

# Turnip Activities for Early Care Settings



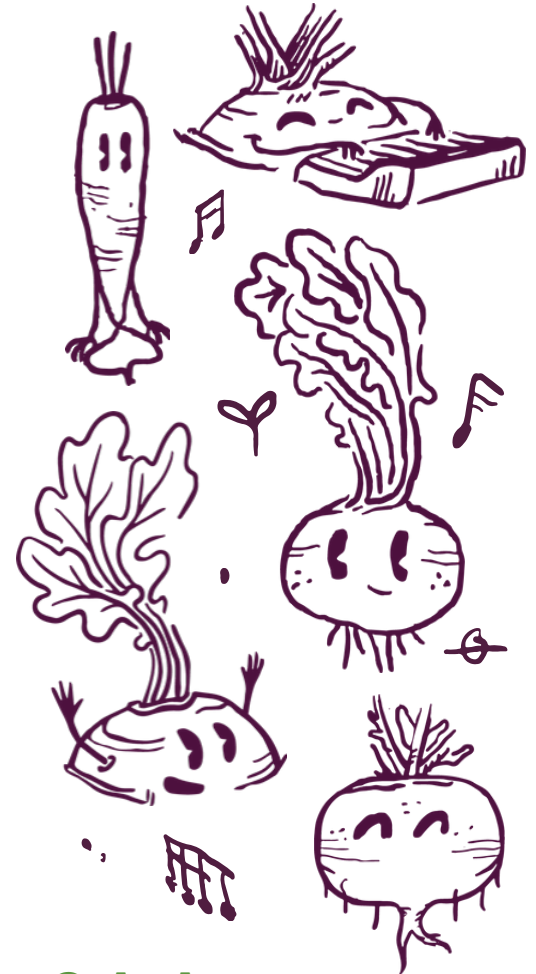
## Finger Painting and Decorating Turnips



Cut turnips in half and use as prints for painting.

Let kids decorate turnips with stickers or paint.

Cook turnips and have them to taste as they do their activities.



## Recipe Making

1. Give each child a plastic bag and fill the bag with ingredients for a turnip salad, or turnip apple carrot salad (or another simple turnip recipe).
2. Add the other wet ingredients to the bag.
3. Let the children shake the bag, when it is closed, to mix the ingredients.
4. Let the children eat their snack and tell you what vegetable/fruit each ingredient is.



## Coloring

Use coloring pages to teach kids about turnips.

Try doing a turnip taste test for the kids while they are coloring!