INTERNATIONAL AMBASSADOR INFORMATION BOOKLET
MALAYSIAN MEDICS INTERNATIONAL
International Ambassador Information Booklet

First Edition, 2020

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www.malaysianmedics.org

ACKNOWLEDGEMENTS

The International Ambassador Information Booklet is created and designed by Dr. Darien Liew Daojuin. Content by Dr. Darien Liew Daojuin Low Wen Yan & Dr. Syameer Firdaus.
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How it all started

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7 years and counting

International Ambassador
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ABOUT US

Malaysian Medics International (MMI) is an independent, student-led organisation established in 2013 at Kuala Lumpur. We connect, educate, and cultivate doctors of tomorrow from home and abroad via a common professional platform that provide opportunities for professional and leadership development.

Over the years, we have brought together a diverse community of 3000 medical students from more than 45 universities worldwide with our annual conferences and year-round workshops at more than 5 different countries. Through our student activism, Malaysian medical students are kept abreast of the healthcare landscape and pressing issues at home.
In 2013, two medical students studying in the UK, Dr. Jonathan Lee and Dr Low Zhi Yang conceived the idea of setting up a Malaysian medical society in the UK. This would later become a society that is not-for-profit, educational and would allow Malaysians studying abroad to connect with their home country and keep themselves updated with the Malaysian healthcare landscape. In 2014, Dr. Low Zhi Yang and his team founded and registered MMI with the Malaysian Registry of Society.

<table>
<thead>
<tr>
<th>Year</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>2013</td>
<td>Idea Founded by two medical students studying in the UK</td>
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<tr>
<td>2014</td>
<td>Establishment Upon registration with the ROS, MMI UK and MMI Malaysia were established</td>
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<tr>
<td>2015</td>
<td>Ireland Establishment of MMI Ireland</td>
</tr>
<tr>
<td>2017</td>
<td>Russia &amp; India MMI establish two new councils in Russia and India</td>
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<tr>
<td>2018</td>
<td>Doctors &amp; Young Medics MMI establish MMI Doctors and MMI Young Medics</td>
</tr>
<tr>
<td>2019</td>
<td>Australia Established by 2 UNSW Malaysian medical students</td>
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Under Dr Jonathan and Dr Low's leadership, the first conference, known as the Medicine in Malaysia Conference was organised, in collaboration with TalentCorp and United Kingdom and Eire (Ireland) Council of Malaysian Students (UKEC), and University of Malaya. It was only in 2015 however where MMI's first flagship annual Summit event was born. The Malaysian Medical Student Summit 2015 had garnered more than 1000 participants locally and abroad.

The same year, two iconic projects Specialising Opportunities Symposium (S.O.S.) and Making An Informed Decision (MAID) were organised. Both of which were succeeded by new instalments in the subsequent years.

In 2015, Dr. Jacie Law who was part of the original founding committee helped established the Ireland Branch Council.

Over the past few years, MMI has gotten massive attention by Malaysians studying abroad. MMI had later established 2 new branch councils in Russia and India.

With the success of every MMI MAID, we saw a need to cultivate pre-medical students interested in healthcare, policy and organisation management. MMI Young Medics was later established as a Chapter under MMI Malaysia. Since 2018, MMI has been known to help cultivate students in leadership and skills that are pertinent to their future.

Past committees who had played pertinent roles in MMI saw the need for a council body dedicated to serving young junior doctors. MMI Doctors became that platform of opinions and advocacy.

Several passionate individuals saw the need to connect Malaysians in Australia via a common platform. Subsequently, MMI established the Australian council in 2019.

While MMI has expanded to other countries over the past 7 years, more than 100 projects have been carried out since. Today, we continue to connect, educate cultivate medical students locally and abroad under one roof through events, service and advocacy.
The organisational structure of MMI consists of two distinct-level bodies, the Executive Council and the respective Branch Councils. The Executive Council plays an administrative and representative role for MMI while Branch Councils runs projects catered to their respective population.

The Executive Council is made up of the main Executive Committees alongside the Branch Council Presidents and Vice Presidents.

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OUR PEOPLE
MEMBERS OF THE EXECUTIVE COUNCIL

DR. DARIEN LIEW
Monash University
Co-Chair

LOW WEN YAN
University College Cork
Co-Chair

SHEEN YUNG TOH
University of New South Wales
Secretary

JIANG AN LIM
University of Cambridge
Treasurer

CHUA YIZHI
Queen’s University Belfast
Info Tech Director

DR. SYAMEER FIRDAUS
Monash University
Advocacy Director

DR. ARISHA EMILY YAP
Taylor’s University
Director of Mental Health Initiative

CHONG HUI YUAN
Monash University
Co-Creative Director

GOH WERN SZE
Monash University
Co-Creative Director

LOH HUI YUAN
Monash University
Design Executive

REBEKAH RHHEMA
Monash University
Social Media Executive
MEMBERS OF THE EXECUTIVE COUNCIL

The Executive Council is also made up of Presidents and Vice Presidents of the respective branch councils.
Presently, the Executive Council oversees 5 branch councils and 1 chapter council. While MMI Young Medics falls under MMI Malaysia, the Executive Council still oversees the overall branding and governance.

