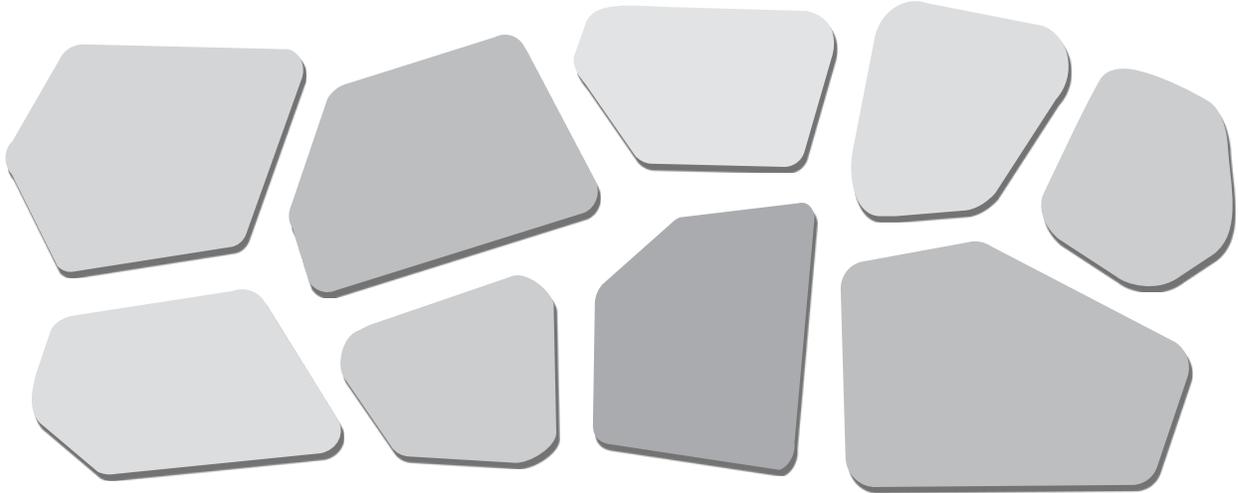


~ Aging with Grace Handout ~

CHAPTER 3: DESTINY AND DESTINATION

Psalm 92:5-11

1. . . . ask for the ancient paths, where the good way is; and walk in it, and find rest for your souls (Jer. 6:16b).



2. Prayer

Your word is a lamp to my feet and a light to my path.

Make me to know Your ways, O LORD; teach me Your paths.

*Lead me in Your truth and teach me, for You are the God of my salvation;
for You I wait all the day long.*

*You have made known to me the paths of life;
You will make me full of gladness with Your presence*

Ps. 119:105, Ps. 25:4-5, ACTS 2:28

3. From J. I. Packer, *Knowing God* (p. 33-34):

What were we made for?

To know God

What aim should we set ourselves in life?

To know God

What is the “eternal life” that Jesus gives?

Knowledge of God—“This is eternal life: that they may know you, the only true God, and Jesus Christ, whom you have sent” (John 17:3).

What is the best thing in life, bringing more joy, delight and contentment than anything else?

Knowledge of God—“This is what the LORD says: ‘Let not the wise man boast of his wisdom or the strong man boast of his strength or the rich man boast of his riches, but let him who boasts boast about this: that he understands and knows me’” (Jer. 9:23-24).

Once you are aware that the main business that you are here for is to know God, most of life’s problems fall into place of their own accord.

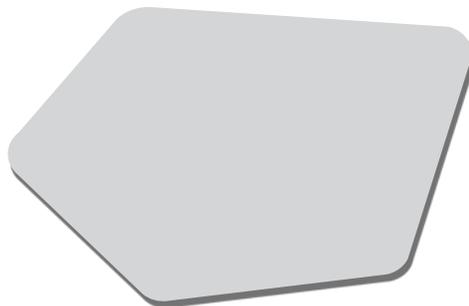
J.I. Packer, *Knowing God* (Downers Grove, IL: Intervarsity Press, 1973), 33-34.

