because it is so often out of control.

Self-care looks different for everyone. I like sleep, long hot showers (despite California’s drought), trips to Disneyland and writing. Sometimes I don’t want to be by myself and I seek community with others.

Self-care is different for everyone. My mom loves to exercise. When she goes without it, it affects her psyche. Trying new self-care practices, whether it be deep breaths or watching “Parks and Recreation” on Netflix, is the best way to find what works for you.

Olivia Harden
Opinions Editor
Do black lives matter to Black Lives Matter?

Alec Harrington, sophomore political science major

According to Kwaname Leo Lillard, a member of the Nashville Civil Rights Veteran’s Association, the previous movement prior to the Black Lives Matter momentum was dressing up to show respect. They also worked within the established political framework to obtain civil rights. Many Black Lives Matter protesters are dressed as thugs with clothing that shows no respect, as photographed for The Huffington Post, such as the Facebook posts with no shirts and bandanas over their faces. They also find it more productive to threaten the police than work with them. The civil rights movement of the 1960s was made up of men and women who had enough self-control and respect to keep a protest nonviolent. The violence that is exacerbated by the Black Lives Matter movement is not helping the black community, but instead, hurts it, and once again shows they do not truly care about black lives.

After researching this topic, I can only conclude that Black Lives Matter does not care about black lives. With being said, “All Lives Matter” may not be an organized group or movement, but it is an important statement of unity. How can you say that black lives matter if you ignore the real threat to black lives?

Black lives don’t matter

Arianna Ngnomire, sophomore screen acting major

Black lives don’t matter because slavery was an economic venture, and not a moral issue. It would create divisions for 400 plus years between the oppressor and the oppressed.

Most would agree that the Atlantic Slave Trade was an inhumane act against African people. Yet, we find ourselves participating in similar activities, including the prison industrial complex.

America has continuously put down marginalized people for the sole purpose of making a profit off of those lives. Over and over again, we are telling people of color that their lives only matters to make money, whether it was during the cotton fields in the 1800s, or the prison yards now.

For those stipulating that all lives matter in America, how can that be true if you are willing to pick and choose which lives matter? If you do not stand up when people of color are being targeted, shot, and killed, all lives do not matter. If you do not speak out when transgender people are being denied basic human rights, all lives do not matter. If you do not support the tearing up of the lines, all lives do not matter. If you ignore the terrorist attacks by the U.S. government in the Middle East, yet support President Donald Trump’s executive order travel ban that targets Muslims, all lives do not matter.

At this point you’re probably wondering, “Why do you say “Black Lives Matter,” if they don’t?” I say it because it is a problematic statement, and it shouldn’t be. The contradiction exists with the word “Black.” When “Blue Lives Matter” came to fruition after Dallas cops were killed, it was perfectly acceptable, and even encouraged to say. I say “Black Lives Matter” so one day I can confidently tell other people that all lives really do matter. But as of now, there are too many pieces of the pie that have been taken out. Parts make up a whole. Without the full intact circle, one cannot say, with certainty, that all lives matter. Even with systematic oppression against the fight for equality, there is still a growing sense of unity.

I say “Black Lives Matter” at protests, marches, and during discussions because I know that to the majority of people in power, they do not, in fact, matter.

Natalie Lund
Sophomore strategic and corporate communications major

“The longest I’ve gone without sleep is two days because I got stuck on the freeway overnight from a One Direction concert in San Diego.”

Kirstin Nystic
Junior sociology major

“I sleep pretty regularly every night.”

Letter to the editor

I would like to first thank the staff and editors of The Panther newspaper for always trying to print accurate and worthwhile stories. As a Panther reporter made several comments about the need to ensure accuracy of the story. Unfortunately, semantics are sometimes critical when dealing with federal regulatory compliance. I would like to take the opportunity to offer some corrections to the story that was published Feb. 19 entitled “Public Safety plans to add separate ‘incident Log’ to website.”

The article incorrectly stated that Public Safety maintains a weekly crime log. In actuality, Public Safety maintains and updates a daily crime log, as required by the Jeanne Clery Act. That log includes all crimes reported to the Public Safety department, regardless of whether someone wants to see the crime included in the log. There are limited circumstances in which we may temporarily withhold information from the log, such as if disclosure would jeopardize an ongoing investigation or jeopardize the identity of any victim, and we work diligently with victims ensure they have access to appropriate resources at the university and in the community. Also with respect to the crime log, the article incorrectly indicated that if a report is unfounded by local police, “the university can remove the report from the Clery Act crime log.” However, should a crime be unfounded by local police and that status is relayed to Public Safety, we would communicate the disposition of the entry to “Unfounded,” but we would not remove the entry from the log.

