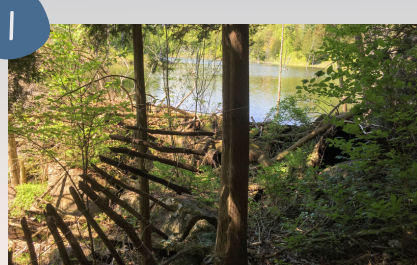


GUIDED HIKE

ART IN NATURE

Use these eight invitations to explore how art can be found or made in the natural world.



Using a stick from the forest floor, gently tap on some of the natural elements around you (i.e., trees, rocks, etc.). Can you make 3 different sounds?



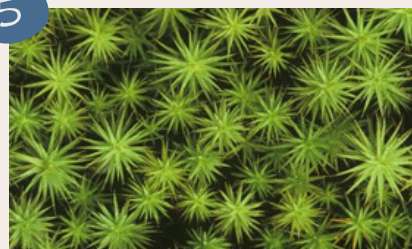
Notice how the light shines through the trees. Why are some leaves more transparent than others? Are there any shadows on the ground?



Find a natural object on the ground and explore the texture. Is it smooth or bumpy? Soft or hard? What are these natural objects made from?



With your body, act out 3 different natural elements around you. How did it feel to be each element?



Standing in one spot, take a moment to observe the forest floor. How many different shapes do you see?



Find 5 natural objects on the ground and make a tiny nature sculpture. What plants or animals helped make your sculpture?



Take a moment to enjoy the colours around you. How many different colours can you see? Why do you think different natural items are different colours?



Fill in the blanks to write a nature poem:

- I see _____.
- I hear _____.
- I smell _____.
- I feel _____.