Each Branch Council, by constitution, is principally made up of a President, Vice President, Secretary, Treasurer, Event Director, Creative Director and Tech Support Director. Branch Councils have partial governance over their own council and therefore can decide on the framework of their overall council and projects. Each branch council are made up of populations familiar in their own territory, therefore they are self-sustaining.

With every up and coming country councils, their logos have made to signify their unique identity, whilst keeping the main MMI branding intact. We hope that by doing so, promotes diversity and creates variations that are unique locally and abroad.
Our maiden event was organised in Kuala Lumpur with the title "Medicine in Malaysia" conference which was attended by more than 300 attendees.

154 Currently, MMI has 164 active associates, from 45 institutions, representing 6 countries.

1000 The first Malaysian Medical Student Summit to be organised had more than 1000 attendees.

130,000 Last year, in 2019, we raised more than RM130,000.00 of fund for charity with 2500 participants during our MMI X-traordinary, a run for Down Syndrome awareness.

8000 More than 8000 medical students have attended our events in the past 7 years.

2000 Our annual Summit has been graced by the Director-General of Health, more than 2000 delegates have attended in the past 7 years.

2020 This is the year where we will expand our horizon to organise the first physician musician orchestra in South-East Asia.

4 Annual flagship events, including the Malaysian Medical Summit, MMI MAID, Joint Conferences between MMI UK and MMII.

2000 Our annual Summit has been graced by the Director-General of Health, more than 2000 delegates have attended in the past 7 years.

7 MMI is celebrating its 7th year of establishment since 2014, with the 6th term currently in place.
ADVOCACY

Working towards Inclusivity and Diversity in Medical Education

We believe that our diverse community of medical students deserve respect, empowerment, and justice in their daily day to day affair. Any action that constitute discrimination, with or without intention to hinder progress of an individual violates this ideal.

Race, Ethnicity, Gender Identity, Sexuality, and Culture in Health (REGIS) Initiative is our signature effort in contributing towards the betterment of inclusivity and diversity in medical education via independent research and public campaign to affect policy making.

Empowering Health Professionals with Positive Mental Health Culture

Whilst mental health conversation and professional disclosure remain controversial in many society, we believe in acceptance and supportive approach as oppose to patronising and punitive approach.

Humans of Medicine is our key effort to connect our diverse community of medical students with key figures who excel beyond the field of medicine with aim to cultivate the ideal of work-life balance. Our mantra remains, being a doctor doesn’t mean one need to forgone the small little joy in life.

Inspiring Reform for Quality and Holistic Medical Education

Reform in Medical Education (RIME) Initiative focus on influencing policy maker decision to improve the experience of medical students at school in terms of curricula development, and practical experience.

Over the years, we have partnered with various stakeholders including the Ministry of Health Malaysia, Malaysian Medical Association, the various society and medical student clubs, and Malaysian medical students from home and abroad to voice out and address issues affecting our doctors of tomorrow.
Since its inception in 2014, MMI has organise more than 100 events which have collectively impacted more than 8000 medical students from home and abroad. While our platform has helped nurture future doctor-leaders, we have also created multiple notable projects. Some of these projects includes our Specialising Opportunities Symposium (SOS), MMI Making An Inform Decision (MAID) and the annual Malaysian Medical Summit. While SOS has helped enlightened the specialising pathways in Malaysia and the parallel exams that students can pursue, MMI MAID aims to help aspiring future doctors into studying medicine by making an informed choice on their career option. Over the course of the past 6 years, we have had six instalments of MAID and our Summit. Till date, our Malaysian Medical Summit and MAID forms part of our core annual projects.
Prior to the first Malaysian Medical Student Summit in 2015, the first national-level conference MMI had organised was the Medicine of Malaysia Conference, with more than 300 medical students, it was a joint collaboration with UKEC and TalentCorp. Since MMI’s inception in 2014, there felt a need to organise larger conferences, pooling policy-makers and pertinent healthcare professionals to help educate Malaysian medical students regarding current healthcare issues. Malaysians’ studying abroad will be introduced to our current healthcare system and specialising pathways. Every year, specific dialogue sessions or panel discussions will be organised in retrospect with relevant issues that had occurred.