To be clear, Public Safety has not proposed creation of a more expansive daily incident log, as the crime log already includes all crimes reported to our department that occur in our Clery Act geography. Instead, the proposal is to aggregate information regarding the source of the crime, such as if the incident is not reported. We are not required to report statistics in our Annual Security and Fire Safety Report, such as vandalism, theft, or battery. Only when these crimes are motivated, in whole or in part, by the bias of the offender, would we be required to disclose these offenses in our hate crime statistics. Otherwise, there is no obligation to report them under the Clery Act. This is the area where the Public Safety will contribute the additional statistics but it will be subject to the additional rules. As a result, they are subject to be changed by the Clery Act with other disclosures we make above and beyond the requirements of the law.

I would encourage all members of the campus community to familiarize themselves with the policies and statistics disclosed in our Annual Security and Fire Safety Report, which is available online.

By familiarizing yourself with this information, you can help ensure you are promoting campus safety for yourself and others that are part of the Chapman University community.
Why doesn’t America embrace women’s baseball?

It may be called "America's pastime," but baseball is one of the world’s true global games. However, even as regions like Central America, South America and Asia continue to produce some of the best players in the MLB, there is one part of the population that baseball has not extended its reach very far to - women.

While basketball, hockey, soccer, tennis, golf and frankly most other sports offer opportunities for men and women across the nation to participate, baseball is not quite as accessible for women. That’s putting it lightly.

Softball has become the popular baseball alternative for women, but it’s a sport with different regulations and rules. For women who wish they could play baseball instead, their opportunities are seriously limited. Why does baseball have this issue when seemingly every other sport offers itself to both men and women?

Recently, there have been a few positive developments for women in baseball. In 2015, MLB.com reported that French teenager Melissa Mayeux became the first woman to be added to the MLB’s international registration list, meaning Mayeux is the first known woman to be eligible to play in the modern MLB.

Mayeux represents a largely overlooked demographic of female baseball players who have to overcome obstacles to play the sport they love. It’s no secret that the MLB doesn't have the best track record with how it treats female players.

For example, in 1931, the MLB organized an exhibition game between the New York Yankees and the Chattanooga Lookouts, a minor league baseball team in Tennessee. Pitching for the Lookouts that day was a 17-year-old girl named Jackie Mitchell, and she struck out legends Babe Ruth and Lou Gehrig, as recorded by the National Women’s History Museum.

Then-MLB commissioner Kenesaw Mountain Landis voided Mitchell’s contract with the Lookouts, saying that baseball was "too strenuous" for a woman to play, according to the Baseball Almanac in 2003.

Yikes.

On top of that, in 1952, the MLB formally banned women from signing contracts in the league. This ban lasted for 40 years.

The U.S. actually banned women from playing professional baseball league. When many of the MLB's best players were drafted during World War II, the All-American Girls Professional Baseball League was founded in 1943 to keep baseball going despite the war, per the league's historical website.

The Professional Baseball League was founded in 1943 to keep baseball going despite the war, per the league's historical website.

However, the league folded in 1954 once the war ended.

There is no physical reason why women cannot play baseball. There’s also very little argument to be had about women not having an interest in playing baseball. A 2009 study from the Society for American Baseball Research reported that more than 90 percent of girls at an elite international youth baseball tournament who had played both softball and baseball preferred baseball.

If anything, this study is more helpful in displaying how many women play baseball with a passion. Yet, the U.S. Women’s Baseball Team gets almost no coverage whatsoever. Softball gets plenty of airtime on ESPN, so why not women’s baseball? Softball is a sport for everybody. While not at the NCAA level, plenty of men play in softball leagues across the country. If grown men have easy access to joining a softball team, then why is it so difficult for girls and women to join baseball teams and leagues?

Those are questions left for baseball to answer.

Doug Close
Sports Editor

Women’s lacrosse handed first loss

Courtney Cummings | Staff Writer

The women's lacrosse team lost 15-9 against conference leader Claremont-Mudd-Scripps, the team the Panthers defeated last season to advance to the conference semifinals.

The Athenas, fresh off an undefeated run and a 21-0 win over Whittier College, carried their offensive momentum into Saturday’s game to give the second-place Panthers their first loss of the season.

The Panthers started the game off allowing the Athenas a 6-1 lead with 10 minutes left in the first half, before kicking it into gear to score three goals within the next two minutes. The second half saw the Panthers make a small comeback with a quick one-point lead, before the Athenas gained control to end the game.

