

# Reproductive mental health academic programs

This following is a list of academic programs in reproductive mental health. It was compiled in April 2024 from a combination of sources (web searches as well as answers to a survey). The information is provided here as a resource for individuals seeking information about academic programs in this area. A separate list of post-residency fellowship programs can be found under the resources tab on the MONA website.

This information should be considered preliminary at this time, and we welcome any corrections or additions. If you would like to correct information in your listing, or add a program that is not listed here, please email Lorena Rincones ([lor4003@med.cornell.edu](mailto:lor4003@med.cornell.edu)) with the additional information.

- MONA ACADEMIC CENTERS TASK FORCE



**Marcé**  
of North America  
*Promoting Perinatal Mental Health*

Program Name	Location (State, City)	List of other programs at the institution	Academic institution	Training site	Research	Licensed professional counselors	Nurse Midwives	Nurse Practitioner	Registered Nurses	Physician Assistants	Psychologists	Psychiatrists	Other physicians (i.e. FM, Ob/Gyn)	Social workers	Other healthcare provider	Specify other
UAMS Women's Mental Health Program	AR, Little Rock		University of Arkansas for Medical Sciences	Yes	Yes	0	0	0	1	0	0	2.5	0	0	0	2 RA
UCLA	CA, Los Angeles	outpatient clinic, IOP	UCLA	Yes	No	0	0	0	1	0	3	20	0	3	0	
Cedars-Sinai Reproductive Psychology Program	CA, Los Angeles	individual psychotherapy, therapy groups, support groups and educational classes	Cedars-Sinai and UCLA	Yes	Yes	0	0	0	0	0	1	0	0	2	2	Unlicensed professional counselors
Women's Reproductive Mental Health program (1)	CA, San Diego		UCSD	Yes	No	0	0	0	0	0	1	4	0	2	7	Marriage family therapists
UC San Diego Health Women's Reproductive Mental Health Program (2)	CA, San Diego	Individual and family counseling, groups, reproductive psychiatry services	UCSD	Yes	No	9	0	0	0	0	0	10	0	0	0	
Perinatal Wellness Program	CA, San Francisco	Perinatal wellness Program, integrated into Obstetrics, Women's Mental Health clinic, as part of adult psychiatry.	UCSF	Yes	No	0	0	0	0	0	0	2	1	3	0	
Provincial Reproductive Mental Health Program, BC Women's Hospital	Canada - BC, Vancouver	Pre-preg consults, PMDD/perimenopausal education, group therapy	University of British Columbia	Yes	Yes	3	0	0	1	0	0	10	0	1	1	Dietitian
Women's Health Concerns Clinic	Canada - ON, Hamilton	Perinatal, premenstrual disorders, menopause transition	McMaster University	Yes	Yes	1	0	0	2	0	1	5	1	2	2	Mental health worker, OT
Perinatal Mental Health Program, Department of Mental Health, The Ottawa Hospital	Canada - ON, Ottawa	1. Perinatal Group Psychotherapy - IPT, CBT, Circle of Security; 2. E-consultation; 3. Outreach Clinics - Akausivik Inuit Family Health Team, ORACLE Midwifery 4. Ask Masi - Perinatal Psychiatry Access Progress for Obstetric Care Providers	University of Ottawa	Yes	Yes	0	0	0	1	0	0	4	0	1	0	
Reproductive Life Stages Program	Canada - ON, Toronto	Trauma therapy program, Sexual Assault/Domestic Violence Care Centre	University of Toronto	Yes	Yes	0	0	0	0	0	0	8	0	4	0	
Perinatal Mental Health Program at Sinai Health	Canada - ON, Toronto		University of Toronto	Yes	Yes	0	0	0	1	0	0	10	0	0	0	
Women's Mood and Anxiety Clinic: Reproductive Transitions Colorado Center for Women's Behavioral Health	Canada - ON, Toronto			Yes	Yes	0	0	0	0	0	0	4	0	0	0	Residents rotating- 0 varies
Women's Well-being Center	DC	Five Trimesters Clinic for Maternal Wellness	University of Colorado	Yes	Yes	0	0	0	0	0	13	5	0	7	0	
Women's Well-being Center	DC		George Washington University School of Medicine and Health Sciences	Yes	No	0	0	0	0	0	0	3	0	0	0	
The Women's Mental Health Program	DC	Outpatient and in the next few 2 months, Perinatal IOP	Georgetown University	Yes	Yes	0	0	0	0	0	5	4	0	2	0	
ChristianaCare Center for Women's Emotional Wellness	DE, Newark	Outpatient psychotherapy, outpatient psychiatric medication evaluation and management, inpatient consultation to obstetrical units, women's behavioral consultations for ambulatory women's health practices within the healthcare system, inpatient treatment with brexanolone.	Jefferson Medical University in Philadelphia PA. Center for Women's Emotional Wellness is not specifically associated with a university or research institution, but we are part of an accredited residency training program (APPIC)	Yes	No	1	0	1	0	0	3	2	0	2	3	practicum, intern, and postdoc psychology trainees
Emory Women's Mental Health Program	GA, Atlanta	1. Outpatient clinic and (2) Perinatal psychiatry consult program	Emory University	Yes	Yes	0	0	0	1	0	2	2	0	0	0	Psychiatry 3 residents