Our aims are to
- connect students studying abroad with local students, providing a platform of networking and experience sharing;
- educate students about our current healthcare landscape, as well as recent issues pertaining to health, and
- cultivate in medical students to equip themselves with knowledge in not just medical education, but also hospital and healthcare management, policy and relevant healthcare-related agendas.

The first Malaysian Medical Student Summit took place with over 600 Malaysian medical students hailing from over 50 medical institutions across 10 different countries - the largest of its kind in Malaysia. Since then, the summit has remained as our annual flagship event.

### INTRODUCTION

Prior to the first Malaysian Medical Student Summit in 2015, the first national-level conference MMI had organised was the Medicine of Malaysia Conference, with more than 300 medical students, it was a joint collaboration with UKEC and TalentCorp. Since MMI’s inception in 2014, there felt a need to organise larger conferences, pooling policy-makers and pertinent healthcare professionals to help educate Malaysian medical students regarding current healthcare issues. Malaysians’ studying abroad will be introduced to our current healthcare system and specialising pathways. Every year, specific dialogue sessions or panel discussions will be organised in retrospect with relevant issues that had occurred.

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### PAST SUMMIT

<table>
<thead>
<tr>
<th>Year</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015</td>
<td>The first Malaysian Medical Student Summit was attended by over 1000 delegates and was graced by the Director General of Health Datuk Dr Noor Hisham Abdullah</td>
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<tr>
<td>2016</td>
<td>Future of Malaysian Medicine</td>
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<tr>
<td>2017</td>
<td>Transcending Boundaries</td>
</tr>
<tr>
<td>2018</td>
<td>The Bigger Picture</td>
</tr>
<tr>
<td>2019</td>
<td>The Good Doctor</td>
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2018 The Bigger Picture
With "The Bigger Picture", issues pertaining to medical education and medical training were heavily emphasised on. The Summit was also graced by both the Director General Datuk Dr Noor Hisham and Deputy Minister of Health, Dr. Lee Boon Chye.

2019 The Good Doctor
"The Good Doctor" is centre on issues surrounding patient-doctor interaction and toxic work culture.
INTRODUCTION

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WHAT DOES MAID CONSISTS OF?

MMI MAID is a dedicated one day event filled with programs that are intended to help pre-medical students understand the work of a medical student and the responsibilities of a doctor. During the one day event, participants are taught to do basic history taking and perform basic physical examination.

Participants are later exposed to problem-based learning in which participants are exposed to cases and are taught on how to tackle issues related to it. Participants are also given the opportunity to meet patients though a session called bedside teaching.
Upcoming Flagship Event

MUSICUS MEDICUS

This will soon be South East Asia's first Malaysian medical student-led Musician Physician ensemble.

It is no longer a secret that many doctors would rather put down their musical instrument than to ever let go of their stethoscope. The idea to bring about our everyday heroes together through music was born with the hope that our hardworking medical professionals can now take up their passion once again, destress through practice for the recital, and perform in a star-studded charity concert to inspire many of their colleagues.
a new initiative

Humans of Medicine

A step in humanising medicine, creating a new perspective worth reading for.

Addressing concerns of people beyond just talking about their disease, conversations about anxiety, social-economical issues and respecting the individual holistically is what Humans of Medicine is about. It is a one weekly publication starting from February 2020 until August 2020. Every issue will bring a new perspective of individuals consisting of medical students and healthcare workers.
Just like every ambassador, they are essentially diplomats. Our ambassadors will primarily act to represent MMI and propagate our advocacy priorities through means of uniting Malaysians within their local district, state, region or country.

International Ambassadors (IAs) will play crucial roles with MMI to establish a global network via collaborative and elective opportunities between societies and organisations of different country origin.

While IAs can serve to establish those opportunities, IAs can also play integral role in executive functioning of the organisation by partaking specific projects organised by MMI collectively.
ROLES OF INTERNATIONAL AMBASSADOR

1. To represent MMI through means of connect, educate and cultivate with Malaysians within the local campus, district, region or country.

2. To unify all Malaysians through various project activities such as Connect (meet-up sessions) and educational sessions which may serve to benefit the students.

3. To be in direct liaison with the Executive Council of MMI; partake activities under the Executive Council alongside propagating MMI’s advocacy priorities.
NEXT STEP IN BEING AN INTERNATIONAL AMBASSADOR?

Once you have been appointed as IA, the immediate next step is to have a meeting with the Executive Council Co-Chair to discuss about

1. your role as IA and your potential impact;
2. succession timeline and continuity of IA in your campus, state, region or country;
3. activities that you can or want to conduct, and
4. your role in MMI and what you can stand to benefit from being an IA of MMI.

MMI stands to connect, educate and cultivate. Being an international ambassador means you will be part of a global network of medical students and doctors.
International Ambassador
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