“We’re a pretty young team, but this is a good wake-up call for us. We need more intensity at practice.” — Tara Sonnemaker, senior goaliekeeper

“Going up against (the Athenas) again, we need a defense that is less generous. We need a defense that is less passive and we need to bring it to them more,” Sonnemaker said. “We gave them too much room on defense this game and we need to fix that.”

The Panthers lost last-place Whittier — who beat them in all three matchups last season — on Wednesday, March 8 in their next conference game at 7 p.m.

Junior midfielder Stacey Zupa (right) runs at Claremont-Mudd-Scripps senior defender Olena Pritchard and freshman goaliekeeper Sara Reid during the Panthers’ 15-9 loss to the Athenas.

Chapman senior defender Dillon Watts (center) is swarmed by Claremont-Mudd-Scripps sophomore midfielder Corie Hack (left) and freshman midfielder Emily Cohen (right).

Photos courtesy of Claremont-Mudd-Scripps Sports Information

“...we’re a pretty young team, but this is a good wake-up call for us. We need more intensity at practice.” — Tara Sonnemaker, senior goaliekeeper

“It’s just going to make us work harder, we know what we need to do now,” said junior midfielder Becka Wachtel. “We need to control the game. We have so much talent on the team and we’re looking forward to growing from here.”

Senior midfielder Kelsey Mackin led the Panthers with three goals, followed closely by Wachtel and freshman attacker Leah Donnelly, who scored two goals each. Senior goaliekeeper Tara Sonnemaker’s 12 saves kept the Panthers from a heavier defeat as the Athenas managed 27 shots in the game compared to Chapman’s 17.

“I always have things that I’m looking to work on, but I think in the first quarter of the first half we played absolutely amazingly on defense,” Sonnemaker said. “We’re a pretty young team, but this is a good wake-up call for us. We need more intensity at practice.”

Sonnemaker added that when the team plays Claremont-Mudd-Scripps again, the Panthers will need to bring a better defense to the field.
Natalie van Winden | Senior Writer

The baseball team won a non-conference series against Concordia University (Wisconsin), ending the weekend in third place. After losing to the University of Redlands in a non-conference game Feb. 28, the Panthers started the weekend with a 4-3 walk-off win March 3, followed by a 13-8 loss the next day. A 12-1 win March 5 sealed the series for Chapman.

“We shouldn’t lose any games with the guys we have,” sophomore pitcher Tyler Peck said after the Feb. 28 loss. “If we play defense and pitch (as well as we can), we should win a lot of ballgames.”

Despite their undefeated conference record, the Panthers sit in third place in the Southern California Intercollegiate Athletic Conference, as first-place University of La Verne (10-5, 7-2) and second-place Occidental College (9-5, 7-2) have played three more conference games than Chapman (11-4, 6-0).

In the Panthers’ midweek game against Redlands, Peck’s five scoreless innings weren’t enough for the Panthers, who struggled to create momentum on offense in the 4-2 loss. Redlands scored three runs during the fifth inning to take a 3-0 lead that the Panthers were unable to respond to on offense.

“We didn’t find the holes,” Peck said. “They got a few hits that found the hole and that was the difference in the game.”

The defeat ended Chapman’s eight-game winning streak.

The Panthers reacted to the loss positively, starting out strong in the first game on Friday with three runs in the first inning. They remained in the lead, allowing one run until a two-run ninth inning.

“We came out swinging the bats well and got three runs in the first inning, which was key to setting the tone, but the offense stalled the rest of the game,” said junior infielder Gavin Blodgett.

Concordia was able to post two runs in the ninth to tie the game 3-3, but sophomore outfielder Christian Cosby scored on an illegal pitch with the bases loaded to win the game for the Panthers 4-3.

“(Concordia’s) starter settled down and they began going with different pitch sequences that ended up being effective,” Blodgett said. “We played defense well and (junior outfielder) Conner Larkin made a great sliding catch that prevented an extra-base hit. (Sophomore pitcher Joey) Harmon pitched a great game, but overall, we kind of snuck a win away because we didn’t hit like we’re capable of.”

The Falcons came out strong for the second game of the series and succeeded in avenging the previous night’s loss 13-8. Concordia scored 11 runs within the first three innings, compared to the Panthers’ four runs. Although the Panthers managed to score four more, it wasn’t enough to complete a comeback.

On Sunday, junior outfielder Justin Stream had a near record-setting performance, tallying six RBIs against the Falcons, just one shy of the school record.