Women's Wellness & Counseling Service	IA, Iowa City	psychotherapy services, medication management services, research, education and training of healthcare providers; specialized care in NICU, maternal substance use disorder clinic, infertility, perinatal loss, PMS/PMDD (meds only), menopause (meds only)	University of Iowa Carver College of Medicine	Yes	Yes	0	1	3	0	0	4	3	0	1	7	psychiatry residents and doctoral psychology students
Asher Center	IL, Chicago		Northwestern University	Yes	Yes	0	0	0	0	0	4	4	0	2	0	
University of Illinois Chicago	IL, Chicago	Pregnancy/postpartum inpatient unit; pregnancy/postpartum, PMDD, and trauma-specific clinics	University of Illinois Chicago	Yes	Yes	2	0	0	5	0	0	4	0	0	0	
Advocate Illinois Masonic Medical Center	IL, Chicago	we have individual therapists embedded in OB clinic that also go to the hospital, a perinatal group, psychiatry services as well with referral from therapy or OB	Multiple therapy trainee programs - Psy D., LCSW, LCPC and PH D's are all in the program	Yes	No	1	0	0	0	0	1	1	0	0	10	8-10 trainees per year but not licensed
The University of Kansas Health System	KS, Kansas City		University of Kansas	No	Yes	0	0	0	1	0	0	1	2	1	0	
Reproductive Mental Health Service	MA, Boston	Refugee Women's Health Clinic, Project RESPECT (integrated Perinatal SUD medical home), integrated behavioral health in pregnancy and postpartum	Boston University Chobanian and Avedesian School of Medicine	Yes	Yes	1	0	0	0	0	1	1	0	0	0	
MGH Center for Women's Mental Health	MA, Boston			Yes	Yes											
Women's Mental Health Clinic	MA, Worcester		University Massachusetts at Worcester	Yes	Yes	0	0	0	0	0	0	4	2	0	0	
Johns Hopkins Reproductive Mental Health Center	MD, Baltimore			Yes	Yes	0	0	1	0	0	1	1	0	1	0	
Women's Mental Health Program	MD, Baltimore	in our faculty practice we have women's mental health experts, we have a formal WMHP with a Director and we offer services to pregnant women in our OMHC. Also, our child Division Family and young children care offers women's services	University of Maryland School of Medicine	Yes	No	0	0	0	0	0	0	5	0	1	0	
MC3	MI, Ann Arbor	MC3 Perinatal, Perinatal and Reproductive Psychiatry Clinic	University of Michigan	No	Yes	0	1	0	0	0	2	5	0	6	0	
Michigan State University	MI, Grand Rapids	PHP and outpatient therapy group with expertise in PMAD	Michigan State University	Yes	Yes	0	0	0	2	0	0	1	0	2	2	Nursery care attendant, discharge coordinator
PrairieCare	MN, Brooklyn Park	Intensive Outpatient and Clinic, working on expansion to possible PHP	University of Minnesota	Yes	No											
Women's Medical Care	MN, Minneapolis	Perinatal Psychiatry Clinic (including psychotherapy); Individual psychotherapy (separate clinic)	University of Minneapolis	No	Yes	0	10	5	4	2	1	0	10	0	0	
University of Minnesota	MN, Minneapolis		University of Minnesota	Yes	Yes	0	0	0	0	0	2	2	0	1	4	Psychology Doctoral Students, Medical Residents and Social Work Students

