WHERE TO FIND US

ALAMOSA
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GET INVOLVED

JOIN OUR FACEBOOK GROUP
Facebook.com/Groups/Las Mujeres Valientes

FOR LMV STATEWIDE & PRESS INQUIRIES:
LMV@latinocfc.org

INVITE A FELLOW TO SPEAK

LMV Fellows work to achieve goals through cross learning, networking, relationship building, educational marketing and trainings which take place online and in person.

If you are interested in having a Woman of Wisdom in your area speak to a group of Latinas or are interested in learning more, please contact us at LMV@latinocfc.org.
ABOUT LMV

Inspired by Women of Wisdom (Latinas 50+), the Las Mujeres Valientes Statewide Fellowship (LMV) was created to reduce ageism, promote health and well-being, create shared learning environments and transfer knowledge and wisdom so that all generations of Latinas can thrive.

Together, LMV's six diverse leaders build community across Colorado in a culturally responsive way that not only creates a new narrative for aging, but also helps Latinas of all ages be more fulfilled in their identities, with families and in their individual communities.

In their mission to embrace aging and empower Latinas in Colorado, LMV's six Senior Fellows lead small and large convenings, serve on panels, participate in interviews and provide trainings around their individualized pillars of focus.

Through this unique fellowship, these six leaders have embraced their ability to carry age with pride. They are emboldened with the knowledge that they have unique wisdom to share with younger Latinas and also much to learn.

Each woman is leading in Colorado in her own way, in her own community. Speak to the Woman of Wisdom in your community to learn more.

MEET THE FELLOWS

Berna Mary Espinoza Hostetter excels at project management, community partnerships, executing events, leadership development, communications and negotiations.

Frances Natividad Coleman builds community partnerships for political and community candidate services. Her strongest skills include building partnerships, leadership development, mentoring, writing and editing.

Betty Aragon-Mitotes is a community advocate, documentarian, writer, producer and changemaker. Betty organizes community events and political rallies, works on Hispanic historical preservation and more.

Dolores Del Campo is passionate about building bridges between schools and parents, education advocacy, leadership development and immigrant and refugee rights.

Ana Baez is invested in the success of older adults and enterprising women. She is also an advocate for vulnerable populations. Her strongest skills are connecting, communicating and organizing.

Patricia Barela Rivera specializes in strategic planning, governmental and public policy consulting, creative marketing and leadership development for minority and women's programs.

PILLARS OF FOCUS

ALL THROUGH A LATINA LENS

- Aging
- Identity
- Leadership
- Professional/Career
- Family
- Education
- Arts, Culture and Traditions

GOALS

- Reduce ageism
- Promote health and well-being
- Create shared cross-learning environments
- Transfer knowledge between Women of Wisdom (Latinas 50+) and younger generations of Latinas
- Preserve Latino culture
- Utilize Women of Wisdom as an intellectual resource
- Expand the circle of amistad among Latinas statewide
- Empower Latinas of all ages to navigate life, thrive, embrace aging and feel empowered

Las Mujeres Valientes is a fellowship of the Latino Community Foundation of Colorado and is funded by NextFifty Initiative.