4. From Timothy Keller, *Prayer: Experiencing Awe and Intimacy with God* (p. 164):

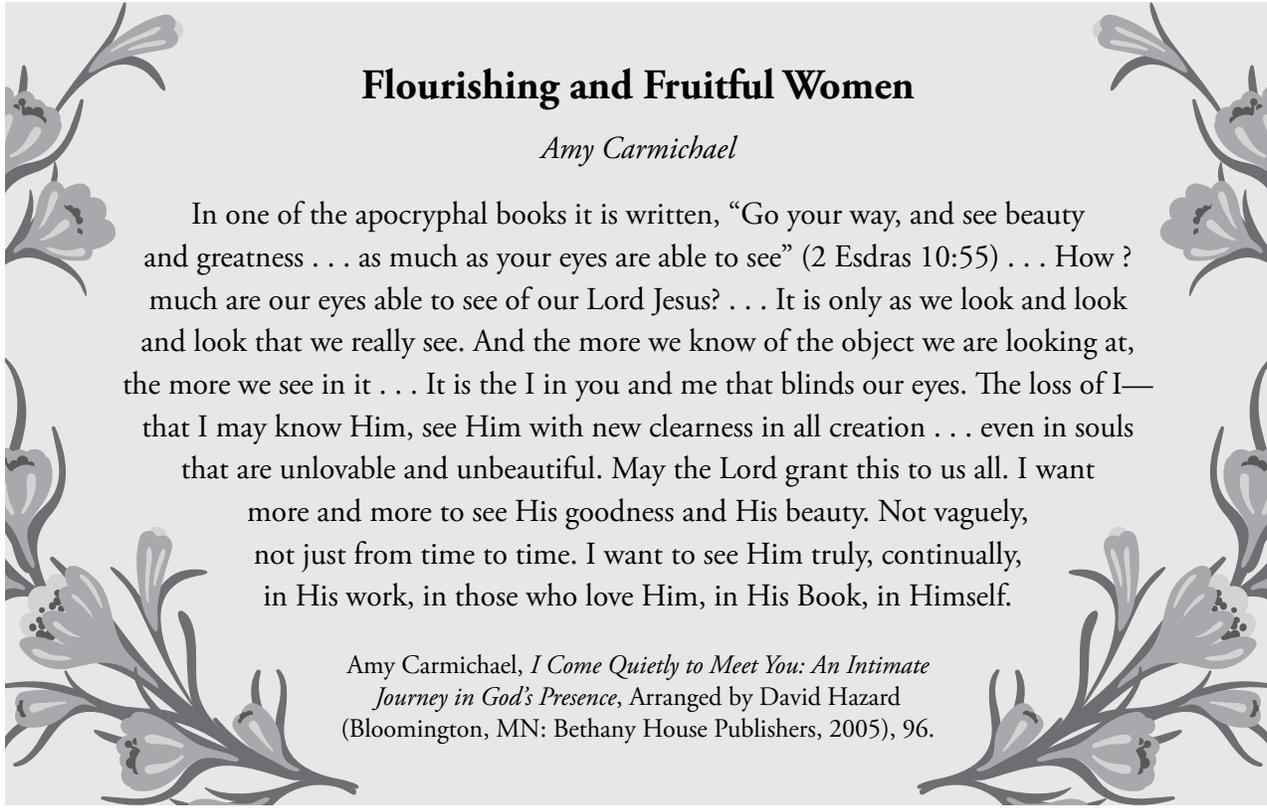
Meditate on Jesus, who is the ultimate meditation of God. Look at him loving you. Look at him dying for you. Look at him rejoicing in you. Look at him singing over you (Zeph. 3:17). Look at all that, and he will be a delight to you, and then the law will be a delight to you, and you will be like a tree planted by streams of water. You’ll bear your fruit in season, and no matter what will happen, your leaf will not wither.

Timothy Keller, *Prayer: Experiencing Awe and Intimacy with God* (NYC: Penguin Random House, 2016), 164.

5. Walking It Out: What is one thing you will do this week to cultivate community life in our church?



Bonus: Go to www.agingwithgrace.online to watch *Aging with Grace – Ask an Older Woman* five-minute video with storyteller Pam Benton: “What two disciplines helped prepare you for this season of life?” Listen to the extended interview with Pam on the topic of caring for a spouse with Alzheimer’s.

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Flourishing and Fruitful Women

Amy Carmichael

In one of the apocryphal books it is written, “Go your way, and see beauty and greatness . . . as much as your eyes are able to see” (2 Esdras 10:55) . . . How ? much are our eyes able to see of our Lord Jesus? . . . It is only as we look and look and look that we really see. And the more we know of the object we are looking at, the more we see in it . . . It is the I in you and me that blinds our eyes. The loss of I—that I may know Him, see Him with new clearness in all creation . . . even in souls that are unlovable and unbeautiful. May the Lord grant this to us all. I want more and more to see His goodness and His beauty. Not vaguely, not just from time to time. I want to see Him truly, continually, in His work, in those who love Him, in His Book, in Himself.

Amy Carmichael, I Come Quietly to Meet You: An Intimate Journey in God's Presence, Arranged by David Hazard (Bloomington, MN: Bethany House Publishers, 2005), 96.