The Panthers were tied 1-1 until the fifth inning, when Stream hit a double with the bases loaded, sending in three runners before Stream scored off senior infielder John Wiehe’s double. Concordia was scoreless for the rest of the game, as the Panthers cruised to a 12-1 victory.

The Panthers will then start a three-game series March 10 against eighth-place Whittier College (3-11, 1-8).

Doug Close contributed to this report.

Sophomore pitcher Tyler Peck winds up for a pitch during the Panthers’ 4-2 loss against Redlands Feb. 28 at Hart Park.
Jayson King | Senior Writer

The softball team split both of its weekend series against the University of Redlands and Occidental College to end the weekend in fourth place.

After losing in extra innings against Redlands on Friday, the Panthers came back for a five-inning mercy rule win later that day, giving head coach Janet Lloyd her 600th career win, which is the most in Chapman history.

In the first game of the weekend on March 3, the Panthers (7-5, 5-3) found themselves tied with the Bulldogs (3-9, 1-5) with four runs apiece after seven innings. The game went into extra innings until Redlands scored four in the top of the tenth to record an 8-4 victory.

Despite this loss, the Panthers came back in the evening game to defeat the Bulldogs 14-6.

“I think the determining factor was probably hitting, because both teams were doing well on defense,” said junior infielder Kristin Weiss. “I feel like (when we split series), it puts us at sort of a stalemate because our (winning percentage) just stays right where it is. We know we’re better than splitting every series, and we’re working hard to turn them into more sweeps.”

In three at-bats, sophomore outfielder Sydney Engelhardt recorded three runs, three hits and three runs batted in.

Following their Friday win, the Panthers came out on Saturday and took the lead against Occidental in the second inning and kept the lead until the end to win 6-3 over the Tigers (3-11, 1-5).

However, the Panthers weren’t able to pull off the doubleheader, as they lost in a close game that ended 4-3. Despite coming back from a 2-0 deficit in the fourth inning to lead 3-2, the Panthers were unable to keep the lead. The Tigers scored two in the bottom of the seventh to take the walk-off win.

“Ideally, we’d like to win every game, but it’s early in the season and we’ll see all these teams again,” Engelhardt said. “I’m confident that this will be a driving force when we face them again. Big determining factors in these games are execution and momentum.”

The Panthers travel to third-place Whittier College on March 11 to play the Poets in a pair of games at noon and 2 p.m. Chapman will then host Ohio’s Denison University for two games at noon and 2 p.m. March 12.

Photos courtesy of Miles Furuichi

Freshman infielder Samantha Tong swings at University of Redlands sophomore pitcher Lindsey Mifsud’s pitch during the Panthers’ 8-4 loss to the Bulldogs March 3.

Sophomore pitcher Samantha Whalen winds up a pitch against University of Redlands sophomore outfielder Jennifer Ng during the Panthers’ 8-4 loss March 3.

Softball splits games as head coach reaches win No. 600

Women’s Water Polo

Redlands 14
Concordia (CA) 15
Sonoma State 10
Chapman 13

Chapman 2
Chapman 3

Chapman 6
Chapman 8
Grove City 5

Chapman 2
Chapman 3

Chapman 6
Chapman 8

Chapman 9

Baseball

Redlands 4
Concordia 13
Chapman 12

Chapman 4
Concordia 1

Chapman 14
Chapman 8

Claremont-M-S 15

Softball

Redlands 8
Chapman 14
Chapman 17

Redlands 6
Occidental 3
Chapman 3

Women’s Lacrosse

Claremont-M-S 15

Chapman 9

Women’s Lacrosse

Claremont-M-S 15
Chapman 9

Chapman 9

UPCOMING GAMES

Baseball

March 7 vs. Kean (NJ) 7 p.m.
March 10 vs. Whittier 3 p.m.
March 11 @ Whittier 11 a.m.
March 11 @ Whittier 2:30 p.m.

Women’s Water Polo

March 7 vs. Azusa Pacific 6 p.m.
March 11 vs. Bucknell* 11:45 a.m.
March 11 @ San Diego State 4:45 p.m.
March 12 vs. CSU Bakersfield* 10:30 a.m.
March 12 vs. UC San Diego* 2:15 p.m.

Softball

March 11 @ Whittier noon
March 11 @ Whittier 2 p.m.
March 12 vs. Denison noon
March 12 vs. Denison 2 p.m.

Women’s Lacrosse

March 8 vs. Whittier 7 p.m.
March 12 vs. New England College 1 p.m.

= hosted by San Diego State