Transition Medicine

Healthcare transition is the process of an individual graduating from the pediatric system to the adult system. The Transition Medicine team at Cincinnati Children's partners with teenagers and young adults with chronic health conditions or developmental disabilities, age 12 or older, to create a plan for healthcare transition.

Pre-Exposure Prophylaxis (PrEP)

Providers in Adolescent Medicine prescribe and manage PrEP, an oral medication that is an effective method for preventing HIV infection.

Family Care Clinic

This program provides care for children, teens, and young adults with HIV infection.

Long-Acting Reversible Contraception

LARC methods (hormonal implants and intrauterine devices) are recommended as first-line contraception for adolescents and young adults. Services for hormonal implants are offered at our main campus and satellite locations, and IUDs will be offered starting in fall 2022.

Opioid Use Treatment Clinic

This program will initially focus on patients ages 16 to 21 years with opioid use. We plan to expand care for patients using other substances in the future.

Programs Coming Soon

Young Men's Health Program

This service will focus on the specific health needs of young men. We anticipate this service will launch in late 2022 or early 2023.

Contact Information

Teen Health Center: 513-636-4681 teenhealth@cchmc.org

Physician Priority Link 513-636-7997

Office locations

Burnet Campus
3333 Burnet Avenue, Location C2
Cincinnati, OH 45229

Fairfield 3050 Mack Road Fairfield, OH 45014

Green Township 5899 Harrison Avenue Cincinnati, OH 45248

Liberty Campus 7777 Yankee Road Liberty Township, OH 45044

Northern Kentucky 2765 Chapel Place Crestview Hills, KY 41017

North College Hill High School (mobile unit) 1624 Galbraith Road Cincinnati, OH 45239



Division of
Adolescent &
Transition Medicine

One Team, One Vision: Every Adolescent Healthy and Thriving



Cincinnati Children's



About Us

A pioneer in the development of adolescent medicine in the United States, the Division of Adolescent and Transition Medicine at Cincinnati Children's has been meeting the distinct health care needs of adolescents and young adults in Cincinnati and the surrounding region since its founding by Dr. Jerry Rauh in 1960, and our providers are national leaders in the field of Adolescent Medicine.

The Teen Health Center offers both primary care and consultative care services. The age range of patients seen in the Teen Health Center is generally 12 through 21 years of age, but our providers see patients from 5 to 25 years of age depending upon the presenting concern.

The Division is growing to better meet the needs of teens, their families and their primary care providers; to promote innovative training and research in adolescent health; and to strengthen relationships with community organizations.

Programs and Services

Teen Health Center Primary Care Clinic

The Teen Health Center within the Division of Adolescent and Transition Medicine offers a well-coordinated, multidisciplinary approach to the treatment of medical, social, emotional, sexual, educational, and nutritional concerns of youth. Individualized care is provided to adolescents and their families by a team of health professionals representing medicine, nursing, social work, psychology, psychiatry, and nutrition.

Teen Health Mobile Care

We offer primary care services on our Mobile Care Center located at North College Hill High School every 2nd Wednesday of the month. We are able to offer the same high quality primary care services to our patients and families in the surrounding area.

General Consultations

Consultation for complex medical and mental health conditions is provided by board-certified physicians in the Division. Common referral issues include:

- Acne
- LGBTQIA+ health
- Medical evaluation and treatment or referral for mood and behavioral concerns
- Medical evaluation and treatment or referral for school performance issues
- Pubertal and growth concerns
- Menstrual concerns such as:
 - Heavy periods
 - Painful periods
 - Irregular periods
 - Menstrual suppression
- Sexual and reproductive health issues, including:
 - Contraception
 - STI screening and treatment
 - HIV prevention (including PrEP) and treatment
- Substance use
- Transition to adult healthcare

Eating Disorders Program

The Eating Disorders Program serves all adolescents – male, female, and gender nonconforming – who have unhealthy eating behaviors including those with anorexia nervosa, bulimia nervosa and binge eating. This multidisciplinary program offers outpatient and inpatient treatment for children, adolescents, and young adults through age 25 years. The team is comprised of physicians (Adolescent Medicine and Psychiatry), psychologists, dieticians, and therapists. Patients requiring hospitalization are admitted to Cincinnati Children's adolescent inpatient unit, which is located at the Liberty Campus.

Transgender Health Center

The Transgender Health Center at Cincinnati Children's provides services for patients 5-24 years old who experience their gender differently from their sex assigned at birth. The team cares for transgender, gender expansive, and questioning persons. Our team of specialists provide medical care, resources and information, and psychosocial support for these children and their families. The team includes physicians, nurses, social workers, and pastoral care support with referrals to other subspecialists as needed. The team meets families where they are in the process, and all families are welcome.



