

UPDATES IN LARS MANAGEMENT WORKSHOP

Thursday Dec 7, 2023

1000-1030	Registration	
1030	Welcome	All
1035 - 1055	What is LARS?	Julie Cornish
1055 - 1110	The impact of LARS – patient perspective	TBC
1110 - 1130	Risk factors and preventative strategies	Aaron Quyn
1130 - 1150	Break	
1150 - 1210	Medication and lifestyle	Harriet Coxon
1210- 1230	Diet	TBC
1230 - 1300	Role of Physiotherapy in LARS	Imogen Williams /Emily Hoile TBC
1300 - 1400	Lunch	
1400 - 1430	Rectal irrigation	Rebecca Doyle TBC
1430 - 1500	Sacral Neuromodulation	Julie Cornish
1500 - 1520	Break	
1520 - 1540	What is the POLARIS trial and could I be involved?	Aaron Quyn
1540 - 1600	Discussion – how can I improve LARS management for my patients	All
1600	Close of workshop	