<b>Redleaf Center for Family Healing at Hennepin Healthcare</b>	MN, Minneapolis	Various levels of group based care including: Mother Baby Partial Hospital Program, Perinatal Outpatient Group Program (3x week); Circle of Security Group (1x week); Outpatient Services: Perinatal Psychiatry; HopeLine	Hennepin Healthcare	Yes	Yes	6	0	0	1	0	0	4	0	0	support staff and 3 admin
Women's Wellbeing Program	MN, Minneapolis		University of Minnesota	Yes	Yes	0	0	0	2	0	4	3	0	1	0
Mayo Clinic	MN, Rochester		Mayo Clinic	Yes	Yes	0	0	0	3	0	0	3	0	0	Psychiatry residents and 11 fellows
Maternal Health Access Project (MHAP)	MO, Columbia	Maternal Health Access Project	University of Missouri Department of Psychiatry	Yes	No	0	0	0	0	0	0	4	1	2	0
Perinatal Behavioral Health Service, Washington University School of Medicine	MO, St. Louis	Psychiatry, Psychotherapy, Case Management, Psychiatry resident education	Washington University School of Medicine	Yes	Yes	4	0	0	0	0	1	3	0	7	Certified Peer 1 Specialist
CPG Maternal Fetal Medicine	MT, Missoula	Perinatal Behavioral Health and Maternal Mental Health Counselor	UM, MSU, WAMI	No	Yes										
UNC Center for Women's Mood Disorders	NC, Chapel Hill	Inpatient, outpatient, consultative, research, education, fellowship	University of North Carolina	Yes	Yes										
<b>Nebraska Medicine</b>	NE, Omaha		University of Nebraska Medical Center	Yes	Yes	2	0	1	1	1	1	4	0	0	0
Dartmouth Hitchcock Medical Center Perinatal Psychiatry Clinic	NH, Lebanon	perinatal mental health services as well as an integrated perinatal addiction treatment program	Geisel School of Medicine at Dartmouth	Yes	No	1	0	1	0	0	0	1	0	1	psychology post-1 doctoral fellow
University of New Mexico	NM, Albuquerque	Reproductive psychiatry clinics (perinatal mood disorders, PMDD, fertility struggles) and combined perinatal mood disorder/substance use d/o clinics	University of New Mexico	Yes	Yes	0	0	0	1	0	2	2	0	0	Reproductive 2 psychiatry fellows
Zucker Hillside Hospital Perinatal Psychiatry Center	NY, Glen Oaks	Perinatal Psychiatry Center (ambulatory), ambulatory intensive perinatal psychiatry program and inpatient Women's Unit (for women across the reproductive lifespan with a perinatal psychiatry focus) for clinical programs and the Women's Behavioral Health research program.	Donald and Barbara Zucker School of Medicine at Hofstra/Northwell	Yes	Yes	4	0	3	6	0	6	6	1	5	psychology interns/externs/postdocs and PGY3/4 adult psychiatry residents and CL/WBH track 7 fellows
Montefiore-Einstein Division of Women's Mental Health	NY, New York		Albert Einstein College of Medicine	Yes	No	0	0	0	0	0	2	3	0	1	0
Perinatal Wellness Program, Weill Cornell Medicine	NY, New York	collaborative care (this program); perinatal and infant psychiatry program; women's clinic	Weill Cornell Medicine	Yes	Yes	0	0	1	0	0	1	1	0	2	0
Women's Mental Health @Ob/Gyn	NY, New York	WARM	Columbia University	Yes	Yes	1	0	1	0	0	4	0	0	6	0
Weill Cornell Medicine Women's Program	NY, New York	Inpatient Women's Unit, Outpatient Perinatal Psychiatry Clinic, Collaborative Care Program, Educational services for General Psychiatry residents, Psychology interns/externs/postdocs, and faculty	Weill Cornell Medical College	Yes	Yes	0	0	2	0	0	10	0	20	5	0
NYU Langone	NY, New York		NYU Langone	Yes	No	0	0	0	1	0	0	4	2	1	0



<b>Women's Reproductive Behavioral Health Division</b>	SC, Charleston		Medical University of South Carolina	Yes	Yes	5	0	0	0	1	2	5	0	2	0
Prisma Health	SC, Greenville	outpatient, collaborative care, integrated clinic, consultation-liaison	University of South Carolina School of Medicine Greenville	Yes	Yes	0	1	1	0	0	0	3	0	0	0
<b>Vanderbilt University Medical Center</b>	TN, Nashville	Women's Mental Health Clinic through Psych dept. Firefly program for perinatal substance use disorders through OB/Gyn.	Vanderbilt University	No	Yes										for general women's mental health it is just me. for perinatal SUD there are several, though i do not know the exact 0 number
Women's Reproductive Mental Health of Texas, UT Austin Dell Medical School	TX, Austin	Outpatient medication management, psychotherapy, inpatient consultation	UT Austin Dell Medical School	Yes	Yes	0	0	1	0	0	0	3	0	0	0
Women's Place: The Center for Reproductive Psychiatry Baylor College of Medicine/ Texas Children's Hospital	TX, Houston	Menopause Program, Perinatal mental health Program, Perinatal Mental Health Research Program, Reproductive Psychiatry Consultation Service	Baylor College of Medicine	Yes	Yes	0	0	0	2	0	3	7	1	1	Research 1 Coordinator
UVA Perinatal Mental Health Clinic	VA, Charlottesville	Reproductive Psychiatry Research Program	University of Virginia	Yes	Yes	1	1	1	0	0	0	1	1	1	0
PERC Center	WA, Seattle	Clinical, consultation, provider educ	University of Washington	Yes	Yes	0	0	0	0	0	0	8	0	0	0
University of Washington	WA, Seattle		University of Washington	Yes	Yes	2	0	0	0	0	1	6	2	0	0
Marshfield Clinic Health System	WI, Marshfield	Perinatal Mental Health Clinic; Reproductive Psychiatry	We have our GME programs and we are affiliated with University of Wisconsin for their WARM medical student rotation in addition to training site for PA and APCs seeking Mental Health certification	No	Yes	2	0	2	1	0	0	2	0	0	0